# Facilitator's Manual
## 2008 - 2009

*Facilitated by:*

***Gary Douglas***

***&***

***Dain Heer***

Participant's Name:

*All of life comes to us with ease and joy and glory!*

www.accessconsciousness.com

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*Imagine . . .*

*What would it be like if the world were a more conscious place? Would the devastation, wars and difficulties that are going on continue to exist?*

*The target of Access is to get us to the point where we are conscious enough to create change in ourselves so that we can increase the possibility of changing the trauma, drama and insanities that are present in life.*

*What would it be like if you embodied so much consciousness in everything that you did, that others chose to become more conscious as a result?*

*Consciousness is the opportunity to eliminate all the created walls of separation. What will it take for this to become a reality here?*

***Gary Douglas***
Access Energy for Transformation


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## What is Oneness?

Oneness has no judgment, it has no fixed position, it has no truth, it has no reality; it just is. And it is the place where we get to in meditation occasionally or we get to when we are doing great art, great songs, great poetry, and great books; that place where we have a stillness, a sense of total peace and tranquility, in which we have no capacity to judge. And this work is really about getting to the point where we can function and live in that reality.

It means that we just have much more fun, we get to laugh more, we get to have a better time, we don't have any struggle, no trauma and drama - trauma and drama seem like something that is really irrelevant. Why would somebody choose trauma and drama? It's because they're addicted to polarity. People are addicted to polarity; that's the biggest addiction there is, polarity.

***Consciousness is the ability to be present in your life in every moment, without judgment of you or anyone else. It is the ability to receive everything, reject nothing, and create everything you desire in life – greater than what you currently have, and more than what you can imagine.***

***What if you were willing to nurture and care for you? What if you would open the doors to being everything you have decided it is not possible to be? What would it take for you to realize how crucial you are to the possibilities of the world?***

## Target Of Access

Now Access has been changing since it was created, it has been changing continuously based on the new things that we find and the new ways of unlocking people and the energies that become available on the planet as a result of more consciousness being available.

Oneness is the ability to receive everything, to judge nothing, and to allow the entire universe to be what it is. (Including all those people who don't want what you think they should want.) From oneness you can transform and change all things.

The target of Access is to get everyone who comes to Access (and everyone who doesn't come to Access) to the place where they can function without judgment, without reason or justification, and create a life that goes beyond the limitations of what the rest of the world thinks is important.

You have a choice in life. You can have an extraordinary life (which means you get to have more cars, more houses, more sex, more of everything that is valuable in


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this reality) or you can have a phenomenal life. A phenomenal life goes beyond everything you've ever thought was real and goes to a place where you can create and generate something that's beyond your imagination, beyond your capacity to perceive, beyond your capacity for creation of limitation.

If that is of interest to you, continue to come to Access until you get it. Once you've got it, feel free to go away. A lot of people come to Access then they decide they need to leave for whatever reason, and then they have to go into judging Access or judging me or judging Gary, or judging their facilitator so they can leave. Why do you have to do that? Why can't you say hey; "I won't show up for a while anymore, see you later." Or "I've found something else that works, I'm going to go do that, see you later." Whatever it is, you don't have to have a reason, you can just choose. Just know that no matter what, with Access, you don't have to make us wrong to leave. We like you. We don't care if you stay. We would like you to choose what works for you. We just want you to get everything you are, and be everything you are, so you can have everything you are, and change the world by being you. "Be you – and change the world" is the Access invitation.

What we're doing with Access is empowering ourselves with the awareness of the fact that we perceive, know, be, and receive everything infinitely. If you are not having infinite perceiving, knowing, being, and receiving, then you are not yet in the space you truly wish to be. There is one caveat. Perceiving, knowing, being, and receiving everything does not mean you have more comfort.

Often it becomes highly uncomfortable. Don't stop because you feel uncomfortable. Just know you have further to go. When you start feeling uncomfortable you are almost to the point of becoming something greater than you've ever been. When you get totally uncomfortable, you're on the brink – the generative edge of reality. When you go beyond the uncomfortable place, suddenly you're totally comfortable and everything is bigger and better than it ever was before.

**From Dain Heer:**
Gary Douglas, the founder of Access is the only person I have ever met who's ever created any of these techniques or ways of transformation and change that truly desires the greatness of everyone who comes to it, even if that means they become greater than him. That is the caveat, a lot of people desire the greatness of other people until they start reaching their level and then they cut their knees out from under them. If anyone in Access ever does that to you, they are not doing Access and they are not being Access.

The aim of Access is to empower you at all times to know that you know, and to know that you are as great as every one of us. As each one of us steps into the greatness, the possibility that gets created for all of us is infinitely greater. Please know that, if you ever feel like anyone is disempowering you in Access, if they are


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a facilitator or another person; they are not being Access. If they are a facilitator please call me or Gary. My aim is not to call them and dis-empower them and cut their knees off. That doesn't work any better. My aim is to have a conversation with them so they can see where they are doing it, so that they may have a different choice available.

The one thing you have available always is choice. The only thing you always have available is choice, in addition to infinite beingness and the possibility for joy, bliss and ecstasy.

The one thing that is true is that this is a free will universe. "Ask and you shall receive" is one of the truths in the Bible. If you ask, you shall receive. So if it is clarity you desire; ask. Whatever it is, if you ask for it, you receive it. Most of us go through our lives without asking for what we truly desire, and wondering why it doesn't show up.

In oneness, you can have awareness, but you don't have to DO anything about the awareness. People often assume that because they are aware they must DO something about it, rather than realize it's the person who's having the undesirable condition that needs to do something about it. The problem with being oneness is you have far more awareness. Because you are aware, you assume you must then do something, especially if you see people doing something that will damage them, rather than realizing it is their choice to damage themselves. Unfortunately, most people LIKE to damage themselves because that proves to them and others that they are victims.

To be oneness, you would have to give up all the "I am's……" Definition is always limitation. Would you like to be un-definable, un-confineable, and so outrageous no one can see you? (Can people see oneness? Look around you—find oneness. I dare you!) Now feel out, and feel the oneness around you. Can you feel alone now?

Are you willing to give up everything you think you are? Are you willing to give up everything you've decided you are? Are you ready to give up everything you've pretended you are? Are you willing to give up everything you've decided you should be? Are you willing to give up all the things your parents and family put on you about what you should be? Are you willing to find out you have not a clue who you are? Everything that keeps that from happening, will you now destroy and uncreate all that please? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**

Are you willing to have the adventure of your life? Are you willing to generate a phenomenal life, beyond what this reality is willing to do, be, have, create or generate; just because you can, just for the fun of it?


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## What is Access About

This is an excerpt from the Space Of New Realities Class (Costa Rica Oct 08) where Gary was talking about what his target is for Access.

**The Structure Of Access**

Bars: The first class in Access is **Bars**. The purpose of Bars is to teach people that they can actually lay there and receive. Receiving is not done on this planet. Doing, doing, doing in order to make sure you don't have to receive is what's done on this planet. This has to change. You have to be willing to receive.

**Foundation and Level 1, 2 & 3** are verbal processing to open the doors to awareness of energies that you have available to you that you have never known were yours to have.

**Foundation and Level 1** are about breaking that which is the structure of this reality as the source of your life so you can have choice.

**Level 2, & 3** are about giving you access to that space where you begin to recognize the truth of you.

**Body Processes:** Body processes give you access to the energies you have available to assist the earth. The **3-day body class** is now going to be taken over by Steve Comer. The body classes give you awareness of energies you can perceive, energies you can access that you have not yet accessed, and the possibilities for a level of potency and power that you never knew you had. We have them delineated, not because we have an answer, but because each one of them opens a door to some energy you have available that you have never used, you have never bothered to access, you have never bothered to be.

**Energetic Synthesis of Being:** The final element of it is the **ESB** class that Dain facilitates. You learn in that class how to be the energy you are, instead of being the doo-doo head you have been being. It's about being and the energy you can be. That energy you can be is what's going to be needed on planet earth if this place is to survive.

**The Target Of Access**

There are a whole lot of changes going on on the earth, and you need to access this energy, this awareness you have. You need to be prepared for being the energy that can change everything and everyone around you, so that chaos and mayhem are not the standard by which people function in the future.

Years ago I saw a program that said violent crime had gone down 51% in 5 major cities. 51% struck me as being just a tad odd – 51% in all of them? Consciousness does not allow violent crime to exist. If you would change the violence on this planet, you're going to have to be these energies that you can choose to be. It is your choice.

There are a whole lot of people who come to Access because they want to get laid a lot. There are a whole lot of people who come to Access because they want to get a relationship. There are a whole lot of people who come to Access because they want to get more money, or because they want to handle their monetary things, or


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because they want to get their family better, or whatever. All of those are absolutely OK. I don't have a judgment about those. I am offering you the opportunity to recognize where you can go and what the choices can be *if you choose them* – your choice.

That's the target of Access; people that are capable of changing the world and changing the people around them with the energy they can be. If you alone walk into a room full of panic-stricken people, panic can go away by your energy *if you are willing to be it.* But you have to be willing to be that potent that nothing stops you as the consciousness you are.

That's my target. That's what it's about for me. If that's what you're shooting for, here is the flight pattern. Here is the flight of the phoenix. You can rise from the ashes of this reality and create a different one, or you can continue to flap your wings and pretend you're going nowhere. It's your choice.

What generative energy, space and consciousness can you and your body be beyond the schematic of time, dimensions, reality and matter that would manifest with you as the catalyst that changes every single solitary molecule you come into contact with? Everything that doesn't allow that to show up, will you destroy and uncreate it all? Right & Wrong, Good & Bad, POD & POC, all 9 shorts, boys and beyonds.

## Supermind intro

This is probably the greatest thing we have come up with in Access since it's beginning, literally.

This is an opportunity.

When you start to think about something, or you start to have a feeling or emotion, ask; "mine or supermind?" 99.9999999% of the time it's the supermind. POC and POD that shit.

All of the sudden you will have a different place to function from. You will actually be functional not in this reality, but functional as the generative capacity of your own life and your own reality.

As a facilitator your main job in facilitating Bars, Foundation and Level One; is facilitating the awareness of what the supermind is, how it works and what it takes to disconnect from it.

This years' facilitators manual is focused on as much information as possible on what that takes, what that might look like and how the tools of Access facilitate that in occurring. This years' manual is filled with examples and explanations of how and why the tools of Access work as they do to disconnect us from the supermind. Your willingness to ***know this information and be it*** opens up infinite


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possibilities for something greater in your life, the life of those you touch, and the planet itself. You are the possibility of something greater, something beyond what we have yet been willing to be. Be you and change the world.

## Warning

Talking about the supermind to someone without giving them the clearings, I'm going to suggest please be aware of that ***and don't do it***.

Unless you would like to spend at least 2-3 hours of clearing and explaining it. Or if you would really like to fuck with someone and send them into a pile of crap like they haven't seen before – go ahead. What occurs is just saying the word "supermind" activates it, revs it up and turns it on dynamically. Saying it without clearing it is not very kind. What do you know?

## Supermind, discovering it (Dain Heer)

Gary ran into it about 8 years ago and it was basically the basis for locking in place the group unconsciousness. You know how people talk about "group consciousness," is there such a thing as group consciousness? No. It's more like mass ***un***consciousness. What this thing answered to was "supermind." He found it. He looked for ways to try to unravel it, to move it or do anything about it. It never happened because people were not willing to go there. No one was willing to look at it, no one was willing to let it go. Now Eight years later, the supermind comes to light from a different direction, and now we can handle it. It started unlocking people from stuff we hadn't been able to get to, ever.

I had gone through some major shifts and changes by doing Access. I stepped into a level of potency that I had never experienced before. Now I do these group sessions which are called "Energetic Synthesis of Communion (ESCs)." With a group of people I play with energies in and around your bodies and use all of us to facilitate each other in opening up to a place of more awareness, more consciousness and more possibility. Throughout the experience of doing these sessions I had the awareness at times of; "I get to this place and everything stops. I feel totally impotent at this point." What happened was before that I was working with a smaller group. The session is usually about an hour. After 15 minutes all the stuff they wanted to work on was done. It was like I had given them the session in 15 minutes, but underneath all of it was this concrete bunker and it looked like all of the stuff they had wanted to work on were these tendrils coming out from these concrete bunkers going; *"do this, do this, do this, do this. Be unhappy this way, be unhappy this way, be unhappy this way."* In the 15 minutes where I had worked on all the energies of what was going on for each of them, it was like cutting off all those tendrils. But what was left was this concrete bunker and I couldn't get in, I couldn't go out, I couldn't get around it, I couldn't seem to facilitate anything or any change in it.


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Then during the Level 2 and 3 class at the end of January '08, I talked to Gary about this. "I would like to ask you about this Gary, I now know it's not impotence. It's what I would have in the past called "impotence." What the hell is this?" He said, "is it the supermind?" Now I had no idea what the supermind was and had never heard of it. What we realized is that the supermind is the matrix itself.

Gary says: The Supermind is the source for most of what we have been clearing in Access, what we have been dealing with. And having gotten through it to a certain degree, I think that is one of the reasons we were finally able to get to it.

For the last 19 years I've been talking about "live in the question." If you ask a question the supermind can not answer, it disconnects from you because it doesn't know what to do with you. It tries to hook you back in with emotions or thoughts, or with feelings. Whatever you make significant hooks you back in. You can't make anything significant. No form, no structure, no significance. Those 10 Commandments of Access are the keys to your freedom from the supermind. They disconnect you from the supermind, eventually in totality.

When you live as the question you disconnect from the supermind.

## Supermind, what is it?

The supermind has been created as though it is the sum total of the universe. As though it is the outer limit of the universe. It's like this thing that every time you go to go beyond it's boundaries, you can't seem to. It's like the dome on the Truman Show. (The movie where the main character lives on a TV set and doesn't know it but finally discovers there is way more beyond what he knew as his reality.)

It's like this big thing that runs through everything and you believe you can't control it because you believe its too big. You believe it's bigger than you. Only you're sort of aware of it but not really aware of it. Everybody else is functioning from it and you can feel the affects of it and how you're supposed to function as a result of it. But you don't know what to do about it, and you don't know what not to do about it. So you think, "maybe if I don't do anything, everything will be ok" except nothing ever feels ok because it's all connected to the supermind. And no matter what you do you're wrong. And no matter what you do you can't ever be right, you can't ever change the fundamental basis of which you consider reality because it's based on the supermind; which is designed to make sure that you as a humanoid is always wrong.

How many of you have felt you're pathetic and weak over the course of your life? Me too. What if that's a lie perpetuated by the supermind? What if it's a lie you


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bought? You can't destroy the supermind. What you can do is be in allowance to such an extent that it doesn't have to affect you anymore. **You can disconnect from it.** Everything that you've done to buy that as true and make that real, can you destroy and uncreate please?

The supermind is different than the electro-phasic polarity machines of the Techies in that it is a generating element of its own, it is not a machine.

- It functions like a machine, but it is not a machine.
- It functions like a computer but doesn't seem to be a computer.
- Its alive.
- It is a computing system that has everything designed in it to make sure you don't have to choose. Sum total of it's purpose is to make sure you don't have to choose. **That all answers are provided.** In so doing it eliminates all question, and therefore since there is no question, then everything is "easy." Life is easier when you have no questions is it's basic point of view and premise.
- It replaces choice with answer. Every answer creates a place where you can be connected to it.
- It is the connection that creates the inherent and locked in limitation of this entire reality. It is why you would choose limitation continuously, and why if you would ever choose to go against it, you would have to go back into limitation. It enforces that you will always choose for limitation.
- It is anti-free will.
- It's why you can't get free. And why instead of getting free, you would choose to go back to that which is more comfortable and limiting.
- It's a force of equal magnitude to you. Whatever force you use against it, that force comes back at you. The harder you push against it, the harder it will push against you. If you go to fight it, you feed it. Have you seen the movie "The Fifth Element" were there is that big black thing and they shoot bombs at it and every nuclear bomb they shoot at it, it gets bigger? In that sense the supermind is like that. If you fight it, it gets larger, with seemingly more power over you.
- It is the definition of everything that is considered good here.
- It is the source for the commonality of purpose and the collective unconsciousness on this planet. It's the source for the collective everything. It is what has us sharing the thoughts, feelings, emotions, sex and no-sex, answers, decisions, judgments, conclusions, and compilations of this reality as though it is ours.
- It is what keeps up seeking connection while believing we are not connected. Seeking interconnectedness as though it is oneness, it is a replacement for oneness. It is the human approximation of oneness.
- The need to be interconnected with others means you always have to have their point of view in your head.


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- It is designed to keep tension in your body, keep doubt in your body and keep you thinking about other people's point of view.
- It's the reason that you believe that nothing can truly be changed, which is why you keep creating in your life little increments of change. The integers of change can only be limited. You are not allowed to change beyond the limits of this reality. It is why you believe there's no possibility to truly change anything.
- It is designed to make sure you never change too much and you never change too quickly. This is the 2 steps forward and 1 step back scenario.
- It's designed to make you perceive yourself as impotent.
- It is a system that reacts to what we decide we have to react to. So when you go into alignment and agreement or resistance and reaction to anything, you create more of it for it to connect you back in, so that it can give you the reference points for the past.
- It makes sure you never show up as the consciousness, the potency and never destroy this reality. To make sure that you destroy this reality but not the reality - actually destroy the planet and the consciousness on it. It is designed to eventually create the planet getting so dense it literally collapses into a black hole. And to make sure that you never disconnect from that purpose.
- Everything you've tried to do to create consciousness, it comes back and shows you how you need to doubt that, how that's wrong, bad, inappropriate, how you shouldn't do it, how that Access stuff is trying to brainwash you, it's a cult, or about anything that has anything to do with consciousness is a wrongness.
- It has got numerous methods of seduction to pull you back in.
- It is not big and far reaching, it is insidious and invasive.
- It is designed to trap you forever.
- Being connected to the supermind has been actually more valuable than having you. (At least up to this point, what do you choose now?)
- The supermind responds to suggestion. You decide what is important and it goes; "oh, this is where I have to focus" and it puts its attention there and finds a way to keep you connected to that.
- The supermind is basically as near as we can figure to the matrix.

You ever notice that there is only a certain amount of space that you'll allow yourself to be? This is why. This is the matrix.

I say this so that you can start to look at where you've been entrenched in your universe, where you've bought it, where you function from it so, that you can start to unlock it.

This thing is a wall that you are never supposed to see, you are never supposed to look at; you are supposed to just turn away from it. It's what keeps you going back to the old positions, the old points of view, regardless of what you try to change.


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Access has been unlocking it for a long time, but now we're up against it. It is starting to be revealed.

This is literally the matrix, the source of the matrix. Everything you saw in the movie "The Matrix" is not far from real. Have you all seen the movie "The Matrix"? Did something about that ring true for you? Like hum, sort of feels like the life we are living, except it wasn't all true. A lot of times when it seems there are parts that are true and part that is not necessarily true, because you can't figure out how it actually happens, it doesn't sit with total lightness in your universe. So, sometimes what you do it buy it all and go; "oh that must be the way it is." Or you reject it totally going; "no way, it couldn't be that way." Rather than looking at it and going; well, part of this might be true? Well guess what, the supermind is The Matrix. It literally is what you have called the Matrix. Like the matrix, we're all plugged in, and we're seeing things as they are being presented to us, not what is. We are the glitch in the matrix. We are the beginning of the breaking down of the matrix.

The supermind would tell you that the true reality is going to be really sucky; on a beat up ship, with shitty food, shitty clothes, shitty hair. *"You don't want to choose consciousness, you don't want to separate from the supermind."* That is why the supermind would say; *"you can write about this (make a movie about it) but I'll clue you in about this part – you have to have misery to have consciousness."* The supermind says; *"consciousness requires misery and poverty."* Would you like to give all that up please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Where does ease, joy and glory equal poverty, misery and ugly clothes?

The movie "The Matrix" gives you hints about how the supermind works. It tells you the status quo is what you want, you don't want to make waves, you don't want to change things, you want to keep them the same and that if you keep things the same then everything is going to be the same for ever. It keeps you in the illusion that this little life you are living is just fine; even though somewhere in your universe it doesn't feel just fine.

When this thing is active, we tend to ask a question that is not actually designed to open a door, but to invalidate some part of us. It's almost like trying to create a solution to the problem you have already decided exists.

The supermind is like the structure underneath everything you ever thought you wanted to work on or change in your life – everything that has ever been a problem or a solidity. Have you every felt like there was just so much you wanted to change, you didn't know how you could change it all? Have there been times when you had a major change in some area of your life, but you feel like it never


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happened, or it happened and you went back the other way anyway? That's because there is this superstructure underlying it all. **It is the source of impotence on this planet.**

I know that when I try to look at it, it's like the thing in the matrix that has the tentacles that move away like a squid. It has tentacles that feed into different parts of our lives and our bodies. It's got tentacles in every area of existence, in every area of life and reality. So when you go to change it, undo some part of it, or go to do anything that will give you freedom from it, it grabs you. It grabs you so that you can't ever let it go.

I notice that one of the things that used to occur for me was I would be going a long great and ***one thing would seem off***. Or I would have someone else's point of view in my head and it would lead to this cascade that felt like someone just pushed the "create life like shit" button. And then you feel buried in about 30 seconds. "What the fuck just happened? I was doing great and now…." And you go into the cycle of judgment. So how much of that is the supermind?

What's happened for me is there will be that "chink," that one thing that in the past would have created shit, now I'll feel that chink and I'll go; "oh, supermind? I'm disconnecting from that now." And it would go. There would be no slippery slope to fall down. I could perceive that slippery slope but I wouldn't go there. Instead it (disconnecting) creates more space. You have the choice to have the space. Would you be willing to have the choice to have the space?

How much of the supermind says; *"its uncomfortable to have space. Don't have it. It's bad for you. It'll kill you if you don't stop it."* What it means is, you'll kill me if you don't stop it.

When you're connected to the supermind you're are so connected to the thoughts feelings, emotions, sex and no-sex and the solidified points of view of other people that you have a real tough time seeing that they're not yours. This is the creation of you not being able to see that you're ***not*** the thoughts feelings and emotions of the people around you. It was the piece of awareness we got around this thing because I was describing the structure to Gary and he went; "oh, the supermind." **That is the thing that makes you tap into and be the receipt point for the thoughts, feelings, emotions, sex and no-sex of everyone around you.**

Somehow by our alignment and agreement or resistance and reaction to anything, we implement it and construct it at the same time. We will allow a certain amount of change, but it's based on these polarized viewpoints that we have. Everything here is about how, in order to create a different point of view, it requires these little tiny steps. This is why churches, cults and religions work so well, because they are little tiny steps. Judgment and polarity are what's required to keep you in its


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existence. Change is the other thing that this thing does not like. Change is supposed to be small and limited.

Whenever you are functioning from perceiving, knowing, being, and receiving, you are not in it. Whenever you are functioning from thoughts, feelings, emotions, sex, no sex, answer, decisions, judgments, conclusions, and compilations, you are back in it.

Since we have been teaching and embracing ***allowance***, it becomes less able to control us. If you are functioning from polarity at all, it's a no-win situation. That's where you get into the two steps forward, one step back.

*Do we piss off the supermind?*

It doesn't really have that kind of consciousness.

**You don't want to destroy it – that feeds it. You want to disconnect from it.**

It is not evil, it is insidious. We created it, it is a choice to be connected to it. It is also just a choice to disconnect from it. It's actually really simple and easy.

In Access we don't take an answer about anything. We don't have a point of view. Every answer creates a place where you can be connected to the supermind. If you are being question, if you're space you can't be connected to it or controlled by it.

There are times when you are disconnected from it. Any time you've chosen allowance. But then you always find a way to go back to it. The difference is when you have the opportunity or the possibility to not have to go back to it, as though that is the only reality that exists. **Now** is that opportunity, that choice is every 10 seconds.

## What Creates The Supermind?

We do.

We each create the supermind. We have all created our own version and there is this wonderful large one that everyone has interconnected with everyone.

**I think it somehow was created to make sure that we would choose not to be aware, rather than choose to be aware.**

You can't POC and POD the supermind because somehow it's your own creation.


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You create it every time you do a judgment. Every decision, judgment and conclusion you come to is a creation of it and a hook back into it.

Somewhere we made a decision about wanting to be connected to everybody or anything and wanting to understand. Wanting to understand is probably the worst thing. As a kid, you walk in and you go, "This place is fucking weird. What are these people doing? How did I get here? Please let me off!" Only it's too late; you're already here. Then you go, "OK, maybe if I understand why they are doing this, or that they are doing it, or if I could just duplicate what they're doing, if I got the understanding, then it wouldn't be so awful, it wouldn't bug me so much, it wouldn't take this toll on me." The moment you do that, the supermind has all the ammunition it needs to hook you forever.

Everything that brought up while we were reading it, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The supermind has the prime directive of taking away the necessity of choosing. The prime directive seems to be to give you all the answers so you don't have to choose anything different than what has already been chosen.

It just is. There is not conspiracy. It is not something that was done to us as a bad thing. Someone thought this would be a really good idea and make life easier. Wherever you *decide* you wanted to have an easy life you tap into it. Everywhere you decided that was the easy life and you just wanted and easy life, and if I just had an easy life then I could have the supermind run everything for me. Or every place you decided you needed to be taken care of, or you always wanted someone to be there to take care of you, the supermind does that. Destroy and uncreate it all that please. Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

## What Feeds The Supermind?

We do, we are its source of life. We feed it ourselves. We use it, we created it, we feed it, we institute it, and we love it totally. It is like our child. We'll do anything to protect it and choose it constantly. If you had a bad seed child and it was killing everybody around, would you put it in jail or would you mourn the fact that you had to put it in jail? Or would you hide it? Or fight to keep it out of jail? Because it's your child, you don't kill your own child, because it's not allowed. Supermind tells you so. Supermind it loves me, the bible tells me so. Basically the supermind will tell you anything to keep you from choosing to disconnect from it. It is designed to keep itself in existence by getting you to buy that it is a necessity and the only choice, or best choice. Is it?


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The supermind is the interconnectedness of all people as though we are one. If you were oneness, you would still have infinite choice. As all one, we are all suppose to do the same thing, believe the same way, do the same thing, dress the same way; all that kind of stuff.

You are at the effect of nothing, except that you choose it. Humans judge everybody else and you judge you. So are you really at the effect of it or is it the choice you make to judge you? It is the choice *YOU* make to judge you. The supermind helps you not be space and the choice to not be space and energy is your choice. You choose not to be energy and space so that you don't have to be conscious.

The people who are most controlled by it are the people who make their emotional states most important, or make their body states most important, or create significance around who or what they are doing.

The supermind is orchestrated by the thoughts, feelings and emotions we have. Whenever we do thoughts, feelings and emotions, it feeds the supermind. The supermind becomes stronger. Literally we create the connections to it, we create the power of it by the trauma, drama, upset, intrigue, significances. Anything we make significant feeds it the lines it needs to answer you. If we choose to go into the sadness, the intrigue, the upset, the trauma, and the drama, we feed our own personal connection to the supermind, so that it has the opportunity to kick our ass and make us unhappy and miserable with ourselves.

We each have our own generative capacity for the supermind.

The supermind is alive. **It has tentacles to every part of your life and every solidified choice you make.** For example, when you're doing really well and then you go and watch porn, and you feel buried in crap again, or you go and have sex or start a relationship with someone, and you're back in the same place you used to be. You have this place where when you come close to changing more than you are allowed to change, you choose anti-consciousness, which takes you back into it.

Every reason and justification keeps this in existence. So what is the way out? Choose to disconnect from it, step away from the supermind, without a reason or justification for doing so – just because you choose to.

## What Hooks You Into The Supermind?

As soon as you get free of the supermind it tries to find hooks.


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The supermind feeds on your thoughts, feelings and emotions, decisions, judgments and conclusions, any point of view, figuring out or understanding, all of the distracter implants and SCHICUUUU implants and explants, answers, as well as memory. If you buy any of that as yours, as real, as significant, valuable or meaningful it has hooked you back in.

Long ago and far away, you gave up your willingness to perceive, know, be, and receive. From this time forward we are going to do a different possibility. If you are getting into the significance of your thoughts, feelings, and emotions (or those of anybody else's) you are doing supermind. It's like stepping into quicksand on purpose.

As an infinite being you perceive everything, you know everything, you receive everything and you be everything. Perceive, know, be and receive; that is what an infinite being functions as.

The lower harmonic of perceiving is feeling.
The lower harmonic of knowing is thinking.
The lower harmonic of being is emotions.
The lower harmonic of receiving is sex and no-sex.
When you are functioning from these lower harmonics, you are functioning from supermind, rather than the infinite beingness you truly are. It is a limited capacity of the awareness you truly have and are.

How much do your emotions trap you, a little or a lot? How much do your feelings trap you, a little or a lot? How much do your thoughts trap you, a little or a lot? Do you suppose it's possible that thoughts, feeling and emotions are actually limitations? Say what? What are you talking about? Everybody does it all the time! I know, and look at how much fun they are having in their lives? Everything that brought up, everything that is connected to that, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please and step away from the supermind? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

**Whenever you are functioning from perceiving, knowing, being, and receiving, you are not in the supermind.**

**Whenever you are functioning from thoughts, feelings, emotions, sex, no-sex, decisions, judgments, conclusions, and compilations, you are back in it.**

Wherever you bought that you had to *DO* something with everything you perceive, know or are aware of; you can just perceive it, you don't have to do anything with it. I know it's a bazaar concept, *"why would I perceive it if I didn't have to do anything with it?"* Because you can. Because you are an infinite being, why


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wouldn't you, you can. Why are you going to cut it off so you can't? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Perceiving

What perceiving without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite joy of choice and possibilities? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You think when you perceive something you have to do something about it. Perceiving has no choice in it, nor is there the necessity of choice. Perception is like the wind. It has no solidity.

You create a no-choice universe with the idea that your perception requires choice. Just because you perceive something doesn't mean you have to choose something different. You've just got to be aware. Perception is about a level of awareness of everything that comes at you. You probably perceive about 200,000% more than you realize.

## Feelings

The lower harmonic of perception is feeling.

You can either perceive or you can feel. How many people make their feelings significant? A lot.

What if you asked; **"what am I perceiving here that I'm calling a feeling? What am I perceiving that I'm unwilling to acknowledge?"**

That opens it up and makes it not in connection to the supermind.

The supermind tells you having no feelings is dangerous.

Notice a lot of times I will ask you; "how do you feel?" "What is the feeling there?" When there is an awareness you are unwilling to have, when you are unwilling to


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have perception you will misidentify it and misapply it as a "feeling." **When you are unwilling to have an awareness you will misidentify it and misapply it as a "feeling."** So what happens when you have this "feeling" like; *"my foot feels this"*...Okay, what awareness are you unwilling to have? Literally you will start to have the information of the awareness you are unwilling to have that is making it a "feeling" when you ask a question.

What happens is, there is an energy there. You as a being would just have an awareness of energy, without even a point of view. You would just have this awareness of energy. You wouldn't have a point of view about it, so you would have this awareness; because you are not willing to have the awareness, your body turns it into a feeling for you so that you can hopefully become aware of it.

Any time you go to say; "I feel" you want to ask "what is this awareness I am having and not acknowledging?"

Feelings like, I feel sad, I feel angry, I feel upset, my foot feels like it's on fire, any time you go to put "feel" to describe something like that. Not necessarily sensations, sensations can be simply an awareness. What people will do is take that sensation and turn it into a feeling. For example you can have a sensation of stuff going on in your tummy, like something you would call "butterflies" or whatever. And you'll say; "I feel nervous, I feel afraid." Do you really or is that what you have just identified that as? It may not even be that. Does that make sense?

Energy is neither good nor bad. Definition by definition alone is limitation. Anything you define - including perception - creates limitation in your reality. Every time you go to answer instead of question, you create a limitation you cannot overcome.

If you could perceive everything that is possible in the universe, would it change your capacity to choose? You're sure that if you had that much perception, you'd be overwhelmed. Could an infinite being be overwhelmed? What would you have to define yourself as to be overwhelmed? Finite.

Because perception is never solid, it is always mutable. To define it or share it instantaneously changes it, limits it. It is therefore no longer what it was. As soon as you define it, you eliminate the choice of infinite possibility.

Before the tsunamis came, the elephants had the perception that something bad was happening. So they pulled their 3-foot stakes out of the ground and ran for the hills. The humans went to the beach. They were not willing to perceive the whole of it. They limit their perception so it can turn out the way they've decided they want it.


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**Cognitive has nothing to do with perceiving or knowing? Nothing. Cognitive; your mind has nothing to do with perceiving and nothing to do with knowing. They are totally separate entities and yet you would continually say; "oh, well I don't think so" or "I don't know." No, it is that you are not willing to have the awareness at the time.**

But you think that thinking is what knowing is, and you think that thinking is how you perceive; but you don't. Did that confuse anybody? Some of you went; "no, not at all, you are right on." Some of you went; "huh?" Everything that is, and everything connecting that to the supermind and holding that in place, and making you believe that perceiving is thinking, that you must think in order to know, that you must think in order to perceive, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You can have the infinite joy and choice of possibilities. When you perceive possibilities is that a joyful place for you? You ever notice that the one place that is ***not*** joyful is when you feel like there is no other option, there is no other choice and you have to stick with what is? You don't ever have to stick with what is, EVER.

Even if it is the death of your body and you are choosing it and now your body is dead, okay good, go get another one. Hello McFly. Stop acting like you don't have choice. The one way you will undo your joy totally is by not believing that there are other possibilities available. There is always another possibility.

All you have to do is ask:

**"What energy, space and consciousness can I be that would allow me to perceive, know, be and receive all possibilities?"** Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Then POC and POD anything that doesn't allow that to show up. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Knowing

What knowing without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and infinite ease and possibilities? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and


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uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many of you realize you spend the majority of your life trying to figure out what other people need from you and delivering that instead of knowing what you would like, ever? How much of that is connected to the supermind? ***When you start choosing for you, you inspire others to choose for them.***

"I don't know" is the only thing you are not allowed to say in an Access class. Can an infinite being not know? You may not have the information at that moment but somewhere in your universe is the information, the awareness of ***everything***. Pretending you don't know or denying that you know, and refusing to allow yourself to know is the only way to stay limited. If you are willing to ask a question you can know anything, and have all awareness available to you. It is a choice to request or demand that of yourself.

## Thoughts

You can either choose to know or you can choose it's lower harmonic, it's anti-conscious counterpart, which is to think.

When you are doing thinking, are you doing the fullness of what is possible or are you doing a lesser version of knowing? It's a lesser version. Which is quicker thinking or knowing? Knowing. Plus knowing doesn't have to have any parameters. No justifications, no reasons. Knowing just is. Knowing, it's like the snap of a finger, plus knowing can have awareness that goes beyond logical. That goes beyond linear.

Like I've asked you some questions earlier; "what percentage of you did you divorce, more than 100 or less?" You said; "more." Which is not logical. If you were thinking about it, it would have to be zero to one hundred, but energetically it reads more like a million or more. That is your knowing that has awareness of that kind of energy.

Once you buy one thought as yours, there's a chain reaction that goes off in your head and connects you right back into the collective mind – the supermind – so that you have a continuous thought to function with, because it's so much fun. No thought is dangerous – that's what the supermind tells you. Having no thoughts is dangerous.

*So the connection to the supermind can be if I'm out riding and I think; "I better eat something so I don't get shaky" that thought hooks me in?*


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No, the supermind is trying to hook you in with that **thought**. If you were truly being aware, you wouldn't have that thought. You would realize that the horse is giving your body so much energy that your body doesn't need to eat. What if you body just needed energy, not food? How much energy are you refusing to receive in order to make your body eat? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Now the money you save from not eating is how you will be able to come to classes.

You have to **stop buying that your thoughts are real**. You are assuming your thoughts are real, what if they aren't?

As long as you're thinking, the supermind can learn from you. If you are knowing, it has nothing upon which to base learning, because knowing is beyond the capacity of education. No computer can function from knowing. They can only function from a learned response system, which is all linear.

If you truly had your infinite knowing, you'd also have infinite ease. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much dis-ease do you create from the pretense that you don't know? Everything, a little, a lot, or almost all of it? Pretty much, almost all of it. Literally the disease you create in your life is from the pretense that you don't know everything. If you knew what was going to happen in the financial markets would you have any disease about it? No. If you knew what was going to happen in the economy, would you have any disease about it? No. If you knew what was going to happen with your relationship, and you knew were they were actually functioning, would you have any disease about it? No, because you'd know. Knowing is the antidote to disease. Isn't that weird? Sort of makes sense now, yes? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*I can see all this stuff that is going to happen, that is correct. I don't necessarily see what steps are going to create what I'd like, what questions do I ask? "What do I have to be aware of?"*

That would work, first can we please just acknowledge, that you just finally acknowledged for the first time since I've been speaking to you this lifetime, that you actually can see what is going to occur. Thank you! It's a miracle. Not that you


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can see it, but that you ***know*** that you can see it. How many of you would be willing to have the level of awareness that would allow you to know that you can see what you know, that you know; and have the knowing that you know, and stop acting like you don't know what you know, and know that you do know what you know? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The question you can ask is; "What energy, space and consciousness can I be today that will bring in huge amounts of money?"

"What energy, space and consciousness can I be today that would allow me to make a boat load of money here?"

*Is it also true that any place that; okay, I'm looking at this whole picture and some parts of it I can see and some parts of it I can't see. Any part that I can't see there is something that I am pretending not to know or denying that I know?*

Yes, and ask; **"What am I pretending not to know or denying that I know here, POD and POC anything that holds that in existence."**

Or, you are trying to figure it out from your supermind. In which case you POD and POC all that shit and step away from the supermind and "everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be" until you can't think any more, and then look at it again. Literally this is how you do it to live your life. Not to live you life, to undo the places where you are functioning from the limitations called the supermind.

Does it make sense that only when you are willing to have the infinite knowing of you, that that is the only time you actually have you? Otherwise you have to cut off your awareness of you so that you don't know that you know everything. Very cute, just not so bright. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*That there are realities beyond this reality.*

Yeah. The problem is you keep assuming that this is it. Or you go to those realities and stop being functional here. What if you came out of that either/or point of view and had the knowing that you could generate possibilities here and there? And that what you generate there can contribute to what you generate here? Everything that is, will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Do you have the life you'd really like to have right now? Or would you like something different? ***You don't have to know what it looks like.*** How many of you


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are trying to plan your life before you do it? What if you just did your life without planning it?

You categorize something that is different as unknown. Are you avoiding the unknown? If you avoid the unknown, then you will be guaranteed to create the same disasters you created before. Doing what you did before doesn't equal great sex or a great life. What's more fun – doing something you've never done? Or doing something you've done before and expecting the same results? If you are willing to follow the energy of life, then the world will always give you something greater than you have been willing to receive so far.

## Being

What creation of beingness as the province of and subjection to the supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite awareness of you as the source and generation of change in and of all realities and universes? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What absolute avoidance of being and receiving as the perfection of supermind with reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the generation of infinite energy, space and consciousness you truly are? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Emotions

The lower harmonic of being is emotions.

Emotion is how you try to prove how you care instead of really caring.

The supermind feeds on your **emotions**. When you become emotional, the supermind takes control of you and you go into the wrongness of you. You come out of question, and you go into the badness, the pathetic, the wrongness. It's the source of the cesspool of reality. It tries to hook you back in with emotions, or with


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thoughts, or with feelings. It tries to connect you in. When you buy or buy into the thoughts, feelings and emotions you go back into the supermind.

*Attempting to be in the questions all the time, I have heard from some of my human friends in the last couple weeks; "you seem to be so unemotional." That is sort of the result of?*

People will accuse you of being unemotional. The supermind will give ***them*** the clues and the cues of what to say to you to try and hook you back in. Just like Mr. Smith in "The Matrix" can appear in any body that is in your presence, the supermind will use whoever you are around to try and hook you back in. It's insidious. It invades every part of our lives.

The supermind tells you having no emotions is dangerous.

That would be really bad if you don't buy into the thoughts, feelings and emotions of others.

They'll say; *"oh god! My mother died!!!"* and you'll say; "good for her. That is cool, I'm really happy for her, that is awesome." *"I can't believe you're so unemotional!"* "Really? What I mean is boo-hoo, good for her. So sad for you." You have to learn when to act. You have to know when people require intensity of emotion from you and provide it on command. Instead of from a belief that it is actually a necessity and that you are actually buying into the trauma and drama, "because." How many times when someone was buying into the trauma and drama could you see a different possibility? Most of the time, right? And didn't you wonder; "why are they going into trauma and drama over this?" but then you try to understand it, so you make your universe as small as theirs; instead of going, wow they are doing trauma and drama, isn't that interesting?

You can just act like you are commiserating with them, act like you are crying, act like you are sad and depressed just like they want you to be, because that is all they want. Then say; "see you later, got to go. Got an appointment, got something very pressing to attend to. I need to go masturbate, see you later. Bye-bye." You don't have to tell them that last part, that is just for you. You just keep that to yourself, okay.

Allowance would be; "oh, they are doing trauma and drama, isn't that interesting?" and you don't even try to get them out of it unless they truly desire to get out of it and ***they ask you a question.***

What people do is they use their emotions to prove for example; how much they care. They use their emotion to prove the intensity of their beingness. *"See, I care so much! I am such an evolved being that I care so much about the sadness in the world and it makes me sad personally; that is how aware I am. (starts sounding like sobbing) That is how*


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*much I be, that you are not willing to be, because you're not willing to be as sad as me. You don't get the awareness that I have. That is why I get so sad, I am so aware, I am such an amazing being."* Some lesser version of that is where most people function. They use the intensity of their emotions to prove that they actually exist. How many people do you know that use their emotions to prove that they actually exist? I do, thanks. So everywhere were you have done that will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

If you are avoiding being and receiving as the perfection of supermind; is there any other way to perfect the supermind? In order to buy anything that it tells you instead of going; "that's funny that you have that point of view that I should judge me. That is funny that you have the point of view that I shouldn't be happy. That is funny that you have that point of view." In order to even listen to it you would have to avoid being and receiving. If you are being and receiving in totality, nothing that is spouting limitation are you going to buy as true. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Tomorrow. I'll get to myself tomorrow. I don't really have time or energy to be me today, so I'll get to be me tomorrow. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many faux beingnesses do you have to deal with your family, the person you are trying to create a relationship with, the person you plan on having sex with, and so on?

The person you try not to look at in the mirror every morning is the being you are refusing.

Notice I said "being" is there any "doing" necessary in being? No but from beingness can you do anything? Can you do it less effectively or more? Way more because you use your biggest friend in the world, your personal assistant the universe. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Receiving

What receiving without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as


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the generation of indefinite life and infinite abundance and money? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you would like to open up your receiving go to the place that you think has the ugliest shit in the world and POD and POC everything that you think is ugly. Go there and look at every ugly thing there and POC and POD it so that you don't have a judgment of it anymore, until you can start to see the beauty of it. And then you will exponentially un-limit your ability to receive.

*I know I can receive so much more, how do I do it?*

And how often do you do it? Never. That's the supermind. You knowing you can - is you. You not doing it and not being it and choosing in every moment. You choose your life in 10 second increments.

## Sex and No-sex

The supermind tells you; having no-sex is dangerous. Having sex is dangerous.

No sex is wrong and sex is wrong, according to the supermind, according to this reality. Enjoying your body is definitely wrong according to the supermind. Any form of enjoyment of your body is a wrongness according to the supermind. After hearing all this, are some of you wondering why the fuck you let this run your life for so long? Just checking, for me that is sort of coming up a little bit.

How much of not masturbating is connected to the supermind? How much of your points of view about sex and copulation is connected to the supermind? How much of you would you actually have access to if you would stop judging you and your body? Everything that is will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

Receiving and learning to receive from the universe is the antithesis of the collective. The collective is never about receiving; it is about maintaining. So every time you increase your capacity to receive, you also disconnect from this thing.

When there is an awareness you are not willing to have, you misidentify and misapply it as a feeling. So ask, ***"What awareness am I unwilling to have?"*** then you will begin to receive more information about the awareness. Because you are not willing to have the awareness, your body turns it into a "feeling" for you, so you can have the awareness of it.

*When you say sex and no-sex I am lost. Can you talk about what you mean by that?*


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Absolutely. Perceiving, knowing, being; the last element is receiving. Sex is the element of receiving on this planet supposedly. It's the one place were you are supposedly able to receive. How often does that happen however? Not so often. Most of the time it's a place where you started off receiving, you receive for a little while, not long. Then it goes into this judgment and significance of everything that is going on; which is the no-sex.

In true receiving you would have no judgment of anything and be willing and able to receive everything that is. If you are having "problems with money," it's not money; it's what you are unwilling to receive that creates the "money problem." If you are having problems with your job and in any area of your life; it's what you are unwilling, or unable, or refusing to receive that is actually creating the difficulty for you.

So the lower harmonic of receiving is sex and no-sex.

Sex is suppose to be where you are able to receive from, but it doesn't ever happen that way. It is a rare occasion and with a rare person that it can actually happen that way. Then either you or they start going into a judgment or a projection about something. You project; "oh my god, I wonder if they are the one?" and instantly with a projection you are into the supermind.

What happens in this sex and no-sex: how many days do you wake up and you are just so alive, it's a spring day, the birds are chirping, the temperature is perfect, it's gorgeous and you feel so alive you can't wait to get out and generate your life? In that place you are being total receiving and total being simultaneously; so you are willing to receive everything that is.

Contrast those with the mornings were you wake up going; *"oh shit I have got to get up again, oh do I have to go to work today?"* Were you don't want to step outside; you don't want to talk to anybody, that is sort of that no-sex point of view. Because in that you are actually functioning from a place of no receiving.

So there is sex as it is done in this reality, which is done to connect you to the supermind.

Then there is the no-sex point of view which is were when you have had enough of that sex stuff and you have no-sex, you stop receiving in your body and then you start to die. In this reality the way it is connected to the supermind it is an either/or and that is it. Wow, that sounds really joyful doesn't it? So there has got to be another possibility. Everything you have done to destroy the other possibilities that are actually available, would you, will you please rescind, revoke, recant, reclaim,


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renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Everything that you have made the province of or subjection to the supermind in this area, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

**"What energy, space and consciousness can I be, that would allow me to totally receive?"** Everything that doesn't allow that, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Everything you have done to buy the lie that money is the root of all evil, by the way the correct quote is "the love of money is the root of all evil." Everything you have done to perpetrate the lie on you that money is the root of all evil; what if it were the root of all joy and possibility? Would money be the root of anything? No. **Would the willingness to receive money and everything else perhaps be the root of all joy and possibility? Yes, because when you are willing to receive everything then you can actually be joyful and have possibilities.**

Do you tend to be happier when you have lots of money in your bank account or less money in your bank account? More ease with lots of money. Why? Because this reality functions on money. Fewer distractions because you are not worried about not having. You know why? Because, you are receiving. When you have money in your bank account it is because you were willing to receive. Which is an easier place to be that you often do not allow yourself. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you truly were willing to receive everything in the world, then you would have a hard time living a normal life. Most of you have spent your life feeling abnormal, yet you try to have a normal life. Being normal seems to be more valuable than being phenomenal. Welcome to the supermind, the creation of normal, average, real and the same as everybody else. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**The willingness to receive** everything without judgment, without comparison, without any point of view about it; then you have freedom from the supermind.

*I was at Annie's ranch last week and had the opportunity to go ride a horse. The supermind was telling me it is absolutely impossible for me to have anything to do with riding horses. I spoke with Annie about it and she put me on a horse, who is an amazing horse, and I was so in fear being on that horse in that moment. Annie said; "you are not going to fall off the*


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*horse." I didn't believe her, I was like – sure, that is what you think. So I was hanging onto the horse so tightly and I had going through my head that my whole family was watching and seeing me as such a looser that I got off the horse. Thinking, they will be so disappointed because the whole world will see I'm getting off this horse and I am definitely a looser. I'll have to go home in shame. So in that 10 seconds the supermind was going into overdrive, totally in control. Then I went; so what if I'm a looser? That is okay. I am willing to be totally seen as a looser. For that 10 seconds it shifted completely. As soon as I said I was willing to be a looser – so what.*

Once you go – so what. The supermind has no more ways of hooking you. That is where you have got to go when you have this stuff start to happen. You have got to go to that place of questioning it instead of buying what the supermind is telling you. going – oh well, if I'm a looser, what difference does it make?

## Perceiving, Knowing, Being, and Receiving Infinitely

Any time you are doing thoughts, feelings, emotions or no-sex, you are doing supermind, not perceiving, knowing, being and receiving. Every time you say "I think" you have stepped out of perceiving, knowing, being and receiving. Every time you say "I feel" you have stepped out of perceiving, knowing, being and receiving. Every time you say "oh, this is so heart rendering," you have stepped out of perceiving, knowing, being and receiving. Every time you say something is heart rending, you set yourself up for a heart attack. "This hurts my heart" is a heat attack being created. "This breaks my heart" is a heart attack being created. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There is not one single thought, feeling or emotion that is not connected to the supermind. If you are thinking you are not in space. If you are thinking, feeling or emoting you are not being energy; you are being the solidification of this reality. It is a choice you have to make.

Thinking you don't have choice over that loud thing that screams in your head called the supermind. You have choice, you always have choice. That is one of the reasons I said do "who does this belong to?" for every thought, feeling and emotion you have for three days and you will have a quiet head. How many of you have actually done it? It works, but whatever you do, don't do it because it will give you total freedom and you don't want that. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What generation, change, and transformation of and for you (and the world) without reason or justification are you absolutely, totally, eternally, irrevocably,


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infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite expansion of perceiving, knowing, being, and receiving of and as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What keys for the infinite perceiving, knowing, being, and receiving of you as you without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you really should be choosing that if you would choose it would change all realities and non realities and manifest as the generation of indefinite life and the infinite awareness of infinite choice, possibility and freedom from the jail of time, dimensions, and realities? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Gary's point of view is that joy, bliss and ecstasy are what we experience when we are in the space of peace created by having no judgment in our universe and by experiencing gratitude for the people in our lives and what's going on in our lives with no judgment. If you function from the joy, bliss, and ecstasy of life, you can have infinite possibilities. If you function from the sadness, the pain and the suffering of life, you are probably functioning from finite possibilities.

## Fall from the Grace of God

What point of view have you chosen as the fundamental foundation for the creation of your reality that manifest as the necessity of your fall from the grace of God?

The fall from grace point of view is always looking for the first "wrongness" and once they've found that and undone it they will no longer be fallen. The fundamental point of view of the fall from grace is the wrongness of you that you have to undo.

People come to Access thinking they are fallen from grace. That they have done something wrong, so they are always looking at the wrongness of them and the wrongness of what they choose, and the wrongness of _____ and only if they can get over the wrongness can they get to the rightness. And if they get over their wrongness they'll remember who they were and what they were before. If you do judgment at all, all the points of view of being wrong, that's a fall from grace point of view.


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Most people think it's like a duty to get rid of the wrongness they believe they are, as the fall from grace the supposedly are. That you can't be happy, you can't be free and generate a life, you can't be anything great at all until you get rid of all of this shit. What if that isn't so? It may be the recognition that even with all of this in place you are being right now. You didn't stop being when you supposedly fell from grace. Isn't it cool that that can change?

Basically what it boils down to is the Bible says man fell from the grace of God and was kicked out of the Garden of Eden.

**Everything on this planet is functioning from that point of view.**

Every church, cult and religion was that we were kicked out of what our natural state of beingness was. That we were once infinite possibility, infinite beingness and now we are not. What if the exact opposite is what is really true?

Every cult and religion on this planet functions from the idea that you gave up your infinite beingness for something. The ultimate judgment is that you fell from grace. We are always trying to correct the mistake we made, whenever we made it. We are the ones that create the wrongness of us. The falling from grace is the idea that you have to go back to oneness, that it is not something you are first of all. And something that you can not achieve without going backwards in time and undoing all the wrongness's you did. It is a very linear perspective and Access is not linear.

What we are looking at is; you are right and perfect, just the way you are right now. Not from the judgment aspect, from the awareness that there is no fundamental wrongness of you as you are right now.

It's not get rid of your limitations, it's realize you create your limitations, you have created this alleged fall from grace and the Garden of Eden. You have not fallen from the Garden of Eden, we are still in the Garden of Eden. Here is an invitation to recognize you are creating these limitations and you are creating the fall. There is no fall.

What if it is not that mankind fell from the grace of God? What if what we are actually doing is taking what mankind is and educating them to a different place? Educating them to a different place and a different possibility? Then it wouldn't be about trying to go back to your "natural state" or your "native state" or your "infinite beingness." It would be how to "learn" how to ***BE*** an infinite being. You can have this infinite beingness and Access tools will help you achieve that if that is what you are willing to do and be.

Everyone keeps saying; "can't you do one point of creation that will take all this shit away?" No. Because it's not really about taking all the limitations away, it's


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about what you choose to generate. Most of you don't seem to want to generate anything other than what you have been generating so far. You can learn what it takes to choose something different and it's actually easy.

Most people thought if they are an infinite being, that you weren't getting something you should have been getting. Like, "why is my life so fucked up if I am an infinite being?" That you should have known automatically.

I have been functioning from the point of view that an infinite being would always know how to be an infinite being. ***We are actually learning how to function as an infinite being.*** Realizing there is a different possibility, a different consciousness we can be and are if we choose it. That you know that you know, and that you know that you have choice to change anything in your life, and to be something greater than you have ever been.

There is nothing on this planet that is designed to give you awareness. Not anything. There are lots of things that are designed to educate you in the rightness and wrongness of your point of view, but nothing that is designed to awaken your awareness. This is. Access is. It is like building a muscle.

Did you truly fall from grace or was that the lie that has been perpetrated on you for ever? How many of you got that lie perpetrated on you and have been buying it for centuries? Everything that is can we destroy and uncreate it all? Right, wrong, good, bad, POD, POC, all 9, shorts, boys and beyonds.

I don't know that it's anything except a lie that is perpetrated on us that we fell from grace; rather than we can achieve a level of consciousness because we can achieve a level of consciousness. There is actually a different possibilities and a different choice available.

The point of view of our fall from the grace of God just creates more judgments, more impossibilities. Its the birth of judgment for all eternity.

My point of view is that we are infinite beings and we always have choice and we can choose to be the infinite being and have the awareness, or we could choose not. It is not that we fell from grace by choosing wrongly. The whole idea of falling from the grace of God is the inherent wrongness of us and the inherent wrongness for our choice. There is a victim energy in all of that, so we become the victims of everything. This eliminates victimhood if you realize; wait a minute, yes you are an infinite being, yes you have infinite choice ***and*** what we have chosen in the past may not have been a good thing, but we chose it. If it's not wrong, can we change it? Yes. If it's not right, can we change it? Yes. But we make everything here right or wrong, which is the premise of falling from grace. That it was the ultimate wrongness. There was a starting point; "original sin" and that is why everyone is


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always looking for the one point of creation that will free them from everything. If that is the ultimate lie, then we've got some place to start from.

Most function from the point of view that we shouldn't have to ask how to function, we shouldn't have to ask or question any of these things, we shouldn't have to question anything; except question is the only thing that gives you freedom.

Its realizing; right, wrong, good, bad; the mind judging constantly that I have made all these bad choices but I never really made that bad of choices. This whole thing that I've been so fucked up; it's really that I've made this choice or that choice. Like we've been saying for years, you are not nearly ask fucked up as you think you are. Your whole history, it's not a fall.

If you really want to generate a phenomenal life it's a choice you have to make. You can make the phenomenal life choice a difficulty or an ease. You can make it about how fucked up you are, or how you have to get over your problems, or you can look at it as; generating consciousness would be what? Question.

What would it be like to generate consciousness 24/7?

How you lived your life until you got this awareness was the result of your supposed fall from grace that wasn't true in the first place. Instead of trying to clear all the limitations so people can become something, Access is about providing you with the information and awareness you don't yet have and let you choose whatever you choose.

Do you know that you have a choice for consciousness? Its not just about clearing all the stuff. "POC and POD this, take it away from me." No, no, you have to make a choice. Not functioning from this place that we will go back to being once we've stopped creating limitation, may open a door to a different possibility. It may be the recognition that even with all of this in place you are being right now. You didn't stop being when you supposedly fell from grace.

The fall from grace is validation for your limitations. Without the fall from grace, how am I going to justify my limitations?

If you are truly being energy, space and consciousness there is no processing necessary. And when you aren't being that, you have a process to take care of it so you can be. You process to generate, you don't process to eliminate. So instead of a fall from grace, we are going the exact opposite direction.

It's about educating people to the awareness of what it is to be, and to be aware, to know that you know, and to know that you have choice. That is something people


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don't get. I can watch people all the time say; "I can't do that, how do I do that?" As thought they can't. It's just a choice.

## Golden Planet

I'm going to tell you a little bedtime story that was taken out of the foundation class. A long, long time ago; about 4 trillion years ago there was a little place called the Golden Planet. The planet was made out of gold. On this planet, you the humanoids had the ability to de-molecularly manifest anything instantaneously. Simply by asking the molecules to change you could create a cottage or a house in the snap of a finger, just by asking it.

Gold was the most plentiful element on the planet. The trees shone with it, the streets, your bodies all had a gold sheen to them because they all had the element of gold in them in an abundant supply. It was more prevalent, or as prevalent as carbon is on this planet today.

Because you had this ability to de-molecularly manifest instantaneously, so that you did not build everything on top of each other there was an organization called "The College of Judges." The college of judges, its initial purpose was to make sure people didn't build shit in the same place, so they could judge what was appropriate and come to conclusion about what was appropriate and what could be built where. In addition they started taking over as many authorities and powers on the planet as they possibly could and the people on the planet let them. Okay, fine.

Then there was this other thing called the "College For Expanded Awareness and Consciousness." The college for expanded awareness and consciousness was set up so people could become more aware, become more conscious and learn to commune even more intimately with the elements and have that as a source of generation and joy and possibility. People who were interested in having consciousness, being conscious and facilitating consciousness.

Along came a spider and sat down beside her…

Actually, along came these technical beings in these space ships out of the sky. They dazzled everyone, especially the people who did not desire consciousness because with consciousness people realized they could generate anything, they could have subtle nuances of everything and they were continuously in a state of joyous play for the most part. These beings came down with things like DVD players and big screen TVs and holograms and holographs and all kinds of different things like that. It impressed people with their technology. They said to the people on this planet; "wow, you have so much consciousness here, we would like to take your consciousness to other planets and because the universe is a very


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unconscious place and we could certainly use you. Can we take all of your people, put them in space ships and put them in suspended animation and take them to other places so your consciousness can fill the universe?"

The one rule on the Golden Planet was that Majority Rules. 52% of the population voted for it.

The college for expanded awareness and consciousness looked at it and said; "there is something rotten in this. These people are lying to us." But they couldn't get the majority to have the awareness to perceive what was going on, even though they tried. Some of them tried so dynamically they lost their lives in the process. So, the planet was vacated because 52% of the population decided that was appropriate.

The 47% that was part of the college for expanded awareness and consciousness voted against it and you were taken from there, put into suspended animation were they said; "we will show you these virtual realities so that when you get to the planet you are going to be on, you'll know everything about it and you'll be able to step right off this ship and get to work doing consciousness. They were lying.

What they really did was install vibrational virtual reality systems in your bodies to make sure that you would be able to be controlled. They installed something that made density more real than space. As part of the college for expanded awareness and consciousness you were told that your knowing was responsible for causing grievous harm to the majority and you were sentenced to never know again in totality, until you could prove that you had made up for the damage done.

Same thing with your receiving. You were told that receiving, that terrible, heinous receiving without the sex and no-sex point of view, your terrible heinous knowing without the point of view of thinking, your terrible heinous being without the point of view of emotions, and your terrible heinous perceiving without the point of view of feelings as significance caused all the destruction that occurred on the planet and you were wrong, and you were sentenced to never perceive, know, receive or ever be infinite again.

Everywhere you decided, hey good idea, I'll align and agree with that or anything other than that is a very interesting point of view, I'm not buying it. Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you know, even if you feel a little different than you do, claim and own the totality of your knowing, your perceiving, your being and your receiving and your infiniteness please? No matter what it takes? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Those of you who locked yourself away, secreted yourself away from the awareness. The college for expanded awareness and consciousness knew that consciousness would have to be hidden because the college of judges and the techies did not want it to be known that they did everything they could to eradicate consciousness and awareness. The college for expanded awareness and consciousness knew; if we don't hide consciousness it is going to be eradicated. It will cease to exist. How many of you know that your job here is actually to awaken consciousness? How many of you know that no matter what your life looked like before I asked you that sentence; that none the less it is true for you somewhere, somehow? Everything you have done to deny it, to hide it from you, to destroy it, to annihilate it, to eradicate it as though that actually could exist; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and let you know it, perceive it, be it and receive it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Thank you. So the Techies took everyone off the planet, they mined the planet for it's gold and literally mined it out of existence and stole it all; which is what they wanted in the first place.

The other thing they wanted was to bring humanoids to places like earth, were the humans were already there so they could create a smarter breeding stock. Because the humans do one thing and that is consume in addition to judge. They do two things really well, they judge and they consume. That is what they are really good at. It is the humans on the planet that are willing to consume everything, leave nothing and still expect there to be more; even if they have to take it from you. So you were brought here as smarter breeding stock for the humans, so that they would not consume the planet nearly as quickly.

They told you the purpose of bringing you here was to facilitate consciousness. Do the humans desire consciousness? No. But they also put in these prime directives. Number one was; if you ever show more power or potency than any human, you violate the prime directive and you will be ejected. You won't be able to fulfill your mission if you ever show the true power and potency you have available. Number two, if you ever change too much, you will be ejected and will not be able to fulfill it. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

She asked why we would choose to come here. After you made the choice to come here you were on the circle of life. The cycle of life were you had to embody and come back to a body and embody. Sort of the only way out is to get in total allowance of everything, which will allow you to actually have choice. If you die, if your body dies and you have any point of view, you have to come back and get


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another one. Everything that brought up will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So how many of you know that now is the time for you to awaken the consciousness you are? Everything you have done to lock that up, every key to consciousness that you are, will you now put the locks and the keys and allow the potency and consciousness of you to be in totality please? Thank you, **right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I guess it was appropriate – we were running the process of generation, change and transformation when that came up.

**Have you been unwilling to acknowledge that you are actually here to facilitate consciousness?** Have you looked at your life and gone; "oh, I need to handle this and I need to handle this and I need to handle this;" yet the only time when you were truly happy is when you were choosing anything that felt more conscious. Have you noticed? Isn't that weird? And yet, when you leave this room you are going to try your hardest to go back and believe that your reason here is to live your life and have enough money to pay rent and food. Okay, your choice. Don't say I didn't suggest a different possibility. But I'm probably wrong. Everything that is, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## The one thing you are unwilling to let go of – keeps you connected to supermind

I've been traveling with Dain for some time now and he seems to go through these periods where he is suddenly impelled to have a woman in his life. Like, he's got to have sex. So this morning I asked; "what if you were willing to give up having sex with women?" He said; "oh my god, I would actually be free." So I said; "oh, the one thing you are not willing to let go of is the one thing that ties you permanently to the supermind."

**So what is it you are not willing to let go of, absolutely unwilling to let go of, that if you let go of it, would disconnect you from the supermind?**

Money? You are not willing to be without it, you are not willing to be insecure, not willing to have no reference points, not willing to have no mate – everything you are not willing to let go of that keeps you tied to the supermind, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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**What is the one thing you are absolutely unwilling to let go of, that guarantees you will stay connected to the supermind?**

Powerlessness, judgment, need to be seen, being alone, anger, relationship. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So is it unwilling to let go of anger, or unwilling to let go of your relationship? In order to let go of the anger you would have to let go of the relationship. Remember "relationship" is the distance between two objects. If you destroy and uncreate your relationship every morning, then you will no longer have a relationship and whatever you have with one another you will have to create. *Yes.* Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

An infinite being doesn't require anything. An infinite being doesn't require money, doesn't require anything. As long as you have something you are refusing to let go of you will remain connected to the supermind.

**What is the one thing you refuse to let go of, that if you would let go of it, would let go of the supermind?**

Being right. Being the saboteur. My view of myself.

*If I divorce the supermind what will my alimony be?*

Your alimony will be total freedom and the need to actually generate your own life and to generate it with joy.

*I don't know what that feels like.*

I know, so you'd rather stay with the supermind. Most of you would rather keep the supermind than be anchorless in the world. You are not willing to give up your anchors. "It's safe to have an anchor, cause even in a storm the anchor will only blow away if it's a really bad one." How many anchors would you have to give up to have you instead of the supermind? You can't give up all of them. You can only give up 10%. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Copulation is an anchor. Copulation is a buy back into the supermind. It is the hook that the supermind uses to always bring you back. How it works is, what you are unwilling to let go of becomes the place where the supermind can always re-connect.


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*It is the unwillingness to let go of it, it is not the copulation itself.*

No, it's not the copulation itself. It's the unwillingness. I said to Dain; "what if you gave up having to have sex with women; would it create something different? Would it create at least not choosing the same kind of women?"

Did you ever notice that whatever your relationship is, you tend to choose someone who is just like the last one you had? You don't choose differently. They are different bodies but they have the same characteristics. Why is that? Why do they have the same characteristics? Because that is the supermind impelling you to choose the same kind of person so you will maintain your connection to the supermind.

You'd have to give up all your memories and the past.

You'd have to give up your misery which loves company. "Misery loves company" is a truth in that when you are that miserable, the only company you have is you and you're the only one who can love how miserable you really are. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**What are you absolutely refusing to let go of, that if you would let go of it, would let the supermind dissipate from you?**

Control, judgment, attachments, family, guilt, fear, being at war, limitations of the body, form and structure, traditions, religion. All of those things are the anchor points for the supermind. Everything that is and everything that anchors you to the supermind, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**The supermind seems to be the primary source for maintaining the value of polarity.** Somehow, in all the years I've been ding this I've been trying to facilitate people to see that they don't have to hold on to polarity, that polarity is not really the source of their reality. Judgment is what we think is necessary for creation. We think here that judgment and conclusion are the sources of creation and they are actually the sources of connection to the supermind. You use the supermind to create the limited point of view that you can create from. That limited point of view of generative capacity occurs based on the supermind. It is the polarity, the linearity, it's the sameness of things that people are always trying to choose; that actually are not a necessity. Everything you have done, everything you have decided you can't possibly let go of, because if you did your whole life would disintegrate, and it would – the life you currently have would disintegrate. The life you have always wanted would generate. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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You don't want to let go of the supermind because you think your life would disintegrate. It would. The life you currently have that doesn't work would disintegrate. The life you've always desired would actually generate.

**The supermind is the destruct universe** because it only allows you to advance in small degrees. You have only these small integers of change and advancement that can occur because they are based on everyone else's willingness to advance. So when the majority of the world wants to change nothing, how much advancement can you make in your own life? Not much. Only in times of huge change, can people change hugely. Unfortunately you all think there is no change occurring. There is huge change occurring right now that the government and everybody is trying to get you not to look at. The supermind doesn't want you to look at it either, because then you might change enough to get free of it. Its' job is to keep you interconnected with everyone else, to keep you in the collective.

*Most of my life I feel like I am always bumping into walls.*

That is the thing about the supermind, it is the ceiling you never seem to be able to get beyond. It's the wall you bump into at every turn. You're going 90 miles per hour and everything seems to be opening up for you and all the sudden there is a brick wall you slam into and you go; "fuck, where did that come from?" That is what it is, that is what it creates.

In healing sessions, you will step into the supermind because it will tell you; *"you can't heal that."* or it will tell you; *"you can't succeed here."* That concrete bunker you come against that you feel like you can't change anything is the supermind. So with Dain when this came up in the ordainments he found that the healing was limited by what the supermind would allow the person to receive. All of your receiving, every receiving issue you have; weather it's sex, copulation, money, adoration, success, whatever it is – all of those things are a result of the supermind. The supermind, the moment you get close to it, it creates a barrier or wall to you having it. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I think amorant behaviors and that kind of stuff were distracters, they were elements created outside the supermind to keep us from getting to the supermind. Decoys. The – look over here, not at this other thing. There is not elephant over there, you are wrong, look over here. Look at this kangaroo instead.

**Those things that we wont' let go of is what hooks us back in.**


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You will not give up being straight. If you will not give up being straight, you will always hear comments about how you look gay, act gay, talk gay or something else. That is the supermind telling you that is the way it is. If you give up being straight it doesn't mean you have to go out and copulate with men, you still have choice. But you have to be willing to give up the idea that you are straight; because you have created the illusion that you are straight. Is it a truth or is it a choice? It's a choice. "I'm straight today, maybe I won't be tomorrow. I'll find out tomorrow." Everything you have done to define yourself as straight, as gay, as tri-sexual (you'll try anything), bi-sexual (you'll buy anything), will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**What are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing to let go of, that if you would let go of it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite freedom from supermind?**

This reality, everything, anything. A long time ago I said if you are willing to let go of everything you can have everything. I didn't say you have to give everything up. I said you have to be ***willing*** to let go of everything and nothing has any credence in your life, nothing is more valuable, nothing will control you. "Well I'm not letting go of everything, I don't care what you say. And I'm not giving it to you." I didn't ask you to fucking give it to me.

That place in your closet, the unfinished projects, the; "I'll get to it later" those are things you will not let go of. Those are things you will not let go of. You will not let go of the junk store called your life. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**What are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing to give up, that if you truly gave it up, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite eradication and elimination of all hooks and anchors to supermind?** Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

My chance for greatness. The rods and reels of this reality. My whole view of everything. I have no view point. All I get to see is what I get to see, when I get to see it, if I get to see it. As a result people always say I'm right. No, I'm just aware. I' never right. I don't want to be right, thank you very much. That requires huge amounts of judgment. Do I need to judge? No thanks – supermind.

Everything of this reality that you are unwilling to give up is what traps you in the supermind.


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Your image or persona, you don't want to give that up. I have no image, I have no persona; I have no fucking clue who I am. I truly have no fucking clue who I am. People say to me; "you are this." "Okay." "You are this." "Okay." Does it mean anything to me? No. Is it really how I see myself? No. But if you see me that way, more power to you. More supermind to you.

*Incarnation. That is a trap because it's an integer of time, if I don't do it this time I'm coming back. That is how we can do it slowly so you can change slowly.*

Come back and do it again and get it right next time because you got it wrong this time. All supermind points of view.

Everything you have done to make yourself subject to the supermind through hear no evil, speak no evil, see no evil, though being a monkey, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

All thoughts, feelings and emotions are the supermind. It is the collective thoughts, it's the interconnectedness of all people, and it's the thoughts of all the people the supermind use to try and connect you in, through all those same thoughts it has and that the people are having in different locations that it tries to connect you back in with. It is the source of all thoughts, feeling, emotions and no sex – is the supermind. Yes, it's like the Borg. So "return to sender" disconnects you momentarily until it finds another place to hook you in and brings it all back.

The mind is the program for the supermind, it's a programming system. You program it yourself through your own mind.

"I want to do this right" is a judgment. Everything the supermind does is to get you to do decision, judgment or conclusion, which gives it the hooks to control you more.

*"How does it get any better than this?" is one of my favorite questions, when we make a statement instead, is that a supermind distraction?*

Yes because the supermind can't stand when you ask a question like; "how does it get any better than this?" It does not compute, does not know what to do with it and it just fries its circuitry. It is a tenacious little fucker, yes.

*It sounds like an auto destructive mechanism we have inside, something automatic.*

It's automatic. I don't think that somewhere we thought is was destructive. I think we somehow thought it was an automatic create system; which is why I think we


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bought I as a good idea. It is like a drug that hooks you in all the time because it always creates the familiar feeling, the place you are used to. You don't feel uncomfortable as long as the supermind is around. The discomfort that most of you avoid like the plague is based on the supermind going; "you are going to be uncomfortable if you do that. That is going to hurt, don't do that." It is like an over zealous parent that takes care of you. Keeps you under control, keeps you in the right place.

*How come the supermind seems like too powerful to overcome or destroy it?*

It's not.

*How come we can't POD-POC it?*

Because you won't let go of everything. Let me ask you something; truth, would you be willing to give up your penis? That would be a no Bob. That is why you can't get rid of the supermind, because there is some things you won't let go of.

*There are other ways.*

See, you are still not willing to give it up. You have got to be *willing* to give up everything. I mean fucking everything. There is always some place where you say I will give up everything, except _____. And that hooks you right back in and that's what the supermind wants is the ability to hook you back in one way or another so that you are in the collective unconsciousness, so you are in part of that which is the limitation of this reality and you can not get out of it until you are willing to let go of everything.

*Have we misidentified because of the supermind what care is?*

No, you have chosen not to care.

*Is the supermind telling us it's not possible to give it up?*

No, it knows the one thing you are not willing to give up and says; "if you give me up, you'll give up that too." And since you won't give up that, you won't give up the supermind either.

*When people are addicted to something like drinking, is the supermind what keeps them doing it, even when it's destroying their life or body?*

Partly supermind, yes. Supermind encourages it. The rest is a choice. If they chose to give it up, then the supermind would keep telling them to go back to it. if they


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made a demand; "no, no matter what it fucking takes I'm not going back ever again," they wouldn't.

That is the difference. Most people are hooked on the supermind and don't care, don't know and they are just fine feeling the way they feel all the time, just the same. Sameness is more important in this reality than difference. Difference is the primary crime in this reality.

When you are willing to acknowledge what that one thing is that you have been refusing to give up, then you will be free forever. If I tell you, you will be free temporarily. Because if I tell you, you will hear all the doubt. It doesn't matter if you know it is the supermind telling you to doubt it. Only if you know it will you give it up.

Jesus was not part of the supermind. Everyone who has tried to create change on this planet has been disconnected from the supermind.

*You are talking about the same thing Jesus said of you have to give it all up to have it all, you have to loose it all to have it all?*

Yes. He said; "if you would have your life, you must give it up." If you would have the generative life you would truly like to have, you must give up the limited life you are currently having.

*It doesn't mean die.*

Who knows what it means. But, would you be willing to die if that is what it took? No matter what, you have got to be willing to do ***whatever*** it takes. "I'm going to have a generative life, not a normal life, no matter what it takes." That is the problem with these classes, you get some body processes under your belt, you start asking these questions and suddenly you find you can't do what is going to destroy you and the planet. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Answer creates the supermind of this reality

The majority of what we have here is the result of the chain linking of answers that people have done, none of which is true, which creates the supermind of this reality. It is time to remove the supermind.

How much of your life have you chain linked into existence as supermind with the answers – time, dimension, and reality? Those are all answers. None of those is


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space. "My reality is…" Is that a truth? Or a decision? "The time is right." Is that reality, decision, or judgment? All of the above.

All answers are linked. You chain link it together until it becomes armor plating. This is how you create a sense of no choice. No movement is possible. They have chain linked so many answers into existence. When people get older to the point where they cannot move their bodies, all the flexibility ceases to exist in favor of the chain link of time, dimension and reality. Some people move their body as though they are moving inside something. Linking these answers to lock your body into solidity. What would it be like to allow your body to move toward space?

We have an answer. We link it to something. People assume question leads to answer, not question opens the door to infinite possibilities. What if the world had no answers – just question after question after question? Would that be easier or more difficult? You couldn't live in this reality by everyone else's standards.

This reality is changing. As it changes, it's going to become more difficult to live by the answers of the past. If you are not able to live as the questions, you will be washed away in the tsunamis. If people are not willing to see what their choice creates as a future potential, they will destroy themselves and everyone around them.

People come to judgments and conclusions as a way of separating from others. In this reality everything is about the distance between you and others.

Every time you come to a conclusion, you try to make your point of view right, which all chain links to other lifetimes, which creates the supermind. You create all this chain linking as though by being invincible and not vulnerable, you could never be hurt. Could an infinite being be hurt? What would you have to create yourself as in order to be hurt? Finite and puny.

In order to create a right answer, you have to create a judgment. Then you make the decision you've decided you have to come to in order to have an answer you've decided is right. Answers to create the future you've decided you would like to have, which has nothing to do with what you could generate. You lock all that into your body and lock yourself into these answers. You link together these answers as though they are choice. That's how you know what to choose from the supermind.

Humans create from "I can't afford it," as their basic point of view. Does that create more possibility or less? Have you ever chain linked your poverty together? How much have you chain linked together as love that eliminates money but embodies supermind?


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How many answers have you created in order to chain link you to reality and supermind? In the past, you chain linked your answers together to create the solidity of you as though that is you. What would it be like to be space all the time instead of a solid pile of debris? You misapply and misidentify that you are not present when you are space. As space you are present because you can receive everything.

Are you looking for the answer or are you in the question of what you can add to your life? How many answers would you have to give up in order to eliminate the constant search? Would you like to give up the search for your career? What if you had no career and just had a life?

You keep looking for the answer of what it's going to be like, instead of going, *"OK universe, I trust that my life is going to be phenomenal and I'm going to have amazing stuff show up for me. Who do I talk to? Where do I go?"* What if you lived your life like that? Hey, universe, I know amazing stuff is going to show up and my life is going to be phenomenal, who do I talk to? Where to I go to have that happen? Point me in the direction.

*How do I know if it is an awareness or an answer?*

As you start to disconnect from the supermind more you will start to know the difference.

**The people who do this the most dynamically and most well and live their lives according to it, you consider the smartest.** Like college professors; *"this is the way it is, and I studied it to prove that this is the way it is, and I am really good at studying it to prove that this is the way it is, because it's the way it is. No, it is the way it is. Really, it's the way it is. I've studied it, I know I have no emotions, I have no connection to my body, the only sex I have is beyond perverted and I won't tell you about it because that is the only thing that can get in and turn me on. But I am a Nobel prize winner, that is the way it is."* Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Get this; the people who do supermind as the right answer with the most density you consider the most real and the most aware.**

The supermind is the chain linking of this reality, it's the armor plating of this reality; so it keeps you stuck to it. As "the chain-linking of answers as the armored plating of this reality" disappeared the supermind was exposed.

It is the point of view that there is something bullet proof about being in this reality. That if you can truly be in every aspect of this reality you'll have the


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rightness of your point of view and you are right because you are more human if you do so.

The chain linking of this reality is designed to create you as more human than humanoid, and that being anything other than human is an insanity.

## Punishment And Reward

What creation of punishment and reward as the fate, destiny and source of life without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and infinite awareness of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

(Run this process with body stuff and with addiction)

Are you aware that this whole reality is based on the criterion of punishment and reward? How much of your life do you choose based on avoiding punishment?

Embodiment as a punishment. How many of you consider your body as a punishment? How many of you have been told that your body is a punishment. Every church, cult and religion in this society tells you that your body is punishment. Every one. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And therefore you are worth of punishment because it is a punishable offense to have a body.

Creating your body as a punishment. That is the difference between generating your body and creating your body. When you create your body, you must have a judgment. Judgment is the source of creation in this reality.

Thoughts, feelings and emotions; how many of you realize you are addicted to your thoughts, feelings and emotions? Everything you have done to create that addiction as more real than you, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Never knowing you as you. Are you avoiding punishment by never being you? Are you seeking reward by never being you? Because you think if you be what someone wants you to be, you will be rewarded, they'll like you, they won't punish you. What punishment are you doing of you in that process? It is called constant


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states of invalidation of self. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Buying the lie that you don't have choice. Fate and destiny are the no-choice positions. Of course the supermind doesn't tell you, you have no choice, does it? Or does it always tell you, you have no choice but ____. Isn't it interesting; "you have no choice, *but.*" I always told you anything that came before but is eradicated. But, you don't listen to that. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*I had lots of options last night and I was asking what's required of me? And was having difficulty having clarity of what to choose.*

It's not "what is required of me?" It's; "what do I choose for me?" You need to ask; "what is the rewarding choice for me?" The thing is you never consider you 90% of the time. You consider what other people need, want or desire. "What is a rewarding choice for you?" is a different possibility.

This is a process to use for the next few months. Whenever you are going to make a choice, ask whether it is based on punishment and reward. Punishment and reward are finite concepts – as though those are the only choices they are. The third choice is avoiding punishment, as though that's preferable to punishment or reward. Punishment and reward are the basis of polarity – the basis of the rightness and wrongness of things. With punishment and reward, you keep yourself in a constant state of judgment of whether or not you will get the punishment or the reward.

The reality is, if you wish to have an expanding life, you have to ask: ***"What choice would be rewarding?"***

**Punishment** and **reward** are based on the exclusion of all other points of view in order to try and have the punishment, the reward, or the avoiding of punishment. **Rewarding** includes all points of view and still allows you to choose for you.

Every choice made from that which is rewarding expands your life exponentially. A rewarding choice means I get to see what everybody else needs or wants from me, as well as what I want and need from me. Rewarding is a source for generation. If we choose rewarding choices, we start to generate our lives.

Once you get past punishment and reward. Because we usually try to avoid punishment. 99% of what we do in life is to avoid punishment and the supermind feeds that non-stop. That is what you have based as the source of life, avoidance of punishment and seeking of reward. Except, we seldom find a reward. As Dain mentioned, $10,000 dead or alive is the reward on your head. It's not like you get


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something great for the choices you make. You always think – well, that didn't turn out nearly as well as I thought it was going to, but. Then you punish yourself. Or, I'll pretend it didn't really turn out as great as I thought, so nobody will know that it turned out great, as long as nobody knows how great it turned out then nobody will try to take it away from me. Which is once again, avoiding punishment.

Like someone says they have a money problem and they'll tell someone. Then that other person will say they have one too to beat them at having a money problem. You have two aces? I have three aces, my money problem is worse than your money problem.

## Punishment And Reward- rewarding choice

What creation of punishment and reward as the fate, destiny and source of life without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and infinite awareness of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Are you aware that this whole reality is based on the criterion of punishment and reward? How much of your life do you choose based on avoiding punishment?

The questions that you want to ask from now on is; "am I doing this for reward? Am I doing it to avoid punishment? Or, Is this rewarding?" A rewarding choice is like a generative choice. It will continue to create more possibility in the future and rewarding takes into account you and the entire universe.

This is a process to use for the next few months. Whenever you are going to make a choice, ask whether it is based on punishment and reward. Punishment and reward are finite concepts – as though those are the only choices they are. The third choice is avoiding punishment, as though that's preferable to punishment or reward. Punishment and reward are the basis of polarity – the basis of the rightness and wrongness of things. With punishment and reward, you keep yourself in a constant state of judgment of whether or not you will get the punishment or the reward.

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## Interconnectedness or Oneness?

The **supermind** is the source of interconnectedness, which is a misidentification and misapplication of oneness. Interconnectedness is ***not*** oneness. "Interconnectedness" is the human approximation of oneness.

This is the substitute of interconnectedness as oneness. This keeps you interconnected with everybody else, rather than in oneness, which includes everybody without an ounce of judgment. This keeps you interconnected, but it's always a judgment of how close you are to one another, which is what relationship, friendship, and all that stuff.

**The supermind is the source for the commonality of purpose, thoughts, feelings, and emotions, and the collective unconsciousness on this planet. It's the source for the collective everything.** The supermind is basically as near as we can figure to the matrix. It is what has us sharing the thoughts, feelings, emotions, and no-sex of this reality as though it is ours. It is what keeps us doing two steps forward and one step back. The integers of change can only be limited. You are not allowed to change beyond the limits of this reality. It is the definition of everything that is considered good here.

It's a collective mind, so each person sees from their own place, yet all those perceptions go into the collective as though they are one. The supermind is the one that keeps all of us feeling like we're connected. When you feel connected and comfortable with certain people, they have a similar connection to the supermind. It is probably the basis of the comfort zone.

The supermind is the collective point of view (the collective consciousness – which is more like the collective ***un***consciousness). We all try to align and agree with that point of view in order to make things work.

The supermind connects to everybody. The idea is that you have to have the supermind to have connection. And connection is more important to you than having you as different as you truly are, and choosing space, and choosing awareness, and choosing allowance, and choosing consciousness. It's more important to you feel like everybody else.


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Everything that tells you it has the path, is telling you, "Come back here and we will get you back to the supermind."

Notice everything that is connected to the supermind is considered good here. It is what everyone says is good. Family, relationship, children, money, stocks, bonds, portfolios, getting by, retirement; all of those are the good things of life. Being a size three. It is the standards with which you can judge yourself constantly.

Would you rather die than lose the supermind? Would you rather die than lose your connection to others? Have you ever said that you felt like you don't have a connection to people? Who is creating the point of view that you don't have a connection to people – you or the supermind? The supermind keeps you wanting to achieve connection and keeps you believing you have no connection. Do you seek awareness then or do you seek connection? You seek connection, as long as it keeps you seeking to be connected by telling you that you are not connected. How can an OCD person not be connected? You have the ability to pick up the thoughts, feelings and emotions of everyone within a billion miles of you, yet you have the point of view that you are not connected. How can that be real? Can it – or is it the supermind talking to you? Everything you have done to make you not connected, not oneness because of the supermind, will you destroy and uncreate all that? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The supermind tells you this is the way to maintain your interconnectedness with others. The sense that you're going to be all alone, and that it's a bad thing to be alone, has got to be part of the interior function of this supermind, because we always try to avoid being alone. We always try to find ways to get more connected to people, rather than realizing that, in oneness, you are connected to everyone and everything. There is no separation when you're in oneness.

Awareness doesn't have anything except space. When you are being energy, space, and consciousness, you are aware of everything. You don't have to see something to be aware of what is. But the supermind gets you to not trust your body.

An infinite being would have connection to everything and everyone. When you're doing finite beingness, you feel disconnected – not really a possibility. As an infinite being, you're connected to everyone and everything and you know everything, and you're always aware, but not always right. You are connected when you're aware. You have to refuse awareness to feel disconnected.

*The point of the supermind wanting us to align and agree and not choose anything else is to perpetuate itself and feed itself?*

Yes, to feed itself and perpetuate itself, that is it's purpose. That is the sum total of it's purpose.


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The more we all disconnect from it, the more we will be able to see it and have an effect on it. We are already slowing it down by coming and doing Access. The moment you do Access you slow it down, then pretty soon it begins to fall apart.

*Do we have an agreement with it?*

I'm not sure if we have an agreement with it or if it is just a habit that we have developed over lifetimes. It's kind of like the place were you just didn't want to deal with this reality so you just rest. The best way I can describe it is; it's sort of like in the matrix, where the guy chose to have steak because the taste of steak was more important than being free. You'd rather have the illusion of that this is real rather than know that none of this is real. The freedom that is available if you let this thing go is beyond your wildest imagination, but you would rather go back to what you know.

*Is this the thing that keeps us from getting that what we are is actually space and consciousness? This is like taking the place of that and we think – "oh, this is it," but is in fact supermind.*

"This feels real."

*So we don't look for space and consciousness any longer because we think we have it?*

Yes. As soon as you *think you have it*, you are back in the supermind and you don't have it.

There is a similarity to computers or the internet in the way in which it connects without having a connection, that creates and interconnection that you don't know how it exists. They don't know how the internet works, they just know that all these connections go back and forth and you can access all kinds of stuff and they don't know how that occurs. They can not scientifically prove why it occurs; yet they would never consider that they have created a consciousness of its own.

Some of you are dedicating your life to the supermind. All of your oaths, vows, fealties, comealties, swearings and commitments to the supermind, for all eternity; will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it 1% of them? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you let go of the supermind that keeps you being other people rather than being you? Everything you have done to make yourself into somebody you are not, will you destroy and uncreate it all that? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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You created it. You went; "if I twist into her limitation and she twists into my limitation, then we'll have oneness. Did you misidentify and misapply this as oneness? *Yes*. And as the connection you have will all beings? *Yes*. Will you claim, own and acknowledge that you were not very bright at the time and still aren't? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have misidentified and misapplied sex, sexuality and copulation as oneness. It's false connections. And that if you didn't have sexuality, you wouldn't have connection to anyone. Basically what this is telling you is if you didn't have a connection through limitation, judgment, fixed point of view and answer; there would be no connection. A connection based on space and loveliness, a connection based on joy and sexualness, a connection based on possibility and generation is no connection at all, according to all of you and according to the supermind. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all and acknowledge you are not very bright? Thank you. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Is this mass unconsciousness, or the supermind is it like having a relationship to everybody? But the opposite is to unplug from the matrix and then we are all actually in oneness?*

Yes.

*With many in Access it becomes a "community" and a social circle instead of oneness.*

Yes, because what do you do in community? It's like a family but you're not related by blood. You have the same judgments of people as you do in your family. You have the same separations that you create. You have the same non-allowance. And if you don't feel like you're part of that community, you're fucked. You exclude you, or everybody else excludes you, because you don't fit in. **That is not oneness**. In oneness there is no separation. But how much of the creation of community is actually supermind? All of it.

The pretense of oneness is based on the idea of connection. The supermind creates this place where you believe you have to maintain a connection with people by being like them or less than them. So if you're willing to say, 'that doesn't work for me' and function from interesting point of view; when you say that, you're not functioning from the supermind.

How many of you feel like you have stepped out of the collective viewpoints since you have been doing Access? The more you have stepped out of it, has your life gotten better, faster, easier, more dynamic, and changed a lot? And yet something keeps trying to draw you back into this collective point of view. You keep trying to see the rightness of it, because it's designed to show you that it is the way.


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Everything that tells you it has the path is telling you, "Come back here and we will get you back to the supermind."

Fortunately, we all have a different choice available in each 10 seconds.

*What about having connection?*

Would an infinite being not have connection to everything and everyone? An infinite being would have connection to everyone and everything. When you are doing finite beingness you feel like you are disconnected and like you have no connection. Not really a possibility. As an infinite being you are connected to everyone and everything and you know everything, and you are always aware but not always right.

*Being connected does not mean you take on their shit.*

Yes, being connected does not mean you take it on. With the interconnectedness and this collective unconsciousness that is so wonderfully thrilling here. You are connected when you are aware. When you refuse to be aware you feel disconnected. You have to refuse awareness to feel disconnected. Awareness just is.

Is separation true or is it something that is enforced by the supermind? Enforced by the supermind. But you buy it and then you share it with other people as though it is the only possibility that can exist.

How much have you done to do it like everybody else does? How many points of view do you have that you aren't even willing to be aware that you have, that you have to do it like anybody else does? If you have ever looked at the stock market and said; "I can't make lots of money there, because..." You are doing it like everybody else does. If you look at the economy and go' "oh my god, we are going into a recession, I'm going to have no money now. Or, things are going to get tough. Or, things are going to dry up." You are doing it like everybody else does. **What if there were a different option available? That is what this process is about. That is what this class is about. You actually having different choices and options available then other people are willing to have. Then they are willing to choose. If they were willing to have it and choose it, they would be in this room right now.**

Notice the wonderful lightness I engendered when I said "recession." What if it were all just an interesting point of view? What if, in looking at it you were willing to be the energy, space and consciousness required to create a different result. What if in looking at your 401k that you have built your nest egg on you asked; "what energy, space and consciousness would I have to be to have my money multiply so much I could never count or spend it?" That is asking a question that is


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actually putting your beingness to work and it is beyond the supermind. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

If when I say that you say; "oh hallelujah, yeah, alright" that is you. If shortly after that you say; "oh, could that really happen?" how much of that is the supermind? A little, a lot or all of it? All of it, and you have fed it. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*When you say integers, I keep seeing this like dead end that you drop down into.*

How many of these places in your life that you look at and get this freeze up about, are like this dead end that you can't drop into, how much of that is created and mitigated by the supermind? A little, a lot or all of it? All of it. **So here is what you do with the supermind, you ask; "me or supermind?" "Is this mine or supermind?" or "how much of this is created by the supermind, a lot, a little or all of it? Everything that is connected to that, everything that makes me buy that as real or true and the only choice, and everything I have done to connect myself to it; revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

And step away from the supermind.

Literally it's about recognizing this thing is there, it's whispering in your ear continuously like a benevolent friend, as though it has your best interest at heart, as you created it in the first place to do just that. To be the autopilot system for you life, when you realize you are running on auto pilot and it's running you; you POD and POC all that shit, step away from the supermind and one more thing….everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be. (repeat over and over until you are disconnected from the supermind, usually 3-10 times.) think I dare you!

*What is the origin of the supermind?*

I don't have a good answer for you. Her mom, thank you. (the mom of an audience member, now we know, thanks we can carry on.) Every time we stop to take a look at it, it moves, it disappears. You know in "The Matrix" how they have those things with the tentacles on them? They reach out and grab you, basically that is what it does is it reaches out and grabs you but every time you go to look at it, it goes away. The ability to see it goes away.


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How many of you have been creators of the supermind? How many of you have parts that you are holding in existence, that you are actually refusing to let go of? How many of you had your parents create them and you are also a creator of them, but you are holding on to them under the guise that if you will give that up you will loose your connection to your family? You will loose your connection to your church, you will loose your connection to your spirituality, you'll loose your connection to the significance of life, you'll loose your connection to your relationship, you'll loose your connection, you'll loose your connection, you'll loose your connection? It that true or will you actually loose *this realities sense of connection* and have a greater sense of oneness? Truth, everything that you have created that allows this to exist, truth, will you please revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it now so you can have some more freedom? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Notice the space in the room. Is there actually something called nothing going on in your head right now? Would you be willing to have more nothing going on in your head? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Here is what happens, **the supermind is what you consider your source of connection to everyone,** to everything and to this reality. It is part of what creates you believing that the thoughts, feelings and emotions you perceive in the world are yours. It is part of what doesn't allow you to know that it's something you perceive, and not something you are having, and not something you are. What it tells you is; *"you know what, the worst thing in the world would be to loose connection with these people. You don't want to get too big and too much space because if you do, you'll loose connection with people and that would be terrible. I've got your back, come on, I'm looking out for you, come on, let's go back to the place we were before because then people can find us. Without that they won't even be able to find you."* everything you have done to make that more real than having you, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Would you be willing to not be "found" in the same way as you were in the past? I've had the experience personally of doing an Access class or process and having an awareness while I was doing this stuff and I changed dynamically right then. Have you ever had that happen? You were a different person and you had this awareness and it was like; "wow, I can't go back to being the same person" I've had the experience where that has occurred then I felt "separated" from other people, like there was more distance between us. What I realized finally after this happening maybe 30 – 40 – 50 times and going back to create what I had just let go of so I could have the same sense of connection. What I realized was that that sense of connection was based on all these fixed points of view that we had in common.


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That it was actually the limitations we had in common that made us feel more connected. So when I let go of my side of the limitations I felt less connected to this person because I couldn't connect based on our judgments of the things we had in common any more. So I was actually freer, I had more space but I felt less connected because I wasn't connected from the same place any more; because I couldn't. Have you ever had that experience? Would you be willing to actually have the change of you, even if it meant you weren't connected to people in the same way? That there is actually a different possibility available. Thank you, everything that doesn't allow that, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Are you aware that most people judge to create connection? They also judge to create separation. So where you fit based on separation or connection is based on your judgments and theirs.

They judge you; "oh my god, we have the same thing in common. You like El Caminos, I like El Caminos. Wow, we are destined to be together. You like silver pens, I like silver pens; we are destined to be together."

*That sounds like religion and politics.*

Yeah, and it is. And how much of religion and politics, how much of spirituality…St. George, one of the great homes of Mormonism, cool, okay maybe there is something else. Maybe I'll go do metaphysics or spirituality or psychology, or something else. Guess what, does spirituality tend to have a lot of significance and judgments associated with it? Yes. "Hello, my archangel can kick your archangels ass. Hello, my purple light will slice your green light in half. Hello, my white light is better than the elephant you put in the parking spot to save it. Hello! My patchouli incense is better than your sage you keep burning to try to kill the bad energies." People do spiritual fucking competition! Spirituality and metaphysics has become another form of religion. What is interesting is metaphysical people are some of the most cut throat people I have ever met. They are more cut throat than wall street stock brokers. They are like; "NO, THEY ARE MY PEOPLE! What do you mean you went and did a colonic, we were doing another kind of cleanse! What about my lemonade and maple syrup cleanse? Did you put the cayenne pepper in it? That is the reason it didn't work, you didn't put the cayenne pepper in it, why did you get a colonic, YOU DON"T NEED THAT! You are full of shit – I KNOW NOW, you didn't have to go get a colonic, I don't believe you would do such a thing! HOW COULD YOU DO THIS TO ME?"…"Whoa, I'm sorry; I thought you had my best interest at heart. Apparently you don't. Okay."

**Spirituality, metaphysics, how much of that is another religion?** Another way of separating and judging based on your superiority and their inferiority. Or in the


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case of most of you in this room, based on your inferiority and their superiority. You all know everybody has a better answer than you do, don't you? You need to work really hard, these other people get it really easy. You know their multiple wave lengths of light are going to heal them but it will never work for you. Everything that brought up, or let down in a manner of speaking, everything that did; how much of that was connected to the supermind? All of it. How much is spirituality and metaphysics connected to the supermind? All of it. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How much of competition is connected to the supermind? All of it. And it would have you cut your sister's heart out, rather than you actually get free. Because you have to prove the rightness of your point of view continuously. Most people would rather be right than free. Wherever you have done that or bought that, how much of that is connected to the supermind? All of it. How much of it have you bought from other people that that is the way to be in this world? "You know what, the way to do it is to judge and decide that you are right and then you won't have to look at anything else and you won't have to feel bad because you are actually wrong but if you can judge that you are right, then you will feel okay and never have to look at anything else and never have to see how actually wrong you are. So just prove to yourself that you are right at all cost, even while thinking that you are wrong." What? Know what I am talking about? Everything that brought up; notice the energy when I say that, or the energy that you can perceive in the room when I say that. It's the places that that has occurred for you or someone else, probably someone else. It's the places where you have taken or functioned from one side of this thing or anther that are coming up, but here is the thing. You actually have a different choice now, you actually have choice. This is were you actually get the choice to change it. That is what this clearing statement is about. Making a choice to change the choices you made in the past that were polarized and anti-conscious, that were going against consciousness, or were unconscious so you weren't aware of what was going on; as though you as an infinite being could be unaware – I perceive not. It actually give you the opportunity to change the choices that you've made, so you can choose something else now. Everything that brings up, everything that is connected to the supermind will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Will you step away from the supermind please?

There is another option, it's called consciousness. Consciousness includes spirituality. Does spirituality always include consciousness? No. Spirituality is often a source for judgment. I went into the kind of comic diatribe on it, but we have all experienced something like that in some way, yeah? This is not to say give


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up what is working for you. Consciousness includes everything, everything, and judges nothing. Consciousness strangely enough even includes your mother, but doesn't judge her. Consciousness includes all of your mothers and the mother fuckers in your life, and doesn't judge them. Would you be willing to allow yourself to have that sort of ease? Everything that is, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What the supermind would tell you is that you have to judge everyone and everything. That is what it says; *"no, you need to judge them. You need to find out what the right answer is."* The supermind is continually giving you the answer. As you start to function more from question, like "what else is possible?" the answer becomes less relevant and necessary because from question you can create infinite possibilities. From answer you can only create the possibility that your answer gave you. Does that make sense? If I decide that colonics are the only source for consciousness, that would be an answer right? They may be, who knows? But in that decision, you create a place where you are not willing to receive the rest of the world that might be able to facilitate consciousness. So what I am looking to do is to give you the place where you can look at something and go; **"is this actually making me feel heavier? Is this actually making me feel lighter? Am I choosing this because it is creating more possibilities in my life, or am I choosing this based on the supermind and based on having to have the answer?"** Everything that is, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*You were talking about when we perceive that change and it feels like that disconnect, so when that happens in the other person's universe, like my mother; if they go into fear, panic, trauma, drama when we are being that space; what do we do with that?*

There are a few things. Number one, you have to be willing to allow them to have their choice. How much of your connection to your mother is based on the supermind? It pretty much is the supermind. How much for all of you, do you allow your parents to be the reconnect to the supermind? When they have got a problem, or they call you and say; "I can't believe you are doing this! Why are you doing all this weird shit, you need to stop doing this weird shit." Or they call you just really screwed up and pathetic every single time you are starting to feel more like you. who is that one person in your life, or 3, or 5, or 10 that do that? Every time you are starting to feel more space they come up with some problem, some trauma and drama, some dilemma that you have to solve and handle? You know why? It's the supermind trying to reconnect you. It's their supermind. Your supermind is like; *"I don't know where he is, I can't find him. I don't know, he was here a minute ago. Now he is just too fucking big, I can't even see him, I can't solidify him, I can't identify him, I can't give him an answer."* So it goes out to al the other superminds and goes; "anybody know were my person is? Can you please re-connect them?" There


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superminds are like; *"oh I've got a good one, this person is totally under my control, watch this; trauma, drama, boo-hoo"* and they do everything they can to suck you back in. Good news it the superminds are willing to function together, what about us? They are like; "hey, can you help me out" "Yeah, no problem." "{Hey fuck with this person, get them to reconnect to the supermind." We are like; "oh no, I gotta do it all on my own." Everything that is, and how much of you have got to do it all on your own is the supermind?

You substitute connection from this reality for oneness.

Connection once again is based on the alignment and agreement that you have with someone or the resistance and reaction you have with them. The similar judgments, the similar fixed points of view, the ways you know you can push their buttons and they can push yours. That is connection.

What is oneness on the other hand? Get the energy of oneness. It's space, it's all that is. In oneness everything exists and nothing is judged. Which feels like more joy, more fun, more expansiveness to you? Oneness or connection based on supermind? Oneness, okay good, I'm in the right place. So everything that is, everything that you have done to eliminate, eradicate and decimate it as a possibility, anything you have ever created or generated in any lifetime that allows that to exist, and everything that you were refusing to generate that allows it to exist will you please revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

From here on out, it would probably be a good idea to ask; "Mine or supermind?"

What you are going to notice is that most of the heaviness's in your life are somehow connected to this thing. There is a lady who lives in Texas and she came out to the California class and got this supermind clearing and was like; "wow!" And she went home and she had broken up with her boyfriend a couple weeks before that, and he was still living in her apartment. She said; "look, you have got to go. It is not working for me any longer. It has been nice to provide you with a free place to stay but that is over now, bye." There was another class a few weeks later that I was doing and she came to the class. The class starts Friday night, she calls me Friday morning sobbing, crying; "this is so intense, I don't know what I am doing here, I should go home." Okay, this is a little intense. I asked her; "is this yours?" "no, but I don't know what to do." I say; "okay good, this isn't yours but you don't care. Okay, that is cool. I can get that." I ask; "okay, is any of this anyone you are close to?" "yes." "Anybody you have broken up with recently perhaps?" "yes, but what is going on?" "is any of this his supermind going into high gear, making him feel this way, because it knows that you care about him and are connected to him so you get to feel the same way?" "oh my god!" And instantly


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she was over it because she could realize what was actually going on. Same thing for you, if somebody tells you something and it's true for you; you can get over almost anything extremely quickly.

But what happens is the supermind activates to try to pull you back in. If you are not willing to ask the question, you are pretty much just willing to reconnect to the supermind.

*Is this mass unconsciousness, or the supermind is it like having a relationship to everybody? But the opposite is to unplug from the matrix and then we are all actually in oneness.*

Yes.

*In Soul Access it becomes a community and a social circle instead of oneness.* Yes because what do you do in community? Its like a family but you're not related by blood. You have the same judgments of people as you do in your family. You have the same separations that you create. You have the same non-allowance. And if you don't feel like you're part of that community, you're fucked. You exclude you or everybody else excludes you because you don't fit in. That is not oneness. In oneness there is no separation. But how much of the creation of community is actually supermind. All of it.

Now the way out of the supermind is not fighting it and killing it. That's how it gets stronger. Its why everything you resist and react to owns you. The only way out is by being in total allowance of you and of it and everyone else. So you're not resisting and reacting to anything. You can say, 'I'm going to choose not to be connected to the supermind. I'm going to step away from it.'

Community puts you back into the supermind which is the same thing you do with your family. Any alignment, any conclusion, any compilation, any decision, any judgment you cease to be as the being you are. You are now creating from point of view instead of space of you.

The work that I do with people with their bodies, I was doing a group of three and each person wanted to work on a different area. So I used all their energies to combine it to get rid of it for all three of them and it took about 10 minutes. Sessions usually last about an hour. Apparently the potency has increased. But there was this thing underneath for all of them that felt like this brick wall. No matter what I tried, I felt totally impotent to change it. Anywhere in your life where you feel totally impotent to change something, is that you or is that supermind? You think it's you but it's actually the supermind.

When you do alignment, agreement, resistance and reaction you are contributing to your stuckness in it.

*How do you get rid of that brick wall without doing separation?*


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Running these processes will start the processes of changing it. The other thing the supermind does it makes you feel like you're not part of the conversation that is going on. 'No I'm not part of this' is supermind. 'I've got to separate from these people' is supermind.

What if you actually knew there was a connection possible that was not through the supermind and that you didn't have to do it that way anymore? Would you be willing to have that? And will you embrace that please, whatever that is? Thank you, **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Will you acknowledge that you know it, even if it is not cognitive, thank you, and will you be that please for your life? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Would you be willing to ***be*** "everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be"? Did you try to come to some point of view about you?

## Limit of interconnectedness of supermind

Apparently, if you connect to 350,000 people, it disconnects you from the supermind. Because somewhere less than that is the limit of interconnectedness it can create. Beyond that, it can no longer follow where you are going.

## Supermind Governance Systems & Governance Entities

The supermind has governance systems connected to it. There are governance systems and we found at one point something called "Governance Entities"; where there would be something whispering in your ear; "this is the way it is. You have changed too much, you have to slow down" and it would actually answer to "entity." The governance entities are entities that are created, connected to, and run through the supermind. They are these entities that everyone has with them, apparently. For example, if you go through a major change, and then think, "My whole life has been a waste," are those governance entities? They are designed to make you reconnect yourself to the supermind.

The change from creation to generation, created a huge change in Access. Now, when we go through a major change, we noticed that huge amounts of people leave Access. Sometimes 20-30% of the people leave. Why? Because, they don't want that particular thing to change in their lives. When we got to the supermind


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we realized that there were governance entities attached to people, designed to reconnect people to the supermind.

How many governance systems do you have based on the supermind and installed by or connected to and how many governance entities do you have telling you who, what, where, why, when and how you can not be, perceive, know and receive? All the governance systems, all the governance entities, all the ones you created, all the ones you bought, all the ones you connected to from others; will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

All the governance entities you are connected to, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate everything you aligned and agreed with or resisted and reacted to that allows them to exist, allows them to be connected to you, allows them to control you, connects you to the supermind in any way, and any choice you've ever made based on it, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## Governance Systems (Faux Entities)

There are **faux entities** that are called "**the governance systems of your body**." They govern how much change your body can have at any one time, and how it must disintegrate, and how it must function, and what is going on.

So how many entities do you have as the governors of your body? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How many of them have you misidentified and misapplied as you? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There are all kinds of places in your body that have governors. They are the governance system of your body and your life. So how many faux entities, created by the supermind do you have governing your life? All of those, everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Like, when you have a governor on your car it is only allowed to drive so fast. With this you can only go so fast, you can only go so far. Your gas tank is a governor for the distance you can go. So these governors would say; "don't go to class, don't do


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this, don't do that." They are the *DON'T* sayers, not the do sayers. The "I can't" universe. All of those are based on that. The supermind is the primary source of "no" in every aspect of your reality.

The significance of life, the meaning of life, your purpose in life, your passion, the constraints of this reality; those are all governance elements.

There are governors for words and languaging. Words are solidification of reality. Emotion; solidification of reality. Yours or supermind?

Everything that is made significant about this reality is based on the supermind. How many governors do you have maintaining the rightness of this reality for you? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

There are a few people I have told; "you get your ass on a plane and get here, this is one of the most important things we've come up with in the entirety of Access." This is the thing that governs the limitations of every part of your life. You want to take them off? Then, you need to be here for this.

This is the thing that governs the limitation of every area of your life. It simplifies everything. Just ask: ***Mine or the supermind?*** POC & POD you! ***"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."***

## Integers for the slowness of change

The integers of the slowness of change as the truth of life, that was the other part of this that when it came up Gary was looking at this and he was, 'I've got to go see Darren.' Darren was talking with this other guy who was talking about how slow change had to be. And Gary realized that what this is. The thing about the slowness of change, how much do you limit yourself based on the slowness of how slow something can change? Do you realize how much energy you use to make sure change doesn't happen too quickly for you? To make sure that it occurs less quickly than other people. Or to make sure that it occurs in the same time frame as the change that humans allow. It's part of putting you into human time. Change fits in and it doesn't disrupt human reality. All of this is about you not disrupting human reality.

The people that you know that are extremely human, how light are they? How much fun are they to be around? How much do they change? Not at all. One of the characteristics of human is that they abhor change. How much have you spent your life believing that you abhor change and were afraid of it? How much of that is the supermind? Everything that is destroy and uncreate it please.


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## Supermind, slowness of change clearing

What perpetual and eternal creation of supermind as the solidification of time, dimensions, realities, and significance for the integers of the slowness of change as the truth and source of life with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite speed of space as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The supermind has a limited change capacity. It cannot create greater change in itself than the change it can allow in the rest of the world.

The supermind is also a governance system. The integers of change is one of those governance systems. You can have so much speed in your life, and then you must come to a crashing halt. This is what creates that. It's the feeling that you can't change. The change has to be slow or it's not allowed. People will allow their life to have minor change, but they feel that if they have massive change instantaneously, everything is going to fly apart and they'll die. This is the criterion by which you choose to have no choice. You choose to have no choice. And at some point you have to have chosen to have no choice or you would still have choice. Does that make sense? Cause if you would have never chosen to have no choice you would continue to have choice because that is a state of beingness.

All of those, where you decided to have no choice, where you have chosen – "no choice," as the only choice, as the supreme choice, as the conscious choice, as the only aware choice and as the choice that is going to allow you to bring consciousness to humans and other species, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

An **integer** is the distance between two points. Have you ever had people tell you to slow down? That's because you are violating their **integers of change**. It's the measurement of change you're allowed to have. Have you ever noticed when you're speeding along, everything's great, then you feel like you hit the glass ceiling and everything stops or crashes and burns or something? That's the integers of change. You have violated the supermind's integers of change. You're allowed this much change, but if you go further than that, you might get out of the supermind, so there has got to be a way of dragging you back.


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Unwillingness to change. The human point of view is that no change is better than change. "The devil you know is better than the devil you don't know." The problem is, the devil you know is the one that seduces you into maintaining the supermind, so that you don't have the angel that can save your ass (called you). Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**The integers for the slowness of change** are the way you solidify your reality based on specific characteristics to make sure that you never go too fast. An integer is like a whole number, such as 1, 2, 3; as apposed to 1.275. What happens is, you attempt to make everything in your life solid enough, so that is matches a predefined formula, so that you don't ever have to go outside of the box. How much or your energy are you spending to try to create your life according to a pre-defined formula, so you never have to go outside of the box? How many times do you think, now I finally have the answer? Now I finally got it. Now this is finally going to work. And yet you find that is not working any better because it's not about space and awareness. It's not about being the energy, the space and the consciousness of you. It's about having the answer so the Supermind feels okay. It's about having the answer so you don't feel like you are going beyond what you are suppose to be going. What if the greatest joy in life was going beyond what you are suppose to be going – all the time?

*As many of you might be noticing your having a little more space to your access and the tendency is to try to fuck your self up and fill in that space as fast as you can by creating as much trauma and drama as possible. Just be aware that it is okay to be space. Anywhere you have misidentified or misapplied it as emptiness or whatever else, just be aware of that energy, allow that to be.*

Has the supermind misidentified and misapplied space as the worst thing that can exist? That is because it knows that if you get to be space, it has no control. Then it's not doing it's job any more, then it feels bad, probably not.

*It thinks it's the final frontier instead of just the beginning.*

Exactly. What if instead of it being the final frontier, what if space were just the beginning of the generation of your life, instead of your destruction into death?

How much change do you slow down by making things significant? So much. Are you aware that every significance you make creates the slowness of change? Which is part of what this supermind engenders.

Ever notice people saying; "you're going too fast," "you can't change that fast," "that's not possible," "you need to take time, integrate."


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What if you could allow yourself to train a horse in three days instead of thirty? What if you were willing to use the speed of space that you are to generate everything that horse needed? What if when you created something you did it from the speed of space and it happened almost instantly; instead of it took days, weeks, months or years? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What is it when you are aware of the energy and generation and then this reality doesn't match that and you go back?*

The thing is, you go back to the supermind because supermind requires you to look for reference points for where you need to go back to and what you need to have the same as.

This also is a governance system. You can have so much speed in your life, and then you must come to a crashing halt. This is what creates that. It's the feeling that you can't change. The change has to be slow or it's not allowed. People will allow their life to have minor change, but they feel that if they have massive change instantaneously, everything is going to fly apart and they'll die. This is the criterion by which you choose to have no choice.

*Is that why people come to an Access class then say they will wait awhile until they go to the next one?*

Yes, because the slowness of change is; "I can't change this fast." I had a guy who was in AA come and do Access and he said; "I talked to my sponsor about it and he says this is too much change too quick and it will throw me back off the wagon." Access will make you drink. Nothing or nobody can make you do anything.

**Change is the hell of the supermind.** Because it can not change it's computation systems fast enough. If you change too much it looses track of you; which is what Access has been doing for people who have been involved in it for years. Changing so much that the supermind does not have control over it. Which is why people who have been in Access for years seem to be doing better, having more fun, having more joy, having more possibility in life and creating a whole lot more. The more you invoke and demand of yourself that you have more awareness, the more the supermind shuts off it's capacity to actually hook you back into it. Eventually it just can't find you. That is really the target here, to get it so it can't find you. Once it can't find you - and my assumption is when enough of us get free and disconnected from it – it's power will be almost non-existent. Literally by your willingness to be hooked into it you feed it power. It takes power out of you and


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out of your body. That actually facilitates it in becoming stronger and it becomes part of what people call "the collective." It is interesting it is called "the collective," people call it the "collective consciousness." I always said, based on what is it conscious? I don't see a lot of consciousness, I see a lot of "collective un-consciousness."

This is different than the techies polarity machines that was fed by thoughts, feelings and emotions. The electrical charge that was created by polarity powered their machinery. This is literally your own personal version of machine but it doesn't seem to be a machine. I can't tell you what it is, I can only see it as it disappears, I can't see the parts and pieces of it; I can only see it as the tentacles swish away.

What it looks like when it disappears is instead of having this constant state of the wrongness of you and constantly judging yourself, and constantly looking at how you are not bright enough, or not smart enough or not something enough. The "not enough" starts to go away and you start going; "woah, who the hell am I?" Literally that is what you want to function from, "who am I?" Not, "what's wrong with me?" We tend to function a lot from "what is wrong with me?" There is this sense of peace that occurs that has nothing to do with what is true, only that which connects you back to this reality. That which is true gives you a sense of peace. I think this is the basis under which people will begin to trust themselves. Have you ever really trusted yourself? You have these thoughts, feelings and emotions that come at you all the time, which creates doubt. The purpose of the supermind is to create a constant state of doubt in your own point of view.

*It is the first time I have the sense that I am not going to go back. If someone is mad at me because I'm not going to jump back into the cesspool with them, oh well.*

Others have been calling me and saying the same. That is really what we're hoping for.

*I just realized there can't be anything wrong with me.*

We try to change that which we have decided is a wrongness. The thing that will break the supermind the most is the willingness to change. What it wants to do is eliminate the willingness to have change. The willingness to have change is what it must eradicate in order to have the collective point of view. "We don't have to change; just being present is enough," is the illusion it creates. If you don't change, everything stays the same. You have to be willing to change *everything* in order to receive it all and have the total elimination of this thing controlling you in any way, shape or form. If enough of us become space, it will no longer have enough of a structure to hold it in existence. If enough of us are being space, the whole world will change.


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## DJCCs - Decisions, Judgments, Conclusions and Computations

There are four elements on how we come to completion on things. Does energy ever complete? If energy doesn't complete, why do we try to come to completion? The only real power in the universe is the ability to transform things, not to complete things.

Every Decisions, Judgments, Conclusions and Computations (DJCC) connects you to the supermind. They are your justification for allowing yourself to be connected to the supermind. Your decision that you are right about anything locks it in place.

**Decisions** - When you make a decision – "I've got this right" – no more choices available to you ever again. Wherever you decided you were "right" that becomes the end of choice.

**Judgment** – When you judge something either positively or negatively, you cut off your awareness of anything that doesn't match that judgment. You blind yourself to all that actually is.

**Conclusions** – You have to compile evidence that you have come to the right conclusion. That is where you get into the rightness and wrongness of things. This is every answer, every definition. Conclusions stop all generation and creation.

**Computations** are where you compute where you exist in the rightness of your point of view. Computations are the reasons and the rightness's of your existence from other people's points of view. You compile and calculate the evidence for the rightness of you point of view.

You make the DJCCs that that is what every thing is about, or how it is, or how it works, or that that is what is true. Is it? You get reactive when you do any DJCCs about what this is (an energy) any time you attach hour previous DJCCs to the thing that is occurring now instead of going to question, you do reaction. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It works like this: You start with decision, go to judgment, then you compute information for the rightness of your point of view, then you come to conclusion. Or, you can jump to conclusion, you compute information for the rightness of your point of view, you make a judgment, and you make a decision. "See, I have the right answer!" You have the DJCCs (Decisions, Judgments, Computations, and


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Conclusions) to prove the rightness of your point of view. Decisions combine with judgments, conclusions and computations to keep us stuck. How many points of view do you have to make yourself right? Any area of your life that is not working, you have DJCCs and answers that are holding it in place. Every limitation has an "answer" that holds it in place. When you have any part of your life which is not working the way you would like it to, you have two conflicting decisions which keep you from changing it.

Is there any freedom in that? Most people would rather be right than free. There is freedom only in being wrong. If you're looking to be right, you must of necessity destroy yourself.

Ask; "All the DJCCs I have here that are stopping me from perceiving this, I revoke, recant, rescind, reclaim, renounce, denounce, and destroy and uncreate them." **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds.**

Every DJCC, triangulation, specific gravity creating all of that, I destroy and uncreate it all. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

All of the DJCCs and connections to supermind creating that you have about being right, will you please rescind revoke recant renounce denounce destroy and uncreate all those? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**

That's a way of helping yourself.

Any time you come to any DJCCs, it is the supermind facilitating you in solidifying a reality that isn't real. There is no question. When there is no question you are doing supermind. As long as you are in question, you can not do supermind. What would it take for you to be the question all the time?

**What unlocked me is asking;** ***"what is this, and what can I do about it, and what would it take for me to change this?"***

Those three questions create the freedom. The supermind does not know how to answer those questions. If you say; "what would it take for me to have a BMW?" the supermind knows exactly how to answer that; *"snowballs chance in hell; that will never happen. You can't have that. The only way you'll have that is if you win the lottery."* It starts giving you all these answers. But when you ask these questions like "what is this," "what do I do with it?" and "what would it take to change it?" it does not know how to compute that.


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## Negative awareness is not judgment

It is with a lot of us that we create around the idea of negativity. That is the place in which we create the negative band of our life. We have spent our life in resistance to the negativity of our family and neighbors. Our family has done much to create the attitude of a malevolent point of view, perhaps not delivered maliciously, none the less, delivered. We have resisted and, therefore, we have made it significant and real and solid that their judgments have some value. The more that we resist it, the stronger it gets.

The underlying assumption is that we deserve to be judged because we are not like them. In fact, we are not like anybody. In fact, we are moving into the realm in which we will begin to find ourselves with the other people, like ourselves, who are here for the awakening of this Earth.

We have been trying to fit into the mold of similarity and it is not a comfortable place because it is not US. We cannot be like the others because they are all unconsciousness. We are at consciousness and wishing to function there, in totality.

We judge ourselves, as they judge us, in relationship to the kind of consciousness we feel we should have, as opposed to what we see manifested in our life. However, the reality is that, if we were looking through their eyes, they would see us as manifesting far greater than any of them have ever had the capacity to do, and that is true.

They do not have that capacity because they have the consciousness only to create debilitation and smallness in their lives. We have the capacity to create greatness.

Our judgment of ourselves is about the fact that we have not achieved the greatness that we feel has been there, that we have known has been there and that we somehow feel has escaped us.

How many of you have misidentified and misapplied your supermind as you awareness, and that you have to actually activate it and go into it to have awareness?

Everything that is and anyone who created it or is holding it in place here, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**That's why you think if you are aware of something, that you are judging.**


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Humanoids tend to confuse negative awareness with judgment. How many of you like to judge? That would be; you don't. The only person you will actually judge is you.

What if it were actually a matter of awareness? How many of you believe that if you perceive something that is "negative" about someone, that you are judging them? What is the difference between having an awareness of were someone is choosing a limitation or functioning from a limitation and judging them? Basically your opinion of it, but you won't look and go; "oh well, that person is not satisfied." Or "wow, that person is being a demon bitch from hell." Can you have that as an awareness or does that always have to be a judgment?

You can have it as an interesting point of view. "Wow, interesting that they would choose that," but does that have to be a judgment?

What we think is, only the "positive" awareness that we have are not judgments and that negative awareness aren't. The positive awareness can be a judgment, just like the negative awareness could just be an awareness. You could have a positive judgment of "she's so beautiful, she's perfect" do you see if you judge somebody like that and then they are mean to you, you wouldn't even be able to see it. That is supposedly a "positive" so you don't consider that a judgment, but it is because you are taking a fixed point of view about it.

On the negative side, can you see where somebody's being selfish for example and not judge them for it, but have that as an awareness? Yes or no?

Would you be willing to have the awareness that not all awareness of where someone is functioning from negativity is a judgment? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if the greatest joy in life were being judged for being so different? How many of you avoid judgment at all cost? If you are in this class raise your hand, I know it's true. What you do is avoid judgment at all cost, as though that is a bad thing. What if receiving judgment were the greatest thing that could be? What if it meant you were really where you ought to be? Is that a slightly different point of view? How much of your life have you avoided so you could avoid judgment? How much have you not chosen so the people around you would not judge you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Or judge yourself in a way that makes them comfortable. How many of you judge you before anybody else ever gets the chance? No, no you don't have to judge me,


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I'm pre-judged. I'm like hard boiled rice, you only have to cook me for 3 minutes. Normal rice 20 minutes, then sit. Me, I'm pre-judged. You can pass on, you can judge somebody else. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*So those places are the ones in which you have been most connected to the supermind?*

To be right you have to judge. To even judge that you are wrong, proves that you are right that you are wrong; which is a judgment. Which connects you back to the supermind. I don't have to be right, I don't care about being right. Awareness makes you far more right than rightness does because it can always change.

If you have some need to be right in your own universe, rather than just being aware; that need to be right always requires you to ignore or try to put off or try to be in resistance and reaction, rather than actually have the ability to be in allowance of it. When you can have total allowance of it, you can be – okay, judgment, so what?

*The phone rings, the expectation is there that there is going to be a judgment. (the hermit guy)*

No, no, no. When the phone rings he has already determined that he is going to have to deal with something he doesn't want to deal with; which is a judgment and a decision and a compilation and a conclusion. It is not a question. He has come to conclusion. When you do decision or conclusion or judgment, they always require you to sit in judgment. As soon as you do that you have not an ounce of freedom. There is nothing from which you can create and there is no judgment, decision or conclusion that is a question. Only in question do you have true choice. But that is the willingness to be aware, the willingness to not come to conclusion.

## Judgment limits you and the earth's ability to change

So do you have a judgment of evil? Do you have a judgment of killing? Would you be willing to get over it if it set you and the world free? If you truly want to change the world, the way to do that is get over your judgments of everything.

We are the greatest toxic waste on this planet. I'm not fucking kidding. Our thoughts, our feelings, our emotions, our traumas and dramas, our judgments and our separations are what are killing the planet.

*That is like condoning it.*


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No, that is not condoning it. Right now what you are doing is resisting and reacting to it, which is condoning it. You are creating more of it in the world right now. Thank you for your contribution. For those of you who weren't looking, she flipped me off with both hands which means she must really mean it. Are you pissed off enough to get over your fucking judgments?

*Okay.*

Cool. Do you get that? By aligning and agreeing with something, or resisting and reacting to it *YOU* solidify it and hold it in place. The only place were evil doesn't have to exist is when you are not judging it any longer as evil. When you are not judging it, period. And it is the only place where it can go out of your life and out of the lives of others. It is the only place where it can dissipate out of your life and out of your body. Literally, ***WE*** are killing the planet, ***WE*** are the toxic waste on the planet. Every judgment, every conclusion, every fixed point of view we have, every trauma and drama we go into kills the planet. It is not the fucking plastics. The earth can do miraculous recovery. The earth can take all the toxic waste and go; "I don't think so, lets' undo it." Except it can't because we are handicapping it with our judgments and our fixed points of view and the shit we are holding in place.

It is anti-consciousness, which engenders more, which means the planet doesn't have the potency that it could have to wipe off the people who desperately deserve it. The planet has been very kind to us over the last 2000 years.

So, how is your resistance to being evil? If someone is running at you with a knife and I shoot them instead right before they get to you to kill you; am I being evil? Your judgment would say no. Right. Would their mother think I had done evil? Depending on her judgment she might. Do you see how evil is always in the eye of the beholder? The terrorist who did bombing in Iraq, do you think they thought they were doing evil? Or do you think they thought they were doing God's work? The fact that you kill yourself as a Muslim in a holy war you get seventy virgins when you go to heaven.

Do you see how evil is always a judgment? If you didn't have that judgment is it possible that less evil would occur in the world? Is it possible that more space might occur? Is it possible you would have more space for you? How much of what is the potency of you have you misidentified and misapplied as evil? How much of what is the potency of you has someone else misidentified and misapplied as evil in some lifetime so you separated from it? What I did with P. this morning, would she consider that somewhat like evil? Would she consider it as me being mean to her? Yes. Was I? In her universe I was. But I am willing to have her have that point of view about me and Access, so she can have her choice. I'm willing to have her have that point of view and not have a judgment that I've got to align and agree that I was actually doing what she would call evil. I can see that in her


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universe, that is what she perceives. Actually, not what she perceives but what she believes. Okay, fine.

*The kids were not the issue.*

*That is my point, they had nothing to do with it.*

No, it wasn't about the kids. But, she would say that because I didn't squash them I was doing evil.

*I can see that with this but not with a killer.*

Look, here is the deal; Hitler was evil. Do I have a judgment of it, or is that an awareness? Was that a judgment or an awareness? The guy was evil. Okay fine. Guess what? If you don't have a judgment of it then you might actually have a potency that might actually change something. When you judge it, he owns you. And there is no question, there is no other possibility that exists and how much of that is the supermind? And how much is everybody's supermind getting activated with this conversation because you don't see a way out of it? You know why? There is no way out other than allowance. But you refuse to choose that because then you'd have potency and you refuse that at all costs. You'd rather walk around getting pissed off at people, rather than having the lightness that you could generate from total allowance.

Your resistance to evil means that somebody who does evil, because you are not even willing to be aware of it, can do it to you over and over and over again and you won't even see it. I'm sure none of your relationships have been like that, right? Everything that is, everywhere you have decided there is something such as evil that you would have to judge, will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So how many of you have resistance to the idea that you have killed people in other lifetimes? Will you acknowledge that please? How much have you been resisting that? I love D; "I've considered it in this lifetime, lately. Recently." So, how much of that whole "evil" conversation activated your supermind? It says; *"that is a really bad thing and you need to not have that and not be that and that is really bad."* Simply because it doesn't want you to come out of judgment of you and it doesn't want you to have the potency of you. And are you going to let that run your life any fucking longer? Everything you have done to buy that there is any limitation to you will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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So, oh evil one; how much potency have you refused by refusing the evil that you have judged that you were, that you don't want to be, that you believe you are, that you refuse to be, that you refuse that you are, that you thought you were, that you knew you weren't, when you were choosing other stuff in other lifetimes, including this one? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Would the rest of you be willing to and claim and own the potency of you, no matter that that looks like and acknowledge that you have no frigging clue? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Conclusion

If you come to conclusion, then ask a question based on that, it doesn't work. It is actually the supermind that creates it that it doesn't work and the supermind that says; "oh this doesn't work." Never say – "it is this," or "this is what it is." Never come to conclusion about anything. Always ask; "what is this?" "What can I do with it?" "What would it take to change this?"

*What would it take for me to make the demand before I say **anything**?*

It is just a choice. What you keep trying to do it make a choice about your whole life. "I'm going to choose to do this, that will arrange everything else that happens in my life." There is no answer. This thing is invasive into your life and it insists on you the point of view that you should have a problem, that you shouldn't have ease and that ease, joy and glory is not a reality. But it is. These are the ways in which to undo it. Everyone of those 10 Commandments is a key to letting it go. Once it is gone it doesn't know how to find you.

What you do is you keep letting yourself be found by going; "oh my god, I am absolutely pissed at this person." Or, "this is a terrible thing." Or, "I'm so wrong and I'm so bad." None of those are real, none of those are true and all of those are things that lock you out of your awareness and into the supermind.

## Reason And Justification - "because"

What creation of reason and justification as the reason and justification for and of your life without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you really should be refusing that if you would refuse it would change all realities and non realities and manifest as the generation of indefinite life and the infinite awareness of the infinite choice and allowance you truly have and are? Everything that is, will you revoke, recant,


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rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What creation of the rightness of you as greater and more rewarding than being you with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non realities and manifest as the generation of indefinite life and the eradication of the supermind as the source of who, what, where, when, why, and how you are? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

When we got into reason and justification the defense mechanism or system fell apart. When we went after the defense mechanisms full on it got many people defensive, it got them deeply into the supermind and they left Access. The defense system was the structure of reason and justification. When we started to do justification and reason as part of the clearing statement it just fell apart.

*I keep hearing myself give reason and justifications for and "what I mean is" and I keep trying to understand from the point of view of the supermind and I never am going to understand how this works, am I?*

No. There is no reason to understand anything. If someone is being mean to you, you go; "why are they being mean to me?" and you go; "oh, it's because they had a bad childhood. It's because _____. It's because." You do reason and justification for that behavior because of one thing; you wouldn't choose to do that and because you wouldn't choose to do that you assume to choose something like that would require someone to have a really good reason or justification for doing it. The reality is people do everything because they can do it, not for any reason or justification. They choose cruel and unusual behavior because they can.

I've seen lots of things where people were cruel to dogs, doing cruel and vicious things to animals and you go; "why would you ever do that?" That is a bad question. That they did it is what is true. They did this. Then the question; "what is this? What do I do with it and how do I change it?" If I strip the skin off their body, how would they like it? Unfortunately that is tit-for-tat, which puts you back in the supermind.

*I've been working with clients to get out of the necessity of understanding, what it always gets you to is alignment and agreement and impotence.*

Yes because it puts you back into the supermind so you are interconnected yet again, rather than being disconnected.


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There is nothing to understand. It is just – this is what exists. Pretty wall? Ugly wall? That is judgment. It is just a wall. You try to understand what the person is meaning when they say "pretty" or "ugly." Rather than going; "yeah, it's a wall." I looked at what was and went "huh?" And that is what I would like to get you to, that nothing is pretty or ugly because _____. This is the way we do it because _____. This is what I want ***because***. Nope. This is what is, now what do you do?

You don't want an easy life. You want a hard life so you can justify why your life is as easy as it is. For most of you, if you have an easy life you have to make something about it difficult in order to justify that is was okay for you to have an easy life. Rampant fucking insanity. What is wrong with having a life of ease, joy and glory? It can't be that simple? Oh, that is why. That is the supermind's point of view, it can't be simple. You can't have a life that was so simple it was all ease, joy and glory; there has to be complications, difficulties and problems or there would be no ***reason*** for you to have an easy life. "You have to earn it, all ease, joy and glory is earned. There is no free lunch." Yes there is, but most of it you wouldn't want to eat. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The supermind creates it so that you have to have a reason and justification for everything. When you ask questions you step out of the supermind because you're looking for other possibilities that might be available. And you're willing to create other possibilities that go beyond the supermind.

I'd like you to start looking at the places where you draw **conclusion** about anything - you are stopping the energy, you are limiting yourself and you are connecting to the supermind. ANYWHERE. Every **answer** or conclusion that you make is a limitation on yourself.

How much of what you are trying to create yourself as is an invalidation of you as a being? How many of you realize that you will trust anybody else's point of view but your own? When you are aware of something and there is no reason or justification for you having that awareness, are you made right or wrong for it?

Every reason and justification keeps supermind in existence. Everything in the supermind is about having a reason or justification for doing things. If you have no reason or justification for doing things, the supermind cannot find you. When you create reasons and justifications, the supermind automatically has connection to you.

Do you all know what your reason and justification for the supermind is? Not wanting to be different. If you were totally different, the supermind couldn't control you. The supermind controls because you want to be like other people and


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you want other people to like you, which connects you to the collective. The interconnectiveness of the collective.

Would you be willing to speed through life at such a high rate that nobody could see you? You might be invisible, but you'd have more fun.

When you say ***because,*** "because" is always the reason and justification. There is no because. When you hear yourself say "because" STOP. "I quit my job. STOP," there is no "because." Now what can we look at with regard to that, that would give you more freedom and clarity? The justification for it, is trying to prove the rightness for what you've done. Every single conclusion that you come to is a place where you're limiting you and you're using the supermind to run your life. Would you like something to keep you confined and limited continuing to run your life?

"That doesn't feel light to me" is a reason and justification. Just say; "you're right, I'm so glad you are not coming."

*I have a hard time letting go of control because…*

Hold on. "I have a hard time letting go because" is your justification. I have a hard time letting go of control. Period. In other words, you refuse to be out of control?

*Because.*
No, the reality is you refuse to be out of control. End of conversation.

*The times I was not in control I had nobody to help me ever with anything in my life and it went into chaos.*
No, you already had the reason and justification in position - that is the reason you could never receive help. You refused to receive help. Look at it, true or false? "I refuse to receive help, I can do it all on my own."

*Right.*
Good. When you make that fixed point of view, what is going to show up in your life?

*No help.*
That is right. So, do you like having no help?

*No.*
Then you have to be willing to be totally out of control and you have to be willing to give up the idea that you can do it all. I can do it all, I choose not to. I look at it and ask; "who can do this for me?" I always ask who can do this for me. Can I do it all? Absolutely. Do I desire to do it all? No. You don't ask for help, do you?


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*No.*
Occasionally, only from your wife. He's always angry because he's got the point of view that he's got to do it all. If he asks you for help then you are suppose to do it the way he does it.

*Exactly.*
If you don't do it the way he does it then he is pissed at you because you are not him. That is really working for you isn't it?

*No.*
So would you like to give up the fixed point of view that you can do it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds.**

"My way is the best way" is the justification for why you have to do it all yourself. "I don't need any help." I had this woman from New Zealand send me some jewelry that she wanted me to buy, that I didn't want to buy. So I was going to get it appraised. So I asked, who could I call who would find me an appraiser in San Francisco? Jennifer, this lady who lives in San Francisco, because I was going to be there and the jewelry was also. So I called her and asked if she could set it up for it to be appraised while I'm there. She called me back in minutes and it was all set up and done, taken care of. Because I'm willing to ask, who can help me with this? And she was thrilled to do it for me. You don't let people be thrilled for doing things for you, you castigate them for not doing it your way.

How many of you would be willing to be the puppet masters of the world, instead of being the puppets on the string that nobody is in charge of? Destroy and uncreate everything that doesn't allow that to occur? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you destroy and uncrate your entire list of reason and justification? Thank you. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Choosing to be stuck. Great choice. Oh, needles good, we can all be stuck. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many of you justify why you do not have more money than god? You don't have money because you don't have fun. If you were having fun, you'd have money. Because if you were having fun you'd be receiving. When you are not having fun you can't receive because you get to be miserable and misery loves its own company. Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be. Everything that is, will you destroy and


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uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Your whole life you have had people asking you to justify everything, so you have learned to do reason and justification for every action of your life. It is always the wrongness of you to choose anything that doesn't match somebody else's reason or justification for living. We are taught that it's a source of creation, but it's all about the destruction of you. What if you never had to have a reason or justification for anything ever again – it was just your choice? Look for a rewarding life, not a dedication to a purpose.

Any issue you decide you cannot overcome (whether it's money, sex, or whatever), then that becomes your reason and justification for not living. When you decide not to do something, you have to give everybody else a reason and justification, without having the reason and justification as real. Tell people what they can hear.

Allowance and gratitude for self eliminates all need for reason and justification.

## Understanding to connect to Supermind

What creation of understanding as the province of, subjection to and eternal addiction to supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite space of being aware? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Everything that you have created as understanding, which has undone and destroyed beingness, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it, so you might have the space to be aware? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Any time you are trying to understand something you connect to the supermind to do it. Would you be willing to give up understanding? Even if it meant that you could be free? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

When you are tying to understand someone's point of view you are literally standing under it and holding it in place to try and figure it out. But you are actually connecting to the supermind to do so. Like I said, would you be willing to give up understanding?


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What would you have if you didn't have understanding? Oh yeah, knowing.

Here is what happens; the supermind tells you that in order to figure something out and in order to understand it, you have to duplicate it and become it. If you are attempting to understand how your insane mother could have abused you; does your insane mother have a large universe or a small universe? Small, tiny. Does someone who has a large universe have to abuse anyone? No. So you shrink to fit the tiny size of their universe that they believe is real for them. It is not real or true any more than it is for you, but they believe it is so they function from it.

If someone is doing abuse or meanness; the very word meanness, are you aware that it means "smallness"? That is one of the definitions of meanness is smallness, like barely enough to get by. Well, that is their point of view about ***them*** if they have got to do meanness and abuse to anybody else. In order to try to understand it, you have to make yourself exactly that size and shape to try to figure it out. In so doing, in order to connect with them on that level, you connect to the supermind. Then you feel like you don't exist, you actually choose not to be. You are choosing not to be and feeling like you don't exist.

How many of you in trying to understand somebody, have done this? Like most of your life? And you wonder why you have no sense of you, because you have been trying to figure out this world by going into the small universes that the people around you have. Instead of standing up, getting bigger and seeing that where they think their universe lies is so much smaller than the capacity of your universe; that why are you even looking at it? Do you see the difference?

How much of the lightness that you know is possible do you diminish and give away once you try to understand someone? All of it. Okay, will you stop that now please? How much of that is the supermind? All of it, will you please destroy and uncreate all that? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds. Step away from the supermind now please.

*The kids playing is so wonderful, so much energy and joy. It is so cool to feel the happy energy. It's such a different level to function from.*

Yes, it's a different level of life. It is a way of being in the world that has so much more space in it and so much more possibility.

Apparently this is what you all do; when you find someone who is functioning from something you don't understand – a limitation or an insanity – you connect to them through their supermind and your supermind and you find the places where they both intersect and you consider that reality. Yes, that is the happy place that is filled with the daggers and poisonous snakes and the mean women and the mean men and the straight jackets and the bottomless hoes. Everything that is, will you


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rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and everything you have done to intersect that to other people's supermind as though that is the sum total of reality that you will allow yourself to perceive, know, be and receive? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Understanding is a substitute for being and it is a substitute for being aware.**

It is the express line to supermind. It is your airline home to supermind.

Insanity. How much of insanity is created by twisting yourself into the superminds of others? Not just one other, but many others. It's like why you follow one track of insanity, then another, then another, then another, then another. Welcome to everything you don't "understand" in your life and in the world.

You replaced joyfulness, awareness, space, beingness, knowing, generative sexual energy and receiving; but probably that's all, no big deal really. Disneyland in a nut shell. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Notice how limited "understanding" is? It's the opposite of curiosity. It's having the answer. It's the opposite of seduction. It's the booby prize and not real boobies either. It's the boobies guys think they are going to get but it never really happens. "You want some of these, too bad." Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You can be amused by it but don't try to understand it.

*Is being interested trying to understand?*

Yes, you are trying to see what is right about it. "Interesting point of view" is – it is just a point of view. "That is so interesting" is the illusion that you care, that you are trying to create for them. The problem is you buy your own illusion. We are so sick we buy our own illusions at the supermind market where we put it and pay for it and then go and pay for it again by buying it back. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Addiction is that infinite twist and turn into understanding, attempting to get away from awareness, twisting yourself multiple ways into the supermind with no way out. You focus, you concentrate, you triangulate and you take space and turn it into finiteness. You take space and you turn it into matter. Then you make it matter.


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Then you make it right. Then you make it significant. Then you decide that it must be true. Then you can't see anything else ever, and the supermind agrees with you.

*It doesn't take into account outside this reality.*

No it doesn't take into account anything outside of this reality. It doesn't even take into account anything outside the limitation that *YOU* have decided exists, let alone everything else that might be possible in this reality. You don't even get that. You only get the distillation of the limitation you've decided exists in conjunction with the limitations someone else or everyone else has decided exists and where those two meet is all you get. You don't even get the full awareness of your insane superminds, you only get one room and it's a padded cell with no key. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Everything you have done to make that more real than you, more valuable than you and that that actually has value and that you don't, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much have you done this? How much are you living this as though it is your life? How much of this have you substituted as though it is your life, as though it is the creation of life for you? How much of this have you locked into your body to create the solidity of your body and the aging and the destruction? Because any time you have gone to understand any aspect of insanity you twist yourself into this thing. Will you now make a different choice? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It is being like everybody else, trying to fit. What does it take to make an infinite being fit somewhere? A hammer, a garbage compacter, a shit compacter. It is an impossibility to make an infinite being fit anywhere. How much energy do you have to use to attempt it? Too much. It's like Houdini only worse, though he died too, good point. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It causes you to totally reject the magic that you are. It causes you to resist and react any time the magic could show up. If you don't have to understand it, you can just be it.

There is no understanding insanity and that is the one thing we all try to understand. How could someone choose something that is so insane? It is insane – you can't understand insanity that is the reason it is called insanity. You keep


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going into the insanity figuring if you go far enough in you can understand it. No, stand back, look at it and observe it for what it is; insane and you would choose that for what reason? I look at everything and see that it is really not working but people keep doing it as though it works. What could you do different that actually would work? WHICH IS HOW ACCESS CAME INTO EXISTENCE. I had done metaphysics, I had one churches, cults and religions until I was stupid beyond my wildest dreams. I always tried to find that their answers worked and I found that 90% of their answers didn't actually work. They didn't hold up in the long run. They were temporary fixes. Then you'd ask why it doesn't work and they'd say; "I don't have to explain to you why it doesn't work, you just have to accept it." I'm sorry, I don't believe unless it is workable. I truly am pragmatic, it's got to work or I don't do it.

She just had someone doing insanity (on the phone) and she said she didn't have to figure it out. What if you didn't have to go into insanity to figure it out any more? What if it were just that; **"what energy, space and consciousness can I be that will change all of this and give me total awareness and clarity?"**

**Being energy, space and consciousness**

She said the question; "what energy, space and consciousness can I be" is confusing because I am energy, space and consciousness. I said; "yes, but you are not being it." If you were being it, everything would show up for you. There would be nothing that weren't there and available, creatable, generate-able. So what you are doing is asking yourself to step into that particular energy, space and consciousness. Be aware of it, step into it and be it and stop acting like you are not that and stop functioning as though you are not that.

This is so funny, you guys are funny, you're like; "I will do anything you ask right now because I don't have to understand it." This is very funny from my side. Always before I would say something and I could feel you calculating it, triangulating it and now most of you in here are not even able to. Which if you notice generates a space that you don't have to understand. I didn't realize how invasive understanding was. I didn't realize how invasive the attempt to understand was in limiting your lives. So now some of you are trying to understand what I am saying about understanding, which is also very entertaining to me. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The supermind is the basis of the laws of physical reality. This thing gets you into trying to figure things out. I never try to figure anything out anymore, which is why this thing doesn't work on me anymore.

Have you ever tried to figure your way out of something? It always works, right? Or does it just wind you into a knot? The reason it winds you into a knot is because


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you're connected to the supermind; you're not present. Your presence goes away, the more connection there is to the supermind. The supermind creates density. If you do form, structure, and significance with things, you make them dense. If you make them dense, the supermind sneaks back in the back door, grabs a hold of you and starts creating all kinds of problems.

Words are a solidification of reality.
Emotion is a solidification of reality.

Every mathematical computation is designed to restore the supermind.

## Sharing Reality or Generating Your Life?

You create reality as the gauge of what you can have, what you can be, what you can do, what you can create, what you can generate and what is possible in life. All the realities you have created to create the gauges for your life, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you're actually generating your life everything will go so fast you will be moving at a speed that others can not perceive and everything will happen with such great ease and rapidity that there will be no limitation except the ones you create for yourself. It is a choice you have to make. It is not something that just happens, you have to choose it. Nobody else wants to go that fast. People want to live their life at a slow easy pace. What you are trying to do is create your reality so that you have other people that will go along with you. You have to be willing to be all alone.

Most people who share with you want you to align and agree with their point of view. Ladies, if you try to "share" with your husband, he will try to fix whatever is going on. Men think their job is to fix things. If you don't want him to fix it, share with your girlfriends. Do you want to share your reality or generate your life?

What we have to do literally by sharing is – if you make your universe as small as the person with whom you are attempting to share with – they can't come up to what you know is possible when you share. It doesn't work that way, you have to "go down to their level." That is the only way sharing can occur. Everything that is, everything that holds that in place, including the supermind and everything connected to the supermind creating that will you destroy and uncreate that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Another thing that is very interesting is there are people who come to Access who say they don't want to be "part of Access" and yet they are willing to be part of their church group for example. Okay, you don't want to feel part of Access but


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you are part of this group, how does that work for you? "Well, they give me all the right answers." I could see how you wouldn't want to actually feel part of something that was simply desiring to facilitate your consciousness. We don't ask you to be part of Access. We don't require you to enroll.

What we are looking for is the communion with you were you exist as everything you are and be everything you are and don't judge it. And were we can have total presence with you. It is different than the way most people live their lives in trying to get others to enroll in your life.

How many of you have tried to get people to enroll in your life, which meant you had to share everything with them, which meant you had to get as small as their smallest point so you could have a place to connect, which meant that instead of being that infinite awareness you knew, you are now the finite awareness and stuck in what they didn't know. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**In group sharing, all the superminds create the collective point of view, the collective anti-consciousness they experience and make it really real, so that they will know they have had this. So that they will always be seeking it from then on, and never achieving it again. Ever notice those drug hallucination things that you thought were so wonderful that you had with a group and it never ever occurs a second time. It can't be the same because the supermind does not know how to replicate.**

**Duplication** is you see exactly what the energy is and you become exactly that.

**Replication** is you try to repeat something that has happened before. Say you grew up in a house with a pantry that had huge shelves. So you buy a house and build a pantry with huge shelves like you had before. It doesn't matter if it's functional or not. That is what you grew up with so that is what you want.

What would it be like if you were willing to climb on your Harley and go off and live your life however you wanted to do it; that it didn't have to be something other people chose too? How many of you have limited yourself based on wanting to get other people to choose what you just now saw as possible, but because they won't choose it you now decided you were wrong and it's not possible? You believe you have got to have somebody else there too. What if weather or not they came along to your party was their choice and it didn't have to be your enforcement on them? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Yesterday afternoon I was trying to force some of you to come to my party. I was like; "I've got a party, don't you see how cool it is going to be for you?" You are like; "I'm kind of tired, I don't really want to go right now, I don't have the right dress." I'm like; ***"no, you need to come to the party, it will be fun for you. I know it will be fun for you, come with me."*** Not necessarily the most allowance, I apologize again.

Would you be willing to have your life be the party you would like to attend and have it even if no one else comes to it? Can anyone even see what kind of party you know is possible? That would be – no. Until you generate it for you, no one will even know it is a possibility.

## Supermind is The Source Of Distracter Implants

The supermind is the mothership of all distracter implants and SHICUUUU implants and explants. **Every distracter implant is the primary source for connection to the supermind.**

Please get this. When you say; "I have a lot of judgment. I have a lot of fear. I have anger, rage, blame, shame, regret, guilt, business," and all that shit, it's the supermind.

Notice when someone is doing anger, rage, fury or hate you can't seem to get them out of it and you can't seem to change it? Why, because they are being run by an implanted point of view.

Clearing these distracter implants is how you get them out of this loop that they continually create themselves in, because it is this hidden thing that is creating this effect in their life, that they are not even aware of, but they will say it because they are speaking about the energy without even knowing it.

A Distracter Implant is something that is unsolvable, usually because everyone has a different meaning or point of view about so you never know what the person is really talking about. Also it's unsolvable because the person has no question about it, it is their answer or definition of what is, according to their own point of view or the points of view they bought about what it is. None of which is real. So you clear the Distracter Implants and you will have more awareness of what you and other people are actually functioning from or what is hiding underneath it – usually the infinite being we truly are.

### Clearing Distracter Implants

All you do is say;


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POC and POD all the Distracter Implants and all the connections to the supermind creating that, and all the SHICUUUU stuff underneath it, **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much blame, shame, regret and guilt, anger, rage, fury and hate, obsessive, compulsive, addictive and perverted points of view, love, sex, jealousy and peace, life, living, death and reality, business, doubt, relationship and fear are you functioning from as though it is real? Everything you have done to make that crap real and true, as though it is because it feels so intense it must be real and true will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**The Distracter Implants are:**
Blame, shame, regret and guilt.
Anger, rage, fury and hate.
Obsessive, compulsive, addictive and perverted points of view.
Love, sex, jealousy and peace.
Life, living, death and reality.
Business, doubt, relationship and fear.

**Example of clearing Distracter Implants:**
This lady had a place were she made custom made furniture. The lady who handled her complaint department quit so she had to work that desk for about two weeks. After about five days she was going to go nuts. All of these people would call up and complain and do all kinds of blame about her, they were trying to get her to go into shame and feel regretful and guilty for creating this "piece of crap furniture," which was just what they wanted but then they changed their mind. Then they were also doing anger, rage, fury and hate at her and she was having a tough time with it. Gary said to her; "under your breath while they are talking just POC and POD all the distracter implants." So she was on the phone and POC'ed and POD'ed the distracter implants and literally within two minutes they started working together to create a solution. Before she was on the phone with them for twenty minutes never creating any solution.

## SHICUUUU: Secret, Hidden, Invisible, Covert, Unseen, Unsaid, Unacknowledged and Undisclosed (SHICUUUU) and Simultaneity of POC and POD

The source of the SCHICUUUU implants and explants is the supermind.


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There are these things called SHICUUUU implants and explants; meaning they are secret, hidden, invisible, covert, unseen, unsaid, unacknowledged and undisclosed. See how that is an acronym?

Everything that you repeat in your head all the time is a SHICUUUU implant and explant (ex. "I'm sick and tired of this.").

When someone uses a cliché statement or they use some phrase more than three times, they are sitting in the middle of some SHICUUUU implant or explant, which is controlling them. Every cliché is a SHICUUUU implant.

A cliché is some thing like: "I'm sick and tired of this," "Money doesn't grow on trees," "put a nickel in it," "everything taste better with coke," "waiting for the other shoe to drop," "if it doesn't kill you it makes you stronger," "children should be seen and not heard."

Also, the drop out phrase, which sounds insignificant, and then is followed by something significant. The insignificant sounding phrase is what they're stuck in and it is a SHICUUUU implant or explant.

One of the things that hold these implants in place is the simultaneity of the POD and POC. This is where a POD and POC have been created at exactly the same time, thereby making whatever it is SHICUUUU.

All SHICUUUU implants or explants have mobius strips and quantum particulates that hold them in existence.

**To clear these**:
Have them repeat it three times (to bring up the energy of them) and then POD and POC all the SHICUUUU implants and explants creating it.

Say; All of the SHICUUUU implants/explants that create that, all the mobius strips that hold them in existence and all of the quantum particulates that allow that to exist? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

All of the SHICUUUU implants and explants connected and created by supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the total freedom from supermind (and perhaps total awareness of you, whatever that is)? Everything that is, everything that doesn't allow that to exist, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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**Making yourself invisible to psychic attack, say**:
If you'd like to be invulnerable to psychic attack or create a joyous life, either one or both;

POC and POD everything that I created was unwilling or unable to let go of or destroy or uncreate yesterday and tomorrow. **Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds.**

or
POC and POD everything that's SHICUUUU about me today that I was unwilling or unable to let go of yesterday and tomorrow. **Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds.**

This statement will make you invisible to psychic attack because it will change the vibration of you by which those seeking to attack you could find you. They won't be able to find you because you will no longer be like the you, you were yesterday that they are looking for. The only way you can be found is by not being willing to undo or change what you have made solid of you. Running this, you will continuously be space.

## Supermind And The Wrongness Of You

- The supermind tells you that you're wrong.
- The supermind creates the doubt.
- The supermind creates the sense that something is going to be wrong, if it's not already wrong.
- The supermind is always trying to get you to look at the wrongness of you, because then it can hook you back into the interconnectedness of the collective.
- It collects you.

Every time you look to be connected, every time you look to make something right, every time you look to see how you are misunderstood, every time you look to see how you have been vilified, how you have not been seen, how there has been a problem, every time you do that you are looking for a connection to the supermind. The supermind will validate your fucked-up-ness. That's what it's designed to do. If you are looking for how fucked-up you are, the supermind will gladly tell you in so many ways.

It creates doubt in anything you do. It is also what creates miscommunication in anything you do, so that problems occur. It is designed to make you not trust you. It creates a constant state of doubt. If you trusted yourself, you would have no need


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for the supermind. If you totally value you, you won't see that there is a wrongness in you. You won't find a problem; you'll find a possibility. You'll always look for what's possible, not for what's impossible and what isn't working.

Supermind is not evil; it's just insidious. It just tells you you're not quite right and you need a guru. It is the ultimate guru. "If you had only done this…if you had only said that…if you had only…then everything would have worked out, but the reason it didn't work out is because you didn't do it right."

There is nothing wrong with you. I know you don't want to believe it. You are always trying to function from the wrongness of you and how you didn't fit in. You don't fit in, but why? Because you don't function from a limited point of view.

The supermind is this great collective unconsciousness that we have run into continuously and it constantly tries to reinstitute itself in every way it can. It is the re-boot to the hive. The re-boot to the one body, one mind, one spirit point of view.

The supermind always tries to create doubt in every answer you give. Does the supermind desire you to be aware? No. What is it designed to do? Keep you from being aware and keep you in constant states of doubt.

*I would create, create, create then hit this place where – oh, I must be wrong.*

Supermind – "I must be wrong." Remember the integers of change, you can only generate so much, you can only create so much before the supermind goes; "wait, you are getting outside the realm of this reality." Then it tries to find a way to hook you.

Every time you look to be connected, every time you look to make something right, every time you look to see how you are misunderstood, every time you look to see how you have been vilified, how you have not been seen, how there has been a problem, you are looking for a connection to the supermind. The supermind will validate your fucked-up-ness. That's what it's designed to do. If you are looking for how fucked-up you are, the supermind will tell you. It will give you lots of ammunition for the wrongness of you. Everything that is will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Supermind's job is to have you see everything you do and choose as wrong and terrible. It tells you; "you're wrong, you're terrible, you're awful, you're disgusting, nobody loves you, everybody hates you, you could have done it better, you could have done it different," all that shit – supermind.


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It creates doubt in anything you do. It is also what creates miscommunication in anything you do, so that problems occur. It is designed to make you not trust you. It creates a constant state of doubt. **If you trusted yourself, you would have no need for the supermind.** I don't have a connection to the supermind because I trust me. I know what I know. If you totally trust you, you won't buy into the supermind. If you totally value you, you won't see that there is a wrongness in you. You won't find a problem; you'll find a possibility. You'll always look for what is possible, not for what's impossible and what isn't working. Everything that is will you destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The supermind is it's own mind and it plays tricks on your mind.

*Is the insistence on; "you know what I mean Gary, I'm not going to use the word that actually is the vibration of what the word I am really trying to say." There is an argument all the time. Is that another way into the supermind. So the supermind says; "argue for your point of view on the words that you know what you mean and it's their fault that they don't know what you mean." Blah, blah, blah.*

Absolutely. Welcome to supermind. *"You know what I mean"* and the supermind knows what it said. I may know exactly what you mean but the supermind got you to say the right word to make sure you would morn it and find it again rather than celebrate being disconnected from it. It wants to maintain it's existence and hold over you.

You can make it significant or go – fuck you supermind. Bye-bye, get lost.

Supermind is not evil; it's just insidious. It is not evil to you, it just tells you you're not quite right, you have a few problems and you need a guru. It is the ultimate guru. *"If you had only done this…if you had only said that…if you had only…then everything would have worked out, but the reason it didn't work out is because you didn't do it right. You're gonna miss."* Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

Once you get something right, you don't think you need to change anything. What's reflected back at you is the rightness of you in any one moment, so that you won't continue to seek change.

There is no wrongness of you, but the supermind tells you it is.

*I had this awareness that completely changed how I thought about my life, which I realize now was letting go of the supermind. The awareness is that every moment of everything that you have ever done, weather you chose to judge it or not, you have been exactly where you chose to be.*


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And everything you did and had and learned is valuable, not a wrongness.

*And it was the greatness of me in every way.*

Yep.

What creation of the wrongness of you with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite potency and space of you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you are the potency of you, you cannot ever see this reality as a rightness. You have got to see the insanity of it if you are going to be the potency that will change it.

***"What's right about me I'm not getting?"*** is the question you should be asking, instead of *"What's wrong with me?"*

*I've been judging that I am not getting anything done. The question is, that supermind that makes you go to "this is wrong."*

If you are going to "this is wrong" it's the supermind. It is a choice you are making to connect to the supermind to see what is wrong about you. Get this. It is a choice you are making to connect to the supermind, to see what is wrong about you.

Let me ask you here something, is St. George the home of the supermind? Notice how you laugh, I'm wrong on that one I'm sure. When it is true for you, you smile and laugh or you get pissed off at me; one or the other. So would you consider the possibility of letting what ever part you have created of it or connected to it and all that makes St. George a home for it, would you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all, so it makes your life easier? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You making a choice to see how you are wrong…

*Because that is where we would be normally.*

Yeah. You would be the space.


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## Making you wrong for others not choosing what you choose

*On the flip side, riding off on your Harley and living your life as what you consider the joy of it and no one else choosing it and you going; "they are idiots, they are assholes." You do exclusion of them.*

Yeah, okay, at the point you crossed your arms and got the smug and ugly look on your face was the point at which you went from awareness to anti-consciousness. *"They are not choosing, they are assholes."* That feels light doesn't it? Supermind baby. What if you didn't have to make you wrong from somebody else not choosing what you choose? The thing is, everybody else is going to make you wrong. Except for maybe one percent of the people you know that actually desire you to have more because they know they can have more, the more you have.

Or just because they are those few people that actually have generosity of spirit, were they actually are happy for you to have more. That is about 1% of the population of the people you know. What if you didn't have to make yourself wrong for other people not getting what you get? Would if allow you to choose more, that other people didn't have to choose? How much of making you wrong is your choice to connect to the supermind? All of that, and the supermind makes you wrong too. What you do is, you have to look for were you fit, which to do so you connect to the supermind; because you don't fit anywhere. You don't fit, where does an infinite being fit? What hole can you put an infinite being into that they don't bulge out of? There isn't one. You don't actually fit anywhere. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Doubt and supermind

*I've had resistance to doing any kind of body work or ordainments since the SF class, what is that?*

The supermind. **The supermind will create doubt that you are choosing rightly.** It will create the point of view of "wow, I really shouldn't do this." There are people who were scheduled to be at this class who didn't come. There were people who said; "I don't know if I should go, so probably I shouldn't go." I said; "it would be cheaper than doing a private session with me." Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Every doubt of yourself is buying a hook back into the supermind. When you doubt you, when you do not trust you; you give the supermind all the ammo it needs to hook you forever.

## Who Or What Have You Decided You Absolutely Cannot Trust?

Who or what have you decided you absolutely, eternally, irrevocably, infinitely and utterly cannot trust, that you truly can trust, that if you would trust them, would change all realities and manifest as total consciousness? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds**

If you trust no one and nothing, that includes you. If you do not trust you, you assume every thought, feeling, emotion has to be yours.

***Trusting you is knowing that you can change anything.*** Every word you use should create an effect in every person's world. When you're willing to know what people can receive, when you know what every vibration creates in every person you talk to – that's trusting you.

In order to not trust you, you must totally invalidate you. In order to trust you, you have to know you can choose again. You have to know you can make a mistake. Mistake is not wrongness. You have simply mis-taken something. Wrongness is a lie. As a humanoid, you never have failed at anything you didn't want to do anyway.

If you trust you and trust that you're going to make a choice, then the "right" choice and the "wrong" choice will become evident to you very quickly. Then all you've got to do is make another choice. You keep trying to choose the right thing, so you can make the right choice, so you can come to conclusion, so your life will work. Does that work for you? The only mistake you can make is trying to get something right. You keep trying to prove that reality is right. Does that work for you?

When you are being the question, there is nothing but change and transformation. When you are not being the question, you are looking for the answer so you can get your life right. We go looking for our life, but we must be having it, because we are alive.

If you're trying to come to an awareness of something by someone else's point of view, is their point of view real? Is it a creation? Is it a truth? Is it a reality? Or is it their delusion or their lie that they're trying to perpetrate on you?


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Is "self" you? Or is that a created you, that you have defined as "self"? You have created a lot of "selves" so you would not have to be you, and you have tried to trust the "selves" and not you. Would you destroy and uncreate all the "selves" and discover who you is (that's Ebonics). You have cloned you as "self" so many times that you don't know who you are anymore. Would you consider going on the greatest adventure of your life? Taking your head out of your ass and finding you?

You don't trust you, you don't trust the universe, and you don't trust that you can have anything you ask for. Yet if you look throughout your life, there is evidence that if you asked, you received.

Trust is the ultimate choice for you. You've got to trust yourself enough to know that you know. You wouldn't have come to this class if you didn't trust you. People often trust more what they've learned or what other people have told them than what they know. Your cognitive mind (supermind) will explain and justify everything. When you do things because you just know you've got to do it and it doesn't necessarily make sense, ***then you're trusting you.***

**If you ask: *"Am I pretending not to know, denying that I know, or actually knowing?"* You'll destroy your cognitive mind and you will step away from the supermind.**

*In college when we were studying sociology and Jim Jones and the people who followed him and some religion and stuff, I have a little resistance in that I don't want to be deceived so I'm really cautious about things people are telling me, rather than being open. The supermind jumps out immediately and tears at what possibly could be wrong with this.*

Can you be deceived if you are willing to function from your awareness? Probably not? Yes or no? If you are willing to have total awareness, can you be deceived? No. What I am attempting to get you to function from is ***your*** total awareness; not my point of view. But the one thing the supermind will try to get you to do is to not believe anybody who is attempting to have you have your awareness because it will then cease to have power over you. So it says to anybody who is actually attempting to facilitate true awareness for you, it will tell you; *"you know what, they are going to try to take advantage of you."* Everywhere that you have given it that insidious power as though it is actually powerful. Guess what, if you created it who is more powerful; it or you? That would be you Bob. Will you acknowledge that please, and will you acknowledge that you have been listening to it like "yes I will obey master"? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it so you actually have a different choice available? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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You created your own supermind to run you and your life, then you trust it totally and doubt yourself if you ever question what the supermind is saying to you – that you programmed it to say to you. Insane! Again, who created your supermind? You. Trust you and not your supermind and gain the ability to generate a phenomenal life.

## Wrongness – POWERS - Potency of Being Embodied

Everything that is considered a wrongness in this reality is a power, a potency that you are as the potency of being embodied. The supermind tells you it's wrong to be _____. (It will fill in whatever you are being in that moment), basically according to the supermind it's just wrong to ***be***. It you are willing to be anything at will and choice and have not point of view about it; the supermind will never be able to control you again, and no one else for that matter. If you are willing to be anything and everything you will have no limitation in any respect. What would it be like to let the adventure of your life begin? Would you be willing to be every wrongness to have the totality of you?

How many of you would consider living your life from the **elegance**, **aesthetics**, **decadence**, and **liveliness** of it, instead of the pathetic of it? These are the ways in which you can create your life instead of creating a reality. When you are doing the elegance, aesthetics, decadence, and liveliness of things, then you have no judgment. Then you can have everything. If you can have everything, then you won't have any more problems. If you had so much money that nothing mattered to you, you would be considered decadent. It's the willingness to receive everything so much so that nothing is more important than the other. All judgment destroys all receiving.

**Elegance** is the willingness to use the least amount of energy to create the maximum effect. It's a way of living your life.

**Aesthetics** is the willingness to see the beauty of the moment and the change you can create. Sometimes you can create a change. Sometimes you have to create a change. Sometimes you can see it as the beauty it is without changing anything. What if you could look at your life and see it as the beauty it is right now and be totally grateful for every single part of it?

**Decadence** is the willingness to receive everything and hold onto nothing. It is the ability to waste. If you are willing to waste anything, no one will own you. But if you had molecular communion, you had this ability to generate instantaneously and you knew there was no such thing as a finite supply that its actually infinite. Would you be willing to waste without judgment? If there was an infinite supply of everything would you be willing to waste?


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Supermind tells you, you shouldn't waste anything. "Waste not, want not" is the supermind point of view. All of those things were you are not allowed to be aware, you have to choose to take everything, instead of nothing. If you go to one of those smorgasbords, how many times do you go back to fill up your plate? "Get your money's worth." I got my money's worth when I got the Jell-O. Why? Because I like Jell-O. "Waste anything, want nothing" is very freeing. To "want" is to lack. So if you function from the point of view you can't waste, you are functioning from the point of view that you will have lack, it is a given. That is the reason decadence is a necessity. You have to be willing to eat two bites of something and waste the rest of it, if that is all your body really wants. When you eat more than your body really needs, does it feel good, or does it feel bad? When you eat exactly what it desires, and sometimes that is two bites. I started asking **"what is it I really would I like to create here? What is it I can create? And what would be an expansive way to create from? What is a great choice? What is the most rewarding choice here?"** What I discovered is sometimes desert first, then the entre, then the salad and I still ate the amount my body usually likes. It didn't change much of anything to change the order of it, only my body liked it better. I still only had about three bites of each.

When you start being willing to waste and to function from the decadence, the supermind can no longer control you or your body. Then you can say I don't really desire any more of this, nor does my body. Then the supermind goes; "what? Yes you do." Eventually it begins to give up when you say; "I don't care for any more." The supermind says; *"you better eat everything right now because there may not be anything later."* Or that you couldn't order more after you ate what you ate, if your body desired more. Where do we get that? Doesn't that seem insane? Thank you supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Are you beginning to get clear on how insidious this thing is?

**Liveliness** is the willingness to come out of the dead zone of this reality – a lot of which is created through the supermind. The dead zone is the place from which you create your death in this reality everyday. Every time you buy into the value of this reality (which is the supermind), you are buying into the dead zone. All of the death zone and un-liveliness you bought from the supermind, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Potency** is the ability to change and transform anything. Power is power over others. The potency in the creation of you as the source is the willingness to be the question and to create a question in everyone else's universe. You become the catalyst for the possibility of change in every person you touch or anyone who looks at you.


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What have you decided is absolutely, eternally, irrevocably, infinitely and utterly not possible to be, that you truly are, that if you would be it, would change all realities and manifest as the total potency of embodiment? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate them all and return them all to sender? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Embodiment is everything this reality includes. You don't just get a body with embodiment. You get this entire reality. The potency of embodiment is the ability to be you, regardless of what occurs around you. Creating your life allows you to choose what you wish to do, without being subject to this reality. That's having the power of needlessness.

What potency are you absolutely, eternally, irrevocably, infinitely and utterly refusing to perceive, know, be, and receive with and as the power and potency of taking advantage, manipulation, male, female, cruelty, kindness, risk, needlessness, no, lying, unhappiness, evil, aloneness, gratitude, resentment, judgment, decision, generosity of spirit, ugliness, beauty, uselessness, war, anger, killing, lust, gluttony, envy, sloth, pride, greed and covetousness, that you truly can perceive, know, be, and receive, that if you would not triangulate them, would destroy all non-realities and manifest as the infinite potency of you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Every wrongness in this reality is a humanoid power. Do you wish to be at the effect of this or do you wish to have the power and the potency?

Notice how every one of those things in that list is a wrongness?

*Why is generosity of spirit a wrongness?*

The supermind says; you're stupid and you're easily taken advantage of when you have generosity of spirit. Gary is one of the most generous people I know. Like people in the business world. He lets them do it, he lets them do and then, no. When you have true generosity of spirit people often look at you and go, 'wow what an idiot, I can totally take advantage of them.' And true generosity of spirit you're also willing to be so happy when someone else gets something, 'wow that's so cool, I'm so glad they got that. That's wonderful.' And functioning from that place creates more in your life.

So does everybody see how cruelty is a power? Cause you have to be willing to have the power of cruelty otherwise cruelty will be done to you. Truly embracing


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and allowing yourself to be and have the power of cruelty allows you then and only then to have the power of kindness.

You've defined these things as either what you have to be or what you can't be. You have made all these things outside of you, not part of you. Whatever you make not part of you, you become the effect of and you have no *access* to. If you're excluding these things from your reality, are you willing to receive everything or not? Not.

What you refuse to be, becomes what limits you to a reality. Would you be willing to be so different that everybody wants to touch you, but nobody can touch you?

*"To be or not to be. That is the question. Whether 'tis nobler to suffer the slings and arrows of outrageous fortune* (which is this reality)*, or to go forth against a sea of adversity* (and in so doing, change all realities)*."*

To be you, you need to go forth against a sea of adversity and be different from everything else – and in so doing, change the world. The adversity is that which you define as reality. If you're willing to be you, then nobody else's point of view will ever control you. None of these things that are considered wrongness can control you.

If you would have nothing have power of you, then you must be willing to have all of it, without judgment.

The majority of the real powers that are available to us are the things that we judge. We judge taking advantage of others as bad, we judge male as bad if you're female, female as bad if you're male. No is bad, lying is bad, cruel is bad.

To exist in this reality you have to be wrong. This reality it is based on the human perspective and you as a humanoid are automatically wrong for not being human and you are a sinner. The ultimate sin is Humanoid, that's the 8th deadly sin.

The power of **taking advantage** is in the willingness to claim own and acknowledge your own superiority (which is different than acting or having to prove your superiority which really comes from believing you're inferior). If you believe that claiming your own superiority means you will be taking advantage of others and that is bad, you will allow others to take advantage of you. You have to be willing to take advantage of your own talents, abilities and powers to have the power and beingness of you. How much of your life do you spend trying to prove that you will not take advantage of others?


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You have to be willing to take advantage of people who require you to take advantage of them. Otherwise you'll have no place from which to communicate with them, no place from which they can receive anything from you, and they will go somewhere else to have someone else take advantage of them. You also have to be willing to take advantage so that you're not taken advantage of.

**Manipulation**

How many of you have judgments about manipulation is bad? In asking you questions in class, am I manipulating you in a certain way? Is it manipulating you to get you to look at the place where you can open a different door that you could previously perceive? Is that a power of manipulation and a way to use it to facilitate consciousness? The whole thing about having this stuff is using it and having access to it to create your life and facilitate consciousness. That's the value of it. By that judgment you end up creating you not been able to see it and you not being able to manipulate the universe into creating greater possibilities.

*When I found out about that whole Enron scandal, I was like; "wow, cool, you can do that?" There was something about the manipulation that was really amazing.*

Yes, are you a manipulative bitch? Have you ever been willing to truly acknowledge how manipulative you are and would like to be? How many of you have judgments of manipulation? Guess what, when you judge it who gets to get manipulated? That would be you baby. Everything that is and everything the supermind tells you "judge manipulation because it is bad" therefore I can manipulate you. You get how that works? It gets you to judge manipulation so you can separate from it, so you won't manipulate it and it can manipulate you. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and be willing to manipulate? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

When I say; "you can't let it go because I won't let you," is that a manipulation? Yes. Because what do I know you are going to do? "Fuck you, don't be telling me I can't let it go, I'm going to let it all go right now. I'm going to let mine go and theirs. I'm going to get them to give up theirs just to prove that you can't make us not let it go." I say, okay if you must. Manipulation. Is it possible that you could actually manipulate people into more consciousness? It's not a potency or anything, it's really bad stuff, don't ever do it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The power of **male** – are men direct? The power of male is to recognize how males function. If you decide you don't like what is male, that part of you that is male, you will deny. Men are simple and they will state exactly what they want.


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The power of **female** is the willingness to be needy at the right moment. When you are not willing to claim the power of female, you must do meanness as a proof of power. Powerful does not require meanness. What would it be like if you embraced the female as well as the male? If you look in the world, about 97% of the men hate women and about 97% of the women hate men, even though they wish to own one. If you are unwilling to use the power of female, then you will always be trying to prove you are as equal to a man, and than will always make you less than what you are, if you are a woman. The other power of female is the ability to use sex to get what ever they want. The other power of female is the ability to multi-task dynamically.

**Covetousness.** You have to be willing to have people covet. The other part is you have to be willing to create covetousness in other peoples universe about you and what you offer. The power of covetousness on the one hand is the ability to get people to covet you. 'oh baby do I want some of that. How much do you charge for me to be in your presence?'

The power of **cruelty** is required to have the power of **kindness**. If you are not willing to be cruel, you must always be proving that you are not cruel, which is not the same as kindness. Telling someone something to have power over them and hurt them is NOT the power of cruelty. The power of cruelty is the willingness to say something someone else may perceive as cruel when it needs to be said. People do cruel things because they can – for no other reason. Because you wouldn't be cruel, you always try to justify why somebody would do the things they do. If you are willing to be cruel, then people who are cruel will be afraid of you.

The power of **kindness** is the ability to look into somebody's universe and see what they require, what they need, and what they can truly receive. If you're not willing to see what somebody can truly receive, then what you will do to them, will not necessarily be kind. You have to be willing to be cruel to have the total awareness of what is kindness. If you truly have the power of kindness, you will not ask something of someone that they cannot deliver. In kindness, you know what someone can't receive and you give them the wedgie that would allow them to receive it in the future. Without kindness, you cannot see the future.

**Risk** is the willingness to go beyond the boundaries of what you have decided is the comfort zone. The big risk for you is beginning to see that you are valuable and stop selling yourself short.

The power of **needlessness** is the power of not needing something. The power of needlessness is the ability to not need anyone or anything. When you have no need of anyone or anything, then you have ultimate potency. When you are needless, it is irrelevant what somebody does. Every need creates a fixed point of view.


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How many fixed points of view have you created in order to create you as the needy pile of shit you pretend to be? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

When you need something, you are making it more significant than you are. When you are in need of a relationship, will you take anyone you're your bed, regardless of whether they have teeth? When someone is doing needy with relationship, that's the woman who's in a relationship with a killer who's in prison, and she can't wait for him to get out of prison, so he can come and kill her.

When you have the power of **needlessness**, you are free to have or not have something; you are not at the effect of the thing you need or believe you cannot live without. Needlessness is the ability to recognize that anybody can leave; so what? Needlessness is the most important power, and it is the least accessed. Needlessness is the willingness to be totally connected without requiring anything of the person. When someone is needless, they require nothing of anyone. If you are not vested in something, you are needless.

How much of needing anyone or anything as though it's greater than you is connected to the supermind? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

So in the absence of the supermind what would you generate?

As a boss, you would do needlessness. You have be willing to destroy everything in order to create everything. When you manage from awareness, you don't have to do control.

If you created your business from "*how much consciousness can I create here?*" instead of "*how much money am I going to make here?*" you can create a totally different universe.

What if you looked at **lying** as neither good nor bad? If you are willing to recognize that for you, you don't want to lie, but you lie to yourself all the time. If you are willing to lie to people, then you will always know when someone is lying to you. Does that mean you have to lie? No. But you can, if you choose to.

**Unhappiness** is used as a power to manipulate others. People doing this have the point of view that their unhappiness requires others to do something to make them feel better, which is where the manipulation occurs.


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When you resist **evil**, then others can do evil things to you. When you are able to realize you can do evil stuff—the truth is, you have been or done evil stuff in one lifetime or another. People who are evil are quite fascinating sexually, because they are a little bit dangerous. Why would you resist evil? Embrace it, enjoy it. It's fun to do evil things. I love being an elf! I love goading people, challenging people and tweaking them. I do it from fun, not from meanness. You can do evil just for the fun of it. What constitutes evil? Point of view and judgment. It's your judgment of what's evil. Fifty years ago, spare the rod and spoil the child was considered evil. What would it be considered today? Child abuse. Is one more evil than the other, or is it just a difference in perception? The only true evil as far as I'm concerned is unconsciousness. When you do something that is unconscious, that's evil. We judge evil as bad. It's not good or bad, it's just evil. **Cruelty** is not good or bad, it's just cruelty. How much energy are you using to resist the destruction of others, and instead destroying you and your body? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many of you have parts of you that have been judged by you or somebody else as heinously evil and awful in some lifetime? And would you ever want to see that about yourself or would you cut that off and put it some place else? If that is the case, if you were willing to see that you could do even evil and have in many lifetimes. There is *NOTHING* you haven't been or done. It is great because so many of us believe that if we were so much more conscious in other lifetimes and we must have been great then, and we are not great now and we never did anything bad. Well then who the fuck was going all the killing is what I want to know? Who was doing these fucking crusades? You guys. I had to get this at one point because I saw that there was a very significant lifetime I had were I was very well known and I did some really cool stuff in the world and a fuck of a lot of anti-consciousness too. I did a lot of screwed up shit at the same time as doing a lot of really cool shit. I looked and it was a brake through for me because I had always thought "I must have been more conscious then." Or, "I've never done anything evil." No, I killed people in very mean ways but, I had a good time doing it. I had fun, I was living with gusto. I knew more ways to kill someone than you can imagine and I have to say I was pretty darn good at it. Okay, there.

So, how many of you have killed people in other lifetimes? How many of you don't want to acknowledge it because you want to act like you are sweetness and light? And you don't want anyone to know that you have done murder, you've done treachery, you've done thievery, you've done sex of every form. You've gotten paid for it, you've gotten stolen from to create it, you've stolen from others. What if it were just kind of cool that you've done so much that you didn't even know about? The supermind would tell you; "you know what, you are aware of it and you're bad because you've done that. You were really, really bad so we need to punish


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you; hence create your life like a pile of shit because you are so bad." Everything you've been judging yourself for, for some other lifetime, that wasn't even judgable, what if you didn't have to judge you for anything? Everything you have been judging yourself for, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if there were no judgable offenses? There isn't one of you that in some lifetime or another hasn't been a child molester, a murderer, a thief, you have been and done everything over the last 4 trillion fucking years.

*In Foundation we were talking about the difference between judgment and awareness, how does that apply to your self?*

If you can look and go; "wow, I murdered people. Okay. Maybe it wasn't my best choice, but I had a good time." Or, wow I was really in judgment of myself then and I have made different choices now, cool." Or, "wow that was really cool, and I guess I have more parts to me than I have ever been willing to acknowledge. Wow, I guess there is more to me than I have been willing to see. If I was willing to kill people then and people had a problem with it, maybe I didn't care about people's points of view nearly as much as I think I do." How much of you caring about anybody's point of view is based on the fact that you want to prove that you weren't someone who did evil in another lifetime. Remember you prove the opposite of what you believe you are. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much of the evil you have supposedly done and how much of the evil you have supposedly done in other lifetimes when you actually had power; how much of that is an implanted and explanted point of view? How much of the point of view that every time you have had power and potency and awareness, you've used it to kill people is an implanted point of view so you never claim the power, potency and awareness of you? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You might ask; "what awareness am I having and what energy, space and consciousness can I be that would allow me to embrace the totality of me?"

What energy, space and consciousness are you, that you have been absolutely refusing to be, that if you would allow yourself to be it, would change all realities and allow you to embrace you in totality?


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What energy, space and consciousness can I be to release all barriers to perceiving, knowing, being and receiving the totality of me?

Do you get that perhaps your thoughts, beliefs, and attitudes have power? You must be in allowance of your thoughts, beliefs, and attitudes, in order to not create a disaster.

How much of good and evil have you done as a way to keep you married to this reality / supermind? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The **ultimate evil** from the point of view of this reality and the supermind on planet earth is to empower people to know. 90% of what you have judged yourself for, and judged were evil, were things you were implanted to believe were evil. Neither of this reality or the supermind want to be out of control of you. Nor do they want to be destroyed by having you not feed them. So would you be willing to be that evil? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Everything that is conscious and potent is considered evil by this reality and the supermind.

From my point of view, the ultimate evil is dis-empowering someone. You can do that by manipulating things, by trying to keep things under raps, keep things controlled so that somebody doesn't have access to the energy and the information that is required to actually make a choice for empowerment.

**Evil** could be as fascinating as beauty or kindness. If it's just an interesting point of view, then you're not at the effect of it. The only power evil has over you is the resistance you have to it. Was the tsunami evil? Or is there a force within the earth that is destructive. Is there also a force within you that is destructive?

The power of **aloneness** is in the willingness to be alone without judgment of it. Only if we are willing to have aloneness can we have communion with ourselves or another person or thing. When we are not willing to have the power of aloneness, we must avoid it at all costs, which creates no freedom or choice for us. It is a major power. It is the ability to be all by yourself for as long as you chose. When you are unwilling to be alone, you are setting yourself up to be the effect of people who use you. Most people try desperately not to be alone.

**Gratitude** is a major power. When you are grateful for people in your life, it is amazing what they will do for you. When you are truly grateful for someone in your life, they will always be the greatness they can be. When you are not grateful


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for everything in your life, then you become the effect of those things you are not grateful for. When you are grateful for every penny that comes into your life, the universe gives you more. When you are grateful for everyone and everything, the universe gives you more. When you are not grateful, that is not generosity of spirit and you cut off the flows of receiving and money. If you will truly be grateful for it and totally willing to receive it, you will have more in your life.

The power of **resentment**. If somebody is resentful of you, what do you do? When you have to show them they don't need to be resentful of you, who has control? Who has the power? That's the reason you need to be willing to have (others have) resentment (of you). If people are resentful of me, no problem! The power of resentment is the ability to create that in someone. When people are resentful – OK, how can I use this to my advantage?

The power of **judgment** is in the willingness to receive others' judgments. It doesn't mean you have to be judgment; you have to be willing to receive it. When you are unwilling to receive judgment, then you become powerless in the face of it. When you are unwilling to receive judgment, then you also cannot receive the judgments that will create for you. You want people to judge you the way you want them to judge you. Everything they judge, you get.

Most people do almost anything to avoid being judged by others. Being willing to receive their judgments is a power because you have choice and freedom, while the person doing the judgment is locked into their limitations. When you see somebody has a judgment of themselves and you put it in their face, where do they go? Away—they cease to be present. Is that a power? Do you control people with that?

**Decisions** are a power, because as soon as you do it, you have stopped any capacity to change. If someone does the same thing against you, do you become the effect of it? The ultimate power, the true power, is the ability to change. The ability to change anything and everything is the true power of humanoid reality—not the ability to be solid and real. That's not an ability, that's a lack of talent. Everybody tries to get you to become solid and real and stable and predictable, responsible. When somebody makes a decision, you are powerless in the face of that decision. You have to be able to recognize you are powerless in the face of decision in order to have the power to change it.

**Generosity of spirit** is the simultaneity of gifting and receiving, knowing that nothing lessens you and everything expands you. When you have generosity of spirit, you expand their universe as well as yours. If you're willing to be generous with people and give them more than they ask for, then you will get, maybe not from them, but from the universe.


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The power of **ugly** is to repulse. You've got to be willing to see the ugly, too. If you're not willing to see that people will do ugly and mean things, because they can, you will become the effect of. Any of these you are not willing to recognize that they exist and are truly a power, you will be the effect of. Is that really where you want to live?

The power of **beauty** is the willingness to see it. When you are willing to see the beauty in things, you can see the beauty in all things. When you can see kitsch as beauty, you have got an unlimited palate from which to taste and savor life. With beauty, you can distract people from the ugly things you do. Somebody who is totally beautiful, you will forgive them almost anything. Since you don't see the beauty of you, you will always make them superior to you. What if you are more beautiful than you see yourself as?

You're willing to be useless, but you're not willing to have the power of **uselessness**, which totally creates and controls your life as it currently is. If you become more useless than somebody who is useless, they'll get competent really quickly. If you always take up the slack and do what needs to be done, you are the effect of people who are useless.

The power of **war** is the willingness to wage war, without the necessity of doing so. If you're willing to wage war no one will wage war against you. The avoidance of conflict is the unwillingness to declare war.

The power of **control** is to stop generation. Is any generation possible when you're doing control? If you're doing control, you're trying to stop somebody from generating. Manipulation is about getting the person to look from a different place, so instead of stopping, they start to generate.

If you're willing to **kill**, no one is going to attack you. You can stop anyone dead in their tracks by being anything bad. If you're willing to do that and be that, no one will ever have power over you. You never want to be meek and mild. You want to let everybody know you're a killer, just by your energy.

Gary did this class in Sydney. And he ran a process about the willingness to kill and talked about it in class. And prior to that she had actually bought up this stuff about rape and men and how she was concerned. So Gary did some processing with her and then said, 'so are you willing to kill?' And initially no and then finally she said, 'yes' and Gary was like, 'ok cool. Does that mean that you have to kill someone?' 'no I can just be it.' So she went to her friends house that night and she was going to leave the friends house and she asked if they would walk her to her car and they said, 'no'. Nice huh! But on the way there she felt this energy and turned around and there was this guy behind her with this red coke jacket on. She looks at him and goes, 'hi!' Had her keys, puts her keys in the car and unlocks the


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door. And she heard the guy say, 'no leave this one.' Got in the car and drove away. That night 4 women were raped in that area. The leader of the gang was wearing a red coke jacket. But she wasn't fuckable with. He couldn't fuck with her because she was willing to kill and he knew it. Somebody who's willing to rape is looking for someone that is doing victim. She was being totally present and being that willingness to kill.

**Lust** can intimidate others. You have got to be willing to put so much lust at somebody that they crawl away in fear.

**Gluttony** is the willingness to take everything you want, when you want it, regardless of anybody's point of view. Gluttony is the willingness to eat it all, have it all, throw it all away. As long are you are not willing to be gluttonous, you will always create yourself as a financial pile of shit. If you're not willing to have everything, you'll also create someone in your life to steal it, so you don't have to have it all.

**Pride** is something people consider a badness. If you are proud of what you are and what you do, does anybody truly notice? No. If you are not prideful of what you do, and try to prove it's good, do people notice? Yes – and they judge you.

Make somebody **envious** of you. Who has control?

Does anybody hear power in responsibility? No, because there is no power in responsibility. All that is, is another form of control. Why do people make you responsible? How do they do that? Do they manipulate you with blame, shame, regret, all those things? How much of your life have you been run by other people's unhappiness? How many people actually had parents who were happy?

Control is not one of these because all of these powers are ways in which you control. These are all the things you do to create control. The ability to lie means you do not have to prove that you are truthful all the time. You know you can lie. If you don't believe you can lie, look at the way you lie to yourself. How often do you tell yourself how wonderful you are? How often do you tell yourself you're a worthless pile of debris? Is that a truth?

If you are willing to do these things, then no one can take advantage of you. You don't have to do them, you just have to be willing to do them. Everything that is judgeable in this reality is a power be if you can have it and be it.

You can do a perceive, know, be and receive process on any of these powers. You need to do each power separately. Perceive, know, be and receive what would allow me to perceive, know, be and receive the infinite needlessness (*for example*) I truly have and am. **A billion times a billion times a billion times a billion times**


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**a godzillion, right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**

The greatest powers are the powers of needlessness, gratitude, kindness, generosity of spirit, and aloneness.

**All power is based on what you refuse to receive.** Power over you occurs when you are refusing to receive something. If you are refusing to receive evil, the evil has power over you. If you are refusing to receive somebody's judgment, then judgment has power over you. If you refusing to receive cruelty, then cruelty has power over you. You have to be willing to be cruelty, to be evil, to be resentment, in order to have nothing have power over you. Others have power over you when you refuse these things. If someone is evil and I refuse to see it, and they do something evil to me, I go, "Oh my god, they did that to me!" Then I become the victim and pathetic. Is that a great place to live? IF can see that they can do evil, I can go, "Don't fuck with me, asshole!" and they go, "Oh!" The reason people do evil is to get power over you. The reason people do cruelty is to get power over you. If you are willing to receive all of these, to be all of these, know all of these, to have all of these, then no one can ever control you again.

People are always trying to prove that they are the opposite of what they think they are. How much work are you creating in your life to prove you're not what you've already decided you are? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The only thing more frightening than an evil person is a crazy person. You're all insane, but you won't claim it. How much energy do you use to prove to other people that you're sane?

## Being uncomfortable

Being uncomfortable is one of the ways it makes you go back into it – where you would rather be comfortable than stepping into something you don't know.

If you go; "oh supermind, that's interesting that you think I'm uncomfortable." When you are perceiving more space and the supermind says; *"aren't you uncomfortable? See how uncomfortable you are?"*

What the supermind does is goes; *"that is really bad. Notice how uncomfortable you feel like this?"* Before that you were going; "I didn't feel uncomfortable, I was feeling great!" The supermind says; *"notice how uncomfortable you feel?"* And you go; "oh yes, I am feeling uncomfortable. I better stop." So you go back to that thing that


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defines you, that you know who you are when you are doing it and the cycle starts all over again. Welcome to the supermind.

Or you could choose something totally different, you could go; "no I'm not, I'm having a great time" **and you literally step away**.

**You literally say; "what energy, space and consciousness would I have to be to choose something else?"**

How much have you done to avoid discomfort in your life? You know when I asked that space that you were (after lunch), how many of you could perceive the space and how many of you thought is was uncomfortable and a wrongness, and you were trying to make it wrong and kept asking what was wrong? Well that is the same thing, because ***space is uncomfortable to the supermind.*** It is not comfortable for it because the supermind can't then control it. ***When you are being space it can't control you.*** It will pull out all the stops and do whatever it can to get you to reconnect. Everywhere you have given it it's base to hook it's tentacles, instead of willing to be in allowance of you and actually enjoy you, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

When someone from your class or any class comes to you saying how uncomfortable they are ask them; "how much did you awareness increase in Foundation class?" For you guys here right now, how much just in the last day and a half, how much percentage wise has your awareness increased over what it was when you walked in the door; your awareness of everything? More than 100%? *Yes.* More than a 1000%? *Yes.* Okay, so that is at least ten times more awareness that you are going to have of *EVERYTHING.* How many people out there are choosing lightness and joy in their life? You guys, okay cool, awesome, yes things have changed, alright. If you are perceiving ten times more or more than that even; is it possible that you are going to be way more aware of the insanity and the pain and the suffering and the heaviness other people choose? So is it even more imperative now that you don't buy it as your's?

The supermind would do everything it can to tell you it's a really bad thing that you have this awareness. It would say; *"it's really screwed up and you're really screwed up and this really is all you."* It's not actually you. The funny part is it never actually has been you but you bought it as you for a really long time and you've had this thing whispering in your ear that it was you; all the time. Hopefully now you have a different choice.


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## Pain as motivation to keep supermind

How much do you deny what is true for you in the presence of pain? And is pain real or is it a creation? It is actually a creation. Everything you have done to allow that creation and to perpetrate it on yourself, emotional, physical or otherwise; will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Everything you have done to not acknowledge that you are the source and generation of change of even that, of even what is called pain into space or possibility; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**
The supermind also has a connection to all the pains in your body – every time you make pain or disease real, instead of asking your body what it is telling you.

As long as you believe pain is real, you must of necessity create pain, in order to prove the rightness of your point of view. How many of you have misapplied and misidentified intensity as pain?

If you recognize that your body is trying to give you information and you are unwilling to receive it, then when intensity of something shows up, don't call it pain, just ask: ***Body, what are you trying to tell me with this intensity?*** If you buy it as pain and it isn't, all you do is lock it into your body and start to damage your body.

Someone was saying they would rather have the migraines and supermind than give it up.

*I don't see a reason.*

That is what I mean, you would rather keep it because it is security for you. The supermind is your security blanket. You live in fucking California, the ground is not even secure. How come you are looking for a security blanket? I'm trying to give you the reality of it. The thing about the supermind is it says; *"don't give me up because you'll be insecure, nothing is going to work in your life."*

*What I get is nothingness, complete nothingness.*

That is what it says; "there will be nothing there for you, if you give me up." So you are believing the supermind, rather than trusting you. Being you doesn't mean anything to you because you have never been you. How can being you mean something if you have never been you? You have been a conglomeration of the


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supermind and other people's projections about who you are, what you are, where you are, when you are, why you are and how you are. All you are is an image of other people's projections right now. Do you exist because of that? What does the supermind tell you, yes or no? Yes? So, you exist because of the supermind, okay.

Try this; you let go of the supermind, will your life be greater or lesser in 3, 6 or 9 months? Use your awareness, will it be greater or lesser?

*I have a headache so I don't have clarity.*

No, that is your justification. You use your headaches to not have to change things. Your resistance to change always will create headaches. So, you keep it. Look into the future 3, 6, 9 months down the road. Better, worse or the same? You assume I have a point of view about the answer. I have none. I don't care weather you get rid of it or not, if you like it and want to keep it and it makes you feel better to have it, keep it. I am trying to take those people who want to change their entire life and are not happy with how there life is currently and showing them how they can do that. That is all I'm interested in. If you are interested in changing you life – here is a way. If you are not interested in changing your life, don't change it.

*If you would give me a good enough reason, I would do it.*

*Would you like a justification with that?*

*Before the supermind I had reasons and justification for why I wanted to change that really didn't hold much water. The thing is, as a humanoid when you talk about the supermind I am so rebellious as humanoid, I don't want to be controlled by this thing. I find there is no motivation there – like, "I want to be free" that is look warm but not wanting to be controlled by this thing is pretty high motivation.*

How about that? Nope. She doesn't mind being controlled. The control freak of the universe doesn't mind being controlled by something outside of her. That is funny.

*That means you are a supermind zombie.*
Not really, she could think she is totally in control. Watch "The Matrix" and see if you want to live in that. If that is all you desire, then keep it. I don't have a point of view. I am interested in freeing me. If you pay me to get you free and you don't choose it, I don't care. You'll have to come back 2700 other times and pay me some more. That works for me.

*If I don't choose any point of view at all, why would I choose one that isn't even mine?*
There is a reason, does that one work for you? Nope. Okay. Anybody else have a reason for giving it up?


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*I am happy to give up anything and everything at least once.*
Even all your money?

*Yes, I was until I realized I had to keep it for my family.*
No, no that is your reason and justification for it. You were willing to waste it before you realized keeping your family to get money was valuable.

*Am I willing to loose all my money, or give it up?*
Either one.

*Okay.*
Good. Now the supermind will not have control over you.

*I used to have headaches and Dain gave me this point of view to look at about having all this pain. He said; "why don't you go towards the pain and ask 'what potency is this I am unwilling to perceive, be, know or receive?'" and I decided he might know something that I didn't and even if he didn't I was going to try it anyway because I am willing to try everything at least once. So I started doing it and when I did that it hurt like hell and then it disappeared completely.*

K. go into the supermind totally. Go into it totally. Give all of you up in favor of the supermind so that you have no doubt about anything any more, everything is set for you. Now withdraw from it. That hurts? So, withdrawing from it hurts. So who is creating the hurt, you or the supermind? Is pain the way the supermind hooks you back into it? Good, so everything you have done to buy into that, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What was that about going into the pain?*

Go into the pain because the reason you are having the pain is because you are resisting a potency. Ask; "what potency is this I am resisting." It makes it worse, but you have to go on into it until it goes away. You go all the way through the pain not just go to the pain then back out because it made it worse. You are unwilling to experience the pain because you think avoiding the pain is the way out. No, avoiding the pain is the way not to get into you. That is what the supermind tells you; "avoid pain at all cost," and you become the effect as a result of that. How much of the pain of you life are you avoiding? Like it is the destruction of you if you avoid it. If I have a pain I go; "what is this, what do I do with it, how do I change it?" and if it doesn't go away instantly I go; "okay, what's this, what do I do with it, how do I change it?" and if it doesn't go away instantly I go; "okay, what's this, what do I do with it, how do I change it?" You didn't go all the way into it to the point where it could disappear. You didn't enjoy the pain, you avoided the pain. The joy of pain. "No pain, no gain" is a lie. Total pain, total


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gain. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you experience the totality of the pain, you will gain beyond your wildest dreams. You go into it and beyond it.

*Telling us to go into the pain is the opposite of what you've been telling us to expand outside our body until it dissipates.*

I tried that and that didn't work on you. You didn't want to do that. What you told me at the time was I can't, the pain is too intense. The way I get rid of pain is I go out side in all directions until it no longer impacts my body. Then I can look at it and go; "what is this, what do I do with it, what do I need to know or understand and what will it take to I change it?" But it is always a question for me. Pain is not real, it is a creation. That is not real to you? She believes that pain is real. She is a chiropractor so pain must be real, otherwise there would be no use for her job. Her job would have no meaning. If people had no pain what use would be doctors or chiropractors?

It is not so much about buying the body being real. It is rather than realizing this is an intense awareness here. When I have pain anywhere, I go; this is an intense awareness, what do I do with this? What do I need to know here? What am I not being aware of here? What else can I change here? I become aware that pain was not real the time I went into the oven because something was burning, grabbed the pan and put it on top of the stove and realized I hadn't put any mitts on. And my hands weren't burned and there was no pain. I went; huh, if I wanted to think about this I could probably create this a problem. I also new this because my kids would fall down, hit their heads on the concrete and I'd walk over and say; "did you brake the concrete?" They'd look down and go; "no," get up and go play and no bump would even show up on their head. When I said; "are you all right?" They'd burst out in tears and they'd have a huge bump on their head. When I asked if they broke the concrete they didn't get hurt because I didn't create the point of view that pain was real.

You have to realize, is this pain mine? Is this intensity mine? Or am I just aware? The thing most of you are not willing to be is that intensely aware. So you'd rather have it as pain than be intensely aware. Pain is preferable to intense awareness. Everywhere you have made pain preferable to intense awareness, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Pain is a way of controlling things. "I can't I've got a headache. I can't because of this. I can't do that because of the pain. I can't go there because of the pain. I can't do that because of the pain." It is a way to control, not a potency. K. has a great


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amount of awareness that she is not willing to have. And the good thing about keeping the supermind is, the supermind keeps telling you; *"you don't need that awareness. Nobody needs that intensity of awareness, it's the pain, avoid it, avoid it, avoid it. I'll tell you if there is anything to worry about. Worry about money because that is something worthwhile to worry about."*

*If the supermind is your baby you wouldn't want to kill it, if you are part of the creation of it.*

So is it your baby? Yep. So you are one of the creators of the thing? No wonder you don't want to give it up. Good, so don't give it up, keep your baby. Keep your bad seed.

*When your baby turns on you it's different.*

Your baby has already turned on you. It is giving you pain at even the vague thought of giving it up. Is it paying you any more? Was it your perfection of the multi-level marketing plan? So, the value of holding onto it is what?

*It seemed like a good idea.*

Is that good enough reason to keep it? You are asking for what reason would I give it up. Who else has a reason? Some of you decided you would give up the supermind. She needs a reason why you would give it up, so tell me what your reason for giving it up was.

- *No more limitations.*
- *I would rather have infinite awareness of all that is possible as opposed to even 50 things that are possible.*
- *Just for the fun of it.*
- *I want to meet the most important person of my life, who is me. That I have never met before.*

So you'd have too many things possible in your life.

*I have noticed since disconnecting from it, since the body class there was a sense that I wasn't comfortable and it was very unsettling, but in knew it was the right direction. Like it was the most uncomfortable I have been in Access thus far. At the ordainment I said to Dain I feel fucked up. He said, you're like a junkie going through withdraw.*

So, are you addicted to the supermind K.? That would be a no Bob. I'm uncomfortable but I won't give it up because the un-comfortableness I currently have I am familiar with. "The pain you have is better than the pain you don't know."


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*It's like an abusive husband. You throw him out then take him back.*

Yep, it is like having an abusive relationship and keeping it anyway. It is like having your mother and not ever divorcing her and not letting her die. Is that a good reason? No, okay good. So, **I'll give you my reason. Giving up supermind allowed me to like me and to never judge me again.** That was my reason.

It is her creation, she likes it, it is a cool thing to her. If she disconnects and uncreates it, then she won't have the comfort of her own creation.

*Everything I've tried in Access works, like all the sudden this one thing isn't going to?*

Somehow there is some need that she gets from it, that fulfills some part of her life and makes her life better. That is a choice. She knows exactly what the supermind is; she like you was a creator of it.

*You've said we are a catalyst for change but most of us have been functioning from - we only change something if it is not working. Like there has to be something wrong to change it. What about allowance, what if there is nothing to clear?*

So the supermind is working, so why change it? Would it be compelling to you to let it go if it meant you could have everything you always thought you desired?

Maybe. Okay, we're getting close. If you let it go and it meant that you would get a million dollars in the next year, would you let it go? Okay, so money is the motivation, she can be bought. Apparently you are trying to prove you are not a prostitute. Everything that brought up for everybody else, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The good news is I am willing to let you have it for as long as you choose to have it. It is just your choice. I can give you good reasons why to let it go but none of them will be a good enough reason for you. At this point and time in your life the only reason that is good enough to let it go is if you made money off of it. Money is one reason. Let me tell you, you could generate a whole lot more money when you don't have the supermind telling you, you can't and putting the brakes on all the time when you are trying to go full speed.

Good, so now truth will you destroy and uncreate everything you aligned and agreed with or resisted and reacted to that allows any and all of it to exist? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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## Spirituality, Church, Cult, Religion

99% of the churches, cults, religions and spiritual work is done by the supermind. Supermind is creator of the churches, churches are the generator of the supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Spirituality is not about consciousness. It is about the superiority of the soul over the body. Your soul is a function of the supermind. Which is larger, your soul or infinite beingness? Infinite beingness is infinitely larger. Your soul is the superminds substitute that it would have you search for, try to connect to and try to be because your soul is connected to your supermind. The very concept ties you into the supermind. Every church, cult, and religion is that. All spirituality is at this point is a segregation into a different kind of church where God speaks to everybody, instead of just the priest, except for the people who are the channels, gurus, and priests, who get to talk to God directly, and you don't.

All the lies you have bought that keep you connected to the supermind, will you destroy and uncreate all those? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Eternally significant - supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

**Eternal life** is a point of view of what? You have a soul that is eternal, but your body goes from lifetime to lifetime, or to heaven. Does it require any judgment in order to achieve eternal life? Just a bit. It's a constant state of judgment.

**Akashic records** are part of the supermind. It is the cross referencing systems.

**Awareness is not intuition** but, intuition can be awareness. You identify "intuition" as a solidity, you have then bought it from the supermind and it is no longer intuition, it is no longer awareness.

**The metaphysical community** is always trying to attach you to the supermind. Make it significant, make it important. It's not about being aware, it's about "this is what is true." They call things "truth" that are not light.

**Meditation** disconnects you from the supermind temporarily, but as soon as you open your eyes and go out in the world, then everybody tries to reconnect you to it, unless you're alone in a cave somewhere. Then you can have the supermind gone, but you have nothing to look at, nobody to talk to, and nothing to eat. Oh well.


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The good news is with awareness of the supermind, you can ask; "my point of view or supermind's point of view? I wonder what my point of view is?" Definitely different, are you willing to be as different as you truly are?

Is there any judgment that if you don't have the spiritual experience that you are suppose to have, that everybody else say's they are having – do you have any judgment of yourself? That goes along with sex too because everyone tells you what it is suppose to be like. I read everything I could find about sex and how to do it. I went and tried it and found it mostly boring and realized none of that applies to me and then asked what would I like to create? I did things no one had ever heard of.

**Science, experimentation and logical**, if it is suppose to be logical, chances are it's the supermind. Metaphysics? How much of metaphysical is answers? All of it. Anything or anyone that does answer is the supermind. Notice in Access I never tell you I have the answer. I do have a question, I have lots of questions. The answer you are looking for is the question.

Everything you have done to buy that "when I'm sitting in one of these Access classes I must be more spiritual than anyone else. I must do spirituality right. I must do consciousness right. And unless I am number one in oneness, I don't really have any value." Will you please revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How much of that whole point of view is the supermind? A little, a lot, or all of it? All of it. Everything that is, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*In AA the third step is to give your life over to a higher power, the higher power is the supermind.*

How many of you have acknowledged the supermind as the higher power, the super power. How many of you think supermind is God? Oops. How many of you have misidentified and misapplied the supermind as the higher power, God, the higher self, my guide, spirit guides. Everything that you have misidentified and misapplied as those things that are a superpower and is actually the supermind will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You disconnected from the supermind and your guides went away.

Have you also misidentified and misapplied the supermind as the evil in life?


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God and religion is the only way to happiness? In other words the supermind is the only way to happiness. Everything you have done to buy that the supermind will give you happiness, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Access is about facilitating consciousness and awareness and your knowing. To do that does it mean you have to give up your religion? No, not at all. It might even enhance it. It is about having more of what works for you. The question ought to be; **"what else can I add to my life?"** Not; "what do I have to get rid of, to make all of this okay?" What if your functional point of view in life were; "what else can I add to my life? What else can I add that would make my life be even more joyful?" When you start functioning from there, you get a totally different point of view about the world because it is not then about cutting things out, it's about; wow, what else can I add to have more?

**Bible**

*In the Bible you quoted yesterday it says; "and man is, that he may have joy." How many people who study the Bible really believe that?*

None. The Bible says it will be hard, it tells you a hell of a lot more of that, and that you have to judge you; gosh, how much of the Bible was written by, connected by, created by people who were enforcing the supermind?

*All of it.*

No, there are certain truths in the Bible. What you read that makes you feel light and it gives you more access to a sense of awareness and space and generation is true. What you read that makes you feel heavy is a lie.

So you don't suppose that people have come along and tinkered with the Bible over the years do you? No that would not happen, no king ever wanted to put his point of view in and no pope or anybody like that wanted to put their point of view in so you'd give them more money or anything? No that never happened. What you have to do is be willing to look at is and see what is true for you. That is what matters. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And how many of you wrote parts of the Bible in some lifetime? I know it is sacrilege to say so which is why I so like doing it. Everything you wrote or anything somebody you knew wrote or anything you wrote that somebody read and then wrote based on, that allows any of that to exist; will you rescind, revoke,


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recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And the Kabala, the Torah, the Koran and anything else, everything you wrote about that, all of those, everything you contributed to it, that someone then came along and used to ensnare people, even though you were writing it to try and set them free, and they used it to control which pisses you off when you see it, or read it, or hear about it. will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate everything that allows that to exist? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## "Truth" – church, cult, religions

When someone goes to tell you their truth, what are they doing? They are usually going to skewer you or stab you. "Let me tell you my truth; you know what, you're a real jerk." "Thank you so much for telling me your truth." When someone is telling you their truth, look to see if there is a huge amount of judgment that is going to be coming your way as a result of it. Oneness has no "truth" in it. There are truths, things that are true, things that actually are; but it doesn't have truth as a fixed point of view.

Truth is always a judgment. When you say you have a "truth" it is always a fixed point of view and it's always somebody's truth that they have either told you or decided and then you are suppose to follow it; there by giving away your awareness. You said you went to church "to create more awareness," will you acknowledge that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many of you have been involved in these things; churches, cults, religions, colleges, schools, universities, institutions, academies or groups in some lifetime or another specifically to create more awareness? But then you forgot and you went to truths instead because you went; "oh maybe this is the answer." How many times have you gone; "maybe this is the answer." In order to have anything as the answer, do you have to cut off your awareness of everything else? Yes. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*When I started Access I was like that guy, "I'm not going there again."*

Exactly, I'm not believing again that something could actually work. But the thing is, you have all these things that you have embedded in your universe as "truths" and what is the definition of a truth? Nothing else exists other than that truth. So you have all of these truths and **Access conflicts with every one of them**. Because


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what we are asking you to do is to be aware. We are asking you to; "when you go to church tomorrow listen to what he idiot at the pulpit is saying and see what makes you feel lighter or heavier. When you go to your Bible study, listen to what they are saying and see which part of it makes you feel lighter and heavier. And acknowledge that they may not be nearly as bright as you are." Access conflicts with every "truth" you have ever heard because it is not telling you; we have the answer. **We are telling you; you have every question necessary to generate your life and you are not dependant on Access either.** Slightly different point of view. Damn, sorry can't make it into a cult.

*My daughter once said about church that it was a cult and I got very offended. She got a dictionary and showed me how the word meant any group that has secrets. So cult isn't necessarily a bad word, for people who are wanting to be in a group but some people take great offense at that and putting that label onto what they belong to. I didn't have the understanding of literally what that word meant so I just thought that was interesting. I don't personally want to be part of a cult of dictation of any type. I want to choose. I make the choice to choose.*

## World as reflection of you

*But what I see in the world is a reflection of me.*

Oh contraire. How many of you have bought the idea that what you see in the world is a reflection of you?

*As I become more aware that will not be the same reflection.*

No, the world is not a refection of you. There are assholes in the world, are you an asshole?

*If I judge them I am an asshole.*

No, you are just judging.

*If I'm judging they are an asshole, I'm an asshole right?*

No, you are just judging. This idea that the world is your refection is one of these wonderful metaphysical concepts that sticks us and I am attempting to get you to look at what is actually there for you that you are labeling this, so that you don't get stuck by having to be a reflection of the world. What I see when I look out into the world is; how much consciousness do you see in the world? Not much. Are you a reflection of that or are you desiring something different?

*Something different.*


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Yes. So are you actually a reflection of the world? Is the world a reflection of you? If the world were a reflection of you, would there be war?

*No.*

No.

*Yes. There is a constant conflict in the mind, inside my mind. So to me that is war.*

There is a conflict in your mind but is there a conflict in your beingness? How much of the conflict in your mind is actually the supermind?

*All of it is.*

Do you actually desire to let it go? Or would you rather hold onto the points of view you came in here with and prove that they are right, so that you don't actually have to get any change out of being here, you can just leave right?

*Whatever it takes to change this.*

Truth? Thank you, **right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Supermind as god

What about god? How much of what you have created as god is actually the supermind? More than all of it, interesting. Please get this; you are talking to a guy who at twelve years old went out into the woods alone at a church retreat and became a born again Christian by inviting Jesus into his heart. I had total and utter peace. I was total allowance. Allowance is were everything is able to exist and nothing is judged. Were you don't have a point of view about anything. Were anything someone presents to you is an interesting point of view and every point of view you have is an interesting point of view. This is what I received by "letting Jesus into my heart" at twelve years old. I had that for almost a year until I went to this boy scout camp were most of the little boys were really, really, really mean and I didn't understand it and it created a crink in my universe; to where I actually let that go. I let what I knew go in favor of the supermind. So when I ask how much of your god and what you have created as god is actually a product of the supermind; what I'm attempting to get you to have is the place where you don't have to judge yourself in the name of god. Where you don't have to judge anyone else in the name of god. Where you don't have to separate from you in the name of god. Where you don't have to separate from anyone else in the name of god. And


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wherever what god is for you might actually be the totality of you showing up in your life. What if you were god for you?

Now, how much heaviness does that bring up? How much "AAAahhhhhhhh, you are taking away my sacred cow. You are taking my sacred cow to auction, bad Dain." How many of you have made the supermind your god? The thing you check in with all the time that gives you the answer and gives you the judgment you need to have in every situation. Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

K. at some point did you see that you were what you had been calling god? That you were what you knew god is, that you were that in totality, not the supermind? Did you see it and it was a too much situation, "oh my god, that couldn't be true. I couldn't be that big, I couldn't be that non-judgmental, I couldn't be that much space, I couldn't be that much potency, I couldn't be that aware, I couldn't have that much going on. Is it possible that in this Access stuff, somewhere along the line you actually became aware of that as a possibility for you? That you actually were – I'm going to say it because of what we just talked about – that you actually were greater than god? That you actually were greater than the supermind, and is that what you were not willing to have, is that what you refused? Is that were you decided, "oh my god, I better go and get taken care of."

*It was something like that with my family, I would be greater than all of them and anything they could reach, it would make me bigger than them.*

Are you guys willing to be bigger than your families? Will you acknowledge that you already are? Other than the people that are actually grateful for you and always caring for you and not judging you in your family. Hopefully you at least have one. Some of you might have a few, if you are really fortunate. Most people have families that were looking at them like "where did the black sheep, red headed, stepchild come in? What are you doing here?" And you didn't feel like you fit as part of your family. Would you be willing to be greater than your family if that is what it took for you to actually have you? And it doesn't mean you go and say to them; "I'm greater than you are, you're a piece of shit." Because you would never do that. They would do it to you but you would never do that to them. Would you acknowledge that please? That the greatness of you is actually a sense of peace. Not greater than, but total humility, total caring. It is what Jesus was when he was walking around on the planet and ever since. Try to kill and infinite being, I dare you. Jesus was like the ultimate humanoid. And what did he say in the bible? "You will perform far greater works than I." Jesus said to everybody; "you guys are cooler than I am even, you just don't know it yet." And everybody went; "no, no, we must worship you because you are the source." You don't suppose he was trying to tell people "you are your own source," do you? Does that


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make you feel lighter? And what did people do? No, can't be the case. Let's use that wonderful energy as a way of controlling, hey good idea. Everything that is, everything connected to the supermind creating it and every church, cult, religion, college, school, university, institution and academy you have created in any lifetime or contributed to that controls anyone, will you now take out anything that allows control of anyone? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

You know that thing, if you desire change in the world, ***be the change you desire to see.*** That is how you create change in the world. Two things, by being the space of possibility that is a different possibility. In other words, by not buying into the supermind. The other thing is by destroying and uncreating everything that you created that creates limitation.

*I feel like I was doing that.*

Yes, then you decided you couldn't be greater than god and we already found out that you misidentified and misapplied the supermind as god. So you don't actually want to let this go, so you can hold in place that god is greater than you and your mother is greater than you. Cool.

*I'm willing to let this go.*

Truth? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*Pretty much my whole life I have been making some religious figure greater than me, thinking I could never be that great. Thank you so much for this.*

Yes, pretty much everyone. Religious figures, yes. Spiritual figures, yes. Saints, archangels, angels, pretty much anyone is greater than you. The facilitator of an Access class, they must only be doing it because they are perfect. They are greater than you. How many of you have placed other people as greater than you? All kinds of people. But then there are people who you feel are less than you because they don't have nearly as much spiritual significance as you do, so they're less than you. See how you are playing that greater and less than game? Everything that is, everywhere you have done it and created you life as either they are greater or less than you, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*Because the truth is we are all equal.*


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That is another good one. Show me someone you are equal to. Does equality actually exist? Or is equal a judgment? Is equal the way you look at somebody else and compare you and cut parts of you off to find how you are equal with the other person. Or where you look at somebody else and compare you and find that you are lacking. Notice how there is always a judgment. Are two people equal? No, they can't even have the same body. They are not equal. How much of that is the supermind? How much of al of this stuff is the supermind? Everything you have created to or connected to the supermind that allows any of this to exist, any of you here who were creators of it, or that part of it and interconnectedness of it, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What is the difference between divine and infinite? Is there any judgment in "divine"? One of the things that happens in Access is sort of like all sacred cows go to slaughter, or at least to auction…Are both from the same source? I don't have a good answer for you. It would seem to me that as infinite beings we all have infiniteness in our infiniteness. From the same source, I don't have a good answer for that. What do you know? Which one makes you feel lighter, yes or no?

*Yeah, I feel like we are all from the same source.*

Okay, so what would also be the difference between being from the same source and; because source is often seen as either a place or a point or sort of like a starting point, and is there any starting point to infinite beingness? Is there any starting point to infinite beingness? Based on what you are aware of as infinite beingness, is there a starting point, or is it just an ***is***? It's an "is." Would you be willing to have the total awareness of that and be willing to be that which is even beyond the source? Thank you. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Notice in the willingness to be that which is beyond the source…with source supermind goes into it and says; "here is the source" and you'd look for a source and look for a source and nothing can just ***be***. When you are willing to go beyond the source you are also willing to go beyond the limitations of the supermind. Which also means you are willing to go beyond the limitations of thinking; which means you are actually willing to step into more being. Notice when you said; "yes I will go beyond source" that it created space. That is the possibility for every moment and greater. And it's a choice.

## Memory

**The supermind is primarily a memory source for your past.** It's how you keep everything in existence the way it is. If you do not use your memory, you don't facilitate this, because your memory is part of the way you maintain connection to


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it. **You are looking to uncreate your connections to it, so that you get out of being the effect of it.** Whatever or whoever you think you are attached to becomes the source for attaching you to the supermind.

The more Access you do the less memory you will have. But you do have this really great thing called **recall**. When you have recall that's not a function of the mind, it's a function of the being. Memory is finite, it's specific. It's like the little piece of mail you put in the slot and you go back and retrieve that mail with all of your judgments. Also memory you have to go back in time and bring it forward it time. Recall is instantaneous.

## Secret agent for the Supermind

How many of you are here as secret agents and proponents of the supermind, destined and designed to hold it in place at all costs, even if you have to go crazy to do it. Will you please give up that job? Truth? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

And all of you who have the job of succumbing to the people who are the secret agents and proponents of the supermind, that when they go crazy you will go into their universe and try to find and fix them, thereby connecting you back to the supermind. We call that family and relationship. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How many of you are secret agents for continuous, perpetual, eternal reconnection to the supermind? I know because one of them is about to ask a question. Yes K.

*Three steps away and then you run the other direction?*

Yes. You have never seen that in your life though, have you?

*My role as a secret agent…*

Yes, to make sure we all get reconnected, thank you very much. We are grateful for your willingness to try to such us back in, in that way. That is some serious caring, thank you. Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be. Thank you, you have all done your jobs really well, would you consider having a job that is actually fun for you now please? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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Would you consider a job where you don't have to destroy you, get locked up and thrown away in order to reconnect people to the supermind? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Some of you are looking at me like I am nuts, some of you are saying; "thank you!" Just know that if you are looking at me like I am nuts, you're right and that may not be one that totally applies in your situation.

*Well I'm totally nuts and I don't get what you are talking about.*

Yes oh total and perpetual re-connecter to the supermind, what would your question be?

*Have I not given that up yet?*

Yes. Lovely, filthy seductress, what would your question be? She can stand over the in the corner and go; "come on to the supermind big boy. Come to the supermind (posing like a vixen) Look at what you are going to get if you succumb to the supermind. Come on…come on." And even the women go; " okay, okay I will. Yes."

*So that is what I'm doing?*
Truth, are you?

*No, I'm trying to get free.*
Truth, are you?

*Yes.*
Your lying.

*I am?*
Yes.

*Me or the supermind?*
Nice try. Honey, darling, baby doll, sweet cheeks; you wouldn't give it up if your life depended on it. And guess what? If you are ever going to create a life, it depends on it. I'll come back to you.

## Addiction to the supermind

What creation of the perpetual and eternal addiction to supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite


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life and the infinite freedom and pleasure of choice you have never had but truly are? always had, but would never allow yourself to choose? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Are you aware that you have been addicted to the supermind? Are you aware that every opportunity that you had to get free from it, you would choose not that? It was like, yeah I could get free of it, but no I have got to go back to that, it's pull was more valuable to you than you actually having you. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*I was looking at this with addiction and for many people the choice with addiction is a misguided attempt to get out of the supermind, which actually gets them further into it. The interesting thing is traditional treatment tells people that what you need to do to get out of addiction is to get back into your feelings.*

To get back into the supermind. It does get you out of addiction, because it's an addiction of it's own.

*Then the rebellion kicks in because you know something is wrong right there.*
Yeah.

*So the system is self perpetuating?*
Yes.

*Like survival.*
Would an infinite being have survival as a reality? No, and one of the things of why this has been disconnecting from people in Access is because I keep asking you not to survive, but thrive. Don't ever go for survival, go for thrival.

### Ego

*Question about ego and Ekhart Tolle book*

If an infinite being wouldn't have an ego, do you?

*I do right now because I haven't accessed that consciousness.*

Is that actually ego or where you choose for limitation instead of non-limitation? What I am attempting to do with everything that we look at, is to have you be so clear on it that you are not in any way attributing it to something that it is not. Because if you do, what ends up happening is you end up buying a lie and never being able to get free. So if you will indulge me this with this for a moment, since you brought it up, I'd like to see if there may be a way of looking at this that might


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be able to get you even more freedom. Cool? So is it your ego or is it places were you have chosen for limitation, instead of expansiveness?

*It translates as the same thing.*

Okay, when you say, "it's my ego" does that take you out of the equation of choice and put it on something that you have defined, that actually has no definition? It's sort of like; "oh well that is your ego." What is an ego? It is actually you choosing, but in looking at ego, you can't find it, so you can't go; "oh, I chose this limitation." What's the difference between; "the ego made me do it" and "I chose this limitation"? When the ego makes you do it, you are no longer at choice. Does that make sense? Does an ego exist, or is it something you talk about. (well, we are actually going to get to it in another minute) I'd like you to look at this for just a moment because there are a lot of things that come along, there is a part of that book that what he is saying is apparently true; that we choose limitation and that that is not the way it has to be. But then he takes the truth and attaches this thing of "ego" to it, which is a confusion, because instead of saying; "hey we choose limitation." He's giving you the reason and justification; "this is your ego talking." Is it my ego talking or is it just some place where I have chosen limitation? How do you undo the ego from choosing limitation? You can't, it's something outside of you, its and "ego" but what do you do to change that? You don't, you just have a reason now for why you fuck up yourself.

*When you see that and you see that it isn't you, you are coming from choice constantly. I can continually create another choice in every instant and it is completely empowering to know that that other entity isn't who I really am. Now I have all the power in the world because I can create anything I want from who I really am, which is infinite choice.*

Awesome, and that is the aim, that is the reason for this conversation. What a lot of people do with that, a small percentage of the population would take that and see here is a way to get more freedom. In having the conversation my desire is to say where other people choose to go with that is "oh look it's my ego, so I can't do anything about the limitations." That is their reason and justification for staying stuck, because it's not them, it's their ego. Which they don't know what that is, but it's not them, it's their ego, to that's okay. But for you, you are looking at, "it's not me I can choose something else" – cool.

We maintain our addiction to the supermind by maintaining the no-choice universe as the only choice available to us. Addiction to supermind is being addicted to always choosing this reality, connection with the supermind, maintaining the interconnectedness of this reality, limitation and other people's points of view as more valuable than our infinite choice. Addiction is always a choice to be powerless over your previous choices. How's that working for you? Would you like to choose again?


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## Supermind and Dreams

How many of you have misidentified and misapplied your dreams? Are your dreams actually the supermind? Does the supermind create your dreams? **Dreams** are the supermind trying to get you to reconnect back to this reality. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The supermind tells you; "it's just a dream, it tells you, you can't change realities. You can't change your dreams. You can't change anything. You have got to keep it the same." Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What else is possible? What are dreams?*

After you have gone through Access, dreams will start to become and awareness of different realities, different places in which you are functioning. What happens for some of you is you go out and work all night then wake up and go; "oh, I'm so tired." What you have to do is ask your body; "body are you tired?" Nine times out of ten your body will say no it isn't. Because while you have been out working all night, your body has been sleeping. That is what we used to call dreams that are now awareness's.

## Supermind from lifetime to lifetime

*Does the supermind travel with me the being from life to life?*

Not with the being, it travels with the electromagnetic form of your embodiment.

*It doesn't just come into existence, you create it, like you were saying. My child, he didn't have it. It comes when they start identifying "mine" and identifying with form and structure.*

And significance. You know when it comes is when they attempt to understand the insane people around them, called you guys.

*I've been watching him, he's 3 and a 1/2 and I've watched the change occur.*

## Supermind and Hearing

The supermind will always try to twist what you hear. When you don't hear things correctly – supermind. If you don't say it correctly – also the supermind. This is the


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primary invasive element of life. If you say something incorrectly; you are either following the energy and speaking to the energy, or it's the supermind.

Supermind says; "***don't say that***." You say it, then go; "why did I say that?"

You have a few governors that don't want you to connect to other people – especially not from consciousness. All the governors and governance systems to make sure that you don't connect to other people with ease, that you don't have communion and oneness with others with ease, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Supermind, Gender And Relationship

Gender and gender roles are from the supermind. It's a source of separation. Relationship is the creation of separation. It is the supermind's source for creating separation between you and the person you have chosen to be most close with. If you're trying to have a better relationship with you, it creates the relationship with you as the only relationship you can't have. That's why people go out to find themselves all the time. Your relationship with your body is also a form for the perfection of separation.

If communion with all things is your target, as long as the supermind is in existence, it goes, "No, you can't go there. That's not possible. That doesn't exist." Its point of view is different from your point of view. It never wants you to have a point of view that doesn't align and agree with its point of view, which is where doubt comes in.

Gender is the point of view of yours or the supermind? Supermind. Gender and gender roles are from the supermind. It's a source of separation. Relationship is the creation of separation. It is the supermind's source for creating separation between you and the person you have chosen to be most close with. If you're trying to have a better relationship with you, it creates the relationship with you as the only relationship you can't have. That's why people go out to find themselves all the time. Your relationship with your body is also a form for the perfection of separation.

If communion with all things is your target, that is being aware of all things. As long as the supermind is in existence, it goes, *"no, you can't go there. That's not possible. That doesn't exist."* Its point of view is different from your point of view. It never wants you to have a point of view that doesn't align and agree with its point of view, which is where doubt comes in. *"I can't really do that."* or were you make a decision; 'I'm going to have communion with someone." That is what question?


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Family and relationship – supermind. Have you ever noticed you're wrong if you don't have a relationship? And you're screwed if you do? In most relationships, people want to create the other person as unhappy, so that they will be needed. "I'm unhappy, make me happy." "You're happy? You're going to be unhappy." Make people miserable, they like it better. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*It's strange how if you are single you are not welcome in the couples world.*

Of course not. You are a dangerous commodity. You actually become visible and that is the problem.

Supermind is designed to create the relationships of your life.

*Is that part of what compels humanoids to marry humans?*

Yes. Supermind is in charge of; "get a relationship quick and have babies and connect them to the supermind so we have more power."

Family is a great way of making sure the supermind succeeds.

FAMILY – Fucked Up And Mainly Interested In Limiting You.

That I don't exist in the family. That is what the supermind tells you. That you don't exist to them, yet they are meaningful and significant to you; because they are your family. Family is significant. Relationship is significant, being real is significant, being serious is significant, looking a certain way is significant. Everything that is made significant about this reality is the supermind.

Life as significant. Life as slow change, slow change to death.

For many of you, your family is your source back in. It's your comfort zone. You're comfortable with that discomfort. That gives you the thing you have to fight, the thing that works for you to make your life real, like other people.

Relationship tethers you to the anchor called the supermind. **Relationship is the sum total of the polarized points of view you have about someone** (which is why we ask you to destroy and uncreate your relationships everyday – with the person you're in relationship with, your body, your job, money, your life, your stuff). Caring, gratitude, kindness, joy about someone's presence in the world – are any other those polarized points of view? Are any of those present in relationship, the way it's currently created in the world? They can exist between people, but those people are not doing relationship. They are both being around each other.


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There is no such thing as space with connection to the supermind. There is no such thing as true caring with connection to the supermind. There is no such thing as true kindness with connection to the supermind.

How many of you have family as your connection to the supermind? How many of you have sex as your connection to the supermind? How many of you have sex with your family as your connection to the supermind? You think I'm kidding. Some of you have the fact that you had sex with someone in your family as your continuous connection to the supermind and why you won't let yourself have a life that goes beyond total control. You believe if you were out of control, something like that would happen again, and you would be on the slippery slope that would eventually lead to your demise, and that of society.

How many of you got married so you could have sex without guilt? Don't raise your hands, that is not necessarily a public confessional. How many of you have eight kids as a result? Don't raise your hands. Everything that brought up or down, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

I'm not talking just this lifetime, I'm talking about all those other lifetimes were you got married so finally you could have sex like you so wanted to do. And what have you married yourself to that you still haven't divorced? How much of that is connected to the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and return it to sender please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.** And step away from the supermind.

Get either your current or your last relationship; how much of you have you had to divorce to make your relationship work? What percentage? More than a 100% or less? More than a 1000% or less? More than 100,000% or less? Now we are getting closer. More than a 1,000,000% or less? More like that. Everything that is, all the parts of you that you have divorced, all the awareness of you that you have divorced and all of the joy that you have divorced, all of the generation that you have divorced, all of the sexualness that you have divorced and all of the non-judgment of you that you have divorced in order to make your relationship or relationships work, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Will you know claim and own the all of you that you gave away in order to make that relationship work, including your relationship with and as the supermind? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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With this you maintain a collective un-consciousness but you don't actually connect because you always feel the distance between you and others. That is called "relationship." Where are you in relationship to me? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*So with the one who was the first care giver that is usually the mother.*

Actually, usually it's not the mother. Your first care giver, if you have a humanoid father is usually the father.

*For me, the one I spent the most time around.*

That is different than caregiver.

*That is the one who creates the supermind for you initially.*

That is the one who helps connect you to the supermind. They are the source for connecting you to the supermind. As soon as you go into survival you are in the supermind. What are you doing? Blaming, figuring out, understanding? Do that and you are dead meat. "It's mom's fault!" Then you can blame mom and you are back in the supermind. Everything that is will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Supermind And Babies

If you're under two years old, the supermind hasn't kicked in yet, because you're still trying to find out how to understand everyone around you who is completely nuts. The more you try to understand them the more you go into their supermind and become connected to the supermind. You're collecting your interconnectedness to the supermind. That is why I say we seem to feed it ourselves.

*Is it possible that when we take on embodiment this is like part one of the options that you could choose?*

I think this is like standard operating procedures, without this you won't have a drive train. Your vehicle won't go is your basic point of view. This is the wheels you come into this reality with somehow. Everybody markets the supermind.


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## Supermind as The Source Of Frustration

f you have the point of view that you have had things "happen to you", the upermind creates all of that.

The supermind is your frustration in life. Where you have not been able to create nd generate your life as you wanted it, the supermind has been controlling you. upermind tells you, "Not enough money." Supermind tells you, "not enough ime." Supermind tells you, "Not enough people." Supermind tells you, "Not nough possible." Supermind tells you, "You need to do normal." Supermind tells ou, "You need to get back with people who are like you." Supermind tells you to ook for people like you, so you spend your entire life looking for people who are ike you, and it doesn't exist. There is nobody like you. It requires judgment non-top. What is the job of the supermind? To create Decisions, judgments and onclusions.

*t's like the man behind the curtain, don't look behind the curtain.*

The supermind is your own personal Wizard of Oz. I think it's the Wizard of Odd, ut that is my point of view.

*ve been hearing people say "not enough" all the time.*

Who is talking, them or the supermind? The supermind, yep it's louder, it has more o say than anybody else does. That is why I keep telling you to listen to what is oming out of people's heads, not what comes out of their mouth. What comes out f their mouth is based on the supermind, what comes out of their head is based on heir point of view. Everything that is, will you destroy and uncreate it all? **Right nd wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Questions and more information about the supermind

- In order to feel like you're being judged by someone, how much of that is the supermind? If you feel like someone doesn't like you, how much of that is the supermind? In order to only feel it, but also care, or act like you care, how much of that is the supermind? All of it.
- And how many times do you have some awareness during an Access class, 'oh my god I could choose so much more. Yes this time it's going to happen.' And you go out and 'oh man it didn't happen this time either.' That is the supermind. That is the matrix.


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- Just know that when you are beginning to dynamically disconnect from the supermind it begins to scream quite loudly; "don't do this! Don't listen to him!" The supermind is trying to connect again any way it can come up with to get you to.
- *What will it take to have just one clean cut from the supermind, permanent disconnection? Total awareness?*
  Yes and we are not there yet, maybe we can get there. Except, you have this addiction to desiring to check out, your down time. If you choose to have down time
- *I keep feeling the urge to get up and do something.*
  Yes, the supermind tells you there is something urgent you need to take care of. The urgent thing you need to take care of is it. Everything you are doing to make the supermind your urgent care system and all the faux beings, the governance systems that create the urgency of doing something for the supermind; will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**
- How much of 'I'm a victim' is the supermind? All of it. Victim wouldn't exist without it.
- How many things have you heard in an Access class that were possible that you didn't know where possible and you asked; "how do I do it?" It's not a ***how***, just do it. JUST DO IT. It's not a how. How much of that is the supermind?
- The supermind is the source for amorant behavior.
- *Was the supermind responsible for the destruction of the golden planet?*
  No, we were.
- *Other earth?*
  No, we were.
- *Was the supermind on other earth?*
  Yes.
- *How did the supermind come into existence?*
  I don't know. That is exists I know, how it came into existence, I don't know.
- *Was it on the golden planet?*


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No. How do I know those things? Because I asked and I get the information. Cool. Am I saying it with certainty, yes because I know that is true. If you don't think it is true, take your own point of view, I don't care. Don't take mine, I'm an asshole. Why would you want to take an assholes point of view.

- Compartments are part of the supermind. Anything you compartmentalize is supermind. Categories – supermind. Awareness has no categories, it only has awareness. When you do supermind you can categorize everything, you can remember everything and you have this catalog from which you can choose diminishment of self.

- I think the supermind is what they used to call in psychology "the ego." The ego is a creation but in psychology the ego is what keeps you from being connected to others. It regulates you. The ego and the supermind are one and the same.

  The ego and super ego are the mind and supermind in conjunction with one another.

- Are you all familiar with the "cognitive dissidence theory"? The theory of cognitive dissidence is that you can have two disparate points of view at the same time, and that they don't have to be in conflict with each other; they just are disparate points of view. An infinite being would have disparate points of view based on what? Supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

  Disparate points of view are not awareness. Those are fixed points of view from which you are trying to create the construct of your reality.

- **Pico Universes** is when you get so bored you turn the supermind off and start looking out side of this reality; then you will create a whole universe that comes to fruition and comes to completion in mere seconds. The supermind is really grateful that you didn't try to bring it into existence because then it doesn't have to do anything with it. It is willing to let you take those flights of fantasy, which guarantee it doesn't have to work so hard. Just an interesting point of view.

- When you hear words like "protect, safety, prevention, don't go there, danger" – supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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- I think the supermind is the source of **instrusions** in reality. It is what insinuates that you must do it this way. Every time it connects to you it creates this "feeling" that you have to be like other people and you have to make yourself fit into this reality. It is the source for making that fit. So instrusions will probably become much less intense or valuable at this point in time because the supermind clearing will disconnect most of it, if not all of it.

- Would an infinite being have an instinctive response? The supermind gives you truths or lies? How many lies have the supermind fed you that keep you going with your "instincts" and your "intuitions" and your limited points of view? A lot, or a little? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

- The supermind to keep you company. Good, so how much company do you really get from the supermind? It keeps a constant state of chatter in your head. It keeps you busy thinking about all kinds of shit you don't want to think about. Makes sure that you have no free moments and that you are not bored. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

- *The decision to never speak out of turn. Somewhere I got that as a kid.*
  So will you destroy and uncreate it so you can be as obnoxious as we all know you are? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

- *I'm a nurse and I've been hearing about the bird flu thing that is coming up. What I learned was very scary. A lot of people will die, there will be panic and fighting. So I have decided in my state of panic that we will dig under the house and we will have our stock pile, safe spot so no one can get us. I said this to K. and she said; "what are you buying into?" I said; "panic. But I asked if I should do this and the answer was, yes." She said; "who answered?" So now I'm really confused.*
  So you asked, who did you ask? Did you ask the supermind?

  *I asked the universe but maybe I heard the supermind.*
  Yeah. That is a classic; I asked the universe and I got the supermind instead. Damn that cordless phone. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

  And all the paranoia that is not yours, will you return that to sender please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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- *When people talk about addiction in this reality, like 12 steps, like that we are powerless over our addiction.*
  There is this lady named Marilyn Bradford that does Access and is also a councilor and licensed psychologist and she does work with people who have addiction. She has said that AA and the 12 step program is a way of turning humanoids and getting them to connect to the supermind and function more human.

- **Invisible Adversarial Forces (IAF)**—This is Access slang for the excuses we use to justify the results in our life that we don't like. If we are looking for someone else to blame and can't locate anyone or anything, then invisible adversarial forces or IAFs are a good choice. This is a joke! It is used to bring to our attention our apparently infinite capacity to escape claiming, owning, and acknowledging that we are the creator of everything—the good, the bad, and the ugly—that happens in our own lives. You ***are*** the IAF.

  The IAF is actually the supermind.

  There is no such thing as being a victim; there is only you choosing to be a victim. Ultimately everything is choice. Implants make you do nothing, unless you choose it. Remember, you have to have aligned and agreed with something or resisted and reacted to it to be implanted in the first place. You like your implants, because that gives you the IAF to blame.

  The IAF is the ultimate justification for all limitations, all lack of possibility, all degradation of beingness. The IAF is where everybody functions from. Every church cult and religion has its own IAF that is keeping you from being you. How many of you recognize now that you are the IAF in your own life?

  Everything that the IAF is doing to you, are you willing to destroy and uncreate all that? **Right and Wrong, Good and Bad, POC & POD, all 9, shorts, boys and beyonds.**

- One of the things T. said was "after the supermind stuff over the last few months, I've been running it, it's been great, I got this free from it and I thought, 'oh my god, I'm totally free of it.'" I said; "yeah, are you free of it or is the supermind telling you, you are free?" She went; "oh. Fuck." So just be aware, that is one of the wonderfully seductive ways that lures you back in. Beautiful seductive ways like wonderful women with long legs and a great smile that pull your energy like crazy and seduce you every way they can.


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*I haven't even started (Said from someone in class who loves the supermind and functioning from it.)*
Truer words were never spoken. But, when you have this weird thing called awareness, then you have this other weird thing called choice.

*But what would you do when she walks in naked?*
Wipe my eyes, wipe the drool, stare gape mouthed for a few moments and then carry on. When nobody is watching I'll sneak glanced side long. No I'm not leaving a room key, I know it would be seduction back into the supermind. Talk about a siren. See I can appreciate, I can watch, I can enjoy, I can love the energy and know not to go back to the supermind. Not that I didn't spend my entire life going back to the supermind, mind you, prior to the last few months.

*But me the being is not the supermind.*
So you say.

*So I am the supermind?*
I an not saying nothing. You tell me.

- Every thought, feeling and emotion belongs to the supermind.
  *THAT is who it belongs to!*
  Yeah.

- How about those of you who think there is a secret hierarchy in Access, an inner circle that does not allow you to enter. Someone told me that there was a secret hierarchy in Access and I said; "well if there is, it's so secret I don't even know about it." Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

  The hierarchy of anything is the supermind and the paranoia that you are not truly valuable as the supermind. "Not good enough to be in the inner circle" – supermind.

## Other Earth

The only value to knowing about "Other Earth" is when you hear people doing predictions, there was another earth that was an exact duplicate of this one, so when a person gives a prediction like "Texas is going to sink into the ocean," ask "this earth or other earth?"

The important thing to get about the other earth is that the other earth was an exact duplicate of this one. With a lot of the projections about the disasters of the future,


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you need to ask, "This earth? Or the other earth?" Which one feels lighter? The other earth truly did end in 2012.

At the millennium of a previous Earth, is when it was destroyed because the mass had become so great, the insanity had been so dynamic that it was when Islamic and Judaic religions came together and destroyed the planet with nuclear things. And what it did was it created an implosion. It appears that Nostradamus was reading the past and not the future. It was almost identical and we've done everything we can to totally recreate, in every element, what it was.

We, as a group of beings, decided that we were going to make this Earth different and so that process of opening up and changing the results, started in about 1974. So, when you hear predictions about it, ask if it's this Earth or the other Earth so that you have the freedom to recognize what is real and what is not.

With disasters on the other earth, the predictions are not predictions. They are remembrances of time past.

You've heard of Atlantis: This earth? Other earth? Other planet? Is Atlantis based on other time, other space, other dimensions, or other realities? Is Atlantis real? Or is it an agreed upon point of view that explained a whole bunch of shit to a whole bunch of people?

*I keep asking; "this Earth, other Earth? This me, other me?" What is that?*

How many other "yous" are there? If you believe in the simultaneity of time, dimensions and realities; would you be space? Or do you have to be space in order to have the simultaneity of time, dimensions and realities? You have to be space in order to have the simultaneity of time, dimensions and realities. As space does every form of you that has ever been currently exist?

## Supermind and Planet Earth

The population of the earth has increased dynamically in the last 2,000 years. The biggest change on the earth has been the increase in the population. There has also been the least amount of climate change in all of earth in the last 2,000 years. Now it's starting to change again, so somewhere this machinery, or whatever it is, is beginning to disintegrate. Perhaps in uncovering this, we have actually allowed the space of the earth to open up to what it has going on and where it belongs.

If the whole world changes, will that be, could that be cataclysmic? Yes, it very well may be. That's what people are trying to avoid, which is why they are trying to avoid the cataclysm of global warming. They are trying to not have it happen, or have it happen slowly enough that they can adjust to what's going on. This could


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create cataclysmic change in the world, when enough of us get clear of it, and enough of space is created, that it no longer has the power it has. How many is that? I don't have an answer, but at some point, you have to be prepared for that, and be willing to have that change.

Instead you could be asking; what energy, space and consciousness could I be that would allow me to thrive with all of the changes that are going to occur?

Or

What energy, space and consciousness can I be, that would allow me to facilitate the earth?

If you are willing not to resist and react to the cataclysm that is on its way, are you then in a place were you could have awareness of where to be and what to do to not be at the effect of the cataclysm? If you are resisting and reacting to it are you ever going to have the awareness of where to be, what to do and how to do it? No. So, once again it is a case of everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be. What if you knew you were in the right place at the right time?

You have to look at it for yourself and realize, "if I'm not willing to have that kind of change, that kind of cataclysmic change, then what I'm saying is that I want the matrix in existence. I don't want it to be any different." Are you aware of that? If you are not willing to have cataclysmic events occur, you don't actually allow the change to occur that the planet is demanding and you are saying; "I want to keep the matrix in existence." Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*If or when we disconnect from supermind, how will that affect planet earth?*

It is not ***that*** which will affect planet Earth. If you become the energy, the space and the consciousness it will affect Earth.

*Which is what will happen when we disconnect?*

No, you can choose to be that regardless of your connection. It is not the disconnection that is necessary, it is the choice to be energy, space and consciousness. If you are energy, space and consciousness the supermind can not find you. You don't exist on it's radar. Unless you are defined by anything.

The reality is the earth is changing. Has it changed before? Yes. The last 2000 years has been the least amount of climate change that has occurred in its history. My


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thought is that because of all the alignment and agreement of those who live on it, of not wanting anything to change; that therefore it has had that effect. Christ came and everyone decided things were perfect because now Christ was here. This is the kingdom of heaven on earth.

Now the earth is going; "I can't do this any more. You are pissing me off, I am going to wipe you off. I'm going to do a little tsunami here and a hurricane there, a little tornado here. If you guys don't get your act together and stop trying to stop me, and start contributing to me, and start being a steward of me, instead of an owner of me; I'm going to fuck with you. Not in a way you are going to like." Planet earth is consciousness. Is it going to let us continue doing the anti-consciousness and un-conscious things we do and get away with it? Probably not.

The important part about earth changes is not about whether or not they will happen; it is about the awareness you can have that will keep you from being the effect of them.

How much alignment and agreement do we have about global warming right now? Shit loads, it's a happening thing. They don't know what's going on with the earth with global warming. They don't know what's going on in the ocean. How many countries have been doing underground explosions of atomic bombs? Which creates a greater effect? Cars above ground, or cracks underground with magma coming to the surface? Recently, scientists found that the polar icecaps are melting from below, not from above. If that's occurring, will the oceans rise three feet? If there is a three-foot rise in the sea level, how much rise will there be in the tides? You need to look at these things and be aware of them. These are the disasters that can occur, may occur, and probably will occur. If that happens, are you going to be prepared? Or are you going to move to the beach?

On planet earth, we act as though we own it. Do we own it or does it own us? The earth has more consciousness than all of us put together anyway. So it has its own awareness of what needs to be corrected in order to take care of itself. It has corrected many imbalances over the years anyway. Is it possible that we as the "human" population on the earth may be an imbalance that has to be corrected.

There are some changes occurring. Anybody notice that winter in Minnesota was different this year? Did you notice the ice storms in south Texas? They haven't have ice storms like that in over 200 years. They had more snow in New York City than ever before. Is that going to create a change in the ecological balance of things? You bet. If the polar icecaps continue to melt at the rate they are going, within 10-20 years, the ocean could rise 3 feet. What's that going to create in Florida? A few more swamps?


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There is a great possibility that Yellowstone will become a volcanic eruption. It has a mega volcano under it. The magma under the ground there is going up and down about ten feet every two months now. That would be bigger than Pompeii, it would take out the majority of the Midwest. It has already blown three or four times in earth's history and it is long over due. It has more magma under it then any other volcano in the western hemisphere. That magma has the thinnest crust in Yellowstone, it keeps moving up and down and eventually it's going to eat it's way through.

Animals like rabbits, when they know it is going to be an especially bad year they will have no babies. This year in Texas, in certain areas the horses had no babies. Animals are aware of what the future is, they will let themselves know those things and they will choose not to have children when it is going to be a bad time. They will reduce the size of the herd, knowing full well that there is going to be less food available. The fact that the horses refused to get pregnant; you need to be aware of and follow what the animals are doing so you will know what the future is going to be and you will know what to do.

There was a program on PBS where a scientist said they found that when then tsunami occurred, it started increasing the rotation of the earth. An increased rotation of the earth would change the weather patterns, the tides, the winds, and just about everything else under the sun. It created a wobble in the earth's axis. Does that mean there's likely to be another major disaster to balance that wobble out?

Since the tsunamis and the increase in the rotation of the earth, many people have been suffering from migraines and a sense of wrongness. Because of their connection somehow to the earth, only if they are willing to have the awareness of what is being told to them, will they stop experiencing the pain of the earth in their own body.

Having these awareness's of things, you will get confirmation later. After the tsunamis, I knew we would have some serious problems in this country. Then Katrina happened. After that, I know there would be major problems in the northeast – major snowstorms – which occurred. People asked about the northwest. I knew the northwest would not have the same problems. The great lakes did not freeze this winter. When they don't freeze, does that create a change in the ecological balance? Is that going to create other changes?

The difference between you and me is that I question everything. But then I become aware that everything I ever thought was true or real turned out to be a lie or an implant. Therefore I don't believe in anything and I have to question everything, including myself. So if you get to the point where you realize that everything you ever though was true or real is not, you will have no choice at that


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point except to question, then you have to be fucking aware, which really sucks. You then start to know everything. Then you really are the know-it-all everybody said you were.

All of these things are occurring, so what do you do to prepare for that? Do you get an earthquake kit? What you want to do is be aware. Ask your things to take care of themselves while you are away. They are aware. They'll tell you what to do to take care of them and they'll take care of you and themselves. You've got to ask them. You've got to start to get in communion with nature, so you know now where to be and where not to be. I'm not trying to do gloom and doom, I just want you to be aware.

Our house and things know the future. We refuse to know the future. It is the only way we can live in the illusion of the supermind. How many illusions of the supermind so you don't know the future, are you claiming as yours? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you are in resistance and reaction to change, instead of being willing to change, you kill your body in the process. You've got to start listening to your body more. As these changes start to occur, we're going to have to be more aware to be in the right place at the right time.

Are you aware that people who work with compasses to get planes from one location to another are in a constant state of changing the fluctuation of the longitude and latitude of things? Every year they have to recalibrate things. Magnetic north is moving. If you are prepared for the changes that are occurring, how do you get prepared?

Awareness. You mean you don't prepare an earthquake kit and water and shit like that? No, you know an earthquake is coming and you go, "I think we are going on vacation this month." Or, "I think it might be time to move." Or, "I think we should ask our house if it's going to fall down during the earthquake. 'House, are you going to fall down during the earthquake, yes, no?' No, okay so we will keep you. Next door neighbor's house, 'are you staying up or falling down?' Falling down, okay, we want to not be on that side of the house when the thing happens."

Everything will communicate with you; linguistically it will be there for you if you are willing to be aware. Perception and receiving are the elements of preparation for all possibilities; then you are open to everything that can occur. Awareness is the key to changing everything.

There is no difference between destruction and creation. You cannot destroy energy. Nothing can really be destroyed. It can only be changed. So are we


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destroying the earth or just changing it? What if you didn't bother to save anyone, and were willing to acknowledge and allow everyone? Would you be willing to change the matrix of this reality, regardless of what it looks like in your life?

The United States thinks it's the power of the world. Is it? Or is it too dying? Any company or any country has the point of view that it has the right point of view, is dying. If you have the point of view that you have the right point of view, you're dying. How many right points of view have you taken in order to guarantee that you will somehow get your life right? What would you have to look at differently to make sure that you are not the effect of these earth changes?

Are you guys aware that the bee population has dipped by 70% in Europe and it's also happening in the US. Because of the genetic engineering that they've done on a pesticide gene into all kinds of food products and plants, and that is what has actually killed off the bees. What do bees do? Pollinate plants, trees, our food. So given that piece of information what do you think is going to happen to the food supply in the next 10 years? In Australia and New Zealand they don't allow that sort of genetic engineering. So starting a bee farm in Australia might be a lucrative business because we're going to have to get bees from somewhere at some point. Not only that might it might be a nice thing to contribute to the world.

It's like Gary and I haven't sat down and read all kinds of papers and done research on all this stuff. All this information just starts showing up in our faces. Because we ask, 'what about these earth changes and what's going on?' Some of it we have an energetic awareness of something and then a TV program comes on and fills it in and matches that energy so that we get that information. The way consciousness works is you get information from all kinds of sources. So when you say something like, 'what could I do that would bring in huge amounts of money and be lots of fun?' you get information from huge amounts of sources and its not the places you think you have to get the information from.

The axis of the earth is changed since the tsunami that occurred in Indonesia. There was so much force that occurred there in the earth that it actually had knocked the earth into a wobble. The earth is actually wobbling right now. And the that it had changed the lines of the longitudes and latitudes and there is not a solidity of longitude and latitude right now so that is creating a discordance in people's vibration with the earth and their connection with the earth. So panic attacks would be a normal result of that kind of thing because they are not willing to be aware of what is really going on. They don't want to know that the earth is wobbling.

What does it mean? What it means is, that in order to balance itself out, there is going to be another great eruption of some kind some place else.


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**Anxiety**
The earth has always had a wobble, but in the past it was slow so people could adjust to it, with the tsunami it became faster so people found it discordant and have had less ease with it. You have got to become aware and be willing to change. The more aware you become the more aware you will be of where to be or not to be.

That is the reason I created the hands-on of "Restoration of Communion with Earth." With it you will suddenly be at peace and the anxiety attacks will go away.

**In the morning**
Is it more okay to be aware when you first wake up? How many of you have decided I will be more aware when I first wake up? Then of course if you are in the city you will be more aware of how uncomfortable everybody is so you assume you are going to have a bad day. That is always a good beginning. If you are in the country than you are more aware of what is going on with the animals, or wherever you are you become more aware. Whatever you have done to be more aware only when you first wake up, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Earth changes in the next 30 years

**The next 30 years** is going to be the most exciting time to be alive because more change is going to occur in the next 30 years than has in the last 200 in every area. Technology and everything else. The technological changes may not be fast enough to accommodate the changes that are occurring on the planet. That means economically you better be on your toes about what is going on and see what is going to happen.

For example this new wood that has been created from plastic and wood fiber, from different sources including paper. They have created this stuff that is literally more durable than wood and longer lasting. So if you built your house out of that and the economics goes down – if economic times get bad, is wood going to be more expensive or less? More. If it is going to be more, you want to have these things in the way you build and create your house so you have sustainability in what you have.

When my mother was growing up, they went to school on horseback. We went in buses and cars, now there are bullet trains and people going to the moon. The technology seems to be advancing but your awareness is it decreasing or is it now in a different place? It is starting to change.

Is it possible that we could change what is occurring with the polar icecaps? Sure, if there were enough of us truly in consciousness with no vestment in the outcome


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we could get it to change. But we would have to be in a cohesive place with what the earth desires. **Have you ever asked the earth if it desires these changes that are occurring?** No, you assume it's a wrongness. Why are we not asking?

It might be happy to get rid of a large portion of us. 40-60% of the population may die, like it did during the plague. The plague was the last great upheaval in the climate. Literally what occurred during that time is there was so much rain that occurred that the crops rotted. Which is what gave so much food to the rats, which increased the rat population and because it wasn't cold enough at the right time the flea population increased and carried the plague into the human population.

Also during that same period with the witch trials that occurred; part of that was the occurrence of a particular mold on the bread which was hallucinogenic and those hallucinations created what people thought was possession, which they killed people for.

A lot of the stuff going on now is not very different than what is going on now with earth changes. The difficulty is with the big farming units that we have, they are going it for profit, they are going it as much as they can to increase their yield by increasing the use of genetically engineered seeds to have no pests. If you kill the pests, where do the birds go? Where do the bugs go? There is a chain reaction of spreading imbalance into all aspects of life. We're unbalancing the earth to a degree that the earth is going to have to fight back if it wishes to survive. You have to be aware of the fight back that is going to be necessary.

If there is going to be economic starvation, what do you need to be conscious enough to do? Not eat. That you don't need food to source your body, you need energy. Energy is truly the source for our bodies, not food. We don't get that much energy from the food we eat. What if you're willing to get all the energy it needed, without any food? Would that change the amount of money you had? Would that change what you could create?

That is what you have got to be aware of and if you are aware of that, then you can ask questions like; "should I sell this house now, or should I wait?" "Are you going to be standing on solid ground or are you going to be shaken down or sinking?" You have to be aware of all those things. The more aware you are, the more choices there are.

I am willing to ask these questions so I get a huge amount of information and I don't want to become a predictor of the universe. I really want people to get that they can do this stuff themselves. I have known for years what is happening globally and not said a word. Only in the last two years have I been willing to speak about it because there is going to be some major economic upheavals as this stuff happens. If half of Manhattan is under water, what is that going to do


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economically? A lot of buildings are going to fall down, or turn into Venice. A lot of the wealth of the world is going to cease to be.

You have to be aware of these things so you know what to do, where to go, where to be, how to function and what questions to ask so that you can be prepared for what occurs.

In Europe the bee population has been reduced by almost 70%. Part of that is people have done so much genetic engineering to keep bugs out of crops. What it has done is poison the bees who pollinate it. The potential is in 10 years if this continues, in 10 years Europe will be starving. It is also here in the States. Where it is not bees dying from genetic engineering is Australia and New Zealand. 70% less bees, means you have how much less in crops? 70% less in pollinated fruits and vegetables. In Europe they are saying that in 10 years it will mean they have no fruit because there won't be enough pollination to cross pollinate to create new trees. No wine, all kinds of stuff.

South America I'm not sure. I know the killer bee population has been growing there and wiping out the honey bees.

If all pesticides are eliminated, and conditions are changed about genetic engineering; it may be too late. If it is concerning government it usually is.

Houston is colder and warmer, it's getting more extremes in the weather. San Antonio has had more rain, it's rain amount is doubled in the last 2 years.

If this continues it will change the economic conditions as well.

The earth's point of view is; wake up guys. Start being a steward of me, stop using and abusing me. It's not just humanoids. The humans have to change too. If they don't they are going to die. We are using and abusing the planet to the point where it's going to have to react to us. It's either going to have to wipe us off and annihilate us, or we're going to have to learn to be the stewards of it, not the users of it.

## Joke Called Planet Earth

What joy, fun, lightness, laughter and frivolity without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly should be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite awareness of the joke called Planet Earth? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**


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## Eternal Seriousness, Significance & Sadness

What creation of eternal seriousness, significance, and sadness with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite awareness of joy, fun, laughter, lightness, and frivolity of and as your life? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

**This process with the seriousness clearing you should run concurrently for the next 30 days.**

You guys don't get the joke do you? Why are you here? So you can get the joke, so you can get the punch line. Unfortunately you took it serious. If you take it serious you can't see that it's a joke. It's an amusement park but instead of having a good time with it, you keep trying to take it seriously. You must be serious in order to be limited. Being serious and sad creates a utility universe, rather than creating your life for the joy of it.

The joy of choice, the joy of not having to save anything, what if you never had to save anything or anybody?

The joke of planet earth is that you actually chose to come here to create consciousness and awareness, and everything about this planet and about this entire reality is dedicated to and designed to eliminate consciousness and awareness. Everything you do to buy into this reality eliminates your consciousness and awareness and your ability to change the reality itself. You haven't been willing to see that, so the joke is you think you are smart. Each of us chose it, we came here dedicated to creating consciousness and how many people on this planet do you see choosing it? You are the only ones who know how to laugh at that except you take it seriously. It is the tornado warning that is on your TV after the tornado has already hit your house and the only thing left standing is the TV in the middle of the debris.

The joke is the conscious people are trying to save the unconscious from being destroyed. What do you think planet earth is trying to do? You are trying to save the people who are destroying the planet, from being destroyed. Why? Just a tad insane. We don't have to kill them, earth will take care of them.

When earth changes occur, and they will occur, they are occurring; if you are aware you will know where *NOT* to be. If Yellowstone becomes a volcano, you'll be on


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the west coast that week, or you'll be in Costa Rica doing Access or something. You'll be out of town.

Animals are not connected to the supermind. That is why people who don't like to hang out with other people, like to hang out with animals. People with supermind in their universe is way too invasive for them to bother with. The supermind is not invasive in animal universe's.

*But they are doing our physical stuff because we are connected to the supermind.*

Yep. They want to take care of you. Unfortunately, they have true sexualness so they will do nurturing and caring of you and they will take on your pain and suffering and stuff because they love you. While you are going around trying to find someone who will love you; they are doing it. You won't recognize that they are loving you because you are looking for someone to love you. Just because it's in a dog body or cat body or horse body; doesn't mean they aren't giving you what you are asking for. You don't want to know that, you want a person. One of the jokes on planet earth.

If you are having fun, no one will ever notice what you are doing. You think people are going to notice when you are being silly. No, they are not.

*I was being serious and J. said to me; "what are you choosing?" I looked at it and went; "oh." I hadn't realized I can choose again, that joy is a choice that I can choose every 10 seconds, every 2 seconds. I had to demand of me to keep it in my awareness and look at everything I was choosing – is this fun? Is this fun? Am I having fun with this? Is this fun?*

How much energy do you use to not have joy every moment of every day of your life? You can't have that. You *CAN* have it if you are willing to demand of yourself one small thing: total awareness. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Lying is fine, just not to your self. Lie to everyone else, and stop lying to yourself that you are not lying to everybody else.

How many of you look and go, 'boy this place is fucked up' and how angry do you get? This is for a number of reasons. Because it is the way it is and nobody else can even see that. How many people do you see out there that have an IQ over 6? And there HQ is even worse!

We were doing this work with horses on a Peruvian Paso Horse Ranch and Gary ran some processes that took everything off their (horses) genetic line that didn't allow the horses to be totally conscious. It took about 45 minutes of following


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things and unlocking them. 2 years later the colts that they had were the most stunning colts that Annie (Ranch owner) had ever seen. So how did that occur? When you don't have limits to consciousness different things can be created than what the joke of this reality will tell you is possible.

When you don't resist anything, nothing can be significant or a problem. The joke of planet earth is that resisting it will change it. Resisting it locks it in and makes you the effect of it. When you're not resisting it, that's when you can recognize that it's not yours.

The joke of this reality is being willing to totally destroy you and cut you off so that you can fit into this reality and fit into the limitations that people consider real and you make them more real than your awareness.

You create your connection with people, your separation with people and how you function with people based on their judgments. So when you're around somebody who truly does no judgment you often feel like a bumbling idiot because you don't have anyway of how your supposed to be in their presence. Because they don't have a requirement of you. You don't know how to be in the presence of someone who's not judging you.

You act like you would loose your very beingness if you actually stepped into beingness. The joke of planet earth is that you would cease to exist if you step beyond this reality. There's a truth and a lie there because you would cease to exist if you stepped beyond this reality – if you stopped choosing for the same reasons everybody else does, and just started choosing because it would be fun – you would cease to exist and start to be. You would stop surviving and start thriving. It's the beginning of thrival.

There is only one reason to do anything – because it would be fun for you.

"I'd like to do this" for no other reason. *"Why would you want to do that?"* "Because I do." *"But that is a terrible thing to do."* "Yeah, I know. I still want to do it." *"But you are a bad person if you do that."* "I know, but I still want to do it." Everything that brought up, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many of those were judgments of why you are not suppose to do it? You realize that everything in this reality is a judgment to stop you from doing, being, having and receiving? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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# Human or Humanoid?

)ne of the interesting things that we found on this planet is there seems to be two pecies. They look the same, they dress the same, only they are entirely different in ıow they act and their view of the world. We call them humans and humanoids.

;7% of the planets population is human, $42% is humanoid.

You can ask if someone is human or humanoid and whichever feels lighter is the answer.

If you ask the question, "How does it get any better than this?" a humanoid will laugh, smile, or try to answer the question. They will go into a question when you ask a question like that. A human will say, "It can't," or say "This is as good as it gets." Or, they will say, "It doesn't get any better than this."

Humans are the ones who believe they are right, you're wrong, they don't ever want to change anything. They are willing to judge you into oblivion, while never judging themselves and always considering themselves right.

Humanoids on the other hand are in continuous judgment of themselves wondering why they can't fit in, why they see all of these other possibilities that nobody else seems to want. Wondering why they ask; "how does it get any better than this?" and "what else is might be possible?" and everybody else around them is sitting there going; "why would you want to know that?"

How many of you remember as a child when someone told you *"you can't,"* you did it. *"You can't do that."* "Wanna bet? Watch me." You are humanoids, you have to function that way. It is a given in your very makeup, part of your DNA. Somebody tells you, you can't do it, you will do it. It is a great characteristic.

The only importance in knowing whether someone is human or humanoid is so that you are aware of how they may be in your interaction with them. For example, when choosing friends, employees, co-workers, or "intimate relationships," it may be easier for you if you choose someone, who, like you, desires what is greater in life, and is not in continual judgment of you and everyone else around them. Someone who is humanoid will always desire what is greater, and someone who's human will always desire the status quo. That they are human or humanoid should be just an interesting point of view, NOT a judgment.

Recognizing your humanoidness does not make you superior, just different.

## Humanoids and jobs


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Humanoids, when you get a job; three weeks to three months you have figured out every frigging aspect to that job even if it is nuclear physics and you are either so frigging bored you have to create some excitement or die there. It kills you to be there doing the same thing over and over and over again. You can do a job for longer than that if it is continuously changing for you. If there is something new tomorrow and something new the day after that, otherwise you get bored in about three days. Is there any one of you that doesn't get bored in about three days doing the same thing? Or less? That is called "humanoid." As a humanoid you are also always looking for what else might be possible with something. What else might be possible and what else, if I change it would make it better? You are the type of person who once you get bored at this job, you go there and in order to make excitement you'll do things like show up late. That was exciting, I got yelled at, yeah. Or you feel your guts churning on your way to work and that is exciting. Or you'll do something like screw up a project that is like the biggest project. You're like, normally that would have been just fine, and something screws up that you don't even cognitively remember screwing up. Just so you can not be bored with your job any more. Otherwise you are so bored you want to frigging die.

It sounds weird because people say; *"well, you have to decide what you want. You have to decide who you want to get together with. You have to decide what kind of career you want young man. What do you want to be when you grow up?"* "Happy." *"No, no, no, no, you want to be a doctor, a lawyer or an Indian chief?"* "I don't care as long as I'm happy." *"No you have to decide what you want to be. Who do you want to be when you grow up? What do you want to be?"* "I don't really care." *"Oh, that is not going to work. You need to make a conclusion and you need to make it stick for the rest of your life."* Which is where people function. Instead of; "well, I tried that job for three months, it didn't work out so well, I'm not so happy, I'm leaving." You try to make the job work. You try to stick it out. Because you got it in the first place, so there must be something right about it. So you will cut off your arms and legs if you have to in order to make the job work, instead of actually having you in your life. What about, "I've been here three months, this job sucks, I'm out of here." Anybody here do that? Have you been considered as being flakey? Have you been accused of being flighty, not responsible, not solid enough? Guess what, welcome to being humanoid.

You are the one who has always been told; "if you just start doing things like other people," and it is always a human telling you that. Other humanoids are like; "oh, cool." Humans are always telling you; "look, if you would stop doing all that weird shit you do, you'd finally be happy? Why do you keep doing all that? Why do you keep looking around in the world for more stuff to do? What is it about you that you're not happy with your life the way it is? What do you mean you want to move out of your one bedroom house? What could you want with two bedrooms? Holy shit, nobody needs more than one bedroom. Sit back and have a beer and watch some T.V. alright. That is what you need to do."


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How many of you decided you must be human because everybody else seems to be? Plus "humanoid" has a nasty twitch to it, doesn't it? You don't suppose that was created so you'd never look at humanoid as being a good thing, do you? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Watch out, your definitions of you are going away.

The other thing about being humanoid is; all of the great change that has occurred on the planet has been created by humanoids. Einstein, humanoid. Davinci, humanoid. Shakespeare, humanoid.

How many of you refuse to be the super-humanoid you are, and take advantage of the humans? How many of you are trying to keep the playing field even? How many of you refuse to even get on the field? Being a humanoid, you have an advantage over everyone else. You can function at a higher speed than every one else. Would you be willing to be that now please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You are **creative** because you are constantly ***creating***. Nothing is ever "created" in your universe because you always change it. Do you ever complete anything? It is not that you are so "creative," you are so "generative."

We have been told that it is robotic to be humanoid. The reality is that is not true. That is the supermind that tells you that anything that is humanoid is a robot, so everything you do is to try and buy into the supermind that you are just human. It is a necessity for the supermind to make everyone believe that humanoid is a robot, not an awareness. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many definitions do you have for humanoids? How many definitions of you do you have that define and limit you, as though being humanoid is not the greatness of you, but the wrongness of you? How much of that is the supermind? How much of that is everyone else's supermind and how much of that is the superminds you are connected to as though you have to connect to it in order to find out who you are, in order to fit in here? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*Can humans become humanoid?*


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Apparently not. You come in as humanoid or human and you don't seem to apparently change. Like a horse will continue to come back to a horse body time and time again. A monkey will come back to a monkey body time after time after time after time. This idea that we evolve as beings does not seem to be a truth. We evolve as beings, we become more aware hopefully. But is that actually evolving from a caterpillar to a mouse, to an ape, to you? Doesn't seem to be that way. It actually seems to be the case that an animal will choose to come back to the same body type time and time and time again. Same thing with humans and humanoids. Humans continually come back as human. It is literally like a different species. Humanoids come back and generate humanoid bodies.

As a humanoid you would look at your life and go; "why would you choose the life to live in the house by the freeway?" When the neighborhood changes for you, what happens? Do you move? Yes. What a human will do is put bars on their windows instead of moving. Instead of going; "this isn't working for me, I'm going to move." They put bars on their window to keep out the criminals, but who's behind bars? Them. But that is the human point of view. They don't desire to become humanoid. As a humanoid, you'll move at the drop of a hat. Humans won't move, no matter how many bars get put on the windows to keep the jailbirds out. Only humans would live in the neighborhood where the factories are because they could get a better deal. Humanoids will always choose something that is aesthetic over that which is practical. That's one of our great talents and abilities. It's not about judging the humans. It's about recognizing where you're different, so you stop making you wrong because you can't do what they do. It's not that you can't. You won't. That's just the way it works.

## Only humanoids try to be moral

Morality is a construct that only humanoids try to live by. Humans will always break the moral code and they have no morality. Only humanoids try to live a moral life, humans never do. Humans are willing to lie, cheat, steal, brake your stuff and make you wrong for it. *"I wouldn't of hit you if you didn't piss me off. I wouldn't have stolen your money if you hadn't left it in the drawer. Hello."* Would you be willing to give up morality? What I am really asking you to do is embrace the possibilities that exist. If you as a humanoid gave up morality would you start doing mean and ugly things to people? Fuck no. There is not one of you in this room that would start doing mean and ugly things to people if you gave up your morals. Would you though, be able to stop judging you for what you do choose? How much judgment do you do of you in the name of having morals? How much do you look at others and go; "oh, well they're not moral." What the fuck does that mean? It gives you a right to judge. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Do you see how this works? Do you see that you as a humanoid would try to live up to every moral code that exists? Because you don't want to hurt anyone, you don't want to judge anyone, you don't want anybody to be judged and you don't want anybody to judge you. That is what you as a humanoid would choose. And a human would be like; "are you kidding? I just want to get what I want, when I want it. I will lie, cheat, steal and kill anyone I have to." Enron. How many of you have decided that if you don't have morals, you'll end up like the Enron guys; that you will create that effect in the world? Look at it, if you gave up morality as a source of choice, or a source for the limitation of your choice; would you create more consciousness and awareness in the world or less? More. Okay, don't do it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*The morals that we keep to is what keeps us insulated and encapsulated from being the wrongness that humans are.*

Or is it being the wrongness that you have decided you will be if you don't encapsulate yourself and cut off your arms and legs and all your potency? How much of that is being told to you by the supermind? That if you don't cut off your arms, cut off your legs and cut off every bit of potency you have and totally encapsulate yourself you will be the biggest wrongness that exists. And that you already are and, that you have to stop it. Which means cutting off every bit of potency you might possibly ever have. Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

This is sort of one of those spaces you get to; does the supermind tell you this space is a thing to judge? It's not so much judgment right now, it's sort of like; "how am I suppose to look at this space?" Would you be willing to be even more space?

You create these beliefs: if I'm moral, I don't have to be aware; if I'm kind, I don't have to be aware. What if you were willing to have total awareness instead?

*Do humans perceive, know and be or do they just have thoughts, feelings and emotions?*

They think, feel and emote. They actually can perceive, they can have knowing, they actually can be and they can have this fourth element of receiving which is were sex and no-sex come in.

*But they wouldn't choose it?*

Yes, they wouldn't choose it, exactly. For example, Gary's step father was a very human man, extremely human, really, really human. He went in for open heart


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surgery and Gary asked him; "what was the open heart surgery like for you?" He said; "well it was weird, I was looking down at my body. No, I was feeling my body. No, I woke up when they put the paddles on me and shocked me back to life." He changed it from looking down at his body to, feeling his body and being aware of it before he was awake, to; he wasn't awake at all, and he only woke up when they put the paddles back on him to wake him up, as fast as it came out of his mouth. That is what a human does. They go from perceiving, knowing, being and receiving to thoughts, feelings, emotions, sex and no-sex like the snap of the fingers. That for them is the way the world is. That for ***them*** is the way the world is. How much of it for you have you made it the way the world is, or the way you believe your world is, because you have always been psychic enough to perceive it in the world around you, and in the humans around you, and in the humanoids who are desperately seeking human; so you went; "oh that must be the way the world is." You take perceiving, knowing, being and receiving and instantly turn it into thoughts, feelings, emotions and sex or no-sex. Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What if there were a different possibility?

**Humanoid bodies**

Now here is the thing about being humanoid; medications don't work the same way on you as they do on humans. You ever notice? How do they do the drug studies? They put an ad out to pay someone fifty dollars to take a medication that may make them bleed internally and kill them; how many humanoids do you know that are going to be willing to go for that? Not many. The humans line up in droves; "hey, fifty dollars a month and all it might do is kill me? Totally dude, I'm in." Okay. And if a humanoid does happen to go into the study; they way they do these studies is they take the bottom twenty percent and the top twenty percent and they throw them out, which is were the humanoids would be. So pretty much your information for drug studies comes from humans. So everything they have determined for the amount that it requires and the time and the effect and everything like that is based on humans. No wonder it doesn't work for your body the way it works for other people's supposedly. If you are one of those people who takes Advil and it is suppose to work for four hours and it last for ten minutes, that would be why.

The other thing is, you as a humanoid can respond to energetic means of transformation and change much more easily than humans will allow themselves to. Which is why if you have ever done something like massage or energy work or something on someone, they are like; "oh my god, I can feel so much, this is so wonderful, this is so great, wow." And some people go; "did you do anything?" Those people are usually human because their energetic sensitivity and awareness is not nearly as dynamic.


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That is not to say they are not intelligent, it is not to say they are not psychic. There are lots and lots of psychics and tarot readers, astrologists, numerologists, incense reading underwear burners. There are tons of them that are human. You know them because they are always looking to give you the answer, their answer. They will give you this point of view about it; it's this way and this way and this way and they expect you to buy that. That is when you have a human who is doing metaphysics for example. So it is not that they are not psychic, it's not that they don't have awareness; it's that with everything that they do they will come to conclusion and that is what is valuable for them. They are right, why don't you see it? They are right, weather you see it or not is totally irrelevant; of course I'm right and you're wrong. That is the human point of view.

In the last twenty years humanoids will especially have humanoid kids. Usually for most humanoids they had one human parent and one humanoid parent and they would come to them to get to the humanoid parent. And they knew they could manipulation this shit out of the human parent so they were totally okay with it. All of these "indigo children" that are coming in; personally when I hear a label like that, is a label an answer? Pretty much. People say; "ooh, they are indigo children" and then they go into making it significant. "My child, see little Bubba, he's an indigo child. Do you see the halo? Do you see how cool little Bubba is? Bubba is going to be a shinning star in this world because he's an indigo child." No he is not, he is going to be a shinning star if he chooses it. He is a little potential humanoid, okay cool.

*That is what I feel like it is to be a humanoid, like it's a superior point of view.*

How much of that point of view is supermind? A little, a lot, or all of it? Everything that is will you destroy and uncreate it and step away from the supermind? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

I don't have a point of view that humans are less than humanoids, do you? To look at it and say that humanoids seem to be elevated or greater than, would you then have to have some judgment that what I have described as humanoid must be better? Have you spent your entire life trying to prove that you are not better, more or greater than everyone around you?

*Like it is a program to not separate or something?*

It's interesting because in an effort to not separate and not be judgmental you will take yourself out of awareness. Weird, huh? How many of you have spent your entire life trying to prove you are not superior? And in so doing have you ever created yourself as say, I don't know, inferior? Everything that is, everything you have done to be not superior while knowing there was something different about


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you will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Here is the thing, are humanoids superior to humans or just different? Just different, they have a different set of characteristics. So are humans inferior to humanoids or just different? Once you know what (or who) you are dealing with, then you know how to handle the situation. The situation may be your life or your job, or your relationship. When you are busy trying to prove you are not superior, how much do you have to appear to be more limited than you actually are? A lot right? So how much of the limitation you have created in your life is from a desire to prove you are not as superior as you always knew you were? Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*If a human marries a humanoid are there two realities that they are trying to mesh and does that create conflict?*

Yes, and let me tell you how it works; the human is right, the humanoid is wrong. Those are the two realities they are trying to mesh. Because that is the human's point of view; that they are right and everybody else is wrong. The humanoid's point of view is; I am wrong and everybody else is right. It works great, sort of. Unless you actually desire to enjoy your life as a humanoid, then it doesn't quite work so well.

*What if the humanoid parent left and you were there with the human parent?*

How old were you when the humanoid parent departed?

*Six.*

Did you want to hold onto the human parent because you knew you could control them utterly? Truth?

*Yes.*

Thank you. And did you somewhere decide you were going to change her life? Yes? Okay, you have got to get over that commitment. All the commitments, oaths, vows, fealties, comealties, swearings and promises you have to somehow change the life of your human parents, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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All the commitments, oaths, vows, fealties, comealties, swearings and promises you have to somehow change the life of your humanoid parents, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all those? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

See, you as a being slam your parents together to create exactly the body you want, exactly when you want it. The number of people who have woken up in the middle of copulation knowing that was the time when they were going to have a baby is astounding. That being get's your bodies going, gets you up and puts you together then asks; "want to wake up know?" Okay. That is because you as a being have way more potency then you have been willing to acknowledge.

## Humans love supermind

Pretty much humans function from the supermind and love it. They like it, it feels like home to them. Guess what, you have all made it feel like home to you too. That is why when I asked you about the space you were becoming. It was sort of like – Ahhhhh space. It is as though it feels uncomfortable, is that actually uncomfortable, or have you made it that? Have you misidentified and misapplied it as that and created it as that? They love it, they would hold onto it at all costs. You have made you love it or believe that you love it. You literally believe you love the supermind. *"Don't try to make me give that up."* The supermind is saying; *"don't let them make you give that up, I'm the only thing you will always have."* Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

**The other thing is, when you are truly creating freedom for yourself, when you are truly generating space for you; it's right then that you will believe that you are not doing anything. That you are not actually getting anywhere; that you should turn around right then because you are definitely not getting anywhere. You are putting in all this effort and you're definitely not getting anywhere. About three steps beyond that is where you would have the biggest breakthrough of your life.** But the supermind **says; *"see you are not getting anywhere, this isn't working, you put all this effort in, you put all this time in, you put all this energy in, its' not working though is it? It is not working though, is it?"* As it puts on it's softest voice to prove that it actually cares about you. You go; "gosh, no it's not." Then you look for how you did it wrong, or how you didn't do it right. And you beat the shit out of you and you go back to connect to the supermind to find out how to make it work. Everything that is beyond the supermind that you are, and are refusing to be will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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The supermind is a major source for limitation and it probably will stay in existence quite dynamically only because the humans will tend to choose it because they like having answers and being the answer to everything. It seems a lot of people think the supermind is their mind, especially those who have done massive amounts of drugs to wipe out their mind. So the supermind becomes a substitute for having an awareness of their own. They misidentify and misapply the supermind as beingness.

## Humanoids will invite greatness of humans when they acknowledge the greatness of their humanoidness as Oneness and Consciousness

Oneness and consciousness includes everything without judgment. There is only judgment if you are doing the supermind. Only by judgment can you get caught in this reality. When you make DJCCs, you are killing your body and your life. After this class, you're going to have a lot more awareness of the sadness, the anger, and the grief that everybody functions from. They think it's real. You are going to think it's so overwhelming that you can perceive all of this. No – it's so wonderful that you are capable of it. You have to look at it and go, "would an infinite being truly choose intense anger, and massive amounts of sadness and grief?"

Would you be willing to be as different as you truly are? What you've spent your life trying to do is make you fit in and look like everybody else. Has it worked? No – it never works. But instead of just going, "I'm just fucking different. I don't care whether you like me or not," you keep trying to make yourself *like* other people, so they will *like* you. Have you noticed that the more you try to make yourself likeable, the less they like you? Fuck it all. Just be different and if they like you – fine. If they don't – fine. Fuck 'em if they can't take a joke. Fuck 'em if they *can* take a joke. Fuck 'em just because you can fuck 'em! In oneness and consciousness you never have to fit in again.

Here is what is required at this point; that you come out of judging you as being wrong for being different, that you stop judging you for being wrong for perceiving other possibilities. It is only when you come out of judgment of you and actually start seeing the greatness of you as a humanoid, that humans will ever have an opportunity to make a different choice if they desire to. What has been happening for a long, long time, about 4 trillion years, is you have been aligning and agreeing that humans have it right and you are wrong. That they're points of view are right and you are wrong. They already believe they are right, you have been aligning and agreeing with it. In that, you have no choice to create a different possibility because you are saying; "yes, you are right, I am wrong" and buying it; you are not just saying it. How much have you made you wrong for being the humanoid you are, and how much wrongness have you attributed to you because


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you are not human like it seems everybody else is. Everything you have done to make you wrong, to buy that you are wrong and to function from there in any way, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

When enough people are willing to be the humanoids they are, the humans will go, "Wait a minute! I want to get on their ship. They're the cool guys." They will not continue to function from we've got the answer, we're right, and everything is about maintaining the status quo. A good portion of that may only come about if there are enough "natural disasters" around the world. The difficulty is that humans are the primary support for insurance companies. They believe in insurance totally and they'll believe whatever the insurance company tells them. Katrina has been a big wake-up call that the insurance companies lie. They always believed that the insurance company was there to take care of them, just as they believed the government was there to take care of them. That was their basic point of view. Now they're beginning to discover that the government is not doing that, and the insurance companies aren't going to do that either. This particular insurance company made 40 billion dollars last year, but would not pay 40 million in claims. They are being taken individually to the Supreme Court, because they can't do a class action suit. It takes seven to nine years to get to the Supreme Court. So these wake-up calls are occurring. The government won't do anything for them. The big companies won't do anything for them. Will that take away some of the credence that big companies are going to take care of people? They'll get it or they won't. But it takes the humanoids to step up and create things from a different place.

How many of you would rather give up the negative polarized reality for a better polarized reality, rather than choose consciousness? Everything that keeps you from choosing consciousness, instead thinking that consciousness is just all the perks of life and everything that keeps you from claiming and owning the fact that you're really not interested in consciousness. You're really only interested in a better-polarized reality? Will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

All of you who truly would like to claim and own consciousness, will you please now destroy and uncreate everything you aligned and agreed with and resisted and reacted to that allows all of this to exist and claim and own consciousness? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

What are you trying to create with Access that you failed to create? Will you please now destroy and uncreate everything you aligned and agreed with and resisted


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and reacted to that allows all of this to exist? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

What perception, if you had it, would destroy your identity with and as Access? Will you please now destroy and uncreate everything you aligned and agreed with and resisted and reacted to that allows all of this to exist? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

Until you step totally into being humanoid and don't judge it and be the potency of that, humans will never want to have what you have. You walk around like a bunch of pathetic weaklings and they always know they are right, and they are more powerful than you because you give them that point of view. Until you step up and go; "you know what, I know you are judging, judge all you want, I'm not changing, sorry, hehehe. That doesn't work for me." Until you step up and live as that, humans will continue to run the planet into the ground. But, hey don't worry about stepping up and being more conscious and less judgmental because I'm sure we've got at least 3 to 5 years left if you don't.

You can become a catalyst for change of magnitude if you are willing to be it. ***What would it take for me to step up to the intensity of potency I can truly be?***

## Disconnecting from the supermind

Our hope is as enough people look at every situation of their life and start to choose allowance for them and for the situation and for everyone in it, and disconnect from the supermind that it will eventually go away. Where you're not willing to be that potent you're letting your life to be run by the supermind and the people connected to it.

Everything that you have decided that it's complicated to give up the supermind; that is the supermind talking. It's not about destroying and uncreating it. It's about disconnecting from it.

You're not feeding it. It is. It is part of the group mind that you allow yourself to be not only affected by, but run by and limited by.

- You are the source for generating the supermind and connecting to it again.
- Every choice you make either generates the supermind or disconnects you from the supermind.

## Potency, Change and transformation

True potency is the ability to change anything. In Access we talk about potency rather than power because we've found that power in this reality means power


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over others. When you're truly powerful – being potent – you don't have to tell people how wrong they were and how they fucked you up. When you're truly being potent, you realize that no one can fuck you up. No one can hurt you, except by some way of your choosing. When you are truly being potent, you have the ability to change and generate.

When I said, 'don't fuck with me' (said with intensity) was there anybody in the room a little taken aback? Why did I do that? Am I pissed off this morning? Nope. That's a level of potency that you should all have available to use when you require it but most of us resist having it. Rather than have it show up and have people think we're pissed off with them, would bury it and use it against ourselves instead when we should be using it to create something different. A lot of that is actually based on the supermind.

When I said, 'don't fuck with me' this morning was I resisting and reacting to anything? Was I aligning and agreeing with anything? No I was just stating something because I could. It was from interesting point of view. When you are from interesting point of view you're not functioning from the supermind. So did you feel it in your body and were 'ok yes'. That sort of commanding presence in energy; if you were to have that in every area of your life, how would your life show up differently?

**The supermind abhors change.** If it can get you to change slow enough or not at all it can maintain its connection to you. Any time you begin to change more than it can handle, the supermind says to you; *"awh, you've had this great change I know, but you know what, probably it's not going to last. It's not going to last, that change will never last. What you should do is go back and do some more drugs, because that change isn't going to last. What you really ought to do is go back, get into that relationship that was killing you. Do that, because then you knew who you were. Now that you are starting to have more space, you have no idea who you are and that is really uncomfortable isn't it?"* That is what happens. How many times have you had something actually occur were you created a major shift and change and then if felt like 3 days later you had to go back to the same old thing? And you found yourself in the middle of the same old thing and didn't know why? Then you got frustrated and pissed off at you for being back in the middle of the same old thing. Well guess who was telling you that? That would be the supermind also. So the supermind says; *"come on, let's do the same old thing. You don't know who you are, it's really uncomfortable to not know who you are."*


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## Change and Transformation as Oneness

What extrapolation, change, and relaxation without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and a life of infinite ease, joy and glory? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Including every answer you decided about what it would take for infinite ease, joy and glory to show up and what it would look like if it showed up, and what it wouldn't look like, that it can't show up. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

"What would it take for something greater than I have ever been able to imagine?" opens the door for the universe to show you what else is possible? What would happen if you looked at everything that you have ever created as the change it took to get you to look from a different place?

You can only transform anything by being willing to change what is. Unless you are willing to have change as your reality, then you are trying to maintain the status quo, which means you can never relax. If you relax, everything can change.

In order for a reality to exist, people have to align and agree or resist and react to it. When you create your life as space, you can encompass this reality. Oneness includes everything, judges nothing, and has infinite choice and infinite possibilities as a result of it.

"Ask and you shall receive," is one of the truths in the Bible. But you've got to be willing to ask – request of the universe. You've got to be relaxed about it. If you want to come, you've got to be relaxed in order to have an orgasm. If you want to have an orgasmic life, you've got to be relaxed about it.

Most of you define what you are willing to receive by this reality. What if what is available to you is so far beyond this reality that you are creating armor plating to refuse it? You chain link all those answers together until you can't receive anything that doesn't match the answer that you've decided is good. What if instead you could have everything you desire in life?

Everything that you have decided change is, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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**All of the decisions, judgments, computations and conclusions you have about what change is prevents you from having what it could actually be for you.**

Whose world are you currently defining you by? Yours or somebody else's? Most of us have not lived our lives being in the computation of our lives. Most of us also have people who emotionally blackmail us. However, choosing for you does not necessitate eliminating everybody else's requirements of you. Choosing for you is not choosing against someone else. When it feels a little heavy, a little sticky, and you're so proud of yourself for having done it, then you might be choosing against someone else.

Once you get something right, you don't think you need to change anything. What's reflected back at you is the rightness of you in any one moment, so that you won't continue to seek change.

What if you realized that you can change anything? I can put my hands over stale tarts and turn them fresh. I just suck all the energy that doesn't allow them to be totally fresh, out of them. I can take champagne that isn't great, pull all the energy out that doesn't allow it to taste great until it becomes good champagne. I took wine and changed it so it tasted different for each person, to what tasted good for each person's body who was drinking it. You could taste the difference in each one and each one also tasted better than the original bottle. You can do this too. Anything I can do, you can do better. I double dog dare you.

I have no point of view about it, I'll do anything.

*How can I be so unaware of my own resistance to change? The only clue that I have is that I'm cranky and achy.*

That is the clue.

*Cause I just woke up like I got hit by a truck.*

I was talking with Dain last night and said; "I feel like I have just come up against a brick wall. The resistance to change in the class is hideous. I feel like I don't want to go back to class, I don't want to do this any more and I don't think I am going to get any farther tomorrow." He said; "well, you could tell them that that is what they are doing, is resisting change." I said; "yeah, but that wont' work." What can you do to move forward? It's choice. You have to demand of yourself – no matter what it takes ***I am going to change*** as much as I have been unwilling to change.

All the DJCCs about going slow, you have to process, you have to integrate, all the integers to change; those are all the sources by which you resist changing


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instantaneously. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Choice creates awareness, awareness does not create choice. We think that if we get more aware that we will choose differently. Choice creates awareness, it is a really important aspect of recognizing how to change is to recognize your choice creates the awareness, your awareness does not create the choice. It applies to everything in life. It is merely choice, not how, not why, not what will it be like; just choose and awareness shows up as a result of it.

You have to choose something then you will get the awareness about it.

Then you choose again.

There is no such thing as the right choice. That is the supermind telling you, you have to make the right choice and know what the right choice is before you make it. There is not right choice, and every choice can be changed in any ten seconds. If you change your choices every ten seconds the supermind doesn't know what to do, it strangulates it. It can't handle ten seconds of choice. It can't handle you changing your choice every ten seconds because it can't adjust that rapidly. It doesn't know where to hook in again.

Have you ever chosen to go to bed with somebody? After the first ten minutes was it a good idea or a bad idea? When it was a bad idea, did you stay any way? Of course, because you think you only have one choice, that when you make a choice you have to stick to it. That is insanity, that is your father talking to you through the supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You want to make the right choice so you don't have to choose again. Like being in this class, you are making the choice to stay here every ten seconds. You didn't come here and stay four days because you have to, you could leave and have the CDs sent to you. You could leave at any time. Forget about "right choice" and go to "is this rewarding?" The supermind can not function with "is this a rewarding choice?" It doesn't know what that means. It knows what right and wrong means and it functions from the right and wrong of things, not from what is rewarding.

Choice creates money, money does not create choice. We think that if we have the money that we will have the choice. The reality is – we choose, the money comes.

**You really have to apply these techniques if you truly want to change your life.**

If you are not inundating yourself in this, you are still trying to come to right choices, you are still trying to make the right decision, you are still assuming there


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nothing greater, you are still assuming you have to have a career. Why are those ie choices you have made? Are those your choices or are those the choices omebody else imposed on you? How many imposed choices do you have running our life? All those, will you destroy and uncreate them? **Right and wrong, good nd bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Choice

Not seeing that you have infinite choice and not trying to create from infinite choice, but trying to create from the right or wrong choice. There is no wrong choice if you only make it for 10 seconds. You can't ***try*** it. You either do it or not. If you don't like what you get change it again. If you make a "wrong" choice do you become aware of something? If you make a "right" choice do you become aware of something? So, choice creates awareness, awareness does not create choice. Choice. Just choose god damn it! You want to live you life or be the effect of the supermind for the rest of your life? You want to live it? Then demand of yourself that no matter what you will just choose and nothing else.

How much of you are creating your life as the bitterness it must be to get to the sweet part that must come later? Like having to eat normal food before you can have dessert. Would you please start living your life as dessert first? Destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*If I am choosing to be more conscious and more aware all the time and that is my choice; does my awareness of the supermind make this easier? Because I know all thoughts, feelings and emotions are the supermind absolutely?*

Absolutely - mostly. Unless the person you are having sex with is thinking, then it might be theirs. But, that could be the supermind too.

*Is it a choice in each moment to not be a part of the supermind?*

Yes, it's a choice in each second.

*It is not like one choice to not be in the supermind – to rule them all.*

No. There is not one choice that rules all choices.

What infinite freedom of choice without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite embodiment of the expansive, joyful, rewarding possibilities? Everything that is, will you revoke,


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recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How often do you allow yourself to have infinite choice? Or do you keep trying to pare it down so you know what you're supposed to do? Would you consider that possibility that you could make your life nothing but an expansive, joyful creation of possibilities instead of something you have to do?

What creation of the perpetual and eternal addiction to and seduction of the supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite freedom and pleasure of choice you've never had, but truly are? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have never allowed yourself the pleasure of choosing. Choice is a pleasure, except most of you try to avoid choosing. "Where would you like to go to dinner?" "I don't care, why don't you choose?" "Where would you like to go?" "I don't care, where would you like to go?" If you don't choose then you can't be punished for having chosen wrongly. That is the supermind telling you, *"you will always choose the wrong thing."* Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Is it all real to you that choice is a pleasure, that it is actually a pleasure to choose? But don't you make it as though it is the worst thing that can occur? Like if I say to you; "what would you truly like to choose?" Does not compute, does not compute, does not compute. If you want to clear a room of beings and have these bodies sitting here with no being in them, say: "what would you truly like to choose?" Instantly, it's like a room that is empty except for the bodies. We are not given that awareness that we have freedom of choice. That we actually can have the pleasure of choice. That choice is actually something we can choose. Everything you have done to give that up in favor of the supermind, all of you that you have destroyed as a result of it will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

***Every choice you make either generates the supermind or disconnects you from the supermind.***

If you have choice, then you don't have to choose polarity, you can have allowance in all things. You step back into the supermind with every polarized point of view you take. Choosing polarity is a choice. You need to be more diligent in choosing


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on-polarity and choosing allowance, and being willing to see when you are eating from a polarized point of view and creating polarity. Then you will have more freedom to not have to be connected to the supermind.

The supermind is alive. It has tentacles to every part of your life and every solidified choice you make. For example, when you're doing really well and then you go and watch pornography, and you feel buried in crap again, or you go and have sex or start a relationship with someone, and you're back in the same place you used to be. You have this place where when you come close to changing more than you are allowed to change, you choose anti-consciousness, which takes you back into it.

The supermind lures you with thoughts, feelings, emotions and sex or no-sex. Then when you come to a decision, judgment, or conclusion, it is the supermind facilitating you in solidifying a reality that is not real. There is no question in that.

Pretending that you are confused, that you don't know it's the supermind, giving control of your life to the supermind. That is the addiction to and seduction of the supermind. *"You don't have to be aware, you don't have to be controlled, we will take care of you,"* so sayeth the supermind.

*At any point did we ever know we had a choice?*

I believe the answer is 'yes' and I think we gave it up in favor of the supermind. We always have choice, we still have choice; that is the one thing **we always have is choice**. Free will universe you always have choice. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Most people don't want to have choice, they want the supermind. They want the answers, not choice. Choice means they might make a mistake. The way they guarantee never making a mistake is by choosing the supremind because the collective, the interconnectedness is more valuable. If you choose what everybody else chooses, then you are fine. It's like everybody dressing the same. You would rather choose the supermind than choose to be totally different.

*Does the supermind appear to be what will protect you from ever appearing to be wrong?*

Yes. Unless you are willing to be wrong, you will always have the supermind. The necessity to be right is the supermind imperative. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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"This is as good as it gets," rather than "how does it get any better than this?" Buying the lie that you don't know, buying the lie that you can't perceive, buying the lie that you can't receive and buying the lie that you can't be you. All of those, will you destroy and uncreate them all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I don't have a point of view about anything, can I choose? Yes. For this 10 seconds I can choose anything. Can I change my mind? Yes, because that is another 10 seconds. Why would I want to choose for longer than 10 seconds? I don't know about you, I like to change everything. It is really fun to change things. I like to change my furniture, I like to change what I own, I like to change what I give away, I like to change what I receive, I like to change *EVERYTHING*. Changing is the most fun thing in the world.

*So if we make "interesting point of view" an absolute, we're fucking ourselves up?*

Absolutely. People who won't choose differently, can't see any reason. Their point of view is "why would you want to be out of the supermind? Why don't you want to be just like everybody else is? Why would you ever question anything? This is just the way it is."

*So we are acting human when we are not willing to question?*

Yes.

Someone who lives from Supermind always has to come to conclusions and construct a reality from which they live. They create this whole reality of life *FROM*. Not to generate a life *AS*. A reality to live *from* is different than a generation of a life you live *as*. What is the difference? If you have all the answers, you are living *from* a reality. When you are in the question you are generating a life as the question, as what else is possible. As; "that looks like fun, can I do that? I'll do that." Instead of; "no, I can't do that." When you live from generating life *AS*, there is a continuous generative capacity that occurs. You are constantly generating your life and not coming to conclusion about it. If you are not coming to conclusion about it, you start having an indefinite life, which means you'll live as long as you choose to live and die when you decide to die. Nothing else matters, your choice. You don't have to get sick and die, you can just choose – okay, it's my time. I'm going to sleep tonight and I won't be waking up in the morning. Bye everybody.

## How To Disconnect From The Supermind?

**It's the accumulation of your choices that are what your life looks like right now.**

*This is just a little story.*


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*M. and I and the kids have been in Access for a whole 6 months now, everything has changed so amazingly. You think you are going to go back to this place you used to function from and those reference points start to dissolve and you just have more expansion and more joy and you start asking more questions and more things show up and you are like; wow. And it's just unbelievable but there are little hitches along the way.*

*Yesterday when we were leaving it was like our whole family ran into the supermind. My daughter was going upstairs and my son went over to hug her and she popped her head up real quick and knocked him in the head and he started crying and she got upset because he was upset. Then she was in the car and she started yelling at me and M. had a judgment she had about me and my daughter picked that up and started yelling at me, and I resisted and reacted. We were all pretty soon yelling at each other; what are you talking about, why are you yelling at me? Crying. It was real insanity. The reason I'm sharing this is because it was like literally three minutes of this and then it was; "oh yeah, can we unhook from the supermind please?" What an idea you know? I was not being in allowance of M. and where she was at and all that I was resisting and reacting to and we all just plugged right in to the whole thing. But is was that quick and that quickly over.*

*Before Access not having the tools, this is something that would have been drug out for weeks, years maybe. I mean really, this is the kind of stuff that can change like snap of a finger.*

*We would have made it really real and significant. Letting it all go, the kids were all singing, this is all in the matter of like five minutes. It's so intense, then it is so easy to choose – oh yeah, this isn't me.*

I'm sorry, easy to what?

*Choose. Choose it.*

*Like my son will get into this tantrum and he is just so into it and so identified with it and I ask; "are you sure that is what you want to choose? Would you like to choose something else, because that is a possibility in any 10 seconds?" Just that awareness starts to create such space for him. He can look and see; oh, I'm choosing this, that is interesting.*

*For all of us, all the sudden it was like, okay; let's be space instead. That is a better choice. Then all of us had the space to be.*

*That is the thing you start to be aware of in being at these classes, working with the facilitators, being around Dain or Gary, space starts to open up in your universe that you have access to and the more space you can allow yourself to be, the more ease, joy and glory you are going to have in your life. So thank you again Dain and all of you for coming. You are all amazing and I just acknowledge all of you for the courage you have for even being here. Because what is this, how could I truly explain this to anybody; it's just you're following the energy and it's your courage and your desire for change that got you here. So I just want to acknowledge that.*


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**Please know that getting free of and disconnecting from, having no effect on you from the supermind is your choice. That is all it is, simply a choice. There are times when you will have that willingness and you'll demand, no matter what this is changing. That is a time where you change your life because when you make a demand the supermind can't follow it.** If you do more than three things at a time, the supermind can't follow it. If you are only trying to do one thing at a time and complete it linearly, the supermind is one your back the whole way. Telling you how you are not doing it right, telling you how you have to do it this way and this way and whatever way you do it you are wrong. When you start doing at least four things at a time the supermind can't compute; you go beyond it. Would you be willing to actually go beyond it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

For me, 24/7, everything is about consciousness and facilitating others to consciousness. Nothing else matters to me. I don't care about money or anything else. Nothing is significant to me. I consider everything and everyone a gift in my life, because each person comes with something that facilitates me in becoming more aware, and so I can facilitate other people in becoming more aware. Nothing else matters. The moment you make a demand of yourself that you become more conscious and more aware, it becomes extremely hard for the supermind to create a connection. The less you do thoughts, feelings and emotions, and the less you create anything as significant, the less the supermind can control you.

The 10 commandments of Access are the keys to your freedom from the supermind. They disconnect you from the supermind. When you use the 10 commandments of Access all the time, it begins to disconnect you from the supermind and begins to have it be total ease to stay disconnected from it.

*When you say "choice" if you are in that space of I don't believe what Dain says so I'm not going to go with that, the other side of that (and trust me I have tested this) is being totally dictated to by every body else and the fucking supermind. So if you are really open doesn't that just piss you off?*

People say; "I'm not going to listen to you because I don't want to be controlled." Cool. One guy came up to me at the Level 2 & 3 and said; "you know what? You know how all these other people say 'yes, yes, I'll let this go' you know what I'm not going to say yes and just be a lemming." I said; "cool, so you are saying 'no' and being a lemming, that is great." He came up to me after lunch and said; "you know that thing about saying no and being a lemming, I'm pissed." I said; "cool it worked, all right."


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The only time you hate being told what to do is when you know that you are not actually choosing for you already. If you are choosing for you, anybody can say anything to you and you'll go; "cool you have that point of view, no problem." So everything that brought up, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*You're talking about being the question and following the energy, it there some static that occurs between asking and getting were to go, what to do?*

Yes, it is called your mind. Supermind.

*That's it?*

Yep, step away from the supermind. Like I said, some of you had your supermind go into overdrive last night. *"no, no, no, no, no, no, no, no, no, no, things are changing, you don't like this guy, he's from California, you can't trust him, he's lying to you, blah, blah, blah, blah, blah. I don't like myself, I don't want to come back to class tomorrow."* You know what I'm talking about? Here is the deal guys; it's your choice. It is your choice to listen to it or not.

That is what I wasn't getting towards the end of yesterday, was that is was your choice. See, doing this class in three days; don't tell me you are not fucking courageous okay.

The thing about it is, what I wasn't realizing last night is that it is your choice. I wasn't willing to get that, because I wanted you to have what I know is possible for each and every one of you. Well is that a fixed point of view on my part? Fuck yes. So I POD-POCed myself so I'm over it. It's your choice.

See the thing is the supermind is going to kick in, your choice is; am I going to buy this shit or not? Is any of this making me feel lighter? Cause if not, it's a lie, who does it matter who's lying to you?

There are going to be times that it feels like you have no choice. It is at one of those times, please call me, call a facilitator, call somebody else in Access that actually has your best interest at heart and ask them. Say; "you know I am having one of those days where I feel like I want to burry my head in the toilet and flush. I don't really know what to do, can you help me here?" They'll say; "sure, you want to change it?" "Yes." "Okay" and they will start asking you some questions that may allow you to have a different choice. **The thing is though, it is always your choice.** What you take out of what I say is your choice, what you get out of the class is your


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choice. It's all up to you. It's truly were you get to realize; okay, I've got choice. Which is a really cool thing, and for some of you the scariest thing anyone has ever said to you.

**What if you didn't require proof or reason to choose?**
Have you noticed a change in M. today? One of the things about M. is I will say something like that, I'll say; "will you let that go?" and she'll say; "yeah." And she lets it go. If you would like to have a say, I don't know, cool transformational look for yourself or something, consider the possibility that everything you decided you have to hold onto may be you actually don't. What I talked about with her yesterday was something so near and dear that she had based her entire lifetimes one for only the last couple thousand years or something like that, no big deal really. I asked; "would you change this?" She said; "yes and thank you for giving me the chance." Wow, what if you were like that? Will you change this? "No, you need to prove to me that I want to and then only if you do and only if you say it in just the right way, will I change it." Isn't that funny that you do that? We're funny. Except, we are not so fucking funny to ourselves. What if you saw you and everybody in your life as a cartoon character? Would that make your life a little different?

## Courage & choice to disconnect from Supermind

*As I listen to this and have been listening to the new CD's, every time I press play and it is talking about this, it's almost like an anxiety attack. There is some part of me that I obviously new, some consciousness that I am that I have an awareness of all this; it's like my supermind is going, shit like it's days are numbered here and panic attack, anxiety attack, which is of course not me, it's the supermind. Even sitting here now, I can feel that "oh shit"*

How much of it is the supermind reving up because it knows it's days are numbered with you and also, the people you are connected to and their superminds? How much of your perception of the world has been through other people's superminds? Everything that is, everything that allows that to exist, will you allow yourself to make a different choice now please? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from everybody else's supermind? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The supermind is insidious. It has god zillions of ways of attempting to draw you back in. Anything that draws you in to less space, less possibility or the rightness or wrongness of a point of view. Notice rightness is equally destructive to you as wrongness. Anything that draws you into less space, less possibility or the rightness or wrongness of a point of view is the supermind. Yours or somebody


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else's, it doesn't matter. What you have to do is POC and POD all that shit and step away from the supermind. **Literally step beyond its' ability to grasp you by becoming more space.** That space that you know is possible.

For those of you who have panic attacks or the panic thing; for those of you perceiving panic, is it yours or someone else's? Someone else's. What about you? Do you even have an awareness of the difference of you and someone else?

*That is where I am, I feel shaken up.*

Are you willing to be shaken up totally? Truth?

*Yes.*

You are lying. It is a choice you have to make. You have to get to the point were; "you know what…

*I'd like to get to the point where I can be big space.*

No, you'd like to get to the point were you can choose what you have decided is big space, which is still smaller than the big space you actually are. Good thing you are cute. What did you say; "I feel like that is where I am"? "This is where I am now," where is that?

*I am not being aware.*

It that actually true or is that a place you have to put you to not have awareness that goes beyond supermind? Or, to not have awareness so that the supermind can then be in charge? So, were you the creator of those places so people could go to not have awareness that is greater than the supermind so that the supermind could be in charge? Did you manufacture them and sell them to your best friends, the people in this room? I know this all sounds a little bazaar, welcome to Access. You think this is bazaar, have we gone some more shit for you. Truth, will you stop selling those spaces, stop connecting to them, stop creating them and would you be willing to destroy and uncreate that as a source for the creation of reality? For you and for everybody else that bought them from you, that you are connected to and acknowledge that you are not going to get paid any more on them? Thank you, **right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

We will create something in some lifetime. We'll think it's a great idea, or just decide it is, or we just want to make a butt load of money, so we sell them to everybody we know.


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Like for example. Supermind comes along and people go; "oh my god, I'm too aware, I just don't get this supermind thing like everybody else does. It's not working for me, I just can't cut off my awareness." She goes; "oh my god, I had that problem too, I used to be too aware also. But you know what, I found a way out of it. I found a way out of awareness. I created this place, and I go there and it's like a little storage bay that I keep my awareness in, so my awareness doesn't intrude on the supermind. Would you like one? That will be $100,000 dollars with a lifetime guarantee." Except you as a being never die, which means you have to continually enforce it over and over and over and over and enforce that "no awareness" to uphold their lifetime guarantee. Otherwise they weren't going to buy it from you because it might break down, how can they trust you? Everything that is, all that you have done to facilitate supermind in having a foothold over everyone, including connecting to their endocrine systems or any of the hormonal systems of the body, Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And you look so cute and tame, what's that about? Let me ask you this; how are you feeling? Even if it meant you had to come face to face with you, would you truly give up the place you go to so the supermind can run and control you? All of you, even if it means you have to actually have awareness of you? Even if you don't like some parts of you that you've been wanting to hide from? Would you be willing to be in allowance of even those, were you can have even those as an interesting point of view? Yes? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Would you be willing to stop sourcing everybody else's space of non-awareness and disconnection from self? Truth? All of it?

*Yes.*

Let me ask you this; what potency would you have to acknowledge in order to do so? I'll give you a few choices. Would you have to acknowledge simply that you are way more potent than you have ever been willing to let anyone see? Anybody includes you. I'm sure you are alone in that, I'm sure you are the only one in the room who's got that point of view. How many of you are more potent than you have ever been willing to allow anybody to see and anybody includes you, especially you. Would you be willing to destroy and uncreate 10% of that? Everything that is, even if you create an explosion on the planet that is consciousness, Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Did the room lighten up for anyone else? Did the room just get brighter? That was very interesting. It's like someone turned the lights on, I thought there were lights on before. I guess there is something to this Access stuff, I guess there is something to you guys being potent. I guess there is something to all of us being as potent as we actually are. What do you suppose we could facilitate in the world if we didn't enforce separation at all costs? What the supermind tells you is; *"you'll be connected and you need to be connected"* then it enforces separation in the very same breath. The supermind says; *"the only way to be connected is through judgment, the only way to be connected is through decision."* Then it enforces separation.

How do you feel my dear?
*Lighter. I have a question, if I have been this way for so long, it's all new, it feels new to be so different.*

It is.

*I feel a little lost.*

You are in the right place. You are truly in the right place. Thank you for allowing your self to be in the place to have the vulnerability of going there. Feeling lost is really vulnerable place and to be willing to have that however it is, however it shows up, requires a tremendous mount of courage.

How many of you have been willing to acknowledge how truly courageous you are? You are in a room doing some of the weirdest shit on the planet right now, is that courageous? Yes. But the one thing you won't ever acknowledge about you is your courage. That courage is the same courage to facilitate consciousness on the planet. Look around you, how many people on the planet are choosing consciousness? How many people are choosing to empower others? How many people are choosing not judgment? How many people are choosing greatness? It takes courage to choose something completely different than anything anybody else is choosing. Do all of you know somewhere in your universe you have that level of courage? Yes. Is there anyone of you in here that doesn't know that?

*It's not out of courage that I am here.*

It is a need to be here or where you know to be? Need implies a lack. Are you doing this from lack or are you doing this from awareness? Is it a lack of awareness that you have or a lack of awareness that you perceive in the world?

*The world is a perception of me.*

No, actually you are greater than the world.


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The thing is we have been made wrong so much in our lives and we've always had more awareness than anyone around us. How many of you had more awareness than your teachers when you were in school? Hello, all of you. You'd do something like massage therapy and you realize wow, I know more than this person does. I know more about this than the teacher in this, this and this. But they are telling me I can't, so I must not. So you end up coming to the world, and one of the ways of doing it is; well then I'll just be right. I'll find out the things that work for me, then I'll decide that they are right, then I'll keep out anything else. Except what if there is actually a different possibility available now, than has ever been available? What I was asking you was, how much of that was the supermind and you said all of it, and I asked if you would let it go and initially you said no. Then you said, no I'll do whatever it takes. **Do you see how being willing to do whatever it takes, even if it means giving up something that is limiting you, that you thought was great for you, even though you found out it's not; do you see how that is courage?**

Because the thing is, it's your choice. Whatever you choose in your life, whatever you generate (by the way generation is the new creation) is your choice. You ought to be able to have infinite choices. Like you said; it's a necessity. For me, being here is a necessity. But you also made the choice to be here and that is what you have got to get. Every one of you in this room made the choice to be here. You can say; "well, I had to do it because of this and this." No, you didn't have to do it because of anything.

How many people live in this town? 100,000. Okay, how many are in this room? However many there are, not 100,000. You knew something different. Did they all have access to it? Yes, sure, they could have listened to the radio, they could have heard about it. You guys heard about it through some strange, bazaar way, right? You heard on the radio, you heard from a friend, whatever it is that got you here. The thing is, ***for you*** changing things was a necessity, it is also a choice to have it that way. And that is actually a courageous choice. Talking about courage on day one, it's like the cowardly lion. I'm courageous, I feel really good about myself…how many of you thought you were the cowardly lion but are actually able to kick ass in the world? Haven't you known some were that you have the ability to kick ass in the world? Would you be that please? It doesn't mean being mean to people, unless it is appropriate. Everything that is, will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Dain's description of choosing to use the tools of Access

*Question about saying "you're right, I am wrong."*

Not if you say it with awareness. If you believe that you are wrong or you go to create that, then you are not going to create such a wonderful result in your life. If


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you realize you are just saying it because that is what someone requires, you are actually creating a greater result in your life because you are willing to be aware of what is required of you, without actually buying that that requirement has to be bought. What other people require of you is that they be right and therefore you be wrong. In right and wrong there are two sides; one person is right and the other is always wrong. Have you ever noticed? When one person is doing right, the only choice you have is either align and agree or resist and react.

*You could say; "you could be right."*

Yeah, but that doesn't work. You could say that and unfortunately someone who wants to be right….when you are saying; "You're right, I'm wrong" you are not saying it literally, you are not buying that you are wrong. You are just telling them what they need to hear. Here is the thing about positive affirmations. If you do positive affirmations, what is the point of view underneath that; that there is something negative about you that you have to counteract with this positive affirmation. Which is why the Access mantra "all of life comes to me with ease and joy and glory" is a mantra and not an affirmation. Not just in word, if you look at the words we are not saying only good things happen to me. Only the positive occurs, only the positive occurs, only the positive occurs. I don't know about you, but do any of you have a life where only good things happen to you? If so, you sit up here and I'll listen to you. Shit is going to happen, what we'd like is; when we say "***all of life*** comes to me with ease and joy and glory" we are saying the good, the bad and the ugly. We are not trying to cut out the bad. What happens when you try to cut out the bad, notice "the bad" that that's a judgment anyway. Number one, if you weren't in judgment of anything, could anything be "bad"? No, it would just be what showed up. So we are not looking to cut out the bad, we are actually looking to have all of life, the good, the bad and the ugly, whatever shows up, not trying to avoid any of it; because you can't avoid life, you can only be more present for it. The way to change your life is to be more present for it, not to avoid it. Does that make sense? What most of us try to do to create a life we want is we try to cut out all the parts that we deem as "bad." Which is the same thing that happens in positive affirmations. With a positive affirmation you are saying; "I'm healthy, wealthy and wise" in order to even come up with that you have to have the point of view; "I'm unhealthy, poor and stupid." In order to try and counteract that with this positive affirmation. What ends up showing up is for a little while, yes, I'm healthy, wealthy and wise! Then one day all the shit you have been throwing out there, all the negative stuff you have been trying to avoid falls on your head. Then it's "oh my god, I'm poor, I'm unhappy, I'm stupid and my body is falling apart." Instead of attempting to create the positive by throwing out the negative; what if you looked and embraced it all? What if you could look and embrace it all and have it be as it is and have no judgment of it or you and go; "okay, what energy, space and consciousness can I be here that will change this?" Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce,


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destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Did that answer your question?

*I'm experiencing a little fear right now because I'm waking up to realize just how powerful I really am. I'm looking at what I have created so far, I know it's behind me but I'm a little frightened if something isn't going quite right and I created that, and I think well how do I create just good and joy and ease?*

Let me ask you this; were you here for the morning? (have you been reading this manual?) Yes? So, how much of that is you and how much of that is supermind? Supermind? Okay, this may make it easier. Ask; **"how much of this is supermind, a little, a lot, all of it or all of it and more?"** All of it and more, okay cool. So what you do with this is, notice you have all this stuff going on in your head and you are trying to figure it out and you have this "fear." Fear is always a product of the supermind because it is a distracter implant; which is designed to make you run around looking for the source of it and try to figure it out before you ever move on, instead of just moving on. And just moving on takes you right out of it. We'll talk more about that later. All fear is a product of the supermind because all distracter implants are a product of the supermind. Which means that all of this stuff that you are talking about, not knowing how to handle, is the supermind. The way to handle that is to POD and POC all that shit. **Right now, will you get all that energy and POD and POC all that shit, will you destroy and uncreate it? Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds. And will you step away from the supermind please**, there is nothing to see here. **Get so big that the supermind can't even find you, whatever that is.** How does that stuff feel? Is it still there? No. That is how you do it.

Now, everybody say with me please; **everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be.** (5 times) How does it feel now? That is how you do it. Did everybody hear that interaction? That is what you want to do in your own life.

1. **Is this me or supermind?**
2. **How much of this is supermind, a little, a lot, all of it or all of it and more?**

One of those two questions is going to give you the awareness of that energy. Then it is not about figuring it out, because you can't. There is no way to figure the supermind out. There is no way to figure it out, that is it's job to make sure you can't figure it out, while trying to get you to figure it out so it can keep you stuck right here; so you don't move any further. That is it's job. But, guess what? The addiction to supermind which is the process we are running currently is where you are addicted to trying to figure it out. I've got one question for you; how's that


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orking for you Bob? Sort of Dr. Phil-ish. How has that been working for you to to figure your life out? Has that been working or has that been a big pile of shit? here has got to be a pony in there somewhere. Everything that is, will you rescind, voke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right nd wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

lease DO NOT talk about the supermind with people who are not in this class or who have not had the supermind clearings and explanation in Access yet. Why? You will have an intensity of supermind to deal with and you won't necessarily know how.

We had some people mention it in e-mails they would send out or something or tell the people they were close with what they had just done in class; "we did this thing called 'supermind' and it created so much freedom" and it would activate the other person's supermind and start to create this intensity like a vise grip on their head. You will have a lot more crap in your life to deal with if you mention it by name. What you can say is; "wow, I found this cool stuff that created so much freedom." Someone will say; "well I want some." You can say; **"well, would you be willing to just step away from the stuff that has been creating limitations for you? Would you be willing to be in such allowance of it that you didn't have to have a point of view about it and were therefore free?"** You can say something like that to someone who already knows you are nuts. Pretty much everybody, yes. Thanks for noticing.

That is exactly how you do it.

1. POC and POD everything that creates that.
2. Step away from the supermind.
3. And say: "everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be" at least three times.

The thing is; truth will always make you feel lighter. Something that is true, even if you have never heard it before, even if you didn't learn it somewhere, it will always make you feel lighter. Something that is a lie will always make you fell heavier.

Let's say you have these groups of people you get together with on a weekly basis. You have a golf game or you go to church or you go to a mediation center, whatever it is that you do. What is there that makes you feel lighter about it is true. What is there that makes you feel heavier about it is always a lie. So what you want to look at in your life is; somebody said this and it made me feel heavier. Then they must have been lying somehow. It might be because they are lying to themselves. Most people lie to themselves before they ever lie to you. And they lie to themselves thinking they are telling you the truth a lot of the times, even though


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they are lying to themselves. We call those parents and relationships. Just kidding, sort of. You will espouse truth as though it is, if you believe it is true, even if it is not because you didn't actually check in the first place to see if it was true for you or not.

Like we talked about church for example. You go to church, is the dogma what you like or what makes you feel light or is it that awareness of there is this energy here that is a possibility, that is space. For a lot of you church congers up a lot of really negative stuff. But is that because people took what could have been the energy and a possibility and instead used it to control? And expound on the rightness of their point of view and the wrongness of you? Was something that was a great possibility later turned into judgment and no possibility? There are possibilities that certain things have but the possibility of that is always light. The truth of it is always light. And then they attach all this heaviness to it, so don't make the mistake of buying that there is either a wrongness in everything. Don't also make the mistake of buying that the reason you don't like something or the reason you are not there is because it is all bad and all wrong, and the people are all bad and all wrong; because then you are in that same game of judgment. What if instead you could look and go; "wow, what part of this is light?" because that part is going to be true. It is the same thing in your life. What part of this is light, is the part where you are telling yourself the truth about something.

How much of the supermind just got activated with all of that, trying to figure it out? There is no way to figure it out. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How about the pleasure of choice you have always had and would never allow yourself to choose? How much of that is true for you? How much choice have you known you should have had, but decided you didn't and how much of that is connected to the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How much choice have you always known should be possible, and that you should have had access to, that you never seemed to be able to choose? As though these choices were somehow out here and all you could do was use the awareness that there should be more choice as a way of judging you for not being able to choose it. That is were the supermind uses your awareness against you. The supermind says; *"see you should have been able to choose that, but you're not, you know why? Because you suck. That is why. I know, I've researched it. I have. The reason why, you suck. Look at Bob, he's choosing, see how happy he is, see Bob's happy. He's doing this reality, he's got kids, he's got a white picket fence, he's a lucky guy. He's got a big wife that hates him. He's happy. If only you could be that happy."* The supermind says; *"see all these other people,*


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know one? You're lying.

*I'm happier now.*

But look out into the world, how many people are happy? Like six of them. You know me, you can add me to your list from now on. Would you be willing to be as happy as I'm willing to be?

*I know S and T, they are happy.*

No, they are not happy. Just because they are smiling and really kind, caring people doesn't mean they are happy. Okay, maybe they are getting happy. Damn. Three people, that is like an automatic three on your list, mostly. Would you be willing to be as happy as we know is possible? The only difference is, we know it is possible. Do you actually know it is possible?

*That makes me giggle.*

Like, yeah, yes I know it's possible. Good, will you choose it now? *Yes.* No matter what it looks like? *Yes.* No matter what it takes? *Yes.* No matter who you have to get rid of in your life? *Yes.* No matter what part of the supermind you have to step away from? *Yes.* And no matter what changes for you? *Yes.* Yes? Thank you, **right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What creation of the perpetual and eternal addiction to supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite freedom and pleasure of choice you always had, and would never allow yourself to choose? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

You have always had this freedom and pleasure of choice. It is always there and you have never been willing or able to choose it. Now you can if you will.

*Having it last until someone rains on your parade.*

How long does joy last? Until the person who rained on the happy person's parade rains on yours. Happy lasts until someone rains on your parade. Is that actually true, or is that a choice you make? Is that the only possibility or is it a choice? It's a choice. Everything that is for everybody, everything that is connected to the supermind and holds that in place, everything that allows that to exist, will you


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When I ask you to destroy and uncreate it, I am not asking you to delineate specifically. Can you destroy and uncreate beingness? No, it is. Sorry, can't destroy and uncreate that even if I asked you to, you can't. The only thing you can do is pretend it doesn't exist and cut off your awareness of it. What I am asking you to destroy and uncreate is everywhere you have taken a point of view that is smaller than infinite beingness. That is what I am asking you to uncreate and destroy. So if I don't delineate when I say "will you destroy and uncreate all that please"; it's the energy where you have limited yourself that I am asking you to destroy and uncreate. So that you have actually got infinite possibility.

*What about places that are really dark, that I am not easily able to get out of, like it seems like there is not way out.*

There is no way out or, you are not willing to find the way out? Let me ask you this; are you in one of those places right now?

*No.*

So there must have been a way out, huh?

*You're so smart.*

It's crazy. "There is no way out" how much of that is the supermind? All of it. What is going to be required at this point for everything that feels heavy for you;

First suggestion. Do the **"who does this belong to"** process for three days. Because you will brake the insistence that everything you think, feel and emote is actually yours. That is first, if you have any questions about that please ask.

Second, looking at these things, if you were in one of those dark places or spaces or perceived it ask; **"how much of this is me, how much is it the supermind?" "How much of it is the supermind; a little, a lot or all of it, or more than all of it?"** More than all of it, cool, everything that is destroy and uncreate it. POD and POC all that shit. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**. Or **"all the weird stuff Dain would say right now that would let me come out of this dark space."**

Then; **"everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be."** Until you can't perceive that dark space any more, or whatever that thing is for you.


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I am giving you a tool that you haven't had before you walked in the door. I hope that just because you have not had it your whole life, you will actually be willing to see the value of it anyway. I hope that just because you have not had it your whole life you do not discount the value of it for you. I'm saying; what if life could change as of now? What if life and everything it was could totally change as of three hours ago? What if you didn't have to create the same old you life you created when you walked in the door? What if even the parts you didn't even know you wanted to change, but was there, but figured they would never change, could actually change? Everything you have done to give up on that possibility in any way large or small and not had that joyous excitement of the pleasure of choice that little kids are willing to have, and aware beings like you should have; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The thing about this, sure we have all done something or another that made us feel good for awhile. A seminar, a class, a revival, sex, a relationship, a marriage, a child; whatever. We felt good for awhile, then it was like; "why don't I feel this good all the time?" What you are literally getting here is the tools. It's not just about feeling good, ***that*** is an added benefit. It's the tools to have a life that you would actually like to generate, not a life you thought you had to live before you got here.

The tools don't just work here in the hallowed presence of annoying Dain. All of these tools that I am sharing with you are literally things that apply in the "real world."

What if there were not a real world? What if it were the world you chose to create?

What if instead of going back to the "real world," what if you went back to ***your*** world? What if you went back to a world you created differently? What is interesting is people come to Access and they do these classes and then they come and they tell us; "you know what, I paid the money, I put in the time and my frigging family changed, what is that about?" Well, you are the one who had the courage and the money to show up. You'll notice that people around you will change just by virtue of you changing.

Part of what we are doing with this **POC and POD statement** is we are literally going back in time and changing the place where you took a polarized point of view. For every one of these we run, 350,000 other people minimum get free of the same thing. Why? Because way back when, when you were choosing unconsciousness and anti-consciousness and limitation; you sold it to other people. They thought; "oh wow, that is a great idea." Like the lady here who sold her space of unawareness to everybody else so they didn't have to be as aware as they were because it kept short circuiting the supermind that everyone else thought was so


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valuable. So you buy the space from her, you step into it, you disappear and cease to exist and then the supermind can run you. When she lets that go, when she takes her energy out of holding that in place, all those people who bought that get free of it at the same time; when she is willing to uncreate what she created. So we love it when the perps come to Access. The perpetrators, the people who created stuff in other lifetimes that limit people. Because when they give it up it creates freedom for all of us.

What creation of the perpetual and eternal addiction to the supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite access to and awareness of the total potency of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Does anyone feel a cool breeze on their legs right now? That is not the air conditioning, that is a vortex. **Vortexing** is your connection to god source, the oneness that you truly are. You as an infinite being are like a cool spring breeze. When we clear enough of this shit you have been using to make you finite and limited, it turns into this vortex; were it is actually you opening up to the space of you. What happens is there is not enough solidity to get anything to grab as far as looking for something to clear. You are clearing so much as it is in being the space at this point.

*I got really hot. Like a hot flash.*

Cool, she got a power surge. Welcome to your life. Look at it; is it a hot flash or something else? Get this, is there anything you as an infinite being don't know? So, the only thing you can't say in here is **"I don't know."** That is the only answer you can't give me in here if I ask you a question. You know everything. You can not have the answer at the moment but for you not to know is an impossibility. Notice it goes contrary to everything you have been told your entire life; that there is stuff you can't know. Guess what? If you ask the right question, you can have the awareness.

For example is asked you if it was the same thing as a hot flash or something else? You looked at it and went; "something else." Part of Access is about getting you to acknowledge your knowing. You actually know far more than you have ever given yourself credit for. Notice how it makes you feel lighter when I say that? Literally, you know far more than you have given yourself credit for. Part of this is accessing that, because notice I ask you some questions that logically you shouldn't have the answer for and yet the energy is there. You know it anyway even though logically


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you shouldn't be able to have that answer. Well it is that way with everything. You get an energetic awareness of everything simply by asking.

[ ***Thank you Dain, for this incredible explanation of using the tools in our everyday life! Now gang; here are the tools of freedom and infinite possibility to begin the generation of a fucking phenomenal life.*** ]

## The Ten Commandments of Access

These are the keys to your absolute freedom from the supermind. The keys to the kingdom of you. They are the keys to get you out of this reality and facilitate your ability and choice to generate a phenomenal life of ease, joy and glory. If you will actually do and be these things, you will get free in every aspect of your life. They disconnect you from the supermind. When you use the 10 commandments of Access all the time, it begins to disconnect you from the supermind. It is my opinion that that's what finally gave us access to it – there were finally enough people doing "interesting point of view."

*When you have been doing these clearings about the supermind, what has it been like for you Gary?*

Because I use those 10 Commandments of Access non-stop until I was totally unhooked, I was unhooked from the supermind a long time ago. So I could perceive it in others but I wasn't able to unhook them. I gave everybody all the tools that I had and said; "here, use them" and they'd say, that one doesn't work for me. I kept trying to come up with additional ways to get more freedom. **The 10 second increments of choice, and choice without judgment is an amazing gift. You can choose and know that it is only for 10 seconds and it has no significance, it doesn't mean anything; it is just a choice you are making right now and you can change the choice. What people don't get is that is the primary source for disconnecting from the supermind.**

For me, the 10 Commandments were the way of unlocking me from the supermind. I literally unlocked me from the supermind by doing all 10 Commandments 24/7, each one for six to eight months at a time. I did each one of them non-stop, until it was no longer a limitation, a difficulty, an issue.

*So the only thing that is not supermind is infinite perceiving, knowing, being and receiving?*

Yes.


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*I've been to all the 2 & 3's since SF and what I have noticed most is the sense of peace that is so much greater than I could have ever imagined possible. What I thought peace was has ended up being something completely different; it is forever generating.*

Peace is forever generating and a constant state of awareness of the space that you are, the energy that you are, and the consciousness you are and the generative capacity that you have available therefore.

*Ease, joy and glory actually comes to fruition.*

Yes, it is ease, joy and glory.

*I was talking with you how I realized that when I reference through myself and not anybody else; I feel great, I feel amazing.*

Yes, because it's a matter of getting clear that you can choose for you. The supermind always says; *"those people won't like that, your mother won't like that if you do that."* Your mother has been dead 20 years but your mother wouldn't like it. Those little insidious voices that seem so off hand – I wonder what they would think about this? I wonder if they would like this? – the supermind. Instead of perceiving, knowing, being and receiving as you.

If you would truly have consciousness in your life, the 10 commandments are the key. They are something Gary did after 10 years of doing this. Gary would take each one of them and work it and work it and work it until he no longer had that as a reality. Gary truly spent six months going, "Interesting point of view I have this point of view," for every point of view he had. It's not easy. Everything we're taught in this reality is about judging, discerning, looking at the rightness of things. Until you get to the awareness that you really have no point of view, you cannot truly observe, you can only judge. We choose to have our points of view and to attach our significance to them. Consciousness is actually easier than unconsciousness, but unconsciousness is more familiar so it seems easier.

I see people who are choosing to not see what actually is, in favor of buying everybody else's point of view of the way that it has to be. What have you done to blind you to not see the possibilities to not having to live in a black hole? What's the black hole? Its one of the most intense gravities that exists. The way to not get affected by it is to be in total allowance and have everything be an interesting point of view. The reason we have the 10 Commandments in level one, because they really are the keys to freedom. If you were to truly (for a year) have interesting point of view for every point of view that you have, you would be free of everything.


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Its not just saying it. You have to BE it. 'Wow, why would I not have an interesting point of view about that? I would make that significant based on what?' The way to not get sucked into the black hole of this reality is to use and be the 10 Commandments.

- Ask, "Would an infinite being truly choose this?"
- Everything is just an interesting point of view
- Live in 10 second increments
- Live in the question (instead of the answer)
- No form, no structure, no significance
- No judgment, no discrimination, no discernment
- No drugs of any kind
- No competition
- Do not listen to, tell, or buy the story
- No exclusion

If you were to take one of these and work it for 6 months to a year, then do another one, then do another one until you do all of them; you would be totally free of the supermind and every limitation that exists.

## Ask, "Would an infinite being truly choose this?"

**Ask, "Would an infinite being truly choose this?"**
If they wouldn't, why are you? The only reason you are choosing something that an infinite being wouldn't choose is to make yourself finite and to create a disaster in your life. Isn't that cute? You didn't know you liked creating disaster did you? Oh yeah you do because it is called your life.

## Everything is just an interesting point of view

Everything is just an interesting point of view (which is allowance). Do interesting point of view I have this point of view, for every point of view you have and the supermind will never own you again.

Were everything including your own point of view is just an interesting point of view. If you were to do this one for a year about every point of view you have, about every point of view everyone around you has; you would be free. Nothing could ever have a hold on you again.

Everything is just a point of view that is neither right nor wrong, nor good, nor bad. It is just a point of view. There is nothing to fight. I hear one thing and you


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hear something else; does that make you right and me wrong, or me right and you wrong? Just different points of view. You cannot be in my body, hearing or seeing or being what I can, and I can't be in you.

If you want to really get free, do one year of "interesting point of view that I have this point of view" for every point of view you have. Then you will have no point of view about anything. "Interesting point of view I think this," "interesting point of view I am thinking this." It is total freedom from getting stuck in any fixed point of view. You can have no fixed point of view when you are functioning from interesting point of view. It is just a point of view you have taken for the moment and it doesn't mean anything and you can change it.

If you ask with a fixed point of view, you are often not going to get the result because is can't show up because of your fixed point of view. If you ask, (well this isn't actually a question) "I'd really like him to marry me." Notice there is no question in that. You have decided this is the one who should be marrying you. Where is the infinite possibility in that? Where does the universe get to gift you something greater? Well, it doesn't. So part of it is asking without the point of view that is has to show up, what it has to look like, when it has to show up. There are no parameters for anything when you are asking from interesting point of view.

## Allowance – Interesting Point of View

One of the things we have been working on with Access since the beginning is asking what it would take to get you into total allowance, so there is no alignment and agreement or resistance and reaction, no positive or negative polarity.

When you are in allowance, then the tentacles of the supermind cannot attach to you. When you are doing polarity, the tentacles will try to re-attach. Every time you go into alignment and agreement or resistance and reaction to anything, it opens the space for the polarized tentacles to find a connection. When you do polarity, they find you.

It is my hope that if we can undo all the places in which you have aligned and agreed and resisted and reacted to it, to allow it to exist, it will begin to cease to exist in totality.

Allowance is the source for the creation of all change. The rapidity of change is dependant upon your degree of total allowance. You can step out of the supermind, but the moment you go into polarity, you step back into it. "I don't like this," steps you right back into it. There are certain places that seem more sticky for each individual, like relationship, money, sex, bodies. Wherever you have your judgments in place, that's the sticking point.


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Allowance is: "everything is just an interesting point of view," including your own points of view. Acceptance is alignment and agreement (which is the positive polarity), or resistance and reaction (which is the negative polarity). If you can learn to live as interesting point of view, then you will start to get out of trauma and drama and upset and intrigue. When you truly live as interesting point of view, nothing affects you negatively. When everything is just an interesting point of view, you start to create choice. You don't have choice otherwise.

If you don't do interesting point of view, you do alignment and agreement or resistance and reaction with points of view, which locks you and your life up. In order to be in resistance and reaction, you have to have aligned with the other person's point of view to some extent, which you are then resisting and reacting to.

There is no freedom in polarity. There is only positive and negative, which means you have to create a judgment to have polarity. As long as you are doing a judgment, there is no freedom for you. Literally, every time you create a judgment, nothing that doesn't match your judgment can come into your awareness. You have to let go of the judgment in order to have the freedom of you. There is freedom only in interesting point of view.

If you will learn to live as interesting point of view, you will get out of trauma and drama and upset and intrigue. When you do allowance, everyone is empowered. It takes away "power over," which is what we try to use as control. When you function from allowance, everybody gets to win.

If you have no point of view, you can have ALL points of view. If you can have all points of view, then you can have infinite possibilities and you can be, do, have, create, and generate anything, and you'll have no point of view about it.

**Allowance** is 'it's only an interesting point of view' and our own thoughts are, also, only interesting points of view. Because every time we create our own thoughts as solid, we have created a limitation on ourselves. If you start to live from interesting point of view, nothing and no one will ever own you, and everything gets easier in your life. When you do not function from allowance and interesting point of view, you get caught up in the negativity and positivity and the polarity. You get caught in the traumas and dramas of this reality. Is that where you want to live your life from? Allowance allows you to live your life from choice and question. When you live your life from choice and question you have more possibility.

In order to understand Interesting Point Of View, read the Alexandria Quartet by Lawrence Durrell. It's written from four different points of view, four different people in Alexandria in the 1920's. You begin to see that it's really just the place from which somebody looks that determines their limitation.


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**Allowance for you**

Allowance ***for you*** is being willing to have allowance for exactly how you are without any judgment and without any necessity of changing you. What would it be like if you actually had allowance of you?

You have to have allowance for you stepping into the supermind then choose to step out again. Choose again and again and again. Don't feel guilty that you are in the supermind. There will be moments you choose to connect to it again, that is okay. Choose again. Step away from the supermind. And you don't give up. You'd give up for what reason? Hello, once you give up you might as well kill yourself. I was there, I'm not going to choose that one again, thank you.

If you constantly stay in the question you just ask; "supermind or me? Oh supermind – never mind." You will be free of it. It can even be quick and easy. Like now, in this second – step away from the supermind. See, easy.

When you are resisting being an idiot by your own point of view of you that is another place you lock in the supermind. I am willing to be an idiot and I don't care.

How much is the supermind designed to make sure you are never in allowance of you? All of it, because if you are in allowance, you are not controllable any longer by anyone, or anything. If anyone or anything is controlling you, you are not being in allowance of them or you. Everything that is will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

*It seems like so much work to constantly battle and be aware of the supermind and what we speak and what we do.*

How about right now? What if right now you put down all of your barriers, all of everything that defines you as a separation from oneness and a separation from space? Would you be willing to give up thinking for 15 seconds? It's choice. So notice I wasn't saying to battle the supermind? Simply to be in allowance of being you and to be willing to be in allowance that it would like to take you away from being you at every chance. What if you didn't have to fight it? What if you were just; "wow, that's interesting." Isn't that cool I created that ever so long ago to control, to be the automatic pilot for me? What energy, space and consciousness would I have to be to be willing to be the space that I truly be?

*I know you mentioned this but this was a huge awareness for me, just recognizing that to be in allowance of the supermind because we resist and react to it we are plugged right in. The*


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*more we can be in allowance of it and say "it's interesting that I was functioning from that place, that I chose to function from this and recognizing that you do have the choice.*

Thank you for that. See in allowance is the way to the freedom and choice of you. Being in that allowance creates space for you to generate anything you would like in your life.

**Tolerance is not allowance**

If you tolerate someone getting drunk in front of you, are you at the effect of their drunk or are you at cause over the condition? If you are tolerant you are the effect. To be in allowance is; I'm sorry, this doesn't work for me, don't do this.

My youngest son was drinking and he'd get drunk and he was obnoxious when he was drunk. He was hideous when he drank. I didn't like him at all. So I said; "you know what, you are not allowed to come to my house drunk any more. I love you, but not when you are drinking. When you are drinking you are a complete asshole and I don't like you when you are drunk. You can drink all you want as long as you don't drink here. I don't care if you drink, just don't drink in front of me." So he stopped. I was in allowance of him drinking, I just wasn't in allowance of being in the company of a drunk. I had tolerated it continuously for about a year and a half and nothing changed. With tolerance nothing changes. Allowance is not a door mat. Allowance is – this doesn't work for me.

**Allowance of supermind**

*Can you talk about allowance as apposed to fighting it or killing it?*

If you are in allowance and it is just an interesting point of view that the supermind has any sway in your universe, then it can have no sway in your universe. If you are in total allowance of it being there and you are ask; "supermind? – get gone! Bye-bye. Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be." – literally you will disconnect yourself. It will take probably a month of doing that every day, all day long to get totally free of it.

Allowance of the supermind is; it is just a point of view. It is neither right, nor wrong, good, nor bad. It is not the thing that is going to kill you. In "The Matrix" the supermind, the computer was the enemy, the polarity of it was the enemy. The supermind doesn't really have a polarity, it has a job; which is to keep you from being expanded and going beyond what you currently have. But, it is not your enemy. It is *your* creation.

Give up love, give up hate; have gratitude. When you have gratitude the supermind can not hold on. Question, 10 second increments, interesting point of view, inclusion (not exclusion), gratitude, if it's true it's light – if it's heavy it's a lie. **All of those things that are part of the 10 Commandments are the freedom**


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**because if you do all of those the supermind can not have a place to hook you. It looses it's hook on the world and on *your* world when you do those things.**

So allowance is one of the key factors, as is "everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be." It will create a sense of freedom that you have never had before.

Would you be willing to be in allowance of the supermind and everyone else and just unplug from it?

We're disconnecting the potency that the supermind has by not being so connected to it and not feeding it. Because every time you choose allowance, where as before you would have chosen alignment and agreement and resistance and reaction, you're not feeding the supermind.

Detaching from the supermind but not being detached. There's a difference between allowance and detaching. **Allowance** is where everything is an interesting point of view no matter what comes up or what happens in the world. That is total presence. That is not detachment. You don't have a point of view about the outcome. You don't have a point of view of what occurs. But it is not detachment, it's the exact opposite.

If you're not willing to be that present and willing to be that potent in every area, in every area that you're not, you're allowing yourself to be run by people who are connected to the supermind. Basically what you're doing is you're saying 'yes matrix go ahead and control me in my life.'

You as a humanoid will try to avoid the limitation or get out of the limitation, except with the supermind in place you hop out of the out of the frying pan and right into the fire. Because all you're doing is trying to do something different but you don't have anywhere to go that is not connected to the supermind. Unless the place of difference that you choose it total allowance of everything in your life, total allowance of everything you choose. That creates freedom. That's why it's so imperative to have everything as an interesting point of view. Otherwise you're in resistance and reaction to what your current situation is and then you jump into one that is twice as bad.

Gary's son was dating this girl that was really gorgeous and she really loved him to the extent that she was able. She was not very bright. She just wasn't too intelligent. And she wanted to have babies and that worked fine for him. Gary said his son at one point, 'is she bright enough for you?' Sky said, 'hate to admit it, but no.' Couple of months later they broke up and it was based pretty much on the fact that she wasn't bright enough. Then he started dating this other woman and she was more intelligent and meaner than anyone I've ever met. She's mean to his


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daughter, she's mean to him and now they have a baby. He jumped out of the frying pan and into the fire. With the supermind in place, you don't have any other choice unless you're willing to be in allowance of everything in your life. Be willing to see it all as it is.

What you are not in allowance of is mostly you.

**Allowance is not being in the supermind at all. Allowance is the destruct button on the supermind. When you are capable of dong total allowance – interesting point of view I have this point of view, or interesting point of view they have this point of view – that alone destroys the supermind. With allowance the supermind has no hooks. No duality, it is just an interesting point of view and everything becomes choice. The supermind does not desire you to have choice, it desires you to choose from its menu.**

## Live in 10 second increments

The thing that started to brake the supermind in the first place was the fact that I kept saying you have 10 seconds to live the rest of your life. The more you live in the 10 second increments of choice and you never make you wrong for any choice, and you never try to make your choice right, nor do you make your choice the one that you have to live with for ever; that it can be changed, it can be altered, go away or be totally different. Those choices are the most important thing in your life.

**Ten seconds ago I was choosing the supermind, this ten seconds I'm not.**

Notice how much more relaxed you feel as you have disconnected from the supermind. Interesting isn't it that your body feels more relaxed? Do you feel like you ***have*** more space? Do you feel like you ***are*** more space?

Change is unrelated to anything of the past, present, or future. Choice in 10 seconds is the way to change and transform everything in your life.

Choice does not require a decision. Decision eliminates all choice. Decision is the end of possibility. Change is the ability to choose again and again and again every 10 seconds.

We tend to choose from the no-choice universe. Choosing to do something for you creates a different reality in life.

Choosing change in 10 second increments you can not choose looking for the results of that choice. There in is the problem. You think the change is going to create a result. No, the change is going to create awareness, not result. An


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awareness is the only result you truly desire if you have any desire at all for consciousness. Everything you have done to make change about result instead of about awareness, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It can be an adventure or an upchuck, which would you rather have it be?

Live in 10 second increments. ***Live*** in 10 second increments; you keep trying to make one choice and not have to choose again. That is like trying to decide on your career. You are a humanoid, the only career you have is being a humanoid because you need to careen through life, not career through life.

Just because you make a choice, doesn't mean you have to keep choosing it.

You choose a job, it's not working out; okay. Quit, go get a different one. How many of you have started a relationship and stayed there way longer than you knew it should have gone on? All of us thank you, that is not choosing in 10 second increments. That is trying to make your choice right. You figure; "oh I'll find something right about this, I chose it therefore there must be something right about it." No, you chose it because you were an idiot. That is what is right about it, you got to see how stupid you really are. Okay, cool; I chose it because I could. Everywhere you have decided it is more important to prove the rightness of your point of view, instead of actually being free; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What about where we are inclined to make a bad choice, idiotic, seeing even that as an interesting point of view?*

Yeah, and how much of not seeing it as an interesting point of view is you connecting to the supermind? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have 10 seconds to live the rest of your life, what do you choose? *Joy*. That life time is over, you have 10 seconds to live the rest of you life, what do you choose? (*Silence*) That 10 seconds is over, you have 10 seconds to live the rest of your life, what do you choose? *Sex*. No, sex is the only one you want longer than 10 seconds. But you have to keep choosing it. If you are choosing sex in 10 second increments it gets infinitely better because you don't do the sex by numbers; you are actually following the energy. If the sex changed every 10 seconds how much more joyful and exciting would that be?


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So, you have 10 seconds to live the rest of your life, what do you choose? How many of you are blank now? That's the way people are. Most of you have like two to three choices stored up, that is like the max you can tap into. What if it literally were about choosing and generating your life ***EVERY*** 10 seconds? Choosing and generating your life every 10 seconds. In this 10 seconds, "hey, I'm going to lunch." In this 10 seconds; "that doesn't sound so good." In this 10 seconds; "I'm going to my room and taking a nap." "Oh, people are going to play tennis, I'm going to play tennis instead."

*You're so fickle, can't you make up your mind?*

Nope, thanks for asking. It's really tough to make up your mind, when you don't have a mind to make up. It's trying to make a bed with no sheets; that's my mind.

*I was in Costa Rica and freaking out, what do I do? I want to go run, I want to go swim; what do I do? Gary came by and I asked him and he said; "do both." I went; "oh my god, I can do both?"*

And you thought your last decision you got was weather you did men or women. Everything that is were you decided you could only do one or the other, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Or one at a time, what made you think you could only do one at a time? People ask me one of the airlines I fly; "do you want a fudge, caramel or strawberry Sunday?" I say; "yes." "What do you mean? Fudge, caramel or strawberry?" "Yes." "You want all of them?" "Of course I want all of them. Look – do I look alive? Of course I want all of them." And they'll put Kaluha, Grand Marne or Bailey's, it's like an alcoholic kids shake; it's wonderful. Everywhere you have decided it can only be either/or, or it could only be one thing and that that is too much for you any way so you probably shouldn't even choose that; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much do you live your life from, "I have got this to do, this to do, this to do in order to pay this, this and this, in order to do this, this and this?" That is called the obligatory version of life or the obligatory creation of reality.

If you have no point of view you could choose to do anything. And for 10 seconds you do something and it doesn't work. You go, "You know what, I am not liking that, now I'm going to choose something else." What you keep trying to do is make yourself consistent. Well I chose this, therefore it is the right choice, therefore I am going to do it and therefore I am going to do this and this and this because that is


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what I have chosen. Life is not about choosing the end of your life before you begin it. Most of you are trying to choose the end of your life before you even live your life.

Once you choose in 10 second increments, you begin to realize choices create an awareness of what will be the result of the choice you have. You are trying to figure out what the results are before you choose.

I have mentioned many times about having no clue. I channeled the original information on Access. I said, "Okay, what the fuck do I do with this?" What was that I just said? Ask a question! "What the fuck do I do with this?" is a question. A few weeks later a guy called me from New York and said, "Hey can you come here and do some channeling and stuff?" I said, "Okay, fine," and went to New York.

I had been told to take this energy of what you want to create as your life. Okay. I wanted to have a job that started out at $100,000 and worked up from there to 20 million. No, I'm changing that to 40 million a year. See? 10 second increments. I wanted to work with people who are fun and interesting. I wanted something that would never bore me, so it would be always changing. Something where I would travel at least two weeks out of the month. Those are the things I lacked and wanted in my life as my job. And I put that all out in front of me and pulled energy from all over the universe and let it grow and let little trickles out to all those people that are looking for me and didn't know it. Then the guy called from New York and said, "Can you come here and do some channeling?" I said, "Sure" because it felt like that energy. I had no idea where it was going to lead but it felt like that energy so I did it.

When you come to the conclusion about what it is going to look like and how you have to do it, you can't choose in 10 second increments to go. You are trying to come to conclusion about what is that going to look like, how many people are going to be there. I had no idea whether anybody would show up but I went there. The guy asked, "Can you do a guided massage for me?" So I asked: "Do I have to take my clothes off, do I have to touch your body, do I get paid, what does that look like?" He said, "No, no, I just want you to channel for my massage therapist so she can do a really good massage on me." What came out was all this stuff about Access.

I went out to lunch, and I got energetically whacked on the head with, "This is a class, you dummy." Okay, as soon as I get home I am doing a class. Sum total.

I went home, called four friends: "I'm doing a class." "On what?" "Energy work?" "How long is it?" "4 nights?" "How much is it going to cost?" "$75?" Notice all of those were answers and I knew what I was doing. No, they were all questions. I had no clue what I was doing. I was told I have to do a class. Okay, I'll do it.


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You guys are trying to imitate somebody else's idea of life in order to create your own. Do you realize how hard that is? It is so much easier to just choose in 10 second increments. 10 seconds to choose the rest of your life, otherwise you're dead. The choice is choose in 10 second increments or choose death, does that make it easier? You are already dying, this is your opportunity to come out of death.

The joy of choice is the ability to change your mind every 10 seconds. Would you consider living your life in ten second increments? Most of you will only allow yourself to have three potential choices and you've already decided what those are.

The joy of choice is the ability to change your mind every 10 seconds. Would you consider living your life in ten second increments? Most of you will only allow yourself to have three potential choices and you've already decided what those are.

When you don't obsessively compulsively create your life, you obsessively compulsively create crap to overcome. Having too much to do is ease, joy, and glory for a humanoid.

## Live in & as the Question (instead of the answer)

Live in the question (instead of the answer) When you live in the answer, you live in the supermind.

Remember, a question empowers, an answer always dis-empowers. It's a choice to live in the question. The answer is always about how to get it right. Right answer eliminates question from your reality and life. When the supermind is active, we tend to ask a question that is not actually designed to open a door, but to invalidate some part of us. It's almost like trying to create a solution to the problem you have already decided exists. Like I said ***BE*** the question. Whenever you do question, the supermind doesn't know what to do with a question. It can only answer what you already know.

A lot of your answers are what keep you from having oneness. Every answer is a limitation and it is part of the box we create our reality from. It is the four walls, the ceiling, and the floor of our reality. If you live as the question, you have no floor, you have no ceiling, and you have no walls. You will find you have ways of creating and changing things that other people cannot conceive. There is a tremendous amount of power available to us in the not-answer universe.

**In class & in your life**

I encourage you to please ask questions. If you can think of a question, if you have enough brain power left to actually put that question in to words, then you are actually going to be facilitating everyone else who is in here, in getting more


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awareness from the questions you ask. Every question you ask is actually an awareness of energy that is up or present or something that you need clarity on; guess what, you are not the only one in the room. You are just the only one with enough brain power left to put it into words.

Yes you are refusing to be the question; you keep trying to come up with the answer for everything. Which makes you judge it, separate from it, separate from you and go "Oh that's all there is to it." No. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**What the supermind does is it continually computes and computes and computes and computes to give you the answer; which is always how you are limited by the way. If you give it something it can not compute, it does not know what to do. Living as the questions it can not compute so it then can not find you.**

Are you happy with surviving? Is that enough for you? Or are you willing to consider thriving? We create it all: the good, the bad, and the ugly. Are you happy with what you have been creating? If not, what are you going to have to do? Change it. **You can change nothing unless somebody asks a question. Question creates possibilities. Answer eliminates all possibilities. People are always looking for the right answer. What if you truly had infinite possibilities?**

If you are knowing, you have access to every point of view that has ever been created in the universe. Knowledge is the idea that you have to learn something in order to know it. You have got to be able to ask questions. It expands your knowing. When you are trying to have the answer, it diminishes your knowing and stops everything dead in its tracks. In this reality, you are taught that there must be a right answer. There must be a formula for creation of money, life, family, and so on.

The reality is that if we live as the question instead of as the answer our lives will become ease and joy and glory. It's determining and learning how to ask the question. What's the right question to ask is the most important thing that we can learn. The universe is an unlimited place with unlimited possibilities. **It will give us unlimited answers if we will ask a question, but if we go "the answer is," we're dead meat because we have stopped the universe from giving us anything.**

"If" is not a question. "If this, then this," is not living in the question but trying to create a result. It forces you into linearity and keeps you out of creating your own reality. Living as the question is more than just putting a question mark at the end of your sentence. It's a way of being in which ***you are the question.***


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When we live as the question, rather than trying to figure the answer out, we allow the universe to give us an answer which is greater than we can figure out. The universe is very big, and it has all kinds of answers that we don't have available to us, but instead of allowing this big ol' universe to facilitate us in having what we desire, we try to function from our finite point of view. We function from "I've got to figure it out, and I'm here all alone, and there's no help."

When you ask the question, things start to show up in magical ways. The more you ask the question, the more aware you become of the options and possibilities you have. If you say, "I can't go," are you ever going to be able to go? If you say, "What would it take for me to go?" do you suppose that maybe the universe would provide you with an answer? In Access we suggest asking questions and walking around the universe and allowing the answer to show up. The answers fall into your universe the more you ask the question. When you ask the question, things start to show up for you in a different way. The more you ask the question, the more aware you become of the options you have.

How do you get what you want out of life? You ask questions. How do you make friends? You ask questions. How do you get laid? You ask questions. The good news is you don't have to know anything, ***all you have to do is ask questions***.

**The best question is:** ***What energy, space and consciousness can I be that would generate _____?***

The difference between you and me is that I question everything. But then I became aware that everything I ever thought was true or real turned out to be a lie or an implant. Therefore I don't believe in anything and I have to question everything, including myself. So if you get to the point where you realize that everything you ever though was true or real is not, you will have no choice at that point except to question, then you have to be fucking aware, which really sucks. You then start to know everything. Then you really are the know-it-all everybody said you were.

The supermind doesn't want to give you choice, it wants to give you answers. It wants to tell you what to do.

**The supermind is the answer source for this reality**.

When you are looking for an answer you have to look to the supermind to find the answer. It is a self perpetuation system.

How many of you spend all of your time trying to prove that you are smart, that you are not stupid? If you don't have the answer you are stupid. And the answer comes from? Supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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Anyone who does – "*I am the answer*" or "*I have the answer*" is doing supermind and they are facilitating supermind any way they can. As long as you are giving an "answer" from the space, the question (which creates the consciousness) and from the energy that is necessary to create them; then you are going to be generating a different result and a different possibility. Ever notice when you do a mathematical equation and you do it from the right space you get them done quick and easy? Like doing all your bills in five minutes when it used to take five hours? That is because you are in the question, once you go into the question then it expands into a different possibility. Then you are actually creating the generative energy which then has a totally different reality. That is functioning in this reality without the supermind and without the necessity of being in this reality. You can function in this reality without being in this reality or being of this reality. Like the Buddhist say; "be in this reality but not of this reality."

Every answer is the eradication of your awareness because as soon as you have the answer or think you have it right, you will never allow yourself to have the awareness of what else is possible. Every time you judge you, you eliminate the awareness of the infinite possibilities you really have.

Everything that is, all of the knowing that you denied which you are now in resistance and reaction to, instead of actually letting yourself have awareness you would resist and react to everything else, except that person you decided had the answer, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## No form, no structure, no significance

The supermind is all about form, structure and significance. Does that mean you do not have to have manners at table? You can choose to have them or not. One of the things about Access is no form, no structure, no significance about anything, including Access. Whatever you make significant hooks you back in. You can't make anything significant. No form, no structure, no significance.

Every time you make something significant, it creates a limitation. If you did not make it significant that you got stabbed, the wound would heal instantly. "Oh my god I just got stabbed!" is not a question. What if you would function from a different place?

The reason Access has had so much success is that the last 18 years it has been disconnecting people from the supermind to whatever degree they were willing to be disconnected. People who come to Access, the areas of their life where they have


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not received much change are the areas they have made significant; their relationship, their house, their cars, their things, their work, their dogs, their cats, their horses, their husband, their wife, their significant other, their clothes, their jewelry, their money, or whatever else – to the degree they made it significant, they stayed connected to it. That would be the only way it could control them. Those would be the elements of their life that wouldn't expand dynamically. Whatever they make significant is the area they won't question, thus are unable to change.

If you are doing form, structure and significance you are not being Access, which means you are not being conscious. Form, structure and significance create limitation. Importance is a significance. You make anything important you are owned by it. You have no freedom when you have anything that is important as form, structure or significance in your life. Nothing I own is important to me, no one in my life is important to me; I am grateful for people in my life but they are NOT important, they can go away tomorrow. I don't have to hold onto them, I don't have to have them because I am willing for them to be and choose for themselves.

When someone tells me; "oh my god, I did a reading for you the other day and do you know what? You have six moons in your ascendant seventh house, you know what that means? You are going to die a holy and anointed Tantric master. I see this in you. In fact, yes your butt does smell like roses. I'm like; "what the fuck are you talking about?" Tell me something about my life I can fucking use, thank you very much.

People do so much significance. Every significance you create, creates a limitation for you. Because you are making this thing so important you give up access to all the awareness's you could have other than that and beyond that. Welcome to metaphysics. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Form, structure and significance are the elegant elements of supermind. Form, structure and significance is how you make the elegant limitation of your life.

The supermind creates density; that is why I say to people, no form, no structure, no significance. If you do form, structure and significance; you make things significant – you make them dense. You make it dense, the supermind sneaks back in the back door, grabs hold of you and starts creating all kinds of problems. You ever try to figure your way out of something? It always works right? Or does it always wind you into a knot? It winds you into a knot, the reason it winds you into a knot is because you are actually into the supermind. You are not present. Your presence goes away, then you are connected to the supermind.


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*Making is significant makes it more solid.*

Which is the solidification of it, yes.

How many significances have you created that you cannot overcome? As long as you are doing time, dimensions, or realities, you cannot create your life. Who cares who you were in your past life? What are you creating now? You create the time of your death by the choices you make at the moment. As long as you recognize that you are the source of creation, then you have infinite choice. If nothing is significant for you, then you always have infinite choice.

## No judgment, no discrimination, no discernment

No judgment, no discrimination, no discernment. Those are all forms of judgment and they are all the reconnection to the supermind.

These are all judgment. Discrimination and discernment are in the same realm. If you were not to judge, discriminate or discern about anything, would you be then free to choose without a fixed point of view? If you are doing judgment you are dead meat. Every judgment eliminates the capacity to perceive anything that does not match it. As soon as you do a judgment, you come to a conclusion; therefore you cannot see that there really could be another choice available.

You would look at the energy and ask; "which of these would be most rewarding?" Okay, I'll choose that one.

Who is the one person you judge most? That would be you. What if you were to give that up? What if for just one hour a day you gave up judging you? Wouldn't that be a great way to nurture yourself for that hour a day? Everything that makes that an impossibility, everywhere you have decided there are so many reasons to judge you, why would you give it up now? How much of that is connected to the supermind? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind and stop judging everything? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## No drugs of any kind

No drugs of any kind. Why? Entities can walk in and you loose awareness when you do drugs. Including pharmaceuticals.

Entities attach to you because they usually died in a drug induced state and they are looking for that "high" again. They will look to occupy your body because it


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feels normal to them, it is what they are looking for. You get high, they attach to you and they literally start controlling your life by whispering in your ear and they start telling you; "hey, do this." They start demanding, "take a drink, take a drink, take a drink." And you start having these weird feelings and these weird thoughts and these weird ways of interacting with people. You'll be like; "what is going on?" It is not actually you, it is the entities. It's all the entities you picked up by virtue of the pot you just smoked. Or when you go over that line with alcohol were you are having huge amounts, or when you do cocaine, or when you do Meth, or when you do any of these other things.

When I'm talking to kids I explain look; you are welcome to do what you want and please know this, the one problem I see with drugs is that people have huge numbers of entities that attach to them when they do these drugs. These entities end up running your life, not from a happy, joyous place. It becomes really difficult to get happy when you have all these entities attached to you, it becomes really difficult to have money and (this is what I tell the little boys) it becomes really difficult to get it up after awhile. The boys say; "what?" I tell them, "yes these entities, they don't have the ability to get it up and they make that and enforce that on your body." Then it doesn't sound so appealing. The unfortunate part is it is actually true.

All the illicit drugs, the cocaine, ecstasy, pot, speed, the hallucinogens, those are the sort of obvious ones right? Doing something like that as though it is a source of awareness; "I'm going to choose anti-consciousness to get more consciousness." That is going to work out really well for you. That is like "I'm going to lock myself into a cell so I can be free." Clever idea, how is that working for you Bob?

Also the anti-depressants. The anti-depressants create a disconnect from you and perceiving the world; which if you are someone who is psychic and aware, were 98% of your thoughts, feelings and emotions don't belong to you, do you suppose that might be part of how anti-depressants work is by cutting off your awareness? It is tough to have the energy and consciousness that is available to you when you are specifically taking little pills every morning to cut off your awareness. Now there are lots of people that come to Access who are on multiple anti-depressive, anti-psychotic, all kinds of medications.

Do you suppose that getting your Bars run and doing this Access stuff might create a change, that perhaps might make the necessity for anti-depressant drugs less?

There is a lady, beautiful, amazing, creative, artistic women who was with an extremely abusive husband and literally was at the point were she was about to die. She almost died of a brain hemorrhage and she was on 12 different medications; three of which were anti-depressants and literally after the first Level 2 & 3 she attended she went off of 75% of them. Three months later she went off the


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rest. Did we say; "hey go off of these"? No way. ***You going off of an anti-depressant or anything else, has to be from your awareness and your choice about your body and your life; it's nobody else's choice to make for you.*** Nobody else's choice to make for you. Now you can get medical advice, etc. and please be aware that most MDs will tell you; "if you go off this drug your life is going to suck and fall apart and everything is going to be bad" because what they know is they can give you a pill to control your symptoms most likely. What is the difference between controlling your symptoms and having a life, and healing? Big difference, hey? If you have any further questions on that personally please come up and talk to me.

Someone came who was shooting insulin that after doing a number of Access classes and some body work have been able to control their insulin and have been able to cut their insulin down by ¾. After a year most have been able to go off their insulin and go onto diet to control their diabetic problems. That is unheard of, you are only ever supposed to get worse, never better. So is it a reality or is it possible that your body has the ability to change beyond anything you are willing to acknowledge?

*In the back of the book you guys suggest Sepia, how is that different?*

Because it doesn't undo your awareness. What it does is it works on facilitating the energies that you're aware of to be easier. And it works basically with the energetics of your body. What an anti-depressant does is literally work to shut down your body and your energetic awareness. Sepia allows you to have the energetic awareness, were it is not entraining your body appropriately it shifts it so it's more in line, so you can have the totality of your awareness still. It just makes it easier on your body to have the awareness's you are having with your body.

*St. John's Wart is also a homeopathic that works with depression.*

I've worked with people who were on two anti-depressants and they started getting their Bars run more. If you are someone who suffers from "depression," "who the fuck does that belong to?" is going to be the tool you have to use for three days if you are ever going to get free of it. The problem is you are too fucking psychic and aware. That is the reason for 99% of humanoids who suffer depression. They are aware of the thoughts, feelings, emotions, sex and no-sex out in the world around them and they are aware of the depression that the world functions from as a state of being, as though it is actually being. And it seems so overwhelming that you believe it must be you, otherwise it wouldn't be that intense. Nope, it just means you are highly, highly aware, way more aware than you have ever given yourself credit for. Were ever you decided that the more intense something is, the more overwhelming it is, the more it must be you and must be yours and must be true because it is so intense will you rescind, revoke, recant, reclaim, renounce,


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denounce, destroy and uncreate it and step away from the supermind? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you are doing drugs of any kind, you are not choosing consciousness; you are choosing anti-consciousness. This means drugs of any kind, including prescription drugs. If you smoke a little pot every once in a while, you are doing drugs. If you do anti-depressants, you are doing drugs. If you smoke a cigarette you are just trying to numb yourself out. The problem with most drugs is they open the door to entities coming into your body. Once they get in they start disrupting your physical form and your life. The disadvantage of drugs more than anything else is not the effect it has on your body as much as the fact that what it does is open the doors to other beings occupying your body. They can work with you or against you, usually against you because they want you to leave so they can have your body.

**Alcohol**, if you are having a glass or two, fine, no problem. If you make yourself stupid, yes problem. You have then just stepped over the line into being unaware.

If there is someone who is an alcoholic, you literally can remove all the entities and they loose the craving for alcohol. Ask, "did you ever consider the possibility that you have some entity in there that is demanding for you to drink?" They go, "yeah." Then they go, "I didn't say that." "Yeah, you did, it is true."

**Tobacco** - has a huge effect on the body, continuous use creates it so the body becomes chemically dependant and that chemical imprinting thing is more likely to create a change than anything else. Take all the chemical imprinting out of their blood and they will tend not to smoke any more, if they have any desire not to smoke. The difficulty is most people who smoke don't desire to quit. Unless they have a desire to quit, they aren't going to quit. Can anybody really stop you from doing what you really want to do? No way in hell.

How do you get over smoking? There is a chemical imprinting that occurs with your body with all drugs and really dynamically with nicotine and tobacco; so you put the hands on and ask for **"all of the chemical imprinting, Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds."** What is does is start to unlock all of the chemical imprinting from the body.

**When people are doing cocaine or smoking dope, or any drugs, leave.** You and your body have the ability to take all kinds of shit out of other people and you have probably been doing it your whole life and not known it. You have to be really aware of what is going on so that you can choose for you. You have to get clear. People who are doing drugs have no desire for consciousness, no matter what they say. No matter what comes out of their mouths, they are lying. All they want to do is fuck you over. Get clear. Somebody who does drugs wants to screw you and not


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in a good way. Don't be insane enough to assume that what comes out of their mouth is truth. Recognize that the drug is more true for them. When someone is doing drugs there is nobody home that cares for you. You feel bad for them because you want more for them and their lives than they want? What is most important to people who do major amounts of drugs and alcohol is their drugs and alcohol; you have no being home during that time, there is no beingness there, there is only a drug, that is it.

If you do drugs your finances will go down the tubes. Say you do drugs for two years, on average it seems to take four years before you actually get your finances turned around to where you are actually generating more than you were before you started taking the drugs. It is a consumptive black hole in your life.

*My kids are 27 and 32 and they are still choosing to do drugs and smoke pot and do all that and I try and guilt them and all that you know.*

You can offer for example to run their Bars. Are they close?

*No.*
Are they interested in changing anything?

*I know my daughter is not, she keeps getting into the Meth and I don't know how to help her.*
If she is not asking for help there is not much you can do.

*My son has your book, I don't know if he's read it.*
Cool, you might send her something like the embodiment book or even like "talk to the animals" book; it's a book about animal communication, which might be another book because it would approach it from a totally different way. Reading it, there is actually Access processing in it, unlike with the other books. So it will actually have some processing effect on her too.

The other thing is you can talk about somebody you know that, like; "somebody in class was doing drugs and they realized that the reason they started doing the drugs was because they didn't feel good without it because they had so much awareness of the thoughts, feelings and emotions of other people that they felt like they were going to go crazy and drugs were the only way they got off, now she is actually starting to creating a life." That sort of thing, that is one way.

No matter who it is they have to actually desire to change and ask you a question.

*I've tried to give her different books and in the craziness of her life they get lost by the way side or never opened.*


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They have, but you have got to get that she also sees ***you*** as crazy. You are mom who does all this weird shit. When there is something energetically attractive to her, she will go for it; which is why I suggested the animal book actually, which is totally bazaar. Somewhere their may be a connection with animals that she has, which may be a reason she would be willing to do it and these wonderful animals that we have here on this planet will do everything they can to unlock the consciousness in her. Because they don't have a point of view.

*The Access awareness that we are all one and everything connects from that place can we ask a question that will uncreate?*

Well, you can't...there is a fine line in asking a question on behalf of and attempting to run their life for them. You can ask; **"what energy, space and consciousness can I be that would allow her to have a different awareness and consciousness can I be that would allow her to have a different awareness and possibility?"** (Or, awareness of a different possibility) You'll just step into being that and then when the door opens you'll know it.

See how easy this is? What energy, space and consciousness can I be? Literally you ask that about everything; "what energy, space and consciousness can I be that would bring huge amounts of money to me?"

*Literally you are just being that?*

Yes. You just be that. And this is a way of actually allowing that to be and acknowledging it and actually getting to be what you actually are, that you are refusing to be and attempting to prove you are not. The only way you create difficulty in your life is if you attempt to not be that or prove that you are not that. Which is really bazaar that we would continually choose that, but we seem to be good at it so why give it up now? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Because you wouldn't choose to do something you try to justify why they do it. As a humanoid when you see someone doing something you wouldn't do you assume it was because of their bad life; you have to justify it. It is not a justifiable thing, they choose it because they can choose it and for no other reason. People choose to do mean and evil shit simply because they can.

## Drugs, Niacin flush

**Niacin** is a vaso-dilator. When you have drugs of any kind the capillaries of your body and the fat cells of your body start to store anything that is excess, if you don't have enough of the catalyst that will burn it off totally. Taking Niacin will create a flush that flushes out these chemicals.

Start with 50 mg a day, increase by 50mg each day until you get up to 6000mg. (every day for 30 days). Your body may desire to go slower than that. Ask your body every day how much, that worked for me, what does your body require?

Listen to your body, ask it what it needs because it will always let you know.

When I did the Niacin flush, I did a whole program where you didn't eat any dairy, fish, meat or poultry (nothing animal or with animal ingredients) and at the end of one month I had lost 20 lbs. and I woke up one day and looked out and went; "fuck, is this what the world looks like?" Literally I saw differently. Everything was more vibrant, more intense, more present. So if you have done drugs in any part of your life, weather prescription or otherwise, it can be a huge help.

The flushing kind of Niacin gives better results.

When I did this, I literally had Novacain drip out of my gums that had been there from all the times of going to the dentist. I hadn't had Novacain in 15 years.

This cleans out all the excess drugs that your body didn't require or couldn't use or catalyze.

It also releases heavy metals.

It also releases where you've had sun burn.

Eat all day long, fruit, vegetables and nuts to feed your body.

## No competition

No competition. Would an infinite being have a competitive edge? Yes. Would anyone be able to compete with an infinite being? No. In order to create competition as a reality you must of necessity create yourself as a finite being. When you compete you are trying to prove you are better than somebody. Can anybody be better than you? No. Can anyone truly be competition for you? No. So, you can't do competition. You are the only one of your kind on the planet.

For a humanoid, competing with yourself is the only competition that is actually possible for you. You are the only one you know that is equal to you in any way, shape or form so therefore, only overcoming you, or getting more, or better at


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something for you equals enough competition to make it worthwhile. For you it is always about doing better than you did yesterday. It is you, you will compete with to do better than you did yesterday. You can only beat your own time. That is not competition, that is just doing better than ***you*** did last time. So, the only person you can really compete with is yourself. If you have people who run less than you do, they will always run less than you do. Does that mean you are competing? No, there is no competition, I can outrun them all. How many of you would be willing to give up following? How much of your life are you following someone else's lead, rather than being the leader? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The idea of competing with someone else is, "They really aren't on the same playing field as me anyway, why would I bother?" That is more common for a humanoid point of view on competition. It is just the difference of what humanoids do and what the rest of the world does.

If anybody in Access does competition please let me know. It is highly possible they are not even aware that they are going it. My job is to allow them to have that awareness or die, their choice.

## Do not listen to, tell, or buy the story

Do not listen to, tell, or buy the story. People love their stories. Their story most often comes from the supermind. When someone is telling you how unhappy they are because they have so much to do, and that they are miserable and they don't want to do all that stuff, that's a story. It is just an interesting point of view. They are choosing it themselves.

When someone comes over to bleed on you, it's not a necessity to listen to them and get blood all over you. You say; "thank you so much for sharing, god, sorry I've got to go, I've got an appointment." Listen to the story, telling the story or buying the story is were you are making the story and the trauma and drama of their life significant; as though that has more value than their beingness.

So, if somebody is doing that and they have been in this class you can ask; "okay, is there anything you would like to do about that? Would you like to change something about that?" If the answer is "no" then you can say; "sorry, don't have time to listen to a story right now, maybe you can call me in about three years." That works when someone is telling you a story, and that also works when you are telling your own damn story. You believe; I have got to tell this story before I can get clarity. No, you just have to get to the energy that is there and actually be the energy, space and consciousness that would give you clarity. It has nothing to do


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with the story. Everything that brings up, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The story is just a story, it is not a reality, it is not a truth. Doesn't mean anything. The story is how you justify the limitations of your life and your reality. It is the "*because*." I would like to do it *but*. It really wasn't possible for me to do it *because*. These are all things people use to justify why they don't in their lives. Getting sucked into the story is listening to it. So what? If you are listening to, telling or buying the story of how pathetic somebody is and that is why they have to choose drugs, of how awful their life is and therefore they have no other choice, of how they can't afford to do this, and why don't I charge less because it would be so much easier for them to do it. I am not charging less; in fact when I get a little bit more famous I am tripling my prices so you better get in while you can. That is not a manipulation, yes it is.

*What do you do when some one is in their own trauma and drama, and you just kind of sit there?*

You can do a couple of things. You can act like you are aligning and agreeing with them. Like, "you are right, that is so sad!" and ***do more than they do***. They'll be like "why are you doing trauma and drama, it's my story. I'm the one who is suppose to get the accolades for this one." You just do it more than they do it until they want to stop telling you their story because they are not getting anything from it any more.

Or, "oh my god, you are right, hold that thought, I've got to go make this phone call, gotta go. Bye."

Or if they are on the phone doing it you call yourself on another phone. Or have somebody call you and say; "oh sorry, got to take this call." And you do have to take it because you have to get away from them or something bad is going to happen; you are going to kill them or something. Those are some choices.

The other thing you can do is say; "is any of this making you feel lighter?" If they say; "what do you mean?" "Is any of this making you feel lighter?" "What do you mean?" "Well one of the things I found recently is if you are saying something and it makes you feel heavier then there has got to be some lie in there. Suppose there might be a lie in there?"

Here is the single greatest one for the story you are talking about: "You're right _____ (name of person you are talking with) everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be." (Three times in


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the conversation) literally they go out of that space of needing the trauma and drama, it is a way of short circuiting the supermind.

You checking out when they are telling a story might not facilitate them or your life, then you are going to be sucked into it even more.

Or ask yourself; **"what energy, space and consciousness can I be to shift this entirely?"**

Or pull energy from everybody like crazy. Pull massive amounts of energy from them or send massive amounts of energy to the person and they shut up, depending on if they are trying to push the energy at you. If they are pushing energy at you, you pull it. If they are pulling energy from you, trying to get energy from you, give then so much that it fills them up so fast that they shut up because they are in awe and wonder of you.

*What if you stay present and don't say anything at all?*

You could do that. Yes, eventually they would shut up. I'm just showing you several ways of short circuiting it so you don't have to stand there as long.

*What if you just say honestly, "I'm really not interested in your story"?*

Because then you create an enemy that you really don't want to create. If it works for you, go for it. "I'm really not interested in your story right now"

*Like someone who tells you the same one over and over again, like someone you are around a lot, someone close to you. Sometimes I've said; "sweetie, I hope you are enjoying this but really I can't right now, it's too much for me, go call your other 10 friends and tell them please because I don't want to hear this again."*

Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be - three times is your next recourse. It also works for crazy people walking down the street talking to themselves and they will actually be present for a moment because the supermind has been disconnected.

## No exclusion

No exclusion. If you exclude anything from your life you eliminate your capacity to receive. You take away infinite possibilities as a truth, you make everything finite possibilities and in so doing shut down your own capacity to receive. Don't exclude.


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Including everyone and everything in your life excludes the supermind. Like if Dain goes to have sex with someone; if he includes me energetically, everything is fine. If he excludes me, that opens the door to the supermind. When you do inclusion instead of judgment and separation and discrimination and all that kind of stuff; when you include, you exclude the supermind. Inclusion and allowance are basically the same. If you are in allowance of everything then you can't exclude. You can only create exclusion from judgment.

### Why we let assholes into Access

It's not about how long you have been around Access, it's just about choice.

Please know that there are assholes in Access. There are people who will attempt to dis-empower you, why? Because we don't do exclusion. We don't do exclusion, so we let people choose as they do and we don't exclude people unless they do something heinously dis-empowering or violence. That is the only time you are ever excluded from Access.

So we have people in Access who will dis-empower people some times. Okay, but guess what; you have got to be in your knowing. Is it Access that is dis-empowering you or this asshole that is using the tools against you, and them? It is the asshole using the tools against you and them. This is why you have to be in your knowing. You can't trust anyone but you, because you are the only one who knows what is true for you. You can't even trust me. You know why, because if you do; I'll lie to you. Why? Because I can. I have done that a number of times.

If someone is choosing to come to Access they have the chance and the possibility of changing. I don't know what it is going to take, they may not know what it is going to take, Gary doesn't know what it is going to take but somewhere if they are still coming they have the chance to change the way they are showing up in the world. We would deny them that opportunity because they are annoying based on what? You see how "annoying" could be a little bit of a judgment by the way?

Exclusion is where you are excluding the person from actually coming into your life and being totally present with you. Exclusion is a way that you shut others out. It is not that they shut you out. And people will shut you out of their reality but that doesn't mean you don't allow them to be included in yours. People will shut you out of their life but that doesn't mean you don't include them in yours.

What are you excluding from your life, that you could be including, that if you would include it, would allow you to have the totality if you in sexualness? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**


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Weather you do copulation or not is irrelevant. You don't have to do copulation, but you do have to have the sexualness in your universe. That healing, that caring, nurturing, all that stuff.

If you are excluding something from your life, is that what it takes to create a non-reality? So how much exclusion are you doing in your life to make sex, copulation, sensuality, sexualness and the orgasmic quality of life real? A lot or a little? How much energy are you using to exclude from your life? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

No-sex is an exclusionary universe. You exclude from your life (by judgment and everything else) in order to make sure you don't miss anything that you've decided you don't really want. You exclude from your life, so that you can justify what you've decided you don't wish to have. You just don't really care to have it, so you'll just exclude it, and pretend you're not excluding it, so nobody will know that you're doing no-sex, because you're supposed to be having sex, because you're alive. If you're not in that category, no problem. If you are in that category, you might want to find out what you're excluding, that you really could include. You're excluding something else from your life, in order to create a no-sex point of view. Whatever it is, it's a decision you made which has nothing to do with possibilities or realities. There are also people who do sex, but don't allow anything else in their life. They have great sex, but they don't have any money. They have sex but they are not really receiving in any other aspect of their life. They think the only place they can receive is through their copulation or partner. Sex as the only source for receiving isn't receiving either. They have made that significant, so it becomes as limiting as no-sex.

Look at your relationship; look at when you eliminated copulation from your relationship. Has your income grown since then, stayed the same or diminished? Why should your money stay the same? Because, you are not receiving somewhere. Have you received as much as you are willing to receive?

Include everyone and everything, including you; and you can receive everything and everyone. That is the beginning of a phenomenal life of infinite possibilities and infinite choice.

## Supermind, Connect – Disconnect Exercise

Practicing purposely connecting and then disconnecting from the supermind gives you the awareness of just how easy it is to disconnect. That it is just a choice, a choice that is available every second.


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Also, you get a greater awareness of the difference for you, of what it feels like when you are connected and when you are disconnected. It is a great exercise to do at the end of the day or the end of the class, so the participants get this awareness.

*Dain had us connect to the supermind then disconnect from the supermind over and over. I noticed that to connect it felt like it had to be through someone else or through polarity or what?*

Maybe you disconnected from it enough, you don't need to be connected to it any more. You don't have the supermind any more. Your supermind has been braking diligently ever since the first time I met you. You keep using the tools and expanding you life and questioning everything and that disconnects you from the supermind. So you probably had a tenuous connection at best when we started talking about the supermind. Maybe you are not nearly as fucked up as you thought you were. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## In addition to the Ten Commandments

What follows is a lot of questions you can ask and be to facilitate your disconnection from the supermind. Literally asking these questions from the curiosity of what else is possible will set you free of the supermind. But don't try it, it only works for other people, not you.

## "Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be"

**"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be"** is the another great tool for getting rid of the supermind. Say that 3-5 times and the supermind skedaddle, because it cannot maintain itself in the face of saying that 3-5 times.

***"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be"*** is the crazy phrase. Watch what happens to your head when you say it three times or more. It eliminates the capacity to think, which means it eliminates the capacity of the supermind to be connected to you.

The crazy phrase is something you need to know only because it is a way to take people who are totally insane and get them to stop being insane. That is what happens to anybody you say it to, they go, "huh?" and that is the end of the conversation. So if you are having a conversation with someone who is nuts, like


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people who talk in tapes, they have the same conversations over and over again with you. You say; "yes you are right, everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be," 90% of the time they will stop and/or leave. If you want to control somebody who is boring you to tears, say this and it will put them into insanity. When any area of your life is wrapped up in knots, or whenever you encounter someone who is crazy in an area of life, say this phrase and it will stop them in their tracks.

It also works very well with obsessive compulsive creators. (OCC or OCD) use this and you will stop being obsessive about thought.

For **insomnia**, say the crazy phrase 10 times and you will be asleep, if you make it to ten times.

It's a way to get yourself free. It also works to clarify things in your own world. Get a fixed point of view in your universe, say that four times, and can you hold onto the upset? All arguments will end with this phrase.

## The Access Mantra

"All of life comes to me with ease and joy and glory!"

If you say that 10 times in the morning and 10 times at night, that alone will change your life. Saying this disconnects you from the supermind. That's what it was designed for.

Literally, if you don't know what else to say, say this.

Why does this mantra fry the supermind? Because, the supermind is about the trauma and drama, the upset and intrigue of life; not about the ease, joy and glory of it. It puts the supermind out of a job. Even something this simple is actually a way of disconnecting you from the affects of the supermind.

The more potent you become, the more potent saying this becomes in your life.

This is also the wake up call phrase for humanoids to know now is the time to be the potency, consciousness and oneness we truly are. It is the phrase that was created 4 trillion years ago to remind us of the time to begin functioning from total conscious awareness and oneness again. That is why we put the mantra on everything we can.


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## Multi-tasking

The supermind can't do multi-tasking. If you start doing at least 4 things at one time, you go beyond it. If you do 27 different things at one time, the supermind cannot follow it. That is why for you to be totally happy you have to do twenty seven different things as once. Have you ever noticed? The more things you do, the happier you are. You don't sit there and think about crap because you are too busy doing stuff. Notice; when you keep doing all those things, you don't get mired in crap until you stop to think for a minute. Then you are screwed and not in a good way. Then you are like; "whoah, what happened to me?" What's happening to you is the supermind is grabbing a hold of you saying; "slow down you are moving way too fast." If you try to do one thing at a time and complete it linearly, the supermind is on your back the whole way, telling you how you're not doing it right.

Ever notice that when you're doing 10 things at once, you don't have time to sit in a pile of shit. You can't. You don't. Judgments come up and people do things you're like, 'yeah whatever' and your onto the next thing. When you've only got one thing going on, or zero things going on, how much shit do you create? You know why? Because the supermind can grab on. When you're doing too many things, it can't grasp on to that many things. It doesn't know how to calculate and compute the way you're supposed to feel about all those things in order to create a limitation. So you want to generate a life? Do more than 10 things at once and you'll actually start being happy. As long as you are doing them in a row, you can be connected to the supermind. As long as you are doing them all at the same time, you can't be connected to it. You have to change directions at all times. This thing cannot figure out where to be to suck you back in.

If you do more than ten different projects at the same time (not in a row), you can't be controlled, contained, or stopped. You are in a constant state of generation and extrapolation, and you can therefore not be re-connected to the supermind, because it cannot compute that many things at the same time from one source.

- Doing 27 things at once is a way for you to get out of any type of depression or unhappiness, into the joy of you.
- "Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be" is another way. The supermind can't compute that either.
- Being in allowance is another way. When you are in allowance, everything is just an interesting point of view. When you are in allowance of YOU there is nothing that can be judged. When you are in allowance of the supermind you don't judge it either. If you are not judging it, you are not fighting it, you are


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also not aligning and agreeing with it; which means it has nothing to connect to you with. Which means you are then free.

## What else can I add to my life?

If you really wish to create your life, ask: "What can I add to my life that will generate more (whatever it is you want)?"

***"What else can I add to my life?"*** is an imperative for a humanoid. Don't ask, *"What else can I get rid of in my life?"*

As a humanoid, if you're not doing enough stuff, you get bored. You either have to create, or you create crap in your life. If your life is not working the way you want, you're not adding to your life. When you are doing about 10 different things at the same time, you'll be really busy, you'll be really happy, you'll have too much to do, and you'll get it all done, and you'll wonder how you do it, and you'll still want more to do. Also, you need to give up the illusion that you need a career. A career will bore you to tears. If you have 87 things to do all at the same time, you will be happy for the rest of your life.

As a humanoid, adding to your life is the only way you will succeed in life. You have to have at least 7-10 projects going on at all times to keep the supermind from being able to connect to you at all, because it does not multi-task well. 2-3 things is about the most the supermind can do.

Don't do the stuff you consider the crap stuff to do. Do what you really like and hire people to do the stuff you don't like. Just because you can do it, doesn't mean you should. Look at it like this; how much do you earn an hour? How long does it take you to do the task you really don't like? How much does that come to if you are paying yourself an hourly wage to do it? How much does it cost to hire someone else to do it? Less or more than what it cost you if you paid yourself to do it? What is a better use of your time and money? If you don't you life becomes more chaos, not less. Add to your life and give away what you don't like to someone who likes doing it.

Adding to your life goes hand in hand with extrapolation, adding to your life is extrapolating what else is possible. It is an extrapolation where you pick up the elements that will expand your life, that will be rewarding choices for you; then you give away those things that are not rewarding choices.

Is it a rewarding choice to take out your trash? Yes, cause you like getting rid of the trash. Is it a rewarding choice to store all the old shit you have from you life from the past. No? But you keep doing it, why? "Might need it one day," that's a really


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good idea. The good news is if you keep that stuff hanging around you have to keep a certain amount of your energy attached to it in order to remember that you need to do something about it, even though you decided you are not going to do something about it.

If you will take anything you have not used in your life in three years and throw it away, you will have so much freedom, it will blow your mind.

If you go through your house and ask which furniture wants to leave me and go some place else? Give it away, sell it all, throw it away; do something to move it on. Let go of everything you don't like. Everything that you think is valuable based on the fact that it's and heirloom, it is just a point of view.

## 180 degrees

If you turn everything 180 degrees as though it's in a ball, so it's never turned in the same direction twice, it breaks your connection to the supermind and it can no longer function.

You do this from the space of you, as space you are non-directional and every direction all at once. You are infinite possibility of choice of change. The supermind can not compute that, so it can not connect to that, which means it can't find you to connect to you.

## Questions To Change Anything (being the question)

Instead of buying thoughts, feelings, and emotions as yours, these questions will help you to change just about anything that's going on in your life:

1. **What is this?**
2. **What do I do with it?**
3. **How do I change it?**
4. **What is it going to take to change this?**
5. **What would it take to make this different?**
6. **How can I do this differently?**
7. **What energy, space and consciousness can I be that would allow this to change?**

You are not waiting for an answer, you are allowing yourself to have the awareness of what comes up when you ask.


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For example, when I work on someone I ask; "is there anything in particular you would like to work on?" What does that do? It brings up an energy. Then they tell these words; often times the words don't match the energy that came up. There is what they think they want to work on, then there is what they the being and their body would like to work on and are willing to change.

So I ask; "is there anything in particular you would like to work on?" and this energy comes up. Well, by asking the question you get this energy that comes up. Same thing when you say; **"what is this?"**

People will call me all the time with; "I've got this thing going on, blah, blah and I don't know what it is! Well you are right, you don't; because you have decided you don't know what it is. My first question then is; "well what is it?" Then the energy of it comes up, what it is comes up. You may not get an awareness of thought about what it is but the energy of it comes up.

Then you ask; **"what do I do with it?"** Then if there is anything to do with it, the energy of what to do with it will come up.

Then, **"how do I change it?"** If you get real quiet and be in the question of "how do I change this?" and be with the energy of that for a moment.

Right now, look at something in your life, something in particular you would like to change, get just one thing. Now ask; **"What is this?"** Now there is something there, if you think there is or not is irrelevant, you ask the question and something comes up, that's what happens. That is one of the ways I know something is there, and I can also perceive there is something there in your universe. Just by asking that one question you are more present with the energy of what that is, with the actuality of it as it's showing up, than you have ever been. Just from that one question.

Now ask this question; **"What do I do with it?"** Now just *be* for a moment. Now there is another energy coming up and it is sort of mixes with the first one, or sort of plays around with it a little bit; which is the energy of "what do I do with it?" Now you still don't' have any answers, that is cool; you don't want any.

Now ask; **"How do I change it?"** and just be with that for a moment. This is the point were you might get an answer about something. You might get an answer like, woah, I've got to call that person and tell them, "let my parking spot go" or "I don't need that storage space any more" or whatever it is.

When you ask; **"What would it take to make this different?"** or **"How can I do this differently?"** Question disconnects you from supermind, it dissipates your connection. The most important this is to recognize that a question will change


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everything. You come to a conclusion, stop, ask a question. "Did I come to conclusion somewhere here?" "What energy, space and consciousness can I be to change this?" As soon as you create a question that is a real question, the supermind can not compute a question like "what would it take to make this different?" All it can do is compute what will make it the same. It only has available everything you have done in the past that it can plug you into to make it the same. It is not capable of doing difference. It doesn't know how to do difference. "How can I do this differently?" destroys its capacity to hook you in. It freezes because it has no idea what that means. That is all you have to do, keep asking questions.

## What Energy, Space and Consciousness can I be?

This question has basically replaced the Perceive, Know, Be and Receive clearings and many of the long clearing statements are being changed to a simple Energy, Space and Consciousness (ESC) question. This is a question you can use in every area of your life:

**What energy, space, and consciousness can I be that would allow _____?**

**For example:**
***What energy, space, and consciousness can I be that would allow me to be free of the supermind?***

***What energy, space, and consciousness can I be that would allow me to love and adore me and my life?***

***What energy, space, and consciousness can I be that would allow me to let go of all limitations and be the space I truly be?***

You ask that, and then POC & POD everything that does not allow that to show up.

- Now ask this question; **"What energy, space and consciousness can I be that would allow this to change?"**
- Now, once again do you notice an energy?
- An awareness of something?
- Something either happening in your body, outside of you body, some shift in your "mental state," a shift in the way you are in the world?
- That is the energy, space or consciousness you would have to be to change it. What ever that is right there for you.

Everything you have done to not know that you know, to not perceive that you perceive, to not be everything you are and to not receive everything that you


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receive, as the perceiving, knowing, being and receiving as you, everything you have done to supplant you with the supermind, everything you have done to buy the supermind as real, to believe you are the supermind, everywhere you have misidentified and misapplied the supermind as you and you as the supermind, never inseparable; will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What energy, space and consciousness would you have to be, to be free of the effects of the supermind, and everyone else's? Everything that doesn't allow that, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Here is another way this clearing statement works is; I ask that question, an energy came up, now I'm going to say; "**everything that doesn't allow that** will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

- You are saying; "what would I have to be?"
- "What energy, space and consciousness would I have to be, to be free of this?" Something comes up and you say; "well what if I can't be it?"
- Good; *everything that doesn't allow that*, then we undo it with the clearing statement.
- So we are undoing what doesn't allow you to be the energy, space and consciousness that you already are, that you would have to be willing to be to change something.

## "Who am I today and what grand and glorious adventures am I going to have?"

Here is a great question; "who am I today and what grand and glorious adventures am I going to have?" It is a great way to start your day.

What if you were so great at everything you could never be stopped? What if you started your day from that question; *"who am I today and what grand and glorious adventures am I going to have?"* If you are doing that, then you are not defining you, you are actually discovering who you are. Does that sound like a little more fun perhaps?

Literally ask that tomorrow morning when you wake up, once again, it disconnects you from the supermind.


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## Who Does This Belong To?

When kids come to Access they tell their parents. Have you all heard the tool: "who does this belong to?" That 98% of your thoughts, feelings and emotions don't belong to you, all you do is ask; "who does this belong to?" There is this little girl who is probably now 7 or 8 that lives in Australia. She was 5 when she first came to Access. Literally 5 years old, it's after her first class and her mom was going through some trauma and drama and she looks at her real cute and says; "mommy, who does that belong to?" and it went away instantly. The mom knew; okay if my 5 year old is telling me this and it's going away, there must be something to it.

Right now, most of your life is run by everybody else's thoughts, feelings, and emotions, sex and no-sex. Because you are aware of them and you don't acknowledge you are aware of them, you get trapped by them.

This is one of the greatest tools in Access and it's amazing how many people resist doing it. You are far more psychic than you ever gave yourself credit for. 98% of your thoughts feelings, emotions and no-sex you have on a daily basis don't belong to you. You are like the psychic sponge bob of the universe. You're like a psychic satellite dish picking up information from everywhere all the time. You pick up the thoughts, feeling and emotions of everyone all around you, all the time. Your body also picks up the pain and suffering in other people's bodies all around you, all the time. You assume they must be yours. You think the broadcast must be coming out of your head. It's not. For a humanoid, every feeling or emotion is an awareness that we are not acknowledging. Humans feel feelings are the most important thing in the world. Recognize that you have awareness's that you have been calling "feelings" all your life. They are not feelings, they are awareness's.

The way to get out of that and start having it be awareness for you is ask; "who does this belong to?" to every thought, feeling, emotion, sex and no-sex you have for three days. If you ask: "Who does this belong to?" and it lightens up at all when you ask that, it isn't yours.

What I did was say to myself; "okay I am going to do this frigging thing because they have suggested it so many times, that I am going to try it and just see if it works." It was after a class like this, I had this total sense of space and peace and I made the choice to do this for three days. Every time that space or peace shifted at all I'd ask; "who does that belong to?" I didn't care if it was a thought, a feeling, an emotion, a sex or no-sex, a brick up side the head; it didn't matter what it was. Every time that shifted I asked; "who did that belong to?" "who does that belong to?" etc. Every time it would go back to that place of space and peace.


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What happens is you do that for half and hour and then you forget for like forty-five minutes. Then you do it for an hour, then you forget for two hours. Then you do it for forty-five minutes, then you forget for a hour. Then you do if for twenty minutes, then forget for twenty minutes. Then you fall in bed exhausted and go to sleep because it is the most present you have ever had to be.

Then you do it the next day. Same thing happens, very similar. Then it's the third day and by the end of that day you're a walking talking meditation. You are either in a sense of space and you have no clue who you are, or something that is kind of like peace.

All you have to do is ask; **"who does this belong to?"** If it lightens up at all it's not yours. If it gets heavier, it belongs to us, so we ask, **"How did I create this?"**

If it lightens up and goes away, but then it comes back; then you had bought it at some time as yours, when it wasn't yours.

If you bought is as yours even when it wasn't, all you do is; **"POC and POD when I bought that as mine and it wasn't, and everything I have put in place as a result of it, right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds. Return to sender."**

And/or; **"POC/POD the decision to buy that as mine when it wasn't, POC/POD everything that we've created and uncreated as a solution to that ever since, right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds. Return to sender."**

You don't have to know who's sending it. A lot of times it might be the supermind. A lot of times it might be your mother. A lot of times it might be your mother who is the supermind. It doesn't really matter, you don't have to get an answer, but sometimes you will. Once you get that awareness sometimes, it helps in letting you know; wow, this wasn't ever mine in the first place.

*When you pick up the thoughts, feelings and emotions of other people and you say; "**who does this belong to? Return to sender**" do you disconnect from the supermind?*

It is one of the tools with Access that has started to disconnect people from the supermind. When you do "return to sender" it starts to disconnect you from the supermind. When you use the 10 Commandments all the time, it starts to disconnect you from the supermind. It is my opinion that that is what finally gave us access to it. That we finally got enough people doing interesting point of view, doing return to sender, etc.


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The worst part of "Who does this belong to?" is that you have to admit that even the good thoughts don't belong to you. It's fine to admit the bad thoughts don't belong to you, but the good ones don't belong to you either, that's the hard part. This is the way you get out of being on automatic pilot and get to be totally in charge of the plane. You get to enjoy the ride.

When you create the space where you no longer have everybody else's thoughts, you begin to know what your thoughts are. You begin to know who you are. When you do "Who does this belong to?" it gives you access to you.

When you get clear, you can pick up the thoughts of people long distance all the time. It will also make it possible for you to send messages to others as well. Do you suppose your telepathic language is greater than your verbal language? This gives you an opportunity to truly develop this capacity if you quiet your mind by not buying other peoples' thoughts.

The idea of everything we do in Access is to give you more of you, to give you an idea of the difference between you and everybody else, to give you the awareness of your thoughts, feelings, and emotions (except you don't have any), but to have you at least be capable of being present in your own life. As long as you're picking up everybody else's thoughts, you're not present in your life.

This is a vital tool to use, doing "who does this belong to?" for three days.

## Where does this come from?

This is what we use for body pain and disease. Bodies go into alignment and agreement and communicate with other bodies that they perceive around them. Our bodies are doing the same thing. Bodies will automatically take on the debilitation of the body that it is the closest to. That is the reason we ask, "Where does this come from?" because our bodies will feel what other bodies are feeling.

Again it is to give you the awareness that you and your body is aware. Awareness doesn't mean it belongs to you, it's just an awareness. It's just information. Its just an interesting point of view.

## How did I create this?

Whenever a disaster occurs in your life, it's asking for that 10 seconds of unconsciousness that created that result, so that you become aware of it.

This is how we get out of the stew we created for ourselves and how we make it better. We ask this to improve every aspect of our life. We are asking the universe


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to show us the 10 seconds of unconsciousness where we created a billion years of pain and suffering.

## How can this reality work for me?

Having a phenomenal life

What if instead of being a servant to this reality, you were willing to employ this reality to work for you, instead of figuring out how you work in this reality? Not "how can I work in this reality?" but "***how can this reality work for me?***"

This is imperative for creating a phenomenal life – so phenomenal that no one can see you. Phenomenal is different than extraordinary. Extraordinary is like Oprah. She's got all the best things of this reality. Is she satisfied? Or is she always looking for something else, something more? She is living an extraordinary life, not a phenomenal life.

A phenomenal life is where you are a phenomenon that has not existed before. What would that be like? What if you stopped trying to get to Oprah status and judging you if you don't make it? Personally I'm not interested in being Oprah, or Dr. Phil.

*How can you answer that question for Oprah though, weather she is satisfied?*

Well, look at it.

*I think she is.*

I didn't ask you what you think, I asked what you know.

*I don't know her, how do I know?*

My dear, yes you do, all you have to do is look at the energy of it. Look at the energy of Oprah, is she satisfied or is she always looking for something else?

*Is there something wrong with that?*

Always looking for something else? Not at all. And, what about actually being joyful with your life the way it is also? The thing is, it is as though Oprah looked and went; "okay, you know what, if I do all the T.V. shows and have all the money and have the relationship and have the fame, then I will finally be happy. Not true. Until you have all of you, you are not going to be happy. Or lets say, you won't


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allow yourself to be totally at peace. It's your beingness that allows you to be at peace with you. It is your willingness to have your beingness.

Here is the thing, in order to do that you have to be willing to have a phenomenal life, which is something that hasn't existed here before, a true phenomenon.

Have you seen that movie with John Travolta "Phenomenon"? Kind of a cool movie, huh? He was a phenomenon; he was something that didn't exist here before. Most of us have been attempting to live an extraordinary life, while believing if we ever finally got all that money; then we'd finally be satisfied, feel great about our selves and be at peace. Except if you have done anything like that and you've gotten all that money and you don't have access to you, how much peace do you actually have?

What I am attempting to get you to do in looking at this, is instead of looking and going; "once I have this and this and this and this and all of the accoutrements of this reality, then I'll be happy." **I'm attempting to get you to consider the possibility that living a phenomenal life might be actually being joyful right were you are, right now with the life you have created exactly as it is.** And actually being at peace and joy about that, what would that be like as a possibility?

*Easy.*

It is a different point of view that I am asking you to look from. Most people go; "Oprah, geez I want to be just like Oprah." Weather you say that out loud or not, in your head if your saying; "god, I want to be just like Oprah," would that be enough for you? That is the thing you might want to look at; would that be enough for you?

*I'll just take the money and run.*

That is the thing this reality would tell you; "oh, what you really need is lots of money, then you'll be happy." Except there are lots of people who have gotten there and have lots of money and still aren't happy. Because they are not actually generating their life, they are generating the life the supermind told them would make them happy. Everything that is will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The thing about looking at Oprah's life and seeing if she is happy or satisfied, it's just an energetic awareness. You just look at he life and ask; "is she satisfied?" Maybe not, maybe so. Right about now, you have no fucking clue. How would you when a lot of the reference points that sort of defined your reality are starting to shift and change? How much does the supermind say this must be a bad thing? *"You better make sure to stop it before it gets out of control, you could loose someone; like*


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*me,"* says the supermind. Everything you have done to give it more power over your life than you, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What would you say about Oprah and what her energy is like?*

I'd say she has an amazing amount of potency and who looked and thought she would get the satisfaction with self by all the things she has done and created, and it hasn't happened. If you look into her universe you can look and perceive sort of a strong sense of dissatisfaction. And she has done everything that she has known how to do and she has created all kinds of stuff.

*Hasn't done Access.*

Okay, cool. Will she ever? Who knows, her choice. The thing to look at is, what most of us do is we tend to look and go; "well if I had that person's life then I'd be happy. If I had that person's life then I'd feel good about myself." What about having your life and enjoying it. What about ***not*** having to have billions of dollars to actually enjoy your life? Do you suppose if you enjoyed your life more, you'd be making more money? Yes.

## What are the infinite possibilities?

The supermind and this reality has everything defined as to what is possible. Mostly it's that nothing different than what already exists is all that is possible. What already exists, meaning the limitation and connection to the supermind is all that exists now and forever. So asking ***"what are the infinite possibilities?"*** doesn't compute to the supermind. Another possibility, especially infinite possibilities is a non-reality to the supermind. Being that question takes you beyond the space that the supermind is capable of being aware of. It takes you out of subjection to and province of the supermind into a space that it can't find or knows exists.

Asking this question and being this question is claiming owning and acknowledging your humanoid capacity to generate infinite possibilities.

## Will this be Rewarding?

**"Will this be a rewarding choice?"** Asking this question seems to keep you out of going into judgment. Before I said to ask; "is this light or heavy to choose this?" With that people would always go into judgment, judging is it light or heavy. If you go into is this expansive or contractive, you go into judging which choice is which. With a rewarding choice it takes you out of being able to judge it. It bypasses the supermind, that is why "rewarding" is a better way of looking at it.


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For me I could always ask; "is this an expansive choice" and I would know and I would follow that but I trusted me. For the people who are still locked into the supermind and don't trust themselves totally; then "expansive" becomes a judgment system and you lock back into the supermind. That doesn't work and for me it doesn't work that way, but I discovered that for most people it did.

Rewarding takes you out of the necessity of judging weather it's right or wrong, good or bad, expansive or contractive. "Rewarding" doesn't fit into a category from which you can judge to figure it out. For most of us we go to the supermind to figure it out because the supermind starts giving us answers about what it is and what to do with it. Those are all conclusions, they are not possibilities. The thing about that which is rewarding, is often times it opens the door to possibilities which will show up in a different way later on.

You make a choice; is this rewarding? Then it's usually like; I'm here for what fucking reason? This is rewarding based on what? It feels rewarding to choose this, I can't figure out why or how; but okay fine. What comes up later is indeed rewarding but it can take awhile to realize what was rewarding about that choice.

Asking this question can be a dynamic catalyst for the generation of your life. It's a question that puts you into the computation of your life, maybe for the first time. And it does it from including everyone, rather than exclusion. It's not choosing for you or them, it's a question from the space of oneness.

A fun tool is to make a choice, ask; "will this be rewarding?" go into the energy of it in 3 months, 6 months, 1 year and 2 years. Then POC and POD all that. Step into the space of unadulterated awareness. Make a different choice, ask "will this be rewarding" and go into the energy of what that generates in your life in 3 months, 6 months, 1 year and 2 years. What awareness did you get? Whatever energy was an energy that you would like to have in your life, that is what you choose and see what happens, see what shows up. It is a way of inviting the energies you would like to be functioning from into your life. It is a tool for inviting and generating a phenomenal life.

## What is it going to take?

Two of the best questions we can ask are: "**What is it going to take to get this, or to generate this, or to have this**?" and "**What is it going to take for this to happen?**"

We can't think linearly with the question "**What's it going to take**?"

When we ask, "How?" we always try to determine where to put our feet first. "How" means, "which direction?" and "What do we have to do to make that occur?" When we ask, "How," we will start to try to figure it out. Using "how"


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means we are functioning from thinking and judging, not knowing. "How" is a favorite line of the supermind to hook us back in.

"What will it take?" is asking the question in a more unlimited way in which we will start to have answers or awareness's that we hadn't considered as possibilities.

## How does it get any better than this?

You ask this when something bad happens or when something good happens. It's the ticket for getting ourselves out of where we are stuck. We're inviting the universe to provide us with information, to tell us or show us how it gets better.

So, if something goes wrong in our life, go **"How does it get any better than this?"**

And if something goes right in our life, go, **"How does it get any better than this?"**

This is a question the supermind can not compute.

## What is right about this that I'm not getting?

***If you're banging your head against the wall and nothing is changing ask this question.***

Our tendency is to go "What's wrong with this?" If we will go, "What's right about this that I'm not getting?" the end result is that we will start to perceive and get the answer. It's not that we are looking for an intellectual answer. "What's right about this that I'm not getting?" may come to us from some drunk sitting at the bus stop, from some kid walking down the street holding his daddy's hand, an old lady talking to her friend or it may come from some teenager with spikes in his hair. The main thing is that if we ask the question, the answer will come to us. "What's right about this that I'm not getting?" is the way in which we start to look at what is good about what we've done rather than looking at what is bad. The tendency on our planet is to look at what is bad. What if you never actually have made a mistake? What if every choice is an opportunity for more awareness?

## What is right about me that I'm not getting?

"What's wrong with me?" only taps us into the supermind giving us the multitude of answers about what is wrong with us. What if there was absolutely nothing wrong with you? There is absolutely nothing wrong with you, but you spend your entire life trying to figure out what's wrong with you. Instead ask; "what is right about me I'm not getting?" to step out of judgment of yourself and to step away


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from the supermind. That is not an answer the supermind can compute, it is beyond it's parameters.

## What awareness do I have that I'm not acknowledging?

**"What do I know that I am pretending not to know, or denying that I know?"**

You can do **"Where does this come from?"** and **"Who does this belong to?"** in the beginning. Once you achieve that place in yourself of coming to the awareness of, that stuff isn't yours, then when you perceive stuff you can say **"Is this mine?"** for the thoughts, feelings and emotions, that you have. For a pain in your body, it would better to ask **"What awareness am I having here that I'm not acknowledging?"**

We tend to allow ourselves to receive certain energies. The energies we tend to allow ourselves to receive are what we call the negative energies or the things that need to be "dealt with." Have you noticed that there are certain energies in relationship that you will allow to be in your space (I like that kind of person, I don't like that kind of person). In doing that, what happens is that you cut off your capacity to receive from certain people. If you could receive from everybody without judgment, or without any point of view, what would that be like? Unlimited capacity to receive is the ability to have everything in life that you desire. It is only what you have decided you cannot receive that can limit what you can have in life.

## Ask; "Truth" – If it feels light it's true, if it feels heavy it's a lie

If it's light, it's right, if it's heavy, it's a lie.

If you are not in a constant state of; "if it's light it is right and if it's heavy it is a lie." You will not know what is true for you, what works for you, what is right for you in that moment. It is the most important thing you can do to make your life easier. Truth always makes you feel lighter. A lie always makes you feel heavier. Sum total of it.

Everything that doesn't feel light is a truth or a lie? A lie. Yet how often do you choose something that doesn't feel light, start down the path and instead of going "oops, I'm going the wrong way, I'm going the other way now," you keep doing it and trying to make it right. "I chose this because." "I chose this because it's the more expansive thing to do." "This energy felt more expansive." No, energy doesn't feel more expansive, get over that shit. You feel expansive when you are being you. You keep looking for the energy to show you how to be you, unfortunately for you, there is one guide that you will not employ, and pay. YOU.


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Even by coming to the conclusion that you must choose "that which is expansive" you are still trying to define and must of necessity judge what is expansive and what is not. I never said you have to choose what is expansive. I have asked you; "does that feel more expansive or less expansive?" Does that sound like I am saying choose expansive? Is that the conclusion you came to? Yes.

No, I am saying look at it, decides what it feels like for you and which one would you rather choose in this 10 seconds. Don't choose based on "this is more contractive" or "less contractive." This is more expansive, less contractive, less expansive; that is judgment, that is not choice. "If I choose this, what will occur?" And you can change your mind in the next 10 seconds.

If you get stuck on something it is because you have a truth with a lie attached.

Ask; **"what part of this is truth and what part of this is a lie, spoken or unspoken."**

More often then not you will find that it is an unspoken lie that you have total awareness of.

There is no such thing as truth. Everything is a lie, in this reality. Truth is malleable and changeable. It changes moment by moment. It's only truth if it makes you feel lighter; and it is only truth for 10 seconds. Truth is for 10 seconds.

Do you know how much fun it is to listen to somebody who lies all the time? Would you like to find out what that is like? Listen to yourself. You won't listen to you. The one person you will not listen to when they talk is you. Because you figure, I wouldn't lie to me, and everything that comes out of my mouth is truth, because I'm right. What you are trying to do is make truth a constant. There is no such thing as a constant. Truth is for this moment, that is it. Truth is your awareness for this moment.

**Truth is "if it's lighter in this moment, it's truth in this moment**," it may never be truth again, in fact it usually is not.

You cannot repeat a moment over and over again, that's where you put yourself into the lie. The lie is you can repeat or duplicate the same event a 1,000 times, and the lie is you got it right. You set yourself up to lie to you. You haven't "failured," you have succeeded in lying to yourself, you are just not willing to see what you succeeded at. You call it failure, **can an infinite being truly fail? No.** So why do you keep saying you are a failure? **Everything you choose occurs.**


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You are trying to buy that there is truth somewhere, because that satisfies that some place truth exists.

If everything is a lie here, the reason it's a lie is because this is a linear reality, yes or no? No. But you are creating it as such, and you are buying into the linearity as truth. The plants don't see this as a linear reality, the horses don't see this as a linear reality, but you do.

Have I ever told you guys the truth? Are you willing to listen to it? Only when it duplicates and matches the reality you want to hear. Truth is not solid. You keep trying to make truth the end, the conclusion, the result. Are you seeking something permanent, or do you believe that you have to have results and conclusions in your life? Is that belief truth? Is that belief a lie or is that belief something you bought from other people? You keep trying to make truth constant so you can have a predictable life and so you can choose to be unconscious.

When somebody lies to you, you get angry. It's always somebody else's fault, they made me angry. No. Nobody can make you anything, accept you. You make you angry, because what you keep trying to do is buy the lies. You tell yourself a lie, you pretend its not a lie and then you go; "oh my god, this person upset me so." They didn't upset you, **you did.**

Truth is trying to make solid something that is never solid. Reality does not truly have a solidity in it, but you try to make it real. You try to make it that this is reality. How many places in your life do you go; "this is what's real"? You try to solidify your life around the truth and everything begins to disintegrate, have you ever noticed? When you go; "this is the way it is."

**What is true will expand your life and not contract it.**

Truth, I look at everything from; "okay, if that were the truth then there would be total freedom here." If it doesn't create total freedom by what is said or done, then there is no real possibility of infinite possibility; then it doesn't make sense. It must be a lie. If it appears to make sense to you, it may be correct in that instant and it may be the one thing you need to know to move out of the limitation you have. But it's only good for that 10 seconds, it's not good for any longer than that, and what we keep trying to do is go; "okay, this is a truth." Don't come to conclusion like that, you only limit you. Instead ask; "truth" in regards to whatever is being said, spoken and unspoken and you will know what is true and what is a lie.

Here is the thing, I've had people tell me; "I've been told ____." I've been told, I've been told, I've been told. Please be aware that if someone is not asking you a question; they are giving you their answer. And that is designed to expand your life? No, and it is rampant. Everybody believes they have the right answer and that


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is all they are interested in. When I say "everybody" I am not including you guys. I'm not actually including everybody, I'm just saying it so you have something to look at.

Literally there are so many people giving you their answer and so convinced of the rightness of their point of view; they are not interested in anything else. So, when somebody tells you that you take away shadows, if it makes you feel lighter; it's true for you. But what is a shadow, is there any fixed point of view in that? Yes, it sounds like one of those lovely metaphysical things someone would say. As long as you take the information that was given and see if you feel lighter or heavier; you'll know what is true for you.

Also be willing to see where someone is just being a significant asshole, for no reason. And, be willing to call them on it and not to call them on it too.

Say **"truth"** either out loud or silently to yourself and you will know if what the person is saying to you is true or not. This works great in court. Think "truth" before the apposing lawyer speak, or before the person you are in the lawsuit with and everyone will see if they are lying or telling the truth. This works great with your kids to know what they are really up to, or at least if they are telling you the truth or not.

## "You're right, I am wrong"

Here is a major tool in access: the willingness to be wrong. It is a way to eliminate the conflict in your life. This is the ultimate manipulative tool. I am wrong.

Say it 10 times. "You are right, I am wrong."

How come you all feel better? Do you know how much of your life you have gone around, "I am right, I swear I am right!" Do you know how much energy it takes to be right? It takes no energy to be wrong. It's so much easier. Life becomes an easy place to be when you can be wrong! You cannot have fun unless you can be wrong. Wrong is only for this 10 seconds. (So is being right.) Most people think that if you're wrong, you're wrong forever. You've got to get over the idea that anything lasts more than 10 seconds. If you are willing to be wrong you can change more things in your life than you can possibly imagine.

If you say it with sarcasm, you're being a bitch. You have to say it with sincerity – with the awareness that you are wrong (in their eyes). Does that make you wrong or are you just wrong in their eyes? In their eyes. So you have to tell them – you are right, I'm wrong. You can't say "asshole" at the end because then you are being an asshole. You can but all you are going to create is antagonism.


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When you are ready to repair a relationship that has been damaged by your insistence on being right you can use this tool: ***"I'm sorry, I was wrong. What can I do to make up for the damage I have done?"*** All will be forgiven in mere minutes. If there is something they require, be willing to deliver or say bye-bye to the relationship.

If you say to someone, "You are right, I am wrong," after three times of saying it they will go, "no, you are not wrong, you are just mistaken." When you are willing to say, "I'm wrong," the other person comes off their position every time. Because what are they trying to prove? That they're right! As soon as you say you're wrong, they don't have to make themselves right any more, and then they make you right for it.

When you can do, "I'm wrong," no judgment can affect you. Being wrong is the greatest gift you can give yourself. It's the ultimate freedom. But I can guarantee you, you would rather be right than wrong. If you are willing to be wrong then you don't have to take a point of view. When you take a fixed point of view, what happens? You either force people to align and agree with you or resist and react to you. Those are the polarities of life and they create a limitation. What fixed point of view do you have that necessitates being right as your only possibility?

*The first time I heard about that it gave me some freedom then I would make myself wrong in the situation were I'd say "I'm wrong" rather than just having the lightness of being wrong.*

Thank you, it's just about being willing to say you are wrong. You don't have to make yourself wrong. What they need to hear is; they are right and you're wrong. So tell them what they need to hear. Are they going to hear anything else anyway? No. So you might as well tell them what they require. Give them what they require of you; you're right, I'm wrong. It's a great freedom.

## The Meaning Process

When you have a problem with someone you want to do the meaning process. You can do it with the other person if they are willing or you can do it one sided. Meaning, you run what it is for you and clear that and it will still have a tremendous effect because with even just one of you letting go of your side it can't stay in place.

The meanings we have in regards to others and our self is created based on the relationships we have had with them in the past. It is not connected to what is real.


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Like if someone says something just like your mother would say, from that point on you are not dealing with them, you are dealing with your mother. This is what creates the separation between people and it's not real.

Do this with your kids, your family members, your spouse, your siblings, the people you work with. When you do this process in regards to your kids you realize you have all these fixed points of view about them based on nothing that is real. It creates these separations in our relationships with everybody.

For business, you can ask; "what does your business mean to you?" So, instead of the person's name, use the name of the business. How do you have sex with your business? You have sex with your business every day. It is either the orgasmic relationship you have or the hell you have. This process will change your relationship with your business, then it can expand. It is a good idea to do this often, at least once a month.

Business is very sexual and if it isn't you aren't going to make money. Your business has to have a sexual component because it has to be healing, caring, nurturing, expansive, creative, joyous and orgasmic or you will kill it. You cap the growth of your business based on your own unwillingness to receive.

You can ask; "what does Access mean to you?" Anyone or anything you have given meaning to you can run this process to get more clarity, awareness and choice.

Sex has to do with receiving from this realities point of view, so in that I'm asking what does receiving mean to you? That is the reason I ask the question that way.

**YOU WITH SOMEONE ELSE:**

What do I mean to you? Everything that is will you destroy and uncreate that? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys and beyonds.**

What do you mean to me? Everything that is will you destroy and uncreate that? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys and beyonds.**

What does sex with me mean to you? Everything that is, will you destroy and uncreate it please? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys and beyonds.**

What does sex with you mean to me? Everything that is, will you destroy and uncreate it all please? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys and beyonds.**


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The point of view from which you create sex with someone is the point of view from which you receive from them.

**YOU WITH YOU:**

If you can acknowledge what is for you, then you have choice. If you can't then you are always trying to determine where you fit, usually in relationship to somebody else.

What do you mean to you? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What do you not mean to you? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What does sex with you mean to you? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What does sex with you not mean to you? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## Making It Infinite

When we make something infinite and it still exists, it is something that is true. When you make something infinite that is not true it disappears and ceases to exist.

If you take something that you think, feel, or emote and make it infinite, it just sort of goes poof. We can't make something significant and infinite simultaneously.

**Exercise**

Can you get the energy of having an upset with someone recently? Something that didn't sit very well with you. Take that energy and make it infinite, bigger than the universe. Not never ending, not eternal; infinite. Like blowing it up with air; bigger than the universe making it infinite. What happens to it? Does it become more substantial or does it start to go away?

You just request the universe to make it infinite. What happens? Does it get more substantial or go away?


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It goes away? That is because when you make something that is a lie infinite, it goes away.

When you make something that is a truth infinite, it becomes more substantial.

Now, get the energy or feeling of someone you care about. Get the energy of that caring, that feeling or awareness. Make that infinite, bigger than the universe. What is happening? Is it going away or getting more substantial? More substantial? You don't suppose that means you care more than you have been willing to acknowledge do you? That would be a yes Bob. Is that more caring than you were willing to acknowledge you have? Part of allowance is being willing to acknowledge how much you truly care.

Something that is a lie that you make infinite disappears, something that's true gets more substantial. If you have those upsets and you make it infinite and it becomes more substantial, then there's a lie that you're not willing to look at.

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So when you are talking with someone, having an interview or something; take everything they say and make it infinite. That which is not true will disappear. That which is true will get more substantial. Then you'll know when they're telling you the truth and when they're lying.

## Expanding your Energy in all Directions

Do me a favor, let your energy expand outside your body, let you expand in all directions outside your body and occupy a space that is comfortable for you and your body, that is totally peaceful.

Start by filling this room, then filling the neighborhood, then this town. Now go out 100 miles in all directions including down into the earth. Now, 500 miles in all directions including down into the earth. Now a 1000 miles in all direction, including down into the earth. 10,000 miles in all directions including down into the earth. Keep going if you would like to. Just allow your body to have all the energy that is available. Would you be willing to do that?

A being that large would be affected by an abusive anybody based on fucking what? Yeah, stupid and insane choice at the time. Can you see that you are much larger than you have made yourself? Would you be willing to be as large as you actually are? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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## Putting Down Barriers & Expanding

Someone came up to me at break. *I'm still perceiving these intensity's.* So I asked, which part of that is interesting point of view? So are you in any resistance to this? Are you resisting being with this? Put down your barriers to feeling. Put down your barriers to receiving and perceiving it. How does that feel? Better. Now go out and occupy the space of this room. Now occupy the space of the entire building. Now occupy the space a 1000 miles in all directions including down into the earth. 100,000 miles in all directions. How does that feel? Peace. What if you did this when you had PMS?

When you don't resist anything, nothing can be significant or a problem. The joke of planet earth is that resisting it will change it. Resisting it locks it in and makes you the effect of it. When you're not resisting it, that's when you can recognize that it's not yours.

Pushing down your barriers and willing to be totally vulnerable gives you infinitely more awareness. When you push down your barriers you receive everything. When it is just an interesting point of view, you will begin to have more choice and awareness of what else is possible. You get to see what is.

## Step away from the supermind

Now the way out of the supermind is not fighting it and killing it. That's how it gets stronger. Literally, you can just observe it and step away from it. Notice it, and step away from the supermind. I know, too easy and way too simple.

## "Mine or supermind?"

You feel panic? Get this; one of the greatest sources of freedom for each one of you is going to be over the next couple of months asking; **"is this mine/me or the supermind?"** If you get "supermind" you POD and POC everything that is and everything that connects you to it. you can add the whole clearing statement; **right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

If you are one of those people that doesn't have to do that you can say; "POD and POC all that shit." Or, "all that weird shit Dain said."

So this panic, that is one of the things that the supermind will create as it feels you having more space, as it feels you having more of you, and as it feels you having more awareness, and not functioning from the same fixed points of view; it will say; "panic, panic, panic" and is that yours or *it's* panic? Everything you have done to misidentify and misapply that as yours, over every lifetime ever, will you


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revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate all of that please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*When she said the word "panic" I felt a hit. It felt like energy was being sucked from me.*

Was that yours?

*No, I asked that question, it took me a minute but I did ask that and as soon as I did I was relieved. How many of us in this class have had this happen all our life and we thought is was "our stuff" that is was us, "what's wrong with me?" All that kind of stuff, and you think there is something really inferior with you because you are feeling all of these weird feelings and you don't have any reason to.*

You think there is something inferior with you and the only problem is that you are too fucking aware. I must be inferior because I am aware of all the pain and suffering that everyone experiences everywhere. How much of thinking there is something inferior with you is the supermind? **All of it.** How much of the thoughts, feelings, emotions, sex and no-sex that you thought was yours - isn't? **All of it.** Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Thank you for the great example. She perceived this crink-yuck-ahh and she asked; "okay, is this mine?" No, because it lightened up for her. "Mine or supermind?" or "somebody else's?" because it may not be your supermind; it may be "the" supermind, it may be somebody else's. It may just be somebody else's stuff period; that they are continually choosing to recreate.

If you have spent your entire life attempting to see everything you perceive, everything you feel, everything you think and every emotion as yours, when they are actually not; have you done a lot of work to try to solve things that never had anything to do with you, that you couldn't solve? Is that why every problem in your life has been unsolvable? Because it wasn't yours. How much of that is connected to the supermind? Notice the confusion that just came up in your universe? Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be. Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be. Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be. Do you feel more or less confused? Less? Weird, huh?

*Get off my back dude.*

Who is saying that, you or the supermind?


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*It was heavy as you were saying that.*

Who is saying that, you or the supermind? Please answer my question. This is how it works; anything that is light for you, anything that is space the supermind will tell you is wrong. Anything. And you can't do it wrong. You have to ask the question; "mine or supermind?" So when you were saying; "get off my back." Would that be you or the supermind?

*Supermind.*

Are you saying that from awareness or because you think that is what I want you to say? I don't have a point of view about what I want you to say. What I would like you to say is what is for you. This isn't one of those things were you have to give the right answer to the teacher. I'll like you anyway, or I'll not like you anyway; it doesn't matter. Everything that brought up will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

I don't like you now, like I'm going to like you if you give me the right answer, come on! Just kidding, just thought I would bring up some shit. Stirring the pot. Everything that brought up, how much of that is the supermind? All of it.

Notice how you get some input and your response, if it is anything other than total space, lightness and generation is the supermind. But it is your choice to go into judgment, decision and conclusion that connects you to the supermind. It is your choice that instead of having everything as an interesting point of view, where everything exists and nothing is judged; Your choice instead of having everything as an interesting point of view is what connects you to the supermind. Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

This can be just the beginning of the space of you.

## "Does this apply to me?"

In facilitators I was up there with Gary facilitating and I said to the class, ask; "how does this apply to me?" I forgot that the question I should have given them first is; "DOES THIS APPLY TO ME?" So I had people trying to see how they were fucked up over something because they were asking the question I asked them to ask. Two years later I realize; by the way I lied to you guys, sorry.


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The thing to get out of that is, trusting anyone other than you is not going to work out in your best interest. No one other than you knows what is really true for you, and no one else knows what is true for your life. Which is why as a facilitator, hopefully we will be asking you questions instead of giving you our fucking answers. Our fucking answers are fucking useless for you and your fucking life. Did I make that point clear enough?

## What is required?

If everything is just an interesting point of view, then you can ask these four questions:

- What does the universe require of me?
- What does the world require of me?
- What do you (anyone in your life) require of me?
- What do I require of me?

If you were to ask; "what does the universe require of me?" would you have a different awareness of how the universe sees you than you have been willing to have? You've been looking around saying to yourself; "I've got to get it right otherwise the universe won't give me anything to me, otherwise I'm not holding up my end of the bargain. Otherwise, otherwise, otherwise…" What if all the universe required was for you to be all of you and to stop judging you?

What if the world required you to step up and step beyond this reality and actually start being you? What if that is the same thing I required of you, without a point of view of weather you choose it or not? My question of you is; what do you require of you? Maybe it's change. If I asked you a day ago you might have had a different answer. Maybe you can look now and see what you would like to require of you, as oppose to what you have been requiring or not requiring of you. For you, you might require that you demand that you step beyond this reality. I demand that I stop giving in to limitation and acting like it is more real than me. I demand that I make so much money that money as a problem or consideration doesn't ever exist for me again. Or something else.

The other thing you want to look at to have clarity, to have awareness is; "what does _____ (the person you are in relationship with for example) require of me?" if you get, "what does my mate require of me?" and you realize that they require you to cut off your arms and legs to be with them, perhaps you would start asking questions like; "what energy, space and consciousness can I be that would allow me to generate a communion that allows all of me to be?"

When you ask you this question you become aware of what is required.


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So M. what does chiropractic school require of you? Do they require you to be greater today than you were yesterday? No, not at all. Do they require that you be on the creative edge of what is possible? No, not at all. They want to make sure you don't go too far out of bounds. Welcome to Chiropractic mind.

What you want to look at is what the things you are connected to require of you, then look and see if you are willing to give that.

Before I go out on a date with a girl I look at; what does she require of me? If I am not willing to give it I don't go out on the date. Often times the requirement is; show me how beautiful I am, then begin to create my life for me so I don't have to. Oh, that is going to be fun for me. Wow, cool, you really have an interest in me don't you? No, not at all. So ask; "what does this person require of me?" and you might be surprised by what you get.

What requirement of you without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing to require of you that you truly could require of you, that if you would require it of you, would change all realities and non-realities and manifest as the generation of indefinite life and the creation of your life? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

## Running Processes on Yourself

All of the processes up to this point are a way to start generating your life. Every one of those can be run from "I." You can run those and you will not necessarily get cognitive verbal answers, it will be energies. You can run those non-stop on yourself and create all kinds of changes in your own life.

If you're not doing something that you think you ought to be doing, run:
What am I absolutely refusing to be that I truly am, that if I wouldn't refuse it would change all realities and set me free? Everything that is, I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

If you're going, "*I don't know what do to,*" run:
What am I absolutely refusing to know, that I truly know, that would change all realities and manifest as creation of my life? Everything that is, I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

If you're going, "*I can't figure this out,*" run:


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What am I absolutely refusing to perceive, that I truly can perceive, that would change all realities and manifest as creation of my life? Everything that is, I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

If you're going, "*I don't have enough,*" run:
What am I absolutely refusing to receive, that I truly can receive, that would change all realities and manifest as creation of my life? Everything that is, I revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

All you have done is try to create reality. You have not tried to generate your life before. This is a whole new concept. Do you all get this? The idea of creating your life, let alone generating your life, for most of you is the most foreign concept that has ever been presented to you.

Start using the tools of Access and being them and you will begin to have an awareness of what that looks like for you. All of these questions are just a start, a place to begin. The more you be them, the more awareness you will have of what it is generating in your life - you begin to see a totally different possibility and you begin to be a totally different possibility in the world. It is a different space from which to function from. You truly become a phenomenon in the world.

## More aware of the supermind

Please know that after using these tools you are going to be more aware of the supermind and the insane people around you, not less. You may also have much more ability and awareness to make a different choice. The choice you make is up to you and yet you may find it easier to know what choice you desire to make. That would be my desire for you.

# Creation or Generation, what is the difference?

Getting the awareness of the word generation has been an incredible change for me. It was a great freedom and awareness for me.

I've been trying to get people to create their lives and they kept creating something that was crap mostly. I kept asking; "what is it I'm not getting?" I'm pragmatic, things have to work here, if it doesn't work then why the hell am I talking about it? So this woman gave me a book written in 1957 called "The Humanoids." In reading it, that is where I came across where it said "the scientific paradigm of matter, energy, space and time are the primary elements for creation. The prima materia is


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the important concept of recognizing there is a place from which it all generates." There is what I was looking for - generation. There it was, given to me as gift by someone.

When you are ***un***willing to be the energy, space, and consciousness that generates different possibilities, then you have to function from the reality and the construct of other people's universes.

There is a difference between **creation** and **generation**.

Here on this planet, creation is closely collapsed with destruction. Creation has a polar opposite, which is destruction. There is a simultaneity of creation and destruction. In order to build a new building, you have to destroy the building that's currently there. You have to destroy in order to create on this planet. When you go to create something, you always look for when it's going to fall apart, when it's going to go away, or when you're going to loose it. "Why bother creating it?" is the conclusion from which most people function. There is no polar opposite to generation. It's continually creative. You have the capacity to generate something, which gives it life. When you give something life, it continues to create more of its own life. With creation, unless you continually put energy into something, it eventually falls apart. The expectation with creation is; if you don't keep creating it, it's going to destruct.

To "**Create**" in this reality would be closer to **construction**, not creation. "I created this," is that an ongoing possibility? Hammered nails, it's finished, "I created this beautiful painting." When you create this beautiful painting, is it complete? Not really because it's made out of energy, and the consciousness it creates and the own awareness it can have. You have to get clear that every molecule in the universe has consciousness and awareness. Every molecule in the entire world has consciousness and awareness. How do you function? From the consciousness and awareness or from the construct of this reality? The construct of this reality.

When you are using unconsciousness or anti-consciousness, you are constructing your life, construction is the linear steps you have to follow to put something into existence. Construction is like taking an empty lot and getting boards and wire and glass and all that kind of stuff and constructing a house piece by piece by piece; that is what the construction is. Now that can be a necessity but it is after the act of generation.

**Generation** is a different possibility. In generation what is happening is its' continuously generating, it is a constant state of new energy. What you do with generation is you generate it (by asking questions), and give it the consciousness to continue generation of it's own consciousness, it's own generation.


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With creation, if you don't continually put energy into it yourself it falls apart. It is like your car, if you don't continually take care of it, doesn't it eventually fall apart? If you don't make sure to get it waxed regularly doesn't the finish eventually melt off and become dull and look like crap? If you don't make sure to get it serviced regularly, doesn't your car eventually fall apart? That is what creation is like. You have got to continually put energy into it in order to create or in order to stop the destruction.

Generation however, continually has energy going into it by virtue of its' own consciousness. Does that make sense? Generation is creating it, but imbuing it with consciousness and energy so that it continually has energy to continually generate, so it doesn't ever have to fall apart.

What you would rather have is generation, even beyond creation. Until about two months ago we were saying "creation." "What would it take to create your life?" "What would it take to create this?" We were talking about creation until we realized that there was something even greater than that, that would make it even easier to have something not fall apart; which is generation. So I would ask you to consider using that word.

Why that word? Because words have a specific energy to them. You can use a word from consciousness and it will match the energy of what you truly desire to create or what you desire to generate. When you are functioning from consciousness the energy of what you say matches the energy of what you desire to have show up in the world. "Generate" will actually facilitate you in generating what you would like to have show up in the world.

This change from creation to generation creates a whole new possibility in the world. Creation from consciousness would be generation, which is creation that never has to be destroyed.

Generation creates possibilities, where creation creates judgment. Creation from this reality is all based on judgment. On this planet, we think decisions, judgments, and conclusions are the source of creation. You have to decide, conclude, and judge (what is right or wrong), in order to determine what you are going to create. Decision, judgment, and conclusion require reaction, not action. In generation you allow all of it to come to you and then instead of coming to conclusion. You have action that you do, instead of reaction.

If you look at energy, space and consciousness, none of those have a point of view. There is no DJCC or point of view involved. There is not a possibility of creating a point of view from energy, space, and consciousness. If you live your life from energy, space, and consciousness, then you have a different point of view – basically you have none.


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When you are generating something, generation is a constant generative state. It doesn't require constant attention in order for it to continue to generate; it becomes a life element of it's own. The consciousness of everything stays with it. It's not linear, it's never linear; because a generative thing goes here, goes there and everywhere. A creative thing goes in this one line. The other thing about the supermind is it tries to keep you in linear reality.

Creation is a triangulation, rather than an extrapolation. In extrapolation you take seemingly random particles and put them together to generate a possibility. It's when we go; "hey, lets' do this!" and everything falls into place for that to happen. When things fall into place with ease, you are using energy, space, and consciousness. When it becomes difficult and you have to fight to bring it into existence, you are doing matter, time, and prima materia.

**The scientific elements for creation are:** matter (mass), energy, time, space, and the "prima materia" (which they think is the basic unit that started creation in the universe – the first atom that created everything else). If science says that it's mass, energy, time, and space (and we know that time is not real), is mass real? Or is that a creation? A creation. So really, the prima materia from my perspective is consciousness. Consciousness is the material that creates the energy, and with the energy and the space generates possibilities, generates new ideas, and generates that which becomes constructed.

This building is constructed, it is not created. We are looking at this in a slightly different perspective than what it has been in the past. We're interested in getting you to the point where you can recognize that it is about the **energy**, the **space**, and the **consciousness**, which is the way to generate a different life – a different possibility for you. Do you get this? It's a different possibility for *YOU*. This is about your life. Hopefully you are here because it is actually about your life. You can look and the supermind will say; "Dain wants you to do this." Do I want you to do anything? No. What I would like if for you to actually choose and generate your life. I would like you to have the possibility of generating your life, okay.

**Energy**, **space**, and **consciousness** are the sources for generating new possibilities. If you do not have energy involved in what you are doing, does anything get accomplished? If you do not have the space to be aware of everything, do you have possibilities? No. If you have the consciousness to know what is happening and where it's going, can you generate something different? If you want to generate something different in life, you must have **energy, space, and consciousness**.

If you are being the energy and the space of what generates things, things happen as if by magic. Which is why I am talking to you about generation, so you can start having your life show up as magic. My life; magic baby. Was this class even in


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existence two weeks ago? Nope. Isn't that weird? S. called and it's like magic that you are all here, you're magic. Guess what, you are part of the generation of my life, thank you for showing up. You're magic.

Have you ever had where everything falls into place all the sudden? You ask; "how did that occur?" rather than asking; ***"what energy, space and consciousness was I being that generated this?"*** Have you ever said, "I'd like to have more money in my life," and more showed up? Those times are generations, they are not creations. That's generating - doing it from the request - which is consciousness. Question is the source for consciousness.

Generation is asking the question and being the energy. Then whatever has to happen to put that into existence out in the world can be the construction of it, but usually you don't necessarily have to be the one to do all that. But what most people believe is that creation is construction. "I have got to go out and nail the boards together to build this house." And you think you have to ***DO*** every single aspect of it, instead of putting the universe which is much larger than your body to work for you.

In generation you are actually allowing the universe to work for you to do a lot of that construction.

*D. said to me, "think of the universe as your personal assistant."*

I like that, would you be willing to have the universe as your personal assistant? That you could call upon any time and have it perform any task you required? Everything that doesn't allow that will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And will you ask it now to please be your personal assistant and tell it; "I'm sorry I have not been very bright because I have not been making very many requests of you, I've simply been judging myself and coming up with answers that don't create anything more, and I'm changing that right now." Will you destroy and uncreate anything that doesn't allow you to change that and actually have questions so you can ask the universe for stuff? Thank you. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

My life is like; "how can I facilitate more consciousness in the world? What would it take to generate that? What energy, space and consciousness can I be that would allow me to facilitate consciousness world wide, with ease?" And here we are in St. George, who knew? If I had thought, cognitively looking at a map, St. George isn't the one place I would have picked first. Let me just say that alright.


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*We just asked the universe, we would like to go to class, we can't go to San Francisco, universe can you take care of this for us?*

I love it. How does it get any better than that? See, your request allowed this possibility to occur and it was easy for all of us.

Generation should be instant rather than this construction that we do. Creation is where you are ***doing*** something. The way we have defined creation here is more like construction. "I'm going to create a class" so I have to decide when to do it, where I'm going to do it, what it's going to cost, who's going to come, who I have to promote to. Feel light and airy? No.

You would do less POD-POCing if you are doing generation. The reason you are POD-POCing is to get you out of the place where you are using so much effort to "create," to construct a reality. The difficulty as a humanoid is you have no reality. In order to have a reality you must always align and agree with somebody else's point of view. *"They think this way, therefore this must be what is true."* If you were to be the energy and the space and the consciousness, what could be generated?

What energy, space, and consciousness without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing to be that you truly could be choosing to be, that if you would choose it, would change all realities and non-realities and manifest as the generation of you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Knowing everything. Everything you have been unwilling to have as the energy, the consciousness and the space will you destroy and uncreate all that? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## Science's point of view

Science's point of view is that matter, energy, space and time is the source of creation and that there is a "prima materia" from which all creation occurs. Science is always looking for the one material that was created first - the first atom (or Adam), the first element that was created in the world, the first atom that created everything else, or off of which everything else was created; and they have no idea what that is. For me, the prima materia - is consciousness. For me the reality is consciousness is the first "atom" that created anything.

Science is functioning from this place of matter, energy, space and time and trying to prove all the time that it works. All the *time* that its works. And also, trying to


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prove the rightness of their point of view. Again, it is not that I am right, it's that I'm aware. When you are functioning from awareness most of what comes out of your mouth is true. You are also willing to change it instantaneously because in the next 10 seconds it may no longer be true. So you don't take a conclusion ever, you take awareness; different possibilities occur under those circumstances. Everything becomes generative, nothing becomes destructive.

Access point of view; energy, space and consciousness are the source for generation of new possibilities. It is an important concept to get the difference between the scientific point of view of creation and what we are talking about with generation. ***You really want to get that if you generate your life, you will have the life you always wanted and never had. All kinds of things will start to show up that you never, ever allowed yourself to have.***

As long as you are doing matter, energy, space and time the reality is you are refusing receiving because you are locking yourself into the scientific paradigm as the truth and the correctness of things. The scientific paradigm is totally wrong and the calculations of everything they have done are totally wrong – you are living from a truth or a lie? A lie. And if you are living from a lie you can never succeed at what you try to succeed at; you can only succeed at failing. How many of you know you are a successful failure? Everything you have done to try to make you a successful success, instead of being a success at failing, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Energy, space and consciousness is the generative capacity of your life.

With energy, space and consciousness you do have all consciousness available to you and what you have called ESP will be greater than it has ever been before.

## Time, Dimensions, Realities And Matter

What creation of time, dimensions, realities and matter with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you really should be refusing that if you would refuse it would change all realities and non realities and manifest as the generation of indefinite life and the infinite energy, space, and consciousness as the source of generation you truly have and are? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Time, dimensions, realities and matter is the answer. Energy, space and consciousness is the question and the generation. Energy, space and consciousness are the source of generation. Remember generations is like what you would have called creation but it has no destruction attached to it, like creation does.


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Generation is continuous generation, continuous energy, continuous expansion of possibilities; which is what consciousness is. Which is what pure energy is. Which is what space is; continuously engendering more space. That is the generation of you.

Time, dimensions, and realities are creations. So is matter.

You have the choice to function from **time**. Notice when you think you don't have enough time for something you are always right about that? Yet, when you don't have a point of view about time you've always got more than enough time. Don't suppose time is a creation do you? That you personally create, do you? Yes.

When did **time** begin? The moment you decided it did. Each person creates his or her own time. Time is different for each and every person. Each of us has our own dawn of time. Whenever you started making time relevant in your life, was the dawn of time for you personally.

**Dimensions**, same deal. Dimension is the idea that something has substance. "*This is real*" is a **reality**. "*This has substance*" is a **dimension**. Sometimes when you are no longer holding this dimension in existence, you allow yourself to see that you have other creations going on at the same time. That's why it feels like something weird is happening, but you just slipped form one creation to another.

**Realities**, reality is where two or more people align and agree about a point of view. In order to create reality, it requires someone else's alignment and agreement. If you are creating reality you are aligning and agreeing with other people who have no more awareness of what is possible than you do.

You as a humanoid don't actually have a point of view about anything. To have a point of view you have to buy one by aligning and agreeing or resisting and reacting, then use huge amounts of energy to try and function from that as though it is real for you.

**Matter**, how often do you make something matter and make it significant and therefore make it solid? Notice you have time, dimensions, realities and matter which is creation and destruction; most often destruction because you use it to destroy your life and your self. Or, you can function from energy, space and consciousness which leads to generation. I realize it is kind of a mind fuck as you will, because your mind goes away when I say it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Is matter the ultimate culmination of supermind?*


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It is part of what the construction of the supermind is based on. Because we have to "create matter" and we have to have something *matter* to us in order to have matter in existence.

Every molecule is a generative element unto itself, which is why chemicals put together create different "reactions". So if you are a generative element in the world, you are the catalyst for change and transformation. The potency of life is the ability to be the catalyst for the change and transformation of all things and everyone. In life, if you are the catalyst, if you are the chemical that changes everything else then you are that thing that creates a reaction in the world to what you are being.

We have a catalytic capacity. Literally, by the questions you ask, the things you do and say, you can transform and change people around you. You ever noticed? There are times that by just walking into a room you change the energy of things.

Have you had limitation from the past lives and all that, or from buying the scientific point of view as truth? How many lies of the science of truth, the science of anything, have you bought to create the limitations based on times, dimensions, realities and matter? All of those, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you get that the space, energy, and consciousness you are, are the source for changing everything, then you won't make yourself subject to the scientific paradigms of this reality, which includes aging, death etc. How much have you made you subject to the scientific paradigms of this reality? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have to be space in order to have the simultaneity of time, dimensions, and realities. As space every form of you currently exists. As space, every form you have created yourself as currently exists. There are multiple "you's" across all time, dimensions, and realities that you have allocated as positional universes of self. How many positional universes of self do you have that keep you divided into the impotence you are currently functioning as? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you look at energy, space, and consciousness as the sources of true generative capacity, by going back and eliminating the creations we have locked into these positional universes that we have locked into existence, we are changing those and changing the energy that occurs now. It is what we do every time we do a POC/POD. It's what we do every time you let go of a fixed point of view you've ever had about you, or this reality, or life, or what's possible, or what's not


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possible. We are changing the past and the future. This is the catalyst of transformation that occurs, as you are energy, space and consciousness and as such choose to POD & POC all that you have created as limitation, you change your past, you change your present, you change your future and you also change the future of the planet. But don't do it. And we can do it any time. Literally that is the way it is working. It changes everyone around you. It changes how your life shows up. When you go back in time and you change ***you*** through all time, space, dimensions and realities; anybody you ever touched in any lifetime (who usually ends up being your family this lifetime) changes too. Are you far more effective than you are willing to acknowledge? **If you actually looked at this and saw that just by coming to these classes and allowing yourself to clear all this shit for others; this is the way you change the world.** It is not by going out and fighting for animal rights or fighting for anything else. Be ***you*** and change the world. So right now you are creating a huge avalanche of change by each choice.

I looked at "what the bleep" and asked; "how did that become so popular?" "The Secret," how did that become so popular? How did those things become mainstream? If Access has been clearing this stuff for twenty years, would that create a different reality? Yes, big different reality. The things that have created the popularity of all things, the popularity of awareness that is occurring is really the necessity for changing what occurs here. You are the catalyst for changing the Earth. You are the grain of sand that hits the water and creates ripples throughout the universe.

Yes, unfortunately the things we have been involved with primarily are the constructs of the supermind. How much of your current life is based on the supermind? It doesn't mean you have to change your current life, you just have to be aware of your current life and choose weather you want to do it from the supermind or from a totally different choice.

Choice is ultimately the source of awareness. **Process is what you use when you have no capacity to change what you are choosing.** Choice creates awareness, but awareness does not create choice.

What most people do is try to figure out what the right choice is going to be. They try to figure it out logically to make sure that nothing will go wrong if they finally make this choice. But it doesn't work. You have to choose in order to have the awareness of what your choice creates. When you try to figure it out so nothing bad happens when you make your choice, what's your underlying point of view? That something bad is going to happen as a result of your choice. With that point of view, something bad is going to happen as a result of your choice. That's also creation and destruction in action – where you are trying to create the thing that will not destruct. If you function from generation, then you are willing to choose, let it take off on its own, and go where it will go.


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Purpose subverts the willingness to choose. It becomes the "Lord of the Rings" choice – it's a no choice position. An infinite being should always have the ability to choose. When you have a purpose and a direction, then all choices are controlled and subject to that purpose. Purpose is a polarity, because you always have to go into judgment as to whether or not you are doing your purpose. Would you have to give up infinite beingness to have a purpose? Would you have to give up infinite beingness to have a sense that you are less than?

Would you be willing to have the greater life you could be having – even if you have no idea what that is? What if there was no reason to be here? What if you were just a random particle in the universe that had so much potency, you could catalyze everything into change, and that was the sum-total of your job in life?

What if your life only began today? Think about who you were yesterday…how do you like that person? Think about who you are right now…do you like that person more? Think about the person you will be tomorrow…be that person today. Be the space of you, instead of the time of you. The more space you are willing to be, the less you will be the effect of others, and the more affect you will have on others.

## Invention

*Notes from Level 2, Sunshine Coast Dec 08*

Invention comes before judgement. You invent something so that you can have the RIGHT place to judge your self from so that you can come to the RIGHT conclusions and create the RIGHT results. You invent something, you jump to conclusion and then you make it a source and that's how you get into self judgment. You invent things to make them forever; that's why you need to learn to live in 10 second increments and question.

Ask "What am I inventing here that creates this?"

Creation is about this reality. It's about matter, energy, space and time and prima materia. Matter and time are not real. Matter is everything you have made significant.

Generation is the functioning from energy, space and consciousness – that's you. You as a being are energy, space and consciousness - that's it. It's about being.

Scientists can prove that the molecular structure of anything will change just by you looking at it. Why? Because our consciousness alters that consciousness because everything in the universe is conscious. Every molecule has consciousness in it. If you can function from the ESC of you and the ESC of everything around you, you can receive from a whole lot more and a whole lot more will support you. The more you can receive the ESC of everything around you, the more your life is going to expand, the greater your life will be and the more you will be able to generate.


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You invent things as though that's going to make them turn out right and they will be what they are supposed to be. Anyone invent a relationship? You invent what you do for creating your body and your life. You are taking a premise, an idea, out of nothing and inventing it as though it is so.

We don't have the willingness to be in communion with things so we invent what relationship can be. Is family real or is it an invention? Invention. It's not even a creation. You invent it, you invent what your relationship with your family is and then you try to make it real based on that invention. You have decided something and then you have tried to bring it fruition based on DJCCs. So then everything you invent based on that requires you to make more DJCCs which gives you how much freedom? None!

Do scientists invent or do they manipulate things into existence? Manipulation is far greater capacity than invention. Improving the design or functionality of something is a creation. It's taking something that doesn't work in this reality and making it better so it will work in this reality. Invention of things is perhaps more correctly termed as construction from awareness.

You invent something from nothing then you start creating on the something you invented as though you are finally going to get the life you wanted. Except it was an invention in the first place. It has nothing to do with generating something different. An invention is not real. It has not been brought into reality and you keep trying to bring it into reality by making it matter, by giving it time, by putting the time and energy into it to make it real and important.

It can be an idea, a point of view, it can be all sorts of things but you start inventing based on it. For example: In relationship, you are waiting by the phone going "Oh my God, he didn't call me. Maybe he's decided he doesn't like me…" It's this reality. It's obsessing about the wrongness. Have you ever said "Oh I'm so fucked up"? Is that real, is that a creation or is that an invention? It's totally an invention and then you try to make it right!

What have you invented as right that isn't?
What have you invented as wrong that isn't?
Everything that is will you destroy and uncreate it all? Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.

What have you invented as you as not the source of your life?
What have you invented as others as the source of your life?
Everything that is will you destroy and uncreate it all? Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.
All distracter implants are inventions that we What are you inventing to cripple you?
What are you inventing as the source for crippling you with the people you choose in your life?


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have made real. You are crippling yourself with your inventions. You have to cripple you to create a handicap to keep you on an even playing field with everybody else otherwise your life would be too easy.
Everything that is will you destroy and uncreate it all? Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.
Without your judgment you can't cripple you. Judgment justifies your inventions. Judgments are inventions. When you invent something, it's a lie. You can't POC & POD an invention; you can POC & POD the decision you made that it is the right thing to do.
You came into a created society and you bought it lock, stock and barrel. Then you have been inventing ways to fit in.
What are you inventing to fit into this society that is an invention and creation of someone else?
What are you inventing so you don't fit into the societies and conventions of this reality?
Everything that is will you destroy and uncreate it all? Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.
You do judgment and separation of this reality instead of doing awareness of it. Does that work? What if you could use it? You are unwilling to do the science of manipulation. You can be in allowance of everything that is and be willing to see what doesn't work and ask "What can I do differently that would work – at least for me?"
You are willing to be wrong but you are not willing to be different. When something doesn't work you go into the wrongness of you and look to see how you can fix it. Would you give up being the fix it person and recognize that this world is broken beyond repair. Let's scrap it and do something different!
Polarity is not the problem. There's a singularity of judgement that people are functioning from. It's the singularity of judgment from which all things are created that is the problem. You don't have to go to judgment to invent; you just start inventing. And then you put yourself into judgment to prove you were right to invent that; and then you put yourself into computation to prove that there must be a reason to do that because even though it's not working, you have it now so therefore it must be real. You think because you can perceive it; it must be so. No, you can change it.
What generative energy space and consciousness can you and your body be that will allow you to access everything that's beyond time, dimensions, reality and matter with total ease? Everything that doesn't allow that to show up will you destroy and uncreate it all? Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.
You try and invent who you are so you don't have to be present in your life. While you have invention in place, you will never generate a life.
Invention is the box of your life and every limitation you have in your life is an invention. Everything except awareness is an invention. You invent constantly and there is no linearity to it.


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Every invention is a "not" or a "can't". Being space is the other side of that. You invent the "nots" so you can have something to undo so you can have an interesting life.
Invention starts from nothing and goes to solidification to prove the rightness of your point of view.
Creation uses matter, energy, space and time. It is by, fo and as this reality.
Generation is always an energy that will change things. By running ESCs, you take yourself out of the solidity you have created around your invention – it's a trick!
Generation is about beingness. You generate from "beingness" which is definitely not nothing.
You invent from "not beingness" in order to create doingness.
ASIS: Automatic Systems for Invention of Scenarios
The ASIS's are scenarios you play out in your head of what might happen so you can determine how you will be. It's a conclusion about what is going to happen. The conclusionary reality makes things absolute. You are looking at your life and what you are doing in a linear world and the ASIS is how you plan the steps. It's the "if then" universe. Perfectionism is an ASIS.
What you have been doing is adjusting you to fit into the scenario. Once you realize it is an invented scenario; you don't have to do that. You can just acknowledge what is and act as required without buying it as real. When you go to question, it takes you out of the scenario for a moment so you have the possibility of making a different choice.
It is a choice to invent.
Questions to use:
Is this an invention or is it a choice?
How many ASIS systems do you have to keep this in place?
What have you invented as the wrongness of you that validates the point of view you already have?

What have you invented yourself as that you are not?
What have you invented yourself as not that you actually are?

## Three Elements of Generation

The elements of generation are energy, space and consciousness. You are an infinite being, you are energy, space and consciousness. As that, you can choose to function from it and generate your life, it is a choice. Generally is not what we have been functioning from for about 4 trillion years. The awareness of the difference, we hope will give you a different choice, a different possibility, but it's your choice to choose it or not.

When you generate from the energy, space and consciousness it generates new possibilities, it is living as the question. You are being the generative quality of life when you are being energy, space and consciousness.


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When you go into the solidity of; *"this is the way it is, this is the way it should be, or this is the way it has always been, or this is what I want to accomplish,"* you are actually buying into the supermind's point of view. Then you function from the collective point of view. Then you are functioning from this reality as though it is real and that that is all there is.

There are things that get created from the supermind but they are incremental changes that are slow. When you have generative energy from energy, space and consciousness things happen like the snap of the fingers. Extrapolation is part of that energy, space and consciousness. Extrapolation is the generative energy of creation. De-molecular manifestation can occur when you have energy, space and consciousness. When you have the supermind you can't. Molecular de-manifestation also can not occur with the supermind. Nothing is allowed to change rapidly with the supermind.

What infinite source of energy, space, and consciousness without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly should be choosing, that if you would choose it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite energy, space, and consciousness of being? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What infinite energy, space, and consciousness without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing that if you would choose it would change all realities and non realities and manifest as the generation of indefinite life and the infinite generation of the potency, transformation, transmigration, and transfiguration of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

**Transmigration** is what they call teleportation. The actual name for it is transmigration. If you were actually space, energy and consciousness and you allowed your body to be that, could you then transcend perhaps the laws of physical reality? Would you actually have the possibility of transmigration? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and acknowledge that it is your choice? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Transfiguration** is the ability to change your shape instantaneously.


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**Transmutation** is the ability to change any energy into something that is different. By your very presence, you could walk into a room and change all those things that are not peasant to be with, so that the whole place bursts into laughter.

Welcome to wizard school.

## Energy, Space & Consciousness (ESC) is escape from Supermind

Asking "What ESC can I be?" is like the escape key from the supermind. They short circuit it. They get you out of whatever program you are currently running that is fucking up you and your life and allow you a different choice. Which is really bad because it doesn't want you to have choice, it wants to choose for you, but oh well darn it, taking the potency you have available out and using it. Look our reality, a different possibility just came into town.

(Please see printed section of facilitator's manual for multiple ESC's you can start running every day.)

## Energy

Every particle of the universe has energy and consciousness. As infinite beings we are energy. We be it. When we ask a question and be the question, that energy goes into action.

Our willingness to perceive, know, be and receive the energies of the universe is our ticket to total awareness. Our awareness of energies gives us information of what is. From that space of being we have choice. Whatever we choose puts the energy of the universe, the energy of consciousness into action that shows up as our life and what it looks like in this very moment.

As the energy, space and consciousness we are, we have the potency and ability to manipulate and transform all energies. There is no energy that is unavailable if we choose to perceive, know, be and receive it. Energy is the substance by which transformation occurs. Energy is present, mutable and changeable upon request.

## Space

If you look at where most people create their lives, do they create from space? Nobody even knows what it is.


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You are not allowed to be space with the supermind. You are supposed to be connected to the unconsciousness and the anti-consciousness of this reality. Somehow we have agreed to hold it in place.

Part of the reason nature feels so good to you is that it is being space, energy, and consciousness. How much anti-consciousness does a tree choose? None. How much anti-consciousness does a lake choose? None. It's being consciousness, just because it is. It's only the humans and the humanoids that choose anti-consciousness, and thereby create solidity, and thereby create destruction.

Every decision or judgment or conclusion you come to, you stop space. Can you actually stop space or, do you stop yourself in space? You stop yourself in space. You take what would be space, what would be something that would continuously expand, and you go, "No, it's only this." When you do that, where is the opportunity for the universe to show you something greater? How many times have you made a decision about what you're going to create, and it's not working out well, but you don't want to acknowledge it, because you have decided that's what you're creating?

How many times have you done that in relationship? When you do that, its there any space for you to be you? Is there any space for them to be them? How much energy was there is the relationship before you made the conclusion? How much energy was there is the relationship after you made the conclusion? You are no longer generating the relationship. You have come to conclusion, and now you are creating, on the way to destruction of the relationship. You're maintaining.

**When you're not able to be the space of you**, the first thing to look at is unlocking where you're connected to the supermind, or where somebody else is trying to connect you to the supermind, or where you're aligning and agreeing with the supermind, or where you're aligning and agreeing with somebody else's point of view about what has to be done. It's guaranteed they're connected to the supermind if they're requiring any alignment and agreement from you. When you're not connected to the supermind, you do not require alignment and agreement from anyone or anything.

It is very interesting, I perceive this space thing from people ever since I have been facilitating classes. That is about 7 and a half years now. And I always wondered what was wrong. I didn't get until today that it was the people in the classes' point of view about space being a wrongness. I always thought; "how can I get them to be more aware, more connected or not judge it, blah, blah, blah, blah, blah." And **I realized today that it is the point of wrongness that you have about you, should you have any sense of space.** That that sense of space "feels" like something is wrong. Once again, how much of that is the supermind? How much will the supermind do to just sort of pull you back in? It's like a good friend that really


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doesn't like you. Like that one you have as a best friend and you find out they have been sleeping with your girlfriend for the last five years, while supposedly being your best friend. That is sort of like the supermind. Everything that is, all of the space you are that you have refused to be based on the supermind, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

If you truly would like to become more space start asking questions.

The question you can ask yourself; **"what energy, space or consciousness can I be that would allow me to be free of the supermind?"** Notice when I ask that, there is something that shows up for you. This question is brilliant. "What energy, space and consciousness can I be that would allow_____"

**"What energy, space or consciousness can I be that would allow me to create way more than enough money to go to level one?"**

**"What energy, space or consciousness can I be that would allow me to absolutely love, adore and be grateful for me and my life?**

**"What energy, space or consciousness can I be that would allow me to let go of all limitations and be the space I truly be?"**

Then you **POC and POD anything that doesn't allow that to show up.**

Awareness doesn't have anything except space. When you are being energy, space and consciousness you are aware of everything. Where do you have to go to not have the awareness that you actually have? A place where you are fucked up, a place where you are not the space of you. In order not to have the total awareness of you, in order to show up in your own life as stupid anywhere, or as not totally aware; you have to do something that allows you to buy the lie that you can be less than infinite. Were ever that is for you that you go to, so that you can be less than you, everything you have created and destroyed to create that, will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*Since we have been doing the supermind thing I am very aware of when I feel it connect in. Like on the drive here, I had no sleep, I took a flight here, I felt great and then…*

"And then," notice when she said, no problem *and then*. Because you couldn't maintain that much space, right? That would be bad, you have to have a problem with everything, that is what your best friend the supermind tells you. *"You must have a problem with everything."* You are going along, you are not having a problem, but notice when you don't have a problem, you wonder when the problem is going


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to come? You ask, "what's it going to take to pull me out of this space? What is it going to take to pull me out of this so I've got the problem, because I know who I am when I've got a problem, I don't know who I am now, what is it going to take to know who I am, because I know who I am when I have a problem." How much of that is the supermind? Everything that allows that to exist, everything that allows that to be more real than you, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

**Please get this, when you are being space and you choose not to be space, there is something you perceived in the world and you decided to conclude something, judge something or you decided something. Decisions, judgments, computations and conclusions are your way back to the supermind. Whenever you choose one of those things you are hooked back in.**

## Space as nothingness

We've mis-applied and mis-identified that space is empty, space as nothingness, a barren black hole. That is the supermind illusion of space. Space is not barren. Space is full. Space is everything. Space is infinite possibility, infinite creation and you have infinite energy. Consciousness is energy. Consciousness has infinite energy, it is infinite generation. So that space where you're not thinking is where you're actually being. But the supermind will tell you; *"oh look, you're ceasing to exist."* It tells you that *not* thinking is wrong. That *not* feeling is wrong. Not having intensity of emotions is wrong. It tells you that sex and no-sex is wrong. It doesn't want you to be space, if you are space then it has no control over you and it has no place to connect to you, it can't find you. If you are being space it doesn't know what to do with you. It gives you the black hole that is barren as an illusion that you are then being space, so you will not choose to disconnect from it, or become invisible to it by being space.

The moment you ask questions it starts to brake up because it is an illusion that the barren black place is space; it is not. That is where the idea of nothingness came from.

The **still points** people go to, those are also the supermind.

## Infinite Boredom

What infinite boredom without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and infinite joy, possibilities, and creation of and as you? Everything that is, will you revoke, recant, rescind, reclaim,


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renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Space to you has been boring.

You have considered space as though it's boring and this as though it is something to do. The more intensely dense it is, the more real you consider it to be, and the more people who do intensity, density, trauma and drama; the more you will follow them and buy their points of view.

So Access comes along and says; "okay, space. We are no answer, we are the question." And you say; "oh, you're trying to take advantage of me." The only thing in your entire life that has not tried to take advantage of you and you decide it is the one thing attempting to take advantage of you; because it has too much space and it actually cares and it would actually facilitate more space. You are like; "no, this other thing is more real. I decided a long time ago and connected to everybody through it. You are lying about oneness by the way. You are lying to me about oneness, I know what oneness is. It is my supermind, I know this, you are wrong. Thank you." Your supermind goes; "good boy, good job." Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The supermind institutes as much boredom as possible because that way it has control. In the addiction to boredom – "I have nothing to do" equals where is my supermind? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Which is why I say humanoids need to have more things to do than they can possibly accomplish. And then they always accomplish them and more because they disconnect from the supermind by having too much to do. The supermind can not compute more than about three things at once. When you get up to 7-8 things you have to accomplish or do. 7-8 businesses or projects on line, the supermind jams and it doesn't know where to hook or what to do.

You have to start asking;

- What would be fun for me?
- What would I like to do today?
- What would I like to generate that would be so juicy and orgasmic that nobody I know would even know me while I was doing it?
- What would be so much fun that nobody even knows is possible that I alone know is possible that I would be willing to bring into my life?


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How much of your life is actually boring to you? How much are you lying that it is not boring to you? how much are you trying to make it not boring to you by pretending it's not boring to you so you won't know that it is boring to you, so you can pretend your life is not boring because you have so much to do, so many places to go and people to see. Boring. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Is boredom a reality for an infinite being, or is it something that you enforce on you? You enforce it. It's part of the supermind. Is it also part of what you have mis-applied and misidentified as space? That space is boring because there's no excitement in it, there's no trauma and drama therefore it must be boring. Everything that is will you destroy and uncreate it.

You got to get that what's fun for you is the shit that you know that nobody else knows. Everything else is a rehash for you. What about, 'hey what do I know that nobody else knows that I'd love to generate now?' Because fuck creating anybody else's way. For you that is boring as hell trying to generate somebody else's way. What if you gave up trying to generate according to somebody else's point of view and asked; **"what would I like to generate? Who am I, and what grand and glorious adventures am I going to have, and what the fuck am I going to generate that will be a lot of fun?"** You got to be in the question. When you come up with; "I don't know what to generate" that's an answer. What about; **"what would it take to know what to generate?"**

As a humanoid, keep asking, *"What is the **beyond this reality** way that I could do this?"*

## Speed of space

*How can space be speed?*

One of the things they say in physics is that light is the speed limit of the universe. Nothing goes faster than the speed of light. Science itself has proven that that is not true. They had two corresponding particles on either side of the planet and they watched as one shifted and the other shifted. And they shifted so instantaneously that it was faster even than the speed of light. So they disproved their own theory.

What if the speed of space was actually the speed of consciousness? What if consciousness was so much faster than the speed of light and not linear but a simultaneous concept? What if speed according to that, is not the dependent on time and distance, because what is speed? Distance over time. How much distance you can travel over a given amount of time. What if the speed of space is


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how much space you can be, and the simultaneity of space that you're willing to occupy? Then you'd lose your mind.

Notice we talked about generation as energy, space and consciousness. What if this is the key to generation? The other part of this is the integers for the slowness of change. How much have you decided can't be instantaneous? And if it is, how often do you un-do it? Often, you've got to prove that didn't occur.

The speed of change is based on space. So the speed of space is different from the change rate (the integers of change) that are allowed in the supermind.

Someone like Richard Branson is functioning somewhat outside of it because his willingness to receive is greater than most people on the planet, so the speed at which he does things is consistently growing. Oprah stepped out of it to some degree. Now she seems to be stepping back into it because her integers of change are becoming more and more limited. Somewhere she has bought into it and she is slowing down what she is accomplishing.

*You said "the speed of space." Isn't speed a creation?*

Yes, but the "speed of space" is that actually a speed or is it a way of describing how truly quick you can be if you were to truly be the space of you? How fast would an infinite being create something? Instantly. How fast would an infinite being generate something? Instantly. As an infinite being you'd ask for something and it would show up, right? Would that be the speed of space? Yes.

One of the things I've noticed with people in Access is they start asking for things and it starts showing up for them a lot quicker. Have you guys who have been doing Access for awhile noticed that? Yes. You ask for something and it seems like it can show up so much more quickly. Have you ever done something that you were so ensconced in it you didn't care if you ate? You're doing it and it's midnight before you look up and go; "oh my god, it's midnight!" But in one day, you have accomplished 10 days worth of work. You say to yourself; "how did I do that?" "How" is a function of the supermind. Asking "how did I do that?" then you go to look for "how." What if you just went; "wow, that is so cool! I'm so cool, how do I get any better than this?" which is a different point of view, but that is the speed of space. Where you ask, you shall receive. Were also you have this ability to not go linearly through life, but actually to function in the simultaneity.

If you were willing to be the speed of space you would have instantaneous knowing.

If you were willing to be the speed of space, if you were willing to have infinite awareness, could you be stupid? No. How many subjects of life, about life and in this world do you make yourself stupid about, as though you don't have


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awareness of them? Quite a few, almost all of them? Yes. I can only have awareness in one area, or I can only have intelligence in one area, or I can only be speedy in one area. Would that be true for an infinite being? No. Is there only one area where an infinite being can have awareness? No way. See the difficulty is you are all a master of all trades and a jack of none. One day you will know what I am talking about.

## Being you, generating space

*I had an amazing experience yesterday. I went to lunch and in my mind, I didn't have a thought, I was completely in space and it was freaking me out. I couldn't even formulate or articulate a sentence and I was like "oh my god!" and I came back and K. ran my Bars, thank god. It helps immensely. I went home after class and I was so excited and I just wanted to share it but I couldn't articulate it. It was like "it's really cool, it's changing my life and I don't know what else to say about it." There were no words. Then I went to bed and I had all that supermind stuff coming up but it was very cool because I know there is choice and awareness, because I'd be like "oh, here is my supermind and here is me aligning and agreeing with that and isn't that interesting and interesting point of view." Then being able to make another choice. Then you are sleeping and that is when your supermind loves to process.*

That is when it tries to find more ways in, yeah.

*But then I just kept saying to myself; "all of life comes to me with ease and joy and glory" and I woke up a few times during the night with the supermind doing it's thing and I kept clearing and I woke up this morning and I felt amazing. Like better than I have felt in a long time, so something is happening.*

Yeah, well put. Thank you so much for that, that is really cool. Did you all get the energy of that? When she speaks about that it's like – you are conveying the energy of it weather you have any words or not. One thing you might do is just be that then say; "you want a hug? Here let me share some of this with you." Or just be that and they can't deny it. You can say; "I would love to tell you but I have absolutely no words, how about a hug?" or "I would love to tell you but I have no words, how about if we just hang out like this for just a minute? Doesn't this feel cool?"

Because when you be that space you are infectious, you generate space for other people.


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## Consciousness

When you function from consciousness, a whole different reality occurs. I don't function from anything except question. When I say I have no reality, it is truth for me. I have no solid point of view about anything. I have awareness's of all kinds of things. It's not that I am always right; what I usually say is correct, because it works. It's not right. You have to have a judgment in order to make it a rightness. When you are trying to be "right" about your point of view, you have how much freedom? None. There is not an ounce of freedom in rightness. Total freedom comes from total awareness.

In functioning from awareness what I say is usually correct, usually works. It is most often about 98% of the time the way it is. But I am not talking from the rightness of my point of view, I'm talking from awareness. I also never remember it. I am "crafty" - Can't Remember A Fucking Thing Yet. You have got to recognize that when you function from this consciousness you don't come to conclusion about anything. Therefore you can change on a dime in any direction you are going and never be at the effect of anyone or anything, and never be solid, and never be solemn. You loose your solemnity.

You want to be aware of everything. Awareness is; you know what the future is going to be. I know what the future is going to be, I just don't know ***how*** it's going to show up. What most people say is; "I don't have a picture of what the future is going to be." You can't have a picture. You can know what it is going to be. You can't have a picture of it because a picture is like there is only one movie and you are on the movie track. Like making your life into a movie set, or a movie screen, or a moving picture is really not in your best interest because that has nothing to do with the generative capacity of you the being. What else is possible does not compute. The thing about the questions that we ask like; "what else is possible?" "What are the infinite possibilities?" All of these questions that we put out to you guys to use started to disconnect you from the supermind. Which is why Access has been changing so much; because we have been closer and closer with every one of you who asks questions all the time, creating a place where this can go away.

What if nothing was real? What if nothing was true? What if everything was just choice? Notice when I asked those three questions the supermind went; "huh? ugh?" It starts to die. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

That is why it is imperative to constantly ask questions. If you constantly ask questions, the supermind can not control you. Every judgment, decision or conclusion you come to allows the supermind to take control again. It is the source of all doubt about what you are choosing. It is the source of all distracter implants.


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# Four Elements of Creation

The four elements of creation are **demand**, **question**, **choice**, and **duplication**.

The information here, even though it is not the same in application, it is what you will see in other people. Then if you see it in other people you won't try and buy into their point of view, you will realize what they are doing. So all the information in here is valuable based on actually being able to see what someone is doing and knowing you don't have to buy that point of view. One of the greatest difficulties most of us have is we see someone who has some part of their life right and we say; "gosh, I want to be like them" but, what you don't see is the parts of their life that aren't right. If you want to be like them you will become their supermind. You get all of it. It is important to have these awareness's because then you can really choose.

When you make a demand it functions in this reality. When you do a **question** it starts to disconnect from the supermind, when you do **choice** it disconnects from the supermind and when you do duplication, sometimes you pull the supermind back in.

Demand is what is necessary to overcome the limitations of this reality. Otherwise you are functioning from the supermind's point of view that "this is limited and you can't change it." Demand is the way to change a part of this reality because it does ***create*** change. If you use energy, space and consciousness you will generate something entirely different. When things go; boom, boom, boom. That is when you are being the energy, space and consciousness. Everything moves and happens. When you are doing demand it is a slower system to get the result. The more you will be the energy, space and consciousness the quicker everything can occur.

With duplication, if you went to duplicate Donald Trump, let's say because you wanted his money. If you duplicated him totally you would end up back in the supermind that he functions from. Not a place you want to go. But, if you duplicate just the energy of his idiot savant talent for creating money, is that an energy? Yes. So if you duplicate from the energy, space and consciousness that creates, no problem. If you duplicate from the energy of time, dimensions, realities and matter – problem.

What you did with your parents is you duplicated everything they were, thinking it was you and you came away with the supermind as yours. That is a form of duplication that is ***not*** in our best interest. If you duplicate just the energy that would generate that result in your life, then you are functioning from the energy, space and consciousness that will allow things to happen.


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When you try to understand or catch the supermind it is like throwing yourself in the water to catch a great white shark. Don't make yourself the bait for the supermind.

Humans create from duplication, force, effort, violence, decision and judgment.

**Four Elements of Creation are:**

**Demand** of you – *no matter what it takes I am going to change this!*
**Question** – *what would it take for this to change?*
**Choice** – *I have all of these choices available to me, what do I choose?* Remember no choice requires longer than 10 seconds.
**Duplication** – we can duplicate anything. *I duplicate the part of _____that in consciousness can generate/generates_____.*

Demand is a way to change a part of this reality. Demand is what is necessary to overcome the limitations of this reality. Otherwise you're functioning from the supermind's point of view that something is limited and cannot be changed. When you go into question, it starts to disconnect from the supermind. When you do choice, it disconnects from the supermind. When you do duplication, sometimes it starts to pull the supermind back in.

Demand is a way to create change, but if you use energy, space, and consciousness, you generate something entirely different. Things start to happen with ease. When you're doing demand, it's a slower system to get the result. When you are being question, requesting of the universe and asking true questions, the more you can be energy, space, and consciousness, the quicker everything can occur.

**Demand** is: *"I'm not going to live like this anymore. No matter what it looks like, I am going to change this."* That's the demand. If you make a demand on yourself, all things start to change. You don't have to know how it's going to change, you just know that it's got to change. Then you go into the **question**, *"What's it going to take for this to change? What's it going to look like for this to change? What else would I have to add to my life to make this change more rapidly?"* It requires you to ask the question. This is getting the universe to work for you. Then, when things start to show up, **choose** based on the most number of **future potential possibilities** that are being generated by the choice you make. The last part is to **duplicate**.

Generation is the spark. It is about awareness more than anything else. It doesn't necessarily have to do with doing. Often construction is also required; that is the element of doing required to bring the creation into existence here. Ask: "What would I have to construct for this to occur?"


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## Demand

Demand is, "*Okay, that's enough. I'm not living like this anymore. No matter what it takes, I'm changing this!*"

Example: No matter what it takes, I will be infinite perceiving, knowing, being and receiving in totality.

- I can.
- I demand I acknowledge me as the source of the generation of everything that occurs in my life.
- I demand I look at what I am creating as limitation.
- I demand I be the 10 Commandments.
- I demand I be the greatness of me.
- Whatever it takes I will generate my life.

The reality is; "**nobody can take care of me better than me**" is the demand you make on ***yourself.*** When you make a demand the supermind can not connect to that. Like; "fuck this shit, I am going to take care of me." Where you make a demand on ***you***, the supermind has no connection. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Why doesn't it feel easy?*

It isn't really, especially for a humanoid because you question everything. Then of course you judge you. The difficulty is, it wants you to judge everybody else because then it has more control of them as well as you. When you judge primarily you, it has less sway in your life, than it does in others.

*Our willingness to question in some areas has been totally easy, in other areas we're like; that's not possible.*

Have you said that or has the supermind told you it's not possible? Supermind tells you it's not possible in this area.

## Question

An infinite being generates life by asking questions! For generation, the question is, "What am I going to have to do different that's going to create this change? What am I going to have to do, be, have, create or generate that's going to be different than what I'm doing now?"


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Then things will start to show up in your life and you're going to have to choose. Each choice opens a new possibility. You tend to stop asking questions when something shows up in your life and you try to make the right choice, instead of going, "Okay if I choose this, this….If I choose this, this…." You want to avoid coming to conclusion. If you will follow your knowing and follow what you are aware of, (that annoying thing called "following the energy") then you will always move towards that which expands your life and possibilities.

When we are living as the question, being the question, then there is no conclusion possible.

To generate your life you must look at what ***is not*** working and ask;
**What would it take to generate something that would work for me?**

What if life is about generating yourself? (Not finding your self.)

Instead of saying, "HOW did I create_____?", say, "Wow, I had no idea I could create that that way. What would it take for more of that to show up?" This is in regards to things that show up that are magic in your life. You have to acknowledge your creation in order to have more of your creation.

Claiming, owning and acknowledging that **"I can"** be, do, have, create, generate anything, from the question, "**What else can I……?"** will expand the possibilities of what is able to show up. Since you are an infinite being, there is no limit to what is available if you are willing to receive it and keep asking questions.

- Is this rewarding?
- What would I choose if money wasn't the issue?
- What would it take to create a phenomenal life?

What you want to start looking at is – what would a phenomenal life look like to you?

Who does this belong to? And why doesn't it (pain in the body) shift.

## Being the question

There's a difference between using the questions and being the questions. Being the question is where you're actually in the question regardless of whether or not you're asking the question verbally. And functioning as the question all the time.

Not coming to a conclusion, 'this is mine. I'm sick. I've got a problem. Boy this sucks.' Any of those conclusions will solidify that point of view. Why? Because of the potency you have. Because of the potency you have that when you take a fixed point of view it becomes as solid as it does. It's also because of the potency you


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have that if you choose to change it, you can change it like that. If you didn't have potency you wouldn't be able to solidify it as much. It would take a longer time. But also you wouldn't be able to change it as quickly.

When I ask those questions I go from the place of "wow." The assumption is "wow what if it weren't mine?" Then I go, "is this mine?" See your assumption is "this is mine." Then you go, "is this mine?" Well you've already decided that it is. Why do you bother asking the question? And you know how it feels when you've already decided that it's yours because you think "I'm going to ask this question and I know it's not going to change." Yeah you're right because you've already come to the conclusion that it's yours.

If you start functioning from "not the conclusion," you'll start having freedom that was not possible before that. In the conclusion that you feel it, you own it.

## Choice

You have the ability to make a choice and that opens the door for multiple opportunities to happen. You generate future potentials based on every choice you make. I look at the choice based on how many future potentials will be generated from the choice I make. If you will start to function from that, rather than the right or wrong choice, but how many future potentials will be generated from this choice, you'll start to come off the linear perspective of having to do it from a right or wrong point of view. What I see people doing is jumping to conclusions and trying to generate from that as though that's the right answer and all there is. A question to ask is: ***If I choose this, is this going to be rewarding? What choices can I make today that will open the door to the most rewarding choices? What would be a rewarding choice?***

The choices we make create the limitations, the choices we make generate the infinite possibilities. What are you choosing? What do you choose?

When you make choice in 10-second increments you generate you, your life and infinite possibilities.

It is your choice to choose or not choose. Either way creates something that ***is*** your choice. If you don't like it, choose again and again and again and again.

You assume you have to choose everything. Only choose what's going to create what you asked for.

If you're willing to see the future, you can ask, "What's this choice going to bring?" "If I choose this, what will it create in my life?" and be willing to see what the


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future will bring if you make that choice. Follow the energy of it. What is the result in 3 months, 6 months, 1 year, 2 years if I choose this? If at any moment in the future it will result in some energy that doesn't feel like what you would like to have in your life, don't choose it. If it does feel like what you would like to have in your life energetically go for it, even though you have no idea what it will look like or "how" it will get there. Say you have at least 10 choices, you can look at what every one of them will bring into your life, and you can say, "I like that one the best, that's going to go into really interesting places."

When I was talking about choosing expansion, I was talking about expanding possibilities, an expansion of your life as such. I can see an opening occurring in my life from a choice I make, that's what I call expansion. Most people looked for what was most expansive as being the right answer. That isn't what I meant. Better to ask, "What's this going to bring?" "Is this rewarding?"

You can expand what is possible for you. Every time you choose from a conscious place, you generate a plethora of possibilities. Every time you go against your knowing, you kill every possibility that you generated. The one thing you cannot do without destroying you is go against what you know.

If you go to answer, you stop generation. Every answer is a completion.

## Duplication

We, as the humanoids we are, have the ability to duplicate anything. Humans also have the ability to duplicate and it is also one of the ways they create. At the moment almost all of us humanoids and humans duplicate automatically, usually in order to understand, have the right answer and way of being to fit in.

The problem with duplication is that you were not taught how to duplicate; you were taught that duplication would get you what you wanted. The difficulty is when you duplicate someone else's world you get all of their insanity, their right and wrong, their good and bad, their judgments and everything else when you duplicate their entire reality.

What you want to do is **duplicate the part of them that in consciousness is generating that quality.**

Whether it is creation of body, creation of sexuality, creation of money, what ever it is that you are asking to have in your life, you ***don't*** want to duplicate everything the person has, you want to duplicate that part of them that generates that from consciousness. If you do not ask for that, you will end up duplicating EVERYTHING about them in an attempt to have the talent and ability you are


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interested in having. Duplication is the ability to match someone's energy and become it. It is a talent and ability.

What you really want to do is go:
What is her ability to generate that image?
What is that thing that allows her to generate that?
Feel that energy that allows her to generate that and duplicate just THAT.

(For example) You take someone who is successful. Think of someone (like Donald Trump) you know who is successful by your standards, who makes plenty of money and does wealth, and who never seems to have a problem with money. Take that energy and ask for that one spot in that person, the consciousness they have and are, from which they generate that success. Feel that energy, does it feel light? Now duplicate THAT vibration and ask THAT to be part of your life, *not* everything else.

To generate through duplication, ask what that energy would feel like. You take somebody who has the kind of energy, if you wanted to duplicate the body of someone, you wanted your body to feel or look a certain way, you would ask your body to duplicate that energy and become it. "Body, can you duplicate and become this kind of body?"

With **visualization**, you are not generating from visualizing something you don't know. You are duplicating what somebody else has already created or what you've decided is appropriate to create, based on seeing somebody else's creation.

**Understanding** creates automatic duplication of EVERYTHING that the being is being. You not only get the consciousness, talents and abilities; you also get the anti-consciousness, unconsciousness, insanity, judgments, etc. You take on every vibration that they are. It always means duplicating everything that is nuts about their life and being every part of it.

Any time you try and ***understand*** what they are accusing you of, you must **duplicate** their stuff. Unfortunately, when you duplicate their stuff, you get their insanity and there pain and suffering along with their "understanding", but it still doesn't make sense to you because it is an absolute conflict to your point of view. So all the places in which you were accused of anything and duplicated and became that vibration in order to understand it, will you now destroy and uncreate it all? **Right and wrong, good and bad, POC & POD all 9, shorts, boys & beyonds.**

Just by the concept of understanding you key in the supermind.


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If you would just perceive where they function from and not care about understanding it, you wouldn't stick yourself. Instead, you would ask, "Why would an infinite being choose that?"

**Resisting and reacting, aligning and agreeing** also creates automatic duplication of EVERYTHING.

As humanoids **we have the ability to choose what we duplicate**.

If we will be conscious in what we choose to duplicate we can start to generate our life and have more space, ease and expansiveness in being our cute little infinite selves. We can give up functioning from judgment, solidity and limitation.

You as the humanoid cannot duplicate and do the same thing over and over again, and get the same result; you must of necessity always **look for what else is possible**. What else can I do? You have got to recognize that power, that talent and ability and you must never seek validation or awareness in another for it, you must only be willing to acknowledge yourself. Acknowledge yourself.

If you do not choose specifically what energy it is you are duplicating you will automatically duplicate everything.

## Generating Your Life or Creating Your Reality?

You have a choice. You can either generate your life, or you can create a reality.

Now that you know more about generation, energy, space, consciousness, creation and extrapolation; would you consider looking at your life and what you have been functioning from? Incase you've forgotten, this is what creating your reality looks like:

To create a reality requires two or more people to align and agree with a point of view. Because as humanoids, you don't have a reality, and you have to work really hard to create a point of view, you will always buy somebody else's point of view in order to create a reality. If you were to generate your life, no one else would have to agree with you, and you would never have to share your point of view with anyone. So what would you rather have? Your life? Or a life based on somebody else's reality? So far, what you have been doing is creating a life based on other people's realities. You create your reality based on your parents' points of view, your family's points of view, your sisters' and brothers' points of view, your children's points of view, or the traditions of your society. None of it has anything to do with *generating your life*.


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You have to be willing to look at what part of your life you have created just for you, not what is based on what somebody else needed from you. What you are not willing to look at is everything you did to get your parents out of your life was the way in which you started to generate your life. Because family is important in this reality, you will adopt somebody as your family in order to fuck yourself up.

To begin to generate your life, ask: ***If I were generating my life in this 10 seconds, what would I choose?*** Each choice is only good for 10 seconds. The difficulty is that none of us have actually chosen for ourselves. We've been told that that's selfish.

As a humanoid, keep asking: ***What else can I add to my life that would bring me more money, that would give me more joy, that would give me more of me?***

If you don't have enough to do in your life, what you have to create is a problem. What would you really like to create? You keep trying to eliminate things from your life, so you can get your life under control. As a humanoid, you like to create from chaos. Notice when you have too much to do, you're happiest.

The greatest difficulty you as a humanoid have is that you keep trying to simplify your life. You have to add things to it, not remove things from it. Do you ever notice that when you are working on something you enjoy, you forget to eat? You have plenty of energy, you are totally present, you are happy beyond your wildest dreams. It is almost better than sex.

When you are always looking for something greater, you are in the beginning process of living in and as the question. If you in and as the question, your life will always be greater. Whenever you have a choice available to you, ask: ***which choice will be the most rewarding?*** When you do this, you will not try to create the "Lord of the Rings" choice. It's not about right or wrong choices; it's about learning which choices are going to create more possibilities for you. When you do that, you then start to create your life. As long as you are trying to get the best choice, or the right choice, or the lightest choice, you are choosing based on somebody else's reality. More right or more light is a judgment. You have to look at numbers of future potentials, rather than the right answer.

In order to generate your life, you must generate your life outside of this reality. You cannot generate your life inside this reality. All you can do is align and agree with other people's point of view. Reality is a contraction and a limited point of view - life is a consistency of infinite choice. Reality is always a contraction in order to align and agree. You adapt yourself to someone else's reality.

Your life can sit outside this reality and does not have to be a part of it. Your reality must always have an agreement with someone else for it to be real. Do you get the distinction? Your reality always has to have an agreement with at least one other


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person. In order to have a reality you must have at least one other person that agrees with your point of view. ***To have your life does not require anyone else to agree with any point of view that you have or any awareness you have.*** And if you wish to have total awareness what you must seek is your life, not your reality. You must seek your life, not a reality. There is no reality that is real except but two or more people make it so.

The problem is, you keep looking to the past as a reference point, as though there must be some truth or reality to it. The past is the only way you can perpetuate the limitations you currently have into the future. If you gave up all your past, then you'd have to start living your life today, and you'd have nothing to talk about – which is why you keep the past in existence. As long as you have a good victim story, then you have a way to keep creating relationship with people.

Creating a reality is all the busyness – doing things for other people. That creates a sense of resentment. Instead, look at a time when you were really joyful in what you were doing, and you had no sense of giving up any part of yourself in order to be happy.

You don't generate your life from the past, the obligations, or the promises. What if promises were only good for 10 seconds? How many promises, commitments, oaths, vows, swearings, fealties, and comealties are you stuck with from other lifetimes that are connected to the supermind? All of those, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys, and beyonds.**

How many of you have a menu of motivating factors? What if the only real motivation is choice? When you create motivation to create your life, you're not actually generating your life. All you're doing is creating the pressure cooker that forces you into doing things. Many of you created the problems in your life to force you into getting conscious, whether it's money, bad relationships, bad health, or whatever you chose. Will you now acknowledge that you created that so you'd get conscious? Will you destroy and uncreate everything you created to force you to become conscious and just choose to be conscious? **Right and wrong, good and bad, all 9, POD, POC, shorts and beyonds**

***What if you never made a wrong choice? How much of what you have chosen in the past was designed to get you here today, so you would actually choose for you, as you, as consciousness?*** Everything you are unwilling to perceive, know, be, and receive about that, will you rescind, revoke, recant, renounce, denounce destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD and POC, shorts and beyonds.**


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## You are source of your life, not the supermind

Every time I say "source" as though it refers to you somehow, I get this blank stare. That is okay, you can have the supermind as the source of your life, you don't have to, it's good, it's there for you, that is what it was designed for. You created it. That way you don't have to BE. Good. Don't claim and own that you are the source, don't choose it and don't acknowledge it. In fact, you are not allowed to. No, fuck you, you are not allowed to. No way, you are not allowed to be the source of your life. You are not allowed to be the source of energy, space and consciousness because I won't let you. You can't be the source of energy, space and consciousness in your life. Everything that is, everywhere you gave someone that kind of power and authority of over you in some lifetime and are still attempting to as though it is a good idea, everywhere you are listening to anyone other than you about all of that, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and all of the positional universes connected to it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Because then it would be bad if you were the source of energy, space and consciousness, because then people might want something from you. They would want more shit from you than they do now, and they already want all kinds of shit from you and you don't want to give any more. Yes, they want a consciousness injection, exactly. Tell them, "yes, I know how to do this, it requires my entire hand up your ass. Are you still interested?" See how many of them run the other way. Those that don't you might actually have fun with.

## Creation beyond this reality starts with generation

Why would you want to create beyond this reality? How much joy do you see in the world? Everybody (with very few exceptions) is creating from this reality. There is no sense of abundance in this reality. There's no sense of prosperity in this reality. There is a sense that competition is real, and you'd better get your money, and that you can't generate from space. Beyond this reality, you generate from space. ***Generating from and as space***, you continually generate from more space and you don't have to go back into the pile of shit you used to call your life. You just keep going "what else is possible?" This is an extremely new concept.

Do you know of anybody else that is doing anything weirder than Access that actually works?

It is important to recognize these concepts, these are the ways in which you will generate a different possibility for you in life. There's receiving involved in generation. In order to generate it you've got to be able to receive a different possibility.


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What is generative life? It has no target, it has no goal, it has no purpose. Goals, plans, purposes and mission statements are the supermind.

Why do businesses start to diminish after time? Because they set in concrete the supermind of their mission statement, their purpose, their goals, their targets. In so doing they can never get beyond the judgments that are necessary to maintain it as truth, instead of being able to generate and change it at will. It is a free will universe but when you do mission, purpose, goals, targets, all that kind of stuff; the moment you do that you start to kill what has been generated. Everything that brought up, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if life was fuzzy instead of focused? Generative life is actually fuzzy. It has no sharp edges.

Supermind life, created life; has focus. It has squares and boxes and everything is defined. You are trying to make me define it so it fits the supermind's point of view of reality. It is your addiction to that you have decided is the proper focus. It is your decision that "if I am more aware then everything will be sharply in focus." No, nothing is in focus, everything is fuzzy. Generative life doesn't have sharp edges. It is energy, space and consciousness; what would be sharp in that?

## Question IS Generation

### Stepping out of doing into being

Generation is the question and the energy, it's not a doingness. You ask a question from being the energy of the question and things just shift. We wake up and say; "what do I have to do today that is going to _____ take care of, make me happy, change_____?" How much does a doingness for example make you happy? How often do you get happy with at doingness? It is sort of only when you complete your do-do list for the day that you are happy right? What if you asked; **"what would it take for me to generate myself as joyful today?"** Or, **"what energy, space and consciousness can I be that would allow me to generate joy as my life?"** It's like against the rules. I'm sorry, joy and I ask questions; what? One of the tools of Access is asking questions. We would like you to eventually live ***AS*** the question, where everything is a question.

Some one says; "I'm doing this great business, do you want to be a part of it?" Living as the question, you wouldn't go; "oh well, I like them so I'll do it." You would be questioning it. Is this going to work out well for me? Is it going to work out well for them? Is it going to be rewarding for them, is it going to be rewarding for me? So you start to function as the question and what J. said is generation is the


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question and the energy it's not the doingness. How many of you have gotten yourself so buried in the do-do world, you feel like you don't understand and you keep wondering "what can I do?" to be; except you can't do to be. You have to be; then from beingness you can do anything. Then you can have anything. Then you can generate anything. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Who am I?
When you truly generate change you don't know what that's going to look like.

You have no fucking clue and you have to be willing to have no fucking clue who you are. You have to be willing to wake up and ask; 'who am I today and what grand and glorious adventures am I going to have?' And literally have no fucking clue. Which is where I function.

Which means I've got to continually generate my life. Because I don't know what my life is, I'm generating it all the time. What that means is, when there's an opportunity presented I don't have a fixed point of view to rely upon. I go, 'well is this going to be rewarding or not?' It's never a point it's always infinite space. Infinite beingness. Which is infinite potentiality, infinite possibility and infinite generation. Space, space of being.

Still looking for what to do? "If I was just being, what would I do and how would I do it? What do I do, and how do I do, but I just don't know how to be." It is because there is no "how" to be. There is only, "what would I like to choose in this 10 seconds?" What would be joyful? What would be fun? What would bring huge amounts of money that I would totally enjoy doing right now?

If you are not willing to have a life without reference points, if you're not willing to walk around and have no clue who you are all the time, you are being run by the supermind. You're saying you'd rather have the supermind control you than have the creation of your life.

How much of what you have called "ego" is actually the supermind?

*What I have been having an experience with is; where is my personality? What part of my personality is me? What part of my personality is my supermind and where am I now? Where do I come from now? It's freaking me out.*

I hear you sister. Somewhere you know everything and that is the thing that keeps you going when all else seems to make you want to stop. Somewhere you know. Somewhere in your universe if you are going; "I'm not going back tomorrow!"


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Somewhere you know there is something else possible and *YOU ARE THAT SOMETHING ELSE*, somewhere you know it. So, that thing of wondering about your personality and wondering who the heck you are basically is appropriate and what it tells me personally as a facilitator, what it tells me is that what you are experiencing is a dynamic level of change because you can't actually hold in place who you are any more. Like I asked you this morning, is it possible that you got more change since you've been in this class than you thought you would get over the coarse of this lifetime? How? Because it's time.

Let's say you want to make a miraculous transition, okay. This is the old you, a bunch of paper and stuff, you want to turn into the new you, which is newfangled and has surround sound and you are actually joyful and happy and you can spin whenever you want kind of thing. You are going from here to here. From this one way of being to a totally different beingness, you are going to have to have no fucking clue who you are for a while. Not only that but it is not going to stop here at what you think that might be or look like, it is going to go into something greater. But in order to go from where you are and who you are and who you've decided you are not – to who you actually are, is going to take some time were you have no frigging clue who you are. That is were it is in the necessity of being in the question and living as the question. Like the one; "who am I today and what grand and glorious adventures am I going to have?" Literally when you wake up in the morning – literally; who am I today? Because then and only then are you actually generating your life.

Are you aware that most of your life has been on auto pilot? It has been an accumulation of the answers of what you think you got right, that you keep doing and perpetrating over and over and over and over again. I asked you this morning; is that enough for you? Are all of the conglomeration of the answers you've had enough? Apparently not because you are still sitting here (or reading this). Apparently not. I know it gets freaky. My suggestion would be to ask; what would be fun for me right now? It is very funny because this used to take months to get to. The place where you are right now, used to take months to get to, for some people years. For me that is pretty fucking cool. For you it is too? Awesome.

*I think it has taken us years to get here.*

You're right, you are absolutely correct. And it used to take months or years of Access, also, after the years of everything else you have done in addition to Access.

*I have all sorts of sensations going on all over my body. When I ask now I don't get any information. It's been around 6 months like this.*

What is the awareness you are having that you are not acknowledging? What happened six months ago?


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*Just about everything that is associated with my identity has gone away, my house, my relationship, everything that I new as me has changed.*

Yahoo. Would you be willing to have ten seconds of celebration for everything you thought you were going away? Can we all clap for her please? Nirvana is about three steps away, and I'm not talking about the rock band.

At any point did you decide it was a bad thing? Truth? Totally, all the way along the way, okay. Is it actually a bad thing or something that you had somehow asked for a long time ago without acknowledging?

*It was a long time ago I asked for my home.*

This home thing keeps coming up for you. Home is not necessarily a good thing because it is a set of fixed points of view about what home is. And are those actually your points of view, or are they the supermind's point of view and other people's points of view? Good will you destroy and uncreate all those please and stop trying to go home, would you be willing to do that? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

So this idea of home, how much of that is a generation or creation of the supermind? All of it. All of that, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? So you can find what coming home to you is, but know that actually being you is. Without having to continually look for some place that you have decided is you, that actually isn't you, but someone is whispering in your ear that it is, but it actually isn't. So you can't ever find it, so all you can do is be in judgment of you for never being you. Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

*With all the changes in identity that I have gone through; I have used a day timer since I was twenty years old and I just planned my life hour by hour I have got to do this. Something is going on energetically were it won't work with my computer, any of my programs, I've had everything start not working. So my "to do lists" have been removed form me and I'm trying to function without these lists and things to do. As your are talking I realize I have these lists that I have in front of me all day long and I create stress for me because I keep looking at all I have to do, then I mark it off, it is just a mark off and it is gone, but there is not any great joy in that I did it. It is just that it is just not there.*

It is not there to create stress any more. One of the things that happens when you do Access is you literally start getting ten times the amount done in half the time. I used to have the same do-do lists. I would have all these things on it, and I used to have those little things in the center of the Franklin Planners, if I write small I can fit 27, ooh 29…32, all in this little thing that annoyed the shit out of me all day long,


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stressed me out. When I finally threw my Franklin Planner away, I started getting ten times the amount done, literally in half the time.

You are right, it is there simply to create stress for you and how much of having that is the supermind? All of it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*I didn't even realize, so thank you for pointing that out. You know how in November, December they start coming out in Staples or where ever you see one; and this was the first year I said to myself, "I'm not buying one? What?" I have no idea.*

There is this weird thing called "being." I know it sounds totally strange to me too, I get that. But there is this weird thing were if you are being; like lets say you woke up and went, "okay so what would be fun and rewarding to do today?" Maybe I'll go to St. George, maybe I'll go to purgatory today, hey! That has got to be fun. I've got one leg in heaven and one leg in hell any way, why not?

So there is this thing called "being" were if you wake up and ask "what would be fun and rewarding for me today?" "What would bring me joy to do today?" "What would be more fun to do today than anything else I can do?" AND GO DO IT.

Sure you have to go to your job, cool. "What would be fun to do today at my job?" "What part of this would be joyful for me today?" Then go do it. You would be amazed that when you actually add this weird thing little thing that I am attempting to get you to consider called "joy" to your life, it's funny how much easier your life gets, and it get's more fun, and it gets more space, and then money shows up and you don't even know why. People giving you money, and you look at your bank account and go; "how did I get that money? Okay." That there, is very joyful. Would it be joyful for you to receive money in your bank account not even knowing how? Guess what, you have to be willing to let some joy in your life to even have that joyful experience. Does that make sense to anybody?

## No motivation

You may after this class feel like a bit of a couch potato, without motivation. Guess what, if you don't have motivation, what are you left with? Choice and beingness. You are left with you. How much of your life have you lived based on the motivation of "I don't have any money" or, the motivation of "I have got to do this to maintain my relationship" or, the motivation of "my parents said I need to do this" or, the motivation of "I need to create a life like everybody else, I'm going to go to college and do exactly what is right." What if you didn't have motivation as a source for generation any more, what if it were choice? Please know it is going to take some getting used to, it may take quite a bit of getting used to.


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When you realize "oh my god, I'm choosing the supermind and I'm choosing to walk around in a pile of shit" then you realize "oh, I can choose something else."

Choice, just because you can choose will become the replacement for what you used to use for motivation of choice. Question, then choice, then action; just because you can.

The unknown. If you are going to generate your life as a phenomenon, something other than the supermind, something other than that which has existed here before; does it make sense to you that it is already unknown, that it has to be? The supermind would tell you "the known" is what you want and that is all you want. That if you don't know it, it is going to be bad for you. That if you haven't seen it before and haven't already defined it, it is going to be bad for you. Is that true or is that just what the supermind tells you? Just what the supermind tells you. How much have you been unwilling to go into the unknown because the supermind didn't want you to go there? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Generating a Life

*Notes from Level 3 Sunshine Coast Dec 08*

The majority of the world has no motivation for life. People are just avoiding death as though that's having a life.

Everything you have invented to make you have no motivation and no desire for life; will you destroy and uncreate it all?. Right & wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

What does life mean to you?
What do you mean to life?
What does sex with life mean to you?
What does sex with you mean to life?

Do you know what life is? How do you know when you are having a life?
How much judgement do you have to use to determine whether or not you are having a life every day?
Everything you have done to make life the judge-able offence of this reality would you destroy and uncreate it all?. Right & wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

Have you been convicted to a life sentence? A life without parole?


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How many jails do you have to put yourself in in order to create a life without parole?
Everything you are doing to invent the jail of your life would you destroy and uncreate it all? Right & Wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

How much of your life do you spend doing things you don't actually like?
What are you doing the rest of the time?
Fulfilling someone else's needs, wants and desires, societies needs, wants and desires, the obligations of society or what everybody else tells you is the source of life.

What have you invented that it means it will lose what you have?
What have you invented as value and worth in life?

Let's look at what would you like to generate as your life?
How much time would you spend in one place? How often would you travel? Who would you be working with? Pick someone who will pay you! What kind of work will you be doing? Try lots of things until you find what you like to do!

**"What are you trying to get me to do that I don't want to do?"** This is the point of view which is holding you captive. Who and what do you have to judge to function from that point of view? YOU! If I said you can be a whore or an airline steward and you are functioning from this point of view, you would say NO. If you are generating a life you might ask "which one pays more?"

**"What are you trying to get me to do that I don't want to do?"** This is a resistance to life. If you are really truly willing to generate a life you have to be willing to be do have create or generate anything and everything. A "life" is the willingness to be or do anything you have to do or be in order to generate what you would like to have in your life.

If you are not willing to be or do whatever it takes to generate your life then you are always looking for what you don't want to do tat someone is going to try and make you do so you won't have to do it. And in so doing you are making it so you don't have to create or generate a life.

The purpose of generating a life is experiencing everything you can possibly experience; doing everything you can possibly do; being everything you can possibly be; trying everything you can possibly try… otherwise, why bother? Shoot yourself! Because otherwise you are not really willing to have a life.

Nothing and no-one can stop you having a life but you. You have to decide what you would really like to generate in life. You get those elements of what would be


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a great life for you and you put it out in front of you and you pull energy into it from all over the universe and let little trickles go out to all those people who are looking for you and then ANYTHING that comes along that feels like it - you do it- whether you like it or not.

You want the life you want to show up for you but you are not willing to do what it takes to get it. Do you expect things to show up for you because you have asked? "Ask and you shall receive" has become a limitation. You have to be willing to do whatever it takes.

What have you invented to make you not valuable? Unwillingness to generate your life makes you not valuable.

Are you willing to use all the tools in your tool box? There's something about you that was working before you came to Access… why did you give it up and why did you decide it wasn't consciousness?

What have you invented about Access that actually isn't Access?
What have you invented about what Access is not that it actually is?
Access is a giant question. If you lived as a question you would start generating the life you want. You have to be willing to be or do whatever you have to be or do to get what you want….

**You have to**
Be Aggressive
Be Persistent
Be Obnoxious
Be Avaricious
Be Demanding
Everything you have invented to not be aggressive, persistent, obnoxious, avaricious or demanding would you destroy and uncreate it all?. Right & wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

Everything you have invented to make you give up would you destroy and uncreate it all?. Right & wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

If money is your motivation, you will never have a life. That's not big nough or great enough to be worth going after aggressively. But if you go after PKBR everything and anything and are willing to be, do, have, create or generate anything to get there yu will get what you want. Yiou have to have that kind of aggression.


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See what you want and go for it as aggressively as possible. Allowance is knowing you're hitting your head up against a brick wall here and going "OK, that isn't working… what else can I do? What can I do different?" If you go after something and nothing happens, don't say "I WILL make it happen". That's hitting you head up against a brick wall assuming if you hit it hard enough you will get through. Instead ask "What can I do different? Why am I hitting my head against the wall when there's a hole over here? I'll go through the hole!"

Know what's right for you and go for it whether anyone else agrees with it or not.

**Be Aggressive in your very beingness**. This is what I'm doing, this is where I'm going. Watch me. And just do it and do it and do it until you get what you would like your life to be! Be willing to make that the target of your life. It's not about making a decision about what you want to do and making your decision right, it's about knowing where do I need to go? There. Ok I'll go there. Then Ok I've had enough of that. Next! And then move on. Being aggressive is not being in conflict, it's a determination to go after your life, to be the leader in your life. Give up the pretense of being nice and be nice to you. Use people if you have to.

Everything you done to invent yourself as NOT the aggressive bitch or bastard you truly are would you destroy and uncreate all that?. Right & wrong, Good & Bad, POC & POD all 9 shorts, boys and beyonds.

**Be Persistent.** Its not about going after the same thing and keeping to it. Persistence is about going after what you know and changing when you need to. Be willing to never be seen, perceived or acknowledged. Don't give up on where you are going.

**Be Obnoxious.** Its uncomfortable to pursue what you know and to be aggressive, people call you an asshole. But why do you care? It's the stupids who are having no life who tell you that you can't do it! Be willing to say this is what I want, and this is what I want, and this is what I want and have no point of view about how you get it. Be willing to manipulate to get what you want.

What have you invented as uncomfortable that actually isn't?
What have you invented as comfortable that actually isn't?

**Be Avaricious.** Seek money with great appetite. Be willing to take money from idiots. Get over wanting what you do to be valuable. The only thing valuable about what you do is that you do it and someone will pay you for it. Be willing to say I'm going to get money for this no matter what. Use all opportunities and don't worry about anyone else's point of view. Be willing to take the whole pie. It's not from a place of scarcity or greed, it's from an awareness of abundance. I'm taking this pie and you can ask for one too!


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**Be Demanding**. No matter what it takes, I will be and do and generate whatever it takes to get this or have this. You have to demand it of YOU! Sometimes it means doing the shitty work. It's not about having slaves. Be willing to deal with everything… the good, the bad and the ugly.

I work all the time but nothing is ever hard because I always know what I'm doing, what I desire, what I would like to accomplish, what might be possible and I see changes in people that are just extraordinary. They start to come alive and begin to enjoy their lives. They are generating a life and that's all I can ask for. I keep asking for what else would I like to add to my life that would generate more consciousness, more possibilities and generate a different world.

## "Who am I?" Being the greatness we are

*I look around the room and see incredibly brilliant people. Like the most brilliant I've known.*

Yes, some of the most brilliant in the world.

*I look at me and it's like why do I feel impotent with my own brilliance?*

Because, you haven't chosen it.

*To be brilliant? My whole life people have told me, you are so smart and I'm like, no I'm not.*

You haven't chosen it. To be, do have and generate brilliance at all times regardless.

Year ago I had a back injury and I wasn't going to be able to work any more doing the kind of labor I was doing. I always thought you should do your own labor as the way to prove you are a man. The employment and development department took me in and did some psychology on me and did some testing of my I.Q. and stuff to see what they could do with me. The guy looked at the results and said; "my god, you are in the top 2% of the nation in intelligence." I said; "that can't be right. You have got to be mistaken because how can my life be this fucked up if I am in the top 2% of the nation in intelligence? Shouldn't something be better than this?" That is when I realized I wasn't using my intelligence for me. I was trying to use my brawn not my brain. You are trying to use your boobs, not your brain.

*What does it look like in each 10 seconds to choose our brilliance?*


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What it looks like is to never choose to be less. What you have got to realize is that most of us never bother to use our best talent and ability. If it's your boobs and you don't use them, that is a mistake. If it's your brains and you don't use them, that is a mistake.

*How do you know what that is for you?*

What is the one thing you avoid like the plague? Stop trying to figure it out, just decide, ***whatever it is that I have that is fabulous, amazing and wonderful that I'm not using; I'm using. Show up now.*** That is all you've got to do. Demand of yourself – I'm going to be everything I am. I am not going to try and define me by anyone's point of view. That was the great gift I got in going to Europe for 6 months were nobody knew me or anything about me. I kept changing the people I was traveling with and I could re-invent myself every day. I suddenly began to realize, that is all I'm doing is inventing myself. I am not a who, a what, a where, a when, a why or a how – I'm a me. I was willing to be me, regardless of how anyone else saw me. Regardless of what anyone else thought about me, I was still willing to be me. From that point on I was never willing to give me up for anyone else's point of view. First time in my life I ever did that and I never have given myself up for anther's point of view. Since I started Access I've had people say; "you know you are doing this wrong and you have to do it differently." I say; "okay," then I go on doing what I was doing. Then they say; "I told you, you were doing it wrong. How come you didn't change?" "Because I didn't choose to." I've been told continuously; you can't talk about this and you can't do this and say this. I go; okay, that is your point of view. I can do whatever the fuck I want and I will. The problem is most of you don't do whatever the fuck you really want. You do what other people require, need or want from you because that is easier than choosing for you. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

"Fuck it, I'm going to be me weather anyone likes it or not." If you function from not caring weather anyone likes you, weather anyone wants to be with you, weather you have a mate, weather you have other people around you, weather you loose everything you currently have. I'm willing to loose it all. I have lost it all three times and started over again. Lost it all. I lived in a closet for 6 months at $50 a week. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What I hear you say is if you are choosing in 10 second increments, if you chose something that wasn't you then you choose again.*

Yes, that is all it takes.

*Then you find out who you really are?*


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You find out what you are really not. Eventually you find out that you are really not. I've said to people, I don't exist in this reality. I function in this reality but I don't exist here. You want to be you, allowing this reality to be as insane as it is, with no point of view and not be the effect of it.

*The funny thing is everyone else thinks they know who you are.*

They all know who you are from their point of view. I don't know who I am, I never know who I am because I invent myself every day. I generate who I am for that day. For this 10 seconds, here is who I am. Now I'm over that, who am I now? Oaky, I'm this. Okay, now I'm over that. Who am in now? I can be, do, have, generate anything or everything at will and choice.

You think that if you see the rightness of somebody else's point of view, and align and agree with it, that you will be right too. As though you will be right, as they are right; is that right? You would rather be right than be you. Even if you say, "I am a wrongness," you have to make that right. This reality is pretty fucking fucked up, that is what I'm talking about. You have to be in allowance of it just as fucked up as it is. Interesting point of view that this reality is so fucked up. I don't care about being right. Awareness makes you far more right (correct) than rightness does.

What if you would function from not caring whether or not anybody likes you, whether you have anybody around you, whether you have a mate, whether or not you lose everything you currently have? You want to be you, allowing this reality to be as insane as it is, with no point of view, and not be the effect of it.

*When I hear you say this I go to the rightness of someone else rather than the rightness of me. It seems easier to do that sometimes.*

Yes, because you would rather be right than be you. Even in your wrongness, you'd like to be right about that too. There are people who come to Access and fight to maintain the rightness of their point of view. I don't have a point o view about it – okay, fine. If that makes you feel good, you are right, okay fine. I'm only interested in one thing.

*If you have the point of view that you are wrong, you will invite someone in your life to prove that you are?*

Yes, to prove that you are right about how wrong you are. Usually that is a relationship. The basis of a lot of relationships is; I'm wrong, I'm terrible, I'm awful. The other person agrees, yes you are wrong, terrible and awful. You go; see I knew I was right.


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It is an easy choice to choose to be you when you have no idea who you is, and there is no you. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You look for the definition of you rather than the definition of being, because being is infinite beingness. As an infinite beingness, would you have a you? Would you have an "is-ness"? Yes. I is an infinite being. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If there is no "who you are" or "what you are" or "where you are" or "that you are" or "when you are" or "how you are" is there any you? Or is oneness greater than what is definable by who, what, why, when, where and how? If you are really willing to be oneness then you have no point of view. Point of you.

*What we are trying to define of who you are, words can't define.*

No, it is not definable. When you are un-definable, you are un-confinable. What you have been doing is defining yourselves, so that you can be confined by the supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Why would you want to be believable? Wouldn't you rather be unbelievable? I like to be unbelievable. First of all, I don't have to be responsible for anybody else's point of view and everybody has to doubt weather I'm telling the truth or not. Then who do they have to rely on? Themselves. Which is how I keep from being a guru.

You want to have the right answer. You want to be right. As long as you have the point of view that you ever wish to be right, then you are always going to be in judgment of your choice. You are going to always be in judgment in order to create your choice. Then when you choose the wrong answer, then you are wrong and you are going to have to make that right for all eternity. It is just sort of like this incredible machine that keeps chugging out crap. It is the cesspool machine called your reality.

What you can do is choose to be you and not care weather you are right or wrong.

The eternal justification has to be the wrongness of you or the rightness of you, rather than being you. I am me, I can make a mistake, I can be wrong, I can be right, I can be anything and being you is so much space. If you are being space then there is no right or wrong in your universe. I don't have a right or wrong in my universe. I know when the space contracts that I have to change something. What


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do I want to change here? If you give up the rightness of you for being you what happens is then you have the opportunity for being the space of you. When you are being the space of you there is no right or wrong, there is only energy. Then when things begin to feel contractive, like there is not enough space, then you can ask the question. **"What do I need to change here so that I can be the space I am?"**

What would it be like if you were just to allow your mind to not try to grapple with this one because it can't. But, the energy, space and consciousness of you; which is awareness of the energy, can and does and is already further along than what I am talking about. Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

Even though it is different than anything you thought you had to be and thought you had to have; would you allow yourself to step into it and be in totality the energy, space and consciousness of you that allows you to be the generation of your life? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Existence

I don't exist, I don't survive; I thrive. Give up survival for thrival. That concept also scrambles the supermind because what the supermind does is tell you, you won't survive. All the time is tells you that. "I won't survive if I do this." How do you know you won't survive? "If I walk through walls, I won't survive." "If I stand too far outside the crowd I will be vilified and burned at the stake." Yours or the supermind? Supermind tells you, *you can't.*

*But I don't exist.*

Right. Say; "I don't exist" three times. All of the SHICUUU implants and explants that you will learn about later, creating that, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

And how much of that is connection to the supermind? All of it, everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

As energy, space and consciousness you would cease to exist. For me, I don't exist in this reality because I don't have a point of view. If I want to exist here I take a point of view, like I did yesterday afternoon. I wanted you to get it, so I came into solidity which made my body really tired. It made it a lot of work to be.


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We talked about a truth with a lie attached. You won't exist which is a truth because you won't exist. You won't simply have barley enough to survive. You will actually begin to live. So you won't live at the effect of this reality any longer. It doesn't mean you will cease to be, it means you will actually begin to ***be***. Does that make sense? So, where ever you decided "I will no longer exist," as though that were a bad thing, what if it were the greatest thing that could be? Because it means instead of existing you now get to be. Will you allow that to be please? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all this other crap? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There is a truth and a lie there, okay. When you are being, you no longer exist in this reality. What is existence versus say life? You see how existence is barely enough energy to get by? Barely enough energy to survive. Subsistence and existence. So when you step out of being the effect of this reality and the effect of the supermind and the effect of the people around you; you actually step out of what is called "existence" and you no longer exist here because you can not be held or limited here by any part of this reality. You actually get to step into life and living beyond this reality. Would you be willing to have that as a possibility? Everything that doesn't allow that will you destroy and uncreate it please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The supermind will tell you, "you will cease to exist if you get any larger. You'll cease to exist if you get any happier. You'll cease to exist if you feel any better about yourself." It is a truth with a lie attached.

One thing that will stick you more than anything else is when you have a truth and someone attaches a lie to it. For example; it is a truth that you will cease to exist. Existence is a limited form of beingness. Existence is a limitation. So it is a truth that you will cease to exist. The lie is that you will cease to be. In other words you will cease to exist as a limitation, you will actually step into a greater possibility. But with this truth with a lie attached it sticks your attention on it and you can't ever get free of it. So all the truths with lies attached, that you have attached to or allowed to be created by the supermind, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Please get, I am not blaming the supermind for anything. It has no blame, it is always your choice. Like I said you can't change things by fighting it. The only thing you can do is be in allowance of you for choosing it and having chosen it and then be willing to be in total allowance which is were it says; "you will cease to exist" and you say; "that is an interesting point of view. Let's find out what that is like." Let me have the adventure of my life, thank you very much. How much of


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your life have you not lived the adventure based on not wanting to cease to exist? Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

## True core potency of you (Existence)

What creation of the perpetual and eternal addiction to the supermind with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite access to and awareness of the true core potency of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The true core potency is that place of being willing to not exist. The willingness to not exist if that's what it takes to truly have you. It's the one thing that you've all been resisting more than anything. All of your creations create what you believe are the sum total of either your existence or the proof of your existence. Which is why people have kids, to prove they existed after they've gone. It's totally supermind. So your creations are the proof of your existence. And for some people they're creations or the things that they purchase are the only way they know they exist.

*Is that like me not willing to let things go?*

Exactly. Get this guys. It's also why you would not let things go that you have created which is why we have 'destroy and uncreate' in the clearing statement. If you go, 'but no those are the sum total of my existence how can I let those go?' it starts because you're not willing to not exist. If you were willing to not exist you'd be willing to give up anything tomorrow. The one thing you're not willing to do is to not exist as though not existing would be possible for an infinite being. But guess what? When you are willing to not exist then you are truly willing to be. Because existence is eeking out a living. Existence is a lie for an infinite being. It's an imposition for the supermind. Everything that is, everything you've been holding in place and it's a limitation and you know it but you believe it as your existence will you please rescind, revoke, recant, renounce, denounce, destroy and uncreate all this, everything you've aligned and agreed with, resisted and reacted and everything connected to the supermind, all the connections to the supermind creating all of this and all the governance entities related to it please right, wrong, good and bad all nine shorts boys and beyonds.

*Well if you don't exist then what do you have?*


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Is it true that you don't exist? Would you be willing to be instead of just exist?

*What's the difference?*

Existing has reference points. You don't have any reference points for being.

*To me (Simone) the creation thing was really bugging me because I could show you how I existed through all of my creations. I've always been acknowledged for being such a creative person.*

Yeah and without that, 'who the fuck am I?' Existence is moving from point to point with total definition every step along the way. It's totally defining who you are, who you're not, where you are, where you're not, who you're with, who you're not with. Its totally defining you from every point along the way. And what you get with that is you actually get creation of the necessity of time and you holding it into place. So what's the point? What if the point was for you to have fun? What if the whole purpose of life was to have fun? If there's no meaning to it then you're creating it all the time. In existence you are taking the parameters that are. You're judging what it is you need to do and where you need to go next. And there's no freedom to generate something different.

What creation of the perpetual and eternal addiction to the supermind as though it is more real than you with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite space of possibility that is the change of all reality? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If "real" is reality, which is alignment and agreement of limitation, it is more real because you as a being aren't contracted and limited? You're not real, you're free to be. You're space.

This is how majority rules rule. It's the one thing on the Golden Planet that made it so that you didn't have a choice. If more people supported it than you then you had to go along with it.

## Living Life For The Fun Of It

Generating your life might begin with living your life for the fun of it…Just an idea.


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***What if*** you lived life for the fun of it? What if a generative life was a life that's dedicated to how joyful your life can truly be?

Your whole life should be about doing it for fun. What if you did everything in your life for the fun of it? How much of your work are you doing because it is fun? How much of it are you doing because you are obligated to? How much of it are you doing it because you need the money? How much of it you are doing it because you have to pay the bills?

What if ***you*** were the only vestige of sanity and possibility in the world? What if you were the only ones that would ever come to Access again? What if you were the only ones who would choose consciousness in the entire planet? Would you have more work to do or less? More. And you refuse to do it for what reason?

You are refusing to be what? The real catalyst of change you really are? Are you refusing to be truly big enough and enough to change the world?

The problem is the world is an amazingly insane place. I hate to tell you this, but you are the only hope for sanity in this reality. You have to be insane for that to be a possibility. The reality is, sanity in this reality is aligning and agreeing with other people's points of view. So you have to be insane enough not to buy anybody else's point of view but be willing to see what is true for you.

If I show up for the fun of it, the money flows. I feel like I have worked half as hard as everybody else and made twice the amount of money. That is the way to live your life as an adventure – I wonder what this will be like? – and for the fun of it. I never do anything I don't want to do. If I don't want to do something I don't do it. If I am not having fun doing it, I am ready to leave now. There is no fun in suffering. Ease, joy and glory is not pain, suffering and gory. Get real clear about that. If you do this, ask; "what would it take for me to have a night of total ease, joy and glory?" "There is nobody coming in tonight so you can have the night off." "Okay, cool." "We gave everybody else the night off, so you have the whole restaurant to wait on yourself." "Okay, cool. How does it get any better than this?" Then suddenly the manager is helping you and the bussers are helping out and you have too much fun and laugh too much, get too big of tips and its great.

If you look out there in life, how much laughter is there? Not so much. How much joy is there? Not so much. There is a lot of judgment though, that's cool. What if you could walk through this world and be the awareness that that wasn't a necessity? A lot of you have had that awareness. A lot of you have had the awareness that choosing something lighter should be a possibility. And yet you go out into the world and it's like the world is beating you up instead of you beating the world up. The heaviness tends to win. We've got a lot of stuff we are going to


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do in the foundation class that is specifically designed to unlock you from being at the effect of everything that is heavy and everything in this reality that doesn't work. Sort of a big order, right?

What happens is people live their lives, and they are living them and either creating them successfully or not so successfully but what you end up doing is; remember being a little child when you knew anything should be possible? Were you knew you could go; "I want a hot plate of spaghetti." Then you did it and it didn't show up and you're like; maybe I'll stand on one foot and do it; "I want a hot plate of spaghetti." You couldn't figure out how, you knew that should be able to happen, but you couldn't figure out how to have that happen. What ends up happening is you end up cutting off what you believe is possible because you haven't seen it show up. What if what you knew was possible when you were a little kid actually is? What if that joy you had as a little kid, and that excitement were how you started every day? Not from a place of; you know what, I've got all this crap going on in my life but I'm not going to think about it so I can act manic. Know what I'm talking about? Hello, welcome to my life. Okay.

Eight years ago I was doing that, it was either; manic or depressed, manic or depressed, manic or depressed. Manic or I want to kill myself. Every time I'd go into the manic I'd go; yeah, finally now I've found it! Yes, alright! It can happen! Till about a day and a half later, were I realized no it can't happen until later and yet again I might as well kill myself. Oh joy.

What happens is, as little kids we know there are infinite possibilities. By the time we get to about fifteen we know there are only finite possibilities and we better do it the way everybody else does, or it's not going to work out very well for us. We can't actually have everything we wanted and everything we desired, so we might as well settle and fit in and make sure to do this reality right. How many of you have spent your entire lives doing this reality right? While at the same time knowing you were doing it wrong, feeling like you didn't fit in, putting all the energy in you possible could, wondering why the hell can I not get it like everybody else does here? Welcome to being Humanoid on planet earth. Everything that brought up for all of you, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Thank you. **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

For me since the time I was growing up people would ask what I wanted to be when I grew up. "Happy." *"No, no, no what do you want to be?"* "Happy." *"No, no, do you want to be a doctor, a lawyer or an Indian chief?"* "Yes, as long as I am happy. Whatever, as long as I'm happy." I looked around for people who were happy. I didn't find any. People said this is the answer to being happy, except they weren't happy. I went to the gurus they said; "this is the way to be happy," except they weren't happy. I went out in the world to find people who were happy and I didn't


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find any so I thought why would I listen to people who are unhappy who told me they had the answer to happiness? Does not compute.

People say; "I am content with my life." Content with your life means you settled for what you think somebody else has told you is the right thing. I began to question that.

There is a sure fire way to have not joy in your life; micromanage it. You will micromanage it out of existence. What you do when you are micromanaging is it's like you plant a little seed, you poke it in the ground, pour water on it, cover it back up. Then you come back a day later and pull it out and ask; "are you growing yet? No? Dude, what the fuck, I thought you were going to grow." Then you put it back in the ground, water it and come back the next day and do it again. After about ten days of this the seed is now dead.

An anti-conscious manager micromanages, makes everyone do what they want, when they want them to do it, and is constantly on everybody about what they are doing. Are any of you micromanaging your life? Anyone micromanaging the people under you, like your husbands and wives?

Everything you have done to micromanage your life, instead of using the energy, the space, and the consciousness to generate it, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There is a different way. There is a different possibility. There is this energy, space and consciousness that is a possibility for the generation of your life.

Notice when I say those words and when I talk about it there is this feeling of space that occurs? Sort of an awareness of space and that space is actually were you can generate life instead of creating bare existence and survival. What if, even though you for some reason chose to live in purgatory right now (that is so funny there is a detention facility here called "Purgatory" that just makes me laugh.) and are you actually living in purgatory, are you making any of it real? Are you making any of the limitations of the people around you real, family and otherwise? What if even though you are living here in St. George you could ask; **"what energy, space and consciousness can I be that would allow me to generate a completely different life and reality?"**

Notice that by asking that question, you open up to a different possibility? If you don't ask the question you don't ever have a different possibility, you keep going on with life the way it was before you go here.


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Everything that brought up when I said "purgatory" as though I'm bashing St. George. Hey, I used to live in Hailey Idaho, I don't have anything to talk about alright. I know about purgatory babies. So I'm not trying to bash you, I'm trying to give you a different perspective. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Can you create purgatory wherever you are?*

Yes, that is why it is running on everybody here. Okay, so how many of you are living in purgatory weather you live in St. George or not? How much of your life is purgatory? Where you are living in this in between world with one foot in heaven and one foot in hell? Were you go back and forth between judging you and knowing that you can generate something different and yet not being able to generate something different, and then judging you because you couldn't generates something different because you judged you, and if you wouldn't have judged you, you would have generated something different, but because you didn't generate something different, now you can judge you. How much of purgatory is a creation and generation of the supermind? All of it. Leading to the destruction of you. Everything that is that allows purgatory to even exist for you will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? And can we all set ourselves free now please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*People who set goals have a more expansive life.*

Beep. Keep buying back into the supermind, it's working very well for you. If that were really true then all those goal setting things you did would have expanded your life.

*I keep avoiding goals and I think that is why I haven't expanded my life.*

*Wouldn't that work the same the other way, if you have goals and you don't accomplish them you feel like shit?*

He feels like shit, so he doesn't make goals, so he doesn't feel more like shit. He doesn't have to feel worse than he already feels. Just go right to feeling like shit, that works so much better. Don't even both to fail. If you try and you fail, you are that much closer to something great. I never considered I failed at anything. I just wasn't as successful as I chose to be or desired to be. Therefore I could decide; well, that didn't work out so well, what else would I like to do? Next, move on.

Before Access when my friends got fired I would take them out, buy champagne and celebrate. Congratulations, this is the best day of your life, this is the beginning


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of a whole new life for you, what else can you create, what else can you create as a much better thing, here is to the future, not the past.

I tried to get people out of goals because that always ends up being a jail and so I said; at least make a target. If you make a target and shoot at it, if you miss you can always shoot again. Make a target at the most. Everybody wants to have goals. I was trying to take away the necessity of having a goal in life, a purpose, a meaning, a significance. **What if the only thing you came here to accomplish was to actually become conscious?** What else matters? What would it take for me to be conscious 24/7? Choice.

How much of your lack of future is supermind? Which tells you; "there is no future, there is only the present. You failed at this, so you will fail in the future too." Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Your life should be a celebration. There is no reason to live your life from the trauma and drama, upset and intrigue; that is the supermind's way of creating your life, not generating a life that is phenomenal.

**Phenomenal** – something that does not fit in this reality is phenomenal.

## Having everything in your life be generative, example

One of the things that I've noticed is when I have a car, I mean that thing is proud and beautiful. It doesn't mater how old it gets. I had a '97 convertible BMW that I got it used in 2000 or something. And this car was gorgeous, absolutely beautiful. People who had these really nice newer cars would say, 'wow that is such a beautiful car.' I would say, 'thank you so much because I love it.' It was so beautiful and I was so grateful to drive it and I would tell it all the time, 'I love you so much, thank you for being such a wonderful car, you're so cool to me. Thank you for coming into my life. Every time I drive you I have this sheer joy.' And so I sold it to this lady that wanted it in Texas. She takes it to Texas and I saw it 6 months later and it looked like someone living in a mansion turned into someone living on skid row. 'What have you done to my baby?' So have you ever known that. Somebody had a great car and it was awesome for them and they sold it to someone else and it was broken down in a year? That's what was happening to this car. So I thought I wanted to buy this car back from the lady. But I already had another car, an M3 that I had bought from Gary.

What I wanted to do for my mom's 60th birthday, because when I was a little kid I had said, 'mom when I grow up I want to buy you a convertible Porsche. So I was going to buy the BMW back from the lady and maybe gift it to my mom. And I was working on that and it just kept feeling heavy and it kept falling through.


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Gary says, 'why don't you, instead of trying to buy this car back. Why don't you give your mom the M3 convertible that you're driving and why don't you buy the car that you've really wanted?' And it lightened up my universe. It was so light and I was so excited because a few months before that I had gone up to Napa and I had driven a 650 convertible.

Now these names may mean nothing to you and who cares because it's not about that, it's about this is actually generation in motion and what that is. So I drove this 650 which was a really nice car and I had drooled over them since I saw them. I even had a screen saver. So this lady let me drive her 650 and it was this amazing thing. This was the most fun car I had ever been in, in my life. So when 2 months later Gary says to me to buy the car I really want, and I look on line and there are these 650's there and they're not making me very excited, not as excited as the energy he'd said, 'get the car you really want.' There's this other car called the M6. That brought the excitement back. So I went online and bought a car within 2 days on ebay.

So I gave my mom the M3 which just excited her to no end. Then what happened was we had this really wonderful amazing woman that worked for us that is such a gift, her name is Suzy. And we asked her, 'Suzy will you please go to Houston and bring back our sweet little car?' She said, 'oh it's such a shame about that car, we love it so much.' So she drives it back. And we gifted it to Suzy. You should see this car right now, 'I am beautiful and I am loved' and it runs great and it just looks like a million bucks. That's the generation. This was so cool because she's driving this car back from Houston and she rings us, 'oh my god this car is so much fun, can I please talk to you about buying it when I get back? And you think about a price and how much you want for it.' The reason I am going into this story is because it is a great example of that generation. It's actually how you start generating in your life. From Suzy's excitement and joy over driving this, Gary and I talked about it, and so when she calls when she's getting back into LA, 'ok so I just want to know when I need to bring the car over.' And we said, 'no it's yours. We're gifting it to you. We're so grateful to have you in our lives and everything that you do for us. You're so amazing. It's a gift.'

Talk about blowing someone's universe apart. Now why would we do that? Because she's so cool. Why wouldn't we? Does that mean, 'wow see how cool we are?' No. Because, we can. What in your life can you do that you've been refusing to do because it doesn't fit the parameters of the supermind?

What I've seen Gary do is not fit the parameters of the supermind in any area's of his life ever. And I've also seen his life continue to expand and grow ever since I've known him. There hasn't been a day of contraction. And if he ever does contraction it lasts maybe a couple of hours at the most and then he's over it because he's not interested in living in that. How long have you been willing to


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put up with contraction as though it's a condition of life, instead of going, 'fuck this, this is going to change!' When will you get the point where you will actually allow yourself to go, 'you know what? NO contraction. Something is going to change this.' And start running processes. Start asking questions. Get your bars run.

*Getting rid of creation and switching it to generation, I realize that a lot of what my reason and justifications were for creation has been recognition or that's how I've recognized or given myself "good" judgment. But with generation I can't really do that, so it's really this idea of not really existing.*

It is stepping beyond existing. Stepping out of existence and into beingness. With generation you can't. When you were creating and you are the sum total of your things, like Gary's mother in law, she had a house and as each kid moved out she would use their rooms as a closest. She had 9 different pairs of black slacks that still had the tags on them in addition to the other fifteen pairs that didn't have tags on them anymore. ***She*** was the sum total of her things. For her, creation was buying something and that was the sum total of who she was. **With generation you get to be**. And the things that you get to generate, get to have a life force of their own and contribute to you. With creation you've always got to put in the energy to keep it in place otherwise it falls apart and you have to control it.

Here's the thing. You had to keep your creations in place to keep your existence in place. How many of those creations were light and airy things that you created? How many of them were heavy and limited? But you keep them in place rather than limiting them go because you didn't want to cease to exist, which is a lie perpetuated on you buy the supermind.

Generation is stepping out of existence and into being.

## Manifestation

In the metaphysical community they talk about manifestation. They say okay; "You want to manifest this." Guess what, that is an inappropriate use of the word "manifestation."

**Manifestation** is *HOW* something shows up. It is not the act of creating or generating it. It is not bringing it into existence. Literally, the definition of the word is "how" something shows up. So you can't manifest a new car. You have to create or hopefully generate a new car. Manifestation is both how it shows up and how it gets into this reality. Also how it shows up as in what it looks like, what the characteristics of it are as it shows up.


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I know this sounds like semantics, but here is the thing; if you say, "I'd like to manifest a lot of money" you can't because there is no such thing as "manifest money." Manifestation is how it shows up, so you are saying; "I'd like to how it shows up a lot of money." You wonder why you don't have a lot of fucking money? When your friends say; "oh, I want to manifest this," because they have all been taught by the metaphysical community that that is appropriate. Guess what, this is one that the metaphysical community has misidentified and misapplied extremely dynamically.

What about; "what would it take to generate a huge amount of money?" Notice how that is an energy that matches what is possible?

"What would it take to generate a huge amount of money?"

From energy, space, and consciousness, you can create time, matter, and you can create a construct that comes into existence – what the **metaphysical community** calls "manifesting." Manifesting is actually "how" something comes into existence (not "that" it comes into existence). How it comes into existence is from the energy, space and consciousness you have.

*When we come out of generation and do all those thing; time, dimensions, realities.*

From those you will create matter and you can create time. From energy, space and consciousness you can create time and matter and you can create a construct that comes into existence. It is what the metaphysical community is calling "manifesting."

**Manifestation** means ***how*** something comes into existence, not ***that*** is comes into existence. "How" it comes into existence is from the energy, space and consciousness you have. Then it will happen like the snap of the fingers.

For example, S. the other day went off to do an errand and she was back in like two minutes. She went; "wow, how did I do that so fast?" She went off and did another errand and that one was fast too. Each thing that she does has now become faster and faster because it is not about the construct of functioning from everybody else's reality. The difficulty comes when you are unwilling to be the energy, the space and the consciousness which generates different possibilities. Then you have to function from the reality and the construct of other people's universes.


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# De-molecular Manifestation, Molecular De-manifestation

*What is energy?*

Every single molecule in the universe has energy. One of the processes we've talked about is de-molecular manifestation; where you ask a molecule to change it's structure to de-molecularize the way it is and to manifest as something different. Then there is also molecular de-manifestation in which you ask the molecules to cease to be in their current function and go away. For instance with tumors you would use molecular de-manifestation would be the way to get the tumor to disappear.

All of you have had moments of having something disappear out of your life and reappear somewhere it shouldn't be under any circumstances, right? You always say; "wow, how did that happen? What deva, elf, gnome or fairy stole it and replaced it?" The reason it shows up in places it is "not suppose to belong" is because you have not allowed it to cease to exist, you have been willing to hold it in this reality. But it cannot be located in the same place because in some way you created an energy that caused it to disappear. You are the energy, you are source.

If you are doing it from unconsciousness, the unconsciousness you use creates all the things that go awry in your world. Everything that does not work in your world is based on some form of unconsciousness or anti-consciousness you have chosen – somewhere you have chosen not to be aware.

There is a difference between unconsciousness and anti-consciousness. While on drugs, you will do unconscious things. Anti-consciousness is choosing to take the drugs.

In Chutisa and Steve Bowman's book, "Conscious Leadership," they talk about the difference between an unconscious and anti-conscious manager. An unconscious manager goes around thinking everything is wrong and waiting for the disaster to occur. An anti-conscious manager micromanages, makes everyone do what they want, when they want them to do it, and is constantly on everybody about what they are doing. Are any of you micromanaging your life?

Everything you have done to micromanage your life, instead of using the energy, the space, and the consciousness to generate your life, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**


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When you are using unconsciousness or anti-consciousness, you are constructing your life, when you are using energy, space, and consciousness, you are generating your life.

The real magic in life is the ability to change or transform anything. The real magic and the real power are the ways you can change or transform something. When you ask a question, you create a vibrational de-molecular manifestation of reality. The question is for generation. It creates the possibilities of things, not the limitations.

You know how I was saying you have manifestation, you have creation and then you have generation? I was not telling you to eliminate the word manifestation as though it is a bad thing, it's not, it just has to be used in the right place. You just have to use it to mean what it actually means, instead of to use it to mean what it doesn't mean; which handicaps you in generating what you would like to generate. So please don't throw the baby out with the bath water here.

The supermind would tell you; *"he said that, so it's all bad. You have to throw it out, don't use it."* No, you just have to use it appropriately; as with everything else in life.

There are two things, there is de-molecular manifestation and molecular de-manifestation.

**Molecular de-manifestation** is making something go away. You are taking the molecular structure of it and asking it to dissolve, which is what your body requires for something like tumors. Put your hands on it and say; "molecular de-manifestation, Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds." Because it can be a hands-on process.

De-manifestation is allowing the molecules to de-manifest in the way they have shown up so they can become something else.

**De-molecular manifestation** is asking for something to show up differently.

There was a time around about 4 trillion years ago where you actually had the ability to de-molecularly manifest just by asking the molecules to change their form. What if, by not buying into the supermind and actually stepping into more energy, space and consciousness; what if you started having more abilities like that show up?

When you are working with someone, especially on their bodies, if you do molecular de-manifestation you make something go away. If someone has a tumor


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you can do molecular de-manifestation on the tumor in order to make it go away. If someone has a degenerated bone or something you can do de-molecular manifestation on that area and re-grow the bone or the body part or whatever.

De-molecular manifestation, where you take the molecule as it currently appears, you de-molecularly structure it so it manifests as something different. This is the beginning of becoming the alchemist you really are. You literally can start to take things and substances will change. One of the things I have done with this is taken champagne that is not quite as tasty as I would like, and I can put my hand over a glass for 2-5 minutes and change the taste of it so it becomes very nice. You can do this with wine, cakes or pies. Salads that taste like they were washed in too much chlorine you can take and molecularly de-manifest the chlorine and de-molecularly manifest everything that would make it taste great for your body. These are things you can change the foods you eat, the things you drink, the elements you need that would make your body feel great.

**Ask to de-molecularly manifest it as 'something your body would love', or 'would make it taste great for your body.'** We all can do this. I've seen it happen, I've done it and I know you can do it too.

Say you do this on a bottle of champagne, you can ask it to **"be the most appropriate and best tasting for everybody's body individually."** Each glass poured will taste different for each person, it will be what their body likes. Really, you can do this.

You ask it to **"molecularly de-manifest everything your body doesn't like and de-molecularly manifest everything that would allow it to taste great to your body. Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds."**

Taste it first, then do this until the energy stops running, then taste it again. You will blow yourself away.

To change something from one substance to another, you de-molecularly manifest it. You take it from one molecular structure to another. It is possible that if you got really good at this, you could have money show up in your checking account that you have no idea where it came from. These things do not happen; you are creating them.

When these magic things happen, it's you telling yourself that things could be done differently. Instead, you go into these reasons and justifications for why it happened, which stops everything. The more you are willing to acknowledge you are doing it, the more it will show up in your life.


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The reason it doesn't work when you're with someone who doesn't believe it's possible or it stops working when you tell someone, it's because that person starts putting energy against that being a truth. You look and try to see that there must be some reason or justification for their point of view, which is really their point of view.

The more you try to avoid death, the more the answer is that you're going to die. Whatever you say or think is an incantation. If you say, "I'm sick and tired" what do you create? If you can make that a reality, what if you did it in a different way to create everything you ask for? Are you truly a wizard and not acknowledging it?

You slow things down as much as possible in order to function in human reality. You say something to someone in order to prove you can do it. What if you just did it without the necessity of proving anything? You are not able to define how you do this stuff, because magic is not definable.

When we recognize that we create the good, bad, and ugly in life, instead of being at the effect of things, then you can realize, if you can create it one way, you can create it another. You are always willing to claim the badness in your life as your creation; you are seldom willing to claim the goodness as your creation.

What if the greatness of you is really the willingness to be everything that is not allowed in this reality? Everything that is considered a wrongness in this reality is the power of you. What we are talking about is for you to be able to have these things happen with a level of quickness and ease that you don't believe is possible. Witchcraft is the willingness to be able to have everything show up instantaneously – to ask and have it show up. As a creator (and you are an amazing creator) you have the ability to do everything in the snap of a finger. When you are willing to have the magic that you really are, you look for an answer and people fall into your universe to give you the answer. Synchronicity is what you call it. Creation is what it is. These things don't happen by themselves. They are not synchronicity; they are magic. You create it and you deny it all the time. However, it does not fit in this reality. The "muggles" do not notice the magic. Because of their judgments and their fixed points of view, they cannot see anything that does not match their judgments of what they have decided is real.

What if you were willing to walk outside this reality and have a reality that does not exist here? For the most part, you have probably not created your life ever. You have created what people told you was a good life. You must ask, "If I were to create my life, what would I choose?"


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## Supermind And Extrapolation

When you extrapolate, you function from space because you have to see these different pieces out in space and create something with them. When you triangulate, the more you try to make it work in this reality, figure out how to make it work in this reality, and the formula for making it work, the more you become part of this supermind. A lot of people extrapolate, and then they come to conclusion, which has to have a judgment in it. As soon as they come to conclusion, they go back to the supermind.

The supermind is the source the elimination of extrapolation, to keep us going back to triangulation. Triangulation is one of the integers for keeping all change at a slow pace.

The supermind can't do multi-tasking. If you do more than ten different projects at the same time (not in a row), you can't be controlled, contained, or stopped. You are in a constant state of creation and extrapolation, and you can therefore not be re-connected to the supermind, because it cannot compute that many things at the same time from one source. As long as you are doing them in a row, you can be connected to the supermind. As long as you are doing them all at the same time, you can't be connected to it. You have to change directions at all times. This thing cannot figure out where to be to suck you back in.

With business, some of you create amazing stuff out of nothing. You just bring it into existence by the energy of awareness you have of what it is going to take for it to come to fruition.

You have a choice of **extrapolating** things into creation or **triangulating** things into this reality. **Triangulation** is actually a constant state of contraction of your life, while **extrapolation** is a constant state of expansion of your life.

**Extrapolation** is where you have all these things floating in space like information and possibilities and you go, "that, that, that, and that" and you create something with it. This is when you're having fun in your life. When you extrapolate, you take these disparate parts, put them together, and create something. This is when you're having fun in your life, when you take information and are extrapolating into an entirely different universe of possibilities. That is extrapolation, that is what you as a being do. When you extrapolate, you are going from nothing to creating this entire universe, **it is the source of picking something out of a universe that does not already exist and bringing it into existence,** beyond this universe, **outside of and beyond a universe that doesn't want it.**

When you extrapolate, things just "fall into place."


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True extrapolation is creating something out a universe that doesn't already exist. Because universes that exist right now are all realities, all creations, all alignments and agreements, all supermind. Creating beyond and bringing it into existence out side of a universe that doesn't want it – in other words the universe of the supermind. The universe of the supermind doesn't want anything. Because you're not going to be creating it inside the universe that doesn't want it. You create it outside the universe that doesn't want it so that it can actually show up. It can show up anywhere, but where you create it is beyond the supermind. Extrapolation is beyond the supermind. **Extrapolation is being**.

## Triangulation or extrapolation?

You as a humanoid and as a being have this ability to extrapolate, were you get one piece of info and go; "oh my god, what else is possible?" That is what you have the capacity to do is actually extrapolate. How much of your life have you spent triangulating to try to come to conclusion about everything so you can get the right point of view that has to be had so you can fit in and not stand out? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

No, you triangulate based on other people.

**Triangulation** is what the supermind would have you do, which is what humans do.

They take two pieces of information and then come to a finite conclusion; which is triangulation. Triangulation is how you are and where you are in relationship to everybody else and everything. Then you're always going, "Here I'm right. Here I'm wrong. Therefore I'm here." Somewhere between right and wrong and it is always a conclusion. You're always looking for where you're right and where you're wrong in every triangulation. Triangulation is a necessity to maintain supermind connections.

When you triangulate everything, you create a power strip, with a number of plugs, so that when you turn it on, your life works. You keep looking for what will work; thinking that if you plug it all in, your life will work, except it never works. Why? Because that's not generation. You as an infinite being must generate. You are all looking for the formula that will make your life work, but you forgot to plug it into the wall called infinite possibilities.

What most of us do is we are always trying to fit ourselves into this reality. Somewhere you think there must be something right about this reality or


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What most of us do is we are always trying to fit ourselves into this reality. Somewhere you think there must be something right about this reality or


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everybody wouldn't be doing it. You can either try to see that this reality has some value, or you can begin to see that you can create a whole life that has nothing to do with this reality, which is a different way of functioning than the entire world. Most of you right now are trying to make your lives work. What if it weren't about making your life work, but about creating a life that no one else can see?

Every time you try to triangulate, you try to come to conclusion. Every DJCC is designed to make something real. Every triangulation is designed to try to make you real in this reality. Would you consider the possibility of giving up being real in this reality, and allowing yourself to not exist in this reality, but to create a life that's so extraordinary, nobody noticed you floating through this reality.

As long as you are doing **triangulation**, you will never have faith in you or trust in you. This is the way you eliminate all trust in self, and place trust in everything except you. What would it be like to have faith and trust in you?

**Triangulation is a choice.** You think you only exist in relationship to others. If you existed as the chaos you really are, then you would have space as your relationship, instead of place as your relationship. You triangulate to maintain a reality, based on a lie. Then you create trauma and drama to prove that that's right. The moment you say, "This is where I live," is that living or existing? Most of us do not have a definition for living; we have a relationship to others to determine what our life is. Is your life based on your point of view, or on your parents' point of view? Your relationship with others is where you look to determine your living.

Generally speaking, your **logic is a source of triangulation**. When you're doing logic, you're trying to make it reasonable and sensible that you're doing things. The difficulty is that you as a humanoid are never truly sensible, logical, or reasonable. If you choose to do that which is unreasonable at all times, you will be choosing for you. In relationships, a lot of people have the point of view that if they choose against the other person, they are choosing for themselves. Most of you have the point of view that if you choose against everybody else's point of view, you are finally choosing for you, unless you try to make it reasonable and sensible to prove that you are doing that.

Triangulation is not being. It's the not you. It's all the knots you've tied yourself into. It's all the places you've made yourself not enough. Do you know why you have the point of view that you're not enough? Because the reality is, you're way too much! If you were really willing to be way too much, you would have the exuberance of living.

## Reality & non-reality

Is money a **reality** or a **non-reality** for you? What about copulation, business, family, work, life? Are they a reality or a non-reality for you? How many non-


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realities do you have that you are trying to function with? Reality requires two or more people to align and agree with your point of view. Because you don't have a point of view, you always have to align and agree with somebody else's point of view, in order to have a point of view. You work very hard to make it a reality, but it's still a non-reality for you. Every non-reality eliminates your awareness.

All the places where you are triangulating to create the non-realities, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many of you look at the world and go, "Huh? I don't get it. Why do people do this shit?" That's because it's a non-reality to you. But instead of extrapolating and going, "how can I create a life so I can function with this insanity and not become a part of it?" you keep trying to figure out how to fit in it, which is the thing to having the power strip with all these elements, trying to figure out who, what, where, why, when, and how you are, or even that you are – none of which is real for you. Would an infinite being have a who, what, where, when, why, or how? No, they would be able to choose anything. You triangulate in order to create the no-choice universe as thought that is the only choice there is.

When you try to create from a **linear perspective**, you try to go, "I have to a, then b, then c, then d, in order to get a result." But that's the idea that everything is result oriented in life. When you extrapolate, it's those times when you've thought about something and it pops into existence and falls in your lap. You go, "That didn't really happen, that's just serendipitous." That's actually you creating, and you have to start functioning from that extrapolation, instead of these triangulations you've been trying to do. Triangulations make you feel contained, confined, and contracted. Look at the places in your life where you're doing contraction, where you don't feel like your life is expanding and going places at the speed of light. That's just about everywhere. All the triangulations you are creating to create that, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

You have the capacity to extrapolate. The majority of the world functions on triangulation. What if you lived a life that didn't fit this reality? Where would you be then? Would you be somewhere, nowhere or everywhere? What if you were willing to extrapolate yourself right out of existence?

How many of you create your imagination as something you can only dream about and never achieve? Your imagination cannot go beyond what you already know. You imagine what can't exist from your point of view. Extrapolation is a move toward question. Imagination is a move towards answer. You are trying to imagine what will happen before it happens so you can determine whether you will do it.


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What if you were willing to go beyond imagination. You won't take the adventure of going on the journey of your own life because you don't know what it's going to turn out like before you get there.

## Extrapolation clearings

What infinite capacity for extrapolation without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite embodiment of ease, joy, and glory as life? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What extrapolations of life without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing, that you really could be choosing, that if you could not triangulate them, would destroy all non-realities and manifest as exuberance of living? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

After this class, you're going to have to ask yourself, *"Am I triangulating here or extrapolating?"*

**Run on yourself:** How many extrapolations am I refusing and how many triangulations am I choosing that keep me from having a phenomenal life? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Five Elements of Intimacy

There are five elements that create the great intimacy you are looking for in your life. Honor, trust, vulnerability, allowance, and gratitude are the components of true intimacy. When you have trust, honor, allowance, vulnerability, and gratitude for you, that's the relationship you have to have with yourself. You trust yourself, knowing that this is what you have to do for you, to honor you, whether anybody else approves of it or not. Vulnerability is never putting up a barrier to everything you are and seeing the good, bad and ugly of you. Allowance is the good, the bad, and the ugly of you are all just an interesting point of view. Gratitude is being grateful for having you in your life and being grateful for you in your life.


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If you do not have these for yourself, do you have you, or are you always looking for the roadmap to exist, or to find you? You cannot have intimacy with someone else unless you have it with yourself. If you want to have communion with someone you have to have intimacy with you. You never have the honor, trust, vulnerability, allowance, and gratitude for you. You are always looking for it in somebody else.

Sharing with someone is one of the perfect ways to destroy your relationship, while having the entrenched point of view that you can't live without a relationship. In sharing with someone, you think you are close to someone if you have the same points of view, the same judgments; that that equals intimacy and a great relationship. A relationship is the distance between two points, if that is what you are looking for sharing is a great way to accomplish that. Another one of the greatest misidentifications and misapplications we have is that copulation equals intimacy. If you could do copulation the way you do a handshake, you would have a whole lot more freedom in your life, because then you would have the significance is really is. In communion you don't have to agree on anything, or have the same point of view about anything, and you are still grateful to have each other in your lives. There is no significance about anything, just choice, and everything about you and them and what you choose is just an interesting point of view.

## Trust

**To trust** is to know that the person will do what they will do. Trust is not blind faith. You trust your partner to be exactly who they are, not who you keep hoping they will be, and who you keep trying to make them become.

In order to trust you, you have to be willing to perceive, know, be and receive you. You don't have to change you to fit somebody else's point of view. When you are always having to be something for somebody else instead of being something for you, you don't trust you. It's not about having blind faith in yourself that you'll get it all right one day and everything will be perfect.

To trust you is to always know that you will never put the toilet seat down, or that your desk will always be a mess, and that you will always change your underwear every day just like your mother told you to. Trust is knowing that you tend to do this, this, and this, and that you're probably always going to do that.

If you know you shouldn't do something, and you do it anyway, are you trusting you? Are you trusting it's all going to turn out? Or are you doing blind faith that because you want it that way, it's going to turn out. You know it's not going to turn out, but you decide, "I want it to be this way, so if I want it to be this way and


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I'm really powerful, I'll make it turn out that way." Instead of trusting that you can do something, you have to figure out how to make it powerful enough for you. How many of you don't have trust, honor, allowance, gratitude, and vulnerability with yourself so you can prove you have a lot of power?

If you decide that you have to train your man to put the toilet seat down, so that you don't have to be aware, you are destroying your relationship. You want to honor him for exactly who he is and be grateful for that. If you don't, then your relationship is already over and you don't know it.

## Honor

To honor you is to recognize the greatness that you are, even if it's hard for you to see it sometimes.

To honor is to treat with regard. It is to not treat your mate with disrespect. It is to recognize the greatness that someone is, even if you don't want to see it all the time. It is not to expect someone to do what you expect them to do.

To honor means that if you go out and have sex with someone else, you don't tell that you did it. And you will only do that if it is an honoring of ***you***, which means you know that this is what you need to do to treat yourself with regard, not that you are cheating on the other person. If you do it from the point of view of cheating, you are not honoring you, you are not honoring them, you are not honoring the universe; you are being an asshole. Most people cut off every awareness they have in order to have sex with somebody they should not have sex with. If you are truly choosing for you, does that mean that you go out and cheat on the person you are with or does it mean that you have to actually look at what it is you really want? Most people are not willing to look at whether their relationship is actually working for them. The just buy into all these belief systems about what it's supposed to be and assume that their partner has the same belief systems.

## Vulnerability

Vulnerability is to never put up a barrier to perceiving, knowing, being, and receiving anything from the person you're with, or anyplace else. It's being as the open wound, nothing shielding you from what you are able to receive. It's the ability to be totally present without any point of view. When you are vulnerable, you do not create anything that separates you from another. Every answer is a chain link that separates you from another. Ultimately, every answer is a chain link that separates you from you.


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To have vulnerability with yourself is to never put up a barrier to who you truly are. If you were totally vulnerable with yourself, you would never put up a barrier to seeing any part of you—the good, the bad, or the ugly. Most of us spend our whole lives trying to prove how good we are, while beating ourselves up to show how bad we are to ourselves.

You've got to get that you're a liar, so you are never honest. Lying for you is being willing to tell the person what they want to hear, not what you want them to hear. Manipulation is telling them what they want to hear, not what you want them to hear. You can't manipulate someone from behind a barrier. Only with no barriers can you see exactly what they are willing to hear. Barriers and boundaries are a creation. You create them with such intensity that they create separation. Could an infinite being have boundaries?

A defense system is all the things you do as ways of stopping you and not letting anybody truly touch you. "Oh, I can't do this, I'm so fucked up," "Oh, I don't want to do relationship but I want you to marry me anyway." "Oh, I can't do this because I don't have enough money."

*What's this energy that when I do ask for assistance I break down and cry?*

Do you cry to stop the change that is occurring or could occur? Or do you cry as a result of the vulnerability and the lack of barriers that you have to force yourself into in order to even ask from anyone? Do you cry because of the force you have to use to throw down the barriers to create the vulnerability to ask anyone for anything ever? Does it limit your ability to receive?

It's not comfortable to be that vulnerable. It's a choice. It's that place of openness that allows others to join your life and be part of your life. Being right, having the answers, and the chain link create all the separation and keep others out of your life, and keep you out of your life in any particular area. Every answer is part of how you defend against others perceiving, knowing, and receiving you. You create the form, structure, and significance of your life by the answers you choose, so as not to have infinite choice and infinite generation of possibilities.

Vulnerability is the source for total beingness, total creation, and total receiving. As long as you are creating a definite life, you are subject to any implant or explant that someone creates. As long as you are being space, not being finite, if you are being interesting point of view, not aligning and agreeing or resisting and reacting to anyone or anything, then you cannot be implanted or explanted. As long as you are doing answer, the one thing you can never have is your own life. You will always do your life based on someone else's needs, wants, and desires and the supermind will show you the rightness of those viewpoints.


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## Allowance

**Allowance** is everything they say or do is just an interesting point of view and has no relationship to you. You don't have to align and agree with their point of view, or resist and react to it, nor do they have to do this with your points of view. What if you never created your relationships based on what you have in common, but in allowance of everything they are and being grateful for that? Allowance does not require solidity, judgment does.

## Gratitude

**Gratitude** is the place in which you are grateful to the person for showing up in your life, grateful for having them anytime that you have them, with no judgment. Unlike love, gratitude can only exist without judgment. The first step is to have gratitude for you. If you can have that, you can have communion. When you don't have it for you, you can't have it for another. If you don't have gratitude, you have to judge. Be grateful for the things you're able to accomplish in life, be grateful for the things you're able to perceive in life, and be grateful for the fact that YOU don't have to judge you. Once you do that you can start being in allowance of you.

Every time you judge you, are you in allowance of you? Have you ever done, ***"Interesting point of view I have that point of view about me?"***

## How the 5 elements of intimacy came about, and more descriptions of what it is to be it

These 5 elements of intimacy came out initially from this 93 year old woman that was a friend of Gary's. She and her husband had the best relationship, closeness and intimacy that Gary had ever seen, so he asked her about it.

One of the things she said was; "I could always trust that Bill would honor himself and honor me in everything that he did. So I honored him and I honored me in everything that I chose." Sounds simple enough right? She said; "you know, Bill would honor me by taking out the trash for me and by filling up the car with gas. I would honor him by making meals, by picking him up when he came home from the airport, by keeping the house clean and by doing anything I could to fulfill anything he requested of me because it was actually honoring of me too."

See most of us resist doing anything for anyone else because of the point of view that it is dishonoring of us. What if you knew that the honoring of you actually included other people in that? Most people have the point of view that choosing for


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them is choosing against their mate. Or choosing against this person in their life they are resisting and reacting to. What if honoring you was actually choosing for you and including them in the computation.

Now Gary said; "you trusted Bill, right?" She said; "yes." Gary's point of view was sort of like everybody else; "I trust because they love me so much they'll stop drinking and stop becoming an alcoholic. I trust them to never cheat on me." No, that is blind faith. That is being an unaware idiot; that has nothing to do with what true trust is. True trust is trusting that they will be exactly tomorrow who they are today. Trusting that they may not change at all. So in the form of a relationship, you have to be willing to see if the person you want to be in relationship with; if who they are today isn't enough for you, if they are not, move on.

Women like to get these fixer-upper men. Would you choose a fixer-upper house? Fuck no, but you choose men like that. Once I change this and this and this, then he'll be perfect, then I can keep him. Except guess what? If you actually managed to change this and this and this; he will leave you that day. Once he becomes your perfect man; number one, he will realize that he has value on his own. Other women will realize that he has value and he will depart. If you don't like him exactly as he is, don't get into relationship with him.

What if you were willing to honor you and trust you and be in allowance of you that much? What if you loved, adored and cared for you exactly as you are right now? What if there wasn't anything you had to change about you for you to care about you? That is part of honoring you.

So trust; Gary asked Mary who is 93, "So Bill was a traveling sales man, did he ever cheat on you?" She said; "I don't know, and if he needed to do that to honor himself, then he should have done it. He wouldn't dishonor me by coming home and telling me about it." Wow, this woman was raised by a Victorian grandmother. "You young people (she's saying to Gary who's 60 at the time) you think you have to put your dirty laundry over your lover's head and say 'love me anyway,' you people are insane." That was her point of view. It opened my eyes.

There was a point at which I was in a relationship with my ex-fiancé, the same one I was with when I wanted to kill myself by the way. Hum, notice a correlation? Good thing I'm cute because I'm not very bright. So, I was with her, we were having sex less than once a month, I was 30 years old – what? And I allowed that to happen, I was part of creating that. I went away to this weekend seminar, I wasn't doing Access yet. I went to this weekend seminar, chiropractic thing that I did and met this girl there. We flirted, I thought she was adorable, she thought I was adorable and we had sex. I came away from it with an awareness of myself that I had given up in my relationship. Now, was I cheating on her, or was I actually honoring me? I was honoring me. There is a difference in cheating on someone and


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honoring yourself and honoring them in the process. What I was doing was getting an awareness of me that I had given up. I came back and the relationship actually got better for awhile because I had realized that I had given me away. It wasn't her. No one can take anything from you that you don't give them. And if you are doing blame, shame, regret and guilt; you are functioning from the supermind, you are creating this realities point of view about relationship and you are destroying your life. And you could POC and POD all the distracter implants if you so chose.

What that did for me is give me an awareness of me and I was actually honoring me by doing that. I didn't come home and tell her. Coming home and telling her would have been; "see what I did to hurt you, now love me any way." Everything that brings up oh adulters and adulteresses, don't tell me you haven't done it in some lifetime, there is some lifetime where you have been that and done that because there is nothing you have not been and done, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

When I talk about this and you clam up and are like, "how do I feel about this? What would be the conscious way to feel about this? How can I judge this appropriately and not let him know that I'm doing it? How can I allow my morality to rear it's ugly head and give me the right point of view here? How can I let the supermind sneak in before this psychic, conscious asshole at the front nails me on it?" Got your number. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I got your number on that one. How many of you for how many lifetimes were priests just so you could have sex with little girls and little boys and get away with it. How many of you were the priest that introduced them to sex in other lifetimes? I like how you try to go blank on me. That is not working, it's not going to happen, I can see through your blank stare. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it you little perverts? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You little sluts, I know who you are. There is nothing I am not willing to be aware of about you, a couple things about myself maybe; but about you, there is nothing I am not willing to be aware of. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if there were nothing about you that you ever had to judge? What if you could just be with it, say it if appropriate, and not have to judge anything about it? That is truly honoring you. It is also being vulnerable with you.


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Vulnerability with self is were you are willing to see the good, the bad and the ugly of you and not judge it. It is were you don't have to put up any barriers to being everything that you are to you or to anybody else. In vulnerability you are truly like the open wound. You know when you have an open wound you try to avoid having people step on it but they always do? Your like; how does that happen? Because you are totally willing to receive. Vulnerability is like the open wound, you are so sensitive, so aware that the wind is intense. The breath of a kitten is intense, not just because they have been licking their butts. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all, perverts? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So total vulnerability with you is when you are willing to have you be everything you are and not have to change it for anyone including you, and not have to judge it. How much of you life have you changed you according to the projected potential future judgments of others?

Now, I'm pointing this out for a very specific reason, because **she made a choice that is a different choice than the automatic pilot choice.** The stuff was coming up, like no you can't have it because of this and this and this and this that had all this energy. But, she went; you know what, that is not honoring of me. I'm going to honor me. I am not judging me. What if you were that ferocious about you? What if you were that present, that potent and that literally ferocious about honoring you? Guess what, no one else is going to be. You have looked for someone else to be your knight in shinning armor your entire life, how is it working for you Bob? There isn't anyone, because no one will even be it for themselves. If you are waiting for a knight in shinning armor you are going to be waiting a long fucking time. Then you are going to get to your deathbed and you are going to realize; wow, I'm the only one dying. I'm the only one this is happening to, I'm the only one having this experience, I'm the only one who can be with me right now because no one else is going were I am about to go. Then you finally either fight your way through it and die unhappy and pissed off and stick around this planet and sick to someone or you come to peace with it and go; fuck yeah, I'm free. What would it take if you didn't have to get to your deathbed for that to happen? Welcome to Level One. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you could choose that right now? What if you'd be so ferocious in honoring you that you'd realize no one is ever going to have your experience of life, ever. Not one other person is going to be able to have your experience of life. Ever. So if you didn't look for somebody else to have it, would you then have to have your own? Would you then have to sit there and be with you for a moment? Like; shit I thought Dain would come with me but, apparently he's got his own idea. Fuck I


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can't get that here either. Maybe I have to go do like divine fucking or something, maybe that would work to give me somebody who's actually going to be there with me. Because I know when their penis is inside of me we are definitely one. I know when I am inside of her, we are definitely one. No, guess what it doesn't occur there either.

What I am talking about having with you is total intimacy. Notice, for having total intimacy you have honoring, trust, vulnerability, allowance and gratitude. Does anybody hear "copulation" in there? Honor, trust, vulnerability, allowance and gratitude are the keys to intimacy with yourself. How many of you have misidentified and misapplied that "if I have sex with somebody, I'm intimate"? If you actually look at the copulation that you have had, how many times has that lead to greater intimacy? Maybe a few. How many times has it lead to less? True intimacy is from honoring you, trusting you, being in total allowance of you for everything you choose and everything you are, being totally vulnerable with and as you, and having total gratitude for you. That is true intimacy.

When I went and had sex with this girl it gave me a gratitude for me that I had lost in my relationship, that I had given up. Because no one can take it from you. No one can take away you honoring you. No one can take away you trusting you. No one can take away you being vulnerable with you. No one can take away you having allowance for you and nobody can take away the gratitude you have for you. I don't know about you, but I was willing to give it away to any woman who asked for it, demanded it or was cute enough that I thought might be worth giving it away for. Any of you do that? Oh people in St. George don't have sex and relationship, I see how it is, okay cool. Why are you all going blank on me. Come on, you have fucked up your life with this shit. Come one, how much have you fucked up your life based on doing relationship, intimacy, sex and copulation the way the supermind told you to? Yeah, all of it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And under the guise that there would be someone who would love you totally, you decided you didn't have to bother. "I'm sure there will be someone out there who will love me totally, then I will know I'm totally loved, then I won't have to bother with all of this self shit and thinking about honoring, trusting, having vulnerability, allowance and gratitude for me. For that, I want it with the cute blonde on the white horse. I want that beautiful woman in the long dress and high heels, they are cuter than I am anyway. Here is the thing. What I said is; when you get to your deathbed you finally realize there isn't anyone that you can be intimate with other than you. What if, what would it be like, if instead of buying the supermind's point of view that what you really ought to do is separate from you and find somebody else to be intimate with, as though that will work. What if instead of buying all that shit, you just went; No. I'm not going to buy that any more. Like she did, she went;


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you know what, this is not what I have been demanding in my life. What I have been demanding is this space. I am not going to judge, I'm not going to judge, I'm not going to judge. And this thing that was keeping her from having the space just went away. It just went away, you know why? When you don't buy it and you don't feed it, it doesn't have any power. It has no power.

*I am the power.*

That is right baby, you are. And you are the potency to fucking change anything. I know this is sort of a weird area in a certain sense. It is sort of what we used to get to in Level 2 & 3. Guess what, it is so intimately connected with the supermind that it is sort of essential to go into it right now.

The honoring, do you get what that is? Do you have more of a sense of that now? Do you have more of a sense of what it is to trust you now?

Trusting you is also knowing that when you choose something, then it is in your best interest. How many of you choose specifically against yourselves to prove that you can't trust you? Everything that is, everywhere you are committed to proving you can't trust you, all the oaths, vows, fealties, comealties, swearings, commitments and promises will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and stop that shit please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I used to have this weird thing, when my parents would go away I would sit and I would do stuff that I felt really bad about afterwards. Whatever it was. I had all kinds of stuff to do and instead of doing what I knew would make me feel good, I would do the exact opposite. Because that was my time, what? This is my free time, I'm having freedom. The way I am proving that I am having freedom is by doing things that show me I can't trust myself and that destroy me. Any of you proving that you are free by destroying you and your life? Any of you, when you have the time choosing the things that choose against you, so you can show that you are free and prove that you don't trust you? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The honoring, the trust of you. Once again, trusting you is knowing that you are going to choose in your own best interest. Have you all had one person in your life that you knew you could trust implicitly? What if you added one more? Yes, ***YOU***. What if you added you to that list? This is where we get into; it's just choice.

Do you have an idea of what it would be to be **totally vulnerable with you**?


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## Vulnerability EXERCISE

Right now, just close your eyes for a moment. Take a moment to experience what the energy of vulnerability with you would be. Put down every barrier you have of who, what, where, why, when and how you are. Every thought you have of what you are not and everything the supermind has ever told you about anything, including you. Will you allow you to have just about 10 seconds of vulnerability with you? When ever you are ready you can open your eyes.

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Here is the thing, after the past couple of days, this is a space that is actually readily available to you. But it is also a space that you have to be willing to choose. There are lots of things that the supermind tells you to choose. There are lots of ways it tells you; yeah, disconnect here, judge here, blah, blah, blah. There are lots of other things that it would have you choose other than being totally vulnerable with you.

Last night for me, I had to get real vulnerable with me. What happened was, in taking *ONE* fixed point of view I took myself out of vulnerability with me…She's like get over your damn seriousness, would you? The thing is we think vulnerability is serious too. It's not, it's were you can be like a kid and play just because you can and not have a problem with it. If at 60 years old you want to giggle like a kid in the middle of lunch; go for it. That is being vulnerable with you, because you are not trying to act like something you are not.

How many of you have been slammed for being vulnerable? How many of you have been stabbed when you had your barriers down the most? I know the feeling. Everything you have done to treat you the way you were treated, instead of the way you should have been treated, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What would it be like if you were in total allowance of you? What if you would allow you to strap something around your waist and run around the room if that is what you felt like doing? How many of you have given up the joy of being in allowance of you? Will you give all of that up please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you had gratitude that you have had the courage and the willingness, and the awareness and the choice to make it this far? You may not have all the money you want, who the fuck cares? You may not have the car you want exactly, you may not have the relationship you want, exactly. Your kids may not be brain surgeons exactly. Who the fuck cares? What if you were still willing to have gratitude for you? Hey, they are not mass murderers, you did a good job. You raised children in the age of the supermind. Shit, you've got balls, even if you don't have balls. You've been humanoid in an age were only humans are suppose to


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exist. Tell me you don't have anything to be grateful for. Do me a favor tonight, find one thing to be extremely grateful for. One thing about you, just one, don't do any more than that. Come in tomorrow and let us know what it is will you.

Thank you for continuing to embrace more space and more non-definition of you and more non-point of view, and more craziness that this seems to be in some way. And acknowledge your courage and your awareness and your knowing. I am very grateful to be here with you.

## Erosion Of Sexual Awareness

What erosion of sexual awareness without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite choice, creation, possibility, and joy of you for you and as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Do you realize you erode your sexual beingness in order to not have awareness? You turn your sexual awareness into sexuality. Sexuality is always a judgment, it's how you create separation. You start out as a sexual being until you are about eight, then that begins to change because the downpour of people's judgments begins to erase the sexualness that's part of your being. What you have done is replace sexual awareness with judgment of you and by you.

You erode your sexual awareness in order to not like you.

Part of sexual beingness is receiving. The energy of sexualness is caring, nurturing, receiving, expansiveness, creativity, joy, orgasm. That's the energy of true sexualness. How much of that do you have in your life? As much as you'd like, or not quite as much as you'd like? How much of that is a possibility? There's this energy from which you can be and live that is so different that what you've come to believe is possible and part of that is because you've eroded your sexual awareness.

If you take the caring, nurturing, and healing away from your body, when you erode your sexualness, you degrade and degenerate your body into death. The ultimate judgment that keeps you in this reality is death. Every judgment you have of your body is an invitation for death.

Do you realize how little of your life you live from joy? You suffer it. How many of you recognize that you are suffering your life rather than joyfully extending it and generating it? Everything you have done to make it okay to suffer your life,


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because you are going to go to heaven for the suffering you have done, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

More brilliant words from the supermind; *"don't worry, you'll go to heaven anyway. Even if you are suffering, it's okay keep suffering because the more you suffer the closer you'll get to heaven."*

Do you think your life is really a soap opera? Or are you trying to live it like a soap opera so you can feel real?

Sexualness is different than copulation. Sexualness is the nurturing, caring, healing, creative, joyful, expansive and orgasmic qualities of life and living. If you eliminate those, if you erode those out of existence then you insure that your body will die. Erosion of sexual awareness is one of the ways you turn off your growth hormones so that your body begins to die. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You as an infinite being, would you have a problem with copulating with anyone? No. We create sexuality so we can maintain the point of view of who we won't copulate with. What does that create? Judgment, separation or connection to the supermind? All of that and more, everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you choose sexuality; I'm gay – who do you have to eliminate from your reality? The un-gay. With that you eliminate your willingness to receive from all those people. So when you erode your sexual awareness, you erode your ability to receive. Anybody having not as much money as they would like to have? That is a result of eroding your sexualness.

Settling for what this reality has defined as appropriate sexual action. If you are truly just sexual, do you have to take action? No, but we assume that unless you are copulating like bunnies you are not being sexual. Yet little kids are highly sexual and they don't copulate at all. What is that about? You have to look how little kids function as the sexual energy they are and start allowing you and your body to function as the sexual energy you truly are. Everything that doesn't allow that, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

*What about all these perverts around; how now you have to watch your kids, and you can't let your kids play outside and all the stuff that has been created around sexual that is stopping everyone?*


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Well, that isn't actually sexual. That is actually sexuality because that is a judgment.

*What I'm saying is that it forces so many people to want to not be perceived as that, so they don't do any type of sexual?*

How much of your sexual energies have you cut off for you to not be perceived as a sexual predator? If you are really highly sexual what happens is people say; "ooh, I want to be that," not "I don't like that person." The true sexual predator has an energy of anger and rage that is suppressed, sort of, but you can feel it. When you are around a sexual predator it is a very different energy.

There was a lady I knew who was married to a man who had been molesting her step daughter. They adopted a child from Korea at age 6 and the guy started molesting her at age 7 until she was 16. Then she reported him and he went to jail. His energy was not nice. I would never let him loose with any of my children under any circumstances, just because his energy felt so bad even before I knew what he had done. I knew there was something wrong about this guy, something doesn't feel right. If you cut off your sexual awareness in order to not be perceived as a predator; you cut off your awareness of people who are predators.

Everything the supermind has told you that what you do is wrong and sexually inappropriate and all that kind of stuff, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

99% of the people in the world who's kids are molested by sexual predators, they never notice. The parents never notice because they have cut off their own sexual awareness so much that they can't tell. They don't have awareness period. The difficulty with eroding your sexual awareness out of existence is you cut off your awareness of anything that you have decided or judged is inappropriate and you assume that if you felt that way you would do it. Would you? Truth? No, you never would.

*The parent really doesn't realize when their children are being molested?*

Yeah, because they cut off their own sexual awareness to such a degree that they don't know it's happening. They don't want to know. That is the point, they don't want to know, so they cut off their sexual awareness. Because if you had your sexual awareness you'd look at the person and go – what the fuck are you doing, dude? You would have the awareness and you would not ever doubt it. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Have you tried to eliminate your sexual awareness? Suppress? Okay, good. How much of your sexual energy have you suppressed and when did you start suppressing it? The day before you got married or the day after?

*I was going to say farther back than that.*

Okay.

*I'd say as a child growing up.*

Who's was that, yours or theirs?

*Theirs.*

So as a kid, you will pick up the people around you, if they are cutting off their sexual awareness, you try to understand what they are doing, you duplicate and you cut off yours. Everything you did to duplicate the people who cut off their sexual awareness, so that you could understand why they would cut off their sexual awareness while you are being so sexual you can't stand yourself and all you can think of is how you can play with that puppy or show it or something else; will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

We all do that. We try to make right (which is why it locks into the right side of your body) the people you know who have cut off their sexual awareness; you try to make what they are doing right in some respects. In order to do that, who do you have to make wrong? Yourself. Everything you have done to make you wrong because you had sexual awareness and sexual energy, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

Yes a lot of distracters in this and a lot of destruction in this; it is part of what destroys your body because the sexual energy is what is the nurturing of your body, the caring of your body, the joyfulness of your body, the creation of your body; you cut that off, then do you desire to move your body at that point? No. When you cut that off you cut off all motivation to move your body. You know when kids are young they want to run all the time, up to like 11 or 12? They can't walk any place, then you hit 13 and you become sophisticated. Too cool to do movement and absolutely never run; "I'll go in a car thank you very much." Everything you have done to eliminate the movement of your body by eroding your sexual awareness, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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All the magazines and advertising promote that you aren't the sexualness so that you have to go searching for it. What if ***you*** were the orgasmic quality of your life? How many of you have eroded your sexual awareness so you don't see you as the orgasm of your own life? That would be everybody. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Did you ever notice the place you go in watching porn? Like feeling all twisted afterwards. Do the women who do porn flicks like the men? Do the men who do porn flicks like women? No. Are they both basically prostitutes based on having to have sex with one person but getting paid a lot for being watched? Literally, they don't like the other sex. If you like the other sex at all, watching a porn flick is really difficult because it is so disgusting seeing two people who dislike each other putting their body parts together that way. It twists your universe because that is not real for you. Everything you have done to make you wrong because you can't be like that porn king or porn queen and you don't like it slammed to you hard and heavy, will you destroy and uncreate it all that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

That is another place where you erode your sexual awareness. Rather thank looking at the porn and seeing that they don't like each other you tell yourself that that is suppose to be a turn on. Or, that that is what you are suppose to do when you want to get excited. Or, this is what is suppose to turn my man on. Or a thousand other justifications which have nothing do to with true awareness.

With this erosion of sexual awareness you have to hide that you have sexual awareness and you have to hide that you actually admire somebody else's body. Instead of being able to go; "nice ass," you'll say; "nice dress." Why won't you say nice ass?

The shame of sexualness and orgasm, is it yours or is it the people you grew up with? You as a child used to get out of your body and go watch your parents have sex. None of you want to remember that because you decided it was terrible that they did it. Or you watched their no sex. Usually you watched their sex and realized there was no orgasm in it.

The programming here is you are suppose to have 2.5 kids then not have sex any more. Everything that brought up, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

What is the difference between sexualness and copulation? There is a difference. If you have sexualness with someone, do you have to copulate with them? It's a choice. Copulation should be a choice like any other. If you were doing the joy of you for and as you, what would you choose? It's a matter of getting that the choice


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and possibilities, what you choose here - don't erode your sexualness by the judgment of it's wrongness or the rightness of it. Don't erode your sexual awareness by assuming that if you were totally aware you'd be having sex 24/7, that you would have copulation 24/7. It is not necessarily so.

Kids are highly sexual, if we see the sexualness in a kid we assume we are wrong. That is one of the ways you erode your sexual energies. I see the sexual energies in kids all the time, I don't have a point of view about the wrongness or rightness of it; I just know they are sexual and I admire that. Just as I admire someone who is a great athlete or a great dancer or a great musician or a great painter. It's like those admirable qualities are that nurturing energy that gets created from the sexual energy. Everything that brought up, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What I would hope is that you would come out of some of the judgments you have of having the sexual energies that you have. As you erode these sexual energies away you loose the ability to generate your body. You start killing your body by eroding away those sexual energies. Literally as long as you are eroding sexual awareness you are destroying your body, not generating your body. Would you give up the destruction in favor of generation? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There was a time in your life when getting naked seemed like a really good idea. My kids all learned not to get naked at about age 8, prior to that you could barely keep clothes on them. Then they got to be about 17 and you could barely keep clothes on them. The greatest freedom when you are a kid is to be naked and just move your body. It feels great. Little kids love it.

Notice where you all went out of the room? Is that the place you go to, to avoid sexual awareness? How many of those places do you have? A lot, or a little? A lot, so every one of those you created, would you destroy 10% of them please? Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

That is what I was looking for those places you go to avoid and void sexual awareness. Sexual awareness is not a good or a bad thing, it is just an awareness. What we have to do is judge the wrongness of it, in order to make it wrong, in order to avoid it, in order to keep it from being part of our awareness. The moment you do any kind of judgment about it, it limits you. If you are totally aware does that mean you are going to copulate no matter what? No, the thing is if you are truly aware you will know who you can and who you can't. And, you won't choose someone who is not good for you. The majority of the time we choose people that are not necessarily good for us because we have to cut off enough sexual awareness to choose somebody who is not good for us. Isn't that amazing?


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You have to erode your sexual awareness so you can choose someone who is wrong for you.

Most people make the healing, caring and nurturing of sexualness a non-reality. The supermind wants you to believe those are non-realities. Anything that would create the place in you to have more awareness and more freedom, the supermind encourages you to not believe in those things and to make them not reality, not real.

Like caring by this reality is taking care of others, that is called "caring." It slides in a substitution while making what else is possible or what you know as really possible, a non-reality.

Ever notice how sexual little kids are? They're like the most sexual things on the planet. I'm not saying that they're going out copulating. They are often times touching themselves because they can. Little kids are willing to have that energy because it's just who they are. It's part of their beingness. Until about 7 or 8 when they're told, "you can't touch that. That's bad." So you learn all of the ways of eroding your sexual awareness so that you don't have more sexual beingness available that other people can handle. So that you don't have more sexual beingness available that is more than what this reality says is appropriate. It's the way of making sure that you fit into the matrix.

The biggest part of it is not letting you see you. If you're willing to see you, you don't care who see's you. You also don't have to be that way when you're willing to see you. You just know who you are. Have you ever met someone and they're just like, "wow." They just have this presence and this beingness where they're sort of unshakeable, they're not going to let themselves be changed by you or any body else. That's partially because they're willing to see themselves and for the most part they don't function from the erosion of sexual awareness. They're actually willing to have sexual awareness.

Is sexualness inviting and inclusive of everything and everyone? It doesn't mean that you have to copulate with everyone. What it means is you don't cut off your receiving of anyone or anything. You have infinite possibilities available in every way.

If you are not sexual at work, can you be creative? No. Can you provide the healing and nurturing to those who are in need? That sexualness needs to be in every part of your life, and that does not mean you have to copulate.

If you take the caring, nurturing, and healing away from your body, when you erode your sexualness, you degrade and degenerate your body into death. The


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ultimate judgment that keeps you in this reality is death. Every judgment you have of your body is an invitation for death.

Do you realize how little of your life you live from joy? Do you think your life is really a soap opera? Or are you trying to live it like a soap opera so you can feel real?

The joy of embodiment. How many of you enjoyed your bodies when you were kids then gave it up? Everything you did to give up that enjoyment of your body will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The moment you define yourself by a sexuality, you stop receiving.

What is **erosion of sexual awareness**? When little kids are young, there is a sexualness in their universe. There have an awareness of sex, but they don't understand copulation, they don't understand the crazy shit that people go through. Then they are told, "Don't touch that. Don't do that. You can't be that way. Don't act like that. Don't let anybody see your body parts." So slowly but surely, they erode their sexual awareness. Then you get to be 18 and suddenly you are supposed to be highly sexual. How much of your sexual awareness have you eroded by the time you are 18 - more than 800% or less? More than 800% of your sexual awareness is eroded by the time you are 18. Then you wonder why you don't have good relations and good sex.

You as a being – would you be a sexual being? Yes. So when you try to cut off your sexualness, you are actually eroding your very beingness. You become less and less of who you are every time you try to erode away some portion of that sexual awareness you have. How much of your awareness have you eroded in order to create copulation with people you should not have been copulating with?

You have to be aware of when you try to come to conclusion: "Since I can't have the sex I want, I won't go there." What freedom is there in that? None. It's a conclusion you come to so you can erode your sexual awareness away, so you won't have sex. What if you were willing to look around you and allow the total sexual awareness and you discovered that there was someone of the same sex who wanted to have you. How would that feel to you? How would it feel to your body? Which one would judge it - you or your body? You would. Just because you have the awareness of it, does that mean you have to choose to go there. For the most part, we assume we must do it. In the old days, it used to be that if you took a woman out to dinner, it meant that you got laid. That doesn't work anymore. Now you get laid and then maybe you go out to dinner.


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When do you learn to judge sexual energies? Definitely by the time you start school. Most people start to shut off those sexual energies, because they are told about the wrongness of it.

How much erosion of sexual awareness is based on the gender bias and discrimination that exists on this planet? Are gender roles real or a creation? Is it a creation that you have been subject to and is that part of what erodes your sexual awareness? The moment you define you by gender, you stop being you. Could an infinite being be defined by anything? What if you were un-definable, un-confinable and un-refinable?

The supermind's point of view is that you must procreate, because when you are in the womb, you learn to be connected to the supermind. How many of you decided not to procreate and had a few judgments about yourselves for not wanting to have children?

Supermind's point of view is it is a wrongness to enjoy your body or, for anyone else to enjoy your body.

## Rape

Some people are total resistant to something like rape occurring in their lives. Now that being the case if you're totally resistant to it, do you allow yourself to have the awareness of the energy of it when it's there? No. What you do is you try to separate from it by putting up all kinds of barriers to it ever occurring. So in so doing you're not ever willing to perceive the energy of it when it's there so you don't have the awareness of where to go and how to avoid it. So you have to be willing to receive everything. **It doesn't mean you have to experience it. Because when you're willing to receive it then you don't have to experience it, you can choose not to be there when it's going to.** Because you're be able to know when that energy is there and be able to go some place else. It's only through allowance of it that you can have the awareness of it.

## Molestation

There was a lady when we did the initial abuse class. And her daughter wanted nothing to do with her, her daughter was pissed at her. Now her husband had molested the daughter for about 7 years. And the daughter was pissed at the husband but she was more pissed at her mother for letting it happen. What we got to was, the lady knew it was occurring but she didn't want to know that could happen. She didn't want to know her husband could do it, she didn't want to know it could happen to her little girl. She shoved it out of her universe until this abuse class. And it's from the resistance and reaction to it. So you have to be willing to be in allowance to everything so that you can be in a place to stop it. Now, had she


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been willing to be aware of it, could she have done something about it? Yes. "I'm called cutting your penis off and calling the cops."

*I feel like I am tying the two together because at a very young age my baby sitter found my brother and I being "I'll show you mine if you show me yours," then my uncle molesting me, making all that serious, significant and sad.*

When your uncle was molesting you, were you having a good time?

*In therapy I got kudos because I had told him to stop, so the therapist was like good, what's the problem?*

The problem is the fact that you didn't acknowledge that you liked it in the beginning. It is just when he went too far and he got judgmental about it. When he got judgmental about it, you went; "no, I'm sorry I only do sex for fun." At that age, that is the only way people do sex, is for fun. "Show me yours, I'll show you mine" – that is your point of view at age 5. Truth, were you having fun in the beginning?

*Yes.*

Good, so when he got judgmental, truth, did you tell him to stop?

*Yes.*

Cause what part didn't you like, the sex or the judgment? The judgment. So acknowledge that and destroy and uncreate everything you tried to create that is a lie to make yourself feel like you needed to be a victim because you were molested.

*And all the significance the adults put on it.*

Gee really? Yeah, everything they put on it that it really wasn't, will you know destroy and uncreate it and return it all to sender? *Yes.* **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*The whole thing of if my father found out he would kill him. I told my mom but that was it, I still don't think my dad knows.*

Wait a minute, your mom didn't go to your dad and tell him for what reason?

*I guess because my mom wasn't playing on my team, wouldn't you say?*

Yeah, I'd say you might want to look at that. Is your mom really on your side? It sounds like she was maybe having an affair with the guy who molested you. She


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was trying to protect him, obviously she cared for him; more than she cared for you.

*It was her sister's husband I think was the whole mess.*

She was having an affair with him, I can almost guarantee it. Everything you are unwilling to perceive, know, be and receive about that, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It must be true because you started to smile, which means you feel better about the whole thing. Somewhere in your universe you had to know or it wouldn't have happened that way. That is the weird thing, you wonder why you don't get protected and you never look at; what are they doing that I'm not suppose to know about, that I know about?

*I was like bad girl all the way, as soon as I became obviously sexual in my teens, I can still remember having a boyfriend where my mother was like; "your father thinks you are a whore, he knows that you are sleeping with him."*

Gee, your mom really was on your team wasn't she?

*My relationship with my dad was such that I told him she had said that and he said; "don't ever listen to anything your mother says. I would never say that." It was a bit of a dichotomy.*

No, your father spoke truth and your mother lied.

*Yes.*

So can you get clear that your mother was a liar? Would you like to recognize how many things you tried to buy as truth that she told you that were actually lies? A lot, or a little? She lied non-stop. So, why would she lie and why would she throw her anger at you? Diversion from the fact – look over there – the reality was she was doing something that you almost caught her at, or she thought you knew about.

*When I was 5, thanks mom.*

Hey, you came in aware, get over yourself. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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The thing is anger is delivered at you when you come close to finding out or they think you somehow found out what they are doing. If your mom was protecting him she had to be doing it for a reason. It was not to protect the fucking family. You as a mother, would you kill somebody who fucked with your kid? Yeah.

*I'd make him really suffer first.*

The mothering syndrome in the world is that you will kill to protect your child. Your mother didn't do that. So, who did she have to be protecting? If she wasn't protecting her child, who was she protecting? Her lover. She was protecting him from what your father would do. It's the way it works. If you saw him coming out of her bedroom, you probably thought nothing of it, it didn't mean anything to you but she saw that you saw and from that moment on she was sure you were going to tell dad.

*Its bazaar what goes on in your head with something like this, it's like was she mad that he even fondled me?*

No, she was mad that you found out about her. From her point of view she was more afraid that you were going to find out about what she was doing than anything else. The fact is your father would have given her to him in a heartbeat. Taken the kids away from her and had the life he wanted. So why is this bringing tears, what are you making significant about it? That your mother didn't care? Truth, did you care weather she cared about you? Did you come in caring weather she cared about you?

*No.*

So would you get clear that you never cared that she cared about you or not anyway. So all she did was validate the fact that there was no reason you needed to care for her. How many lifetimes have you all been playing this game? "I won't care for you, I'll make you suffer," back and forth, back and forth, back and forth. Would you give up all your oaths, vows, fealties, swearings, comealties and commitments to get even with her? Or with your father, whichever one it was for each of you. Will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all and set yourself free? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Is it the supermind that also tells us we are suppose to care about our parents?*

Yeah, that they are suppose to care about us, we're suppose to care about them, they didn't love me and therefore I am somehow wrong. Because they didn't treat me right, that is the justification for all my fucked-up-ness in life.


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*You never cut off contact, no matter what they do, they are your family.*

The only time you keep them is if they have money. If they have no money, give them up. Put them in a fucking rest home and walk away.

What you got to get clear about is as children most of you came to parents that were incapable of taking care of themselves and you took care of them from the day you came in. Why? Because you were the stronger being. You were more aware. You were more capable. You knew what you could do. Besides that, that would give you the opportunity to do everything you wanted to do in life without having to be controlled by them. Most of you came to the parents you chose because you didn't want to be controlled.

*But at some point we chose to start shutting ourselves down.*

Yeah, because instead of being aware of – okay, I chose them so they wouldn't control me, and nobody is going to control me, fuck anybody who tries to control me because I'll kill them, you can't control me – if you don't acknowledge that that is why you came, so that you could have the control in life. You came with the remote control in your hand, "I'm going to change your channel." You weren't willing to acknowledge it, if you don't acknowledge, it then you can't change the place of having to be responsible for them forever. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you had parents that you had to be responsible for – the interesting thing for me is in noticed my mother hated having to be responsible for her mother. My sister hated having to be responsible for my mother. She did it, she chose all the obligations, did all the stuff, was there to the best of her ability. Ultimately it wasn't rewarding, it was not a rewarding choice.

Sometimes it is a reason and justification to feel good about themselves. That would be their point of view based on them or the supermind? Supermind. Everything that is, will you destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Infinite Awareness Of Future (sexual awareness)

What infinite awareness of future without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite generation of the phenomenal life you refuse to be and have? Everything that is,


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will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you were willing to know the future, you would know what would be joyful and you would not choose what would not be. Living as the question is the beginning of creating this phenomenal life, because you never try to make anything solid. You begin to ask questions and everything becomes available to you.

## Sensuality, Sex, Copulation, Sexuality, Sexualness and Orgasm

The value of knowing these elements is so you can get clear about the relevance of what you perceive in life in the way people function. People tend to talk about sex, but you really have no idea what they're really talking about because you lump all these together as though it's sex, which is not true.

**Sensuality**—being touched, caressed, held, etc. That's what bodies like.

**Sex**—when you're looking good, feeling good, walking tall, and strutting your stuff. It's when people flow energy at you about how much they're admiring your body. Your body likes being lusted after. Flirting, acting like you are going to do something for the fun of it. It is a tool to manipulate.

The supermind would say; "they want you to have inappropriate sex with everyone." Nope. Well, yep we would like you to have sex with everyone, we'd like you to get to choose who you copulate with however. Remember "sex" is that energetic flow, sex is that energy that goes between you where your body acknowledges someone else's body and feels good about it. Pretty much that simple. Or where you acknowledge somebody else's body and it creates this cool energy for both bodies and it is a generative energy. How much generative energy have you cut off by believing that if you had sex with someone it meant you had to copulate with them? Once again, this is part of why we are braking out these terms into separate words that match the energy more closely. So that you can actually realize you can have sex with an entire room all at once and yet you might not be copulating with any of them ever. You see what I am saying? Everything that is, everything that doesn't allow that, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

People who do; "that's inappropriate sexually" have incredible judgments of how perverted they are.


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**Copulation**—when you're putting the body parts together is copulation. When you can barely remember doing it a couple hours later, you are out of the significance of it, you are stepping out of the supermind. Copulation seems to be this valuable product, why? Because, 90% of the people who are talking about it are never having it. So what is valuable? That which you get with ease or that which is difficult to get? That which is forbidden is even more valuable.

Think about the best sex you ever had. That is the ultimate limitation of what you will receive. If you decided that is the best sex you ever had, can anything ever be greater than that? That would be a no, Bob. All the DJCCs about that, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it so you can have something greater? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Think about the best relationship that you ever had that you are still pining for like an idiot. Will you acknowledge that you aren't any brighter now than you were then, and it wasn't really as good as you have decided it is, so that you can beat yourself up? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and acknowledge to yourself that you are not very bright? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you acknowledge that a perfect relationship does not exist? Is perfect a judgment? Yes. Is relationship a separation? Yes because by definition if I am in relationship with you, we are not oneness. "Relationship" is literally by definition the distance between two points. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it so you can have something greater please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Sexuality**—A contraction of sexualness and awareness into judgment. If you lusted after somebody and didn't touch, no problem. When you do sexuality it is always a judgment so you are therefore looking for the rightness or wrongness of the point of view. Sexuality is a supermind point of view, not a beingness point of view. It creates a limitation of possibilities. It's always a diminishment of what you're willing to receive. When you do sexuality you cannot have the exchange of energy that is truly you. The contrivance of sexuality is in order to create a personality. Anything that runs through the supermind comes back with a computation of sexuality of one form or another. Sexuality is always an exclusion, it always excludes some part of yourself. In simultaneity, you are all those things, you've been all those things, you've done all those things. There isn't anything we haven't been, done, had, or created.


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**Sexuality is the trigger for and the physical manifestation of all distracter implants.** If you have a girlfriend and you cheat on her does, blame, shame and regret come up? Does fear and anger come up? Does anger, rage, fury and hate come up? What is it that makes these distracter implants so attractive to people? Have you ever noticed people love to talk about these? It's connected to their sexuality. "I love my wife so much, I'm afraid she'll leave me and I'll be all alone."

Would an infinite being have a sexuality? Would an infinite being have a body? If they chose. Does your body define your sexuality? Once they have a body do they have to buy into the limitations of the sexuality that they have? Does your body define your sexuality? Or do you buy the definition of your limitations based on your sexuality?

Sexuality is one of the biggest terms that has been misidentified and misapplied. Sexuality is a judgment, a discernment and a separation. As a "straight female," that is a sexuality, right? What does that mean? Are you willing to receive energy from gay females? No. Are you willing to receive energy from gay men? No. Are you willing to receive energy from straight women? A little. At least women have that, they can receive a little bit from other women in this society and that is okay. Men don't have that, we are suppose to fight each other and beat each other up to see who has the best genes so we can mate with the woman. Men's choices are mount it or kill it unfortunately.

Exactly, she was saying as a massage therapist men are really discriminated against because half the women won't go to them and none of the men will go to him unless they are gay. That is a man's point of view, I'm telling you; mount it or kill it and I'm not going to have someone that is going to want to mount me or kill me massaging me. Damn it, that is not going to happen. That is what happens with sexuality. But, guess what? This is really cool, how many of you in here define yourself as gay? Don't raise your hands. Here is the cool thing; homosexual means same sex, right? Heterosexual means opposite sex, or other sex, another sex other than the one you are, right? If you are not willing to be "homosexual" how could you ever have sex with ***YOUR*** body? Isn't that great? If you have the point of view that only a man can provide you with sexual pleasure; what is your body type, woman? That means you can't ever be truly intimate with your own body. That is what happens with sexuality. Because of this judgment system, literally you cut off your receiving from everyone other than someone you might have copulation with; that is what sexuality is. If you define yourself as a straight man or woman are you willing to receive from the plants, the animals, the trees? Are you willing to have sex with them? No. Did I say "copulation," no. But I asked if you are willing to have sex with them, that energy exchange of their beauty, your beauty – oh my god, you are so beautiful, so amazing. No, you cut it off in favor of a sexuality. How many of you are killing your bodies with the sexuality you have adopted, chosen and embodied? Everything that is, will you rescind, revoke, recant, reclaim,


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renounce, denounce, destroy and uncreate it and step away from that part of the supermind please? Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.

Our point of view in Access is, we don't care if you fuck donkeys as long as they are consenting. Gay, straight, bi-sexual or like some of us, tri-sexual; we'll try anything at least once.

That is what happens with sexuality is you loose your ability to receive from everything else in the world except that which you might copulate with or have relationship with. Do you see how that might be a little bit of a limitation? How many times do you expect the person of the other sex to give to you and they don't and you are so pissed off, and so disappointed, and so frigging angry; why do you get that angry? Because you are not willing to receive from anywhere else and you are pissed when you decided that that one source that receiving is - dries up. Literally or figuratively.

Everything that brought up for everybody, everywhere were you've been caught in the throws of sexuality, everything the supermind tells you about; I don't even want you to listen to this," and you are going; "okay," everywhere you are deciding that it is irrelevant to your life because you have already given up on it anyway, or you would really like to have it but you don't want any of us to know, so you have to hide that from you. What if you didn't have to hide that from you anymore? What if you were like; "you know what, here is what is going on for me, here is where I am and here is who I am in this 10 seconds and you know what, I am not going to cut if off for you or anyone else. Not from a place of force, simply from a place of – I am not going to cut off myself any more, for you or for anyone else. Would you be willing to have that point of view? I'm not going to stop my life any more for you or anyone else, even if "you" are the supermind. Even if you are super, it really doesn't matter to me. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much of the potency of sensuality, sex, sexualness, copulation and orgasm are you absolutely refusing with the impotence of sexuality you are choosing? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The other thing I was going to say about sexuality is when you have a judgment that you won't receive from someone it cuts off receiving in every area of your life. Let me give you an example.


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Gary was working with this guy who was a straight guy working in the gay section of town. He had a men's clothing shop with really nice clothes. He had great displays and all this stuff and his business was going down hill. Gary said, "tell me about your business and what is going on" and everything seemed fine. He said; "tell me about your customers." The guy said; "everybody is fine except *those* people." Gary said; "what do you mean, *those* people?" He said; "you know, those swishy gay guys that come in and want to flirt with me." Gary is like; "really." The guy is in the gay section of town with a men's clothing store. Hello. Who buys clothes? Straight men? No. Gay men. Straight men let their wives or girlfriends do it for the most part. So he was having no success. Gary said; "so, do you flirt with women when they come in?" He says; "not when my wife is around." "Yeah, but do you flirt with women?" The guy says; "yes." Gary says; "well, do you intend to have sex with them?" "Of course not, I'm married," he says. "Well then you do the same thing with these guys, let them think you are going to have sex with them because unless you are willing to receive their energy you can't receive their money." Gary tells him. Gary practiced with him. Gary said; "okay, I'll be the swishy gay guy." And he worked with him for like 45 minutes until finally the guy was willing to start receiving that energy with a healthy dose of POC-PODing. His business literally turned around that day. What he was doing was keeping people away with his sexuality. Here is the thing, in your life, how much of your sexuality has kept money away from you? How much of your judgments of sex, which is supposedly receiving on this planet, remember – the lower harmonic of receiving is sex and no-sex? The reason we talked about that was because it plays into this area of what you are willing to receive, plays into the area of how much money you can have, plays into the area of what kind of relationship you can create, plays into the area of how joyful you are and how much you will generate in the world. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Sexualness**— Embodies healing, creativity, expansiveness, nurturing, caring, joyfulness and orgasm, that's sexualness. In order to have that you can exclude and judge nothing about your body or you. You can exclude or judge noting when you are being total sexualness; because, if you are being total sexualness you have total caring, and in total caring can you judge anyone or anything? No. This is the way we would encourage you to generate. Orgasm is from this place of caring, healing, nurturing, generative, expansive, creative, joyous and orgasmic. I don't know about any of you, but most of the sex I've seen hasn't been that way. It is not what is done on this planet. This planet is run by human, supermind oriented sex that is wham, bam, snore. So if you found yourself growing up not really liking sex, gee I wonder why? What if there is a totally different possibility for it? What if there is a totally different possibility that is healing, nurturing, caring, expansive, joyful, generative and orgasmic? I'm presenting this as a possibility for you, so that you


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might start to embrace more of that in your life. That you might see; wow, all this stuff that I cut myself off from because it wasn't working for me; maybe it wasn't working for you because you knew more should be possible, yet nobody was willing to be in that space that would allow it to show up. So there is more possible. The energy of life, what you feel in nature; no judgment, the nurturing, the caring, the healing, the creativity, the excitement, the expansiveness, the joyful, the orgasmic quality of life and being with bodies. Notice it does not include copulation. Sexualness and copulation are two different things.

Sexualness is the ultimate capacity to receive. If you are not willing to intimidate people sexually, then you are at the effect of their sexuality. Then who is the power in the situation? You have got to be willing to be the power of intimidation sexually in order not to be controlled by others through sex. When you are not willing to intimidate sexually then you always end up at the effect of others. When somebody comes on to you sexually, you have to assign it as inappropriate sexual action, or you have to put yourself into, "I can't believe that person would do that to me," or you go into the rejection of yourself, or rejection of them. When you're willing to intimidate sexually, they end up feeling insecure because they don't know what you've really got in mind. You put them in the question. When you are willing to intimidate sexually, you will never be accosted inappropriately. If you're willing to have the flow of pure sexualness, then you won't get hit on inappropriately and people won't go into what it means, like "oh, she wants to take me home," etc.

**Orgasm**– The energy for the creation of life and the creation of your body. What if your life could be an orgasmic experience? It is the energy of total presence, total awareness, total sensation whether you're eating food, eating people, or walking on the beach. How much do you allow yourself to eat orgasmic food? If you do, that is a place where you are allowing copulation between you and your own body parts. If you were willing to have your body have the creative energy or orgasm in it all the time, would it disintegrate and die?

Remember the last time you has an orgasm, even if it was 100 years ago. Pull that energy up through the ground, through your body, and out the top of your head? How does your body feel? You wouldn't have that 24/7 for what reason? That's energy that creates life.

**The Seven Fountains Of Orgasm**

These are the "7 fountains" of orgasm to have a full body experience and a more expanded reality sexually:

1. Healing


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2. Nurturing
3. Caring
4. Creativity
5. Expansiveness
6. Joyfulness
7. Orgasmic energy

What it takes is you begin to touch your partner's body very gently and softly. You have them face down to start. You touch their feet and go up the body and down, and you touch them were ever their body would like to be touched without touching the genitals yet. What you are doing is starting to get them connected to their body. Do some of you feel more connected to your body after this MTVSS? What you are doing is getting them to be more connected to their body and to receive and be more present with their body. Kind of like some of you are feeling now. Then you have them turn over to the front side and continue caressing and touching the body, not necessarily the genitals yet. Be the healing energy, feel the healing you are doing on their body. With a little bit of luck, they will touch you and heal your body too. As you start with that healing energy, relaxation begins. Relaxation creates excitation in the body (that's the parasympathetic nervous system). You are letting the body relax and get turned on at the same time, letting their body get access to that turned on energy. Then anything you do that is stimulating should be to generate more of that energy. As you continue, whatever body part you use to touch their body you still continue to maintain that energy but you also go really slowly. You start slowly without a lot of pressure, without a lot of force, without a lot of friction. What you are doing is inviting the body to start to respond to energy; not just force and not just friction. Which is a slightly different way to be in the world, especially in the sexual arena.

What will happen is you will get them to a level of intensity and it will get really intense, and really intense then it will sort of like dip. It is like one fountain filling and filling and filling until it spills over and begins to fill the next fountain, which is actually larger. When it spills over it takes a while to fill that other fountain up. So you go with the energy and you can slow down with the intensity or the friction.

What most people have learned to do is sort of like copulation by numbers. I lick this twice and I do this and I do this and then this. In and out three times, then I pet


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them here, then I pet them here. The other part that goes with that is most people go from a little intensity and build and build and build, orgasm, okay, lets take a nap. This is different.

You know you have two parts to your autonomic nervous system, you have parasympathetic and you have sympathetic. Parasympathetic is the relaxation part, the part when you are cuddling and stroking their body; in order to get turned on you need the parasympathetic. ***In this reality*** in order to have orgasm you need the sympathetic. People go into their sympathetic nervous system to generate enough arousal or sensation to have an orgasm; which is why ladies, if your man does that he soon falls asleep. Because he has gone into the sympathetic nervous system so dynamically by going; force, force, force, force, force – come, that his body is exhausted and needs the sleep. This is all done from the parasympathetic nervous system. So what we are asking you to do is experiment with it and check it out.

So you are copulating and when that energy gets to were it fills up and spills over into the next fountain, at that point what most people try to do is contract to try and create more intensity so the intensity doesn't go away so they can have this orgasmic feeling. **Instead pull your energy out and expand, expand it out.** So, the energy will dip then you expand out more and keep going or change a little bit and then it will get more intense again, then it will dip and you do something and change a little bit and it will get more intense.

**Practice on yourself.** Sure you can do it now. Pull your energy out and expand it out so you are actually having more energy available. Lets say you are starting out at what we call this first fountain and you have this much energy _____. Lets say you are stimulating yourself and the energy is increasing, the intensity is increasing; you are filling that first fountain, that sphere of energy you are filling with energy. It's full, then either you are going to have to increase the intensity a lot to go any further, or instead if you will increase the energy with your hands or whatever body part you are using and increase the energy and expand out further so that you are having more energy increased in a larger amount of space; instead of going in and contracting. I know to some of you that is making no sense at all, I get that. I'm sharing this here to give you the beginning of a different way of having sexualness. A different way of having copulation that will actually be nurturing to your body, that will actually be joyful for you. You can do lots of judgment and contraction at the same time. It is real tough to do judgment and space at the same time.

Eventually what will happen if you keep practicing this, by the time you get to the point were your body is willing to have an orgasm there is no space in the world you don't occupy and there is nothing you are unwilling to receive and nothing you can't have and be.


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generation of sexualness without reason or justification are you absolutely totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as generation of indefinite life and infinite embodiment of energies, space and consciousness of you as you, at will and choice? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Being. To get the energy of total sexualness unbounded, how close is that to the energy of infinite beingness? Pretty similar, hum? But don't choose that cause that would be bad. The supermind tells you; *"you don't know how to choose it. It is too big a choice, you can't just choose it, you need to go through some processing first and then you can choose it. Maybe, no probably not then, maybe some other processing after that processing and maybe some other processing after that processing. No, in fact don't choose infinite beingness, don't choose total sexualness because then you will be too much and no one will want to have relationship with you and don't you know relationship is really the way back to the supermind?"* Everything that is, everything you have done to buy that, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Ecstasy, wow, I support it. What if that is actually why you have a body? Wouldn't that be weird? Is that totally frigging bazaar or what? "You have a body for ecstasy, what? Mine is pain and suffering, what kind of body did you get? How is it you got one that is suppose to have ecstasy?" Or is it a choice? It is a choice, everything that is, everything that doesn't allow you to have the choice, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Playful, what if playful were not just a concept? What if it were an energy and a beingness? That would be bad, don't tell anybody I told you, I'll probably get in trouble. What if you didn't care if you got in trouble? What if that were more fun sometimes? How much of you life have you spent avoiding getting in trouble? Oh my god, so much. How many of you have made yourself into total control freaks so you don't get in trouble? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Receiving everything with no judgment. Not just the good stuff, but all of it; which is were true freedom lies for you. **Are you aware that you are the one that keeps you from having true freedom? By not being willing to receive everything without judgment.** Supermind would tell you something different. Everything that


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is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Nurturing choice, everything that doesn't allow that, will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It's important to be able to have sexualness with everyone, which doesn't mean you have to copulate with them.

Sex addiction requires that your turn off your awareness of anybody else and it's all about how you get yourself off. That's different than being aware sexually. We are shooting for sexual awareness, not the place where you have sex without being aware of what the action is going to create in the future. Supermind impels you to have sex with the wrong people. It impels you to make copulation the source of relationship, not the source of fun. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you're not functioning in your sexual experience from question, and you are functioning from conclusions, you're not going to have any fun. The fun comes in when you actually can see the person, like who they are, and know that they are not doing it from decision, judgment, and conclusion. They're doing it because they just want to be present and play. But sex on this planet is not play. It's serious business. Then you find yourself wondering if you've found "the one" and you don't even know their last name. Right now, sex is based on judgment. 99.9% of people do sex and copulation from judgment, not from the joy of it, and they always expect something in return.

How many of you would be willing to erase all memory of every sexual experience you've ever has, so that each time you have sex, it's the first time?

Sexualness is what you're looking for. Sexualness is a beingness, not a doingness.

Every time you have sex, it should be the most dynamic you can make it for that one time. What if you did sex because it was fun for you? If you did that, it would change the world, because you would actually be in the computation. The fact is, most of you are not in the computation, based on your judgments of who you will have sex with. Fun is not reckless abandon. Reckless abandon is "I'm going to throw away my consciousness and have sex with this person anyway, regardless of the outcome." It usually turns out really well – not at all! You've got to see where people are coming from. The thing about becoming more conscious is you may have copulation less often, but hopefully the copulation you have will be far better.


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If you're a woman and you go to bed with a man who does not like women, it's not going to be fun, because he's going to have to overcome all of his judgments of what you're going to try to get out of him before he can even get hard. If you're a woman and you go to bed with a man and you don't actually like men, you aren't going to show up until you feel safe in the environment. **So just look at it**. Do you truly like the other sex? Or do you actually dislike them, but think you're supposed to have one of them? Just because you have sex with the other sex does not mean you have to like them. It does mean you have to judge yourself a lot to make yourself go there.

When you go in the deep forest, does it judge you? If your copulation feels like you are in the deep woods, where you are nurtured, cared for, embraced, healed, it's expansive, and it's a sense of space, not confinement, you are in the area where copulation can be amazing and fun. The forest doesn't try to hold you there, nor does it call you in the morning to find out how you feel. The forest embraces you, it enjoys you, it allows you to enjoy it, it nurtures you, it cares for you, it encompasses you, and it has no judgment of you. If you would have your copulation from that, every sexual experience would be extraordinary. That's the place you want to have sex from. In that, are you in the computation? Yes, because you know exactly where you are in the forest, or you know when you are lost. At least you know you always have a compass or where you parked your car. The problem is, you go to bed with somebody and you forget that you have a car to get away in. A lot of times, you should be getting in that car and getting away.

**Omnisexualness** is the way to achieve everything you desire in life because it means you can receive everything. Being willing to receive sexual energy from someone does NOT mean you actually have to copulate with them!

It is possible to copulate just for the pure fun of it. What a concept. Making love to someone who will receive it. It's called masturbation.

## Masturbation

**Masturbation** is not about achieving orgasm, its' about pleasuring your body until it is satisfied. That may or may not include orgasm. What if masturbation didn't require you to have orgasm? Masturbation without requirement, masturbation as touching the body gently and sensually to get it to relax enough to get the body to go to sleep may be all it is asking for. Or relax it enough to receive all the energy it is asking for to be totally energized and generative.


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## Talking about sex with Kids in class

We talk about sex in pretty much every class and we let kids come to every class. Why? The kids need to know this information. It is a huge disservice to keep kids away from this information. They'll ask question sometimes, most the time they are too embarrassed to ask questions but a lot of them are not. It's great because they'll ask and then go; "oh, that doesn't seem like much fun, I don't thing I'll do it that way. What can I do that would be better?"

## Dissipation Of Beingness (relationship)

What creation of relationship, sex and copulation as the province of and subjection to supermind with reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of the infinite embodiment of indefinite life and the elimination of all dissipation of beingness? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

What creation of dissipation of being without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly could be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and the infinite extrapolation and choice of largeness, magnificence, and rewarding of you without reason or justification? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

- Are you aware that every time you choose supermind you dissipate beingness?
- Are you aware that every time you choose to connect to someone who's connected to the supermind to try to get them out of it, you dissipate beingness?
- Are you aware that anytime you try to get anyone out of anything that they truly don't desire to let go of, you are dissipating your beingness?

You literally are dissipating your beingness to try to give them enough beingness so they can see the light, but they don't want to see the light. If they did you wouldn't have to dissipate any of your beingness, they would simply choose it. How many of them will not choose it simply so you can dissipate your beingness which is how they get you to connect to them and control you utterly? How many of them will not choose something greater, simply so they can get you to dissipate your beingness and therefore they can control you utterly? Everything that is, will


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you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Don't try to make people happy, make them miserable. If you make them miserable, then they have to get over it and get happy. If you try to make them happy, they won't ever get over it, because they've got you under total control, which is exactly what we were talking about with this dissipation of beingness thing. Instead, control them and get them to do what you want them to do. Don't try to make them happy. The reality is the greatest joy in life is to make another person miserable. You keep trying to make them happy. Get over it.

**Relationship** by definition is the distance between two points. What if you eliminated relationship and had communion with all things instead? In order to create relationship, you dissipate your being. Has anybody ever done that? Has anybody ever ***not*** done that?

Are you aware that you get into relationship, that you do sex and copulation to dissipate the beingness of you? How many times after you have had copulation with somebody do you feel greater than you did before hand? One of you, yeah, cool. Gives me hope that is actually exists in the world. How many times after you have gotten into a relationship with somebody do you feel like more of you and how many times do you feel like less of you? Most of the time it is less. Literally you do it so you don't have the space of you, because is feels so uncomfortable to be the space of you, you would rather connect to someone or something that is connected to the supermind so you don't have to disconnect from the supermind and perceive, know, be and receive the space of you. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Sometimes when you go into a space were there is less of you, it actually gives you an awareness of you.*

How much of that is the supermind? The supermind says; *"In order to actually get an awareness of you, you need to go into this space that is less than you, so that you'll know who you are once you come out the other side larger. If you want to know you are pasta just climb into this grinder right now and I'll show you that you are pasta. Watch when you come out the other side a bloody pulp you will know who you were by going through it."* Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be. ( repeat 5 times)

*Is it possible to create it (relationship, sex and copulation) without it being subjection to and providence of the supermind?*

Not yet. Is it possible? It has to be possible, everything is possible. Is it possible, yes. But if I tell you it is not possible then you will actually question it when you are presented with it.

If I tell you it is possible you will tell me the one instance in the world when it occurred to say *"yes, injection of consciousness is possible, go ahead baby inject me. Oh, yes, I feel consciousness and none of that supermind stuff, unless you are going to leave me asshole. Then I will hunt you down and kill you. No there is no supermind here, I am just in charge. You can't hide from me, don't try to get away."* Yes because you have been getting clear of and exposed to this much of the supermind, you have really made different choices, haven't you?

*I've made different choices.*

Right. None of them any more controlling or contractive at all, right?

*More.*

Oh isn't that cool, you have more potency. Now you can choose to fuck yourself up more. Well you definitely have to prove this consciousness shit doesn't work.

**When you do distraction, that's doing dissipation of beingness by *doing*.** When you are doing from beingness, everything happens very quickly. Everything around you gets in line with your rapid capacity for creation. What if everything that takes you an hour could be done in 10 minutes or less? As long as you're doing, you're thinking. When you be, everything happens without thought, with ease, joy and glory. Dissipation of being is a way to escape from creation. If you are being, you are in a constant state of creation.

What you're looking for is, how do you create more largeness in your life? What would the largeness of your life be? Are you creating a life that's controllable? In order to control something, must you confine it and define it? How much largeness are you allowing yourself to have? The largeness begins to show up when you have no point of view because you're not dissipating beingness in order to create the controls of your life. You dissipate a huge amount of being in order to control your life, so that everything stays in its place. If you were really willing to have the largeness, you would have an uncontrolled life. You would be out of control, out of limitation, out of definition, out of form, structure and significance, out of


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linearities and concentricities as the true you. Every time you allow yourself to be defined by somebody's projections, expectations, separations, judgments, and rejections, you dissipate your being.

With an **expectation** like; "oh geez, I hope they call me tomorrow" you are into the supermind.

With a **desire**; "oh god, I would love to be with them" you are in the supermind.

With any **wish** you are into the supermind.

**Projections, expectations, desires and wishes** connect you back to the supermind because you go there to attempt to find the fulfillment of all of those.

If you want to clear up your relationship with someone you can ask; **"what projections, expectations, wishes and desires of them do I have, that I have not even acknowledged?" and then POC and POD them all.**

Then ask; **"what projections, expectations, wishes and desires do they have of me, that I never wanted to acknowledge?" An energy will come up and we can POC and POD all those. Anything that connects you to the supermind, POC and POD all that stuff.**

Do this 30 times a day for the next couple of weeks, it will change your relationship.

## Money

Many of you have made money a non-reality. Business is a non-reality to you as well. When you make money a non-reality, you have no ability to create it. In order to create your life and your business, you have to be willing to look at it.

What if every penny you spent was used to change people's reality? How many of you are having fun with money? You are suffering instead.

To start getting out of making money a non-reality, you have to become aware of exactly what it costs to run your life each month. Then start asking: ***What would I like to create here? What kind of change of realities would I like to have?***

**If you start changing realities – yours and everybody else's – money will start to come.** If you use money as though it proves something, you'll never have it together. Money is nothing. It's paper. Money is a total fabrication. It's not a truth. What if you became an anomaly in the economic system?


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Are you based on your bank account or based on you? At what age did you give up the awareness that you could have anything if you chose to have it? How much money have you shoved out of existence in your life?

How many things have you created, that you have decided are not going to make you money, that could make you money, if you would just take your stupid-ass fixed point of view off them?

You have defined what money is for you. It is a vehicle that moves you from one place to another. A lot of you won't allow yourself to have money, because you don't want to loose it. All points of view about money are created; they are not truth. There is not an ounce of truth around money. It's all an illusion. None of it's real. You have got to get aware. That is the only way you will ever make money something that does not control you. As long as you are not aware of money, what it costs you to live, what it's like to have money in the bank, what it takes to have more than you spend, as long as you are unwilling to add to your life to create more money in your life, then you will never have clarity and ease around your life.

## Supermind and money

The supermind says you can only have as much money as you have, you can't have more than this. The supermind says; "you will always have enough but not too much. There is a cap on eh amount of money you can have. Your parents didn't have more than this, so you can't have more than this. You are a single women, therefore you can't have more than this, only if you are married can you have more." There is all this criteria for what that is for each person.

"There is not enough to go around, there isn't enough for everybody," all these strange points of view. Every point of view you bought about money from the supermind will you destroy and uncreate it all and return it all to sender? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

In this reality you can have sex, money, power or spirituality. But you can only have two of them at one time, so sayeth the supermind.

You have to be ***willing*** to have everything, loose anything and be willing to be anything to choose. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

For how many of you have you connected your money to the supermind? How many of you try to figure out money by going into the supermind? Which of course wants you to have huge amounts of money, or not? That would be no. Everything


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that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## My issue is money

We're talking about all these facilitators here who will do body work, but they charge money for it. This is what they do for a living. And ask them, they'll run your Bars for free and the body work is what they do for a living so they most likely would choose to be paid for it. What they facilitate is amazing, all of them have skills, talents and abilities. I encourage you to ask your body what it would like to receive and who it would like to receive from and go talk to that facilitator and ask what they can do for you.

At some point we should probably have a discussion about money here. Here is the thing, this person charges for a class, this person charges for a session; "you go, everybody is charging, what's this, is Access all about money?" Yes, it is, it is only about money, not about consciousness, see you later, bye, thanks for coming. Notice when I say it you see maybe it's not. But, the supermind says; "see, it's all about money" or your judgments from the past come up.

When I first came to Access my issue was money. I knew it and I would tell anybody who asked. Every technique I did, what I wanted to handle without letting anybody else know it because I didn't want to sound like one of *those* people, was money. I was tired of not having any money and it would bug the shit out of me that I never had any money. And I really did consciousness so I could get some frigging money for once. I know none of you are in the same boat.

How much spiritual significance are you doing based on the fact that you have no fucking money? Oh sorry, spiritual superiority. *"Don't you know it is spiritually superior to not have any money. I'm not like those people who have all that money, who are totally unconscious, I am totally unconscious and poor."* Everything that is, notice the energy on that one when I bring it up, everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

One side of my family is from Idaho, which of course is like the little Utah, right. My family used to tell me, as we had not enough money and mom was putting clothes on lay-away three months before hand so I could afford them for when school started. She'd say; *"well, at least we are not unhappy like those rich people."* I'm like; "no, you are unhappy-er." Are you kidding me? *"We're not like those rich people."* Yeah, they've got money, they don't have to worry weather or not they're going to be able to pay rent this month. I realized that my family had a couple of


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limited points of view. I'm sure none of your did. Everywhere were you have entrenched yourself in that as the way of making sure not to receive the totality of the world and the totality of the abundance that is available on this planet, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

When I first came to class and saw people would charge for body work and stuff, initially I was pissed, I was really upset. I thought, "I can't believe this, I thought consciousness was suppose to be free. What is the deal? What are you doing, how could you do this to me? I might want what you offer but I can't pay, you're pissing me off."

I remember there was a particular class were I actually had the willingness to raise my hand and ask; "Gary, I have a question, I've got this money thing and it's like grading on me." He went; "well, what are you unwilling to receive." And I went; "what do you mean?" He said; "well if you have 'this is a problem' as point of view, how much money are you going to receive in your life?" "Oh, so you mean if that bristles the hairs on the back of my neck when I hear that someone is charging for something, that somehow relates to my ability to receive money?" He said; "yeah, exactly." I went, oh shit. Because what happens is, if for example you see someone is a Mercedes and say; "oh god, a *Mercedes* driver," grumble, grumble. I realized with that point of view I'm never going to be able to have one. I am not ever going to be able to afford one. So what have you cut out of your life based on the resistance to someone else having it or being it? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There is a lot more on this, but I wanted to address it so perhaps you could start to look from a different place.

So I raised my hand and Gary did some processing on me similar to some stuff that is later in the book that we are going to get to and what came out of that was I looked at the person were I had the point of view; "he's all about money, I can't believe he's charging for a session" and got to were I could actually have gratitude for him and gratitude for the fact that he was willing to charge when I wasn't. When I first came to Access I was charging $25 dollars a session, for a chiropractic session. I was doing this network stuff were theoretically I'd have more than one person on the table at a time, for $25 per session. Or, for $300 dollars you could have as many sessions as you could cram into a month. What?

Now I charge $350 per hour. Does that sound like a lot to somebody? Yeah, I know it sounds like a lot, to a lot of people. Guess what, what if you knew you could afford that with total ease? What if it was like – "can I book you for 10 hours a week? I've got that much cash no problem." What if that where your point of view?


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It's not about weather you have a judgment of me or not, because judge me all you want, I'm really good at that. For every judgment you project at me, that I am willing to receive, I make $5000 more that year. Let me say that again in English. For every judgment you are willing to receive, and not reject and not resist and react to, you make $5000 more that year. Any judgment. Any judgment you are willing to receive you make $5000 dollars more that year. But how much of your life are you spending trying to reject judgment so it doesn't effect you?

Like I could feel certain people last night going into judgment about Access and me and blah, blah, blah and I went; "wow, that is interesting, have a good time with that. Hope you enjoy yourself." For me, I'd like everybody to get the most benefit possible. I like them to see the space in their life and choose it and generate from it and I know some of you will and a lot of you won't because you will treat this like you have treated everything else and wonder why it didn't create the miracle cure that you were so looking for. "Why didn't I give you *THE ANSWER* that was going to be the answer for every answer that you have ever wanted in your life?" And you would reject it too. Okay, fine. Is that my choice, or yours? Yours.

So I am over trying to take you with me. I'm over having a point of view, other than: here it is; if you want it cool. If you don't, no problem; it is totally okay. What would it be like if you were willing to be like that with the people in your life? The people that you try to talk into consciousness. Or the people that you try to talk into this thing because you know it will be better for them. What if you looked and went, okay if you are going to do that, no problem, cool. Have a good time, I'll see you later. Everything that brought up, everything connected to the supermind that that brought up, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Money As The Mystical Beast Beyond Capture

What creation of money as the mystical beast beyond capture with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite generative energy, space, and consciousness of everything in the entire universe contributing to you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The consciousness of the entire universe contributing to you. Do you realize how much energy you have used to not allow the universe to contribute to you? You have unimagined that the universe actually likes you. It does, it lets you exist, it lets


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you live. It hasn't dropped a crane on your head yet, so it must like you more than you like you. How many of you realize that you have the point of view that the universe is not here to take care of you but to destroy you? Is that your point of view or the supermind?

The moment you make money significant, it ceases to accumulate in your life. You assume that money is going to give you freedom, solve your problem, pay your debts, and so on. You won't allow your money to change dynamically, because then your life would have to change dynamically.

Money doesn't come as a result of your need of it. Money comes as a result of being willing to be the power of change and transformation in the world. The more you are willing to be the power and potency of change and transformation of everyone and everything around you, the more money will show up in your life. That's the way money is created. In order to be the potency, you have to receive. In order to transform, you have to receive. Receiving is the issue. Money is not ever the problem.

One tool you can use is, ***"If money were not the problem, what would I choose?"***

Notice that 90% of the time when you say you are going to do something, the money shows up.

It's also a necessity you have total gratitude for every penny you receive; if you wish money to grow in your life. Are you grateful for money, or are you worried about not having enough? When you go into worry about not having enough, you are not doing and being gratitude with money, and you receive less and less and less. Be willing to be the potency of change and transformation, and be grateful for every cent that comes into your life.

***What energy, space and consciousness can I be, that would generate more money in my life?***

If you are willing to have too much money, you are totally needless. If you are in need, you must hold on to what you've got (which is your poverty) to prove the rightness of your point of view that there is not enough.

If you didn't have money to worry about, what would you worry about? If money weren't the issue, what would you choose? What if you were willing to have more than you could spend and not have enough at the same time? Does that break any paradigms?

**What energy, space and consciousness can I be to have more money than I could spend and never enough?**


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Is "enough" an answer? Is "enough" a conclusion? Is "enough" a stopping point? Yes, all of the above. So what if you had more than you could spend and never enough? Which would mean more than you could spend, which is so much more it would still keep going and growing. That would be really bad, don't do it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you never thought about money again for the rest of your life? What if you never had to think about it again? What if you were willing to receive money as an orgasm and your life as an orgasm? What if you received everything the universe ever offered you?

*ATM would have a whole new meaning, there would be a line around the block.*

Where is mom? Oh, she's at the ATM again. But all kinds of people are there, I wonder what that is about?

## Generation Of Gold

What generation of gold without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you really should be choosing that if you would choose it would change all realities and non realities and manifest as the generation of indefinite life and the infinite awareness of the abundance and gifting of molecular communion? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you have money problems, do this clearing a 1000 times a month.

**Molecular communion** is the willingness to have awareness of all molecular structure and asking the molecules to change to become what you would ask them to become.

Gold can be a generative energy.

The **generation of gold** is about being willing to be the energy, the space, and the consciousness that allows it to manifest (show up) in your life.

As long as you think you can't have it, the molecules will create that. How much do we refuse to have these bits of gold, these things show up in our life?

I tried to do money with these clearings and money never worked. It wasn't until we hit on this thing about gold that I realized there in lies the rub. Most money has


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been based on gold forever. In truth, it still is because the value of the dollar is based on the value of gold.

We used to run processes on money and they were somewhat effective, but when this gold came along; "what generation of gold are you refusing?" It actually seems as though, what we call "money," when we talk about money, is it sort of like a non-reality for you? Like it doesn't make any sense? Like; "how do I do it?" It should be that you have awareness of it, ask it to come into your life, it should flow with ease, show up with ease and you are present with it and connected to the energy of it. When you talk about money, that is usually not the case. Ideally you would invite it, receive it, then let it have lots of babies. What if "money" is not the most appropriate term? What if "gold" is?

Gold is something you can talk to, have communion with. Money is a creation of banks and governments. Are you aware of that? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Here is the thing with gold. What you want to look at in this world is; what is the universe telling you that you haven't yet been willing to listen to? It has and is giving you all the awareness's of what to do and how to do it; so that you can thrive. But you don't ever ask the questions. You come up with your answers about how it is going to work for you and then what you end up doing is going with those answers, to the exclusion of asking anther question that might allow things to work better.

You've got all this economic stuff going on, right? What if you asked; "what energy, space and consciousness must I be to thrive in these economic times?" It is sort of that simple. Then POC and POD everything that makes you believe you have to have an answer, all the answers you have come up with before this, so that you can be present with what is and be the energy that it is going to take to thrive.

Here is the other thing, you have to make a demand on the universe. You have to make a demand if you are going to have more money, you have to demand it. You have to go; "hey, universe, what is it going to take for more money? You have to request that your income double in the next year, for example.

A couple years ago I was with Gary and talking about how much he made that year and he went; "that is not enough, what is it going to take for this to double in the next year?" and it did. Most of us never request of the universe, we never request ***an amount.*** "Universe, will you help me double my income?" You are the catalyst by which that can occur, by your request – the universe will provide it.


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You don't even know you can request, right. How much of that is the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*When I ask like that and I have no point of view about how it is going to show up - it does. When I start to go into – this is how and were - it shuts off.*

Exactly. When you ask and you have no idea how it shows up, or how it's going to, or how it's suppose to; it happens, because you are not vested in the outcome. Getting vested in the outcome is a sure way to have it ***not*** happen.

How much of your energy do you have to cut off to not be able to talk to the molecules, to ask them for what you desire? We spend a lot of energy to think that something else can do what we can't do, and how much energy do we use to make us not do something that we actually can do. It's not us doing it, it's inviting it to do it for us. It wants to create itself as something good for you. All you have to do is ask the water to become something that is good for your body, and it becomes good for your body. It becomes good vibes for you.

The "good vibes for you" water actually changes its molecular structure according to who is drinking it. I mean, you are asking for good vibes for you. You want it to be the vibe that your body wants. How does it get any better than that? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you were willing to be the energy that created gold, instead of it having to be something outside of you? Willing to receive abundance from any source.

You can change the molecular structures just by asking them to. If you ask the molecules to change it will do so, it will become what you ask it to become.

One thing that used to surprise me is you would go out to find art deco pieces at estate sales or yard sales and you kept finding them. In the 1930's in truth there were not enough people around to have that many art deco pieces on the market. How did they occur? Because everyone is asking for them to show up, the molecules change to become what is asked for.

Ever had the experience of going out and looking for a dress that was exactly what you wanted and you found it at a place on sale and the sales person says; "wow, I didn't even see that, that is my size and I would have bought it." Because it didn't exist until shortly before you walked in the store.

*Why do we have to pay for it all?*


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Because, you are not willing to receive unconditionally. If you were willing to allow the gold to just be there, it would show up that way. Most of us are not willing to have it show up that way. We think we have to do something to get it, or we have to buy some stock to get it or we have to _____.

If you had to be willing to be space in order to have too much money, would you be willing to be space to have too much money? Would you be willing to be space that has molecular communion down to such a fine degree that the molecules will change to become the gold you desire? *Yes.* Destroy and uncreate it everything that doesn't allow that to happen? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have the idea that if you work, you get gold. That's your reason and justification for getting it. But if it comes out of nowhere, you get rid of it. 90% of the people who inherit money, get rid of it within 3 years. With people who win the lottery, within 3-5 years they are in the same level of debt they were in before they won the lottery. Their ability with money does not exist. Instead of learning about money, they think they have solved the problem. Money is never the solution; it's the beginning.

You cannot create beyond the limitations of what you have already created if you are not willing to have gold rain down out of the sky for you. People are always looking for residual income. That is a crock of shit. There is no such thing as residual income; there is only residual limitation. You have got to be willing to create money in order to have money. Most people get to the point where they think they have their finances are handled, and they never create anything after that. As soon as they do that, they have to start living a decaying and diminutive life, so as not to lose what they have already got. Why not just keep creating?

Every time you say, "I don't want to lose money," you lose money. You don't lack of losing money and you're focusing on the loss, rather than the creation. It's choosing to avoid punishment; instead of knowing you can always create more money.

*Is that a judgment that you can have too much money?*

No, that is an awareness. The problem is you have already judged what too much money is. All the DJCCs about what too much money is, or what it means, or what it will do, or what it will create, or what it will generate, that you don't wish to do, be, have or generate; will you destroy and uncreate all that and be, do, have, create and generate anything? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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"What would it take to have the money to come to class?" is a decision you've already made to come to the class. You can not create the money to come to class. What you have to ask is; **"what would it take to generate so much money I would never question the need to go to class, or the desire to go to class again?"** First of all, it's not you asking how the money is going to come, that is the supermind. Everything you have done to allow the supermind to run your money flows, and all the governors and governance systems you have attached to the money flows of your life, will you destroy and uncreate all those please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Everything owns you

Literally, what occurs is you ask; "do you own me?" You do not own it, it does not go out and work for you; you go out and work for it. You are the one who pays to get it cleaned, pays to have it taken care of, pays to make sure it has a place to stay, all those things. You don't own it, it owns you. You go to work for it, not the other way around. So when you start to ask these things in your life if they will generate money in your life or contribute to generating money in your life, be grateful and you will begin to realize how things contribute to you. It is value changes.

The other part of it is asking the stuff you already have; "do you want to continue to own me?" I went around my apartment once and asked everything I had if it wanted to own me and half of it said no, it wanted to move now. "But I like you, you have been with me for so long." Now the horses tell me when they want to own somebody else. The furniture tells me when it wants to own somebody else. There are things that I adore, and when they tell me it is time for them to find their people I let them go. You have to be willing to have awareness of their awareness. The more you are willing to have that, the more everything will contribute to you.

When something is ready to go ask it to find it's people, let it do the work. You have been working for it forever, let it work for you. Let it pull it's own people in. Give it an energetic flashing sign that it's for sale and you'll be amazed how quickly it finds it's people.

When you are willing to have everything that desires to own you and nothing that doesn't you will have a life of decadence, elegance, liveliness and everything in your life will contribute to you and your life so it becomes phenomenal.

## Having things of value

But what you'd like to have in your life is things that have value. Gold has value. It will always have value, at least for the foreseeable future. When you know you've got a silver tea service that is worth $1500 sitting on your antique drawer that you


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bought for $5000. The thing with antiques is that you can sell them for at least half of what you paid. A lot of times though they actually appreciate. But when you have that, right there you've got $6500 that if you had to sell you've got $6500. Contrast that with you little tea lights on top of your Ikea chest you've got about $15. Not that there's anything wrong with that. You want to start accumulating things that have value. It's part of the accumulation of wealth.

Do you have the point of view that your judgments make you uniquely you? And that that is actually taste?

The first time I walked into Gary's house, I was like, 'oh my god, there's a bunch of old shit here that doesn't match.' Literally I looked around and there was crystal shit, silver shit over here. Now I thought, 'I fucking hate antiques.' Because every antique I'd ever seen by anybody in my family that ever had one was cheap old shit. So Gary would go to antique stores and he'd take me shopping with him, 'oh my god, old shit again.' Finally we went into this one antique store. We walked back to this one chest of drawers that was ornately craved, ornately inlaid, it's gorgeous and the workmanship on it was phenomenal. And it was the first time I thought about buying something. And I asked the lady, 'so how much is it?' and she said, '$25,000'. And I went, 'oh that's the problem, I just don't like cheap antiques.' I realized it was the cheap shit that I didn't like because the workmanship that goes into something like a really fine antique, you can feel the energy of it. The energy of it is different. Which is a different way of looking at what you're willing to have in your life.

*What if you're body doesn't want antiques? What if it wants Ikea?*

It's not about antiques versus Ikea. It's about - what's nurturing to you and your body? Every area of your life. If you go into my bedroom and lie on my bed, I've had more people comment on how comfortable my bed is, they're like 'oh my god.' Exactly. I love going home because of my bed. I got a California king size feather bed, a California pillow top mattress with a four inch foam thing on top of that, with a feather down comforter on top of that. You climb in and it's like living in a cloud. Its the most comfortable thing I've ever been in, in my life. Why do I do that? Because it's fucking cool and it feels great. My body loves it. But that's what you want to surround yourself with, whatever that is for you. It doesn't have to be antiques.

The other part of what we do is we come to conclusion about what we'll receive or not based on our judgment of its garish, its cheap, its ugly, whatever it is and we cut off our receiving of all possibilities in that. **What nurtures your body and being is what you should have.**


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It's what is rewarding and nurtures you body and being. I introduce this concept to you because it wasn't a concept that I ever had prior to Access. I never had the concept of buying things that had value. What I realized is that was one of the things that Gary had as an intrinsic concept to him. That was one of the things that kept inviting more money into his life. You don't just buy something because it's expensive.

If you're not choosing from the elegance and the aesthetics of life for you whatever that is, and the aesthetics is the awareness of beauty of all things. The elegance is creating the greatest results with the least amount of energy. If you're not choosing from that place the elegance and the aesthetics of life you're in that survival mode. You're functioning not from the possibilities of what could be but from the utilitarian universe.

We'll talk about this stuff and the place that some people go initially is "oh well you're just talking about money and you're talking about that you need to buy things." No I'm talking about what nurtures my body and being. And that's where I make my choices from. Not that you have to have a good car. No, if nurturing your body and soul is walking, ok get some good shoes. Who cares? It's not that what I choose, you have to choose. Most of us have lived our lives from the necessity, the obligation and the utilitarian use of everything we buy that we don't do it for the joy of it. We do it for "oh I've got to have a bed to sleep on. Ok, what's the cheapest one?" No. "What's the most joyous coolest thing that I can find?" And when you do that, are you honoring you? Are you honoring you body? Are you nurturing your body? It's not the way you think it should be. Choose for you and what nurtures your body and being. When you do, you start making a fuck load more money. Why? Because your life is no longer about eating and living, it's actually about enjoying it. What if the money could show up a lot easier if you were nurturing your body? If you were choosing stuff that was just so cool to you, that you thoroughly enjoyed it and loved it?

## Gold value

For several years now I have been telling people; "gold is going up, you should buy gold." It is going to go up further. You have to look at the reality of what is going on right now in the United States. We are constantly going into debt. The economy is going up or down? Down. What is happening with the real estate market? Down, down, down. Gold is going up and will continue to go up. It will go up to $1200 an once, maybe $1400, it may go higher than that. There will probably not be a turn around in it until the economy starts to shift. Right now with the mortgages going bad, that effects the banking system, which effects the mortgage system, which effects the security bonds – all of it is interactive and it is on a downward spiral and so is our dollar.


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When I first started going to Australia, Australian Dollars were 51 cents on the dollar. Now they are 92 cents on the dollar. Canada is 1.08 right now, Canada is more solid than we are. So even if you just buy currency form other countries, there are ways in which you can create more wealth. Ask the money or gold; "are you going to go up?" What do you get? *Yes.* Based on what I told you or on what you know? Rely on what you know and ask the question.

As long as the US economy continues to go down, gold will continue to go up. If you buy it now and it goes up to $1200, if it drops $100, you might want to sell. In the short run, it will probably go up to $1200 and drop a bit. In the long run it may go up as high as $2,000 per ounce. But be willing to ask the gold. Don't assume what it's going to do. Invest in what feels right to you. Everything is a commodity in this reality, including people. Be willing to know what you're good at and use that to create money.

You might ask; "how high is it going to go until it starts dropping and keeps dropping?" Even at $900 right now, if it going to go up more, it might be worth it. If you have this awareness that it is going to go up to $1200, $1300, $1400 and it says "yes" and that occurs over a year or two. 30% in a year or two is not too bad.

I got the information to buy gold about three years ago, so I did. I got gold at $350 an once. I thought, oh my god, this is so expensive. I came home and it had gone down a little bit, then it went up a little bit. But, I asked it if it would make me money and it said yes. Today it's at about $920.

## Requesting of gold

Here is another interesting thing. I will share it with you, see if it makes you feel lighter or not. I looked at gold at $1000 an once, I was looking at buying some more and I asked the gold; "would you be willing to drop for me please?" And gold went; "sure." I didn't ask with a point of view. I was at the sex class and looking on line at the price and asking it to lower and I was getting the energy like it would go down by the next Thursday. I had no idea how much it would go down. It had gone down $90 in three days. Thank you gold. So Gary bought some for me today when it was at about $920. In anther class in January we asked it if it would go down $50, we knew we could ask for that and it would do it. We asked cause some of the people in class wanted to buy gold. It literally went down the next day. Would that be perhaps molecular communion? Now, if you didn't have to look for an answer to anything I just said and notice there is more space to not have to actually look for an answer right now? Like to even understand what I said. Oh baby, watch out. There is nothing to understand and there is no way to understand beingness. There is no way to understand beingness. That thing that was this "understanding" thing, was the twist into the supermind and the collective


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supermind. What if instead you just knew; "wow, okay what energy, space and consciousness would I have to be to generate such a result? Or a greater result."

You may consider the possibility of buying gold if you get that it is going to go up.

**Gold dealers**

When you go to a coin dealer, what they do is they take the spot price, (what it is in the last 10 minutes) and they sell it to you for 3% over that. Which is their margin. They make their profit on the 3% over. When you go to sell it they give you 3% under what the spot price is. So you lose 6% but if you've already made around 30% that's not such a bad deal. The other thing to know depending on the country and the state that you buy it certain times if you get more than more than $10,000 on anything then you have to be reported to the IRS like in the US. So that may not be something that you want to do. You may want to buy it in smaller increments.

## Currency value

The more gold a country has the more secure their currency is. At the rate the USA is going, we could be third world country in about 6 years.

China has huge amounts of gold. Also, they have been arbitrarily keeping their currency at a low value. Why? So that they can get Americans to invest in their country and start creating ways they can generate a whole new income. Their wage scale is so low that they can get the Americans to come there and then when they let their Yen go up to what is market value, all the employees

When a country is about to join something like the Euro, if their currency is less, when they join the value goes way up and you make tons of money. If that were to occur where Canada, America and Mexico were to join currencies, that is when you want to go buy in Mexico. Because then Mexico would become way more valuable. Will that hedge against the value of China's currency? No, because they are keeping their currency value arbitrarily low.

What these people are really shooting for is global currency. The people who market in currency exchange are not happy about that, they don't want that to occur. It does not work in their behalf.

Interestingly, China has moved so much water into the cities that they have created drought inland where they used to grow rice and stuff and the dust bowl is occurring in China right now. So why do they want more Americans to come there and spend money? The Americans will build all of the infrastructure. And they will force the American government to open up all trade and give them food. We are highly interdependent. This is all part of the supermind construct of reality.


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Everything you are unwilling to perceive, know, be and receive how the supermind constructs the economic conditions of the earth, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Educate you about money

Most of you don't educate yourself about money. Most of your families never taught you how to create money, know money, or anything.

The tools given here are a great start to know about how money works for you as a humanoid. Let this be a start and discover what it would take for you to have too much of everything – including you.

## How much does it cost you to run your life?

If you have money difficulties, then one of the things you want to do is get really clear about how much it costs you to live per month.

- Make a list of all your expenses: gas, food, rent, entertainment, and so on, as close to the penny as possible.
- And how much you would have to have per month in order to do all the Access you would like to do
- And add 10%.
- Don't forget to add in quarterly, bi-annual and annual payments (such as taxed) to your monthly average.

That will give you an idea of how much money you actually "need" to handle your life.

Then you look at the things you know how to do, and figure out how many of those things you would have to do in order to accomplish that amount of money. That will give you an idea of exactly how much money it takes to run your life. Choosing to do this give you awareness of what it will actually take to change it.

Then you ask, ***"What else can I add to my life to create this money?"*** Nothing is guaranteed in life, except that everything will change. But if you realize how many hours or sessions you will have to do to create it, then you will create it. But you have got to make the demand on yourself: ***no matter what it takes, this is going to happen.***


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## Past expenditures

If you owe money and you decide you can't get out from under it, then you can't. When you borrow a whole lot of money, you start creating debt. There have been too many lifetimes in which debt equaled prison when you couldn't pay it. When it gets too extreme, you start thinking your going to die or go to jail if you can't pay it. That limits your ability to create. If you have debt already, start referring to it as "past expenditures".

- Know the total amount of past expenditures you have, right now, to the penny.
- Take that amount of money, pick a period of time, like a year or two years tp [au it off. If you divide it by 12 months (for one year payoff) or 24 months (for 2 year payoff) you'll get the amount it take each month to be able to pay it off in that amount of time. This is not the monthly minimum payments – that guarantees it will take years or decades.
- Add this to your monthly amount it takes you to run your life.
- For added clarity you can put that in terms of how many more hours a day or week you would have to work, or how many more Access classes you'd have to facilitate or private sessions it would take to meet that monthly amount required to run your life ***and*** pay off your past expenditures. You'll probably be surprised how little it is when you brake it down like this. Do the math – find out what it actually is and then you will know what it's going to take.
- Then make a demand on yourself that no matter what it takes, you are going to pay off those past expenditures within a year and a half to two years.
- Then ask what you would have to add to your life to create that money within a year and a half to two years.

How many of you are duplicating your parents' financial universe with such intensity that you are creating it as yours now? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

You assume money is the creation of your life instead of you being the creation of your life. If you think money is freedom, unless you have the right amount of money, you will never have money. There is never enough money to be free. Money and free are two different universes. If you want to be free, then you must earn no money. Everything you do is for free.

How many lies have you told yourself about money that you're trying to make truth and right? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**


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When you take the point of view that money shouldn't be necessary, that's a very fixed point of view. So what you do is try to make that truth by not making money necessary in your life. So you will allow yourself to have just enough to cover the things you really have decided are necessary, but you will not allow yourself to have too much, because you've got to make it not necessary. You don't care about money. So in order to have a lot of money in your life, you've got to look at what would it be like to have a lot of fun with money in your life and what would it be like to use money for changing people's paradigms? What if money was necessary to create fun in life by changing people's points of view everywhere?

**You get money by being willing not to have it.**

You have to be willing to have it or not have it and still know that you can create whatever you want.

What lies, judgments, and viewpoints have you entrenched over the last four trillion years to make money the source of who, what, where, when, why, and how you are? All of those, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate them all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## Doing what you love

When you do what you love more money shows up in your life.

To me vacation is stupid, I don't like it, it takes time away from me being able to do what I love. For me a vacation means I don't do as much work on consciousness as I do on the rest of my life. I have more fun doing this shit every day. This is what is fun for me. Everything I do with this is joyful for me. I love this stuff, I love what I discover, I love what you give me, I love how you guys contribute to what shows up here and how you change it. That is exciting to me, that is the adventure of life, this is my vacation and I get paid for it. How does it get any better than that?

As long as you're doing the wrongness of you, then you can never know what you're good at, because you have to be wrong for doing that thing somehow. Once you come out of the wrongness of you, then you can start to be aware of what is possible, and then you can start to create the gold. You need to be willing to be that potency that most of you have not been willing to be. The potency is the catalyst for change.

If you are doing what you love then the money shows up because you are not thinking about it, it is a byproduct of you living your life for the fun of it and choosing what you love to do.


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What creates the most money in your life? What you know that other people don't know? Most of you are unwilling to make money without reason or justification, and knowing is not reason enough to make money.

You have to be willing to be a whore to make money from anyone, from anywhere, at any time.

Have you misidentified or misapplied that is you pay for something it's greater than you or less than you? As soon as you buy something, is it worth what you paid for it? As soon as you get it, the thrill is gone. You think buying something is going to equal prosperity. It's only retail therapy.

**As a humanoid you can't do anything just for the money.** You ever notice?

Now watch the humans around you who can do anything just for money and feel totally okay about it.

A human could say run Enron and come up with new ways of scheming the public and single handedly cause the west coast power outages and shortages on purpose simply to raise the price of electricity. A human could do that. You as a humanoid would hate yourself. You as a humanoid can't do anything for money. You can't do it just for money. You can do things and receive money, but for you money is just the byproduct always.

*Something about the "how" of money that seems so difficult.*

It is, it is an impossibility to create money from "how" for you.

As a humanoid you very often take jobs and in a short time find out you don't like them, to determine what job you want to do. I don't like that, okay next one; and you move on. Finding out what you don't like to do is easier than finding out what you like to do. You look at everything and go; "I could do that." There are thousands of things you could do but the one thing you won't do is the thing that is easiest for you.

If it is easy for you, you think it can't possibly have any value.

A humanoid always wants to do everything. The difficulty is you keep trying to come up with a career. You are a humanoid, you need to do careen, not career. Careen though life. It is a humanoid trait. That is why I say have 10 jobs. Do at least ten things, if you are doing at least ten things you will be happy for the first time in your life and you will be busy enough to keep the supermind from running you ever. The supermind does not know how to compute you doing ten things. It stops. The supermind tells you "this is overwhelming" as a way to try and stop you but it


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is actually the supermind that is being overwhelmed, not you. an infinite being could be overwhelmed based on what?

*When I am doing something I really enjoy, I never want to stop. I'll go until I'm entirely exhausted.*

The point of view "I never want to stop" is not a correct one. That is what you have decided you need to have if you are going to do the thing you love, that you should never stop doing it. All the DJCCs, triangulations, specific gravities creating that will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You need to maintain choice. What you are doing is "I love this so I'll do it forever." Everything you have said you will do forever becomes a trap because it's not choice anymore. You have taken choice away by deciding you will do it forever. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You decide what you like, you decide what you want to do, you decide what your image is and then you decide what your image isn't and what you are not willing to be or do or have or create or generate. Once you decide what you will not be, do, have, create or generate; then you stop yourself from anything that would ever lead you in that direction which creates huge numbers of limitations in your life and does not allow you to receive from any place you've decided you don't wish to be. Everything that is, every decision of what you don't wish to do or be or don't wish to show up as, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have to be willing to do, be, have, create, generate, have and show up as anything to receive everything.

Is there ever truly enough for you? If you hear "enough" that has got to be the supermind. The problem is you think the supermind is the superhero of your life. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you want to expand you life, be willing to let go of what you truly don't want to do. Ask yourself; "do I truly desire to do this? Who can I hire to do this?" Not – "how can I afford to pay for it?" The biggest mistake we all make is assuming we can't afford to pay for it which shows up as – we can't afford to pay for it. You make a decision and that is exactly what is going to show up in your life.


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If someone has the point of view they won't hire out because no one does it as well as he does, that may be true ***and*** there may be somebody who can do it better if he was willing to let go of it. Literally no one could do my bills as well as I could do them but it took me three hours to do them. I have someone who can do them better than I can do them in one hour. I looked at; what would I rather have? Someone else who does it for $50 an hour, you'd pay them $150 to do it. Or spend three hours doing it and not have a good time doing it. Yes I can do it great and for three hours at $350 an hour for my time; that is cheaper to hire someone else. Pawn off the things you don't like doing. There is always somebody else who loves doing what you don't like so much and will do a good job because they so love doing it. For them, it's fun.

Once again, Access is not about getting rid of what you did or have been in the past; it's what else can you add to your life? When you start adding to your life you receive more and more of everything shows up.

## Generation of Business

With business, some of you create amazing stuff out of nothing. You just bring it into existence by the energy of awareness you have of what it is going to take for it to come to fruition.

*If something is like recorded or a printed item what can I do to assist myself in – instead of it being a conclusion, door stop, dead end – becoming a possibility?*

First of all you have to recognize that energy never completes. What you do is take these things and go; "I'm going to create a CD." Then we assume it completes. Does it really complete or have you created it as a life force of it's own; which has energy, space and consciousness in it? If everything that is "created" or constructed has the energy, the space and the consciousness connected to it, then it becomes a life source of it's own and it constantly generates new possibilities for you and everyone that touches it. That's where you construct from.

With a project or a business you don't want to say "it will make a lot of money" because that keeps it in the future.

**"What would it take for all this to come to fruition easily and quickly?"** Keep asking that. The other thing is you are being slightly impatient. I want it yesterday. The difficulty with all these things is if you do business of any kind, the majority of the people function from the supermind so everything is about the integers of change must be very slow. For a humanoid that is death. Slow is death. You have got to recognize, you ask the question of "what would it take for this to come to fruition easily and quickly" then it will start to happen. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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## Receiving all Judgment you Make More Money

About this money thing, if you are judging anyone or anything, you have to have been there and done it. Otherwise you would have no judgment of it.

How many judgments do you have of people with lots of money? And is that because in some lifetime you had lots of money and don't want anyone to know it, including you. And is it because you were one of those assholes that used it to control people? Which was so much fun, but you don't want anyone to know that either; and now you want to be seen as nice person. Even though inside you are kind of mean and nasty to you, everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Here is the way it works. In one lifetime you have say a million dollars and you loose it all or someone comes and kills you for it, or steals it and you say; "I don't ever want to feel that way again." So next lifetime you can only have $500,000 dollars. Then someone comes along and steals it from you or takes it, or marries you just for your riches and you say; "I never want to have that happen to me again." So next time you only make $250,000. It happens again and you are down to $125,000. Next life it's down to $62,500 dollars, then next life it's $31,250 dollars. How many of you have had the cap in your life of $31,250 dollars because you have had too many lifetimes of people coming to you and just wanting your frigging money? All those DJCCs, all those conclusions and everything connected to the supermind creating that, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Did you know that is the average annual income for St. George residence?*

What have you misidentified or misapplied money as? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you misidentify and misapply money as freedom, do you feel like you have freedom if you don't have money? Is money the answer to your problems? Is money an answer to anything? No. Money should be a question. If money weren't the issue, what would you choose?

"What else can I add to my life to generate more money?" Great question to start asking when everyone else is talking about recession. Recession? Well, **what else**


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**can I add to my life to generate so much money, recession is irrelevant?** We'll have to talk more about money later because there is more we have to do.

Who's point of view is that, that it's trouble; you or the supermind? You have to be willing to get into trouble if you are ever going to have access to you. Everything you have done to avoid being trouble or getting into trouble; because you know that was bad when you were a little kid and you got into trouble, right? You knew you were doing something that was a judgable offence. Would you be willing to be judged by everyone and everything if that is what it required to have their points of view be so insignificant that it didn't matter to you? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The cool thing is, when they judge you for having too much money, guess what happens? You get more money, cause they align and agree; "oh, they have got too much money" and you get more. If they judge you for being too happy, guess what? You get to get happier, as long as you are not resisting and reacting to their judgments. How cool is that? That is the way to use judgment in your favor. Yes, I am too rich and too happy and I have way too much sex without judgment; thank you for noticing. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

The more judgment I get the more money I make, it doesn't matter to me. It is just cash in the bank. So judge me I dare you. I do make too much money, damn me. If you allow people to judge you, it means you receive more; which boils down to money. More money; more judgment. If you are wiling to receive the judgment, then you can have more money. If you refuse the judgment, you also refuse the money, any money.

When you throw a judgment at someone, they make more money if they are willing to allow it. Every judgment that is sent at you, that you are in allowance of, you increase your income by $5000 that year. Every judgment that is sent to you that you are not in allowance, or you tolerate, or that you resist, or you try to drive away cost you $10,000 that year. I'm just trying to give you an idea of how it works for you. Literally that receiving thing is an important item and allowance is an important item. When you don't do it, it costs you money. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you are not willing to use any of the powers then you are cutting off your receiving.

I am willing to use anybody and anything. At the abuse class I told this guy that I had hired for a job that I'm a nice guy, I'm easy to get along with and I will expect


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more than anyone you have ever worked for. He's talking to me every day on the phone now telling me what he is doing, when it's happening, what is going on. That is not very contractor like. But, I made it quite clear who was in charge.

How many decisions have you made about how much judgment you can handle? Are you unwilling to receive judgment? For every judgment someone has of you that you are willing to receive, you make $5,000 more that year. Still unwilling to receive judgment? You want people to judge you. You want people to judge that you have too much money. Whenever someone judges you, it puts hard evidence out in the world that this is what is. So you want them to judge that you have too much money.

**Receiving** that something might make money, opens it up so you *might* make money. Receiving that it will make money if it says it will, it will make more money in your life. If you keep asking from the point of view of "will this make me money?" Then everything becomes a source for generating more energy for receiving. You are investing in you that way, because you are investing in what will generate more in your life.

**Everything in the universe is designed to contribute to you if you are willing to receive. The entire universe wants to support you, are you willing to receive it or do you shove it away dynamically?**

## Throwing money in fire exercise

Imagine you have a huge pile of money in front of you.

Now throw $100 into the fire;
throw $1000 into the fire;
throw $10,000 into the fire;
throw $100,00 into the fire;
throw $500,000 into the fire;
throw $1,000,000 into the fire;
throw $5,000,000 into the fire.

What was the hardest one for you to throw into the fire? Whatever was the hardest amount to throw in the fire is the maximum amount of money you will allow yourself to have in your entire lifetime.

The greater the amount of money you are willing to waste, the greater the amount of money you are willing to receive.


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## Money - Never enough and always too much to spend

Functioning from; There is never enough money and there is more than you can spend. Then you are always seeking more money and you are never able to spend all you have got. Then you will create abundance of money.

Money- "Never enough and always too much to spend."

## "Will you make me money?"

Ask everything you buy, ***"If I buy you, will you generate more money in my life?"***

If it doesn't say yes, don't buy it.

That way, everything in your life generates more money for you. When you ask that you are asking the universe; "what is it going to take to generate money?" so everything around you will be contributing to creating more money in your life. When I buy something I ask; "will you make me money? If I buy you, will you make me money?"

Dain did that when he bought his new car. He bought a BMW M6 convertible. Did his income go up? Yes, it increased by 30% over the next two months. It is not the car that made him the money but it's the attitude, the fun that he added to his life that allowed for more to occur. Are you buying a car for utility or are you buying a car because it's fun? Most people buy cars for utility and they are not having any fun in their lives. They have a utility car, not an SUV, a Hyundai to save money or save the planet or save or save something and they are not having any fun when they drive. How much time do you spend driving a car? A lot, or a little? A lot. If you are having fun driving, does that expand your life? Is that a more rewarding choice or less? You have got to have fun in everything you do.

When I bought my car, 'will you make me money?' It said yes. Does it cost money? Yes. So I ask, 'will you make me more than what you're costing?' Yes. How does that happen? I have no idea but I know that my income has increased since I got the car that is bringing me so much joy.

Your life needs to be a celebration. If your life is not a celebration, you might as well fucking die. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

It is a different reality when you ask everything you buy if it will make you money. Everything you buy you should ask it; "**if I buy you, will you make me money? Yes or no?**" Then the things that won't contribute to your life, and its about the contribution they will be to your life. Each thing that you buy is an energy, so are


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you buying the energy of the dollar store or are you buying the energy of expansion with money? It totally changes the dynamics of what you spend, how you spend and how you receive what you get.

It can be with everything. Your clothes, jewelry, your car, your house, your furniture, your food, gifts for other people, hiring people to work for you, vacations, Access classes, all of it, everything you purchase. It isn't about what it costs you either.

You don't know where it will lead you to or what will show up as a result of what you are purchasing when it is the energy of contributing to your life. Just ask the question; "will you make me money?" and when you ask that things happen and you wonder how the hell they did. I desire to increase my money over time. Part of my desire in life is to create more money and abundance in my life so with me, I ask that in order to keep increasing what occurs for me.

I see a lot of beautiful antiques and I ask them if they will make me money, if they answer "no" I don't bother because if it wont' make me money then it is not actually contributing to my life, it is going to take something away from my life, even though it's beautiful. Even if I totally love it, if it says it won't make me money I won't get it. I might go back and visit the item and see if it's still there and I'll ask it again and it still says no, but I enjoy seeing it and admiring it. I don't know how or why that is so, it's just I know that it is so. If you had energies that nurture you and care for you and try to contribute to you, wouldn't that be a better energy to have around your life?

A lot of stuff we buy we say; "it's so beautiful, I want it," you are not asking if it is wanting you. Most the things that really want to be with you will contribute to your life. It is bazaar in which the way they contribute.

As money grows in your life you have more choices, not necessarily more freedom. The choices then may be rewarding but not necessarily fun. "Is it a rewarding choice to spend money on _____?" Yes, why? I don't know, I only know that it is, so I do it. How does spending that amount of money or money on that equal reward, I don't know but something will come from it. Who knows what. I don't have the point of view that I have to know what about it is rewarding, and that is the important part you have to get about this stuff with money. You don't need the answer of why or how it's supporting you, you just have to know that it will. In that you start to generate the energy that generates more money in your life.

Everything is conscious to whatever degree it is conscious. I don't have the point of view of anything being an "inanimate object." You can ask it, will it make you money, if not, never mind. Does it want to own me?


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We all get stuck in the idea that we are spending money and most of us spend more than we make, which creates all the credit card debit and all that shit.

**So don't spend money without asking if it will make you money to spend it on whatever that is you are going to spend it on.**

How many triangulations do you have to create money as a non-reality and to try to put you into a reality with money, when it's a non-reality to you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many triangulations do you have that keep you from having huge amounts of money? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many triangulations do you have to keep you surviving money, not having money? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What phenomenal awareness, creation, and receiving of and as money are you absolutely, eternally, irrevocably, infinitely and utterly refusing, that you really could be choosing, that if you would not triangulate them would destroy all realities and all non-realities and create the ever extrapolating abundance of the universe at will and choice as yours? Everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many instrusions do you have creating money as a non-reality for you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

## Money come, money come, money come

What would it be like to ask the money to come?

**Ask; "money come, money come, money come."**

If you want you sex partner to come you have to invite them and ask them. Same thing happens with money. If you want money in your party of life, then ask money to come. What do you do when you have sex, do you ask your partner to come? Ask and you shall receive. Generate and be the energy, space to generate the consciousness that will allow it. That is infinite receiving.


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How many of you know you refuse to receive the gift that the universe desires to give you? How much energy are you using to refuse to receive it? A lot, or a little? Good thing is you know how to create barriers to too much money in your life. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

People get mad when I say they have to receive the energy of sex to be able to receive money. I didn't say you have to copulate, I said you have to be willing to be and receive all the sexual energy in the world. You have got to be willing to receive from anybody. The moment you say "I don't like them;" like if you are a straight women and won't receive from a gay woman, you can't receive from any woman that would even conceive of having sex with you. Anybody who would conceive of having sex with you, you can not receive money from.

## If money wasn't the issue, what would you choose?

Choose first, ask, then the money shows up.

*It was about choosing first, then the money shows up. I've taken me and my kids to a lot of workshops and when I couldn't possibly imagine creating that kind of money. I ask does that feel light to go, is that rewarding? Then it showed up, every time.*

Yeah. Every time. Isn't that interesting, because you also weren't willing to buy anyone else's limitations around it. I love the time you did the private session and the group ordainment and you say; "every time I have a session with you the money shows up to pay for it and more and somebody just gave me the money to pay for both of those."

*I got $500 dollars one half an hour after that session.*

Isn't that interesting? The universe doesn't desire that you lack of anything. Is it possible you might be getting over your desire of you lacking anything? Is it possible that that is seeming less fun to you now?

## One hour a day, one day a week for nurturing you

If you did something that nurtures your body and nurtures your being at least one hour a day and one day a week, your income will double within six months.


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What makes you feel an expanded sense of peace and gratitude for your life? That maybe exercising, that maybe taking a bath, whatever it is. One day a week should be devoted to nurturing you and your body. That alone will increase the money and abundance in your life.

The more you torture yourself to just work and not get to do anything else, the less money you end you making because your life is no longer joyful for you. What if you could work all you wanted and do that thing that nurtured you? Gosh that would be terrible, don't choose it, it's bad for you.

How many of you decided you can never have your dreams, you can only have your nightmares? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many lies have you bought that there is no abundance and that poverty is real? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What have you defined as abundance, that is truly not abundance, that if you didn't define it that way, would actually equal the life you have? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

***Abundance is having everything you do be a joyful expression of life.***

## Carry the amount you would if you were rich

If you were rich and had all the money in the world, how much cash would you carry in your wallet at all times? $300? $1000? Whatever amount that is for you, carry it with you at all times. I said for me that would be $1000.

Lets say it's $500 for you. You open up your wallet to pay for your milk and your groceries and you have $500 cash sitting in there, you go; "ooh, I got all this money, I'm just choosing not to spend it right now. I don't require that." It gives you the point of view that money is no longer the significance and relevance that you've been making it. You start to realize – oh my god, I have money. An ATM card does not work the same way.

Keep it in your wallet, or purse, or in your pocket at all times and ***never spend it.***


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If it is a big enough amount of money you will not loose it. You will keep track of it and you will be very aware of who is around you at all times.

For me, when I started out it was $500. So, the first part of the 10% I had I put into my wallet and didn't ever spend it. Then it went up to a $1000. I started having more awareness of abundance. I went; "well, if I had all the money I would want I would have a $1000 in my wallet at all times." Then I went to $1500, then $2000. Then it was just getting too big in my wallet after a year and a half. So, then I put $700 in my wallet and keep that with me at all times. I also keep this gold piece with me at all times, which right now is worth about $926. Am I spending it? No. I just have it there cause I like it, cause it's fun for me. Would you be willing to have that? Would you be willing to have that be fun for you? Thank you.

You can't spend the money.

See I like spending money, but I like having it even more. So I am willing to spend but not to the exclusion of having it. Would you be willing to have even more than you spend? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Carry gold in your pocket

Now I carry a gold coin with me at all times because that is easier than ten $100 dollar bills.

I started carrying gold in my pocket, like a one once coin. My body likes it, like it's nurtured by gold. How many of you, your bodies are nurtured by gold but you never knew it, because no one ever said something crazy like that before. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I talk to the gold, "I love you, I adore you, I'm so grateful for you, please bring your friends, let's play. Wouldn't it be more fun if we had more friends to play with?" It says; "yep."

I usually have this thing in my pocket and this morning I forgot, so I was going to go to my room at lunch and get it because it was just sitting out, right. I was checking all my pockets and it wasn't there, then I came back from lunch and there is was; even though I never went to my room to get it. Hum, isn't that interesting? You are going to notice things happen like that a lot more now. Have some of you noticed it happening in your life already, but then you tend to discount it and act like it didn't really happen and try to come up with a logical reason? It must have


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been in my pocket - sorry, no it wasn't. You were actually de-molecularly manifesting it into existence.

*Can we do that with a gold piece we don't have?*

Please. Part of what we are hoping with these processes is that you actually get to whatever awareness's you have. Part of the reason we desire you to come to Access is because each one of you has a secret about how something in the universe works, that you don't even know that you know, that when you give it up sets us all free. Bring your secrets, bring them on, let us know what they are so we can all benefit from it.

Does the universe desire to gift to you? Yes. You suppose one of the ways it might do that is from this molecular communion and this de-molecular manifestation? So when you ask what energy, space and consciousness can I be to have huge amounts of gold? Maybe the universe gifts you with huge amounts of gold, maybe it's by you purchasing a car and it has gold coins in it somewhere because people left them there. The universe works through people for the most part. The universe gives you money through other people for the most part; because you won't allow yourself to say, I'll have a pile of gold now and have a pile of gold show up in front of you. What if you would?

*Someone here lost a gold earring and I went to their room and got in the bed, this huge feather bed. All the sudden I hear the suitcase fall to the ground and she says; "k. how could you knock the suitcase on the ground, aren't you too short?" I wasn't even close to touching it. So she's out of bed and picking up the suitcase and says; "oh my gosh, the earring." It had been gone for a month and there it was.*

This stuff is going to start occurring more.

It's everywhere all the time, the universe is like there with this energy to gift to you all the time. It is never refusing you, however you have a wonderful ability to go into the supermind and refuse it.

Gold can be medicinal. Everything else is a little energetically off. They have done it to make it harder, last longer and be cheaper, while looking the same. Apparently your body doesn't like cheap shit. Would the rest of you be willing to make more money so you don't have to buy cheap shit? Even if that cheap shit is all the stuff you bought at Crapco about how this reality works? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Here is the deal, you guys have to make a fuck of a lot more money. Do you know why? Because when you become rich you can be as strange as you are and you are


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considered eccentric. That way you won't be locked up for being as weird as you are.

*Is there any possibility that there was something from the golden planet that was put in to make us allergic to gold?*

The supermind. Everything that is, everything you are allergic to or your body appears to be allergic to, that is actually expansive, joyful, abundant and good for you and your body, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

This is the way it works; you ask a question. Then the awareness of what that might be shows up later. It hardly ever shows up right then. It can, the energy of it can but what that means might now show up for quite some time.

## 10% to the church of YOU

If you put that 10% away, you are telling the world that you like to ***have*** money. If you don't spend it, you are telling that world that you like to have more money than you can spend. Then the universe goes, "oh you like to have more money." Then it sends you more money. What you get to the point where you have 6 months of living expenses saved, you will never again think about money. It will come to you like the air, like the wind, and like the sun.

Never ever spend it, it will dry up all the money in your life the moment you do.

10% of every dollar that comes in, put a dime away and ***be grateful for it***. Save it up. Throw it on the bed and roll around naked in it and ask it to copulate and grow more.

Do this for no other reason than as an honoring of you. What you are doing in that is telling the universe that you care for you and that you are willing to HAVE money.

Most people ***want*** money, which means they lack of it. Rather than they are willing to ***have*** it.

**If you put 10% of every dollar that comes into your life away and never touch it. Within a year, your whole financial situation will change.**

**Take 10% of every dollar that comes in away as an honoring of you.**


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Its your honoring of you. You telling the universe you honor you first (before your bills) and that you like to ***have*** money. Every body who has done it consistently their financial situation has changed in 6 months.

If you would like to generate money in your life, this is the first step is put 10% of every dollar that comes in away from this point forward, as an honoring of you. You find a dollar on the street, put a dime in your piggy bank. To honor *YOU*. How many of you honor your bills by paying them first? Here is the thing, when you honor your bills, the universe gives you more bills. When you honor yourself by telling the universe that you desire to have money, the universe gives you more money.

How many of you would rather spend money than have money? With that point of view are you ever going to have any money? There is a difference between spending money and having money. I love to have money. I enjoy spending it, I'm grateful for it but you also have to love having it if you are ever going to have any.

*I just think about all the years I put 10% into the church.*

Yeah. How many people do you have putting money into the church? A lot right? People pay the church first. What does that do? That is honoring the church, which makes the church rich. They are extremely rich, what is it like the second wealthiest church in the nation? The chapels are paid for, the land is paid for, and who's paying for it? That would be you and your 10%, cool. The thing about that is, if you have the point of view, I'm going to give this to the church so the church can make more money, or the church can succeed; the church will make more money and the church will succeed. What about including you in the computation? That's what I'm saying.

*The church here started telling people to give 10% to them selves also, so it was 10% to the church, 10% to themselves.*

That is a step in the right direction because they are now being included in it. The thing is if you have the point of view that you can put away 20% and still have way more than enough, that is what you will create. If you don't have to understand how it works, you could actually ask and receive. Weird concept I know, but one of the truths in the Bible is "ask and you shall receive" if you don't attempt to understand.

First thing, put 10% away of everything that comes in and don't ever spend it. Don't ever spend it.

What will happen is you will get used to having money. As that grows from $500 to $1000 to $10,000 to $20,000 to $50,000 to $100,000; there will be a certain point to


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which you have enough money in the bank to were you reach that threshold for you, whatever that is and you won't ever worry about money again. Who cares if it takes 10 years to get there, or five years, or three. What happens is, when you put 10% away as an honoring of you, what you end up generating for you is more money in your life because you are actually honoring you for once. When you have money around, when you have money, you attract more money.

When you save the 10%, you finally realize that you have money.

Does this make sense to you, it's about **having money**, not just spending it.

For those of you who say my wallet might get stolen if I have $1000 in it. No way, you will know where that wallet is every moment of every day. You aren't letting that shit get stolen.

You know you are free of money issues, problems and concerns when you are willing to leave your wallet anywhere with a $1000 in it because you don't care if someone steals it. When that is chump change for you. I'm sorry, say what? That is how someone who is truly abundant is regarding money. Would you be willing to be truly abundant regarding money? Regarding the gold that is you? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I told you guys, when I came to Access my problem was money, from my point of view. That was my issue; that was what I wanted to work on, that is what I wanted to change and damn it, that was what was going to happen. So it started changing when I put this 10% away. After about 6 months some expenses came up and I went; "oh my god, I've got to tap into my ten percent," so I spent most of it. Instantly I could feel the abundance that had been building dry up instantaneously. Why? Because I had the point of view that I had to spend it to pay my bills, that is what I created. Instead of generating more, instead of asking a question like; "universe, I require this money, what's it going to take to make way more than enough money to pay this off with ease?" (and not have to tap into my 10%) Question.

It took ten days before I realized what had happened. I was like okay. I took 10% of what was in my wallet and put it in my 10% thing and within about 3 days to a week I could start feeling the energy building again. I haven't ever spent my 10% since.

If you would like to invest it in something that would be rewarding to you, do it on something that doesn't require more money. Personally I will put it into gold or jewelry or antiques because I never buy those things unless they are a good deal and it has to be a fuck of a good deal or I'm not taking it. And never put it into something you don't totally know yourself. Investing it with an investment councilor because he knows more than you do will usually loose it for you. Invest


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in what you know, don't invest in what others know. Don't invest it unless it's something that you know about and give you joy. I suggest keeping a substantial portion of it in cash or gold. Like I would take part of it and invest it in gold at this point, for me because gold and I have this cool thing going on now. I ask it if it will go up and I know it will tell me. Right now it's saying, oh yeah.

*I didn't spend mine but I stopped putting anything in it and the same exact thing happened.*

Yes. Remember, your judgment and your point of view determines your reality.

## Call when you have the urge to spend your 10%

Yes, call when you have an urge to spend it. Call when you have it shaking in your hand and you have to get rid of it. Who's point of view is that anyway, yours or the supermind? *Supermind.* Yep. How much of that is where you attempted to understand the financial insanity that your parents functioned from, especially your mom and especially your dad. See how that is, you try to understand and you walk away with a pile of goods that are shitty. Everything that is, everything you have attempted to understand financially, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Going beyond parents financially

Ever wonder why you can't go beyond your parents financially? Even though you struggled to now be like these idiots and assholes, you still become them? Because of this understanding. It twisted you into their limitations and yours as the sum total of what could be. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate everything you have done with anyone in any lifetime? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you choose to be as different as you truly are? Will you allow you to have a phenomenal life? Will you step outside the box of limitation set by the supermind and all that you bought and duplicated from your parents and this reality? It's just a choice. What do you choose? Okay, that 10 seconds is up, now what do you choose?

## Consciousness wants you to succeed

The molecular structure of this planet is conscious. It's only the people who create unconsciousness and anti-consciousness. The consciousness of everything on planet earth wants you to succeed. Only you do not wish to succeed. The


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consciousness of every molecule on this planet wishes to gift to you. Do you receive it? Or do you refuse it?

What if what you have created so far is not a wrongness, but the best you had to offer at the moment?

## Exponential Expansion Of The Mutation Of Humankind

What infinite perceiving, knowing, being, and receiving without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly should be choosing, that if you would choose it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite exponential expansion of the mutation of humankind? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The mutation of human kind into total consciousness.

It is like evolution but it you take a mutation of the species…Like what we found with ADD, Autism, OCD and all that stuff; that is actually a mutation of the species. If we exponentialize that because those people don't function from a linear perspective, would we create with the mutation of human kind, would we create an evolution that would keep up with the changes that are occurring on planet earth? We have got to do that. With your perceiving, knowing, being and receiving you would become the source for the rapid evolution of mankind into a totally different reality. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Yes, you are the missing link between what will be and what has been. Would you like to give up being a has-been and see what you can do to become a never was? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Disabilities Or Abilities?

The disabilities called OCD (obsessive compulsive disorder), autism, ADD (attention deficit disorder), ADHD (attention deficit hyperactivity disorder) are called disabilities in this reality.

In Access we look at them as abilities. They are the X-men generation coming to fruition: the mutation of the species into an advanced form, a higher level of


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performance, a higher order of function. The change of the species is beginning. These are not "disabilities," they are actually an exponential change in the species. We don't call them disabled at all, we call them highly able and we are the disabled ones. The thing about the X-men movie and comics is they're talking about the mutants of the species. I hate to tell you this, but you're all the mutants of the species, because you're the humanoids. It's time for the awakening of consciousness on this planet, so there're going to be a lot of kids showing up that are a lot more conscious. They are the future of this world.

It's a disconnection from linear reality and from the supermind. What people do is try to teach these kids to be re-connected to the supermind by making it wrong that they have OCD, ADD, ADHD, or autism.

Everything you have done to not have the OCD, ADD, ADHD, and autism that would allow you to be disconnected from the supermind, would you claim, own, and acknowledge you are those things and destroy everything that keeps you connected to the supermind because of your unwillingness to be it? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys, and beyonds.**

There are more cases of ADD, ADHD, OCD and Autism than there have ever been before. When you work with someone who has these "disabilities", you have got to talk about their perceptions, not their thoughts, feelings, and emotions. This is the greatest difficulty they have. The psychologists talk about "what are you feeling?" all the time and "what emotion are you having?" What they really have is an extreme edge of perception, which creates a difficulty for them if they buy the emotions as theirs. This is an ability, not a disability. We have got to stop treating it that way, or we are going to kill these kids.

*Don't be afraid that it is too weird or wacky. I asked Gary a couple of times, should I couch this? Tone it down? Put it in the terminology of education? Is it okay to say what is? He said you have to say what is.*

When you speak what is true, everybody listens. When you speak a lie, nobody listens. If you start to recognize where these kids and people function from, it will create a different world for them and they will be grateful beyond your wildest dreams.

We are seeing what kind of change and possibility we can create from a place of being aware. Access's point of view is literally that they are the mutation of the species to a higher level of function.

The stuff we are coming up with is really about the energies that are there around these kids, that is the gift you can be if you are willing to be it. If you function from following the energy, you are energy, everything is energy; you have got to follow


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the energy and let the energy tell you what needs to be done, not try to come to a DJCC about what has to happen.

These kids are highly psychic, psychic beyond your wildest imagination. Telepathically there is no language there is just awareness. They are aware of everything.

Parents call and say; "he's gotten so much worse. I've been reading up on the internet." What part of, "He's psychic and he picks up all your thoughts, feelings, and emotions do you not get?" You're reading on the internet, he's picking up all the symptoms you're reading about and giving them to him. If you put out at a child like that that they have these problems, guess what they're going to get? Problems.

When they are labeled disabled, they start becoming disabled. When they are told this is OCD, obsessive compulsive ***disorder***, they become more disorderly. It is not kind to put those labels on people. When you call them "special children," they know what you're talking about. Everyone thinks they're loony tunes. Listen to exactly what you put out there.

What possibilities can become available is we were to acknowledge these kids for the awareness they have and are? What gifts do they have? What rewarding possibility are they? Your space of allowance and choice to be the energy, space and consciousness you truly are will be a tremendous gift to these kids in allowing them to show up as the consciousness they truly are, the highly able beings that can contribute to the change and transformation of this planet.

## Medication re-connects people to supermind

That is why these kids are medicated, it makes them unconscious enough to re-connect them to supermind. It is one of the reasons I have been working diligently to get these Access schools going. If we could get these schools in existence some amazing things could come into existence for these kids that are called "disabled" and we could create some phenomenal spaces for kids to wake up. And we need to. This planet is a little rocky at the moment, if you are a parent you need to get more conscious because your kids need your help because they can't do it without you. You have choices and they supposedly don't.

In schools today the solution is to drug kids. I remember when I was a kid, you'd go out to play because you had so much energy you couldn't stand yourself and you needed to do that. Now they try to drug them into being sedate. Five year olds they want to sedate them, they want to get them controllable. They are cutting out recess. There is no physical education any more in most of the schools. Not only


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that, they are starting to give kids homework in kindergarten. It's just an insanity of magnitude. When does a kid get to be a kid? The whole idea is to get to run through the neighborhood at the speed of light all the time.

## Supermind And Autistic Kids

Kids with autism are pretty much disconnected from the supermind, which is why they don't "function". We teach them how to be in the supermind in order to make them "normal." Aren't we great?

## Autism

Those with Autism don't have a right brain/left brain function. They function at a spherical space of awareness. They do not function in a sliced, linear universe. With a whole brain function, those with autism are unable to linearize their reality. You try to make them linear and they get really angry at you. An autistic child sees the past, present and future as now. They don't have a time track, they don't have a matter track, they don't have dimensions and realities, they have only space. They have available all their past life awareness's as well as all their future life awareness's. As an autistic you pick up the thoughts, feelings and emotions of everybody else. They don't function from judgment.

The great thing about this recognition of energy, space and consciousness is going to give us some keys to unlocking a whole lot more. You need to deal with them from a totally different perspective. If you do not recognize that they deal with this whole brain function, and that they are not capable of linear constructs, then you will misidentify them as disabled.

I know none of you got really angry at people when they tried to make you linear when you were a kid, did you? None of you do that now, do you?

Everything you have done to not perceive, know, be and receive what you truly perceive, know, be and receive as the autistic you are, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The concept of right brain/left brain function is a human construct and a psychological paranoia called reality. Psychologists say you have a right brain, left brain function; what does that explain? It explains their reality. You as a humanoid are basically autistic, which means you have no right brain, left brain function. You are intuitively logical and logically intuitive. Everything you are unwilling to perceive, know, be and receive about that, will you revoke, recant, rescind, reclaim,


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renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

If you took autistic children and took a book and turned the pages quickly, knowing that you are reading the book, they might begin to speak and read more.

If you will give them the picture of what they are going to be doing the entire day in the morning, they will be much more calm about everything. These people in Perth did this with their children and they said the children became totally calm and happy with going to school and doing the whole day.

You have all always been far more autistic than you have been willing to acknowledge. Because you are autistic and pick up every thought, feeling and emotion within a thousand miles, which is also part of OCD, the end result is if you can't find a reason for your life to be good, you will find a definite reason for it to be crap. Constantly searching, you assume that search mode equals find mode. Search mode equals crap mode. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

You have defined searching as perceiving. You have misidentified and misapplied that searching is perception, and searching is answer, and searching is knowing, and searching is receiving. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

You assume that because you are searching for something that you are actually creating your life by searching for something. What is the one thing you are searching for the most? You, except you search to define you which is designed to confine you, rather than searching to free you which would unburden your life and create no reality. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

When they say you are seeking or searching, is it done in a way to make you feel like it is a good thing or a bad thing? Bad. Because you are always suppose to have the answers. What is wrong with you that you are not satisfied, you are a seeker. What is wrong with you that you are not satisfied the way I am. Except for most of you all you ever knew was people who were seeking because those were the only people you would have as friends. Of course that was because everyone else sat in judgment of you, that you were a complete ass, a fool, a waist of time, a waste of energy with serious character flaws. They were correct, you do have serious character flaws. The reason you have serious character flaws is because you are trying to create yourself as a character so you can justify how you don't fit in.


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Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

The reality is you always knew you didn't fit in, didn't you? You kept trying to figure out how can I fit in? Except, no matter what you did you couldn't. No matter how you changed yourself could you fit in? No. No matter how much you tried to alter, bend, fold, staple, mutilate and put were the sun don't shine; you couldn't fit in.

Years ago I had to go into the service for 6 months active duty. Since my whole life I had been the mouth that roared I decided that I wouldn't stand out from the crowd if I would be quiet for a change. That didn't work very well, it had exactly the opposite effect. I was so quiet that I stood out from the crowd more than anybody else. You make these decisions about how not to stand out from the crowd. Any of you got any of that? Any of you have DJCCs about how not to stand out from the crowd, which of course always makes you stand out even worse. Ever notice you never disappear no matter how much you try to disappear, except from yourselves. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

Dain had a client come with her son who was autistic. The kid was amazing. He moved through a room and as he moved, you could see the energy he left behind as he moved. It was like a cartoon where you see slight images left of where the character had been—that's the way he moved through space. He wasn't moving his body like we do, he was going leap, leap, leap.

This kid was 4 years old and he had a vocabulary of 41 words. While he was there, he gained one full word. He was with us for about an hour. The mother said, "I think he's one of my grandparents, my grandfather Bill." He was standing at the window looking out. I said, "Bill!" and he turned around and looked at me. He looked me directly in the eye and kept eye contact. Autistic kids do not do this.

**Whole picture communication**

It's about beginning to recognize they don't function from a linear construct, so you can start to teach them from a different place. The mother was trying to get the child to put his shoes on by asking him. I said, "That's not going to work. Give him the whole picture of leaving the door where he was standing, coming over, putting his shoes on, taking your hand, and going out." She said, "How do I do that?" I said, "Give him the whole picture, like a frame of a movie. She did. Instantaneously, he went right over, put his shoes on, grabbed her hand and tried to leave. It was done within a minute, while she had been trying for 5 minutes previously to get him to do it. These kids function much faster, they move much


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faster, they are far more present and aware than we give them credit for. We think they're not aware. That's a mistake.

Give kids with Autism the whole picture, give these kids a download of what their whole day is going to be, rather than trying to tell them; we're going to school, we're doing this, we're doing this, then this, then this. Give them the download of the whole day the first thing in the morning so they know exactly what is happening all day long. You just give them the picture of everything that is going to happen. Here is what is going to happen today – give them the picture.

The thing about Autistic kids in particular is that they are telepathic beyond your wildest imaginings. The degree of telepathy they have is practically scary. They get it and deliver it and their siblings who are not Autistic know that they are giving and receiving telepathic communications but they don't want to tell the parents. They think there is a wrongness in it somehow, which is very interesting. So we mention that too.

One parent did this and she came back and said the kid has never ever eaten breakfast, he becomes frantic at meal times and doesn't know what to do. I connected him to his body in a different way and as a result of that he was eating. They had given the kids the download of what they were going to do for the day and they were all ready to go and in their clothes. Normally they had to get one kid dressed in the car. They were dressed at the door and ready to go on time. They said it was the easiest day we ever had and we were told the kids did better in school than they ever had before.

They are overloaded with stimuli and they don't have a reference point for what to do with it. What you have to do is start giving them a whole picture of what you're asking them to do and multiple stimuli at the same time. If you give them 4 TV channels to watch at the same time, all of that behavior will go away. Suddenly there's enough to keep them out of being stimulated by all the stuff around them. They get bombarded by what's going on.

**Colored light to diminish bombardment of perception into ease of perception**

The other thing you can do is cocoon them in an energy field of blue, purple, and slightly orange-ish red. What will happen is they can no longer be bombarded by other people's thoughts, feelings, and emotions. **The thing about OCD and autism is they cannot stop the perception.** What you have to do is ask them, "What are you perceiving?" and tell them they are not having these things, they are perceiving them. You can do it with a mental picture and you can say it to them as well. "This is not yours!" They pick up what you say, and they also pick up your thoughts. The difficulty about being around kids like that is if you project at them that there's something wrong with them, they'll become worse.


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A great number of the kids who are autistic were part of the outer circle on the Golden Planet. Because they were the dissenting vote, which was not allowed, they were invited to come for a special meeting. Because they had the ability to discorporate their body and re-corporate it, what was done to them is when they were re-corporating their body they (the techies) blasted them out of their body and simultaneously stuck them in their body, which creates this place where they don't have total connection to their body at all. For them, there is a sense that if they actually care for somebody, they will be blasted out of their body. They won't allow themselves to create connection with people for fear that that's going to happen to them.

I did a lot of work with a kid in Australia on the simultaneous implosion and explosion out of the body and that lifetime. Within minutes, he settled down, climbed into his mother's lap, hugged her, looked directly in her face, and just stared at her. His mother burst into tears because he'd never done that his entire life. Then he looked at all of us in the room, as if to say, "I'm here!" He didn't speak, but he was totally present with us, which was amazing. At the beginning, he had been all over the room.

These kids don't speak like kids. They go directly to adulthood. They have a totally adult concept of reality right off the bat. They have a total awareness of their past lives, they're going to bring that into this life. When they try to get them to spell "cat," they're going, "What are you talking about?" If they said, spell "anti-disestablishmentarianism" they'd probably do it! But cat, forget about it, they're bored. You're trying to teach them at a first grade level and they're already at 12th. It's very important to recognize that these are not disabilities, they are abilities, and start to talk to them as though they are adults.

Many of these kids have awareness of entities. They can see them, and they can talk to them. The entities make more sense to them than the stupid people that are around. They don't understand how come we're that stupid. Don't talk to them like they're a kid, talk to them like they're an adult and you'll get further.

## OCD (or OCC as we call it in Access)

How aware are you? Truth, are you OCD?

You've heard of OCD (Obsessive Compulsive Disorder), well as a humanoid you are OCC (Obsessive Compulsive Creator). It's not a disorder, it's an ability. Or if you don't have enough to do, the other choice you have is OCCC (Obsessive Compulsive Creation of Crap). That comes from triangulating. **OCC** is an ability to perceive other peoples' realities. If you compulsively create disorder or order in


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your room, if you compulsively live so that you have everything in order, if you compulsively pay your bills, you are OC—obsessive-compulsive, not disabled.

(If you have kids who are OCD, turn the TV on and have the radio going while they do their homework. They will get it done more efficiently.)

What OCD actually is, is an awareness of the thoughts, feelings and emotions, sex and no-sex of everybody between 10 and 100 square miles, sometimes more. OCC is actually a talent and ability. It's called OCD here because anything that is a talent and ability is mis-labeled and misidentified as a problem. Everything that is a power here is mis-identified as something you should judge.

As OCD, since you pick up everybody's thoughts, feelings, and emotions, you also pick up the supermind big time from everybody else. If you go into the wrongness of you, you become compulsive about washing hands or something because everybody else feels dirty or wrong, and you pick all that stuff up. That begins to make you think that there is something wrong with you and that you're nuts. The ability of OCD is not only the ability to multitask, but also the ability to increase everything that's going on. If you can tap into the thoughts, feelings, and emotions of people, could you also tap into their energies, and to what they know about completing or creating? That's where you've got to start using that OCD capacity, rather than seeing it as a wrongness. How do you use this to create something greater for you? You want to tap into the energies of those other people and allow yourself to use all the energies and awareness that they have available. When I need information, I go, "Who knows about this and can I have it please?" All of a sudden I have all kinds of information about something I know nothing about.

There were times where people have this naturally, because some people are more perceptive of the thoughts, feelings and emotions, sex and no-sex of others than others. Simply put, some people are more perceptive of other people's universes than others.

*Is all of OCD supermind?*

Not all of it. Someone who is diagnosed OCD really is psychic beyond belief, beyond your wildest dreams.

The part that is supermind about it is everybody telling them they shouldn't be it, the judgment aspect of it.

The truth is they pick up everyone's thoughts, feelings and emotions. The difficulty is no one tells them it is a talent and ability and it's a good thing. Everybody says you shouldn't do this. That is the supermind telling you and everybody else that you shouldn't have these talents and abilities. **The one thing that does not compute for the supermind is somebody who is psychic.** Somebody who is truly


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psychic and sees everything within thousands of miles can not be controlled by the supermind with great ease. Unless the supermind can tap into that and make them wrong for having that talent and ability.

*Are OCD coping systems suggested by the supermind?*

Yes. Like going and washing your hands fourteen times. This will make you cope. No, it doesn't make you cope, it makes you feel more insane than when you started out because everybody else says "that's crazy." You have got to recognize that YOU are the valuable product.

As a humanoid you are OCD automatically. We changed it to OCC - Obsessive Compulsive Creator to start recognizing it as the talent and ability it truly is. You are an obsessive compulsive creator and you have got to recognize that and if you are not creating enough, if you don't have enough going on in your life, you will become an OCCC – Obsessive Compulsive Creator of Crap. So if your life is going to crap in a hand basket, you are not doing enough, you are not creating enough. You need to start asking; **"what else can I add to my life?"** You can not generate crap, you can only create it. As long as you are doing generation, there is no possibility of crap.

## OCD exponentialized

At some point you volunteered to expand your ability to perceive other peoples' realities so you would know more. You volunteered to have your obsessive-compulsive abilities exponentialized. The way you would know that you have succeeded with this exponentialization program is when you could stand in a room with a 1000 people and have no awareness through your own awareness. As though you cease to exist. You would triangulate based on everybody else's points of view around you. You would have none of your own. You knew you succeeded when you were no longer aware of you having a reality, having a life, having a point of view. It actually trapped you into never having an awareness of your own point of view about anything. It eliminated your reality and your life totally. You gave up your ability to experience your life in favor of experiencing everybody else's reality.

Your target was to achieve oneness by experiencing what everybody else perceived, instead of realizing you already are oneness. You thought experiencing everybody else's reality was a way to achieve consciousness, oneness. It's not through experiencing other peoples' realities that you create oneness, but you do create not an ounce of understanding, even though that's not what you thought you were doing to get. It was an answer. Every answer that having your OC capacity exponentialized was for you, would you now destroy and uncreate it all? Everything that is, will you revoke, recant, rescind, reclaim, renounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**


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The other part of it is you were only able to perceive your body through other peoples' bodies. This may be one of the things that creates sexuality. When you're doing sexuality, you're doing a judgment. You're always trying to define how your body feels and is, based on somebody else's body, not based on awareness. You had no awareness of what your body really desired or any ability to have any connection to your body. Everything you aligned and agreed with and resisted and reacted to that allowed that to be done to you and your BHCEEMCs, will you rescind, revoke, recent, renounce, denounce, destroy, and uncreate all that? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds**

## OCC of sexualness

There is also the OCC of sexualness. What happened is that you were never allowed to perceive your own sexualness except through the sexuality of someone else. You could only perceive your own sexualness based on someone else perceiving the value of you sexually. As a result you pick up all the no-sex energy of humans in this reality.

Everything you aligned and agreed with and resisted and reacted to that allows all of that to exist, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all and claim, own and acknowledge that you can have total awareness of your own body and not live your life through someone else's body? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds**

This process has done wonders for people who were diagnosed OCD and given them for the first time in their lives a sense of peace. This has had huge effects on people who were not able to perceive their own reality or life. Please be clear that you volunteered for this, you volunteered to have your excessive ability to perceive other peoples' realities expanded and exponentialized. In the volunteerism, you ended up having your reality erased, so you could only perceive through other peoples' realities.

You volunteered to do it, to exponentialize what you thought was consciousness. You thought observing everybody else's universe was consciousness. No. Awareness is the ability (to do so) without the necessity. What this created is the ability with the necessity, so you had to look through everybody else's eyes to determine yours, which eliminated your life totally. It's a perfect way of creating sheep, because you follow everybody because you don't have an awareness of your own reality or life.


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Everything you aligned and agreed with and resisted and reacted to that allowed them to force you to give up your own awareness, your awareness of your own life, and to have only awareness's through other peoples' realities and to only have their realities, and everything you did to volunteer for this, will you please rescind revoke recant reclaim renounce denounce destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**

For most of you, you are far more OCC than you give yourself credit for. As OCC, if you are not creating your life, you are definitely creating a pile of shit. Either way you are definitely creating something all the time. In that OCC of you what you are doing is compulsively creating your life as shit, because you are not creating it as your life. As long as you are trying to create a relationship or a reality, you are creating shit. All the places you are OCC and not acknowledging it, and all the places you have decided the only choice you have is to create shit, because you want to have a reality in which someone else can join you; conjoined reality which equals creating you life as a pile of shit. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

The problem is you think you have a pile of shit you are clearing, when you are actually creating the shit all the time. You are creating it faster than you are clearing it. How many of you are willing to claim own and acknowledge that you are so OCC that you have been creating your life as a pile of crap instead of creating it as infinite possibilities? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

As OCD you are highly functional and you can be extremely functional in all kinds of areas if you are willing to apply it. Most of you are highly functional in an OCD kind of way except you make yourself dysfunctional so you can be like normal people. If you are OCD and your house is not obsessively clean, you are trying to be normal. An OCD person is obsessive about keeping everything neat and tidy. In order to try and appear normal to other people, they will make themselves untidy and as miserable as they can possibly make themselves to feel like other people.

Everything you have done to bend over backwards to be normal, to be like other people when you are actually OCD beyond your wildest dreams, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Paranoid schizophrenic,** like the guy in the movie "A Beautiful Mind," is somebody that's an enforced portal for entities to travel through. They actually see


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these entities and talk to them. You can close down the portals and remove the entities in a very short time, begetting them to revoke the decision to be a portal. It is really quite easy. You can teach them how to handle entities, à la Foundation and Level 1. You can give them the awareness that they always have control over the entity; the entity never has control over them. You do this by asking them questions. Letting them know that it is their body and they have choice about it, that they can tell the entities to go away and leave them alone. **You can create this automatically with choice, and no need for drugs**.

I took a girl in one of my classes who was in extremely bad condition. She had been fine till she was in a cult that fed her some drugs that flipped her into being this portal. I had her in class for a weekend. I closed down the portals and took away the entities and showed her how to deal with the entities. Her psychiatrist called me and said, "I need to talk to you. I want to know what's going on here. You just accomplished in a weekend something I can't do in a lifetime. I want to know what you do." He came and met with me and the mother kept saying, "It's not you, it's the drugs the doctor put her on," and I could hear the psychiatrist saying in his head, "Oh my god, the problem is not the kid, it's the mother."

If they're an enforced portal, you will clear entities again and again and they will keep coming back. Gary has only run into 4 of these, so if you think you have run into one, call him and he'll tell you how to deal with it.

## ADD, ADHD, Dyslexia

- **ADD** is a set of implants that create the disability.
- **ADHD** is a set of implants that creates the person picking up all the angst and worry from the people around them.
- **Dyslexia** is a set of implants that is a universal translating system that is not functional.

Ask for them, and you can undo it in mere minutes.

I took a kid who was 8 with ADD. I started to work on him while he was watching TV. He felt me touch into him (without touching his body) and he turned around and said, "What are you doing?" I said, "Just clearing some stuff that's making your life difficult." He said, "Oh," and went back to watching TV. He could feel me every time I touched into him and ran another set of implants. I ran all the implants off. The next day, his mother called me hysterical, "Put them back in place! He's been outside all day long cutting a refrigerator box into a house. I liked it better when he hung on my skirt tails all the time wanting my attention. He was my baby. You've taken away him being my baby." "I said, 'Sorry, honey, I can't do that, you better get used to him the way he is. I can't put it back in place,


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once it's gone, it's gone." "The difficulty in dealing with people who have these problems is the parents, because the parents don't want them to change.

**Dyslexia** is a universal translating system so you could speak any language but not necessarily write it. Dyslexia in particular is an implant that was put in to take the person away from the ability to translate other languages. It was a universal translating system that they made dysfunctional so that that person wouldn't be able to translate all languages instantaneously and from one language to another. You could speak all languages but you couldn't write any of them. People with dyslexia usually misspell the same words wrong the same way. What creates this as a dysfunction for you is the fact that what people say and what they are thinking are different and you are always aware of it because you are aware.

Any of you that have had a universal translator system installed in you, that is creating any form of dyslexia in you, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

*I actually have difficulty saying words.*

How many of you are dyslexic? How many installed universal translators do you have that make it impossible for you to totally see words, understand words and deal with words? Everything you aligned and agreed with or resisted and reacted to allow those to be put in, will you now destroy and uncreate them all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Numbers and math are a language too. They are a source for language. Music is a mathematical computation, so music is a form of language. That is the reason it functions under the universal translator system. Hopefully the clearing above will help, try it and see what shows up.

Universal Translator System is not part of the supermind.

"Specific Language Displacement Systems" is different than the Universal Translator System. What this reality calls "Specific Learning Disability" or SLD.

A lot of people who are dyslexic develop these other senses like photographic memory, in order to compensate. Almost everyone who is dyslexic creates a compensatory system for handling it.

Any compensatory system that would impair you from having greater ease with all this, will you destroy and uncreate all those? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Tired while reading? How much energy are you expending so that you can not be aware of what you are aware of, so that you can function like a normal person? Everything you are doing to expend energy to function like a normal person that allows you not to have enough energy for you body, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**ADHD** is also a set of implants. People with ADHD have the propensity to pick up the angst and the worry of people around them. They tend to have a parent or a spouse who is a worrier, so they have a tendency to perceive this angst and worry dynamically.

Lots of people who are diagnosed ADD or ADHD are actually OCD and psychic beyond your wildest dreams, so they pick up everybody else's stuff and they also are sometimes classified as "manic depressives." The reality is there are just so aware of everybody else's thoughts, feeling and emotions, mostly feelings and emotions; that they become subject to every time they pass somebody who has this upset in their universe, they pick it up and assume it's theirs. It is actually a high level of awareness that they have. SO you clear the implants and then you talk to them about "who does this belong to?" and they will get over that.

**ADD, ADHD**, and **dyslexia** are all implants that are designed to keep you from functioning.

- Ask for all the implants that it is,
- Then say; everything that is, revoke, recant, reclaim, renounce, denounce, destroy, and uncreate all that, **right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds.**

You have to get their permission to get rid of this, because if they don't want to it won't work. A lot of them like holding onto it because it gets them a lot of attention and it gets them out of a lot of stuff.

**Test anxiety** is a result of getting too much and going into overload, and having no information available as a result of it. You get such a huge download that you cannot discriminate the information that is being asked for. You download all the information so test anxiety is a result of that. All of the download systems that are connected to any form of testing and everything you did to have your ability to take a test exponentialized by having download stuff installed so you could have more information than anybody else, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all and return it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**


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Ask questions when taking a test; **"what is required to know here, what do I need to know that I don't think I know, and what can I take out of the teachers head that will give them the answer they want to hear?"** Much simpler than having to study.

**Many parents like their kids being "disabled"**

Another difficulty is a great many parents like their kids being "disabled." It justifies someone else taking care of them or it justifies something in their own universe. There is some value to it for them. 99% of the parents desire their kids to be disabled when they are disabled. They are probably disabled because their parents desired it in the first place.

"Implanted Physical Insanities" there are all kinds of stuff. If you get – okay, I wonder what this is? And you think of Jill McCormick, call her.

*What is the difference between Narcissism and Autism?*

**Narcissism** is where you create your own world to live in that keeps you separate, where nobody can touch you. A narcissistic person is so overwhelmed by the energies of the people around them that are invasive and abusive that they just seal themselves into their own little world that excludes everybody, unfortunately that also means them.

**Autism** is everybody touches you and it hurts. The thoughts, feelings and emotions that are delivered at someone who is autistic it is so intense that they do everything they can to shut it out and withdraw from it. They'll withdraw into their shell and not talk. If you create space for them they become present, even if they are supposedly dysfunctional.

These are tremendous abilities, because you can accomplish so much in so little time.

## Is the diagnosis correct?

With all of these diagnosis the first thing you want to ask is; "is this diagnosis correct? Is this really what is going on? What is going on?" when they have been labeled. 90% of the time it is incorrect diagnosis.

Like a creature entity will create the appearance of bipolar for the doctor who is not willing to see that.

Once someone is told what they have they will start to elicit the symptoms and because it is suppose to be the answer to what their problem is they will then try to


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make it the answer. Unfortunately if they are humanoid you would be amazed at how well they can accomplish that.

**Borderline personalities** for the most part are people who don't have a sense of themselves. That can be approached with all the Access classes. (i.e. it's not just one process)

People with **MS** can get tremendous relief just from having their Bars run. One lady I worked on stopped wearing her braces and her doctor said; "You can't do that, you'll hurt yourself" and she put them back on. Most of these people have a huge commitment to not working, in that huge commitment to not working they will not give up the disease to make sure they get disability payments so they don't have to work. Because she got money for being disabled, she wasn't willing to give it up. It is a choice they make. I have not had any success with MS, they will get relief momentarily then they will put it back in place again.

**Alzheimer's** The person slips out of this dimension and goes to some other place where they're more present. You can if you're willing to let go of this reality go to where they're present and then slowly but surely bring them back. They'll be present with you until they get distracted by TV or radio or another person. You can have an amazing conversation with them, and when someone else comes in, they're back in the other place again. It is hard work in that you have to let yourself feel like you're about to fall over, like you're having a stroke. When you let go of this reality and go to where they are, it feels vaguely like you're having a stroke or something; it's like you're tipsy, you're tipping out of this reality. You can find them if you'll go to their reality if you go to where they are and keep talking to them and pull on them until they're back in this reality. I can't give you an answer to what causes it or to handling it at this point in time. We have not found anything to change this so far.

I think they actually slip their cogs in connection to the supermind and in so doing become dysfunctional here. There is a chance that you could reconnect them to the supermind by finding the right emotion (the one that will reconnect them back to the supermind) and in so doing, get them out of Alzheimer's and bring them present again. But, they will be totally connected to the supermind. You can't disconnect them from the supermind and somehow that emotion allows them the freedom, once they dissipate their connection to that emotion, the supermind no longer connects them up and they no longer have a reality.

Apparently there is some emotion that if you can rev it up will reconnect them to the supermind and get rid of the Alzheimer's. Its different emotions for each person. That would be a gold mine, boy could we make a billion dollars on that one.


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They are in a hurry to get out of this life as it is. Some emotion, if you can reinstitute it, that you can reconnect them to the supermind and get them present so that they won't slip out of this reality. You could use movies as a way of finding what emotion triggers reconnection with the supermind. "Access movie night for people with Alzheimer's."

Thoughts obviously don't do it because they don't want to deal with their thoughts any more. They probably have too many painful thoughts around that particular emotion; it has got to be their impotence in relation to that emotion. If you got them present enough during that emotion and you can ask "what impotence have you become without that emotion? Destroy and uncreate it all. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds."**

You might be able to get them present. Wow, would that be an amazing thing to be able to do?

*For my dad it was watching animals on TV that he became most presence. We would do that together and he would be more present, not totally present.*

That is not an emotion, that is an awareness of the presence of the animals. It is the emotion thing that would get it.

**Nervous breakdowns** for the most part are Trifold sequencing systems (see Foundation). Trifold sequencing systems are this thing that creates a continuous loop back to a certain event. The person replays or re-experiences the same event over and over as if it happened yesterday, even if it was 10, 20 or 30 or more years ago.

If you **ask for all the Trifold Sequencing Systems creating that and destroy and uncreate them all,** you could pretty much end the nervous break down within about two hours.

Then you run all the Trifold Sequencing Systems that got activated in their body along with "Restoration of Structural Integrity and Function" and the "Restoration of Energy Systems and Electrical Systems"

**Bipolar** is far more invasive in the world that you can possibly imagine. Bipolar is actually the result of having two different universes. The person creates a disordered universe over here, and a disordered universe over here. One disordered universe is the negative realities, and the other disordered universe is the positive realities. They are two separate realities that do not allow oneness to exist. You have to reconnect that so that they can be the oneness they truly are.


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It is making the polarity so important and making the positive and negative so important that they create two separate universe, the positive universe and the negative universe, but both of them are disordered universes, they are not ordered universes. There is no order in the chaos of negative or positive, they are just separated to eliminate their sense of not being in oneness.

All the specific gravities, triangulations and DJCCs you have to create the separation into disordered realities that defines you as positive and negative and does not allow you to be oneness, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The other thing we realized is this is what creates sexuality. **Sexuality is a bipolar disorder.** Where you have right behavior and wrong behavior. It's where you have the right and the wrong and never the two shall meet. That necessity of loving or hating the other sex is what creates the bipolar disorder.

Sexuality is the source for bipolarity. There is a chemical imprinting of the body that occurs with that.

All the specific gravities, triangulations, DJCCs and anything else I haven't asked for that you have to create the bipolar disorder of sexuality, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

All the chemical imprinting that is created by the body or any other element to create the bipolar disorder of sexuality and any other bipolar disorder, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

**Medication** has become the only place where they have order of these polarities. If you do these processes they will forget to take their medications. They'll go; "oh my god, I forgot to take my medications for five day." You can ask; "how do you feel? Do you need it? Does your body need it any more?" "But I was told to never get off of it." "Well, is everything you've been told truth?" That will get them to consider having no necessity for medication.

If you are doing any kind of sexuality, you are doing bipolar disorder. That would be pretty much everybody. For some reason, people who are diagnosed as bipolar have a more extreme place of it. They would be like the virgin and the whore as total opposite points of view, and they would not be able to put those pieces together or make it make sense for them, from a sexual point of view. But the rest of their life also has this thing of this constant state of separation without the ability to have the communion and oneness with any kind of ease. You can have disparate


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thoughts in each disordered universe, but you can't put those thoughts together in a way that makes any kind of sense to you.

All the sexual perversions would be part of the bipolar disorder. It's the same energy that creates the stalker. With bipolar sexuality, one minute they're loving the person, the next minute they're hating the person, and then the sex goes away. There is a possibility that you create disordered universes with your body as well. Everything that is, and all the specific gravities, triangulations and DJCCs creating that, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Anytime you are trying to make anything make sense, you are in a bipolar universe. Also, every judgment has a sexuality attached to it. So as long as you are trying to live by the judgment of this reality, you have to create a bipolar universe. It's how you eliminate the oneness you are in order to create the judgment you are not.

In bipolar there is the positive end which is highly creative. Then there is the negative end which they try to avoid by giving them drugs to that they can't get there totally and they also can't totally get to the positive end. They keep bouncing back and forth between this equilibrium of insanity called seduction of supermind.

**Bipolar is an ability. How much energy does it take to create to disordered universes and function? Multi-tasking to the max.**

**Panic attacks** - Ask; "who does this belong to?" If they respond with "What?" it doesn't' belong to them.

Some of it has to do with the earth is changing and they are not willing to see it and they are not willing to be aware of stuff. They are not willing to be aware. Like the day of the Tsunami, people were feeling uncomfortable the day of the tsunami but they went to the beach to get comfortable. Then they knew why they should have been uncomfortable in the first place, a big ass wave was coming that was going to wipe them off the earth. You are not allowed to have a panic attack on vacation so they ignored it and went to the beach. The elephants on the other hand had a panic attack three days before, pulled up their stakes and ran for the hills.

**Downes Syndrome –** People with Downes Syndrome choose it because they want a time out this lifetime. They don't have any desire to be highly productive. That way, they can control everybody because of it. If you start asking them questions, they start to get better.


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**Comas** – You have to go to where they are, ask if their body can be healed and if they wish to heal it. They can tell you where damage is when doctors have missed it. They have to choose if they can and would like to fix their body and come back into their body. They also know if their body is able to be fixed or not. If their body can't be fixed or they don't want to, then you ask them if they will let their body die now.

Entities will also keep the body alive, clear the entity and the body will die that is in a coma.

**Epilepsy**—This seems to be connected to thevenized circuits. A thevenized circuit is a large circuit that goes into a smaller tube and is diminished in it's size. They have no idea why that works but it does. The same thing can happen where it comes from a small feed and goes into a bigger feed of it's own self. Apparently thevenized circuitry is what causes Epilepsy. They get a big surge of energy through a small area, which creates the seizure. Run "thevenized circuitry" on their head after or during a seizure, whichever works for them.

Also, there is something about this with the supermind, the supermind jolting you to be connected with it again so it facilitates these thevenized circuitries. Ask; everything in the supermind that you have ever had in any lifetime that will allow you to have epilepsy or allow anybody to have epilepsy that you have been connected to or known, or given to or genetically impaired with it, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

There was a case where a girl had an electrical entity system for overcoming paralysis – an installed entity that had almost a life form of its own. Following is the process that was used to change it:

Everything you aligned and agreed with and resisted and reacted to that allowed it to be done, and everything you decided was great about it, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What is great about holding onto it? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Are you the creator of it? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**


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Is yours the prototype for these things? If so, what anomalies have been added over time to accommodate or exacerbate it? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Will you now give up your commitments, oaths, vows, etc. and alignments and agreements to all of it?

Will you now give up being part of the project, and everything you aligned and agreed with or resisted and reacted to – or were implanted with – that allowed you to be part of the project, or the creator of it?

Would you be willing to show up and be willing to let this thing go, and to acknowledge that now there is a different possibility?

Will you now give up your point of view, and/or implants/explants that it was a good idea and a valuable thing for people?

Would you be willing to consider that there could be something even greater?

Is it possible that you are making up for something you may have been implanted to believe you did, that you didn't do, that is the reason you allowed this to be done? (Only ask if that shows up)

Will you destroy and uncreate everything you did to give this electrical entity control over your body, brain, and/or to act as a superior mind or brain or a substitute for your mind or brain and acknowledge that it doesn't work for this body? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

**AIDS**—Gary has worked with 3 people with T-cell counts of about 50 who went to T-cell counts of 450 after three sessions of Access. Most of the people when into the AZT program and were dead a year later. With AIDS and with cancer, those people have often chosen that as their way out. You cannot change their wish to die unless they're willing to change it. Gary worked with another woman who had unprotected sex once in her life who was HIV positive. After a year of doing Access, she was HIV negative. To facilitate someone with AIDS who no longer needs the drugs or would like to get off of them, you can ask them if they think their body knows what's good for it, and then have them muscle test to see if their body requires the drugs, or a smaller amount.


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With any kind of hands-on or clearings for AIDS and Cancer, you have to ask if the being is willing to receive it and is the body willing to receive it? Sometimes the body doesn't want to receive the healing. Sometimes it is the being. Interestingly, in the successful ones it has been the ones that the body was willing to receive it whether the being was or not. The unsuccessful ones, the being definitely did not want to receive it. It appears the being has more control over what occurs than the body.

I've had people who had **invasive bladder cancer**. After 3 sessions it wasn't invasive bladder cancer, it was a little knot in there with a string on it so it looked like a Christmas tree ornament. The doctors opened them up and said, "I don't know what happened but it's no longer invasive."

Another lady came to a Level 3. She had been diagnosed with **cervical cancer**. We did processing in the class and she went in for an operation 2 weeks later and there was no cancer. However, they did find that her appendix had ruptured. It was in a little container, and they didn't know how that had been created.

All of these things that we are told are incurable, it may not be so.

## Medication dosage changes with Access

**Access will change almost all medications and the amounts needed**. Diabetics find their insulin levels change. Most of them can cut their insulin use within up to 75% within a month of doing Levels 2 & 3. You can teach people to muscle test themselves for the drug. "Body, is this drug good for you? Body, will this drug work?" "Body would you like less? More?"

## Chemical imprinting

**Chemical Imprinting**—with any illegal drug as well as any "normal" drug such as anesthesia, there is a chemical imprinting that it creates on your body. It creates a place where you become less conscious every time that gets stimulated in any way, shape or form. Your body then becomes limited by that.

If you are under anesthesia and the doctor says; "I hate my wife" every time you hear "I hate my wife" you will be re-imprinted with the chemical imprinting of that anesthesia. If they play music in the operating room, every time you hear that music you will be re-imprinted with that lack of awareness.

All the chemical imprinting that you have in your body from any lifetime, from any chemical or food that you have ever taken, legal or otherwise that is existing in your body, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy


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and uncreate it all and release it all? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys, and beyonds.**

**Strength beyond this reality -** You have far more strength than you are willing to have because you keep trying to create this reality. Years ago I was horse back riding and I was about ¾ around the mountain and I came to a tree across the trail that was about 8-10 inches around. It was across the trail and too low to go under and too high to go over. The only choice I had was to somehow get it off the trail. So with my bad back I picked it up and threw it off the trail. Then I went down to the gate but someone had locked the gate so the only way around was next to the gate but there was a Manzanita bush beside it. Manzanita is one of the hardest woods in the world; it is also called ironwood. I stomped it with my foot and broke it and went around the fence.

I was riding a few months later with a friend and we came across a log about 4 inches wide and the two of us couldn't move it. Reality, two people creating reality. It is what creates that thing were little old ladies can lift up trucks and pull kids out from under them. The reality is we have far more power and ability energetically than we ever give ourselves credit for and we align and agree with the point of view that these bodies are powerful beyond belief or weak, only to the degree that we can leverage something.

There is a great deal more strength available to us than what we agree on. There isn't anything that can't be changed but you have to be willing to change it.

**Healing doesn't create consciousness – consciousness can heal bodies**

Don't try to heal the sick with Access. Access is not about healing. It's about consciousness. A side effect of consciousness is healing, but it's not the other way around. Healing someone of their sickness will not make them conscious, but healing someone of their unconsciousness can heal their body.

Is it you or the supermind that says it is necessary to cure people? Is it you or the supermind that says it is your job to heal everyone? Is it you or the supermind that says you must take care of everyone, everywhere? All supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You should never come to a conclusion about what anything is. You should always come to it from, "what is this?" Otherwise, you stick them with a lie.


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## Access Schools

One of our aims is to start Access schools. We would like to start schools to empower kids to know that they know from the moment they walk in the door. What would have happened to you if, instead of your teachers telling you; "do it this way and you are not doing it this way, you are not showing your work and you are wrong." If instead they went; "wow, you are so cool, creative way to come up with that answer, may not have been the one I was looking for but wow, how creative that was – awesome." What would happen if they actually acknowledged the knowing that you had from other lifetimes?

Access schools, teachers facilitate kids to function from question instead of answer and stimulate them instead of suppress them. And for teachers how to create the illusion that they are creating lesson plans when there is none.

## Language and learning

One of the ways in which we have worked with people to get them to open up to their language skills for example, is like, one kid asked Gary; "Gary I'm in Hebrew school and I'm doing really poorly in English and great in Hebrew." Gary said; "truth, is English your first language?" The kid said; "no." Gary said; "well, what is?" The kid said; "Hebrew." He was born into an American body but his first language according to him was Hebrew, so we POC'ed and PODed everything that kept him believing that his first language was Hebrew and that he couldn't have access to all the English he'd learned in every other lifetime in which he spoke English. Literally within a week his grades when from C's to A's and B's, and it was easier for him.

So having access to tools like that, it's like our kids know so much, they have so much awareness, they have so much possibility, so much they can teach us and we would like that to be were they could go to school and actually have access to that and be not judged and actually have someone look out for them and actually have their best interest at heart. So one of our aims is to start Access schools.

They would get to ask all the questions they can't ask their parents that they would really like to know from somebody who is actually willing to speak to them from a place of awareness.

## Words and Languaging

You have to become aware of what you're saying and thinking, so that you don't create the stinking life you're having. If you think, "I don't ever seem to have enough money," guess what you'll create? If you're thinking, you're stinking. You


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cannot go beyond the parameters of this reality from thought. You can only go beyond the parameters of this reality from perceiving, knowing, being, and receiving.

Words have vibrations. Certain words, those that follow, are designed to be self-implanting. The reason is that whatever you say that follows that will implant you and stop you.

**Why** - eliminate it from our vocabulary. Why always brings us around to the beginning of our circle. Why did I choose this person? Why did I go to bed with this person? Why did I have the desire? Why did I choose to get up in the morning? Why did I choose unconsciousness? We are back where we began, unconscious. It is an implanting system. Don't ask "why did this happen" ask; "what clarity can I have regarding this?" or "what is right about this I am not getting?" or "what energy, space and consciousness can I be to allow me to have total clarity and ease?"

**Try** - try is the attempt without ever succeeding.

**Need** - is always the feeling of not enough. "Need" always leads to greed. We will not be able to turn loose of what we have for fear that there will never be any more.

**Want** - want has 27 definitions, which mean to lack. Want means to lack. There is one definition, which means "to desire." Do we think our brain interprets which one we mean? It does not. It is just a machine. We have substituted our Self with a brain and we let our brain be us. We let our brain function for us, when in truth, all it was designed to function was our body. Every time we say "want" we are saying "lack." When we say "we want more money," we are actually saying "we lack more money."

From now on do not use that word to mean something you would like to bring into your life, because what you are saying is it is something you will never bring into your life. It is something I lack – that is it's meaning, it's definition. It's one of those words who's definition was changed back in 1946 to make it into something that didn't allow you to receive nearly as much as you desired. People who have lots of money don't have the word "want" in their vocabulary. They don't say; "I want to go to Tahiti" they say; "what would it take to get a ticket?" "What would it take for that to show up?" "What's it going to take to create that?"

Repeat after me 10 times; "I don't want more money."

Do you feel lighter or heavier? Lighter, isn't that weird? Why, because you've just spoken a truth; "I don't lack of having more money." Now, damn it, go out and choose it.


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**But** - the only "but" we want in our repertoire is the one we sit upon. But is always the counter to what we have just said, we have just undone what we have said we were going to do. Eliminate that but or be aware of it and what you or others are actually saying with it.

**Never** - is the eternal and perpetual limitation.

For all of the specific implants and supermind connected to why, try, need, but, want, and never, and creating them, and all the positive and negative ions and all the free radicals that trigger them, everything that allows them to exist, will you now destroy and uncreate all that? **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds**

Everything that we are not happy with, we create. We create it through our thoughts, feelings, emotions, and through our spoken words. Let us be aware of being exact in how we speak our language, because exactly what we speak and think is what we'll get. If what we are getting is not what we would like, we might go to a dictionary and look up the words that we are saying to find out what they mean. This, of course, works only if we are willing to be aware, and awareness is the key to consciousness. The vibration should determine your choice of words, not the other way around. If you will speak to the vibration of every thing, you will understand more.

## Heaviness in words, awareness of supermind

*Is it possible when where ever we're not being space even in our speech, we're sticking to the supermind?*

Yes. You're sticking to the supermind and sticking into this reality. Even with your speech when you're not being space, and you can feel it when that happens. When you say something and you know is not true, you can feel the heaviness of it. So the way to get free of this is to truly be in allowance of it. "Okay, I know this is where you'd like to go supermind, but I'm not interested. Thank you. I'm going to disconnect now." Then you say; "everything that is connecting me to the supermind, destroy and uncreate now it. POC-POD, all nine, shorts, boys and beyonds."

*So how do you disconnect? You just choose it?*
Yes. You just ask, 'ok is any of this created by the supermind?' Then you get to make a choice. Choice is always senior to processing. Consciousness requires choice. If it's sticky at all, it's part of the supermind. Then you say, 'ok everything


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that is connecting me to the supermind with this person or this situation, I destroy and uncreate it. RWGB POC and POD all nine shorts boys and beyonds.' It becomes that simple.

The more allowance you are in, the more disconnected you are to the supermind.

## Language As The Perfection And Source Of Separation, Limitation, And Diminishment By Language

What perpetual and eternal creation of language as the perfection and source of separation, limitation, and diminishment by language with reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing, that you truly should be refusing, that if you would refuse it would change all realities and non realities and manifest as the generation of indefinite life and the infinite generation of the energy, space, and consciousness of perceiving, knowing, being, receiving and gifting all languages? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

The pretense of separation as a language difference. We assume that we do not and can not know the language of molecular communion, and don't have it already. Gifting of all languages is the willingness to be able to communicate with it. Using the shortcut of knowing, instead of the long way of using your supermind as the source of linguistic excellence. The supermind is the source of "you can't know until you learn." You have to learn how to speak Spanish, you have to learn how to speak English, you have to learn how to speak dog. The purpose of language is to create a sense of separation from perceiving, knowing, being, and receiving.

*The pretense that I don't know when I am speaking what is de-generative, and that I don't know what people are saying and that I don't know.*

How much of the "I don't know" is the supermind? Every "I don't know" in your universe is based on the supermind. The supermind says "you can't know that, you won't know that, you don't know that, even if you try, you'll get it wrong." Why? What is the purpose of the supermind? To keep you separate and connected simultaneously. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You ever notice like when you go to speak Spanish you have to think about what you are going to say and translate it so you can speak it? What I you didn't have to do that? What if it just started coming out of your mouth? With this process you can begins to speak other languages without thinking about it first. You can begin to know what others are saying in different languages without having "learned" it.


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Everything that does not allow you to be transliterate, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Transliterate** means you can understand and gift and receive simultaneously. If you're translating, you have to get it in and spit it out.

Writing is the kinesthetic interpretation of language into figures. This clearing should increase literacy ratings, including the ability to write.

"Gifting of all languages" is the willingness to be able to communicate with all things. If you can speak Spanish, is that a gift? To whom? The people who understand English or the people who understand Spanish? The people who understand Spanish because for them, you speak English – they go; "huh?" If you speak some Spanish to them, which I'm hideous at, but I try hard so they forgive me my grammatical incorrectness. Sorry, my English is going away as we are going this process.

We all decide what our first language is, it is not a reality but we ***decide*** this is our first language and once you make that decision then, from then on anything other than that you will not be great at. That establishes a whole lot of learning disabilities that kids function from. So it's a way to change it, to clear their decisions about what their first language is.

With anyone who has a learning disability start with the question of; "is English their first language?" 90% of the time they are going to get a "no," if they are having a learning disability. "everything that does not allow you to be as good at English, as you are at _____ (whatever their first language is), will you destroy and uncreate that? Within weeks the grades will change and everything will get easier.

Kids with learning disabilities are de-linearizing, they are not linear in their perspective, so they are called "disabled" in reality that is not true.

Jill McCormick is doing a thing were she will talk to the kids for free no Skype and charge the parents for the time but the kids have access to her and can Skype her and leave a message and she'll call them back and set up a time or talk to them right then.

One of the difficulty is these kids are labeled. They put a label on them and they are called "disabled" and that is really a crime. Those labels are killers because then they try to live up to being disabled. They disable themselves in a million other ways as a result of it. It is an unkindness of magnitude. It is one of the reasons I've been trying to get the Access schools going.


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*I can go for about half a day speaking Spanish, then I'm done. What is that?*

"Brain freeze" is when it just stops and you want to shut down and take a nap. I was in Holland and I was learning how to speak Dutch. I began to understand what people were saying to me after watching TV, hearing it in English, reading it in Dutch, then began to interpret. I would go for about 6 hours then all of a sudden brain freeze and no more. Same thing can occur driving on the other side of the road than what you do in your own country. Driving in Scotland, suddenly after 4 days I couldn't twist things around in my brain any more and I just froze in the middle of the street, not knowing weather to go right or left or which side of the road to be on. I couldn't drive one more minute.

The supermind tells you, *"you can't pronounce those words, your mouth can't make those words, you can't do that right."* Is that true, or is that the supermind? Different languages have a different order of combination of words, so when you are not willing to be transliterate, you have to translate. You have to reverse words until you can no longer reverse it. That is why I gave the example of driving on the wrong side of the road, and sticking myself when I no longer could reverse it and didn't know where to go because of it. That is what we do with language. We do translation instead of being transliterate. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Because I can follow energetically I know when people have dropped out parts of what I have said.

The supermind can't multi-task and that is why this clearing can be incredibly helpful. When you disconnect from the supermind you can be transliterate and stop translating. Because then you no longer have to use the supermind at all to translate.

## School & supermind

Harvard graduate studies? Who does the studying, the people or the supermind? The supermind is only going to prove what it has already decided is okay for you to have as a reality.

*What about universities, do they also function from the supermind?*

Universities are the perpetuation of the supermind at a higher level with the pretense that they're actually functioning from consciousness. *So what can I do?* Just be you and look for the opportunities to ask people questions instead of


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shoving university answers down their throat. Get people to explore their knowing, their perceiving, their receiving and their being instead of getting them to think. Get them to know, perceive be and receive outside of the box. That's also how you change the world.

Every mathematical computation is designed to restore the supermind.

## Entities

The cool thing about Access is; you know that mantra I told you guys about, that none of you believe. "All of life comes to me with ease and joy and glory," well, the entity process is right in line with that.

An entity is a being without a body. They are a being who once had a body, their body died, now they haven't transitioned to where ever they transition to. Now they are stuck, attached to you and your body for the most part. Some of them go between people. There is all sorts of fun stuff that happens; but, for the most part what you will deal with is entities who are attached to people. Or, who hang around in their space. What the difficulty is, is having four beings at least, who have killed themselves around you; you might have a lot of suicidal thoughts going through your head, yes or no? Are they yours? No. Here is what entities do; they talk to you, they tell you things. If someone hears a voice that says, *"Kill your family"* does he assume it's God talking to them? If you hear in your ear, *"You should do this,"* there may be an entity attached to you. Anytime you do drugs or alcohol, you open the door for entities to attach to your body. You would not address yourself as "you," - that's an entity talking. For the most part if a being has died and has not gone on; is that because they were enlightened and aware, or highly unaware for the most part? **Highly unaware for the most part.** Guess what, you are a more aware person than they were willing to be and yet you would listen to them to run your life. That is called; not bright. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You can use entity clearing in all kinds of situations. Entities have a life force of their own. They choose to be without a body. Could you be without a body if you chose? Then why are you making them more than you?

The process is to perceive the energy of the entities as questions are asked in reference to the present, the past and the future. This first gets the attention of the entities, then brings an awareness of being in the past which brings to their attention they are no longer "stuck" in this time and are free to chose to move on with the awareness of a future. It's like they suddenly recognize the fact that they have choice, and that they are spirit, and they instantly leave.


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There are large numbers of them that once you identify that they are stuck, they are happy to go. If they don't want to leave, it's usually because they have something to say. They want to talk to somebody before they leave. This is less common, but it can occur.

**There are pretty much three kinds of entities.**
There are entities which are stuck in an identity which are the "who are you" entities. There are the entities who are stuck in a job; which you ask "what is your job?" Then there are ones that are a "what are you?" So it's either;

"Who are you?"
"What are you?"
"What is your job?"

What we are doing when we are doing this entity clearing process is; we ask them first, **"who are you?"** *"I'm M's friend, Susie."* **"Who were you before that?"** With that question they then get an awareness that they were someone before that. **"Who were you before that?"** They're like; *"woah, I was someone before that too?"* **"Who were you before that?"** *"Shit, I was someone before that too."* Then they have enough evidence built up that; *"oh my god, I'm something more and I can see that I have been something throughout all time, space, dimensions and realities,"* then they go; *"I would hold on to this for what fucking reason?"* Then you say; **"who will you be in the future?"** and they go because they know where to go to generate that future. Does that sound easy enough?

I always say **"truth"** before it because there are some entities that will lie to you, just because they can. They are called "tricksters, pranksters and foolsters," literally they lie to you just because they can, just because it is fun for them. You spend hours trying to clear them and they don't go anywhere. So I just put "truth" in, especially if there is a weird energy there for clarity for me and the person they are attached to.

So all of the entities here that will answer, ask:

- Truth, who are you?
- Truth, who were you before that?
- Truth, who were you before that?
- Truth, who were you before that?
- Truth, who will you be in the future?
- Thank you very much, you may now leave, bye-bye.
- And please take all of your luggage with you. (Because you don't want them leaving shit behind.)


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- Then POC and POD all of the "magnetic imprinting." Or the "electromagnetic imprinting." What that does is clear how they stick to your body.

- Truth, what are you?
- Truth, what were you before that?
- Truth, what were you before that?
- Truth, what were you before that?
- Truth, what will you be in the future?
- Thank you very much, you may all leave now, please take all your luggage with you. (many times they are already gone, you can "feel" it by the shift in energy.)
- And all the magnetic imprinting, **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

- Truth, what is your job?
- Truth, what was your job before that?
- Truth, what was your job before that?
- Truth, what was your job before that?
- Truth, what will your job be in the future?
- Thank you very much, you may all leave now, please take all your luggage with you. (this part you are not saying to them, you are just saying it)
- And all the magnetic imprinting, **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Now, how it feels for me when I say; "truth, who are you?" there is sort of this awareness of the energy that this entity is. Whatever it is. Then when I say; "who are you?" it kind of goes and gives an energetic awareness, then when they leave or are ready for the next question it totally shifts the energy. I have no idea what it will be for you, something different I'm sure.

Do you notice any difference in the space in the room after this clearing of entities? Weird, huh. It's like a good old fashioned séance in reverse.

## Original Occupants/Walk-ins/Confluence

When someone nearly dies, is afraid they are going to die, or wants to die, then they in effect put a "for rent" sign on their body. Other entities which would like to incarnate without going through the more common route of being conceived,


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born, diapers etc. can then take over the body. The being that takes over the body is called a **walk-in**.

The original occupant of the body may not entirely leave and the remnants of it act like an entity in the body. This can happen once or repeatedly during a lifetime. It is particularly common when the person has a history of abuse as a child. The original occupants can take control of the body at certain times and demonstrate their presence by angry or childish outbursts, which may even be embarrassing to the person who has them. Someone who experiences these outbursts can often be a walk-in.

The rule is that the last being in gets to stay. The last one in the body is the last one who has control over the body.

**To clear original occupants who have not left the body, ask:**

- **"How many original occupants are there in this body?"** Count them.
- Then ask **"What age were you when you took over this body?"**
- **"What is the value of holding onto this body?"**
- Then do the **"Who are you?"**
- **"What is your purpose?"** and/or **"What is your job?"** process.
- Then ask, **"Who will you be in the future?"** at the end.
- Thank them for being there and ask them to leave and take all their baggage with them.

Many times original occupants hold on to receive more processing and they will leave after levels 2 & 3.

Walk-ins tend to be beings who don't want to be a baby. If you have the point of view of, "You would choose to be a baby for what reason?" chances are you are a walk-in.

If someone you know goes into surgery or is in an accident where they almost die, and when they come out they seem like a totally different person. Like suddenly you can't stand being around them and you used to adore each other. Or, you were never very close and had nothing to say to each other and now you are like best friends – they are a different person. That is a walk-in. The being you knew before is gone and a new being is occupying the body.

Another indication of a being who is a walk-in is that they have no memory of smells from before they occupied the body. Ask them about a party you were both at from your childhood and about the smell of the Bar-B-Q and they won't be able to, ask them about the last party they were at 400 years ago and they can describe every smell there in detail. That is because they were actually there, they were not there in your childhood, that was a different being.


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**Example of clearing "Original Occupants"**

So, let me ask you this; truth, do you have any **original occupants** in your body?

*Yes.*

How many are in there? 1,2,3,4,5,6,7,8,9?

*8*

Are you number 9, 8 or 7? Okay, you're number 7? Here is the way this works: when your body thinks it is going to die…okay the being is walking along, a body is born, the being connects to it, because the being *IS* already, it doesn't have to be born. Then somewhere along the line the body gets into a situation were it thinks it might die, like near miss car accident or something and the being goes; "we're going to die!" and it disconnects it's control of the body and a "for rent" sign goes up over the body. Another being flying over goes; "oh, I'll take that one" and jumps right in. Well the first being is the "original occupant" but they no longer have any control over the body. They have given up their control over it, so they are stuck in it somewhere and can't get away from it. So literally a lot of times they will try to kill the body so they can get out. So you find yourself walking dangerously close to perilously high cliffs, things like that. What ends up happening is the next time it happens the new being who thinks the body is going to die does the same. They think; "I'm going to die!" and they disconnect their control of the body, a "for rent" sign goes up and anther one comes in. You are apparently number 7 in a long succession of very interesting choices.

The other thing is, if you find yourself responding like a 12 year old or something, or a 6 year old, or a 4 year old. What happens is those entities are pretty much asleep, they are sort of in there but sort of dormant because they don't have any control any way. They are like; "might as well hang out, okay here we are." Then a situation comes up that they can influence or that they would have reacted to when they were that age because they were the one in the body then and you weren't. They wake up and react and you go; "where the fuck did that come from?" Like you have no idea why you responded that way to that person.

You said you are number 7 and that there are 8 of you which means you would have less control over the body than you would ideally like to have. Usually a walk in would be the last number, this is an unusual situation.

So now we are going to talk to them:

- Truth, who are you all?
- Truth, who were you before that?
- Truth, who created this body?
- Truth, who were you before that?


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- Truth, what is the value of holding onto this body?
- Truth, who were you before that?
- Truth, who gave you this body?
- Truth, who were you before that, etc.
- Truth, who will you be in the future?
- Thank you very much, you may now leave. Please take all your luggage with you and all the magnetic imprinting, **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

That's it, really easy.

## Confluence

It is possible that for some people where entities answered to original occupant or walk-in, it is actually fragmentations of the same being that have come in at different times. They allow one aspect of the being to occupy the body from 0-7, another to take over until they're 14, etc. It's almost like a fragmenting of the soul, which allows for different states of consciousness or different identities to exist at different times in the body. They made a decision billions of years ago that they would only allow a certain amount of energy and presence into their bodies at a time. It's different amounts of energy and presence based on different ages. To find out if someone has confluences acting as an entity, just ask: **"Walk in?" "Confluence?"**

When someone has confluences, they may not have much of a sense of their childhood. They may have memories of it, but they don't have a sense of strong presence there, because they weren't.

This is confluence of dimensions, confluence of realities, confluence of beings, bodies and minds. Different bodies are run by different beings in different locations, different realities (alternate, parallel, mirror image and reverse realities), and different body parts. We are in charge of different body parts in different realities and different dimensions. It is also part of what creates what we consider as past lives. It is like seeing time as a river, and our beingness in each time as a river. It is as though all the elements of us come together through all dimensions, all realities, all time, all space. Because of the relay system, it is also going the other direction as well.

Confluence is about the movement of beings through time, space, dimensions, and realities, and how they access different bodies through different times and different periods, and how they access their connection to one another, and how they trade off bodies with great ease. Confluences bring the energy flows of all of our lifetimes together in a different way.


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## Multiple Occupancy Hotels

Another thing that occurs is called **"Multiple Occupancy Hotels"** where there is more than one of you in there and it's like there is a committee in there making all of your decisions for you. This is where we have equal strength partners, and we can have more than two, in the body. How many of you have a real tough time making decisions? People can have anywhere from just a few to millions. Just ask. Trust the number that you're getting even if it seems totally ridiculous and ask the person, they will usually be very clear about it. They know exactly.

- Count them (1?, 2?, 3?....follow the energy, as some point the energy will shift and it's some number around there.)
- Then ask, **"Which one are you?"** (Are you 23, 24, or 25? They always know which one they are.)
- Then do the "Who are you" process.

**Example of clearing Multiple Occupancy Hotel**

Did you recently become a multiple occupancy hotel?

*Yes.*

Okay. Anybody else? Yes. Yes. Yes. Truth, those of you who have this going on; "are you a multiple occupancy hotel?" it's either a yes or a no. That would be a yes Bob.

*So if you have got someone on the other side and they visit occasionally or come and tell you something, is that an entity clinging on?*

You have to ask. Not necessarily. In your case is it?

*I don't think so.*

I didn't ask what you thought. So, truth is that the case for you? Is it an entity attached? That would be a yes Bob. **The cool thing is you would go to "I don't think so" because you "think" that it is going to mean this and this and this, if you actually let them go; but you are wrong. It doesn't mean any of the things you think it will mean. No change that you undergo or choose will ever mean anything that you think it is going to mean, ever.**

*He's been a great comfort.*

Okay. And have you made him significant?

*Yes.*

Which one of those Commandments? No form, no structure, no significance. Darn it, those commandments again. The thing is you've made him significant. Notice


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what that is doing to the generation of your life? Would you rather kill your life so you don't go beyond were he can attach?

*No.*
You sure?

*Yes.*
So is this a change I hope?

*Yes.*
See this is the potency and the demand – no, it is fucking changing now. It has been that way, has it not?

*Yes.*
What I am doing is sharing with her awareness and she's been going; "oh my god, I've been doing that? Fuck!" That is that potency that has been misidentified and misapplies as anger your whole life. So, will you have that please? Will you now kick this asshole, this fucking looser, just kidding, this free loader on your fucking life. I love it because he is laughing and mad at the same time. Truth, who are you? Truth, who were you before that? Truth, who were you before that. Truth, who will you be in the future? Thank you, you many now leave. Please take all your luggage with you and all the magnetic imprinting, **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Wow, you two did a good job of attaching to each other. How much did you think you were him and he was you, and that without him you'd be lonely, and terribly depressed, and not supported, and you'd be alone in the world? Will you acknowledge that those are all points of view of the supermind? Some of his, some of yours and they are all lies.

*Yes they are.*
Will you stop living the lies now? All of them?

*Yes.*
Will you actually allow yourself to have clarity and ease and the energy, space and consciousness that you have been refusing to be?

*Yes.*
All of you please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Apparently you were not the only one in the room. See, I'll work with one person but if you are in the room and you have anything like it; it runs on you too.


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## Implants

Implants are put into our physical form with electricity, drugs, vibrations, lights and sounds, as a way of controlling us or helping us or not helping us. They include thoughts, feelings and emotions among other things. They are ways to dominate, manipulate and control us and our bodies, or ways in which we decided to dominate, manipulate and control ourselves/bodies.

Did you ever know a woman who had implants done? At some time when technology was greater, they probably had the capability to do them electronically. There are disruptive energies in that area of the body that oftentimes have to do with breast cancer, where someone had that augmentation done electronically in some other lifetime, that can create a disruption in that area of the body this lifetime.

## Explants

Explants are like implants, except that they have been put into our subtle bodies (i.e.: light body, etheric body, auric body or any of the other forms of bodies that do not have the same kind of molecular density that the physical body has). They have density nonetheless. The subtle bodies have an effect upon our physical form as dynamically as we have on our physical form. Light has density and mass. One of Einstein's provable theories is that light has density and mass; so, even though we perceive it as light, it still has density to it. These explants can be done to the other body forms because of the fact that these body forms have density and mass although it's not the same as we have in the physical form.

So, an implant is put into a physical body form and an explant is put into one of these other body forms. Whenever we have created ourselves as other than Oneness, then we have created ourselves as a form and structure.

Implants are everywhere in the body. In people who have back problems, you can be pretty sure that they have millions of implants that have been put into their spine for some reason—either to overcome the pain or to make them a better runner, or to make them more agile, a better sports person, or a better dancer, or something. Ask for "all the godzillions of explants and implants in your spine," **Right and wrong, good and bad, all 9, POD, POC, shorts, boys and beyonds.**

The problem is most people aren't willing to have it be that simple.

To handle implants and explants we're going to call them up ("all the implanted and explanted entities you have in your bodies and around them"), and destroy and uncreate all those please. **Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds.**


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Whenever you have created yourself as less than the oneness you are, you have created a form, structure, or significance of who or what you are. If you are doing anything but allowance (interesting point of view) or creating yourself as a form, structure, or significance, you can be implanted and you can be controlled.

## Magnetic Imprinting

We have been imprinted, body and soul, to stick together. Basically there is a positive and negative charge with the being as it comes into the body, a positive and negative charge within the body. This occurs because entities bring their positive and negative points of view with them when they come into a body. Every entity leaves a magnetic trail of who they were in your body.

It is like two magnets. When we put two magnets together, they either repel each other or they clank together and hold tight. That is what magnetic imprinting does when a being takes on a body. There is magnetic imprinting in the body of all of the original occupants and entities, which means that there is some of their residue, their patterning, is stuck in the body. The body does not readjust itself to being just us until we clear the magnetic imprinting.

Anytime a being or entity comes into our body or has been attached to our body, they leave a magnetic imprint of their own, which is part of what can create disruption in our physical form.

## Less Space or More?

When someone has cleared entities a great question is to have them take a moment and perceive the difference in their body and their being, now that the entity(s) have been cleared.

**Ask; Close you eyes, do you feel like you have more space or less? There is no right or wrong answer.**

*More.*
That is because you're the only one in your body now. Look for those voices just for a moment, all those voices you used to hear. Can you find them?

*No.*
Cool, stop looking. I don't want you to go and pull them back in or anything.

*Less.*


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Sometimes entities can be in your body, sometimes they are outside of your body squishing you in. So sometimes your body feels like it has less space because you've been shoved out of it and then you are all of the sudden in it or connected to it. That is what occurs when it feels like less space.

## Schizophrenia

*I have a question about my mother. She was diagnosed schizophrenic when I was a child and being with so many beings in her body and she's had two car accidents. She is ready to go or ready to stay. I'm just getting right now that there are other entities on her body. We now no longer believe that is was schizophrenia because she no longer hears voices.*

**Schizophrenia** is were people have portals open in their bodies that allow other entities to travel from other dimensions, other realities, other times; through to this time, dimension and reality. The entities whisper in the person's ear and it is always a person with the ability to hear them. And they whisper in the person's ear and tell them to do things and all that sort of thing. Can we do something for her please?

*Yes. And the toys used to talk to her.*

If you are in tune you will hear plants talking to you, you will hear animals talking to you, you'll hear toys.

*I just had to say that to give it voice.*

## Portals

Cool. **Portals** are either volunteered for or they are enforced in some other lifetime. Usually it has to do with someone's commitment to something called the Galactic Confederation; which is the "Borg," the one mind one body, were they went around assimilating entire planets and cultures and entire galaxies of people. Okay cool, blah, blah, blah, see no form, no structure, no significance. I can tell you that and you can go; "okay, cool." That is part of no form, no structure, no significance. For certain people they had entities who were enforcers on the other side, so they could never close it.

Just ask; Everything that allows you to be the effect of the enforcer, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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## Clearing Entities As A "Hands Over" The Body Process

To clear entities with the person on the table, put your hands above their body and ask for entities. Ask the questions and notice what happens to the energy you perceive with your hands.

One of the things that has come out in *ACCESS* is that a great deal of our physical problems are actually located in the subtle bodies. If someone has a condition which will not heal, if it's not an entity it's most likely an explant that keeps them from healing. The source point for it is not in the physical body at all, it's in these other bodies. So, a lot of the stuff that we can't seem to cure easily, the source for it is in these other bodies and that makes a huge difference on what we can do with somebody who's got a physical problem. Don't look for it in the physical form, it can almost be guaranteed that it's going to be more dynamically impacted from the subtle bodies than it is from the physical form.

## Entities in a variety of situations

If someone has done huge amounts of **alcohol or drugs**, there's a good chance they have an entity or entities. That particularly draws entities into, or to connect to the body.

When you have no reason to have **a physical problem** and it keeps showing up, it's oftentimes an entity that had that injury as their form of death. They will manifest it in your body. If you can't heal that there's a good chance there's an entity there that's creating the disruption in that area of your body. This is especially true if you go the doctor and they can't seem to find the cause.

**Entities in a house** are stuck and are usually very willing to leave. When you have **a house that doesn't sell**, it's usually because it has an entity, or entities that doesn't want the owner to sell it. These entities can be removed, and the person or house with the entity doesn't even have to be near you. Gary has removed entities from houses that wouldn't sell across the nation. Now that you know about entities, if you go into a room and you feel like something's shaking inside your head, it's probably an entity that wants some help. Just know you're not having a stroke.

There are oftentimes **cars** that have entities attached to them. Ever had a car with erratic behavior? It would be perfect and then not perfect, perfect and then not perfect?

Sometimes horses (and other **animals**) have entities in them that are people. Occasionally dogs or cats or pigs or horses will get into the wrong body type. Did you ever know somebody who said, "Boy, I want to be one of your dogs or your


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cats when I die!"? That's what happens to you when you make those kinds of decisions. Be aware, you'll get what you ask for!

**When you are clearing an animal which is in the wrong type of body, ask first:**

- "What is the value of holding onto this type of body?"
- Follow the usual entity clearing questions if that question doesn't clear them.

In Santa Barbara, there was a place on the freeway where you went around a big wide turn and always the **traffic** would get backed up there. One day I finally went, "I wonder if there's an entity here?" There was an entity there whose farm had been bought to enable the freeway to go through there with four lanes, and this guy was pissed! He didn't want them crossing his land! I did this process on him, and there's been no back-up in the traffic there ever since! It's bizarre, people have all kinds of strange things they decide.

**Entities that are buried in a graveyard** believe they're dead and will be so forever and they don't want to go away. You can try to make them leave but they believe they're really dead so they won't leave. They don't know they don't have a body. They have decided they live once and then you die, so they are proving the rightness of their point of view by staying next to their body in the graveyard. Sometimes you can clear them, if they are bored enough they might go.

**People have been murdered** will come to you, because they know you can hear them. Gary used to try and get their story, he doesn't bother any more. If that is interesting to you go for it. You might ask what is valuable about their story? You can ask them if they desire any clearing on it. Sometimes they have actually come to you because they know you can hear them and they'd like to clear something like a commitment or a DJCC or something.

## What keeps entities stuck to this reality?

*Question; with the entities you were talking about, do you believe they are still connected to supermind? In other words, what keeps them stuck?*

Isn't that interesting? Wouldn't it be interesting if it was the supermind that kept them stuck? They're apparently still connected to it because they are still functioning as though they are these limited beings. But then there are some that function as though they are these highly enlightened, really aware beings. So there has got to be something. I don't have an answer for that. What do you know?


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## Embodiment is this entire reality

Presence in your whole life. What we think is embodiment is just this body, that that is the sum total of who we are. Guess what? When you embody, the rules of this reality are that you get the entire reality. You don't just get a body. You don't get a body then you can go do your own thing. You get this entire reality with you in a "body." You are subject to the laws of physical reality because of that. How much of this reality is connected to, run by and sourced by the supermind? Pretty much all of it. So you get the supermind; "act now and you get a supermind for free. It has a lifetime guarantee until you choose to step away from it entirely." Everything were you have misidentified and misapplied that you are your body, and that your body is you and that that is the sum total of embodiment; instead of being aware that you not only can be effected by everything around you but that **you can also energetically change everything around you in this reality.** Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What generation of infinite energy, space, and consciousness without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you really should be choosing that if you would choose it would change all realities and non realities and manifest as the generation of indefinite life and the infinite space and choice of conscious embodiment? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## Greatness of embodiment

We have talked about this a lot in Access. We've looked at the fact that you go lifetime after lifetime reincarnating. If you were an infinite being, would you truly have a lesson to learn? NO. So, that can't be the true reason why we keep re-embodying, who what is that? What Dain and I finally came to the awareness of was that unless you are willing to recognize the greatness of embodiment – and that embodiment is not just this body, it's this whole reality – if you are not able to see the greatness of what that is, then you have to come back and do it again. That is the thing about indefinite life, is the ability to choose weather you come back again or not. That is the reason we are shooting for the *generation of indefinite life*, rather than the creation of immortal soul.

We are shooting for generation of indefinite life as the target you are going for, rather than your immortal soul. Right now the immortal soul means you have to come back and do this lifetime over and over and over again. Wouldn't you rather have choice? Choice would be a whole lot more fun. Then you can look at it and go;


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"do I wish to come back or don't I?" If I do I'm going to make some Access person get together with some other Access person who will stay apart from each other so I can control them both and have a great time.

What is the greatness of embodiment? Its conscious embodiment or the embodiment of space where you can actually experience the joy of your body, you can stop judging your body and where you can start having infinite embodiment where it's generative, juvenative and youthanizing. Everything that does not allow that will you destroy and uncreate that please Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds

Embodiment is not just your physical form; it's this whole reality. The greatness of embodiment is the willingness to see this whole reality as it is without any fixed point of view – to see it as it is. What it should be or could be is irrelevant – it isn't that. **So look at it as it is, and then it will change.** When you can be here, totally embodied with physical form, with total awareness of every bit of it, without any judgment, you have the choice of whether or on you come back.

Conscious embodiment is a space that you can be – that you can be in communion and connection with your body, that allows you to ask your body to change, and it actually will.

What infinite humanoid embodiment without reason and justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly should be choosing, that if you would choose it would change all realities and non-realities and manifest as the generation of indefinite life and the infinite perceiving, knowing, being, and receiving of you as you? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

What creation of infinite energy, space, and consciousness without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you really should be choosing that if you would choose it would change all realities and non realities and manifest as the generation of indefinite life and the infinite space and choice of conscious embodiment? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

How many of you have decided you don't want to know who you are? All the DJCCs, triangulations and specific gravities you've done to make sure you never know who you truly are will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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Have you created an image of you that you are trying to fit, rather than an awareness of you that never has to fit? Everything you have done to make and image of you that you are trying to fit into, will you now destroy and uncreate that and have no image of you at all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You can not be generative in life if you are trying to fit an image of what you have decided you are. I am an infinite being, that is all I am. There is no Gary Douglas. He is an illusion for others who need to hang their hat on.

The greatness of you is beyond what is defined as greatness in this reality. The greatness of you is the ability to generate change and transformation in everyone you touch, but most of us are not willing to be that potent, so we stop ourselves from being as potent as we really are, with the idea that in so doing we will appear right for others. Part of this has to do with desiring to be right, rather than being truly available. The greatness of you as defined by this reality is ***not*** the greatness of you.

As long as you like to be flattered, you are not willing to know you as you. As long as you do not like to be flattered, you are not willing to know you as you. Either side of the coin it's the same deal. You are aligning and agreeing or resisting and reacting. In that you want others to validate that you are something or that you are not something; which does not allow you the willingness to be you. What if you would have the adventure of finding out exactly who you are not?

I never do compliments, I will tell you what is true, I will see you as you but I will never just compliment you. Complements are done to create a sense of interconnectedness which has to do more with the supermind.

How many of you believe you are a mistake as a humanoid? You've spent your life either thinking that coming here was a mistake or that you are the mistake that came here – or both.

How much of your awareness have you defined by the limits of your body? Embodiment is your awareness of everything that's around you. It's the reason you can feel coming up behind you. It's the reason you can feel that car coming too fast behind you. You have all of that awareness, but you keep trying to shut it down to the five senses as though that's the sum total of awareness for you. They're not. The five senses are the proprioceptive systems for your body to know where it's located in space (the space called you).

As a humanoid you are consciousness embodied. Do you have any idea what humanoid embodiment truly is? What would happen if you just embraced it and became as humanoid as you really are?


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The greatness of embodiment is really having a generative life. Otherwise the supermind pulls you back in again and again and again and again. The wheel of life is the supermind. The tree of life, karma and dharma, the circle of life – supermind.

Being willing to give it up you don't actually give it up because the supermind says; "what about the stake? The stake tastes so good. What about the copulation? Think about how good the copulation will be." Copulation is the one thing you are unwilling to give up? ***Willingness*** to give it up doesn't mean you have to give it up.

## Infinite beingness embodied

Your body is a part of you, so it should be as infinite as you are, but churches, cults and religions do not define it as so. What do you value in this reality so much that you would rather have it than a totally different reality? As long as you buy that your body is limited and finite, you have to die. How many of you punish your body to prove that it is less than you? Death is the purpose of life on planet earth. People even go out and buy their coffin and plot of land in advance.

Every morning you deliver the litany of judgment at your body in the morning. What would it be like if you had a movable feast called your body?

Judging your body doesn't work to change it any more than judging you works to change you. How many people have you had judge you and tell you what you needed to do differently; and you were like, "yeah, fuck you. I don't think so." Well guess what? Your body does the same thing; it's as stubborn and obstinate as you are. So when you say; "these are too fat." It goes; "oh yeah," then makes it fatter, just to spite you because you are being a bitch. I would to. When you go; "this needs to be bigger!" it goes and shrinks it.

Most of us see our bodies through our judgments, not the reality.

Euthenizing your body is what you are doing right now – killing your body off. There is no trade-in. How many answers have you locked into your body? We are told that the only way to keep your body flexible is by torturing it with yoga. Excuse me, have you not heard of the ***Joy of Movement***?

How many of you create problems to solve in your body to prove you are infinite? What if you had a body that was so ease-filled you never had a problem? You look in the mirror to see what? What you look at is what your judgments have created your bodies as in your own mind. Is it real? Your body is only as bad as you think it is.


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You won't look through somebody else's eyes. The only person whose eyes you will look through is the person who is lusting after you. But you don't want them, because they're lusting after you.

Stop looking at your body as something you cannot change instantaneously. The majority of this world is based on contracting yourself to keep everything in order. Expansion is a different possibility and a different creation.

Everything you have done to make yourself absolutely unaware of your body. Would an infinite being create a body that were finite? No. So is your body actually finite, or are you unwilling to have the awareness of its' infinite capacity? Are you unwilling to have the awareness of its' infinite awareness? Are you unwilling to have your awareness of it's awareness, of it's infinite awareness as it's aware of your infinite awareness as infinite awareness? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all that? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Infinite beingness includes your body.

*What are you when you don't have a body then?*

"Soul" is supermind and the soul is supermind's point of view. When you die you assume you are going to loose you body and become a soul. Not so – if you are with your body and being an infinite being, your body feels fuzzy.

You are trying to put this back into the spiritual and metaphysical point of view that there is a separation between you and your body, and that one is greater than the other.

*If I were to be hit by a truck and the body dies, what then?*

It depends on where you are sitting at the moment. If you are in the supermind, you become a soul and you have to come back and do it again. If you are not in the supermind then you probably would not get hit by a truck. You are aware. Would someone who is aware let themselves be hit by a truck? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You can not look at anything as a separation, in oneness nothing is excluded; even your body which you have decided is a finite pile of debris. Oneness includes everything and judges nothing. As long as you are judging your body, what are you making it? Finite and less than. And you are making it subject to the


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supermind. Perhaps not in your best interest. What if you allowed your body to be fuzzy and something that is wonderful to play with?

The supermind gets you to judge the body and it's wrongness; as long as you have the point of view of a wrongness with your body you have to come back and do it again.

I have never met anyone who had the point of view of the rightness of their body. I've seen people in gyms working out with perfect bodies ripping their body apart with judgments. I'm like; "you've got as close to a perfect body as a person can have and you are judging it as though it is falling apart and is a piece of shit." Those weight lifters, men and women who go out and take steroids to make their bodies perfectly sculpted. Do they ever stop judging them? No, it's all about judging because that is the supermind's point of view. Judging and being judged. What I am asking you to do is; what if you allowed your body to feel and be a place of soft comfort, as though it was a comfortable place to be instead of a place you didn't desire to be? Most of you have decided at one time or another is; "I don't really want one of these bodies anyway. I never asked to be here. Why am I here?"

*My body has been feeling incredible lately, I've been having so much fun and ease and joy and then it seems to stop or diminish. What am I doing?*

You never ask a question; you go to conclusion, which is what the supermind wants you to do. It is always looking for a way to get you to come to conclusion because that locks it back in and gives it another seed of control. As soon as you go; "god, that was the most wonderful day" instead of "how does it get any better than this?" and I am having a wonderful life. Then your whole life can be that. That is how I live my life.

I almost never have a bad hair day, when I do it usually lasts about ten minutes. Whatever I get upset about, I'm usually over it in about ten minutes. It's like okay, move on, let's go. Don't' talk to me, don't talk about it, let's move on cause I'm done. I'm over my point of view. I just have a point of view for a short period of time.

Humanoid embodiment. You don't suppose humanoid embodiment doesn't just include you becoming greater, does it? Suppose it might include the world? Everything that is, **right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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## Body suppression and supermind

*Is there some kind of imprinting with the supermind and your BHCEEMCs?*

Well, it is connected to your BHCEEMCs, but it is not imprinted in your BHCEEMCs. How that is created I don't have an answer, that it exists - I know.

If you ***generate*** you function from infinite beingness and infinite possibilities. Therefore when you construct a business based on energy, space and consciousness instead of matter, time, dimensions and realities; what happens is, things fall into place with great ease, everything works, everything expands, everything gets greater.

*My body is what I would create though.*

We have generated these bodies, but we think we created them. How much have you locked in with "this is the body you created" by all the bad things you ate, by all the things you shouldn't have done, by all the things you should have done, but didn't do?

*So when two people come together and the sperm and the egg come together?*

Yes, but the consciousness of you generated them coming together at that moment to generate the body. Instead of recognizing "I generated this body," you go, "I created this body." Then you go, "I don't like it, so I will have to create something different." Every time you judge your body in the morning when you look in the mirror, you reconnect to the supermind. Even a "good" judgment. Don't judge it at all, just go; "interesting body. I wonder who would like to touch this puppy?" Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Your body has been on suppression the entire time you have been connected to the supermind.** It tells you, "cry – this is terrible," then it tells you, "don't cry." That's what creates the rollercoaster and the ups and downs of life. The point of view is that if we have the ups and downs of life, we're having a life. Just laugh and keep going, ***"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."***

*I've noticed when I'm getting frazzled, I know – salt, sugar, water, sepia, recue remedy and it's like instant change. So what is the connection with the emotional body and the supermind?*

The supermind also connects into the body. It makes pain real. If you have pain you will then disconnect from your awareness and go for the feeling of "how bad


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you feel" and how terrible it is and oh, my god! All the significances and answers, which doesn't help. You make pain or disease real, instead of asking your body what it is telling you.

Probably **80-90% of physical discomfort**, pain, difficulty with the body is supermind. If you have fallen off a horse or a ladder, or fallen and hurt yourself; then it's probably not the supermind. If it is just sort of those non-descript pains that they used to call growing pains when you were a kid. How many of the growing pains you had as a kid actually were the governors starting up, reving up; instead of your hormones? Supermind, Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Eliminating Pain in Body exercise**

Feel a place in your body that does not feel totally ease-filled right now. Is it yours or the supermind? Put your attention on it and keep repeating: ***"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."*** Very quickly it will all go away. That's the magic. The supermind tells you that's too easy. The supermind tries to create doubt that it could ever be changed that easily.

That is the magic, it's too easy. That is what the supermind tells you, that it is too easy. "You can't do that because that is too easy." That is the supermind trying to create that doubt that you can change that quickly or that easily.

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All those sensations you have locked into your body are also part of the supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*I've had the experience of picking up all the thoughts, feelings and emotions from my clients and every night I have been running "the magnetic attraction to the repulsion of all generative sexual energies and restoration of all generative sexual energies" on myself. All of the sudden all that goes away. That is interesting.*

Sexual energy is generative energy. The sexual energy should be a generative energy and what most of us do is we put it into copulation instead of sexual energy that is a generative energy. Orgasm is the source for creation of your body.

**The greatness of embodiment** may only be possible if you have disconnected from the supermind.

We talk about sex, why? Because we are perverted and there is another reason – because it is what your body has. We talk about sex because it is something your


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body has and it's something your body likes. Its' something your body thrives upon. In order to be not judged you have cut it off because other people might judge that you are having sex. Other people will judge if you have it outside of marriage. No, they judge it inside of marriage too, it's just you have the ordination of the minister now. We judge ourselves out of joy and presence and connection with our bodies. These hands on body processes start to generate a place were you can actually have peace and ease with your body, maybe for the first time in your life.

**The body processes eradicate and eliminate the governors and supermind systems.**

Everything you have done and everything the supermind has done to make your body a judgable offense, Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

**The supermind clearings are a severely changing possibility with our body. It is dynamic for our body.**

Do you have a little bit of peace? Part of having peace, part of experiencing it has to come with your body. We tend to go; well, I'll just get cleared and I'll be conscious and then when I leave my body then I'll be happy. No, you know what? Part of the greatness of embodiment that you are here to be and experience has to be had with your body.

When you are choosing all this disconnection from the supermind, your body can feel like wonky and relaxed because it doesn't have a reference point for it any more. The supermind is the reference point for what your body is suppose to feel like. The supermind is the puppet strings which orchestrate how your body functions. All the puppet strings that have been functioning your mind, will you destroy and uncreate all those? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Now you are no longer a puppet on a string and you can float though life as the space you truly are.

*When I was on the brake I was walking around and I was really having some difficulty walking.*

Yeah, feeling a little drunk. Just go with it, you'll be fine. You'll run over a few curbs but it won't be that bad. Nobody will run into you on the road because they'll think you are drunk, so they'll stay away from you. They'll be looking out for you because you'll be the one who looks like they need to watch out for.


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Anybody notice with this clearing that your body is more relaxed than it has been in a long time? Anybody think they are tired? Not, quite, it's different. Before when we got you to the point where you were relaxed you always thought you were tired, burnt, over the edge, done too much. Now you are like; "okay, I'm relaxed, why can't we do more?" The reason you can't do more is any more and your bodies would hurt.

What if you were willing to have that intensity of feeling beyond good all the time?

You know how we talked about every "feeling" is an awareness you are unwilling to have? What if feeling "good" or greater than that is an awareness that you have been unwilling to have? **So what awareness is that, that you have been unwilling to have that you have misidentified and misapplied as feeling good?** Is it even greater than the "feeling" of feeling good?

*That I could be in joy all the time.*

Yeah that, that's the one. But the supermind tells you; *"you're feeling good, which means in a few minutes you are going to be feeling bad because I'm going to make sure that happens."* You say; "oh my god, supermind you are so psychic." *"yes, you are not, but I am."* "how do you know it's going to happen?" *"Because I'm going to make it happen."* What if it weren't even about feeling good, what if even beyond that there were this awareness of this joy that is the energy of you? That would be bad, you would be totally uncontrollable, you would have much more fun in the world and that would be bad.

## Letting your body receive

Some of us in our families were taught to be really connected to our bodies, no one in this room of course. Really most people have been taught to disconnect from their body. How much joy has been there with your body? Not much, hopefully it's changing now.

What would it be like if you actually allowed your body to receive? What would it be like if you actually let it receive more than it ever has? What would it be like for you to let the barriers down that you normally keep up so nobody can get in? Would you be willing to let that person facilitating you facilitate your body please? Would you be willing to let them in? Would you be willing to let their desire to facilitate you help and heal and assist your body? I know this is a terrible thing for you on the table to have to fucking receive, I know that is really bad, sorry. How much of your life have you spent not receiving?


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What would happen if you and your BHCEEMCs were out of control, out of definition, and out of limitation, out of form, structure, significance, out of linearity and out of concentricities with allowing you and your body in receiving and being MTVSS? A billion, times a billion, times a billion, times a godzillion. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much have you done in this and other lifetimes to avoid and refuse your body? How many churches, how many religions, schools, families, colleges, universities, institutions and academies have you been part of that in large and small ways disconnected you from your body and got you into your head so all you could do was think and connect you to the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much of your not receiving with your body is connected to the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Gratitude for you body exercise:**
How cool would that be to be able to change your body at will and choice? How awesome, how sweet.

Get that energy of judging your body, were you start the morning with the litany of judgment. "That's too big, that's too small, that's too fat."

Now get the energy of having gratitude for your body instead of judging it.

Gratitude and judgment can not coexist. You can't be gratitude and do judgment at the same time. Which of those would perhaps generate more of what you would like in your body? Gratitude. Gratitude is one of the keys to changing your body. Guess what, cause embodiment is this whole reality, gratitude is also one of the key ways of changing your life. When you are finally grateful and not in resistance and reaction to everything you have created as your life so far, when you are actually grateful for you for having chosen it (just because you can be) then you can change any part of it.

The only part you can not change is the part you have decided you can't be grateful for. Everything that brought up and everything supermind tells you, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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## Answers about body

*Audience statement about knee pain being _____, as defined by Louis Hays book.*

Notice the joy you had of having "the answer" and also notice how that is like cramming it down all of our throats because it doesn't leave any room for anything else. Did you notice that? Notice the energy of that?

All of the answers you have decided are, that you then try to find as the answers to your life but it doesn't ever work, so you then have to go into the judgment of you for not being able to get the answer because you must be screwed up somehow if you can't get the answer, and this is suppose to be the answer, but still you do it and it still doesn't work. Even though you have this awareness that is supposedly going to be the answer that sets you free, except it doesn't, it traps you more; will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Thank you for that and thank you for being willing to let it go, you gave us a great example of what we do in our lives all the time; to ourselves and to other people.

We found that knees are often correlated with needs. Notice I said; "often correlated with." Because I said that doesn't mean it has to be a need, that is the difference. See you can take that Louis Hays stuff or whoever you got it from and you can look at it and see if it applies. Be as the question; "does it apply?" Remember living as the question? Does this apply here? If it does there will be sort of an energy that matches. Like when I say "needs;" how many of you that have this knee pain, how many of you does needs actually apply? It applies for a couple of you at least, it applies to one of you who doesn't believe it does. Just because I said it might be correlated with it doesn't mean it is, so you want to always ask the question.

No two bodies are the same, no two beings are the same so every definition about how the body works and what is suppose to occur, can very often be inaccurate or incorrect for you. That is why it is imperative to ask your body, to be willing to be undefined in regards to your body. Knowing is not an answer, it is the information of that moment. It may not stay the same. Our bodies can change much more quickly and easily than what we have been told. Unless of course we come to a DJCC about the answer being - fill in the blank. Then we stop change or severely slow it down, just like the supermind likes, so it can stay in control of our bodies. Every answer about our body gives the supermind a place to hook into it. Awareness of our body is; everything that is occurring is just and interesting point of view, and who does that belong to? and what would it take to change this? and


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everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be.

## Being Empathic

For some of you this may be the beginning of being connected to your body. (Class is running MTVSS on each other.) Sometimes when your body has to release something with MTVSS you have to in essence go through the pain backwards. It is actually your body having the awareness of the energy it requires to unlock something. So would you be willing to stick with it all the way through it? The pain on a scale of 1-10, 10 being child birth or your last relationship, what would it be? How much of that pain is connected to someone else? And how much of *that* pain is connected to the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And will you step away from having to heal that person because what you are doing is stepping into every connection they have to every bit of polarity that exists. That sounds like fun doesn't it? Notice how you feel really good in your body when you do that? Truth, would you be willing to disconnect from that person? How many commitments do you have to healing everyone who has whatever it is you are connected to? Do you have some healing ability that you haven't acknowledged?

*Yes.*

Apparently you are the only one in the room with that. How many of the rest of you have healing abilities you absolutely refuse to fucking acknowledge, you would just rather disconnect from your body while it hurts instead? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you claim and own the talent and ability before I kill you? Oh yeah, I don't have to, you are doing it on your own. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you have a healing ability and you haven't been willing to acknowledge it, is it possible that you are actually empathic?

*Yes.*


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**Empathic** meaning being able to take on the pain and suffering of other people and thereby ideally heal them of it. Empathic means you are taking on the pain and suffering of other people and locking it into your body as a way of keeping it from them. There were certain lifetimes in which people were empathic and had this ability rather dynamically. Where literally if you had this empathic ability for example you could walk by someone who has low back pain and suck all that energy out of them and walk away with your back hurting. They would feel great. It is what some of you do when you have sex with people and send the night and they wake up feeling like a billion dollars and you wake up feeling like a pile of poop. You have been sucking the shit out of their bodies and their lives.

What happens with this empathic thing is; in some lifetime you had this ability and someone didn't want you to have it. So what happened is they would do something like explode a nuclear bomb on a planet and then they would take your little empathic self and have you suck out all the pain and suffering you could until your body died, painfully because you sucked out all the pain and death that everyone was experiencing. The more powerful you were the more people they had you do it to, until you gave up that ability. Guess what? You can't give up a talent and ability, sorry. The only thing you can give up is your awareness of the ability, which you did then by saying something like; "it's too painful to live," "it's too painful to live this way," "this hurts too much, I want to die," "I never want to have this power or potency again," "I never want to feel this way again," "I never want to live like this again," "and I never want to know this." Sound like anything you have done in some lifetime? Sound like something that applies to you?

*Yes.*

So what is happening is, because you tried to give up this talent and ability; you can't. What you are doing is handicapping yourself with something you are doing that you can't be aware of because you can't get rid of your ability, you can only get rid of your awareness of it by cutting off your awareness, by cutting off your potency that you actually have to do it with ease, which would allow you to unlock it from your body. For how many of you does this apply?

You have talents and abilities to pull out disease, pain, suffering. Some people have the ability to pull mental illness out of others. Some people have the ability to pull emotions out of others. What is it for you?

Yes, even if the person doesn't give it up. You pull it out, then guess what happens. Then they manufacture more because they weren't willing to get rid of it and because you gave up this awareness of this ability; you are not aware that they are not willing to get rid of it, so you don't know how to turn it off. You just do it automatically. Like flipping the on switch and not knowing that it is on and not knowing how to turn it off. So you literally suck this shit out of people's universes,


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suck it into your body, suck it into your head, hold onto it, believe it's yours; all because you didn't want to feel this way again. All because you wanted to give up this talent and ability, which is exactly why they did that to you in the first place; so you would give up that potency.

How many lifetimes has this occurred for you? How many times have you been the Empath that was taken to the planet and had to suck up the pain and suffering? The nuclear waste, the dying, the death, the disease, the emotional instability, or the insanity? Everything that is and all the DJCCs you have from those lifetimes, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Everything you did to decide you didn't want this talent and ability again, everything you did which actually cut off your awareness of it and also cut off your ability to have it with ease and know what to do with it and when, and when to do it and how to do it so that it wouldn't hurt your body. Because then, you had the ability to take it out and dissipate it. But they overloaded you with so much, it was impossible. Sure, be on a planet or in a city were there were a million people in close range that had just been nuked. There was nowhere to dissipate it to, because they killed the earth, or the planet that it was on too and that was your primary way of dissipating it. Everything you have done to disconnect yourself from the earth based on that. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

That was the missing link that I had never seen until now. They killed the planet so that you couldn't dissipate it into the planet. There was no way you could connect to it because they had literally done it in such a way that destroyed the life of the planet under your feet in the area that you were and that was your primary way for letting it go. So will you know let that be an ability you have again please? *Yes.* Thank you. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So that your body can dissipate it again please? Will you ask it to do so now and will you ask the earth if it will facilitate you and your body and let's destroy and uncreate and change everything that doesn't allow that to occur please? On three; one, two, three.

## Changing people who don't desire change (sticking you as an Empath)

With the people's unwillingness to change it; how many have tried to do this with your family? But, that was not real to them that that could occur. Simply because it wasn't in their universe that that could occur, they didn't allow it to. Like P. this


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morning; it wasn't in her universe that it could be a lightness, that life could get any more light; so she had to refuse it occurring. Maybe she will change her mind, who knows? But, what you did with that was you invalidated yourself. Because they continued to create what they thought was real for them and decided was life.

Literally, if you have someone who functions from all this heaviness and you take it away, they think something is wrong – literally. They go into a panic. How much of that is the supermind? All of it. They go into a panic and then they go into everything they can to re-create it; which means creating way more trauma and drama than they had in the first place. Way more pain and suffering in their body than they had in the first place. Then guess what, because you cut off your awareness of this talent and ability, what do you do? You keep sucking it out. And again and again and again and again and the cycle continues until you give up on YOU. Because you must not have any potency if you are being effected by these things. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*Are all people empathic?*

I'm not understanding this but apparently the answer is YES, at least all humanoids are.

*Humans aren't?*

The answer seems like a "yes, all people are empathic." That is more of a "yes" than a "no" is what I'm getting when I ask the question. I know that humanoids actually have the ability to heal others with it and most of them have gone through this thing were they have cut off their awareness which is why I am bringing it up right now.

L. how is your body feeling?

*Better than it was.*

## Humanoid Bodies function differently

Human bodies oxidize and humanoid bodies oxygenate, which means they require more oxygen. Ask your body what foods will give it more oxygen. Doing Access processes is using a lot of energy of your body, so sugar, salt and water is a necessity.

That is one of the reasons we tend to crave **sugar** more in Access, because sugar has an oxygen element in it. Sugar is the only food our brain uses, and it doesn't care


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what form it comes in, just as long as it has what it requires. This is because we are dissipating the electromagnetic component of thought, which is quite a workout for your brain, your mind, and your body. And, since your brain functions primarily from sugar, it often requires more sugar as you participate in Access classes.

**Salt** also releases oxygen into the body. What we are doing it dissipating the positive and negative, the polarity of things. In order to do that, salt is one of the best conductors of electrical energy and eliminators of polarity. Because it has positive and negative, it combines with either the positive or negative, whatever you are letting go of.

And **water** which serves the same purpose of being an electrical conductor.
For awhile I had to drink fizzy water because it had more oxygen elements in it. Adding lemon to your water or soda can also release more oxygen.

Having an oxygen bar can be a great thing to have or go to. Ozone also provides extra oxygen element into the air. Deep breathing can be a good idea.

If you feel need for more oxygen ask your body what it requires to get it. Just breathing may not be enough. That is when salt, sugar, water comes in.

If you find yourself having a desire to stuff every pore of your body with chocolate or some other form of sugar, indulge—but not forever! Gary has had the experience of not being able to lift his head off of a table because he was so tired. He had to drink three Cokes to feel normal. Whereas in the past, it would have shot up his blood sugar to the top of the stars and then dropped it out the bottom, his blood sugar went to normal and stayed there.

Water, salt, sugar, energy; indulge but refined.

## Eating

**The supermind also enforces eating.** It enforces your habits of eating. It enforces your necessity of eating. If you were energy, space, and consciousness, would you ever feel the necessity to feel full? No. What drives the necessity to feel full? The supermind.

A slight state of hunger, is it hunger or is it actually space that you are perceiving? Isn't that interesting? What if what you have misidentified and misapplied as hunger is actually more space? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds.**


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*I used to think when I didn't eat; "now I am in control."*

**Yeah, because the supermind can't make you DO everything it needs you to do. It can't connect you to the collective, it can not create that interconnectedness without those tools that you give them.**

Pretty much what we do here, we come to conclusion about creating our body, instead of generating our body. If you looked at your body as a generative item, would you need food? What does food generate? It takes almost as many calories to burn the food you eat as the number you get from the food you have eaten. Do you truly need food, or is that a lie? How much of the supermind tells you, you need to eat that stake? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Since the supermind and until recently I haven't had more than two eggs to eat a day. I couldn't eat, don't like to eat, don't want to eat. Feeling "empty" all the time I began to realize that I was misidentifying and misapplying feeling space as being empty. How about the rest of you? Any of you misidentifying and misapplying space as being empty and therefore hungry. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*And buying that as wrong. I've been stressing a lot lately and when I didn't eat I felt a lot better. Like by body couldn't process it when I ate.*

It wasn't that your body couldn't process it from the stress, it was that your body couldn't process it in the first place. Your body can not really process all the food you eat any way. We eat way too much. If your body always had the sense that it was slightly hungry, it would have a sense of more space. If it always had a sense of more space you would be lighter in every aspect of your life. The supermind insists that you eat, "*because you are hungry and you are starving to death.*"

*I've had some similar stuff and since the last 2/3 I go a day without eating. Not days, but a day.*

Without any need. Yep. I just wanted to bring that up because you might find your self in the same position. I stopped drinking tea and started drinking hot water with lemon and sugar. Pretty much just that for weeks.

*I noticed if I have that slightly hungry feeling, everything feels lighter and works well and I feel great.*


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Does the supermind tell you it's wrong to feel that way? Yep. The supermind tells you it's wrong. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Would an infinite being have a body that wasn't space?

The thing is you are addicted to the taste of things. One of the things I noticed is now I can smell things and I can actually taste the smells in my mouth. It is really strange. I take a big whiff of something and I don't need to eat it. It's like going into the store and absorbing the vitamins your body requires by walking down the vitamin isle.

Before Access I had gone through the vegetarian stage, I was doing juicing and no refined sugar passed across these lips. I hear these guys talk about sugar, I'm like what do you mean sugar? I'd been in Access maybe two years and I went through this major process and I was exhausted. We had just had this other guy go through the very same thing, he'd been doing this processing and nothing was doing it except a bottle a day of colloidal mineral. I'm looking at it going, that is a bit too expensive. We were working with him and working with him and finally Gary and I realized; "does your body want something else?" It said yes. I said; "have a coke-a-cola." He said; "I don't drink coke." I said; "I don't either but have one." So he had one and he felt better. I said; "as long as you are feeling better have more." He ended up drinking three cokes and he felt great. What had happened is his blood sugar had dropped so low, because this zaps your blood sugar you may notice. Sugar, salt and water is what your body requires. After having done this with this guy and having the same thing happen with me a few months later. I had a coke and I hadn't had one in years, literally at lunch that day I had probably 60 ounces of coke-a-cola. My body was saying; "Ahhhhhh, yes. Thank you." I'm not saying go have 60 ounces of coke, don't get me wrong, that was an extreme case. But your body actually desires sugar when you do this stuff and it doesn't care what form it gets it in.

When you go out to lunch just ask your body; "hey body, what would you like to eat?" Most of us never do that. We go; "I like French fries. So I'm going to order French fries, because that is what I like and that is what I get at this restaurant." Ask your body. You are not your body, your body is not you. You should have a oneness, a communion together but you are not your body, ask you body what it would like to eat when you go out to lunch, you may be surprised.

## Asking your body what IT would like to eat

*If I ask a question, like yesterday I asked; "what do I want to eat?" it doesn't feel like I get clear.*


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That is because you don't eat, your body does.

*I asked my body what it wants to eat and it feels like nothing comes to the forefront.*

Okay, so what you do is this. Here is how it works with these question things: See we have tended to try to put Access into the rest of our life and try to do it how you did everything else. It is not nearly as effective as actually trying this;

- "body, what would you like to eat?" Then hang out.
- So you didn't get anything, now back it up and go; "body, do you truly desire to eat anything?" "No." "Okay."
- Most the time when you ask "body, what would you like to eat?" and you don't get any awareness of anything is because it doesn't actually desire to eat.
- So then ask; "okay, is there something you would like to drink?" No.
- "Is there someone you would like to have sex with?" Your body's favorite form of generation of energy, and it could be yourself; who cares.

**What you want to do is ask the question then be present for a moment so you can actually get the awareness of the energy that comes up when you ask the question. Which is your "answer."**

At first I asked; "body, is there anything you would like to eat?" and it's sort of like, yeah lets get something. And I sort of get like the restaurants I know are the categories and I go through, Italian, Chinese, McDonald's, and it will sort of feel like one of those categories and I get maybe Chinese-Thai-Japanese. I'd drive along and oh yeah Thai. Now that it got me into the right area of Asia, now let's do more specific. Then you just ask and be there for the energy that comes up as the answer. With all of these questions, ask and be there present for the energy that comes up as the answer.

Do you ask for energy to come to your body, or do you assume you have to somehow generate it, eat it, or find a way for somebody to give it to you, or somebody has to send it to you, or there's something special for you if you do the right thing, or God will give it to you if you pray hard enough, or you get it from sleep? Energy does not come from food or sleep. When you ingest lots of food, it actually requires more energy to digest the food than the energy you get from the food. What if you were to open the channels to receiving from all things?

## Medication

One of the things about humanoids is that "regular medicine" doesn't work on them the way it is "supposed to." Your body doesn't function on drugs and alcohol


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or anything else the way other people's bodies do. With pain medication it is probably good for 10 minutes, then it is gone. Most things that work on the humans will not work on you. Anesthesia may wear off in 10 minutes. If you go to a homeopath who bases their diagnosis on history and not current symptoms, even homeopathic prescriptions can be dangerous to you. As a humanoid, you change the DNA of the body when you come into it. You don't fit the standard mold, and tests based on humans are not applicable to you. This includes medical tests like cholesterol, thyroid etc. One of the things that happens is these classes change your body chemistry and how it works. This means you will probably eat less. You will have to sleep less (except for immediately after class), giving you more time for sex. You will probably find that you need more water.

If you have high blood pressure medicine, fine. If your body needs the high blood pressure medication, take the high blood pressure medication. At least be smart enough to muscle test it to see if it needs it all the time and how much. Don't take it by the doctor's orders. Doctors do the same prescription for someone who is 120 pounds and someone who is 250 pounds, how can that be the same? Are any two bodies exactly alike? No. Then why would the drugs be the same for every body? It can't be. So if you muscle test to see if your body is actually willing to have it, what you may find is your body wants that medication once every three days, not every day. The doctor tells you to take it every day, you may be overdosing your body. Be willing to ask your body and let it tell you what it really needs.

It is huge and it's a multi-billion dollar industry as we all know. The other thing is Prozac. The medical community will tell you Prozac dehydrates your brain after 70 years of age. What does it do, check your frigging drivers license? Oh, she's 69 I won't start sucking water out of her brain because she hasn't yet met the legal age for doing so. This will be just fine, no effects I'm sure.

Your body transmutes most things. Most things that work on others don't work on you. You need to ask your body what will work on it and it will find something that will work, it will tell you. Your body goes; "this." But that isn't even for that. You body says; "this." Then you ingest it or carry it around with you, whatever your body needs and low and behold it works. Even though it was not designed for that particular thing. Your body works differently. You have got to recognize that your body is not like human bodies.

Every drug that has been created and tested has been tested on humanoids or humans? Humans, why it that? In order to do testing to prove that something works you get to throw out the top and bottom 20 % to prove your hypothesis. Guess where the 40% lies – human or humanoid? Humanoid. So the 60% is mostly the humans and the desperately, desperately, desperately, desperately seeking human humanoids. Besides that would you as a humanoid get paid $50 to put


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some substance into your body that you didn't even know what it was? No. You wouldn't bother, $50 is not good enough.

Access will change almost all medications that people need in the amount of it, the frequency of times they take it, or the need for it at all will cease. It is imperative to listen to your body with this and ask your body.

Every day ask your body; "body do you require this today?" Be willing to listen to what it says, if it says no, don't take it, if it says yes proceed with the following questions:

**"Ingest it or digest it?"** **Ingesting** it is about the energy, it means to absorb the energy. It means don't take it internally but have it touching your body or next to your body. So carry it in your pocket or place it on the night stand when you sleep or near you where you work.

I get drugs occasionally and my body doesn't want me to digest it, it wants me to carry it around in my pocket. I carry it around in my pocket until it disappears. I have no idea if it has fallen out of my pocket, been washed, been forgotten on the bedside or been eaten by my body, but it's gone. That works for me.

**Digesting** it means taking it internally. If that is what your body is asking for, you then ask:

**"How much?"** Obviously this is asking about quantity. It can be different every time from much less to much more or the same. Be willing to adjust to what your body is asking for.

**"How often?"** Same thing, don't follow the label on the bottle, ask your body and be willing to listen to it for how often it would like to take something. Often taking something for 3 weeks or so will give the body what it requires to re-adjust itself then it will no longer need that. It may only take a few days and it could take months, be willing to ask every day.

**Muscle testing**

Your body knows what it needs in order to balance itself out. Listen to your body and it will tell you what it requires. We assume we need a drug to create that effect, not necessarily. That is the biggest mistake we make, is not trusting our body.

Body processes are so important because the disconnect all this crap that we have going on in our bodies and from the supermind.


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## Pain

You create pain so you can prove that the intensity and density of what you are experiencing is truth. Pain is a creation, it is not a reality. Pain is a creational reality.

Feel a place in your body that does not feel totally ease-filled right now. Is it yours or the supermind? Is anybody else noticing an intensity or pain in your body? Where? Is that yours or someone else's? Everything you have done to buy it as yours and lock it into your body (with this person it is in their back). And do you actually want to be aware of that and have the ability or are you attempting to put it behind you and hide it from you? Okay, so make a different choice then. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Put your attention on it and keep repeating: **"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."** Very quickly it will all go away.

That's the magic. The supermind tells you that's too easy. The supermind tries to create doubt that it could ever be changed that easily. So if you are ever doubting, it's the supermind.

*Last night my body started feeling all kinds of pains and stuff, like I was getting sick, it's getting better but what is going on?*

Are you just having really intense stuff going on with your body? As the supermind feels you disconnecting it, it tries to create pain and stuff in your body in order to get you to reconnect. The more you say; "I'm sick," and that kind of stuff, the more it connects, so that is a source of connection for it.

**Pain on right or left side**

On the left side (of the body) it is when you are trying to make something right that you can't, you lock it on the left side.

On the right side (of the body), you are making something right that is not. So you could ask her; "what is she making right in her life that isn't, that she is committed to upholding?" Does that help when I ask that question? *Yes.* You might ask her that a few times (the person working on her). So, what else are you hiding behind you?


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## Headaches & Migraines

**The supermind is the source for migraines.** Place your awareness on it and say; ***"Everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."*** Do that until it goes away.

*Headaches would all be in the creation of your body, not the generation of it?*

Yes, because it would be generating itself all the time. We cut off the generation in favor of the creation. And we use the thoughts, feelings an emotions as the source of creation and in so doing (as I said creation and destruction are simultaneous here) that; in the creation of those thoughts, feelings and emotions we create the destruction of our bodies.

You are great creators, I would like you to go into being great generators. Right now you are pretty good at creation, what would it take for you to get to the generation?

*If I would like my body to be generating what would be a question to ask?*

What would it take for *US* to generate? For us because it takes you and your body. You are creating it right now and you are creating it's destruction. If you are going to generate it, then you must also be the generator of it. *YOU* are the energy that creates the energy of the body. Mass and density of the body are generated or created? They are created. The mass and density of your body is subject to change based on your willingness to be the energy, the space and the consciousness.

**What energy, space and consciousness can we generate to be the body you would like to be?**

*"YOU* would like to be," your body has a point of view of what it would like to be. It takes both of you to generate that. The body is an energy source inside of you. You are not inside your body. You have got to be contributory to your body in order for it to be generative.

If I ask you to close your eyes and find the outside edges of you, everywhere you look there you are, right? So are you inside your body or is your body inside of you? Your body is inside of you. But, you are the source of energy of what shows up in the world for other people to perceive or to see.

*That is why death should be just dropping the body.*

Yeah, should be but right now we make it so frigging significant. The body will gladly kick off whenever you give it orders to. It is just a choice.


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*Is that what my headaches were?*

You didn't resist being the potency of you before Access did you? You didn't go slow so people thought you were incompetent did you? And you didn't try to make yourself incompetent so you could be incompetent so everybody would think they were competent, did you? *Yes.* So perhaps having changed those points of view that might change something else in your life. Choice.

Recurring headaches are often a result of the supermind, and your resistance to being the potency of you, which would destroy it. Migraines are the same thing. So you need to get to interesting point of view on everything, so you don't have those anymore.

Everything you have done to make the supermind the source of reality that allows headaches to occur, will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

Everything you have aligned and agreed with or resisted and reacted to that allows the supermind to create your headaches, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds**

What entrenched viewpoints do you have that keep you taking on headaches from anyone who has a problem? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What energy are you refusing to create you as, that you truly are, that if you would create you as it, would change all realities and eliminate all headaches? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

What parasite do you have entrenched in your body that you refuse to create the energy that would kill it? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If it still has not lightened up:

What do you justify with holding onto it? The wrongness of you? The rightness of you? The wrongness of others? The rightness of others? Or is this the way you try to create vulnerability? Everything that is, will you revoke, recant, rescind, reclaim,


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renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

## "I'm Sick" process

Thought, feeling and emotion create disease in the body. Science has proven this. Science tells us the cell should be a spherical structure, if you impact it with a thought, a feeling or an emotion it hits the cell and turns it into an ellipsis; which takes it out of it's appropriate orbit and energetic structure and starts the creation of disease.

"I'm sick of living my life this way" is not a good way to be living. How is your blood pressure? That gives the supermind the ability to make your body sick. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Amazing little creators we are of that which will feed the supermind, which will then feed us, so that we will never have to be responsible for anything we choose.**

When you say; "I'm sick of this or that" you actually start making your body sick and it give the supermind control over your body so it can alter your physical structure to make your body get sick. You gave it the inroad, you gave it the connection, the hook. So, wherever you do that, say "I'm so sick."

When someone says that ask; **"what are you sick of?" Then you can POC and POD it in your head.**

You don't have to do Access on them. You can say; "wow, that must be tough, what else are you sick of?" I did this with my son before he came to do Access. He was really sick so I asked him; "what are you sick of?" He'd say; "I'm sick of my daughter and girlfriend not getting along." "I don't blame you on that, what else are you sick of?" "I'm sick of blah, blah, blah." I asked him if he'd like to destroy and uncreate all that, he goes; "what?" I said; "thanks." The next day he was well. I said; "so, any of that processing I did work?" He says; "what processing?"

Every time you go "I'm dying of this" or "I hate this" or "this is killing me" you literally start to kill your body. Have any of you said; "I'm sick and tired if this"? How long was it until you were sick and tired all the time? Not long. Guess what, you are cognitively and supermindedly probably not aware of this at this point but you have stepped into a level of potency that is going to knock your socks off. So when you say; "I'm sick and tired" it is going to come on a lot more dynamically than it ever used to. Here is the thing, that is a wonderful thing on the one hand


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because you have the ability to generate different possibilities and space, energy, consciousness and whatever you'd like to generate like (snap of fingers) that, so much quicker. Guess what, when you choose anti-consciousness it is going to slap you in the ass that much harder. Just be aware of it.

## Death

*I had a teenager in my driveway who was highly intoxicated and he didn't want to be there any more and I make the choice to take him to the hospital and he had his stomach pumped, etc. I was told it saved his life. With this information you have shared what would be the thing to choose in that situation? How do I ask what is rewarding in that situation?*

If the being doesn't want to be there any longer what you might ask is; "what energy, space and consciousness can I be that would facilitate this person, or this situation, or this being?" you are correct he didn't exactly want to be there and you made a choice and is it possible that he has different choices now? If his body would have died that would have been one thing. Let me ask you this; did you heal him at all? Insane mind answer, don't go logical, truth? Yes or no? Did you facilitate an awareness and consciousness that allowed a healing change to occur? The picture I was getting was; the guy wants to die, he is drinking himself into oblivion hoping this will be the last drink he ever has to take, bye-bye. She comes along and says you know what, what about this as a possibility? And changed his whole fucking world by being that kindness and caring. Here is the thing, by not having a judgment of you as evil or what you may have done that is evil, or by not having a judgment of killing you actually become more potent in that regard not less. Because you are able to kill the anti-consciousness that does not allow another to have a different choice.

Sure he did. L said he didn't really want to die. Sure he did. She is playing Pollyanna, I'm playing Satin. Sure he did, but where he got to was he was willing to die if his life was going to go on the way it was. She came along as this angel and said here is a different possibility, now it's your choice. But I'm sure none of the rest of us have that capacity. She can do it because she is sweet and wonderful, we are only moderately sweet and wonderful so we probably don't have that ability.

Notice you were not thinking, you were being and you were what gave him a choice. You also don't get to control what he does with that choice, damn it. That is his choice.

I saved a girls life one time, literally, by getting her out of her relationship and showing her that she could live. Now she is in a worse relationship. I was so distraught because when I hugged her and started dating her as we talked about, oh, I mean having sex. I saw that she had about six months to live and I was


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devastated by it. I couldn't have that, it was destroying my universe that this beautiful, highly intelligent, highly aware, very funny girl only had six months to live. So I got her out of the relationship that she was in. The mistake I made was not becoming her next relationship. She got into another relationship and it is now worse than it was. But now that she has two kids she can't really go off and die. Did I do her a favor? Not necessarily. D said, it's choice. Well I made a choice, I would be willing to ask more questions now however because I see that me deciding that she needed to live is not necessarily honoring her choice and what is in her best interest.

Yes, the point of view of; "if it is physical it's real, if it is in the body it's real" How much of that is the fucking supermind? All of it, it skews your perception while lying in your ear. If you had it lying on your ear you might be more aware of it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

In order to die, people need to be more connected to their bodies, not less. Any point of view that you buy from this reality about how the body is a finite article, defining your body as less than infinite, creates what? What if your body were as infinite as you are?

The only choice you can do as a permanent choice is death. Even that isn't permanent because you just go get a new body. You will create death as more real than choice. The one thing people try to avoid like the plague is death. When they choose "not death" they are not choosing life; they are still choosing death. Looking for the right choice also creates choosing death. Whenever you are looking for the right choice, you are actually killing your options and possibilities, and you are actually killing you and your body. What if you looked at every choice as choice?

How many of you have made that decision; "I am dying to get out of this reality." Or "I don't belong here, I don't want to be here, I don't care what you say I never will value this reality." And that is alignment and agreement, resistance and reaction or allowance? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*What is starvation then?*

A lie.

*Someone can die of a lie?*

Yes. Everything about death is a lie. How many lies have you perpetrated on yourself and bought as real to create death in your body? Everything that is, will


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you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Exit Stage Left

This is useful on anyone with a terminal condition on people or animals who are quite old and getting ready to leave. These are systems in the body that either kick the person out or stick them in it.

Just say: All the exit stage left systems, everything that allows your body to die or you to kill your body, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

You don't have to do it out loud. You can do it from a distance. You can do it anywhere.

Usually it takes anywhere from 3 days to 3 weeks for the person to die easily or recover totally.

What lies, judgments, and viewpoints have you entrenched for four trillion years of what you're dying to get out of? All of those, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate them all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

If you say, "This is killing me," you start to degenerate your body. Is that really what you wish to do? Do you truly wish to kill your body? All the lies, judgments, and viewpoints have you entrenched for four trillion years with "this is killing me", will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate them all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

I know you think it's crazy shit, but it works. There have been many people who have passed away without pain and suffering in about 3½ weeks, when it's time for them to go. Where they had been suffering prior to that, they had exit stage left run on them, and then they very easily and gently went out of their body. There was one lady who had cancer. Her husband and her brother were there with her. She said, "I think it's my time to go now," and she went to sleep. The next day she woke up and she went, "what am I doing still here?" She closed her eyes and died.

There are going to be a lot of people who are going to start thinking about you. When they come into you awareness, are you thinking about them or are they thinking about you?


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There was a guy who came and his grandfather was 92. We ran all the exit stage left stuff on him. The next morning, the old man woke up, screamed for his clothes, they wouldn't give them to him, so he hit the nurse with his cane, grabbed his clothes, and left the hospital, with the nurse screaming, "You can't leave the hospital! You have not been released!" "Yes I have! I just released me." Last we heard he was still alive 5 years later.

There was a lady who worked in the hospital in the geriatrics ward. She started running exit stage left on all the elderly patients, and they had the greatest number of people die during the time she was doing that. They also had the greatest number of recoveries, and the greatest number of empty beds. They had miracle recoveries and easy deaths. They just sort of relaxed and went to sleep. How's that for funny?

There was a lady in a coma, this was run on her and she woke up, said; "thank you darling" and died. Your body may be in a coma but you the being are aware. When she saw the woman wake up and thank her she said it shocked the hell out of her but was also a great validation that we are always aware no matter what state our body is in.

What is does is it gives people the opportunity to choose. If they really want to go, there are certain things that hold them in the body. That releases, so they can leave. For some people, getting that release from being stuck in the pain and suffering, allows them to heal their body.

You have no control over it. You can't make somebody die. You can't convince anybody into anything. You can force people into all kinds of things, but they will quietly, seductively, sedately, and viciously refuse to do it. You would never have a friendship or acquaintance that is not as strong in will as you are.

When working with people (and animals) close to death, we tend to assume that what would be helpful to them is to disconnect them from their body. In fact, the places where we are disconnected from our body are what keep us stuck in them. The disconnections give us no control over our body so we lose control over the ability to shut it down at will. This process gives the being the opportunity to choose whether they wish to die or not? You want to give a person choice to fix the body or not. Usually they either get better or leave their bodies with ease in 3½ weeks or so. If they do not leave within 3-3½ weeks, they have some commitment they will not give up. If you can find and destroy the commitment they can go.

When this is happening, the person is rejecting their body or their body is rejecting them, which creates a disconnection. You actually have to connect to your body to be able to go away from it. At least one person has used this to bring a person who had Alzheimer's back to this reality to have a cogent conversation.


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What you also should do is do exit stage left on all of the people that they haven't completed with this lifetime or one or more of their nearest and dearest that doesn't want them to go. Everything that they made a commitment to this lifetime that is not yet done and all of their projections, separations, judgments and expectations for this lifetime that they haven't done and any oaths, vows, fealties, or commitments. The result of this is that usually the family also feels complete with the dying process.

The other thing you should do is to see if they have any universal commitments like 'carrying life throughout the galaxy in the name of Oneness' etc.; if so, POD and POC them.

If you are around the death process and perceive entities around the body or unwilling to leave, ask them: ***What is the value of holding onto this body?, Who gave it to you?, Who created this body?***

**Dementia and Alzheimer's** are apparently a form of exit stage left, which has been altered to eject the being and force the body to remain. Apparently what this does is it eliminates the person from their body and ties them to it all at the same time, so the body goes on existing without them. This might give them the freedom to let the body go.

So tap into a person you know with Dementia or Alzheimer's and let's do: Everything they have aligned and agreed with, or resisted and reacted to that allowed that to be done to them or their genetic material in any lifetime, everything that is will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds**

Clear entities and run Exit Stage Left and there is a good chance they will leave.

A lot of people who have died of Alzheimer's find a body that feels as confused as their's was and they take it over and they think they are back in their body, except that nothing looks right.

You are just giving the entities choice with this.

## About Body Processes

I know you are doing body processes right now; it is nice to ask someone if you can touch their body, just so you know. What that does is it gives them the chance to


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give you permission to allow you into their space so that they might receive from you.

*This morning when we were doing MTVSS and I was crying because I was seeing how I've used MTVSS on every single person in my family and how it has worked on everything like arthritis and breast problems and chronic fatigue and we were talking at lunch how some people's family members are resistant to touch. So what I was saying was what I said to my family was if I could pretty please practice on them, cause sometimes they will be more open to that. So my grandfather who's like a world war II fighter pilot, isn't so into touch.*

Touchy-feely.

*Yeah, so I asked, "grandpa would you please be my model because I really need to practice this new thing. I need to get good at this so I can make a living at it." So he's like; "sure, okay. I'll do it for you honey." Then after I left town he called the closest facilitator and had her come over weekly to have MTVSS. So, if you have any family that you are thinking about with this, you can ask them if you could pretty please practice on them, for you, not for them.*

That is cool, yep, make it all about you in that case. You don't want to do it for them, you need to practice. Most people will lay there for an hour and a half and let you "practice" on them, won't they?

Please know if you are "feeling" this or not in either gifting or receiving, it doesn't matter. I literally did not perceive this for 9 months. I couldn't feel anything. Please know that is okay, and as a recipient that is okay. It works anyway.

All of the body processes facilitate disconnection of the supermind and greater ease for you body when disconnecting from the supermind by verbal processing. The verbal processing is a huge, tremendous, enormous shift for the body. The hands-on processes will facilitate your body unlocking it to allow it to be the energy, space and consciousness it truly is.

All these hands-on body processes are designed to facilitate you in having more communion with your body. Your body has the ability to generate itself, but unfortunately we tend to have the point of view that our bodies have to die. The aging process ceases as you let got of fixed points of view. Every fixed point of view locks your body into the aging process. The body processes undo those fixed points of view we have imposed on our body and us. Conscious embodiment, change and transformation has to include our body. Our body can be our best friend in facilitating change and transformation with ease and speed.

The complete directions and information for running "MTVSS," "Cellular Memory" and "Magnetic Attraction to the Repulsion of all Generative Sexual


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Energies and Restoration of all Generative Sexual Energies Embodied" are in your Foundation and Level One Manuals. The information here is just to remind you what the value of them is and additional insights.

## Energizing the Body with The Thymus Exercise

The thymus gland is part of your immune system until you hit puberty, and then it "turns off". It's a vestigial organ. After you've done these processes, the thymus gland will start to activate again.

Originally, the thymus gland was the source for psychic awareness. It was blocked and diminished as a way to limit awareness. Therefore, we all went to the third eye as the source of how we were supposed to get vision and awareness. It was supposed to be a way of seeing the future. Once the thymus is reactivated it will begin to handle the viruses and stuff that our bodies have not been able to handle in the past. The Thymus will start to generate and become stronger. It is the center from which we gain energy. You may find yourself going through a period of what appears to be flu symptoms.

## Thymus Exercise

Raz: So to begin with, let's do a little balancing of your body. So, pull the energy up through your fingers into your shoulders. Through both hands, just pull it in through your fingers, up your elbows, into your shoulders, into your heart, then down and into your legs, into your feet and out your toes.

Now, at the same time while that is going on, pull energy into your toes, okay, there you go, and up through your body and up and out through the totality of your hands as well. Now, open your crown chakra and pull energy down through the center of your body, clear through to the Earth. And do it the other way at the same time. Now you feel your balancing, the balancing of the body is starting to occur, it is a balancing of the energy within the body. You can do this for five minutes in the morning and five minutes in the evening, you will help your body to stay in the place in which it will not feel the heaviness of this dimension, this reality.

Now, there is a purpose here, all right? The body is used to having energy run through it by exercise, okay, your exercising is part of what creates an energy flow within the body. When you create the energy flow, it is just like exercising. And it will start to generate things in a new way. And, when you do physical exercise, if you start this going just before you do any kind of physical exercise--whether it is walking to the post box or whether it is walking out the front door, whatever it is that you do, it will multiply whatever physical reactions you are getting.


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So it is sort of an aerobics kind of thing, mental aerobics, yes. All right, so, now what you are going to do before you go to sleep - you are going to ask the body to go on automatic pilot for maintaining the highest possible connection to your vibration. That way the body will not diminish itself, because what it does, as you start this energy flowing, the energy flows for awhile, you get out and go away and then it begins to decrease and decrease and decrease until it is not, almost not functioning.

Pull the energy up through your body into the thymus, out your arms. Into your arms, down through your Thymus down and out the feet. Up through your feet and through the Thymus and out your crown. Down through your crown through the Thymus and out your feet. Run all 4 simultaneously, this will help your body align its energy to yours.

Part of the purpose here is to get to the point where you are willing to allow your body to align, in totality, with your vibration. You can't continue to see your body as this image that it has been created from in the past. The past doesn't exist the same way anymore, so let your body readjust itself, allow it to become this new place, this new thing. Give your body permission to realign and to maximize its efficiency and be in the same vibration as you.

## Types of Bodies: (BHCEEMCs):

One of the things we realized early on is there is more than just your body and that if you just ask for "body," that you would often times get an incomplete result when working on somebody or when doing a verbal process or a hands-on process.

There are the physical body, the mental body, the emotional body, the auric body, the etheric body, the katheric body, the metatheric body, the astral body, the ghost body, the light body, the celestial body, the magnetic body, the causal body and all of the other body types not listed here. Each of these has been explanted to control, dominate and manipulate us. We refer now to all of this as BHCEEMCs. It covers all time space dimensions and realities simultaneously. Clearing the BHCEEMCs clears all of this.

**BHCEEMCs** stands for:

**B**odies – everything from the V in the neck down

**H**eads – everything from the V in the neck up

**C**ountenances – everything we show the world and everything we hide from it, as well as everything of value of you, you hide from yourself


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Endowments – what you come into life with, such as hair color, eye color etc. It's not just the size of your body parts. It may be talents and abilities and all kinds of different things. Like some of you have an amazing ability to play piano that others' don't have, that is one of your endowments.

Endeavors – all that we believe we have to do to prove we exist. Endeavors are the things you strive or struggle to achieve or attain. The things you endeavor to become, endeavor to be and endeavor to have.

Matrixes - the illusion of realities we like and buy into. Matrices are these things that keep you in a specified vibrational range like don't get too far out of the box. You've got to make sure to stay in the box. How many of those are part of the supermind? All of them, would you destroy and uncreate all of those for yourself? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Categoricals – every way in which we categorize and prove the rightness of our points of view. Categoricals are the categories from which we function in life. Some people function from sadness. Some people function from their thoughts, as in, "I have not properly dissected this and assimilated it yet. Therefore, I will not let it go because my mind has not had a chance to digest it." And there are all kinds of others.

All of these aspects affect your body and how it shows up here now.

The important thing to remember about this is when we talk about BHCEEMCs, we're talking to ALL your bodies, your subtle bodies as well as your physical body. When you talk about your body, you only mean the physical body. In Access we want to clear everything including the explants, so therefore we talk about BHCEEMCs, which includes all time, all space, all dimensions, all realities, simultaneously.

How much of what is locked into your BHCEEMCs have you hidden so well you not only are not aware of it, you absolutely cannot acknowledge it, and you don't know how to unlock it and you have no idea how to get free of it? Everything that is, everything that keeps you separate from your BHCEEMCs, everything that creates a separation within your BHCEEMCs, will you destroy and un-create all that please? **Right and wrong, good and bad, POD and POC all nine, shorts, boys and beyonds.**

This doesn't have nearly as much energy as it once did. Apparently as we disconnect us from the supermind, parts of our bodies that used to function as limitation, parts of these BHCEEMCs don't seem to have as much sway as they once did.


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Everything about your BHCEEMCs that you are not willing to claim own and acknowledge, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Everything that allows your body or BHCEEMCs to be a limitation of you and for you, will you destroy and uncreate all that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

So everything about your BHCEEMCs that you're not willing to claim, own and acknowledge, will you revoke, recant, rescind, reclaim, renounce, destroy and un-create all that please? **Right and wrong, good and bad, POD and POC all nine, shorts, boys and beyonds**.

And everything that allows your BHCEEMCs to be a limitation of you and for you, will you destroy and un-create all that please? **Right and wrong, good and bad, POD and POC all nine, shorts, boys and beyonds**.

What creation of BHCEEMCs as province of and subjection to supermind with reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly choosing that you truly should be refusing, that if you would refuse it, would change all realities and non-realities and manifest as the generation of indefinite life and infinite generative, juvenating, youthenizing, morphological, fluid and flexible bodies? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Everything that doesn't allow that, doesn't allow you to perceive, know, be and receive that, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and unlock your embodiment from the supermind please. And acknowledge you have a totally different set of choices available? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## BARS

Everything that is learned in the bars is applicable to your life, no matter what. If you did nothing but bars on someone, in the long run, they would become conscious. These classes just exponentialize the speed with which change occurs. The change will occur anyway if the bars are done. If you get to do somebody's bars, you have created the computer virus that eventually will destroy their computer bank called their mind. So do bars on as many people as you can. Once the bars start running, it is an automatic system. It will continue to run forever until there are no thoughts, feelings, or emotions that have been stored from any lifetime. If you feel like you are having a problem, get your bars run.


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Bars will continue to create change and transformation for you.

For me when I feel like there is so much going on that I can't figure anything out, I don't know what is going on, I don't know where I am, I don't know who I am. Okay, time to get my Bars run. Or, if I am doing cranky pants. You know how it is when you are doing cranky pants? When you are doing cranky pants get your Bars run. You have too much shit in your head, it needs to be released. Get your Bars run, make the world a nicer place for those around you, including you, because you are being a bitch. Get your Bars run.

The other thing is they dissipate every fixed point of view you have about whatever that Bar is. Say we are running the money Bar. It dissipates every point of view you have about money. Like that "it takes a lot of work to get money" "you have to have money to make money" "I'll never have a lot of money" "I could never be richer than mom and dad." Any point of view you have. Now here is the thing, it releases 5-10 thousand years of considerations for each Bars session that you do, in that hour or hour and fifteen minutes; whatever amount of time you do.

Some of you are saying; "well then I should be free after about 2 hours, because I'm about 10 thousand years old I figure." Actually you are about 4 trillion. You have a lot more work to do, get to work!

We talk about the bars in each and every class because they are the foundation of Access. Having your bars run creates greater ease for your body and clears all the considerations, attitudes, emotions, thoughts and feelings that we have stored or made significant in any lifetime. Even if you did nothing but the bars, you would eventually be free. If you will have your bars run once for every session that you have of "hands off" work then you're going to get far more results. If you will spend an hour and a half doing our bars, you'll be integrated instantaneously because integration is a matter of releasing all of the considerations that we built on top of what we've just gotten rid of.

The bars handle all the considerations, thoughts, ideas and beliefs that we've created over the centuries, over the billions of years to justify, to ratify, to object to, to resist and react to, to align and agree with all the reasons these implants and things are there. Everything we clear with points of creation can be done with just bars.

The Bars are a Major Tool In Access—Use Them!

End all Bars sessions or body sessions with

- Restructuring of Bodies


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- Circle of Manifestation – running this after "restructuring of bodies" will allow manifestation to occur from the new point of view you have.
- Crown of Mystar
- Tunnels of Time and Space

The Bars open up space around you where ever you've been doing contraction. Where ever you've felt the necessity of creating contraction as though it's real. The Bars dissipate those points of view that make you believe contraction is a necessity or the only choice.

The cool thing about Access is something you think is a basic tool, you doing it now will have more of an impact on your life than it ever has. The tools get more dynamic, not less because you have more consciousness and more potency with which to use them.

## Cellular Memory

If we have trauma, like we fall down and we break something or if we have a sore spot in our body, we can touch that spot and just go to the Point Of Creation of the cellular memory. Touch it and say **Cellular Memory, Point of Creation, turn**. You can continue to repeat **Point of Creation**, turn until it turns on and is running, or the whole thing, whatever works for you.

It only takes a second to get there on the cellular memory level. We keep repeating that until we feel it dissipate. It's more dynamic, by about a thousand fold, when done by another person on us.

Cellular memory is about unlocking the cells from a point of view in which they've been stuck so that they can go back to doing what they're supposed to be doing. When we're doing 'Cellular memory, POC, turn,' we are unlocking the discordant memory of the cell. We're erasing the memory of the trauma that the cell has not let go of.

This is an incredibly dynamic process and creates seeming miracles by allowing the body to choose to heal. It is extremely powerful when used with animals as well as people.

It works great on scars. Literally, scar tissue either internal or external. Gary had this scar on his back and he had a lady run this for 45 minutes. The scar used to be really non-pliable and hard, after 45 minutes it sweat for three days and after that it was soft and pliable. He also used to have a scar from a hernia operation, had somebody do the same thing and the same thing happened. He no longer has what felt like a hot dog in there.


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*I ran Cellular Memory on my mom, she has never had a normal mammogram in her life, it always had really cloudy tissue. So I ran it with no point of view, not really even thinking it would do much and she has had completely clear mammograms. It totally changed the tissue in her breasts, so how does it get any better than that?*

**Note: You can teach classes to healing professionals such as chiropractors, massage therapists, etc., on cellular memory alone. If you do so, then 20% of your proceeds is due as a royalty to Access.**

## Molecular Terminal Valence Sloughing System (MTVSS)

Your body has been blueprinted to fit into this reality. It has been energetically and structurally limited in such a way so that you don't actually have access to the space, energy, consciousness and communion with your body that you as a being would have. So you don't actually have access to instantaneous change and transformation, nearly as much as you would have if you unlock this blueprint. MTVSS unlocks all those blueprints. Collectively all the energies of MTVSS form the structure of limitation that your body is not suppose to be able to be free of. So when you do MTVSS on the body 30 times (hand locations as discussed in class) you unlock the blueprint of everything that is the body itself, what is actually possible as our body.

MTVSS can be used a thousand different ways and each time it creates a different possibility. This is a way you can begin to recognize that you have hands-on healing abilities. You can change all kinds of things with people's bodies and your own.

MTVSS and Cellular Memory are highly intense processes that can create huge changes in people's bodies. If you do MTVSS 20-30 times, your whole body structure will change. These processes are so dynamic, if you actually used them, you would get more change than you are willing to have.

## Magnetic Attraction To The Repulsion Of All Generative Sexual Energies & Restoration Of All Generative Sexual Energies Embodied


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This process seems to unlock programming within the body which compels us to be attracted to people who look good but are not actually nurturing for us. When the limitations this process removes are no longer in place, people seem to able to perceive the future more easily. This seems to apply to ALL areas of the future. Gary could not figure out WHY people could not perceive that relationships and other aspects of the future were going to turn out badly, until now.

We would look and see that people would choose these things that were going to turn out badly and we'd wonder; how is it that you can choose that, knowing that it is going to turn out like shit? What we didn't realize until we got this process is that people didn't know that it was going to turn out like shit. They literally could not perceive their future. Perceiving the future has much to do with seeing who and what will be nurturing and caring for you, what the results of your choice will be and what a rewarding choice would actually be. Running this process gives you an awareness of what and who that is.

You probably want to run it 5-7 more times, at least. Run it until the energy stops. Or, ask; is it still running? Yes? No? Usually around 45 minutes, sometimes more or less.

This is not something your body has been refusing, it's what ***you*** have been refusing.

**How it came about**: This new process came about when Dain discovered he was trying to "make" himself attracted to a pretty girl on TV. She looked good but her energy was actually not at all attractive. Gary identified the energy as attraction to repulsion of sexual energy and the next day they came up with this process.

*Sexual energies are the healing, nurturing, creative, caring, joyful, generative and orgasmic energies of sexualness.

If you are not willing to have generative sexual energies, do you then eliminate your ability to have abundance in your life? Yes. Guess what it also eliminates? Your ability to see the future. Check this out. "The magnetic attraction to the repulsion of all generative sexual energies." How many of the people that you have been sexually attracted to are "generative sexual energy" and how many times have you been attracted to the person who is literally "the repulsion of generative sexual energy"? How many times have you had sex and feel like shit afterwards? How many times do you get into relationship and instead of feeling larger, feel smaller, except for that first week or six or eight? Then you marry them and have children; were the only way you feel larger is in the belly.

Literally what this process does is: in order to have the attraction to the repulsion of all generative sexual energies, you have to cut off your awareness of the future.


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This is bazaar, but this process we realized is part of what does not allow you to perceive the future. Running this process will start allowing you to see the future. I know that sounds totally weird, doesn't it? It is sort of like, to choose something that would not be generative for you, would you not have to cut off your awareness? Of course, otherwise you would not choose something that was not generative for you. Do you get that? Does it make sense to you that if you are going to choose something that is not generative for you, but that repulses generative energy, that you would have to cut off your awareness? In other words, if you were going to choose something that was going to fuck you up, don't you have to cut off your awareness to do that? Otherwise, why would you choose something that were going to fuck you up?

*I love being fucked up.*

Other than that. And, unfortunately that is way too true. How much of you loving being fucked up, is your addiction to the magnetic attraction to the repulsion of all generative sexual energies? Quite a bit of it. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

This process runs on the body and being. What it does is, most of us are attracted to people that we think are cute or someone we would like to "have sex with." In order to not know that they are not going to be generative for us and our bodies, we have to cut off our awareness of the future. So part of the effect that running this process is having its giving you again your awareness of the future that you gave up by being willing to, or by having this magnetic attraction to the repulsion of all generative sexual energies. So at the same time you are eliminating the magnetic attraction to the repulsion of all generative sexual energies; remember sexual energies have to do with the caring, healing, nurturing, expansive, joyful, orgasmic and generative. So, with the repulsion of all of that, you have been magnetically attracted to someone who would repulse all of that. Sexual energy is also the totality of receiving, sexualness is the totality of receiving. With this you are attracted to somebody who would repulse all of that also and you haven't been able to see that that person would be that way because all you could see was this attraction thing; which was magnetically impelled through your body, through this system. So we are unlocking that. In addition, we are running "the restoration of generative sexual energies," which is the restoration of all the healing, caring, nurturing, expansiveness, joyfulness, creative and orgasmic energies and all of that which we had given up, as well as all the receiving that we had given up. Part of that is the receiving of the awareness of the future.

Would an infinite being be from the future or would they be simultaneous? Simultaneity is not just past, present and future. It is past, present, future, all times,


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space, dimensions, realities, bodies and everything else. How does it get any better than that? Which is like what space is.

## For Facilitators

This section is for more insight on being a great facilitator. Some information on things you might not talk about in class but that is helpful to know as the person facilitating. Also, tips on exercises and questions that are not necessarily talked about in Foundation or Level One that can be fun for the participants to acknowledge the awareness they truly have and are – and it makes you look brilliant! Be what you know. You know way more than you give yourself credit for and you are more capable of facilitation than you think. So jump in, the water is just fine.

### You first

Most of us are taught we are never supposed to consider us first because that makes us selfish. If you are not going to do it for you, who do you do it for? Everybody else. Do you exist in that? Would you be willing to allow you to be first and foremost in your life and stop making everybody else's needs, wants and desired the source for creation? When you eliminate you from the equation, you are telling people that they don't count anymore than you do.

The only time you are having a great time in life is when you are generating something for you. Do you have to have a justification for generating something for you? What if your whole life was based on the joy of it and there was no other reason or justification?

What would it take to facilitate for the joy of it?
What would it look like for facilitation to be something you add to your life?
What would be rewarding?

The more familiar you are with the tools and process of Access the easier it is to facilitate. When you become the tools and the question it becomes easy to just open your mouth and trust you to speak to what they can receive, what they are asking for and what will facilitate a greater possibility. You have far more awareness than you give yourself credit for.

Also, as a facilitator and the classes you have attended to become a facilitator – just by virtue of the clearings you have gotten in class you will have something you can facilitate and if you fuck up, they won't know the difference anyway. Really. With this stuff you can't rally fuck up anyway – that would be the superminds point of


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view. No matter what occurs they are going to leave with more awareness, even if it's by accident.

As with everything in Access, you give a session, you get a session. Every time you facilitate someone else you can have more clarity, more awareness, more possibility and you get paid for it too – regardless of what they choose – you can get more awareness from it, if you choose it. How does it get any better than that?

Be a facilitator for you, be you and change the world.

## Using the tools on yourself

I never said I used the tools every day. I would forget to use them. Then I'd remember and start again, until one day it's done, I'm over that as a limitation. It is not about weather you succeed or fail, it is that you keep on persisting. Consciousness does not occur instantaneously, it occurs when it occurs, as long as you persist.

"Should have occurred by now," no judgment in that, no conclusion in that – yeah huge amount. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

I give everything as fast as I can, to everybody I can; for one reason, because the only thing that counts to me is consciousness and the more conscious you get and the faster you get it, the more my life expands. Yes I want to expand your life, but I'm really more concerned about me. If I can expand you, then my life will expand.

The reason I'm saying that, these four days are not going to clear it all. So you're also going to have to be diligent on your own. So say; "all those judgments everything that is connecting to the supermind, destroy and uncreate it right wrong, good and bad all nine shorts boys and beyonds."

## Those who are Reading the books and listening to CDs get the most awareness, change and transformation

**The value of reading the manuals completely is when you come up against it in facilitating, you'll know what it is the person is functioning from. You'll have more tools and awareness to facilitate a different possibility.**

The people that seem to get the most out of Access, that are most successful in using it as a way of changing anything that comes up in their life are the people that read the books. What happens is, in reading the books or listening to the CD's


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– both of them have a different thing that you get from them. In both of them you get connected again to this energy that is the difference that is possible. You are here in class and you go; "wow, possibility, possibility, possibility, possibilities yes!" You start putting those into the world.

If you go out and decide, I'm going to have a thought now. Decide. Choose to have a thought. Make a conclusion, or something. You get connected back into the supermind and suddenly you are asking; "were did those possibilities go?" You start reading the books again and you have that awareness of space again. "Oh yeah, that was the supermind thing, okay. Wow, it was so automatic I didn't even recognize it." And you start getting to recognize where you are choosing these things from, so you actually have choice. When you read the books or listen to the CD's you start to have awareness of places were you have awareness of something different, but you haven't been acting on it.

There is no such thing as a purely automatic system for an infinite being. In other words, even the things you have created as automatics like the supermind, there is still a moment of choice were you can make a different choice.

For me, when I started we had cassette tapes. A lot of them. I used to listen to them all the time, if I was not working on someone I had them with me and they were playing all the time. What was interesting is my life kept changing and getting more dynamic and there kept getting more space being created. So just know that that is a possibility for a way of having connection again to the energy that is possible. The other thing about that is you never go to the same place twice.

Once we run one of these POC and POD's, you are a different person. Everything that shows up in your life after a POC and POD is going to be different for you because you are a different person. We have undone who you were in the past. In doing some of these big clearing statements you'll go to read something that you read ten days ago and you'll ask; "have I actually been here? Did I ever read this?" because you are different.

So I'm saying people who read the books tend to get the most dynamic results out of this stuff, so please be willing to do that. You have the book and it has a huge amount of information in it. I have not gone over all the information that is in the book. You noticed that I have presented you with quite a bit of information however, yes? A lot of what I have said is not in the book and much of it is, in addition to what is in the book.

*You said people who read the books get way more out of this, how does it work with the clearings?*


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You do it just like I did, you read them and then say to yourself; "everything that is, destroy and uncreate all that. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds."**

Follow your knowing. I'd have some days where I'd open to any page and read what was there and if there was a process I'd read that process 5-10 times, sometimes 15-20 depending on what kind of day I was having. It's funny how often that would change something. I would turn right to the page of the clarity I had to get that day, weird how that works, huh? That is one of the possibilities. It's magic!

*If you buy the CDs and like put it in your car and play it, you get in your car the next time and it will be exactly talking about what you need to hear that moment. Gary or Dain will be saying just what you require that moment.*

Weird how the universe works, it's almost like consciousness is aware of itself or something. It's almost like consciousness is conscious.

## Change you, not others

*I look at people I know and see where they are connected to the supermind more easily than I can see me. Like," wow, that person could sure use this."*

**Where could you use it that you don't want to acknowledge?** Are you aware that you do that? Are you aware that you look at other people and go; "boy could they use that!" It's always when you go; "boy could they use that mouthwash" that you need to start checking your own damn breath, alright.

The thing is you are not taught to ever look at you and have awareness of you. You are taught to look at you just to judge, are you all aware of that? You are not taught to have awareness of you as who you are. You are taught to judge you to fit in with everybody else the way you are suppose to be. So what you can perceive in other people is this energy that is going on, except what you want to ask is; "is the same thing going on for me?" Because you are not suppose to ever see you, and be aware of you, you are suppose to only be aware of you from a place of judging you; that is basically were everyone in this world has been functioning for the most part. Almost everybody. What you perceive is this energy that is outside of you that somebody is functioning from because you are not suppose to see you, you can only see it in them. In that case, you just have to ask the question. **"Is this something that applies to me to?"** If it does, then you ask; **"what energy, space and consciousness can I be that would allow this change?"** That simple.


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Now these tools that I am giving you, notice how most of them are really, really simple? Don't you suppose that that is maybe the way it is suppose to be? Like that it actually could be simple to create change and generate change? Just a possibility. See if it makes you feel lighter.

## Freedom, when almost there, you believe you are not

When you're truly creating freedom for yourself and generating space for you, it's right then that you will believe that you're not doing anything, that you're putting in all this effort but you're not getting anywhere, that you should turn around. About three steps beyond that is where you'll have the biggest breakthrough of your life. But the supermind says, *"See you're not getting anywhere. You put in all this time and energy, but it's not working though, is it?"* Then you look for what you did wrong and you go back to connect to the supermind to find out how you can make it work.

Once you get something right, you don't think you need to change anything. What's reflected back at you is the rightness of you in any one moment, so that you won't continue to seek change.

## Adding Access to your life

The greatest difficulty is people come to Access and go; "oh, this means I have to change my whole life." ***Meaning*** is form, structure and significance. It doesn't mean anything. Reality is, you don't have to change anything. You've already changed. You will just be different. Haven't you noticed after an Access class you just are different? Within the same circumstances you are just different. You react different, you do things different, you talk different, everything is different; and you are wondering, wow, what happened to me? Then everything changes and you change everything you touch after that.

How does this apply in life? If it doesn't apply in life, who the heck cares about figuring it out, learning it or being exposed to it right? If you only do it in a class, what is the value of that?

I was doing chiropractic at first, then I found Access and I wasn't happy with the chiropractic, so I started pulling in Access tools in addition to the chiropractic. "Hey Bob, who does that belong to?" The guy who I'd been working on for months, his pain went away, 75% of it with that one question. Holy fuck. But, it wasn't throw away chiropractic and do Access, it was; what else can I add to my life? That would be a great question for you. What else can I add to my life that would be joyful for me? Literally when you have no motivation, then you have to function from choice. Because you get to the point where you could literally sit on the couch and watch television for hours because you don't have a point of view.


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You're sitting there like; yep, yep, yep, yep, okay what else would I like to do? Nothing. Yep, yep, yep, yep; because you don't care. Don't worry you will eventually get bored enough of that to where you actually choose something else. Maybe really quickly.

What it requires actually is the willingness to ask; okay, what would I like to do? What would be fun for me to choose right now? What would be fun? What would be joyful for me right now? That is what it is going to require at this point. I'll tell you it is really interesting to get there in a Foundation and Level One. To get people to the place of you have no idea who you are – I know it almost seems like everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be, doesn't it?

That is were everyone has tried to function is having the right answer of who they are for so long. So you are like; let me get this straight, if I want to actually have more in my life it actually requires me to not know who I am – what do you mean? I mean, in order to have everything, you have to have no judgment of anything and the willingness to receive everything, and the willingness to let everything go. Big difference, huge difference in the place you function.

## You get it when you get it

There are people who come two or three or four times before they hear even one word in English, so you are doing better than most of them. Realize that it is not about getting it cognitively, it's about having it energetically.

You can literally sleep through these classes and get the benefit of it. So if your body would like to sleep or get it's Bars run, please feel free. And anywhere you are not willing to have that, because you have to be awake and thinking; how much of that is the supermind? Everything that is will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from the supermind? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Do what will be nurturing and comforting for you body for once would you please? This is not about boot camp of consciousness. There is a reason the mantra of Access is; "all of life including this fucking class comes to me with ease and joy and glory." Glory is an exuberant abundance. It ought to be a comfortable, joyous life; or a comfortable joyous place where even if you have to do something to make your body more comfortable – do it.

I know I just said you ought to be willing to be uncomfortable, that is because most of the time when you are uncomfortable the supermind tells you what it would


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take to make you comfortable, which is usually checking out or anti-consciousness of some form. This is different than that. I'm asking you to make your body comfortable, so it feel good.

One of the things we don't do is nurture our bodies. Be willing to conk out if your body desires it, or get your Bars run or something nice like that, okay?

## Assholes in Access

Just because someone is in Access doesn't mean they are choosing consciousness. Even facilitators. You have to be willing to see the person in front of you for who they are and where they choose to function from.

But then what you do is say to yourself; "oh well, I still feel close to these people in Access" 90% of whom are choosing just as much limitation as they did in using the Access tools to beat the fuck out of other people and to not be present. Just because they're in Access doesn't mean that they're not an asshole. You have to look at the person in front of you. Just because they're in Access doesn't mean that they're choosing consciousness. You have got to be willing to ask questions to be aware of where a person is functioning from, no matter who they are. Is this person functioning from consciousness? Are they belittling me or are they empowering? Are they facilitating? Or are they trying to teach and tell me what they know? Are they trying to give me their answer? You've got to be in your knowing about this and not make anybody greater than you, and that includes me and Gary. You are much greater than that. You have so much more value than that to the world. For you to make anyone greater than you is a travesty to all of us.

## Proper Access speak -STOP

People when they speak to Gary and when they speak to me, they're always doing proper Access speak. I.e.; "I perceived a difficulty and an intensity of awareness with my body and I was asking myself…" No, what you want to say is; "man my fucking body hurts and I didn't know what the fuck to do, so I judged myself and felt like shit and so had an Asprin." That's what you want to say. Because you're talking to the energy that is there and how you are perceiving it and expressing it and being with it, say it; "I feel like shit." Will I nail you to the wall and pin you like a butterfly? Probably. Why? To make you wrong for what you said? No. Because exactly what you're saying is exactly what the energy is and if I pin you to the wall like a butterfly you can see the exact energy that is creating the limitation and we can unlock it. So please stop using Access speak. If you won't edit what you're saying you'll unlock where you are functioning from. When you put the exact words to the energy they're so congruent that you can start seeing what's really going on.


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## Fitting Access into this reality

One of the things we noticed is that people keep trying to fit Access into the reality they already have. You keep trying to make it match this reality. You keep trying to make what we are giving you as tools, be a way of making this reality better. What if there was something greater than this reality? Most of you came because you wanted something greater than this reality; that is why you came. Yet you keep trying to create Access and what you are doing based on this reality. Wrong answer. Also we base what we believe is greater than this reality on this reality, on not this part of this reality but this part of this reality over here. Which is a constant state of judgment. "A better reality is this." Except that is conclusion, then we have those little things called the DJCCs; the decisions, the judgments, the compilations and the conclusions. None of which have anything to do with creating your life. I am trying to get you to have a different perspective here. **Generating** your life is a totally different universe from creating a reality. To **create any reality** requires one other person at least to agree with you.

Gurus do creating reality, which is why people begin to feel that there is a lessening of them when they have a guru. Because there ***is*** a lessening of them. Because you must match your reality with the other person. How many of you have tried to share with others? Sharing, great way to create a reality, right? Except if the people won't go in your direction, you have to go in their direction in order to create a reality. Any of you ever given yourself up in relationship(s)? We give ourselves up in relationship because what we are trying to do is share a reality. What would be the difference between sharing a reality and sharing a life? You dilute yourself, it is actually more like you delusion yourself in order to create that reality.

Some people are trying to bring Access back into the supermind, instead of recognizing that Access is cracking the supermind in everything it really does.

## People leaving your life after Access

After you do Access, you will have people in your life who have been in your life for years who won't want to talk to you anymore, because you're not the same as they've judged you were before.

## What else is possible?

*Can I say, I'm just so excited because what I'm realizing is what I gave up in my life was being happy because people didn't like it. People literally did not like me because I was happy; but I didn't understand that. I didn't know why people didn't like me, I thought*


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*there was something wrong with me again. I thought what am I doing, I didn't do anything to them, why are they behaving like this? I'd have these insights later, just recently since I've been in Access. It takes courage sometimes to choose to be happy and get rid of your supermind connections with everybody.*

*I have awareness about being overweight to make somebody else feel comfortable. Somebody else who is very powerful, to be very comfortable. And I have done all kinds of things like that in my life, I can't believe the kind of conformities I have done that have caused me to feel drained, and have caused me to feel not who I am, we really spend a whole lot of our lifetime proving who we are not and doing a really good job of it. And I am really ready and willing to do whatever it takes to jump out of this.*

Cool, anybody else? Anybody else willing to do whatever it fucking takes to have the life you know is possible? Instead of living this limited, supermind run existence? What about having a life? When you exist you get just enough to survive and maybe a little more, sometimes less. And everything you go for is only that. What about a life? What about thrival instead of survival? How much of the supermind tells you that isn't ever going to happen, especially for you? Everything that is and everything that doesn't allow it to show up, Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it please and step away from the supermind? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Thank you.

## Making the choice to choose

And that is what I would hope for you, that is what I would desire for you; that you **make the choice to choose**. The interesting thing in desiring that for all of you, as well as for myself.

That is where I function in my life is actually from having choice. I didn't eight years ago. Literally I wanted to kill myself. I didn't know I had choice other than that and I was willing to make that one because I was tired of struggling. But were I function in my life now is from choice. When something comes up like last night after this class. I was like; "ahh, I fucked up." I felt like my head was in the supermind's ass. I was like, how did I get here? I thought I knew more but apparently not, here I am, okay fine. But I had the choice to start looking at things and I asked questions all night long.

Lovely Suzy ran my Bars for like two and a half hours. She called me and asked; "do you want me to come over and run your Bars? How about if I just come over for a couple minutes?" She puts her hands on my head and I'm out. Okay, a couple minutes two and a half hours later. I woke up and I started having some clarity and


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I kept asking more questions. So with that, for me, that is actually the ability to choose and the ability to choose something else. The interesting part of that is; would I desire that for all of you? Yes. Am I also willing for you to not be willing to have choice? Yes. I wasn't so much last night, I am today.

I was like; "you'll have choice or I'll – you'll have choice."

*I just noticed I always think I am making a choice then I beat myself up like crazy because I made that choice.*

How much of beating you up is the supermind? All of it? Cool, so **when you find yourself doing that will you first POC and POD all that shit and step away from the supermind and then say; "everything is the opposite of what it appears to be, nothing is the opposite of what it appears to be."** Then you'll be like; "what was I doing again? I think I was beating something up, oh I wonder who I was beating up, that is really weird." That is the choice you have to look at and go okay, there has got to be something else here.

The other thing is, when you start functioning from this generation instead of creation or instead of manifestation what ends up happening is you end up having, were generation is the question and the energy, and you start following the energy of what is going to create more space in your life, and what is actually going to generate more space. If you will ask this question to every choice; "will this be rewarding?" weather it's going out to dinner with friends, weather it's going to visit your family, going to bars, going to whatever, going to an Access class; "is this going to be rewarding?" The choices that you make that are rewarding, you will not beat yourself up for later.

Other people might try to beat you up because it makes you less controllable in their eyes. Please get this also, when I say it makes you less controllable in their eyes, the way that shows up for them in their universe is; "I don't feel as close to you as I used to. Why don't you listen to my stories any more, you used to be such a good friend and now you are not a good friend." Things like that are what come up for them and how that comes across for them, to you. What you have to recognize is what is actually going on is you have changed and they don't really like that. They aren't really comfortable having you change like that.

## Play with the tools of Access

A guy from Australia came to Access and asked what work do I have to do to have awareness?

I said; "don't work, play with it. Play with all this stuff, everything that you learned in Foundation, Level One and what you learned here; play with it and see


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what shows up for you." One of the things I've said is if you talk to the horses they'll tell you who is going to win. So he went to the off site betting place and he played with it. He asked which horse was going to win and it got the point where he could pick one horse who was going to win each day. He would bet $20 on the horse and he would go home with anywhere from $30-200 dollars. His daughter had to have $900 in a week to pay for something in college and so he went every day for a week and won $900 that week which was the amount he needed for his daughter. He said; "you can just play with this stuff, what is the matter with these people?" Try it. If I can do it, you can do it. Why would you make your life difficult financially if you can talk to the horses and they will tell you who is going to win? "Because it's not right to take advantage of those kinds of talents and abilities," sayeth the supermind. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If the tools aren't giving you the results you'd like after giving them a go, play with them, tweak them. I'm giving you what has worked for me, if you come up with something that works for you better, please use it.

Also, playing with the tools of Access is about the fun and adventure of discovering what they do, how they work, what gets generated, what starts showing up in your life as a result of giving them a go. As in, what if the purpose of life was living for the fun of it? What if using the Access tools was just for the fun of it?

## Clearing Problems or What would you like to Generate?

Look guys, you keep raising your hand to prove that you've got a problem. What if there where nothing wrong with you as you sit here? There's so many people in the world thinking there's nothing wrong with them, when there's all kinds of fucked up shit going on with them. What I've talked about a number of times is; "what would it be like if Access classes weren't about bringing up your problems and solving them, what if it were about generation?" *"Well, you can't do that until you get rid of all your problems,"* says the supermind. And while you're looking for problems guess what? You create more, and you're in the supermind. How many of you are dedicated to solving problems? How many of you are the problem solver in the family, in your life, in your job? Guess what? When you have the job of being the problem solver you will always create a problem to solve. Every that is that is connecting you to the supermind will you now give up your job of being a problem solver please and destroy and uncreate all that shit right wrong good bad poc and pod all nine shorts boys and beyonds.


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## Ask and you shall receive

*I was wondering if I could share something I came across last night?*

Sure

*At lunch we were talking about feeling kind of sad that this class is almost over because we've become such good friends. One of the things that I have kind of struggled with is feeling alone in the world and I was home last night and I found this in an old journal. I wrote this in 1996 when I first started this journey of becoming aware that I wasn't aware.*

Welcome to my world, that just keeps going, let me tell you.

*I took a boat ride up to Lake Monterey where I was dropped off in the mountains for about a week by myself, for the first day I was there just the noise in my head was so frustrating is was hard to just even sit there. By the second day it got better. By the time the trip was almost over I was in kind of the same space as now, not wanting to go back home and I had written this, this is what the poem was;*

*Great spirit, please move my heart to a higher awareness and a deeper understanding of myself. Assist me with accepting where I resist and help me to have enough courage to walk through my fears. Touch my soul with the warmth of your love and allow me to experience the energy of the universe circulating through my center to my limbs. Teach me to unlock the door of my inner wisdom and strength so that I may recognize truth and see what may not be truth but my awareness and see my path more clearly. Clear all the racing and ever intruding thought that cloud my mind so I may walk in tranquility. Show me how to love, how to appreciate the gifts of life, how to share my gifts and talents so that I may enrich the life of others and contribute to the welfare of our mother earth. Open my heart to believe in myself, to trust the process of life and to know your love for me. Please bring me home to myself.*

*I wrote this 12 years ago and it's been a journey ever since and I would like to publicly stand and thank Dain for coming and assisting me with this.*

Thank you. In looking at the change that some of you have been willing to have and embrace, it brings tears to my eyes. You reading that, that you wrote twelve years ago and perceiving that you are actually seeing that and being that and knowing that you are being that, so that it can't be denied any longer; its' why I'm here. Why I do what I do. It's why I'd come to purgatory. Thank you for that.

## Facilitation described

I run this process and in this you get an awareness of an energy that is a possibility. And you have a willingness to go, yes I will let this shit go that isn't working for us


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and we'll change it. How cool is that? That is your awareness. That is your awareness of; I'll let this limitation go and here is this other possibility that exists, yes I will choose that. This is literally how you get to create choice from a different place. Prior to this it may not have been a possibility to choose something that was so different, that it didn't look like anything that came before it.

What was really cool with what A. said is because she looked at it and went; that is a way to have freedom. Having this shift and awareness is a way I can go; "oh, that (supermind) or me, that or me?" You.

## How clearing works

*So is destroying and uncreating locking into the supermind again?*
No. What you are doing is you are destroying the limitation that you have created. You're also uncreating it which is taking the creative energy away from it that you've been continuously giving it. Destroying it is destroying the form, structure and significance of it. That's not functioning from the supermind. That's functioning from, 'I'm making a difference choice now.'

*When am I not in the supermind?*
Anything that's light. Anything that's generative. Anything that's expansive is not supermind. What happens when you walk out in nature and you're not thinking? Peace. That's not connected to the supermind. When you don't have to make you right or wrong about anything, that's when you're not connected to the supermind.

The supermind is what keeps you from changing dynamically and with great ease. With Access, you have changed more than you have with anything else, and you go back to a lesser degree. That's because of the tools, the allowance. The fact that we're going back and POC and PODing. The clearing statement – what we're doing is we're going and changing the polarity you choose in the past. Which is also changing your judgments of the past, which is also changing your connection to the supermind in the past, and disconnecting you from it there and the energy you gave it there. Which also changes your life and your reality but it also changes the totality of everyone else on the planet. The more you can have a sense of allowance, the less this thing can have an attachment to you. It breaks the strings of attachment.

The more aware and conscious you become, there seems to be a sense of aloneness. But is it a sense of aloneness, or a pretense of aloneness, or is it alone in the sense of no longer belonging to limitation?

That's another thing that you have to be willing to embrace. Is that you might feel totally separate and alone from the people that you used to feel really close to.


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## Access works differently then anything else

I have done so many metaphysics, so many chiropractic techniques; test your arm to find the emotions that were stuck in your organs so that we could release those emotions from your organs, so that you could be a happy person. Cool…okay I've been doing this for months and I am still no happier, what's going on? People say; "well you are an infinite being and therefore you should have a joyous happy life." I'd be saying; "if I'm an infinite being, why is my life so screwed up? If I am an infinite being, how is it that I can't afford rent? If I am an infinite being, how is it that I am unhappy most of the time? " Well, in Access you are going to find out why. We are going to find out a lot of ways to unlock that.

With this tool available, when you know that, when you know infinite beingness is joy, bliss and ecstasy; If I'm not choosing that, there is a different option available. That is all you need to know. Then it's asking; "what is it going to take to be able to have that? What's it going to take to get to that option and that possibility?" Does that sound like more fun? Were you actually have possibilities of creating different possibilities?

In this reality who has that? I said you should have Joy, bliss and ecstasy and half of the room is rolling their eyes, going; "yeah right Pollyanna. Not everything is happy, don't you know?" Yes I do.

Literally eight years ago, right before I found Access I was going to kill myself. I told the universe; "here is the deal, you have six months, either my life gets more joyful, more happy, more fun and I start making a heck of a lot more money or I am killing myself. Literally. And I picked a date. Universe, you've got six months. Either this happens or I am literally killing myself. You know what, I have been working my butt off for you. I have been doing everything I can to try to choose more and choose greater. I have been doing every technique under the sun. I'm a practitioner of most of them and hello, my life sucks. Enough. " That was the point were I was at.

Literally a week later I saw an ad for Access in the independent paper in Santa Barbara. It said; "Access, all of life comes to me with ease and joy and glory. Call Shannon." I thought; "Shannon, you're a bitch." I threw the paper down, "you don't know what my life is like, my life sucks! I'm going to kill myself! That is my best option." So I threw the paper down in disgust and anger. I saw it again a week later. This tiny little ad; "All of life comes to me with ease and joy and glory. Call Shannon." I thought, if I am this resistant to it there has got to be something here. So I called her and I said; "hey what do you do?" She said; "well we do all kinds of stuff." "That is not helping me, what do you do?" She said; "well, one of the things we do is 'Bars,' and when we do these Bars we put our hands on your head, there


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are these 32 points, and we hold them real gently. At the worst you'll feel like you had a great massage, at the best your whole life will change." In the back of my mind I'm saying; "my whole life better change or I'm killing myself." I'll come do it. I lay down on the table, she put her hands on my head and I went; wow, and I started giggling like a little kid. I was half wondering who's doing this, except it's just me and her. It was the first sense of peace I'd had in almost three years.

Wouldn't that be nice if trauma and drama seemed irrelevant? Were it was going; "come on, you need to get into the fight with me!" You're like; "why would I spend that much energy? Why would I spend the energy it takes to get depressed today when I could just enjoy my day?" Are you aware that it takes energy to get depressed? It takes energy. You have to use energy to get depressed. That is weird, cause if feels like you have no energy when you are doing something like depression. Why? Because you are using it all to be depressed. Isn't that funny?

In this reality true joy, bliss and ecstasy seems like an impossibility. What if you knew differently? My question to you would be; "do you know differently? Do you know it is suppose to be different? Don't you?" You must or you wouldn't be here in this room right now. I knew it but I didn't know how to do it though. I thought being the cheery little boy that I was, I'd be able to make my family happy. I mean, come on; it's so much more fun, it's so much more fun to be happy, come on lets play! Come on, let's have a good time, dad let's play. "No, I've got to go to work son." Why? I'm going to go play, okay see you later. After a while you are like, okay I can't change these people. They don't want what I have to offer, I must have no value.

Everything that is, everything that doesn't allow you to perceive, to know, to be and to receive the joy, bliss and ecstasy of infinite beingness as a possibility for you, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

Also, all of the projections, expectations, separations, judgments, conclusions, rejections, wishes and desires you had about this class, what it would do for you, what it wouldn't, or about anybody in it, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all those? **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

Because whatever you thought you were going to get out of this, it's definitely going to be different than that. It may be that too, but it will definitely be different than that.

And when you are willing to let go of the fixed point of view of what it has to be, something even greater can show up. For every fixed point of view that you have,


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nothing greater than that point of view can show up without huge amounts of effort on the part of the universe. Does that make sense? So with every fixed point of view you have, every "rightness" that you believe, every "wrongness" that you believe, you are limiting the universe's ability to gift to you abundantly and infinitely. You are limiting your ability to receive abundantly and infinitely.

## Awareness – "feeling" of energy

How is that feeling? Notice I said; "how is that feeling?" but that is how she is going to identify the awareness of the energy. So I realize that I sound like I am contradicting my self, I get that. What I am asking her is to get the awareness of the energy. I ask; "how is that feeling, light or heavy?" I'm not saying to get into the significance of your feelings, I'm saying; "how does that feel, what is the energy of it?"

If you are getting into the significance of your thoughts, feelings or emotions or anybody else's you are doing supermind. I'm going to say that again because some of you really like the significance of your thoughts, feelings, emotions and that of other people. If you are getting into the thoughts, feelings, emotions or ***anybody else's***, you are doing supermind. You are connecting to it literally to try to figure something out that is not figure-out-able. But it will trap you in a cesspool. It is like stepping into quick sand on purpose.

So all that stuff you have been running away from, how is it feeling? How much of that stuff that you have been running away from is actually an awareness of you, as the being you are? All of it? Every thing you have done to misidentify and misapply that, as some thing bad, wrong and something to run away from – Ahh, I might see myself! Ahh. Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Would you be willing to acknowledge that you are the source of generation and change? All of you? All of you who are willing, thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

I know some of you it would be like asking you to bend over backwards and touch the floor, it is so beyond what you believe you are. No problem, this will still work to dislodge things and change things so that you have more possibility.

This isn't about you have to go everywhere I am asking you to go. You go were you go, I am just looking to open as many doors is as possible for you to have as much possibility as possible.


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## Your body gives you awareness of energy shifts

She said there was a change in her body that she noticed when we started talking about this. Cool. I'd like you to start becoming even more aware of things like that because it's an indication for you of when an energy shifts and changes, or when you have an awareness of something. What I asked her to do is just let it go, as in don't hinder it. Let it run unfettered like the joyful little girl you'd like to be. Let it grow and be as large as you are.

*When there is an intensity I usually don't want to stay with it.*

Okay what was happening for the lady with her body is she was actually getting more energy and more consciousness and more space and more peace. That is what I was saying let go, allow your self to have more energy, more consciousness, more space; allow it to just be.

There is a woman here from the class a couple of weeks ago, she came up to me here before class and said; "oh my god, I just feel so good! Is it really possible?" I said; "well you are feeling it aren't you? What if this were just the start?" She said; "you know what, I know it is."

## Ask questions, then follow the energy

*Until I got that the generation thing is the energy and space it was like you would ask "what energy, space and consciousness can you be to generate what you want?" and you think you have to go into this doing mode, or figuring out, or what do I with that? But it's not, its' just asking the question and following the energy.*

- Yes, just asking the question and following what comes up.
- What happens is you ask a question like that, then the universe starts providing you with possibilities.
- Then you ask, "okay, which one of these would be most rewarding?" which includes you and everyone else. Ask "which of these would be more rewarding," then you choose that.
- Then you go do it, or you have that conversation, or you have that meeting, or you take that trip; then something else opens up from there.

But your job is simply to follow the energy. That is your whole job in life; follow the energy. **Make requests of the universe, get the energy, and then follow the energy.** That is your job in life. Oh, yeah and to have fun doing it. What if the soul purpose of your life were to have fun? What if literally the soul purpose of your life were to have fun? Are any of you doing it?

Using Access tools or Being them


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*This morning I realized that it was the supermind that was waking me up at 4:30 in the morning. So I filled the space of my mind with "all of life comes to me with ease, joy and glory," I was using my mind, is that the same thing, using the access tools to not fall into the traps of the supermind?*

That's where you're doing the tools instead of being it. Which is something that I've seen a lot of people do. They use the tools except that they're not actually ***being it***. They're using "all of life comes to me" and bars and processing. At what moment do you allow yourself to be? At what moment do you take a breath and go; "fucking cool being me. How did I get so lucky for being alive this day?" At what moment do you have that as an awareness? If they would stop and take a moment to BE, everything that they're trying to accomplish by doing would fall right into place.

So you have the mantra and if you're doing it from resistance to the supermind, *"that's the supermind I'm not going to let that control me,"* yes you are. That's exactly what you're doing because of your resistance and reaction to it. Anytime you're in resistance and reaction you're being controlled by the supermind, you're connecting to it.

Where as if you look and go; "oh that's the supermind. You know what, that's not working for me. All of life comes to me with ease and joy and glory." It's got the potency that it can actually have and that you as a being have. And now you are taking the tool that has the potency and you're having with you, as a being that has a potency, and one and one equals a thousand. One and one does not equal two.

*It seems like that in beingness, and bridging that gap between doing and being involves gratitude?*

Yes it's imperative. Also when you're functioning from gratitude, you can't have judgment and gratitude at the same time. You're in gratitude you're out of the supermind. There are times when you're in total gratitude for someone that you're not being run by the supermind. Every judgment takes you out of gratitude. Every gratitude takes you out of judgment. So it's essential.

What has the supermind taken gratitude and converted it into? Love. Notice you can love somebody and then they do all kinds of nasty shit and then you start hating them? It's called the love-hate program. It's a connection to the supermind. It takes you out of gratitude because you're always looking for love except love always has a judgment attached to it.

*This morning I was looking at the whole creation thing. I was in the sauna and I was like, ok you create your body. Then I judge it, so I'm judging my creation continuously. So all my creations create judgment? There doesn't seem to be a way around that. Then with generation, it's a totally different way because there's no judgment.*

Judgment kills. Judgment eventually leads to destruction of whatever it is you're judging. That's the other thing that I don't do. So if you would start asking, "what


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I am grateful for in my life?" I did this; "ok, what am I grateful for today? Wow I'm grateful that I woke up." I looked down at my body; "wow my body functions all it's parts. They work. Cool." Then I looked in the mirror; "and you're kind of cute too. Nice body. Thank you body, for putting up with all this shit that I've done to you and all the judgment. Thank you body, you're wonderful and I'm so grateful for you." And what happened? My body changed. It started looking they way I kept trying to judge it into. It changed into exactly what I wanted it to look like, that I thought that I would create from judgment. And that's the other lie you buy with the supermind. Is that you can create from judgment. You do. But you create destruction from judgment. There is no generation in judgment. Those two cannot co-exist either.

So, are you willing to jump? Are you willing to see at the very least that there's going to be a net at the bottom? More than likely you're going to find that you have wings. Are you willing to have a change that is so different in the world and in your life that you as the speed of space that you are undo the integers of the slowness of change?

*What could we change on the planet or in the universe that we could all make that demand?*

Everything.

What else is possible? And in that, take a few moments to be. Take a few moments to see what it would feel like to be gentle with you. And what that might feel like. And what that might open up in your life. What that might generate as a possibility. That being judgmental of you, and unkind with you, and trying to spur yourself forward at all times, and feeling like you must be wrong if you're not spurring yourself forward at all times. What would that be like? Or better yet judging you for not going forward fast enough, while you sit and don't do what you know you could do, so you have a reason to judge you, because otherwise you'd have no reason to. What would it be like to not choose that any more?

## Processing or awareness?

Most people come in wanting processing. A huge amount can be done with just awareness. The more you are willing to have awareness – awareness is senior to processing. The only reason you process is when you can't get an awareness on a subject. If you can get awareness, do you need to process? Choice, always choice. Choice is senior to everything. You have got to choose. If you are not choosing for something that is consciousness and if you are not making rewarding choices; not a reward or punishment choice, or avoiding punishment choice but a ***rewarding*** choice. When you make rewarding choices you are expanding into everybody else's world as well as your own and something that will continue to expand. **"Will this choice be rewarding?"** Not good or bad, not right or wrong, not expansive or contractive, not light or heavy – rewarding. Rewarding will include everyone else's point of view as well as your own and give you the awareness of what else is possible.


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## *Being* interesting point of view

When you are interesting point of view about what everyone says to you; you get to see where other peoples' fixed points of view are and you get to see how many people want you to become the image of you that they have decided you have to be, for you or for them? For them. You can have fun with it if you are in allowance of it and tool them. You have to be willing to tool them big time, manipulate, use. You have to be willing to use them, just for the fun of it. You keep trying to come to reason or justification for using someone. No, just use them because you can. They like that. Then you are fitting the image of you that they have calibrated as true.

Seeing what a person's point of view is give you awareness of where they are functioning from. The points of view that they are using to create their reality. In that it gives you information of what you can introduce as what else is possible. Pointing out what the point of view is, how having a point of view creates how their life is showing up, is that working for them? Would they like to change it? Then clear it.

It also gives you info on how to manipulate them if they are willing to be manipulated – like when we say; "no, you can't give that up. No way, I'm not letting you." Humanoids fall for it every time, its in our nature. Tell a humanoid they can't do something and they will be sure to prove you wrong by doing it, just because they can. You know, like we are infinite beings or something.

## Clearing Statement

Access is different than most of the stuff you have done, because what we do is we don't just talk about stuff and try to get you to change your mind. We all know that shit doesn't work. We all know it doesn't work because then we try to fit someone else's point of view over your reality as though it's going to work for you like it worked for them, and it doesn't fucking work ever. It's your life, it's not my life I am trying to impose over yours so you can live it my way. Because boy wouldn't that be great for you? NO. Your life. So what we do is we talk about this stuff so that we can bring up the energy of it and all the crap built on it or hiding behind it, then we ask questions or read the clearing statement to clear it and change it. That is the difference here.

You asked what do you do with the clearing statement? This is one of the uses. We undo where we have been functioning from other people's points of view. Where we have been functioning from the limitations of this reality and where we have been functioning from what is not true for us as though it is.


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The other thing is the more you hear these clearing statements, the deeper they run. The more layers and levels they can unlock and get to.

What we're doing is we're asking about this place of external seriousness, sadness and significance (or which ever of the clearing statements is being read) that you're holding in place and refusing to give up and we're calling up the energy of that, then we're POC and PODing it. So, instead of having this block of stone around you, we pop open a hole and you realize, "oh there's something else possible." The more you run the process, the more the walls of the jail that you've been functioning from come down, so you actually have more possibilities to choose something different.

Notice these processes sort of go in a pattern? There are sort of these blank spots you fill in with words, but there a lot that are exactly the same process to process to process? All you need to do is write down the part that goes in the blank because the other parts you can get from the other processes.

## Clearing statement explained

The clearing statement that follows is Access short speak for different energies that we are asking to clear. This is where we ask the energy to go to the point of creation of what we're looking to unlock.

**Right & Wrong, Good & Bad:** Right and Wrong, Good and Bad stands for "what's right good perfect and correct about this, and what's wrong, bad, awful, mean, vicious and terrible about this." In other words, your judgments about something good or bad. Any time you judge something or come to a conclusion about anything, nothing that doesn't match your judgment or your conclusion can come into your awareness.

For example if you decide St. George is the best place in the world to live, can anything that isn't that come into your awareness? That would be no. What you are doing is you are fixing your point of view and saying that is all that is and that is all that exists. That is good or bad. Likewise, if you go St. George is the worst place in the world to live, can anything that is not that come into your awareness? No, which means that lets say you decide it's the worst place in the world to live. You couldn't see the beauty of the mountains for example. You couldn't see the beauty of the rocks, the beauty of the trees, the beauty of the people around you. Because you have decided it is the worst place in the world to live that is all you are going to be able to see. We do that in every area of our life. Because what we are taught as kids is we are taught to come to conclusion. We are taught to come to conclusion instead of function from awareness and ask questions and see what the possibilities are.


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So this **"right and wrong, good and bad"** is the good judgments about something and the bad judgments about something. We are including those so we can undo them, so that you can have a different choice. So, for example if you decided St. George is the worst place in the world to live and you were functioning from that point of view, would it perhaps make your life a little easier if you were willing to let that point of view go? Yes, because then you can just see what is there. One thing we are not taught to do is to see what is there. Why? Because our mom and dad don't want us to see what they don't want us to see, because otherwise everything they said we'd be questioning and that might not work out so well for them; because they don't actually know why they do what they do. So right and wrong, good and bad are the judgments and conclusions, good and bad about whatever it is we are clearing. It is the things that we consider right, good, perfect and/or correct that stick us the most, because we do not wish to let go of them or we have no apparent reason to let go of them. It is much easier to look for the things that feel wrong, bad, imperfect or incorrect to ease our pain and suffering.

**POD and POC:** POC stands for **point of creation** of the thoughts, feeling, emotions immediately preceding your decision to have this, and POD stands for the **point of destruction** of the thoughts, feelings and emotions immediately preceding any decisions to lock that in place in the first place. All the ways you have been destroying yourself in order to keep whatever you're clearing in existence.

We are asking the energy to go back in time and unlock it so you can come out of the polarized points of view you are functioning from and into a no point of view place which is actually oneness. It is literally asking the energy to go back to the place were you created polarity and undo it so it is no longer polarized.

It doesn't matter if it occurred last week or a 100 billion years ago, the energy goes back and unlocks it just the same. What does that do? It changes everything that comes after that.

*So you wouldn't POD-POC if you were doing generation?*

You would do less POD-POCing. The reason you are POD-POCing is to get you out of the place where you are using so much effort to "create," to construct a reality. The difficulty as a humanoid is you have no reality. In order to have a reality you must always align and agree with somebody else's point of view. "They think this way therefore this must be what is true." If you were to be the energy and the space and the consciousness, what could be generated?

**For example:** lets say when you were six you decided; "I don't do math. I don't know math." Somehow because you decided that when you were six; just because


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you did. Let's say you did poorly on a math test or a math quiz. Or better yet, you picked it out of someone else's head and thought that point of view was yours. At six years old you go; "I don't do math and I'm no good at math." Here you are at age 45 going; "I can't even do my check book. Oh my god." So what we do is: where ever you decided you were no good at math will you please destroy and uncreate that? You say; "yes." We say; **"right and wrong, good and bad, POC and POD, All 9, Shorts, Boys and Beyonds.** Suddenly you are not only able to do your check book, but suddenly some is asking what is 20% of 62 and you go; "oh my god, 12.4, that was me, did you hear, I said that."

It literally changes your past and you show up differently now. Does that sound like fun or what?

**All 9** stands for all 9 layers of stuff that we clear energetically. We used to have to go through 9 layers of stuff, one layer at a time. It was like going through the rain forest with a pair of clippers, attempting to clear a path, getting brambles and cuts. Now it's like the super highway. Good time to come to Access, you all waited until it was easy. What All 9 does is it encompasses all nine layers of the clearing statement. Basically what we are doing is we figure there is such a big pile of shit that you call your life, there must be a pony under there somewhere. So we are just looking to get the biggest scoop possible to uncover you. So the pony you are can run free. That is "All 9."

The long version of "Right & wrong, good & bad all 9" represents: (1) How have we made this right, good, perfect and correct, or wrong, terrible, awful mean and vicious? (2) How does that diminish us? (3) How does that make us absolutely, totally, irrevocably, infinitely, utterly and eternally meaningless? (4) What are the rewards that make this right, good, perfect and correct or wrong terrible, awful, mean & vicious? (5) As [_____] what choices have we made or are we making? (6) As [_____] what creations create the commitments to the creation of our limitations? (7) As [_____] how many limitations of dimensionality hold this in existence? (8) As [_____] how many controls, definitions, limitations, forms, structures, significances, linearities, and concentricities of you hold this in existence? (9) As [_____] what are you unwilling to destroy that holds this in existence?

**Shorts** stands for what's meaningful about this, what's meaningless about this, what's the punishment for this, and what's the reward for this? That's the short version.

So when you make something meaningful, you know what that is like? You make it significant. Anything you make significant owns you. So we are clearing that, the meaningful. The meaningless is interesting because what happens is it's meaningful to you but you try to make it meaningless.


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Like when you are in a relationship and you are one of those people who carefully roles the toothpaste from the end and your beloved mate comes into the bathroom to brush their teeth and *squeezes it in the middle.* You think; "oh, but I love them, that can't be a problem." And you throw it out into the universe because you need to make it meaningless. And it happens again and you throw it out into the universe, and again and again. Finally six months later you are really angry with them for something else but you come in and they are squeezing the toothpaste and you go; "CAN'T YOU SQUEEZE THE TOOTHEPASTE RIGHT!" Oops! All that stuff you tried to make meaningless is now raining on your head like space debris.

Meaningful, meaningless, punishments and rewards. You know what the punishment is for the things you choose, right? It's that terrible feeling, it's that yuck, it's that knot in your stomach, it's the aaaaaahhh; that you know so well when you choose something you knew you weren't suppose to be choosing in the first place, you knew it wasn't going to work out for you and you chose it anyway. That is the punishment. Well guess what? The reward is pretty much the same. We think we are going to get a reward for something but what ends up happening is the reward we get is a thousand dollars on our head dead or alive. It is equally just as much of a punishment, even though we knew we were going to get a reward for it.

The long version of shorts is: What does [ ] mean to us? How do we make it meaningless? What are we punishing our self for and torturing our self with in relation to it? What are the rewards of it? How many layers and non-layers do we have in relation to it? How much meaningless glop and glop do we have in relation to it? **Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds.**

**Boys** - stands for nucleated spheres. These are pre-verbal. Basically these have to do with those areas of our life where we've tried to handle something continuously with no effect. When that occurs, we have nucleated spheres.

Have you ever done any of that work were they said you had to peel the layers of the onion? "you have to peel those layers of the onion and once you get down to the center of that onion you will be free." Except you never got free. That is because it wasn't an onion, it's this energetic structure called a Nucleated Sphere. Were at its' center you have a sphere, then another outside of that, and another and another, etc. Every time you pop one by doing some cool work, another one fills in it's place. You pop one, another one fills in, you pop one another one fills in, you pop one another one fills in. You are always working on the same layer of the onion which is designed specifically to keep you in limitation.

There are some issues which are onions, where you peel away and you get to the core of the issue, and there are some that are not. They are two different things. If


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you never get to the core of the issue, you are dealing with the nucleated spheres. A lot of what we have tried to peel the layers of the onion on is not actually an onion at all but it's a nucleated sphere. If you have ever in any lifetime done peeling the layers of the onion as a way to clear an issue and it doesn't clear, it's because it's a nucleated sphere. After 25 billion years of peeling the onion, you never get clear.

Nucleated spheres are like kids' bubble pipes that have five little chambers in it and you blow in it and it fills up with bubbles. You pop one and it fills in, you pop one and it fills in, and the issue never goes away. You are working on it were the bubbles are, but the source of it is over here where someone's blowing. The issue doesn't ever truly go away.

How many onions have you peeled over the lifetimes, over the years, over the generations, how many of them are still making you cry? Everything that is, all of that that was never onions but was actually nucleated spheres will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Thank you. **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

How many nucleated spheres do you have that you've misidentified and misapplied as the incomplete onions of your life, and everything that creates all that, can we destroy and uncreate it please? **Right and wrong, good and bad, all 9 POD/POC shorts boys & beyonds.**

**Beyonds** - is a feeling or sensation we get in our body which stops us dead in our tracks. Did you ever get a bill which was way more than you expected? For me it was a cell phone bill. I got a cell phone, it was the coolest think in the world. I was talking while driving. "I am driving and I am talking, lets just talk about something because I am driving and I am talking, this is cool! Oh my god, I am walking down the street and I am talking. This is cool. What do you want to talk about? I don't care, let's just talk. We don't' have to talk about anything. I just am talking on the phone while I am walking down the street, this is so cool! I'm miles from my house, this is amazing!" Then you get that bill, you are on the $39.99 a month plan and its $875 dollars. That is a beyond, everything stops and solidifies in time, space, dimensions, and reality. It's beyond you ability to describe, beyond thoughts, beyond feelings, beyond emotions. It is these sensations that are so intense they stop you dead in your tracks. We have lots of areas in our life where we freeze up. Anytime you freeze up, that's the beyond holding you captive. That's the difficulty with a beyond: it stops you from being present. All the beyonds creating the eternally beyond keeping you captive, can we destroy and uncreate all that now please? **Right and wrong, good and bad, all 9 POD/POC shorts boys and beyonds**


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Beyonds include everything which is beyond belief, reality, imagination, conception, perception, rationalization, forgiveness and all the other Beyonds. Beyonds are usually feelings and sensations. Beyonds are implants and explants that have only feelings and sensations to them. These are very valuable tools to have in our tool kit, because when we have feelings and sensations about anything, it's beyonds! Beyonds are a specific implant designed to limit us. They are usually feelings and sensations - rarely emotions and never thoughts. Most "ex" words are beyonds - excitement, exhaustion, etc.

***"All of the beyonds creating the beyonds eternally beyond,"*** is the full clearing statement when we say "***the beyonds***"

Anytime we have a feeling or sensation, ask for "All of the beyonds creating the beyonds eternally beyond keeping you stuck in your tracks and stuck in your life, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? Thank you. **Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds**

How many beyonds do we have controlling, dominating, manipulating, creating and destroying us, our BHCEEMCs, our lives, our existence, our relationships and our money flows? **All of the Beyonds creating the Beyonds eternally beyond, Right, Wrong, Good, Bad, All 9, POD, POC, Shorts, Boys, and Beyonds.**

What we are doing with the clearing statement is we are taking as much as possible of what you use to lock limitation in place and asking it to undo and unlock.

Everything in Access is about doing short speak. Once you recognize and perceive an energy, the energy is what really carries it, not the words.

**EXAMPLE**
What happens is, you can perceive an energy and not know what it is. For example; have you ever been in an interaction with someone, were you didn't have clarity with what was going on? What you can do is ask; "everything that doesn't allow me to have clarity and ease in this situation" get that energy, perceive that for a moment. Ask; "every where I have cut off my awareness and knowing in the past which keeps me from having the clarity I'd like now, and everything that is there that I don't want to see, and don't want to perceive, that I perceive anyway, but are trying to shut off," rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**


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Look at that situation again, does it feel any lighter to you? That is how you use the clearing statement. Literally it can be used on any area of your life. We are using those words to access energy, which is what words do ideally.

You can say stuff like that; "anything that doesn't allow me to perceive today as a beautiful, joyous day, **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

It's got so many uses. Literally it can be used to unlock anything where you are not having clarity and ease and fun and joy.

The other part of it is **rescind, revoke, recant**, everybody can get what that is, right? The one that gets people is **reclaim**, people say; "I don't want to reclaim this crap!" What you are actually reclaiming is the you that you gave up by taking a fixed point of view and holding a limitation in place. **Renounce, denounce, destroy and uncreate**; you are doing that to all of the limitation you created. You as a being, the state of beingness is joy, bliss and ecstasy. You as a being should experience, should have available, all the time; joy, bliss and ecstasy. **Right and Wrong, Good and Bad, POD and POC, All 9, Shorts, Boys, and Beyonds.**

If this doesn't make logical sense to your mind, be grateful. Our point of view in Access is, "A mind is a dangerous thing, waste it." If you're thinking, you're stinking. Your mind can only define the limitations of your reality. What we're here to do is break the limitations of that reality so you can create a whole new world. Your mind is a calculating system that is only here to define what you already know. We're here to wipe out your mind and give you a clean slate.

You will have a different way of functioning as a result of this. Once you wipe out your mind as the regulating system of your life, then you get to function from knowing. Your mind gets in the way of knowing. We've all had those moments, when with the snap of your fingers you knew everything, and you went, "Wow, that's so cool." Can you think yourself into those positions or do you find all the objections to why you can't do that? Your insane mind has all the answers to how you create the limitations of your reality. Your logical mind justifies everything you do and does nothing to create the infinite possibilities. If your mind truly worked, you would have been out of all these messes in the entirety of reality already. If you *know* something, it's instantaneous. It does NOT require figuring it out.

You will notice that you are different after these clearing statements. It can take about three weeks for you to really get the result and really notice the changes.

Every time you give up one of these pieces of crap that you created, at least 350,000 other people get free. For every person in this room, for every point of creation we run (every time we say the clearing statement), 350,000 people get free. Sad, huh? If


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you were the creator of something and you give that up, 3.5 million other people get free. That's why we love it when the creators (we call them perps, short for perpetrators) show up!

Notice I am reading the same process over, and I may read it over and over. Until we get to enough of it being gone for you guys, that we can move on. What these processes are doing: everybody knows what perpetual and eternal are, right? Continuous, never ending. **Perpetual and eternal creation of supermind**. In other words, you are the one creating this in your life by choosing this and choosing to connect to it. **As the solidification of time, dimension, realities and significance**. If you have time, space, dimensions and realities; which of those just is and which of them are a creation? Is time an *is* or a creation? Creation. Is space an *is* or a creation? Space is. Are dimensions and *is* or a creation? They are a creation. Are realities an *is* or a creation? They are a creation. The only thing out of those that actually is, is space. Space is what you as an infinite be actually are. Space is how you as a being can function. Every fixed point of view you take limits that. Every single point of view you have limits your ability to be space. You learn at a very young age to start solidifying your reality into having to function according to time. Do little kids initially function according to time? Or are they just; "na-ahw I don't care what time it is I need to eat now. I don't care if you are sleeping. I've got to eat NOOOOOOOWWWWWW!" And they make it known, they don't care about time. Dimensions, reality. Do little kids have a reality? No, they just are, they are just being them. They don't care what your point of view is about them, they are just being them. Until they learn that that gets them in a lot of trouble. Then they go; "oh, I better learn to create reality."

I know I am frying your brains here. Please get I'm frying your brains on purpose. I'd like you to be able to be aware, not necessarily mindful and mind chattery. If you can't figure out what I am saying, go with the energy of it, you are in the right place. And there is no right place. You can't do this wrong. There is no way to do this wrong.

*Why are all of these things all so nonsensically wordy?*

**Exactly. Nonsensically wordy is a beautiful way to put it. They are, they are designed to short circuit your brain. They are designed to short circuit your mind and they are designed to short circuit your supermind so that you can actually see what choices you have available.**

## Destroying and Uncreating

The only way you can create in the moment and be on the edge of generation of your life is if you're willing to destroy everything you have decided is your


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experience. Then you can receive everything that is available to you, and all possibilities show up. When you destroy and uncreate everything you've decided your experiences are, you've actually opened the door to constantly be in the state of generation of your life rather than living it based on the past. So you destroy your history, then today becomes the gift.

There is a great quote, "Yesterday is history, tomorrow is a mystery, you are the gift when you are present." You'll know the past is destroyed, when it's not there any more, you've destroyed it. If it keeps coming back, keep destroying it, and recognize there's something you're not willing to let go of. If you have completely destroyed the entirety of your past, what choices do you have? Every day would be right now. The only way you can truly be in the present is if you're willing to have simultaneity. You do not make the past more important than the present, nor the possibility of the future an impossibility. Is it a truth or a lie that you have no capacity to know what the future is? When you function with the awareness of the knowing that the future is there, that it exists, then you can be totally present because you're not trying to create the future from the past. You can't ride a horse from the past, because you'll fall off.

*When I am destroying and uncreating those are those other people getting free too?*

Yes.

*Even if they are squeezing with all their might?*

Yep. It gives them less to squeeze on. It's like, when you loose a hundred pounds, they have less to squeeze on, it's like that.

Notice what I am asking is I am asking you to destroy and uncreate what ***you created*** in any lifetime. The only thing you can work on is what you created and what you created that allows anyone or anything to control people to create a lessoning of them.

Notice I wasn't saying; "hey, go burn this down." No, no, no, no, no, what I am saying is undoing what you created that allows the limitation to exist. That is how we create change in the world.

You know that thing, if you desire change in the world, ***be the change you desire to see.*** That is how you create change in the world. Two things, by being the space of possibility that is a different possibility. In other words, by not buying into the supermind. The other thing is by destroying and uncreating everything that you created that creates limitation.


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## Indefinite Life

Now the processing used to say **"creation of indefinite life"** and now we have changed it to **"generation of indefinite life"** because it is no longer about the construct of what indefinite life is; it's about the possibility of the generation of indefinite life if that is what you choose. And if you choose to die, that is fine too. It is just a choice.

*So this is a key to indefinite life span?*

Yes. The supermind eliminates the idea that you could have an indefinite life span.

Indefinite is not a time frame, it is out of definition. You are not going to do it from a defined point of view, you are going to choose. Indefinite life means the opportunity to choose when and where, how and why, for what reason. The whole idea is choice.

We talked about "indefinite life" is not immortal, it's not mortal, it's indefinite. It is not defined, it has no definition; which is the reason we use it in the process. Because once you are willing to be totally undefined and have totally no point of view about your life or what it is or what it isn't, then you are actually free to generate any possibility you might choose. Sound like more fun? Rather than; "I'm 66 right now, my body is sort of doing the things the body of a 66 year old would do." If you are doing indefinite life, do you have a point of view about what a 66 year old body does? No, you are not bright enough to have a point of view. Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

As long as you're not willing to generate indefinite life, then you have to do the supermind version of having a certain life span. With this "generation of indefinite life," it's no longer "this is my drop dead date; this is when I get old and die." How many of you have a drop dead date? How many of you have an expiration date and you don't want to acknowledge it, and you don't want to be aware of it, and you don't want to know it, but you are still heading there any way. How much of that is generated by the supermind? All of those, will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate then and return to sender with consciousness attached now please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Most of that stuff is already pre-programmed by the supermind. Supermind is what says this is your life span, if you go longer than this you are going to be all alone, deserted, destitute, there's not going to be enough money for you. It starts


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delineating all the reasons why you don't want to live any longer. The integers and measurements.

Indefinite life is not defined by anybody else's parameters. What if you created your life for you? If you do your whole life without justification, reason, judgment and beliefs, it will all happen very easily. What if you were space, not what you have defined yourself as?

**Exercise – how long would you body like to live?**
What if your body didn't have to die at seventy or eighty or ninety?

Ask your body right now how long is it capable of living. More than a 100 or less? *More*. More than 200 or less? *More*. More than 300 or less? *More*. More than 400 or less? *More*. More than 500 or less? *More*. More than 600 or less? *More*. More than 700 or less? Yep, now we are getting into the hum? More than 800 or less? More. Most of you got somewhere around 700 or more, so between 700 and 800 years your body is capable of living? Cool.

Then we must do some nasty stuff to them to kill them by 70, huh? That nasty shit is what you call your life. Every place you make yourself right you kill your body. You start the process. Then you make yourself right again and you add to it, again and again. Okay, fine, no problem. All you have to do is go; everything I thought was good about that and everything connected to the supermind, destroy and uncreate all that shit. Let me have a different life now. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## When the clearing statement isn't running any more

What will happen is we will run these processes layer after layer after layer and what ends up happening is we get to a point were that is all we can run on that process. You have gotten all the benefit you are going to get out of it for now. Yet, if you were to go and run the process tomorrow, there might be something on it.

What we do is peel off this layer and this layer and this layer and we get to the bottom of what we can get to for now, sort of like the base layer of it and we undo that; then it's like there is nothing else that reads energetically about that particular process. You read it tomorrow, it might read, it might have something that would come up that would clear.

DJCCs, triangulations, specific gravities, and conflictual paradigms and realities, all of these are connected to the supermind. So how much that is not reading is because you are disconnected just enough from the supermind, that it doesn't currently read? Everything that would allow it to read in the future, will you


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destroy and uncreate it? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Also, because you are connected to so many other people you may think it reads on you but it may be reading on you because you realize it's what somebody else you are connected to has and you know you are going to have to deal with it. Is that a connection of the supermind? Sometimes but, not always. Basically what it boils down to is if you feel particularly caring, kind or loving of someone you will try your best to make them have a different reality too. So you will be aware of what they have that is limiting them and limit yourself to a certain degree, in order to make it so they don't have to suffer. You are nice and cute, you are just not smart.

If it doesn't read on you now, it could read on you another day possibly but probably not. Because of the way these classes are arranged, literally if you are at this class you clear all the issues according to what the group has. **The reason everybody shows up at the class they show up at is because they all have the same issues.**

## Oaths, Vows, Fealties, Comealties, Swearings and Commitments

These are the things you did to make a commitment to someone or something. If you're going to make a commitment, you might as well go into the insane asylum now. These are places, in time, where we chose a polarized point of view and swore allegiance to it.

**A fealty** is an oath to a liege or a lord who you have decided is greater than you: a blood oath, basically.

**Comealty** is a fealty and commitment married into our physical structure; it's a fealty mingled within our blood.

If you see someone across a crowded room and you say, "Oh, they're the one!" then you have to have oaths, vows, swearings, fealties or comealties to them from another lifetime. The problem is, we make these commitments. In the marriage ceremony, it says till death do you part. Does a being ever die? Oops! To get free, run:

All the commitments you made to other people in other lifetimes, including this one, and all the oaths, vows, swearings, fealties, comealties, and commitments to love, honor, cherish till death do us part, will you now rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all that? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys and beyonds.**


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You can run this on everybody in your life, so that you're not compelled or compulsed into doing whatever anybody else wants. When you remove all this, you can be totally present with the person you're with. It means you can follow the energy when having copulation, and you can ask for what you would like knowing that the person can hear what you're asking for.

How many oaths, vows, swearings, fealties, comealties, commitments and promises do you have to make sure you will never be as great as you truly are? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How many oaths, vows, swearings, fealties, comealties, commitments and promises do you have to make sure that you will never love your body? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

How many oaths, vows, swearings, fealties, comealties, commitments and promises do you have till death do you part? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

You as an infinite being never die. So, when you make any oath, vow, swearing, fealty, comealties, commitment or promise "until death do you part" if follows you for every lifetime until you let it go. Will you know rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all those oaths, vows, swearings and commitments? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You wonder why you look across a crowded room and are so instantly attracted to that person, there is so much passion, remember that thing of "passion" being tacked up on the cross? You know why you have so much intensity of passion? Because you are getting together to kill each other like you didn't get to last life time. If you look at the relationships that started that way, you know what I'm talking about. So if you have passion, run like hell or get hung like hell – take your pick.

How many oaths, vows, swearings, fealties, comealties, commitments and promises do you have to being as unconscious as the rest of the world? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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How many oaths, vows, swearings, fealties, comealties, commitments and promises do you have to create the armor plating of this reality and the religious jihads that destroy everyone in this reality? Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What generation of awareness without reason or justification are you absolutely, totally, eternally, irrevocably, infinitely and utterly refusing that you truly could be choosing, that if you would choose it, would change all realities and non-realities and manifest as the generation of indefinite life and the absolute destruction of all oaths, vows, swearings, fealties, comealties, commitments, promises and supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Would you be willing to wake up tomorrow morning and not know who, what, where, when, why, how, or that you are? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How much energy in this lifetime have you unwittingly given over to the oaths, vows, fealties, comealties, swearings and commitments of your past? Are you aware that they lock you into having no choice? Everything that is, everything you did to decide that they were a better idea than actually being aware, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

You have substituted oaths, vows, swearings, fealties, comealties, and commitments for awareness as though that will create security and awareness. You are refusing the awareness of choice. If you are truly aware, you know you have choice, you would not create oaths, vows, swearings, fealties, comealties, and commitments to get someone to stay with you as though that's going to work. As long as these oaths, vows, swearings, fealties, comealties, and commitments are in place, you are creating your future based on the past you swore to uphold. You have bound yourself for all of eternity by your unwillingness to be aware.

When you have a commitment to having followers, you can never have someone show up in your life who can show you the greatness of you. How many of you have commitments to having followers? What if you knew you can lead if you choose, and you can follow if you choose? You want to lead or follow, but you never want to be led or followed. You don't want a life of ease, joy and glory, or do you now? Maybe? Everywhere you decided that was a bad idea – I don't know if I could handle that one - will you rescind, revoke, recant, reclaim, renounce,


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denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Your job is neither to lead nor to follow; it's to be an infinite being. You can choose to do or be anything – that's what you've got to get to. Then the dance of your life becomes one that's beautiful without choreography.

## Commitments

If you are not willing to be everything you are, you have to give yourself away.

I had this girl I was dating, fine; I had a girl I was having sex with. Hello, why else do you date? She was talking with Gary and she said; "I'm afraid Dain will hurt me." Gary and I were talking and he told me this and I promised her I would never hurt her, I would never do anything to hurt her. Guess what she did to me? She used every possible way she could of hurting me. Every possible way she could and I handicapped myself, I took away my ability to act and to choose by promising her. Creating an oath, vow, fealty, comealty, swearing, promise and commitment that I would not hurt her, ever. So she got to literally get to the point were she almost killed me before I went; "okay, whatever I decided, I'm over it." Are you going to let you get to the point were you almost die before you are willing to get to the point were you say; "whatever I decided I'm over it." How many oaths, vows, fealties, comealties, swearings, commitments and promises do you have from other lifetimes to not be or do evil? To not kill? And to not do anything that goes against any church, cult, religion, college, school, university, institution and academy? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

**Here is the other thing; every oath, vow, fealty, comealty, swearing, promise or commitment locks you into a point of view that you can not change unless you get rid of it.** So for example; some people have a commitment to being a good parent. Even that sticks you. Here is why. Because you have all kinds of judgments about what being a good parent is and you have to adhere to those, you don't have any other choice and maybe that is not the best tool for the job at the time. Also, the idea with this commitment is that you wouldn't be a good parent without it. Is that true, or is that a blatant lie? So you are trying to force yourself into being what you believe you wouldn't be with out the commitment, that you already are. What happens when you give up the commitment to being a good parent – see some people have the point of view that being a good parent is letting their kids walk all over them. That is not being a good parent. Being in allowance of your kids is being a good parent. Being in allowance of your kids means, yes you let then do as they choose and then when they are about to step over a line you go - NO. It is not that you let them walk all over you.


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This commitment idea, what it does is lock you into a point of view where you have no other choice. So even if you have commitments to a church; that would seem like a good thing to you. If you were to let those go, you would have even more choice about how you could show up there. If you have commitments to a relationship and you let those go you could actually choose the relationship every day to be in it and to generate it. And not be there simply by virtue of this commitment that you made.

How many oaths, vows, fealties, comealties, commitments, swearings and promises would you be willing to let go of? How many of them are actually from the supermind? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

And all the oaths, vows, fealties, comealties, swearings, promises and commitments you have locking you up, connecting you to the supermind and connecting you to all the forms, structure and significance that is designed to never let you go free, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

How many of you have misidentified and misapplied that the supermind is the universe and that the universe is the supermind, and that the sum total of what exists is supermind? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Will you give you your commitment to facilitating consciousness for humans please? I already told you what a commitment does, right? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate all oaths, vows, fealties, comealties, swearings, commitments and promises to creating consciousness in humans? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Commitments – why they limit us

*I've had cancer in the last year and I've said that I was committed to health.*

Would you be willing to destroy and uncreate that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

She said she's had cancer in the last year and she's committed to health. Do you suppose if you are committed to health, notice she didn't say committed to the


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health of her body? If you are committed to health do you suppose you might have to take all kinds of shit out of all kinds of bodies that are unhealthy to make health a reality? You see how this shit fucks you up? You think you are getting one thing, you get yet another. Which is why having these commitments in place is so detrimental to you. You think it is a good thing, I get that. And yet, every single one of them, except the commitment you make to yourself to be all of you – that is the only commitment that is not going to lock you up. Everything else has these other definitions attached to it that you didn't bargain for when you made them. But that is okay, hold onto them. I can feel some of you in the room going; "I'm not letting mine go, you're wrong, you're lying." Is that you or is that your supermind talking? Good, hold onto that too while your at it. I hope it makes your life fucking enjoyable. Everything that is for those of you who are willing, will you destroy and uncreate it please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

The only time I get in trouble is when I get vested in desiring someone to change something. When I want you to change it more than you want to change it. You know what, I'm getting over myself again.

Will you give up your commitments to Access and consciousness and I'll tell you why in just a minute? Yes? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Your commitments to Access, you attach all kinds of stuff to that but let me talk about the commitment to consciousness because it might explain it. If you make a commitment to consciousness in some lifetime; literally with this commitment you are energetically saying I give myself no other choice ***but***. What if some lifetime somebody came along and convinced you that consciousness was killing all little babies? You would have no choice other than attempt to kill all those little babies because of your commitment to consciousness and somebody misidentifying and misapplying that for you. Any time you misidentify and misapply something, you are buying a lie. For example, if you have misidentified and misapplied that the supermind is the universe, every time you go to access the universe you go right back to the supermind. Nice. You are buying a lie every time you misidentify and misapply anything. For example if she misidentified and misapplied her commitment to health as a commitment to her own health, she can't see the other ramifications that is has. So what have you misidentified and misapplied as you, that isn't, that is sticking you? Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

*You are saying if we have that commitment to whatever it is we have misidentified and misapplied, it feels like you are taking away choice then.*


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Yeah, "it feels like you are taking away choice," how much of that is the supermind telling you that? All of it. Is choice solid? No.

*It is inconcrete.*

It's beyond solid, kind of like the energy of cancer. So, how long have you been taking that out of other people? Attempting to get them to live, when they didn't necessarily want to? A little, a lot or more than all? Can I ask you something? Do you care about people more than you have been willing to acknowledge? Will you do me a favor? Will you acknowledge that? How many of you care about people way more than you've ever been willing to acknowledge? Have you personally been willing to die if it meant that they might live and be free? Yes or no?

*Yes.*

How many of you in here have been doing that very thing? If you stopped, what would happen? Would they then have to choose to live, instead of sucking the life out of you and your body to get life? Are you willing to give them the gift that is choice? Are you willing to not have to surrogate for them and their lives. Thank you, **right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

All of the oath, vows, fealties, comealties, commitments, swearings and promises that you have that you will die so that they might live, truth, will you allow yourself to live so that you can be what might allow them to choose life instead of killing yourself so they don't have anything else to see other than death? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Revokes and Recants

This can be done on any area of life we feel stuck in--sales, parenting, whatever--and it can be done without using POD-POCs.

I revoke, recant, rescind, reclaim, renounce, denounce, destroy, and uncreate_____....fill in the blanks of all decisions you have made about something that's sticking you. No matter what decision you have made about anything, you have made a conflicting decision that is keeping things from moving.

This can also be done with commitments that require revoke, recant, rescind. Identify the commitments made in any area of life.


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I revoke, recant, rescind, reclaim, renounce, denounce, destroy, and uncreate all the commitments holding this in place eternally.

## Misidentification and Misapplication

Wherever you get stuck in your life, you have to have misidentified or misapplied something. Whenever you have misidentified or misapplied something, you have created it as a lie. When you create a lie about what something is, you cannot change it. If there is any part of your life that is not changing, you have to have either misidentified or misapplied something, or bought a lie as a truth. If you buy a lie as a truth you will never get rid of it. You cannot change a lie. If you keep trying to make the lie a truth you stick yourself terminally. This misidentification/misapplication prevents you from ever being able to be truly free in that area of your life.

What have you misidentified or misapplied money as? **Right and wrong, good and bad, all 9, POD and POC, shorts, boys and beyonds.**

Whatever you misidentify/misapply money as is what you are unwilling to receive it as. If you have misidentified/misapplied money as freedom, then you cannot receive it as freedom.

What have you misidentified and misapplied _____as? Will you revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

The two main forces that motivate people to choose consciousness are pain and no money.

How many times have you misidentified and misapplied paranoia as a survival instinct? Will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate and claim, own and acknowledge that? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

How many times have you misidentified and misapplied embodiment or the necessity of being as paranoia? Will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate and


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claim, own and acknowledge that? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

How do you know if something is real or if it's a manufactured reality? Ask, "Would an infinite being really choose this?"

What have you misidentified or misapplied feelings as? Real. Everything that is, will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

What have you misidentified and misapplied pain as? Real. Everything that is, will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

How many times have you used pain as a motivating force? How many times have you used pain to motivate you to choose consciousness? Will you claim and own that you have used pain to motivate you for consciousness? Would you now choose to choose consciousness and give up pain as a motivating factor? Everything you have done to use pain as a motivating factor to choose consciousness, will you please revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

What energies have we misidentified and misapplied pain as? Everything that keeps you from identifying the truth and reality of that energy, will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**

How much have you warped into or out of your body in order to create the reality of pain and make it a solidity? How much force of energy must you do in order to create that much pain? Will you please revoke, recant, rescind, reclaim, renounce and denounce everything you aligned and agreed with and resisted and reacted to that allows any and all of this to exist and destroy and uncreate it utterly please? **Right, Wrong, Good, Bad, POD, POC, All 9, shorts, boys, and beyonds.**


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# Facilitation – get ready for class

As a facilitator, how aware can you be of where people are at in class? What can you perceive, know, be and receive to have more ease with that? What are some things that can make it easier for you? This next section is to give you even more info on just that.

Going, or not going to class

*But you still have places you know you got to be here or be there?*

Yes.

*And if you don't feel like showing up?*

It's not "not feel like showing up," that's not a potent enough reason. You can make dates, you can make appointments, you can create stuff and know that there are certain places that you have to be.

*So if you were feeling like crap before you came here, you would cancel?*

No. See for me what happens is…

I knew I was coming to Korea. Did I feel like crap days before? Yes, as a matter of fact I did. Did I want to get on the plane for 12 hours? No. Did I want to come here (Korea)? Yes. By the time I got here my head was hurting so bad I couldn't move it. Simone put her hand on my head and I asked her for some Ibuprophin (Asprin). And I never take Ibuprophin, or anything else. But I'm functioning from what consciousness requires of me.

For me I'm a slave to consciousness. Gary was the first person I talked about this with and put into words what I knew was true for me. But as a slave to consciousness you do what consciousness requires. For me choosing for me is choosing for consciousness. I'd love to say that I'm choosing consciousness 100% of the time. Well I'm choosing consciousness a whole lot more and a lot easily now; than I used to 7 years ago, than I did a year ago, than I did 6 weeks ago. That's because I'm willing to not exist. I'm willing to have everything that I have cared to be right, now go the fuck away and not have a point of view about it. So for me I'm a slave to consciousness; which means what consciousness demands, I'm there for it. If consciousness demands 'go run through Soul naked' ok. But is consciousness going to demand something like that of me for no reason? No. Consciousness will demand what creates more possibility in the world.


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## Awareness of what is "up" for the class

As you are facilitating everything that is going on for you is your awareness of what is going on, or "up" with the class participants. It's not your difficulty or problem or what's wrong, it's your awareness of them. Everything going on in your body and in your head is awareness of what is going on with them.

Let this be an interesting point of view and information for following the energy in class. Following what to talk about, where to go with it. Awareness of it shifting and changing, or not.

Remember, your body is a sensory organ there to give you information and awareness of everything going on around you, or going on in whatever space you are occupying and what or who that includes.

Also, the most awesome facilitation is the class you "think" you did horrible at.

Not going into other's universe to facilitate
*About going into other people's thoughts, feelings and emotions, I don't know if I know how to facilitate without doing that.*

Let me give you the question. **"What energy, space and consciousness can I be that would facilitate more space for them and me?"**

The difficulty is you believe you have to be included in it. I know you guys believe you have to believe you are included in things, which is why when your mom did trauma and drama you didn't buy it at all and get traumatic and dramatic right there with her, right? Only totally. When your relationship did trauma and drama you thought you had to be included in it so you did trauma and drama right there with them right? Even if you knew there was another choice. What happens is you believe you have to be ***in*** something in order to find a way out. **That is incorrect**. You can stand out and get large enough to perceive it and have it in your universe to where you can totally see it without being swallowed up by it.

It requires your choice to be willing to be large enough to not be the effect of the thoughts, feelings, emotions, sex and no-sex of other people. Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

## Aware of what others can receive

Are you aware of what people can receive?


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The thing is, what was in her head about it was that she's so cool and that people can't receive it, or that she just can't show up around those people. No they're unwilling to receive that level of intensity that you can be. They will refuse it. They will attack you in not nice ways. Ok no problem. Here's the thing. If you change you, who wins? They do. Their limitation wins out over your awareness. Now does that mean you be totally ambulant when people can't receive it and shove it in their face? Sometimes, if you feel like it. But it's not your best option. What about not cutting you off and giving them only what they can receive? See if you give someone more than what they can receive, they will return it to you with daggers attached. The way to truly honor someone is to look and see what they're actually willing to receive and give them that.

Deliver only what they can receive and they will be grateful for you, deliver more than they can receive and they will run or throw daggers.

You can be whatever each person in your classes (or your life) can receive all at once – you are an infinite being aren't you? Just ask yourself to be that and be it. Be you ***and*** deliver what each person can receive. Be more space then all of them, not less and you will have total ease with this.

## Facilitation from where the class is at

Ask yourself: ***"Will this question facilitate the class?"***

Facilitating a Foundation class or being in a Foundation class, asking "will this question facilitate the class?" can be helpful to refrain from trying to take the class to Costa Rica, rather to go at the level and pace the class is currently at.

**Just because you know what else is possible, doesn't mean they can go there. Be willing to recognize that and invite the awareness that there is more possible. They have to ask a question for you to be able to give them anything.**

## Pulling energy from everyone & everything around you

Start asking. What else is possible?

Do you ask for energy to come to your body, or do you assume you have to somehow generate it, eat it, or find a way for somebody to give it to you, or somebody has to send it to you, or there's something special for you if you do the right thing, or God will give it to you if you pray hard enough, or you get it from sleep? Energy does not come from food or sleep. When you ingest lots of food, it


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actually requires more energy to digest the food than the energy you get from the food. What if you were to open the channels to receiving from all things?

Right now, pull energy from the walls, the ceiling, the floor, from me. How does your body feel? Why don't you do that all the time? Do you ask your body to give you energy or do you assume your body has no energy?

You can do this before class, during class and invite the class participants to do this as well.

## Are you looking at who isn't changing instead of who is?

The part in this that has stuck me – not right now, but in the past; is where I can also perceive the places in people's universes where rather than being willing to have that and be that, they would much rather judge me and Access and make it wrong. Sometimes as a facilitator, instead of being willing to truly embrace the change that people are having, sometimes you look at those that are not changing and wonder "what else can I be doing? What else can I be saying? Who else could I be being?" And sometimes we do that in our lives, oh yeah, a lot of times. We are always looking to the person who doesn't get it and I recognize that with you being able to read that, and who you are showing up as, and who a lot of people in here are; when you look around, do you see people being different than when they walked in the door?

Be willing to see who is changing, who is choosing something different also.

## Changing others when they don't want it

The problem was that everyone told you that everything you chose was wrong when you were growing up. You notice you couldn't really make a right choice? Why? Because you couldn't make the people around you happy. Why? Because they weren't willing to be happy. You came to make your mom and dad happy, you gave then a chance and they didn't take it and you made you wrong for it. You gave these idiots a chance for happiness and they didn't want it. It wasn't that you were wrong, it was that they couldn't see it as an actual possibility because they had bought into the limitations of the supermind and this reality around them as more real than them? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate everything that is? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

It requires you to be in allowance of no one else changing anything ever. And, you being in allowance of how different you are that you want to change everything yesterday. You are different, be in allowance of that too. It's is part of what makes


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you great, just because other don't choose it doesn't mean you have failed at anything.

As a facilitator, when you are trying to get someone to change and they are refusing it, you are an asshole if you keep trying to make them choose differently. It's their choice, not yours. Even if they don't change a thing, if you are in allowance of that, they may come back for more. If nothing else you'll make some more money. Maybe that is all they are there for – to give you money. What do you know?

**For example**
You can't take death out of people who want to die themselves, without killing yourself.

*Like if you jump in to save someone who is drowning, you can drown with them.*

Much better to throw them a life line, rather than jump in with them, because they will drown you too. That is actually a perfect example she just gave. Somebody is drowning in a river, you jump in to save them. What is going to happen? You will both drown because they are in such a state of panic they will take you down with them. If instead, you drive up in a boat or throw them a life raft, you might actually facilitate a change in the situation. How many of you have been jumping into the cesspool with those that are drowning there by their choice and trying to take them out of it even though they didn't ever ask you to? If they wanted to get out of it, they would get out of it. That is how you'd know they wanted to get out of it, because they would. Do you get that? They would ask you a question. Like; "hey, how do I get out of this cesspool? I'm tired of the pieces of shit that keep floating into my mouth." Just bringing it home for you. Do you get that? If they wanted to get out of it they would ask. What you have been doing is surrogating for them and their life, you've been giving them energy, while taking on their pain and suffering as though that would finally make them whole and happy and make them want to live. Has it worked? **No.**

Would you consider just turning that 180 degrees and making a different choice? Where instead you let them have their pain and suffering, their misery and even their disease because only when it gets bad enough, might they actually change something else. Hasn't it been the case for you? How bad did your relationships have to get before you left? Pretty fucking bad. It is going to be different for them based on fucking what? They are denser than you are. It is going to take more pain and suffering for them to change. Will you give them that gift please and let them have that? And destroy and uncreate everything that you've done to take it out of their universe so that they might live while you die? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**


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*So when we are doing that taking pain and suffering out of them when they aren't asking for it, are they perceiving that and start judging us more for what we are doing.*

Often times, often times they get pissed off at you, you superior bitch. "I want to die bitch, stop trying to keep me alive. What part of I want off this planet do you not get? Stop trying to make me feel better." That is one. How many times have you been doing this wonderful thing for somebody and then they get mad at you? Why? Because they didn't ask you for it. The other one is, they will create more trauma and drama, the more you take out of their body and the more you take out of their life.

So my darling, dear, beautiful friend, are you truly willing to be free? No matter what it takes, no matter what it looks like, no matter who you have to kill? Yes? Truth? Do you desire to be free of cancer? *Yes.* **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

For you literally it was no matter who you had to kill that you have to get to. Who knows what is going to happen from here. There may be more, there may be something else but this part was an essential step in getting there. In so doing and in asking about it, you have actually shared a gift with everybody here.

For every one of you, what is it in your life you have been unwilling or unable to change that you would actually like to change and be willing to now? Would you be willing to? Would you be willing to actually have change? So let me ask you this? Who would have to die for that to occur? Who or what would you have to be willing to kill to have the change in your life? Who or what would you have to be willing to kill have change in your life? Who or what, go to insane mind answer please.

*All of the illusion.*

Some of you have the point of view that there is a "someone" you would have to be willing to kill. Would you have to be willing to kill your parents energetically? If you are not willing to energetically (I am not saying, take a knife to them. Please get me.) what happens is you uphold their values and beliefs exactly as they are and were because you are unwilling to kill who they think they are, and if you were to choose something different it would kill who they thought they were, cause they would have to either look at that and align and agree or resist and react, or change. Is that what you are unwilling to be in the world; is the change you truly are? Is that what keeps you stuck in purgatory?

Is that what keeps you looking at your life for every little problem and trying to fix it, instead of getting as big as you are were the problems of your life become absolutely irrelevant and cease to exist? Have you been refusing to be the agent of


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change you truly are? And is that what is keeping your life from expanding, from going beyond what you ever thought was possible? Will you please rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate that now and consider a possibility of changing something? On three; one, two, three. **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Those who don't want change, okay

Except for those of you who don't want to change it, you don't have to. You don't have to get anything out of this class, you can go home without any change, it is totally okay and I am fine with that. Have a good time, enjoy yourself.

Can you see that place where you could look into someone's universe and not have that be a judgment?

*I could see were if I was having a resistance or reaction or alignment and agreement about it, that I was functioning from the supermind.*

## Disconnect others from supermind, while they are in your presence

*Example, I'm about to meet with someone who I'm sure some points of view about the economic situation on the planet and is going to ask me to lower my price. I know that he's coming from the supermind. How do I approach that?*

Number one, before you get there, disconnect him from the supermind for the course of your meeting. Be the space that doesn't allow the supermind to exist. It's time to start utilizing some of your potency. Just do it. You can do it when you're in their presence. You may not be able to do it from afar, well you may but it requires a fuck of a lot of energy.

Two, you look at "they're going to ask you to cut your price," ask yourself, how does that work for you? You got two choices. It either works for you or it doesn't. If it doesn't, what would you really like to be doing that this is giving you the opportunity to do?

This is an example in business, you can also be this space in class or any place in your life. You are an infinite being, you have all sorts of potency, talent and ability; you can be it for you, to have the life you would like. As a facilitator, it's not just in class you facilitate, it is how you as a being function in life if you choose to. Does being the space that doesn't allow the supermind to connect to you or anyone in your presence work for you? Your willingness to be this in class is an incredible


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awareness that it is not a necessity to function from the supermind. That that is a choice, there is a different choice and a different possibility available – the class participants get that in a totally different way when you are being it, not just talking about it.

## Q & A about facilitation

*How do we talk about it if someone in class is using "interesting point of view" as a weapon?*

Say; "wow that's interesting." Then they can ask; "what do you mean?" "Well, it is just an interesting point of view isn't it? Is it an interesting point of view for you or is it more than that?" That is a better way of asking – "what is it for you?" or you can ask; "what does that mean to you?" Asking like you are confused. Because if it has meaning, it is not you, it's the supermind.

*I just got that no matter what it is, supermind anything – that the 10 Commandments take care of everything.*

Yep. I've been telling you forever that the 10 Commandments take care of everything.

*It doesn't matter what will come up.*

Nope. You've got the 10 tools that will set you free and everybody says; "yeah, but that is too hard. Interesting point of view for *every* point of view I have? But I've got so many points of view." No, your supermind has so many points of view. It is just a choice, but you have to choose to choose for consciousness. **If you totally choose it, it is yours forever.** If ***you*** don't choose it, it's never yours, ever.

*What about running the supermind processes?*

You can do processing or you can just say; "everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be" three times.

*It brings up the point of people who would like to be part of Access but they say; "I'm a Christian" and I say; "well you can do conscious awareness and still love the Lord."*

What you say to those kinds of people is; "we have Jewish people, Muslim people. We have children and old people." Say; "wow, that is go great. Me too. I never was able to find true happiness in any of the churches I went to, and now I'm doing this other thing that has given me the happiness I was looking for and I still love Jesus." Access is not a religion, it is not a church, it is not even a cult.


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If it is a cult it is the cult of sex and bling; otherwise I'm not having it.

Also, that is an answer, their answer. If they give you an answer, you can't give them a question; you can't give them a different way. They don't want to hear what you have got to say. As soon as someone tells you what their answer is stop talking because you are not getting anywhere.

*If people invite you to their church?*

I say thank you, I'm sorry I worship at the church of Equis. I go ride a horse. A ride on a horse in the county is the greatest church in the world.

You have to look at how people define things. Definition is what creates all forms of limitation. By defining you limit.

## Excitement or Fear?

M. how are you doing? You are almost smiling so much you are not going to be able to stop. You keep smiling like that and the world is going to change.

*Why would I be the one willing to change? Cause I have the courage to do it?*
Yes. You chose it. Does it make you feel lighter to say you are someone here to facilitate change or that you are not?

*It feels lighter that I am here to facilitate change.*
Yes, that is because you are.

*It feels scary too though.*
Is it scary or exciting?

*They feel the same.*
They feel the same in your body which is why I am asking the question. Most of us have misidentified and misapplied excitement as fear.

Gary tells this story of when he was six years old and wanting to go on the ferrous wheel and being really excited about it. And his mom says; "don't be afraid dear." And he misidentified and misapplied that that excitement was fear. Which really sucked when he went to go have sex for the first time; that was a bummer. It wasn't until afterward that he realized what he had done. How many of you have misidentified and misapplied excitement as fear? Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**


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What you want to ask when you say; "oh, I'm afraid" or "this is fearful." Ask; "is it fear or excitement?" from now on.

So is that fear or excitement?

*Fear.*

We can all see it's excitement. Who's point of view is it that it is fear, yours or someone else's? You have apparently purchased it as yours, good job. The good news is they must have had a sale that day at Crapco. How many of you have been shopping at Crapco? How many of you have been shopping at Crapco with such intensity that you have a frequent crappers card? How much of the fear that you believed was yours is actually excitement and someone else when having that much energy available misidentified and misapplied it as fear and decided it must be the same for you too? Will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Was there ever a time when you were like riding a bike or something and your mom was around and you had so much energy and so much excitement and you were so excited it scared them to death because they thought you were going to kill yourself? "Be careful dear." So you took that energy and went; "oh my god, every time I have this energy I had better be careful." In actuality what they were saying is; "I'm afraid you are going to hurt yourself." But they didn't want to tell you that because then they thought you would hurt yourself, so they said; "be careful" or "don't hurt yourself" which means "I'm afraid for you."

They were experiencing what they call fear, but also they could perceive your excitement and they had misidentified and misapplied that much energy as fear, so they could perceive it and they went; "oh my god, I have got to be afraid that something bad is going to happen." Do you all see what I am talking about? How much of what you have misidentified and misapplied as fear is actually excitement that was misidentified and misapplied because you were an excited little kid and everybody else was scared to death that you were going to hurt yourself. Everything that is will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate the insanity now? **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

Will you please step away from the supermind and return all that shit to sender? And acknowledge, yes mama; everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be. (Times 3).


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# Creating Energy Flows

This is a major tool for using in life. Energy is "The Force." This is learning how to use "The Force."

People, in life, will often present us with some of the following positions:

- Barriers — Prove it to me
- Neutral — Sit back and see
- Suckers — Suck in our energy to get attention
- Pushers — Push energy at us

We all know what the **suckers** are like, right? That person that they call and you are like, "oh god, I need to go take a nap." I'm so tired after talking to this person. Suckers are people who suck energy from you to get attention.

Everybody knows what it is when someone is **pushing** energy at you, right? Pushers are the people who push energy at you. What guys do when they really want to have sex with a girl, "hey can I buy you a drink, can I buy you a drink, hey, can I buy you a drink? You are so pretty, do you come here often? Is it okay if I tell you, how pretty you are? Oh my god, you are so pretty." That feels comfortable, doesn't it? "Doesn't that feel good right now? Don't you want to be close to me?" She is like; "I come not to judge you but I still want to kill you, okay?" How comfortable is that when people are pushing energy at you? It is the same thing people do with anger, they push huge amounts of energy.

Those people who are on **neutral**, they are like so plain vanilla you can't get a read on anything about them. They are like, is anybody home? The person who is in neutral sits back and waits for everything to show up in their life.

Then there are the **barriers**. Everybody knows what it is like to have a barrier up to you, don't you? Go into a room of judgmental people and see how it feels. When somebody puts a barrier up to you, no matter what you say, they cannot receive it. Their basic point of view is, "Prove to me your point of view."

This isn't about you recognizing what you are, it's about your recognizing what other people do. Once you recognize other people doing it, you'll recognize when you do it.

**Here's what we do:**


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**Barriers:** Normally, what most people do with people who have barriers is they try to hammer down the barrier. The way to actually handle a barrier is the exact opposite. Suck massive amounts of energy from that person and they won't be able to hold the barrier in place.

So when you go in for a job interview, or when you go to sell something to someone, or when you go to do massage on someone, or if there is someone you are kind of attracted to and want to get them to connect to you and they are not really there doing that; you suck massive amounts of energy from them. Their barriers come down and they feel connected to you.

Right now I'm going to pull massive amounts of energy from all of you – even more. Notice when I started it, when I just said that, did you feel closer to me for a moment?

That is how women let men know they are attracted to them, they pull energy from him. The man goes; "oh, I am so attracted to her." Yes, you literally are, she's sucking you in. I told you ladies, we men are not bright. It's a good thing we are cute, because we are not very bright and most of us know it; and we're okay with that, we're alright being pretty much that simple.

That is people who have barriers, you suck energy from them.

Pull energy massively from them in all directions until they connect with you and your heart opens up. You pull energy through your body, not just to it, through the whole of your body and your being. When you do that, as the barrier disintegrates, you will feel a warmth in your heart area. If you wish to control somebody dynamically, you take the person who has the barrier and you pull energy from them through every pore of your body and your being. When you get connected, you will feel more warmth in your heart. Once you feel the warmth in your heart area, you let a little tiny trickle of energy go back to them. If somebody owes you money, this is the way to get it from them. Pull energy from them until you feel warmth in your heart, then let a little trickle go back to them until you drive them crazy. It's much easier than sending out bills, because they literally will not be able to get you off their mind unless they pay you.

This is how you get a job. This is how you get somebody to hire you to sing at their wedding. When you want to get a job, you pull massive amounts of energy until you feel a warmth in your heart area, and then you let a little trickle go back to them, which also causes warmth in your heart. When you walk in the door, you equalize the energy and you are hired.

It's the same thing if you're creating a business deal. People are going to put up barriers to negotiating with you because they don't want you to see where they're


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going to give in. You start pulling that energy up front and let a little trickle go back to them. When you walk in the door and you equalize the energy flow, you'll get everything you want. You can do this before you meet the person. Call up the energy of the person (all you need is their name) and ask, "are they on neutral, are they a sucker, are they a pusher, are they putting up a barrier?" Ninety per cent of people you go to talk to about being hired will have a barrier up, because they're looking for a reason not to hire you, not the reason to hire you.

**Neutral:** Somebody who's on neutral, they are the ones who sit back and go; "let's see" about everything. You fill them up with massive amounts of energy because they are neither half full, nor half empty; they are practically nowhere. You fill them up with massive amounts of energy then they actually have a sense of self for once; and you can maybe carry on a conversation that might possibly interest you – possibly. They never have the sense that they want to get involved. Flow massive amounts of energy to them until you feel them fill up and then you pull energy from them until you feel a connection with them. Then you equalize the flow. Government workers and Human Resources people are always on empty (neutral).

**Suckers:** This is the friend who you go to their house and when you leave, you're exhausted and you wonder why you go there? The reason you go there is that they suck harder than you. What you have to do is you have to flow so much energy to them before you get there, a tsunami of energy, and keep flowing it, never reverse the flow. If however much you flow, it's never enough, then increase the amount of energy you're flowing. Flow massive amounts of energy to them until they stop sucking and your heart area opens up and warms up, then pull and create a flow between the two of you.

If you have a sucker, the only way their sucking can hurt you is if you resist it. That's what we tend to do: resist somebody who sucks energy from us instead of flowing massive amounts of energy to them. That's the reason it's important to recognize you have unlimited flow you can gift to them. Once you recognize that, no one can suck you dry!

For example, they are sucking energy from you – you fill them up with massive amounts of energy. Massive amounts. Massive amounts until they stop sucking. They are sucking because they believe they have a need for this energy. Would an infinite being have an infinite amount of energy available? Yes. So, all you have got to do is acknowledge you are an infinite being with infinite energy available, stop resisting them sucking from you and fill them up.

Does everybody have somebody that is like that in their life? Right now, fill that person up. For some of you it may take a day, if that person is really considering themselves on empty. It is sort of like Niagara Falls, all you do is ask that it occur. With all of this stuff all you have to do is request. Ask and you shall receive. What


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you do with this is, you act like there is Niagara Falls behind you and just let it flow. Just fill them up. You are an infinite being with infinite amounts of energy.

Given that you have an infinite amount of energy is it possible that it is not the drain that drains you, but your resistance to the drain that drains you? It's the resistance because you can feel them going I'm so needy, I need your energy because I don't have any of my own – sssssssuck. You know it's a lie so it pisses you off.

The only time it is appropriate to get angry is when someone is lying to you.

**You just ask that they be filled up with energy**, it's really simple. I know you think, well if it's that simple somebody would have told me this before. If it were that simple, someone would have told you about the supermind before too, huh? No, this is new information for you that actually works if you'll do it.

**Pushers:** People who push lots of energy, they are the opposite of a sucker. For someone who pushes energy at you, you just suck massive amounts of energy from them. Just let it go from them through you. For example, when someone is directing lots of anger at you, say; "POC and POD all the distracter Implants." Put down your barriers, then suck energy like crazy.

This morning I did that with P., it had no effect. Just know that sometimes it may not have an effect and don't judge you for that. Sometimes people have in mind what they are desiring to create, you are just their way of getting there; it's not personal. In fact, it's almost never personal.

So with someone pushing, you suck massive amounts of energy.

Gary's second wife used to do huge amounts of anger. She would rail at him for 45 minutes. He got these tools and said to himself, okay, I guess I've got to put these to use. He would put up his barriers as soon as he felt her going into the anger and sort of hide behind them and she knew she won when she finally knocked them down. He went, okay, I've got to do this differently. He pushed down his barriers and sucked massive amounts of energy from her when she went into her next tirade. She was over it in two and a half minutes. He put his barriers down and sucked massive amounts of energy and she was over it in two and a half minutes.

*Why would he want to suck angry energy through him?*

Is there such a thing as "angry energy" or is it just energy? It only feels angry if you are judging it as such. It is sort of like that evil thing. It only feels angry if you are judging it like that, in actuality it is just energy. It is their point of view that it's anger. They are just actually forcing huge amounts of energy at you. So you just


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suck, even more than they are forcing at you. Literally they will stumble forward and shut up.

*In my relationship, all my anger that I have been projecting in the last year has like sucked and he knows it. He's like; no matter what you do or say I still feel in love.*

Damn, someone who is in total allowance of you and loves you anyway.

*No matter what.*

Wow, that's a keeper. That one thing of having someone who is actually in allowance of you is a huge gift. Now, that doesn't mean every aspect of the relationship has to work for you or that it does. Nor does it mean that you have to stick around any longer than the next ten seconds. What we will do is look at something like that and go; "well, that means he's a keeper." Well, that aspect definitely. But, we'll go; "I should hold onto this person because they do this." Well, that is a great aspect of them, cool. And, does it mean you should stay in the relationship forever? Not necessarily. It could, or not.

*If you honor that.*

Yes, if you honor that aspect of who he is and acknowledge that that is a huge gift; then you may begin to see that you have more of that capacity also and that can change your world.

Pull energy from them until your heart area opens and feels warmth, then push energy to them. Pushers are people who flow massive amounts of energy at you to break down barriers so they can get you to do what they want you to do, like salesmen when they come at you and you just want to kill them! When you see them coming, start pulling through every pore of your body and your being. They will either fall down flat on their face, literally, or they will tell you why you don't want to buy their product. They always look very shocked when it comes out of their mouth. When you go to buy a car, if you pull massive amounts from the person, they always tell you what's wrong with the car.

You can do all four flows all at the same time with all of the people in the room. Recognize you know how to do this and say, "I'm going to do whatever energy flow each and every person needs in here until they're all connected to me." Gary can do this for 3000 people at this point. You can do this with all your employees. The ones that aren't working hard enough, you just have to flow more energy towards them. It's much easier than talking to them. (They talk and say yes, then they do whatever they want anyway.)


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When you're doing a video or something where there's an audience, something where they're not coming to hear what you have to say but you're the focal point anyway, the easiest way to do it is to pull massive amounts of energy. If you pull massive amounts of energy, people will suddenly become connected to you and feel close to you. You don't have to "set an intention." Just ask! You'll feel the connection. You'll feel more presence and you'll have the energy given to you that you don't get if they don't feel connected to you.

One of the easiest ways to practice is to go into Starbucks and stand by the door and pull energy until everyone turns around and looks at you. Wherever you are, pull energy like crazy until they start to look at you and then you'll know you're getting this. All it takes is just practice. Once you practice, it will start to just happen. You do have to practice. It's all there if you ask. You have to be willing to receive the result. You have to be willing to show up as you, which is what most of you are unwilling to have—to show up as you and have no judgment of who you are or what somebody's going to think of you.

If you recognize these flows, you can ask it to occur, whatever the audience is, and you will end up being what everybody in the audience needs, from their point of view. It is your awareness of it that creates the effect, not the effort of it. If you flow energy out, can your (performing) career grow? No. You can't be fulfilled because you're not receiving anything. You're giving everything, you're receiving nothing. When you give all the time, you are unwilling to receive. Doesn't work, can't work. That's the limitation you creates when you do it from the place of pushing and force.

Most married men are on neutral to other women, because if they put a barrier up, their wives would automatically assume they were attracted to other women.

These energy flows are about creating a connection with somebody. Is it a manipulation? Yes. Can you do it with somebody who isn't willing to have the manipulation? No. You have to be willing to manipulate in order to create a connection, because the purpose is to create a connection so you can have somebody present with you who will talk and receive what you have to say. When you are aware of these energy flows, there is less chance of you being manipulated, because you'll be feeling when people do it, you'll be aware of it. It becomes a simultaneity of gifting and receiving. That's where you want to get to, the simultaneity of gifting and receiving, not the place of "I have to give in order to get."

These four flows will give you control over the interactions you have with others. This includes personal interactions, business interactions, and interactions with your kids. It works in every direction. Those of you who wish to be performers or to be heard in life, you must practice pulling energy from everyone to get


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connected to them. Whether you're making reservations for a plane flight or a booking for a hotel, everything works better when you do this. Once you begin to ask, you may not get the person who will agree, but the computer will agree, or the universe will agree and change it for you. That's what creates the magic of our lives if we're willing to acknowledge it. It's that willingness to receive that's the most important part.

This is an important tool to create connection with others, because it is through connection that you can actually have a communication. Until you truly have one of these connections, you cannot have a true communication. No true communication occurs without it.

Once you start to allow yourself to have these energy flows with people, you will start to allow yourself to have them with horses, and with plants, and with the weather, and with the earth. Everything becomes part of what you get to receive.

With a hotel or any business, because it is a life force of its own, you have to pull energy into it from all over the universe, and let little trickles go out to all those people who are looking for it and don't know how to find it.

You can't pull too much. When you pull from someone, they feel better. It doesn't take their energy; it just increases the flow into them from the back. The more you pull from me, the more I get. You're an infinite being; you cannot be diminished under any circumstances. If you're unwilling to take that energy from somebody, you can't succeed, because you can't receive, because you're cutting off the energy from being given to you in that degree. If you are unwilling to receive that much energy, you cannot have that kind of success. How many of you have decided that receiving that energy is too much to have? And let's also include the people you have decided they are the only people you can receive from, and all the energies you have decided is bad energy you can't receive?

You cannot be vested in the outcome of this or anything with Access or it will not work. You cannot be vested in it turning out the way you want it, or it will not work. You have to allow it to be the way it is. Flowing energy is part of being "Oneness."

Do this with each person in the room to get the flow going between you.

## Identifying when it's the supermind

*You've said to receive you have to let everything go.*

Yes in order to have everything , you need to be *willing* to give up everything.


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*In my mind I feel like I have to give up everything first.*

How much of that is the supermind?

*All of it.*

Yeah, and you said it, you said; "in my mind."

*Yes.*

Just so you know everybody, when you are saying "in my mind" you are saying "in my own private corner of the supermind that I have claimed as my own – here is what spouts forth. Here is my fountain attached to my cesspool, let me tell you what it is telling me." Everything that is, will you rescind, revoke, recant, reclaim, renounce, denounce, destroy and uncreate it and step away from that please? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Thank you for saying that because you are not the only one who has had that point of view. Please get, that when you say something and I ask "is that you or the supermind?" that doesn't mean you shouldn't have asked the question. It actually means, thank you for asking the question because you are not the only one who has that going on and hasn't yet identified that it's the supermind doing it. Once again the thing with the supermind is, once you identify it's the supermind, then you have a choice to make; am I going to listen to this asshole? Am I going to listen to this wonderful thing I created to run my life or am I going to make a different choice? Your choice.

## Facilitation In class

Now this may seem like I am contradicting what was just said, it actually isn't. It is just a different space to function from that includes all that was said above and includes the class participant and where they are functioning from.

As a facilitator you are there for the class participants. The minute you step in the door all of your personal issues, problems and difficulties stay outside the door. Don't worry, it will all be there when you leave if you choose to pick them up again.

You are there for the participants. This means it doesn't matter what you think about anything, it doesn't matter what your point of view is, it doesn't matter what your opinion is; you are there to facilitate their awareness of what THEIR points of view are about all that is brought up in class and pointing out that they have a different choice, a different possibility and would they like to let it go, change it or


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have more insight about what they have been functioning from? ***It is their choice if they uncreate and destroy it or not,*** if they POD-POC it or not. You are not there to change their mind. You are there to open their awareness to what they have been choosing, how that is creating their life, and that they have the option of changing it if they so choose.

We are giving them more information so that they can choose from awareness. Just the awareness of what words actually mean that we have been using incorrectly is huge. Just the acknowledgement that they actually do know what is true for them is huge. Just the awareness that they do not have to use judgment as a place to function from in their life is huge. The awareness of just how fucking aware they are is huge. Just the awareness that they actually chose everything in their life and can choose again, and choose differently if they so choose, is huge. That is what you are there to facilitate and be. Can you be that kind of allowance, that energy, space and consciousness that would allow whatever they choose to occur – even if they don't change a fucking thing?

## Saying "yes" to clearings – why?

As a facilitator you ask people to say "yes" to the clearings if they desire to clear it because saying "yes" is activation of their free will choice.

*I've had people say they feel like a zombie saying yes to everything.*

Tell them, "you were a zombie before you said 'yes,' the purpose of this is for you to say yes to getting un-zombied. But its okay, if you want to resist, its fine."

If people are intentionally distracting themselves so they won't get the clearing, even thought they are sitting in class and mumbling yes, they won't get the clearing.

If you are cognitively choosing to have a conversation, you don't wish for the clearings.

And when someone won't say "yes" because everyone else is saying "yes," they won't get the clearing.

You can't resist the clearings when your body is getting work, so doing the body processes and clearing at the same time is fine.

If you are sleeping, it still works. You can't resist when your body is asleep.


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Contributing to the motion of getting clear is not a bad idea. I'm not trying to create you as a robot. If you become one I will start lying to you so you have no choice but to vilify me or become aware. I don't desire robots here; I am looking for you to get as clear as possible. I don't care weather someone says yes or not. You can sit there and say nothing. I have noticed though that over time the people who sit there and say nothing get less change than most the people in the class. It's a choice, its always a choice. It is your choice weather you want to get the clearing or not. If you really want to get it you are going to be more participatory in getting the clearing. But then you are also going to be more participatory in reading the books and getting as much information as possible and applying the Ten Commandments of Access.

## Crying in class

Now here's the thing, in Access when somebody starts crying, cool, ignore them.

That's ***not*** an unkind thing to do. It's actually something that allows them to go through what they've got to go through without you putting your shit on them. Don't put your hand on them and comfort them. That is not what they require. They require falling apart. It may be the first time in their life that they've cried. Please give them that gift. Please care about them enough ***not*** to try to take care of them. Because you taking care of is superiority. Care about them enough to empower them to know that they can go through whatever they have to go through and come out the other side and that they will ask for assistance when they require it, not when you decide you need to make them feel better and you don't want them to feel that pain.

## One-on-one or groups?

Would your mind have an invested interest in keeping itself in place? Would it tell you, "with this many people, there are way too many distractions, you should probably go away and not do this"? or "you're not getting nearly as much out of it. You'll get a lot more out of it if its one on one." The way Access works in contrast to everything else that I'd ever done personally, is that the more people that are there, there energy that is present for you to clear and to blow through things that would have been concrete walls if you were one on one. You also have the contribution of everybody else's awareness and also the places where they've been able to change something and you have access to that energy too. It's actually more dynamic with more people in the room.


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## Ask in class and you shall receive

The thing is in here, in class, if you ask, you deserve the answer. It is ask and you shall receive. And I am not trying to have you let go of anything you don't want to let go of; just everything. What you want to hold onto is definitely your choice.

If a class participant asks about something that is not covered in the class you are facilitating, let them know that, and what class does cover that subject, or covers it more thoroughly and then give them the information. If they can ask the question, they deserve the information.

There was a lady who was asking very broad questions like; can we talk about sex and relationship and how to get a man? Like okay, do you have a week? So I said; "those are huge subjects, a lot more than what we will be covering here in Foundation, they are covered in blah, blah, blah (I told her about the sex class, the body class and Level 2/3) but if you have a question that is more specific to you and what is occurring for you personally, I can give you all the facilitation you like." Then instead of opening a huge can of worms to deal with, I could get it to a space of her personally and what she would like to change, or ask about, and include the awareness that Access has way more available than what was being covered in that class. That Foundation really is just the beginning of what is possible. (That is why it's called "The Foundation.")

## Perpetrators

**Perpetrators**, all of you who are the creators of this stuff. We love it when the perpetrators - "perps" show up because when they let it go they give everyone they have ever sold their shit to and them freedom in all lifetimes.

Anything that you have created that we've talked about in this class that you have not acknowledged that you were a creator of, would you consider the possibility of giving it up so you can have more freedom and so can everybody else? Everything you aligned and agreed with or resisted and reacted to about how great it was to have this and how good it was to have it in existence and how you had to keep it in existence for all eternity so you could get paid (except you never got paid anyway, somebody else stole all the money), will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## At the end of class

Please be aware that what we have done today disconnecting you from the supermind will make you MORE aware of other people's thoughts, feelings and emotions, not less. DO NOT buy them as real. They are definitely only an


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interesting point of view and if someone starts slamming you with the rightness of their point of view tell them; **"you're right, everything is the opposite of what it appears to be and nothing is the opposite of what it appears to be."** Saying it three times to the person will get them to leave. It is called controlling people dynamically. Control is a good thing, not a bad thing.

It is vital that people get this. They will be more aware, not less. And they have the tools to keep having that be easier. Let people in your class know they can call you, they can e-mail you. This is life altering shit, it is a different space to function from. There is no reference point for how to function, all the shit they did before the class will be more uncomfortable or just won't work. It is imperative that they start living in the question. Get their Bars run. Be kind to themselves. Be in allowance of this change and transformation that is taking place.

## End Of Class exercise

This is a great exercise to have the class participant do at the end of the day to demonstrate how much they have changed and transformed just in the hours or day(s) there were in class. It shows them the potency they are, the possibility and choice that is available to them and that them and their life can truly be different, it already is.

**Exercise**
Ask the class participants to:

Think of someone who your energy or vibration was like before you came here to this class. Everybody have someone? Somebody not in this room.

Or get **your** vibration before you walked in the door, whatever that was; if you can remember back that long.

Now, duplicate that energy right now. Don't worry, you can undo it. Become that density or that solidity if you can, become that vibration of that person that had a similar vibration to you before you walked in the door, even if that person is you. Okay you can stop.

Can you even do it? Will you do it? How much energy would it take to become that person? Literally it takes like universes of energy to become that person. Are you different? How much energy did it take you to try to create that solidity? How many of you couldn't even do it because there was no reference point for you? Remember you when you woke up this morning. Can you? Or do you actually have to create you? That is how much of you has changed in these hours that we have been together. (Or as you have been reading this.)


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**That is how much you have changed in these last few days.** Holy, what?!?!

*Can you put a dollar amount on that?*

Do you feel more space in your world or less? Would you be willing to function from that space? Will you?

## No motivation

Now often occurring at the end of Foundation, rather than after Costa Rica

So when you have no point of view about anything that is the place from which you can start generation. Because you don't have a point of view. You can ask; "hey, what would I like to generate?"

It's the case for a lot of people that have done Access and myself included, there comes a point when you'd be happy just sitting on the couch watching television. And you're like; "why do I have to get up? Why do I have to do anything?" You loose motivation. But when you loose motivation as a source for generation, then you actually have choice and can have generation.

Because what happens is, how many of you go to work because you're motivated by the fact that you don't have enough money? Otherwise would you work? No. Well guess what, I work because I love what I do. Different concept. Because I love what I do is money as issue for me? No, because I don't work for the money. IF I worked for the money, would money eventually become an issue? Sure. Prior to Access money was ***the*** issue, and I made money the issue for everything. I worked for the money, more than anything, and I never had any. So would you consider allowing yourself to not have to work for the money, but to find what ever it is that you absolutely love to do and do it? And make a request of the universe that the money show up?

It used to be that people would get to this place of no motivation after Costa Rica. Now it looks like there are quite a few people that get there after the Foundation class. So this is likely to be one of the phone calls you get after class from the class participants. Just let them know it's normal and they are going to have to start functioning from a place of choice – just because they can, because it would be fun for them – rather than whatever it was they had as a motivating factor in the past.

## Sepia and Rescue Remedy

During these classes, the body is going to go through major shifts and changes, and the need for salt, sugar and water may be increased. In addition to salt, sugar and


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water it can be very helpful to our bodies to have these two product available or recommend that the class participants buy some.

**Sepia:** There is a homeopathic PMS formula whose primary ingredient is sepia, that that can be taken by both males and females. For some reason sepia seems to generate a calming of the body. When you feel wacked out or on an emotional roller coaster, this can help tremendously. Most feel the effects in minutes.

Also ask your body for the quantity it would like, often times especially in class or immediately after class our bodies may like a lot more that what it says on the directions.

**Rescue Remedy:** The Bach flower remedy Rescue Remedy can also be helpful. You may need 4-5 droppers full instead of 4-5 drops as often prescribed. Just ask your body.

## Vortexing

*What is a vortex, how do you know if you are vortexing?*

A lot of times you will feel it on a part of your body that is covered, which is really bazaar. You'll feel your legs or knees feeling like cool air is blowing on it, yet your skin is covered, which is how you know it is not the air conditioning, it's how you can be aware of it until you get used to the way that feels.

A vortex occurs when you open up to the oneness, the God source, the true beingness of you. It feels like a cool spring breeze. That is what a Being truly feels like. If you feel like you have an air conditioner running on your toes or your knees or anyplace on your body that feels a little cold, you have a vortex. It's different places for different people.

## Courage to choose

I like you. I ask will you let this go and you go; "yes. 4 trillion years, that is long enough, bye-bye, next." That is courage, do you get that? The fact that you didn't kill yourself when everything went away, the fact that you are here looking at "hey, what else is possible?" is a level of courage that will allow you to have everything you desire in life should you choose it.

How many of you did not through in the towel and kill yourself when you really wanted to, pretty much all of us, yes. Cool.

*I went over there and they sent me back, I chose to come back.*


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You had an even more difficult choice then, because once you're over there and you see, oh my god, it's this easy? And I don't have any trauma and drama? And I can just sort of hang out and actually enjoy myself just because I can and I'm alive. Go back and create something else?

*If we didn't come back we wouldn't be able to do this. We get to be here now.*

Exactly. So will you acknowledge the courage that each of you actually has, that you have actually been willing to make the choices you have to get you here. Wherever here is for you. Will you destroy and uncreate everything you have done to absolutely refuse that and to buy that you were the pathetic pile of shit everyone told you, you were growing up? Thank you. **Right and wrong, good and bad, POD, POC, all 9, shorts, boys, and beyonds.**

## Choice to change

It is amazing that you can change one choice and it will change your entire life. It is so simple. Something like sex, where people are refusing to receive. They could just wake up and go; "today I am going to receive everything all the time, no matter what it takes" and their whole life changes. It is just that easy.

## Being you changes the world

*It seems like supermind has taken over everything, like all the things in schools of no more physical education, no more art, music, recess. On top of the incredible amount of drugs being prescribed for kids and adults. Is that all supermind or something else as well? It's like they are trying to ruin us all.*

Its supermind and super money. They are trying to make more money for them, they aren't trying to ruin anybody. They just want more money and if it hurts somebody, oh well. Its that they don't care who they hurt, or kill, or what land they poison to get the money they can and that it won't be exposed that they are willing to let others pay the cost of their "success." What part of money is king do you not get? The golden rule, he who has the gold rules. It is just the way it is but that has been going on for thousands of years. That is nothing new, that is not the supermind, that is just the people who have to get their share and don't care how they get it. It is not about them trying to ruin it, they are ruining it because they are not willing to be conscious.

9/11 was a wake up call and some people got it and some people went back to "normal." The government put all kinds of restrictions on us that they can now do


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with great ease. They can arrest you and keep you forever without due process and nobody is fighting it. What happened to the ACLU? I thought that was their job. The problem was it wasn't black people going in, the ACLU was powerful and now is impotent.

There is a potency that is being created right now in Access. They go to the website and they know they just have to do it. Awakening is occurring. There will be more. Just recognize the more we disconnect from the supermind, the more invitation we will become to all those people who are looking for the way out of the matrix. The kids really get it, which is great.

You are having way more effect than you know, just by being in this class. You are creating consciousness in a whole lot of areas that people won't even see. We are the covert operators of consciousness. We are the mafia of consciousness. Literally we are changing things, by the things we change, it changes the world. Many of you have had the experience of having your family member change around you and you go; "wow, I did all the work, I paid all the money and they changed. That is not fair." It's not about fair, it's about what do you want to create, consciousness or un-consciousness?

Are we making inroads? Yes. Are there huge numbers of people in classes? No, its okay, we are still making huge inroads. What is the purpose to get more people into classes or to get more people conscious? So we are getting more people conscious even if they are small numbers. Some day they will be big numbers and some day we will have stadiums and its okay. Whatever that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you can not be, you can not receive. Most of you are trying to live by these images or these constructs that you have created about what you should be, ought to have, ought to do, ought to ___. You are not an "ought to," give it up. Everything that is, will you revoke, recant, rescind, reclaim, renounce, denounce, destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Could an infinite being be deficient in anything? No. Could an infinite being be efficient at anything? Yes. Could an infinite being be lacking in anything? No. Can an infinite being care about anything or care about everything? What is the ultimate caring? Awareness. The ultimate in caring is total awareness. Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

If you are not willing to be the energy, space and consciousness then you are not really open to the possibilities. Like the frustration of it not happening now is not


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being open to the possibilities. For a long time I have wanted Access to grow dynamically. I keep going; god there has got to be this tsunami of consciousness occurring some place. Why isn't it happening here? Then "What the Bleep" is highly successful, then "The Secret" is highly successful. All the elements of what it the beginning of consciousness are actually starting to be main stream. Cool. Is that the tsunami I am unwilling to recognize? Yes. What I thought it would mean is huge numbers of people coming to Access classes. No, it didn't manifest as that. But, it ended up huge numbers of people changing their point of view and being open to a different kind of awareness. Cool.

**We have all this stuff going on, all these projects with all different people in Access that are spreading out the seeds of the dandelion all over the world. And there are five new people in this class of 55. 10% of the class is new people, all the rest are people who keep coming back. What are the people who keep coming back creating that they are not acknowledging? If by each one of the times you come back, you clear to a deeper and deeper level; are you affecting more and more people? Yes. But you are not acknowledging that and in so doing you expect you not to receive, and in so doing you eliminate what you can receive which would be a life of greater ease. You are not acknowledging that by the fact that you are working as diligently as you are to clear things to a deeper and deeper level for you – you ARE changing the world. Now ask the world and allow the world to gift to you for everything you have done that you don't know you have done. Will you allow that now please? Everything that doesn't allow that to show up,** will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

What if you acknowledged the people you have effected that you don't know that you've affected? Everything that does not allow you to perceive, know, be and receive all the people you have created an effect in, and how that can now come back to you in relieving in a different way, not from direct line. The difficulty is, with the supermind we assume that all outflow is direct inflow from that source. What would it take for you to recognize that the flow can come from some place you never expected it? Everything that is, will you destroy and uncreate it all? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

Being who you are, the more you become ***you*** the more everything changes around you and the more people change around you. That catalyst for change, that potency you are is the gift you are to the world. Do you see the gift you are or do you think there is a wrongness because you thing you don't have everything you ought to have if you were truly a gift? Oh yeah, that. Everything you have done to define you as a wrongness because you haven't seen the gift come back, because you haven't been willing to receive it, because you haven't been willing to acknowledge that you have this potency, because you haven't been willing to recognize that you effect people and change them by your very presence, so


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whatever you do, don't receive. Will you destroy and uncreate all that? **Right and wrong, good and bad, POD and POC, all 9, shorts, boys, and beyonds.**

## Thoughts on Oneness

*By Larry Little*

*To access the simplicity of Oneness is complicated only by the complexity of our thought forms. To erase those thought forms is complicated only by our unwillingness to experience our existence without the form, structure and significance with which we have overlaid it in order to have predictability and constancy in our roles as humans.*

*To live in the moment, without linear cause and effect, is to risk all pretended stability and safety in all of our relationships with all that we encompass in our lives.*

*To live by 10-second increments is to live without roots or connections or security. It is to live by one's own awareness, consciousness and abilities, moment by moment, without warranties, guarantees or continuity of relationships within our polarized reality. It is to live without a past to draw upon for our Thou Shalts and Thou Shalt Nots, to live without rules of conduct and behavior, without agreed upon rules of conduct or even, misconduct. It is to live without projections and expectations of what will be if I, we, they, do anything.*

*To access the simplicity of Oneness is to relate to life in spontaneous interaction with the energy of the moment; without thought, without intention, without desire and without consideration of the next moment of now.*

*To live without polarization, dichotomy, otherness is to Be all and everything simultaneously, without discrimination, separation, differentiation or judgment.*

*This refutes all of our experience, education, cultural conditioning and sense of separate selfness. To attain this simplicity could be the most difficult process that we have ever undertaken since we first chose polarization, but what fun and joy we experience as we unweave the tapestry of polarization.*

## 1000 people in consciousness

One of the things that became clear to me when Gary used to channel Raz and one of the things Raz said was, '1000 people in consciousness will change the face of government. 10,000 people will change the world.' So we asked him in the last 4 years that Gary was chanelling him, 'so how many people are truly functioning


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from consciousness on the planet?' For four years the number was about 380. And Gary we'd ask him about a year later and he would say, 'oh about 385'. I was like, 'fuck are you're kidding me? 10,000 how'z that going to happen?' and about a year ago and it was like, 'wow it's more like 450 now.' In the space of a year it went from 385 to 450. Ok, what else is possible? What choice would you have to be wiling to make to contribute to that? Who would you have to be willing to be that until now you've been unwilling to be? Who would you have to be willing to be, that you've been refusing to know exists in order to facilitate the change on the planet that's possible? Because it is up to each one of us. I've said that before thousands of times. I haven't ever felt it sink in, in the past. I say that now and it's becoming a possible awareness. It's like you guys are going, 'oh yeah. I never saw it that way before.' Or 'yeah I saw it that way but I couldn't have it.'

For me it's like there are so many things that I would like to see, there's so many possibilities that I perceive that I know it's going to take a lot more of us to be willing to choose. Until the last week I haven't known for it to possible to occur. It felt like I was alone paddling up stream and the only contribution that anybody would make is to throw boulders in my path and try to break open my canoe. The more I became disconnected from the supermind it was like everybody else was more connected to the supermind and I was like; "man, come on, what's it going to take?" Then we got to the supermind. Ok let's see what this creates.

## In closing, from Dain

This space, the beingness and the consciousness that you are is what's of value to me. You having more access to you is what's of value to me. You actually having the thing you asked for in 1996 show up. Ask and you shall receive - if you don't have to understand.

*I was ready.*

And you made one hell of a request, I've got to say. I was sort of looking to get things in order in my house before I go away for a month to Australia, then coming home to travel in the US for three weeks with one day home. I was sort of looking forward to that and you know what, it's totally fucking irrelevant what I wanted to do at home. This is what is of value and interest to me. Your consciousness, as well as my own. What I know is, with consciousness, in contrast to the anti-consciousness that so many people have done and spouted as consciousness; when you get greater, I get greater. When you have more space I can perceive my universe expand – literally I can feel it. So the reason I was willing to do whatever it took is because of that. I would hope that you would run with it. And I would also hope that you would honor the gift that has been given. The gift that you have given yourself. You have had wonderful examples here of people who did not desire to give themselves said gift. This is a gift you have given yourself, that you have been kind and generous enough to allow me to facilitate. Thank you. There


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are not words to tell you what is going on in my universe right now about the possibilities and the joy that brings me.

It's a choice that each of you individually, on your own has been willing to make. I don't mean to make that significant either. I would just like you to acknowledge that your choice is what is creating more space for you and more possibility.

It doesn't matter what religion that choose, if you choose one. All that matters is that you're being you. Choosing the space of you, not choosing for anything that is going to hold you back. Hopefully you find that these Access tools actually contribute to it, all of it and all of you. If you want to go do something else, cool. You don't have to separate from Access. If it's working for you, do it. We desire that for you, it doesn't mean you have to stop coming here or that you have to come up with a reason to leave; unless you want to and that is fun for you and that is okay too.

You guys have been fucking phenomenal, thank you for the gift you have been to me. Thank you for the gift that you have been to consciousness with the choices you have been making and please, please, please be willing to have an awareness that as you live as the question, as you ask yourself and demand of you that you be more space and more joy and more ease; that is what changes the world. Be you and change the world. Thanks everybody.

## In closing, from Gary

Getting vulnerable is different then getting scared. Getting scared is the supermind, getting vulnerable is you. Which one do you really want to have? Vulnerable? Good, then choose it. Totally be vulnerable.

*I feel scared.*

No you don't, that is what the supermind tells you. It's scary to be vulnerable is what the supermind tells you. No, it is exciting to be vulnerable. It is exciting to be vulnerable because finally you will have choice. As long as you have that point of view that I have to do it all in existence, you really didn't have any choice. Even if somebody helped you, you would have to make yourself responsible for the result, or upset because it didn't turn out right, or have to go in and fix it because it didn't come out right, or be upset with someone because they didn't do it the way you would do it. But, you couldn't even see that what they did was good or better than what you did or could do. You have no choice under those circumstances. That is being un-vulnerable. When you are vulnerable you recognize the choices you have and you get to choose every frigging time. That is really an exciting place to live, not a scary place to live.


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You have to choose it, to be totally vulnerable and totally potent and no matter what occurs I am going to be that. If you really want to change this stuff you have to go; noting matters enough to me to live like this any more. For me it came to; this is not a big enough, great enough life to continue. I'd rather die than live like this.

*"What ever it takes," when I hear that its like something inside me contracts. Can we clear something on this?*

Yeah, the supermind contracts. It is a choice you have to make, its not something that we can clear the energy on because it is not about an energy that stops you from doing it. It is about a place where you refuse to demand it of yourself. I can give you all the fucking clearings in the world but unless you demand something of your self, nothing is really going to change. It is not ***a*** choice, it is continuous choice. It is continuously choosing and you have to demand of you self that you are not going to live like this any more, and you have to decide that. This is not enough. In 10 seconds you may have to decide it again. And every time you forget you have to go; wait a minute, I'm back doing that. Fuck that shit, I'm not doing that any more. The supermind will create temptations to lure you back into that life. It is really good at seducing you back into going; "oh, this thing that I thought was going to work out, looks like it is going to work out now." It will come right up to the door and slam it in your face. You'll go; "oh fuck, it didn't work out." Okay, so what? You have to demand of yourself, no matter what it takes I am going to change.

For me I demanded that I was going to live a totally conscious life or it wasn't worth living. I had a marriage that sort of worked, she was happy. To all appearances I appeared to be successful and all kinds of other things. It was like, I have all the appetencies of what is suppose to be right here and what is suppose to be good here, and it isn't enough for me. No matter what it takes I am going to find out what is enough for me. I'm going to find out where I need to go, what I need to be, who I need to be, to ***have*** stuff beyond this reality. It wasn't like; I want more money, who the fuck cares? I could buy pretty much any thing I wanted at any time, I realized that didn't mean anything to me. Having a big house, big cars and all that stuff didn't matter. So what did matter to me? The only thing that did matter to me is to be more conscious. And I demanded of myself, no matter what it took, no matter what I lost, no matter what occurred I was having it.

What I lost was my wife. What I lost was being in debt up to my eyelids. What I lost was having a life that was not fun. What I lost was all my children, nope didn't loose them. What I lost was having too many horses, nope didn't loose them. Got too many horses. Every part of my life has been expanding once I demanded of myself that no matter what I have got to have something different, this is not good enough. Yes, I could go play golf every day. Yes I could go to the casinos. Yes, I


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could do all this stuff and what part of it is anything except boring? What is really fun? For me what is really fun is becoming more conscious. And seeing and feeling and understanding and knowing more. Having everything in the world talk to me. From antiques to horses, to cats and dogs and plants, talking to me. They give me all kinds of information all the time. It is a bigger life, I get to know more.

I ask questions. Everything is a question for me, a whole life of questions.

*I realized when I am being vulnerable everything just flows through me, its when I am not willing to be vulnerable that I get stuck with everything.*

That is right; vulnerability allows everything to flow through and more to flow in. Be willing to be totally vulnerable which means you put up no barriers to anything, you can receive everything and more shows up in your life. More, and more, and more.

You can not do a decision, conclusion or judgment about anything. The moment you come to conclusion you have limited what you can receive.

- Decide right now; "I'm ugly." Does that feel light and airy? No.
- Decide that you are the most beautiful person in the world. Does that feel light and airy? No. It feels lighter than saying you're ugly but that doesn't mean it feels light.
- Now decide you are an infinite being. That is a different energy.

As infinite beingness, it is neither you are beautiful nor are you ugly, and you have total choice to be that at will. If you are in a place where being beautiful means you are going to get raped, do you want to appear beautiful or do you want to appear ugly? If you have the point of view that ugly is wrong or that beauty is wrong, you don't have a choice and they are going to see you however they see you, and you are still a victim. You are a victim of the ugliness or beauty as they perceive it. When you are an infinite being you can scare the shit out of somebody and look totally wonderful to everybody else.

Vulnerability is being as the open wound, that is what it means. That doesn't mean you have to create yourself as an open wound, no. To be ***as*** the open wound means you have no scabs over anything, so that you have total ability to receive the air of everything and the intensity of perception that comes with it. An open wound always has an intensity to it that feels almost painful because of the intensity of it. So to be vulnerable is to have an intensity of awareness that is so intense it is almost painful. Why is that valuable to me? As that, infinite possibilities become possible and more wondrous things show up in my life than I could possible describe.


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